

Pikwakanagan Tibadjumowin

Chìbayatigo-kìjigad Namegosi Kizis 17th, 2025 Friday October 17th , 2025

www.algonquinsofpikwakanagan.com 613-625-2800

Content:

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- Community update
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CHIEF & COUNCIL UPDATE

October 17, 2025

Chief Greg Sarazin and Council, along with the Pikwakanagan Emergency Response Control Group will be holding an important meeting next week to discuss the Sate of Emergency status.

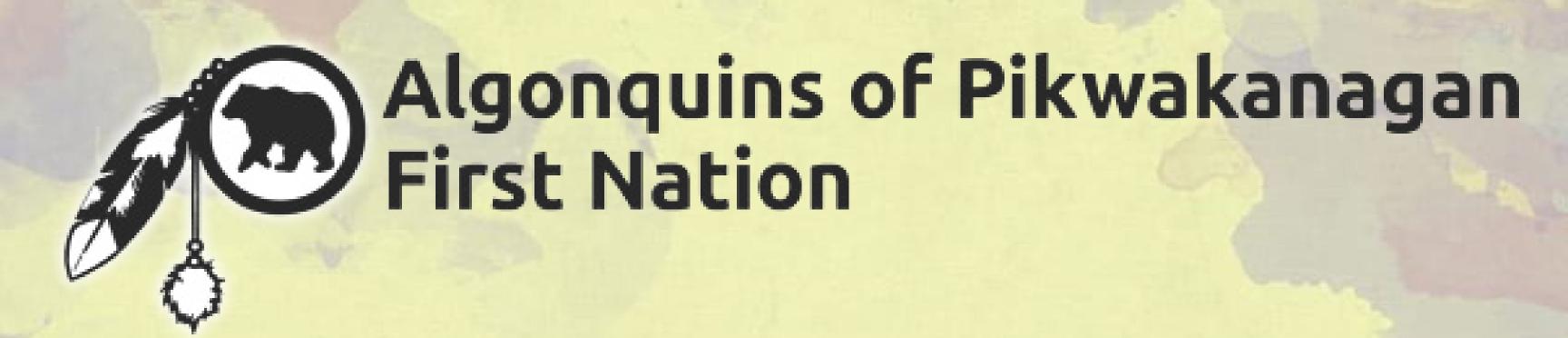
Chief and Council will host a community meeting at the Makwa Centre on Wednesday, October 22_{nd} from 6-8pm. During the meeting, the membership will be given an update on how the opioid crisis has been handled from the beginning of the State of Emergency, what programs have been put in place, and statistics that outline where we are now as a community.

The presentation will include reports from several AOPFN departments including health services, Lands, Estate and Membership, emergency management, and administration leadership. In addition to the partnerships that have been created to handle the situation over the years.

This is also an opportunity for members to share feedback and how things have changed since the State of Emergency was put in place.

As always, Chief and Council ask that everyone in attendance follow the 7 Grandfather Teachings of Respect, Love, Courage, Truth, Wisdom, Humility, and Honesty.

The meeting will also be made available online through Zoom.



COMMUNITY MANAGERIAN COMMUNITY

Join Chief and Council along with

The Emergency Response Control Group for an update on the

STATE OF EMERGENCY

WHEN

WEDNESDAY, OCTOBER 22, 2025

FROM 6 P.M. - 8 P.M.

WHERE

MAKWA COMMUNITY CENTRE

83 Kagagimin Inamo, Pikwakanagan



ID: 613 625 2800

Pass: Niganizi



Light Refreshments Provided



Community Update Incident to Report at Chalk River Laboratories (CRL)

Background:

- October 2_{nd} AOPFN was no@fied by Canadian Nuclear Laboratories (CNL) regarding an incident that occurred at Chalk River Laboratories (CRL) last week, which has since been reported as fully remediated by CNL below.
- October 2nd CNL posted the following 'public disclosure' regarding this incident online:
- As part of planned maintenance ac@vi@es at the CRL on Sept 22-24, a sewage storage tank was pumped out into a sep@c truck. On comple@on of the pump-out, the waste materials were disposed of at a sewage landfill. Though radiological checks were made in advance, during, and a@er the work, subsequent ac@vi@es have indicated that the sewage contained radiological contamina@on.
- On discovery immediate aclon was taken to address the issue. The landfill, the vehicle and the equipment from the job have been secured and an inveslgalon is now underway to understand the extent of condilon, and aclovilles to clean-up the site are being iniloated. CNL has confirmed that all discharges from the CNL water treatment facility remain within normal parameters, and we conlone to monitor closely. The Canadian Nuclear Safety Commission (CNSC) has been nolofied of the event as well.
- October 2_{nd} the AOPFN Consulta②on Department immediately no②fied Chief & Council about this incident and provided the same details within CNL's 'public disclosure' from online & above.
- October 6th CNL provided AOPFN with another update, as per their second 'public disclosure' online.
 - CNL completed remediallon of the affected sewage landfill locallon. All sewage sludge and any resulling contaminated soils were safely removed and transported to CRL for storage. CNL conducted an addillonal comprehensive verificallon of the landfill area, to confirm that the removal and clean-up effort was effective.
 - Update: Recovery and remedia on of off-site contamina on now complete Canadian Nuclear Laboratories

The Algonquin Foods Program – Communica2on Priori2es:

Aller careful review of all the details provided to AOPFN, we have classified this incident as a **Level 2**, **medium risk**, **unplanned alert** to AOP membership.

- Level 1 low risk/planned
- Level 2 medium risk/unplanned
- Level 3 high risk/unplanned
- Level 4 cri@cal risk/emergency/unplanned

AOPFN reached out to CNL to gather more informallon on this incident itself. Here is what was shared:

- The contaminal on was first discovered on Oct 1, 2025.
- The waste was extracted from a sewage li® tank, that had no other opera®ons, only input to the tank is sewage from the sanitary drains.
- The contaminated sep2c truck and equipment are in a secure area at CRL.
- The contaminated waste was taken to a landfill west of Deep River, and CNL completed full remedia②on (clean up) of
 the affected sewage landfill loca②on. All sewage sludge and any resul②ng contaminated soils were safely removed and
 transported to the CRL for storage.
- The Sewage Removal company's site opera
 Opera

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- How did the sewage in this li

 tank get contaminated?
 - o The sedimentary sludge had selled in the tank and accumulated over decades, therefore it would be difficult for CNL to pinpoint a specific source of the contaminal on.
 - As an immediate measure, CNL stopped all movement of sewage wastes off the CRL site and CNL took samples of the sewage sludge for detailed characteriza②on (analysis), which will help them to iden②fy the poten②al causes of this contamina②on. Consulta②on & Engagement Department communica②ons.consulta②on@pikwakanagan.ca

CNL is also conducing a rigorous invesigaion into the root cause of this event, in order for them to fully
understand how it occurred and to strengthen their work practices to prevent recurrence.

AOPFN also requested answers to quesoons that have been developed through our Algonquin Foods Program:

- 1. How may this affect AOPFN members? Fish? Wildlife? Plants? Air?
 - CNL does not an increased monitoring do not indicate any other offsite release to the environment as a result of this event.
 - The landfill has been thoroughly examined to ensure that all resul@ng radiological hazards have been addressed. Comprehensive detailed scanning of the contaminated area, and the surrounding field were conducted to ensure completeness of the remedia@on.
- 2. What are the emergency plans in place?
 - On discovery, CNL immediately dispatched its Radiological Assessment Team to secure the site, evaluate the extent of contamina②on, and protect the sewage sludge un② the remedia②on was completed.
 - Within hours of discovery, CNL began the retrieval and remedia on efforts. The sewage sludge and any contaminated soil were removed from the landfill and returned to Chalk River, and then safely stored.
 - Addinonal follow up monitoring has confirmed that the area is free of contaminanon.
- 3. Route, des@na@on, mode of transport, date(s) and @me(s)?
 - The sewage sludge was removed from the Chalk River site inside a standard sep®c vacuum truck and deposited at a sewage landfill on the west side of Deep River.
 - The sewage sludge was moved in three trips between Sept 22 and Sept 24.
 - The sewage sludge and any contaminated soils were returned to CRL in secure, purpose-built packages, transported by truck from Oct 3-5.
- 4. Level of waste being transported (low, intermediate, high)?
 - The waste is sewage sludge from the Sanitary Sewage system at the CRL, which was determined to be Low Level Waste (LLW). CNL completed numerous samples of the material to ensure that they had a comprehensive and accurate understanding of the radiological risks.
 - The Sanitary Sewage system collects waste and wastewater from toilets, washroom and break room sinks, floor drains for example.
 - Given the history of the site and the sanitary sewage system, it is known to have collected some level of radioac2ve contamina2on, although in this par2cular project, it was not iden2fied during the tes2ng that was completed in advance of the job.
 - The liquid on top of the sludge was sampled, determined as clean, and was dealt with by CNL through their rou\(\text{2} \)ne sewage treatment process.
 - The sludge at the bollom of the tank had accumulated over several decades of use. This sludge was also sampled and confirmed to be free of radioacle contaminants before being removed using a vacuum truck for seplec clean out.
 - As the sludge was fairly dry, a small amount of water was introduced to allow the sludge to be pumped out. The contaminants were later found in the accumulated sludge.

At this point, the contamina@on has been fully remediated (cleaned up), and CNL will con@nue to inves@gate the root cause of this event and monitor it closely. CNL will provide AOPFN with the inves@ga@on results upon comple@on and also provide ongoing updates as well. The Consulta@on Communica@ons Specialist will also provide ongoing updates to the AOPFN membership as they become available.

The Algonquin Foods Program

Omàmìwininì Mìdjiman Ijichigewin

The Algonquin Foods Program (AFP) began in 2023 and is the outcome of concerns raised by AOPFN members about the effects of the nuclear industry on the health of the environment and our people, on our unceded and un-surrendered tradizonal Algonquin territory. The AFP is designed to be a long-term program that is an AOPFN-controlled process of communicazon and confidence building that will provide our people with reliable, accurate, and trusted informazon.

Please note that we will be releasing a **Quarterly Update** for the **Algonquin Foods Program** soon, which will provide addinolal info on the program, and updates on the nuclear projects that are currently being worked on by the team within the AOPFN Consultation Department. Stay tuned....



The Algonquins of Pikwakanagan First Nation Traditional Pow-Wow Committee sends a heartfelt "Meegwetch" to our elders, Veterans, and Flag Carrier, our MCs Kevin and Fred, our Arena Director Greg, our Head dancers Keysha and Awema, and Jr's Biidaazhe and Cash, and to all the dancers and drummers, for the overwhelming success of our 36th Traditional Pow-Wow. Thank you to the membership for attending this year's pow-wow.

This year's pow-wow had over 200 registered dancers and 6 drum groups. We also had 35 craft vendors, 8 food vendors, and over 2,000 attendees.

Meegwetch to Tasheena Sarazin and the jingle dress dancers for the beautiful healing ceremony, and meegwetch to Sonny Robbins for the healing special on sobriety.

A special thanks to Pikwakanagan Excavating and Landscaping, Clem Sarazin, and Brody Verch, for the groundskeeping, as well as Keysha Two-Axe McMullin and the Earthwalker students. Janet Kohoko and the Neyagada Wabandangaki monitors, who assisted in the caretaking and prep of the grounds. Thank you to the five AECOM employees who volunteered and helped all weekend. Your assistance was invaluable. Thank you, St. Johnson Ambulance, for providing medical assistance throughout the weekend. Thank you to Michelle and Sam Whiteduck for providing the delicious feast. Throughout the weekend, we received amazing support from our Fire Keepers, Security, and numerous volunteers who generously donated their time and effort to make this event special. Thank you on behalf of the Traditional Pow-Wow Committee.

Thanks to this year's Sponsors for their generous donations, which made this event possible. Each year, members of the Traditional Pow-Wow committee seek out partnerships, organizations, and companies looking for donations. Donations are accepted in various forms, including financial contributions, sponsorships, donations of picnic tables, materials, supplies, and gifts. Meegwetch, to the following

The Algonquins of Pikwakanagan First Nation administration team and departments

- Chief and Council
 The Consultation department,
 thank you to the team and their
 efforts in establishing
 partnerships and advocating for
 pow-wow sponsorships and
 donations
- Health Services Department
- Nigigi Nibi Ki-win Gamik
 Omamiwinini
 Pimadjwowin-Algonquin Way
 Culture Centre Okwaho Aluma

- Kinectric
- Atomic Energy of Canada Limited
- Jazz Solar
- Enbridge
- AOPFN Limited Partnership
- McKnight Business Solutions
- Canadian Nuclear Laboratories
- Ontario Power Generation
- BWXT Medical
- -Bird Construction
- -Sullivan Construction Company
- -AECOM
- -EDPR Renewables
- -Canadian Nuclear Safety Commission

- Brookfield Evolugen
- Hydro One Network Inc.
- Matthews Tribal
- R.W. Tomlinson Limited
- Dale Benoit
- Don Bilodeau
- Oasis Fuels

Upcoming Harvest Dates

Cow Moose Season

October 11, 2025 -December 21, 2025 Bull Moose Season

October 11, 2025 - January 15th, 2026

Calf Moose Season

October 11, 2025 - January 15th, 2026



Bow Season Outside WMU 51 & 54

Cow - September 1, 2025 - December 21, 2025

Bull - September 1, 2025 - January 15, 2026

Calf Season September 1, 2025 - January 15, 2026 Deer Season

Elk Season

September 1, 2025 - January 15, 2026

September 1, 2025 - December 21, 2025

For additional information reach out to Natural Resources Department 613-625-2800 ext 249 field.admin@pikwakanagan,ca

Presented by AOPFN's Consultation Department in association with Evolugen

Land Ceremony

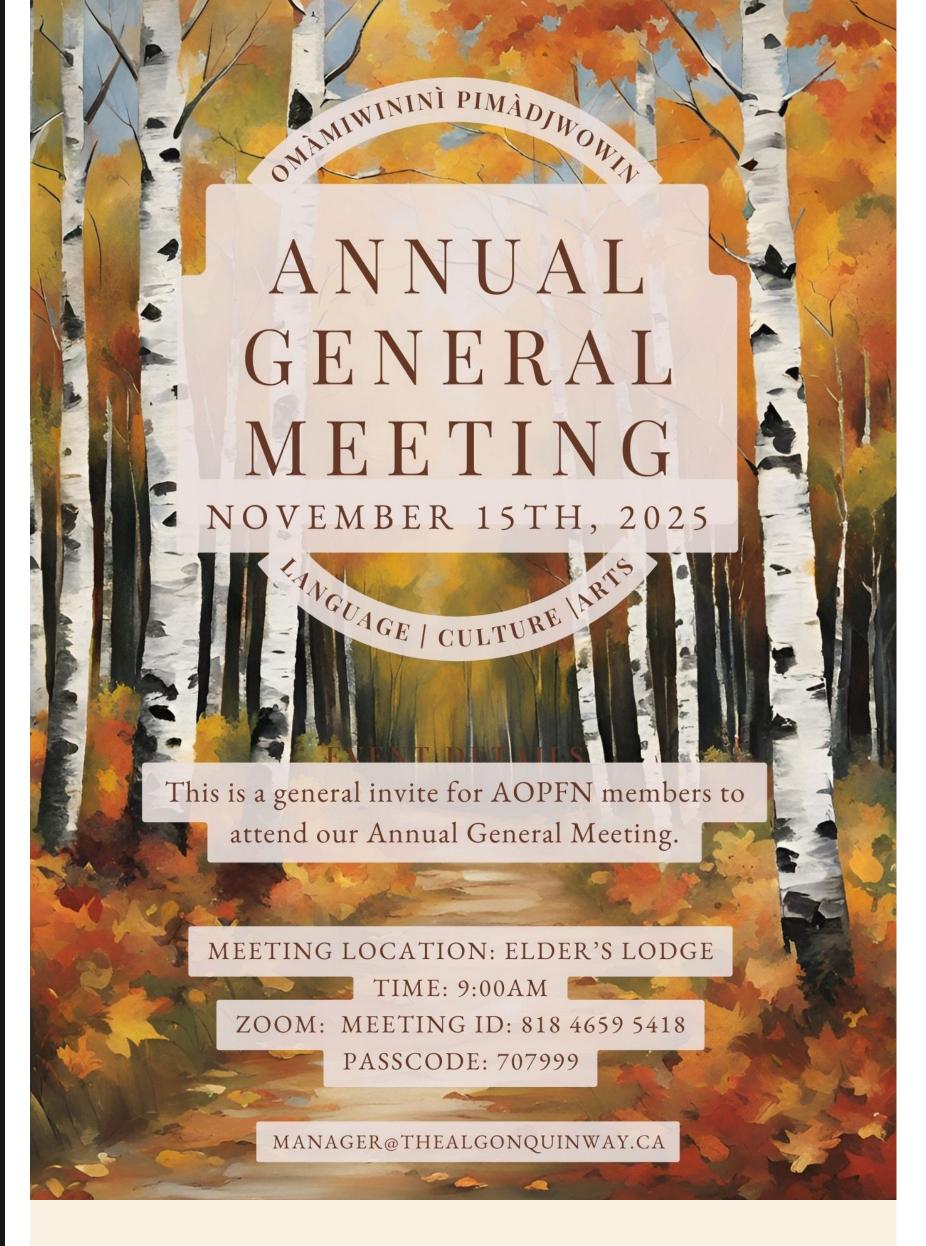
Members are invited to participate in a Land
Ceremony - We're celebrating AOPFN's sovereignty
over its traditional territory!

Starting at NOON OCTOBER 23rd, 2025

For More Details email RJ FARRELL projectco6@pikwakanagan.ca

2555 Marchurst Road, Ottawa, ON KoA 1To







Are you passionate about community, culture, and bringing people together?

We're forming a Round Dance Committee to help organize an our annual upcoming community Round Dance — and we need your voice, your skills, and your heart.



If interested or for more details, please contact 613-625-1958 or programcoordinator@thealgonquinway.ca



)CTOBER 202 Scan the QR code to sign up for prevention programs! ---> **SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY** 2 Tot FACTS 3 BAQ! **Family FACTS** 5:00-6:00pm at the 4:30-6:00pm at Nigig Bingo Hall **Building** -Makwa Minis -Guitar Lessons 10:00-11:30am at Nigia Family FACTS 8 3:00-8:00pm at Nigig -Lunch time Yoga 5:00-6:00pm at the **Tot FACTS** 12:00-1:00pm the Building Bingo Hall Makwaat -Caregivers Support Group 4:30-6:00pm at 5:00-7:00pm at Nigig Nigig Building 5:00-**7300**pm at Nigig 14 Tot FACTS 16 -Guitar Lessons 4:30-6:00pm at 18 12 15 Family FACTS 5:00-6:00pm at 17 13 CLOSED 3:00-8:00pm at Nigig Nigig Building the Bingo Hall **Building -Pet Therapy** 5:00-7:00pm at Nigig -Guitar Lessons Wisdom of the Heart Tot FACTS 23 3:00-8:00pm at Nigig 5:00-7:00pm at Nigig 4:30-6:00pm at Nigig 24 25 20 Makwa Minis **Family FACTS** Building 21 -Caregivers Building 10:00-11:30am at Nigig 5:00-6:00pm at the Bingo Hall Support Group -Lunch time Yoga 12:00-1:00pm at the Maky 5:00-7:00pm at Nigig **Lunch time Yoga** 30 12:00-1:00pm at the Family FACTS 29 Guitar Lessons 28 -Tot FACTS 4:30-6:00pm at 26 5:00-6:00pm at the 3:00-8:00pm at Nigig Makwa27 -Teen Boys Nigig Building -Strong Roots **Bingo Hall** Building Wellness 5:00-7:00pm 6:00-7:00pm NIGIG -Makw at Nigiq Haunted House 5pm - 8pm



We invite everyone who already has a pair of Nordic walking poles from last year to dust them off and come join our Chronic Disease Management Nurse Taylor and Fitness Coordinator Darce for a guided fall Nordic Walk! If you're new and interested in learning, we'll provide you with your own pair of poles to use during the walk and keep for future outings!

Nordic walking is more than just a stroll — it's a fun, low-impact, and heart-healthy activity. According to the Ottawa Heart Institute, here are some benefits and

fun facts about Nordic walking:

 Engages 90% of your muscles — compared to just 50% when walking without poles.

• Burns up to 20% more calories than regular walking, making it an

excellent way to boost fitness.

• Reduces pressure on hips and knees by sharing weight with the poles, making it easier for those with arthritis or joint pair

the poles, making it easier for those with arthritis or joint pain.

• Improves posture and balance, which is especially helpful for older adults or those with chronic conditions.

adults or those with chronic conditions.
Enhances cardiovascular health by turning walking into a whole-body aerobic workout.

Come walk with us, enjoy the crisp fall air, and experience how Nordic walking can support your health and wellbeing! Please let Taylor know if you will be joining and to get the location details 613-625-2259 ext 209





23.10.2025





REGISTER IN ADVANCE FOR YOUR CHANCE TO WIN A DOOR PRIZE - 613-625-2259 EXT. 241 OR HCC@PIKWAKANAGAN.CA



EVENT HIGHLIGHTS:

- HEALTHY DINNER
- GUEST SPEAKERS
- ACTIVE LIVING DEMONSTRATIONS
- PRIZES AND GIFT BAGS





Funding provided by:













A Service Provided by Pembroke Regional Hospital







50+ ACTIVE LIVING FAIR



OCTOBER 23 FROM 1-6PM At the Makwa Centre

Featuring:

- Brain health & scam awareness talks
- Meet the therapy dog
- Blood pressure clinic
- Exercise demos
- Active living games
- Things to do in our area
- Volunteer & club signups
- Community resources & programs
- Wellness craft table

And more! - Prizes, goodies, good food, friendly faces & plenty of inspiration for your wellness journey.









EVENT SCHEDULE

OCTOBER 23

Drop in from 1pm-6pm

Makwa Centre

83 Kagagimin Inamo

1:00

РМ

Event opening with Kevin Lamarr, Taylor Murphy & Maggie Billings.

1:00-

4:00 PM

Active living demos: Games, vision board station, exercise demonstrations.

1:00-5:00 PM **Trade show**: Walk through booths, connect with resources, network.

2:00-3:00 PM Stress reduction with Frankie the **Therapy Dog**

4:00 PM

Guest Speaker: Ontario Provincial Police on Scams & Fraud - How to Protect Yourself

5:00

PM

Guest Speaker: Kelsey Tannahill, Nurse Practitioner on Brain Health as We Age

5:45

PM

Event closing with Kevin Lamarr. Prize draws. Last call for dinner.









33100 HWY 41, Eganville

LEKBOR Manor Haunted Walk

October 17th- 7-9pm
October 18th- 3-5 pm (kid haunt) & 7-9pm
October 24- 7-9pm
October 25- 3-5pm (kid haunt) & 7-9pm
HALLOWEEN NIGHT October 31st 7-9pm
Free Hotdogs and water during the kid haunt.
Donations greatly appreciated.
Once again we will be supporting the local youth program.



Beat the winter blues this year and keep moving with us!

We're back for our second winter of the Walking Program! As the cold sets in, join Taylor and Darce indoors every Wednesday from 1:15 pm-2:15 pm (starting late November through the end of winter) for fun, movement, and motivation. Start date TBD.

Walk to music, set personal goals, and enjoy exciting incentives to help you stay on track. Along the way, we'll mix in other exercises and share tips from our Chronic Disease Management Nurse Taylor to support your health and wellness.

Stay warm, stay active, and let's have fun together this winter!

Please contact Taylor if you are interested in joining us this winter season 613-625-2259 ext 209

4-1

TWICE WEEKLY LOW IMPACT CHAIR EXERCISES

Tuesdays 1:15pm-2:15pm Thursdays 1:15pm-2:15pm

In the common room of Tennisco Manor





JOIN ONE OF OUR HEART
WISE FITNESS PROGRAMS
WITH OUR CHRONIC
DISEASE MANAGEMENT
NURSE / SENIORS FITNESS
INSTRUCTOR TAYLOR

AND FITNESS COORDINATOR DARCE

Come move with us! Our Chair Exercise sessions are fun, flexible, and great for all levels. You can stay seated or stand if you prefer as we follow along with safe and easy YouTube workouts. Try out a mix of yoga, Pilates, strength, balance, coordination and yes, even some cardio!

Contact: Taylor at Health Services 613-625-2259 ext 209

Flu Shot Clinics

The Health Center will be offering flu shot clinics on four scheduled afternoons in November.

Call **613-625-1175** to book your spot during one of our scheduled flu clinic days.

The afternoons of:





- Thursday Nov 6th
 Thursday Nov 13th
- . Thursday Nov 20th
- Thursday Nov 27th



For any questions you can also contact our Chronic Disease Management Nurse 613-625-2259 ext 209



Protect Yourself and Your Community Get Your Flu Shot!

- The flu shot is your best defense against influenza.
- Recommended for everyone 6 months and older.
- It's safe and free for community members.
- Helps protect you, your family, Élders, and community.
- You cannot get the flu from the flu shot.

Other Ways to Protect Yourself This Flu Season

- Wash your hands often or use hand sanitizer.
- Cover your coughs and sneezes with your arm or tissue.
- Stay home when sick to prevent spreading illness.
- Keep surfaces clean and disinfect high touch areas.
- Take care of your health; eat well, stay active, and get enough rest.





YOUR INPUT IS VALUED WE WANT TO HEAR FROM YOU

THE REMARKABLE COMMUNICATIONS TEAM WILL BE ON-SITE IN PIKWAKANAGAN THE WEEK OF OCTOBER 27, 2025, COMPLETING COMMUNITY SURVEYS, AS WELL AS 1:1 & COMMUNITY SURVEYS, AS WELL AS

PIKWAKANAGAN.

THE THE TEAM WOULD BE HONOURED TO MEET WITH YOU. FOOD AND AND REFRESHMENTS WILL BE PROVIDED.

PLE PLEASE SEE AVAILABLE DROP IN SESSIONS BELOW:



- MONDAY, OCT. 27th, 28th, 29th, 2025 AT THE BINGO HALL (469 KOKOMIS INAMO) DROP INS WELCOME FROM 11:30AM-6PM
- OCTOBER 30TH, 2025 AT THE HAUNTED MAKWA KWA EVENT (83 KAGAGIMIN INAMO) FROM 5-8PM 8 PM
- SURVEYS MAY ALSO BE COMPLETED VIA THE QR HE CODE WITHIN THIS POSTING <<<
- YOU CAN ALSO TEXT 1-250-999-1745 OR EMAIL EMAIL NGIG@REMARKABLECOMMUNICATIONS.COM FOR MORE INFORMATION OR TO BOOK AN APPT.

REMARKABLE

COMMUNICATIONS





GUITAR LESSONS!

30 MINUTE **LESSONS**

FACILITATED BY DAN DUBEAU

ACCOUSTIC LEAD BASS

STARTS: TUESDAY AFTERNOONS FIRST SESSION STARTS AT 3:00 PM SEPTEMEMBER 16TH

† LOCATION: NIGIG NIBI KI-WIN – DOWNSTAIRS LEVEL

DURATION: 9-WEEK SESSION (WEEKLY LESSONS) GROUP OR INDIVIDUAL LESSONS AVAILABLE

\$ NOTE: 9-WEEK COMMITMENT REQUIRED

CANCELLATION FEES APPLY

OPEN TO CHILDREN & ADULTS LIMITED AVALIBLITIY PLEASE CONTACT BHUNT@NIGIGNIBI.COM







Caregiver Support **Program**

The Caregiver Support Program is here to recognize and uplift the incredible caregivers in our community who open their hearts and homes to children and babies. This program offers a safe and supportive space to connect, share, and heal together.

Oct 7th, Oct 21^{st,} Nov 25th, Dec 9th 5:00 pm-7:00 pm at Nigig.

Caregivers can take part in:

Sharing circles & community connection

Cultural teachings, medicines, and healing practices

Supports as needed

Grocery and meal supports

Access to resources and wellness tools

This program is designed to bring comfort, encouragement, and relief so caregivers feel seen, valued, and supported, by their community.

> Contact: scan QR code or email preventionprograms@nigignibi.com for registration!





Play Circle

A welcoming space for caregivers and their little ones (ages 0-2) to connect, share, and play together. This circle is about building community while our children explore and grow in a safe environment.

> Nigig Nibi Ki-win (Upstairs level) 10:00 AM - 11:30 AM

October 20th

November 3rd

November 17th

December 1st

December 15th

To register, scan the QR code or email Preventionprograms@nigignibi.com





"STRONG ROOTS"

PARENTING SKILLS & WELLNESS PROGRAM



A SUPPORTIVE ENVIRONMENT FOR PARENTS AND CAREGIVERS TO GAIN KNOWLEDGE, STRENGTHEN FAMILY DYNAMICS AND IMPROVE OVERALL WELL-BEING.



Nigia Nibi Ki-win Gamik (1467 Mishomis Inamo) Time: 6:00pm - 7:00pm

October 30th and November 27th

To register, Scan the QR code or contact



HAPPY TAILS HEALING

NIGIG NIBI KI-WIN IS EXCITED TO ANNOUNCE PARTNERSHIP WITH ST. JOHNS
AMBULANCE THERAPY DOGS OF RENFREW COUNTY!

JOIN ROBERT AND HIS DOG MAGGIE FOR A EVENING OF COMFORT, CONNECTION AND WAGGING TAILS.



DATES:
TUESDAY, SEPTEMBER 16TH
TUESDAY, OCTOBER 14TH
TUESDAY NOVEMBER 4TH
TUESDAY, DECEMBER 16TH



TIME: 5:00 PM - 7:00 PM LOCATION: NIGIG NIBI KI-WIN, MAIN LEVEL

A MEAL WILL BE PROVIDED!

SPACES ARE LIMITED, CONTACT RALLARD@NIGIGNIBI.COM FOR REGISTRATION

COME EXPERIENCE THE JOY AND HEALING POWER OF OUR FURRY FRIENDS, YOUR TAIL-WAGGING THERAPY AWAITS!





WISDOM OF THE HEART CIRCLE

A gathering for youth girls and their male caregivers, guided by

Anishinaabe values

September 29th - October 20th - November 17th

At Nigig Nibi Ki-win

5:00PM - 5:30PM - Shared Meal

5:30PM - 7:00PM - Circle & Teachings

Facilitated by Elder Francis Sarazin

All youth girls and Their male caregivers are welcome

walking together in a good way.





For registration or for more information contact:

preventionprograms@nigignibi.com

MIDDAY YOGA



BREATHE*STRETCH*RESTORE

JOIN US FOR A SOOTHING MIDDAY YOGA SESSION DESIGNED TO HELP YOU RELEASE TENSION, QUIET THE MIND, AND RETURN TO YOUR DAY REFRESHED.

BEGINNER FRIENDLY ALL LEVELS WELCOME.

MONDAYS IN OCTOBER 6^{TH} , 20^{TH} , 27^{TH} 12:00-1:00PM

MAKWA CENTRE

PREVENTIONPROGRAMS@NIGIGNIBI.COM 613-625-2173





Youth Art Contest

ART PROMPTS

What does community mean to you? What makes you feel happy? A place that feels special to you.

ENTRY DEADIA EXTENDED!

DEADLANE2025 at 12:00pm

GRAND PRIZE \$100

TWO \$50 PRIZES FOUR \$25 PRIZES

Text your artwork to **250 999 1745** with your name, age, and a brief description of your art!





Clear, Dig, Build... Experience the Difference!

Lot Clearing / Prep Pads & Foundations Trenching / Drainage Driveways Sand, Gravel, Topsoil Tree / Brush Removal **Licensed Septic System Installs**

Cheryl Kelly, Owner



BINGO HALL RENTAL

EMAIL KAREN BRETHOUR AT EA.LP@PIKWAKANAGAN.CA

CALL KAREN AT AOPFN LIMITED PARTNERSHIP TO ARRANGE BINGO HALL RENTALS 613-625-1551 EXT:1

PLEASE LEAVE A MESSAGE IF YOU REACH VOICEMAIL SO WE CAN RETURN YOUR CALL IN A TIMELY MANNER

KEYS WILL BE AVAILABLE FOR PICK UP 8:30-12:00 & 1:00 - 3:00



If you lose... you win!

Start October 20th to February 27th



RENFREW COUNT LEGAL CLINIC IS ATTENDING AOPF



What the RCLC can assist with:

- Ontario Works (OW)
- Ontario Disability Support Program (ODSP)
- Housing Law (for tenants only)
- Canada Pension Plan
- Workplace Safety and Insurance Board (WSIB)
- Human Rights
- Employment Law (non-union matters)
- Debt and Collection Agencies
- Services for Victims of Crime
- Seniors Law
- Sexual Harassment in the Workplace

THINGS TO KNOW:

- Renfrew County Legal Clinic will be attending the Health Serices Building once a month to offer free legal advice and support.
- No appiontment needed.
- First come, first serve basis.

THE RENFREW COUNTY LEGAL CLINIC WILL BE HERE:

October 21st, 2025 2:30-4:30

Please stay tuned for more dates.

FOR MORE INFORMATION

(613) 625-2259 Ext 245 (

1643 Mishomis Inamo, Pikakanagan, ON



And take a little ride down memory lane with some Algonquin History. Pikwakanagan wear

> back in stock Hoodies, sweaters, polos New coloured beads Candles & soaps

Craft supplies

Call: 613-625-1958 Email: Info@thealgonquinway.ca for inquirys

Office hours 8:30AM-4:30PM Closed for lunch 12:30-1:00PM









Help reduce the spread of respiratory viruses



Stay home when sick



Wear a well-fitting respirator or mask, especially in crowded indoor spaces



Improve indoor ventilation by opening a window or door



Clean your hands regularly



Cover your coughs and sneezes



Get your annual flu shot



Stay up to date with recommended vaccines to prevent serious illness

CANADA.CA/FLU







Adults 65 years and older are at higher risk of complications from the flu.

SHARE

Contact your health centre or local healthcare provider to find out how to get your flu shot.

Protect yourself, your family and your community:



Get the flu vaccine every year



Clean your hands often



Cough and sneeze into your arm



Keep shared surfaces and objects clean



Stay home and away from others if you feel sick





THE OTTAWA HOSPITAL INDIGENOUS CANCER UNIT LUNCH AND LEARN SFRIFS

Join us for a community Lunch & Learn with professionals from the Ottawa Hospital Indigenous Cancer Unit to share the latest information on lung cancer and colon cancer screenings. Risk Assessment **Screening Available!**

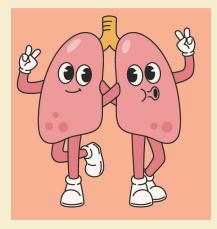
Where: The Elders Lodge

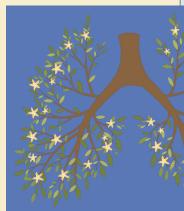
Date: Friday Nov 28th, 2025

Time: 11:00am-2:00pm

Register: Call our Chronic Disease Management Nurse Taylor at Health

Services 613-625-2259 ext 209 to sign up









Lunch and Beverages provided for those who attend!









Cancer screening is about helping you live a good life

Cancer screening is testing done on people who have no symptoms and generally feel fine, but are at risk of getting cancer. Regular screening is important because it can find some cancers or pre-cancers early when treatment has a better chance of working.

Four organized cancer screening programs are offered to eligible people in Ontario.



Women* 40 to 74 years old who are eligible

If you think you may be high risk for breast cancer and are 30 to 69 years old, talk to your health care provider.

Every 2 years for most

*Breast cancer screening is recommended for women, Two-Spirit people, trans people and nonbinary people ages 40 to 74 who are eligible for screening through the Ontario Breast Screening Program (OBSP).



COLON

Fecal Immunochemical Test (FIT)

People 50 to 74 years old who are eligible

If you have a parent, sibling or child who was diagnosed with colon cancer, please contact your health care provider to see if you should be screened with a different test.

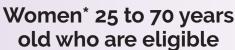
Every 2 years for most

Test can be done at home.



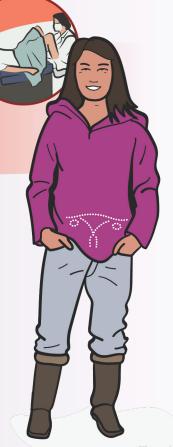
CERVICAL

Cervical Screening Test



Every 5 years for most

*Cervical screening is recommended for eligible women, Two-Spirit people, transmasculine people and nonbinary people with a cervix.



LUNG Low-Dose

Tomography (LDCT)

People 55 to 80 years old who are eligible

If you are age 55 to 80 and have smoked cigarettes every day for at least 20 years — it does not have to be 20 years in a row, which means there could be times when you did not smoke — talk to your health care provider about being referred to an Ontario Lung Screening Program (OLSP) location, or contact an OLSP location directly.

Every year for most



The screening tests are free for eligible people in Ontario. Make sure your Ontario Health Insurance Plan (OHIP) card is up to date. You might get a letter from Ontario Health (Cancer Care Ontario) asking you to get screened for cancer. These letters are part of Ontario's cancer screening programs.

Please contact your health care provider to learn more about your screening options. If you do not have a health care provider visit: <u>iphcc.ca</u>

For more information about cancer screening, visit: cancercareontario.ca/getchecked

Need this information in an accessible format? 1-877-280-8538, TTY 1-800-855-0511, info@ontariohealth.ca

Document disponible en français en contactant <u>info@ontariohealth.ca</u>

Production of this resource has been made possible through collaboration and financial support from the Canadian Partnership Against Cancer Corporation and Health Canada. The views expressed herein do not necessarily represent the views of Health Canada or the Canadian Partnership Against Cancer.



Supporting First Nations Children

Meet Your Jordan's Principle Navigator

Hello, my name is Pamela Scheel, and I am the Jordan's Principle Navigator for the Algonquins of Pikwakanagan First Nation, currently working within Health Services. Since 2024, I have been dedicated to supporting children and families in the community by helping them access essential services and funding through Jordan's Principle.



How I Can Help

- ✓ Assist with individual and family requests
- ✓ Follow up on existing applications
- ✓ Coordinate supports and services
- ✓ Help with the appeals process





What Is Jordan's Principle?

Jordan's Principle ensures First Nations children 0-17 can access public services when they need them. Requests must be linked to a health, education, or social need and are reviewed on a case-by-case basis.

Examples of Possible Supports

Y Health Supports: Medical supplies, dental, and vision care

Education Supports: Psychological assessments, tutoring, assistive technology

Social Supports: Cultural activities, daily living needs (clothing, food, hygiene)

Mental Health Supports: Counseling, respite support, behavioral guidance

Specialized Equipment & Sensory Items: Weighted blankets, noise-cancelling headphones

Therapy Supports: Occupational, physical, speech therapy

If you have or know a child who needs support, please don't hesitate to contact me.



612-625-2259 ext. 233 jpnav1@pikwakanagan.ca

Addiction Resources

Addiction Counselors:

Gillain McKday & Sabrina Laframboise

613-625-2259

After Hours: Drug Alcohol, Gambling Hotline

1-866-531-2600

After Hours
National Overdose
Prevention Line:

1-888-688-6677

Renfrew County Community Withdrawal Management

613-432-7620

Medical & Food bank Resources

VTAC:

1-844-727-6404

The Sharing Place Golden Lake (11185 Hwy 60)

613-625-2600

TELAHEALTH

1-866-797-0000

Poison Control

1-800-268-9017

Food Vouchers (Pikwakanagan Health Services)

613-625-2259

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unity in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is:

613-689-0805

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU).

Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information

Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crime Stoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
 - Renfrew County Crimestoppers: 1-800-222-8477
 - Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122

Algonquins of Pikwakanagan First Nation Community Support Personnel

Who are the CSP

A group of trained individuals who support the community by assisting local Ambulance and Police services, engaging in community crisis support and actively ensuring the safety and well-being of the community members.





- Operates 7 days a week
- Wellness Checks
- Assist with special events &
- recreationAssist where they are needed
- Providing support to the community
- Ensuring the safety & well-being of the residents

Your privacy matters to us. Any contact information you provide will remain strictly confidential and never be shared with any third parties without your consent.





"CALL TO TENDER"

The following is a list of duties that are required: For the Algonquins of Pikwakanagan First Nation, Assisted Living Care Facility (Tennisco Manor)

Scope of Work: The contractor is to supply all necessary materials and

labour required to perform the work noted below:

Repair walls and paint two rooms, remove flooring and lay new floor repaint baseboards and window trim

Equipment and Material: Responsibility of the contractor.

Duration of Contract: 1 month maximum

Tender Closing Date & Time: Thursday October 23, 2025, at 4:00 pm

Tender Submission Requirements: A complete tender must include the following: •

Tender Form completed in full; (see below) • Have experience in the work to be performed

Additional Requirements: The successful bidder must provide, at their own

expense: Personal Liability and Property Damage Insurance Certificate, WSIB clearance certificate upon signing of contract. Contractors must be willing to be flexible with hours for work around manor hours.

Companies: If bidding as a company, all other individuals must meet

the above requirements.

Contract Award: The Algonquins of Pikwakanagan First Nation is not

obligated to accept the lowest or any tender.

Site examination: The bidder is encouraged to contact the person below to

arrange for a site inspection of all work to be performed.

Tender Submission: Submit "Tender" in a sealed envelope clearly marked:

"Tender for Work Orders - Tennisco Manor"

Addressed to: Peggy Dick, Supervisor, R.N. Homecare (613) 625-1230

Algonquins of Pikwakanagan First Nation, Assisted

Living Care Facility 1657A Mishomis Inamo,

Pikwakanagan, Ontario K0J 1X0

Algonquins of Pikwakanagan – Assisted Care Living Facility
P.O. Box 86
Pikwakanagan, Ontario
K0J 1X0

Attention: Peggy Dick, Supervisor R.N. Homecare

	ER NOT NECESSARILY ACCEPTED.
My tender for	" at Assisted Care Living Facility (Tennisco
	renovations, is: \$
Name:	Signature:
Phone Number:	Date:

REQUEST FOR PROPOSALS (RFP)

Financial Advisor / Financial Coach

FOR STAFF AND CLIENTS



ORGANIZATION

Nigig Nibi

DEADLINE FOR PROPOSALS

October 28, 2025

FULL RFP AVAILABLE AT

https://www.nigignibi.com/careers/special-contracts

The full RFP outlines scope of work, qualification requirements, and submission guidelines.

- Interactive workshops
- Individualized coaching
- Practical tools & resources for budgeting, debt management, saving, and investment planning

We invite proposal committed to promoting financial stability, confidence and empowerment among our staff and clients

SUBMIT PROPOSALS TO:

jlauzon@nigignibi.com

Empowering Communities Through Financial Wellness



AOPFN EMPLOYMENT OPPORTUNITY

Early Childhood Educator

Department: Mindiwin Manido Day Care

Supervisor: Daycare Supervisor

\$49,628/ annually - 40 hours a week - Full -Time Permanent Deadline

to Apply: Posting will continue until roles are filled.

The Early Childhood Educator is responsible for the overall daily supervision, monitoring, care and nurturing of children enrolled in the Mindiwin Manido Day Care programs; The Early Childhood Educator is responsible for the delivering of a children's educational and developmental program that encompasses a wholistic and interdisciplinary team approach. The Early Childhood Educator will interact and communicate with parents/guardians for the overall benefit for the child and/or children.

- Assists children with nutritional and personal care needs including but not limited to toilet, diapering
- Procedures, personal hygiene and medical.
- Interacts with children and builds positive relationships.
- Ensures an inclusive environment for all children.
- Assists with the development, implementation, evaluation and modification of a children's educational and cultural program.
- Provide activities and opportunities i.e. learning through play that encourage curiosity, exploration, and problem-solving appropriate to the development levels of the children.
- Creates an environment conducive to the learning of Algonquin culture and language development and appropriate to the physical, social, intellectual, and emotional development of the children.
- Observes, guides and facilitates the development and positive behaviour of children.
- Use and promote active listening skills.
- Assist with the development, implementation, evaluation and modification of individual educational and developmental plans (IEDP);
- · Maintains daily journals and/or portfolios of each Childs' progress, including samples of their artwork, writing, etc

For full Job Description please email hrassistant@pikwakanagan.ca

REQUIREMENETS:

- · Successful completion of Post Secondary Education diploma in Early Childhood Education
- 1-year experience working in a licensed child care group setting as an Early Childhood Educator.
- Registered and in "good standing" with the College of Childhood Educators of Ontario (CECE)

CONDITIONS OF EMPLOYMENT:

- An acceptable Criminal Records Check and Vulnerable Sector Check; annually.
- Certificate of medical health by a physician and complete record of immunization; annually.
- Current First Aid and CPR "Level C" AED certification; annually
- In professional 'Good Standing' with the College of Early Childhood Educators, on an ongoing basis.
- Maintain 'Registration' with the College of Early Childhood Educators on an annual basis.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1XO

hr@pikwakanagan.ca

Subject Line: Early Childhood Educator

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers

Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown

- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Perscriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN EMPLOYMENT OPPORTUNITY

Personal Support Workers & Homemakers

Department: Health Services

Supervisor: Client Care Coordinator

PSW: \$22.63 hourly + wage enhancement as applicable/ Casual

HOMEMAKER: \$20.00 hourly/ Casual

Deadline to Apply: Until positions are filled.

The Personal Support Worker and Homemaker assists clients in a variety of ways with daily routines such as meal preparation, housekeeping, laundry, medical services, and more, while promoting their well-being and sense of belonging through supportive interaction. They are required to maintain strict confidentiality to protect clients' privacy and are expected to build and maintain positive relationships with agencies, Indigenous organizations, and business partners associated with the AOPFN.

DUTIES AND RESPONSIBILITIES:

- Completes client data sheets and other documents required for reports and performance indicators.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Reports incidents and completes reports as required.
- Contacts next of kin or families if required of client's condition or needs.
- Arranges client's health appointments when required.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Assists with personal care.
- Meal preparation planning, preparing and sanitizing
- Housekeeping maintaining bedroom, common areas and etc.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENETS:

- Demonstrated good written communication skills.
- Possess certification as a Personal Support Worker(asset)
- or Health Care Aid with at least one year of experience in working with seniors or providing personal care.

CONDITIONS OF EMPLOYMENT:

- Acceptable Vulnerable Sector Check and CPIC must be provided as a condition of employment.
- First Aide and CPR Certification or willingness to complete within 3 months of employment
- Cultural awareness training or willingness to complete withing 3 months of employment

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1XO

hr@pikwakanagan.ca

Subject Line: Personal Support Worker or Homemaker

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
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Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers

Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown

- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Perscriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

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INTERIOR SYSTEMS CARPENTRY

JOB READINESS PROGRAM FOR

INDIGENOUS PEOPLE

START DATE:

OCT. 27TH MONDAY 8 WEEK PROGRAM

1-4TH week: Learn theory & Practical Skills

5-8_{TH} week: Job Placement

Application Deadline: Tuesday, September 30th

DRYWALL

FRAMING

SAFETY CERTIFICATIONS

+ MUCH MORE



TO APPLY:

Contact **Ross Holden** at Mobile Resources Group

- (613) 276-8375
 - ross.holden@mobileresources.ca
- @ @local_2041
- f Carpenters' Union Local 2041

\$800/WEEK COMPENSATION PPE & MILWAUKEE TOOLS PROVIDED

This Employment Ontario Program is funded in part by the Government of Canada and the Government of Ontario.









AOPFN Members Training Preference Survey:

Full Name:		
Email		
Address:		
Phone		
Number:		
Please check	all areas that apply to yo	our training interests:
Octobro		Ohaali
Category	volonment	Check
Leadership Dev	•	
	ge and Language	
•	nip and Business Skills	
Health and Wel		
Environmental Sustainability		
Technology and Digital Skills		
Construction/Electrician/Plumbing		
Other Trades		
EXCEL and Microsoft Office		
Other		
Check all Trai	ning Formats You Prefer	:
Category		Check
In-Person Workshops		
Online Webinars		
Self-Paced Online Courses		
Mentorship Programs		
Community Events [
Would you lik	e to participate in future	surveys?

Category	Check
☐ YES	□NO

To submit electronically please use this link: https://form.jotform.com/252505296170051
To submit by email: bdo@pikwakanagan.ca or procurement.officer@pikwakanagan.ca Or paper copy submissions available at the AOPFN LP Office Unit 3-469 Kokomis Inamo



ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Snippe, Mackenzie	Lavallee	23 Apr 25	23 Oct 25
Cordone, Benjamin	Tenascon	23 Apr 25	23 Oct 25
Lamure, Sierra	Commandant/Lamure	01 May 25	01 Nov 25
Lamure, Raymi	Commandant/Lamure	01 May 25	01 Nov 25
Lamour, Cameron	Sharbot	01 May 25	01 Nov 25
Sherbert, Ocean	Sharbot	09 May 26	09 Nov 25
Sherbert, Tristin	Sharbot	09 May 26	09 Nov 25
Sherbert, Kane	Sharbot	09 May 25	09 Nov 25
Lamure, Benjamin	Lamure	12 May 25	12 Nov 25
Chehade-Sherbert, Elijah	Sharbot	12 May 25	12 Nov 25
Kapitanchunk, Walker	Protected	14 May 25	14 Nov 25
Switzer, Lakota	Lavallee	15 May 25	15 Nov 25
Swan, Madeline	Benoit/Baptist	21 May 25	21 Nov 25
Ellis, Emery	Protected	22 May 25	22 Nov 25
Bujold, Susan	Lamure	11 Jun 25	11 Dec 25
Harnum, Ben	Lavalley	12 Jun 25	12 Dec 25
Harnum, Alexis	Lavalley	12 Jun 25	12 Dec 25
Harnum, Ty	Lavalley	12 Jun 25	12 Dec 25
Witherspoon, Rebecca	Lavalley	16 Jun 25	16 Dec 25
Witherspoon, Ryan	Lavalley	16 June 25	16 Dec 25
Magee, Kathleen	Meness	19 Jun 25	19 Dec 25
Evans, Wren	Meness/Jocko	27 Jun 25	27 Dec 25
Evans, Lochlan	Meness/Jocko	27 Jun 25	27 Dec 25
Burns, Jennifer	Aird	03 July 25	03 Jan 26
Waiser, Amanda	Lamure	08 July 25	08 Jan 26
Alexander, Jordan	Tenesco	08 July 25	08 Jan 26
Witherspoon, Donald	Lavalley	17 July 25	17 Jan 26
Mills, Nichole	Lavalley	17 July 25	17 Jan 26
Bernard, Lilly	Bernard	18 July 25	18 Jan 26
Bernard, Harper	Bernard	18 July 25	18 Jan 26

Gravalle, Gregory	Tenesco	18 July 25	18 Jan 26
Bujold, Mary	Pesindewate/Lamure	21 July 25	21 Jan 26
Hallick, Brian	Lavalley	28 July 25	28 Jan 26
Lepine, Allen	Sharbot	28 July 25	28 Jan 26
Belanger-Donvan, Katlyn	Baptiste	13 Aug 25	13 Feb 26
Gorgichuck, Keanna	Baptiste/Benoit	14 Aug 25	14 Feb 26
Faulkner, William	Sarrazin	14 Aug 25	14 Feb 26
Gorgichuck, Kassidy	Baptiste/Benoit	22 Aug 25	22 Feb 26
McEwen, Earleen	Baptist/Benoit	22 Aug 25	22 Feb 26
Pascoe, Logan	Sharbot	08 Sept 25	08 Mar 26
Pederson, Kaitlyn	Tenesco	08 Sept 25	08 Mar 26
Beauchamp, Evelyn	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Beauchamp, Lisa	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Larabee, Jerome	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Jones, Stacey	Amikons	15 Sept 25	15 Mar 26
Burke, Robin	Lavalley	16 Sept 25	16 Mar 26
Sarrazin, Orion	Sarazin	18 Sept 25	18 Mar 26
Sarrazin, Everest	Sarazin	18 Sept 25	18 Mar 26
Sarrazin, Hudson	Sarazin	18 Sept 25	18 Mar 26
Carle, Isaiah	Lavalley	26 Sept 25	26 Mar 26
Logan, Rosie	Amikons	01 Oct 25	01 Mar 26

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca

Community Information



The Sharing place food bank

OPEN the second Thursday of each month, unless indicated

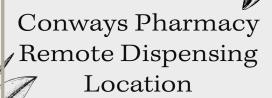
- January 9
- July 11
- February 13
- August 14
- March 13 (Easter) September 11

- April 10
- October 9 (Thanks giving)
- November 13
- May 8
- June 12
- December 18(xmas)
- July 11

For information or emergency and after hour needs phone and leave a message at: 613-625-2600

email for information or to e-transfer donations at thesharingplacefb@gmail.com

facebook: www.facebook.com/emmthesharingplace



BUSINESS HOURS

Monday

9am - 12pn

1pm - 4pm

Tuesday

9am - 12pm 1pm - 4pm

Wednesday

9am - 12pm

Thursday

1pm - 4pm 9am - 12pm

1pm - 4pm

Friday

9am - 12pm

1pm - 4pm

We are closed weekends and Holidays Delivery available Friday

> Phone: 613-625-9974 Fax: 613-625-2068

Thank you Natalie Commanda, Pharmacy Technician Joseph Conway, Pharmacist

Algonquins of pikwakanagan elders lodge

For rentals contact Rose Yankoo at

elderslodgepik@gmail.com

Reminder - for sanitary purposes individuals hosting meals & catering will require to supply their own dish cloths and towels

Community Information

ADMIN OFFICE HOURS

Monday - Friday

open

8:30am

close

12:00pm

open close 1:00pm 4:30pm

WASTE DISPOSAL SITE HOURS





Wednesdays

12:00 PM- 6:00 PM

Sundays

9:00 AM - 3:00 PM

CURBSIDE PICK UP



Garbage

Wednesday

Cardboard

Thursday

Containers

Friday

FOR YOUR INFORMATION

Canadian police record checks are required for anyone who is applying for:

- Membership (Applicants who are 18 years or older
- Residency (Applicants who are 18 years or older)

Applications, Laws, and Codes are available on our website.

https://www.algonquinsofpikwakanagan.co m/laws-and-by-laws/

hard copies can be requested from the lands, estates, and membership department.

613-625-2800 | mgr.lem@pikwakanagan.ca

lands.officer@pikwakanagan.ca| assistant.lem@pikwakanagan.ca

Notice:

Killaloe OPP record check applicant are now online.



Community Information

How to Access 'Members Only' Section of Website

Please Note that the link to Regular Council meeting, minutes and agenda packages are available in the Members only section of the website.

Steps:

- I. Open a browser and enter: www.algonquinsofpikwakanagan.ca
- 2. Find the "Member Login" (scroll downn on home page or on side bar)
- 3. Click on "Log in as a member of the Algonquins of Pikwakanagan First Nation"
- 4. You will be brought to the "Member Login" Section
- 5. Click on the works "Click here for registration form"
- 6. You will be brought to the "Membership Registration"
- 7. Click the "Register" button and wait for your email notification

This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A membership official will verify your membership in the community and you will recieve access

your membership in the community and you will recieve access*		
Field	Example	Explanation
Family Name	Bird	Must be as it appears on Certificate of Indian Status card
Given Name	Thunder Bolt	Must be as it appears on Certificate of Indian Status Card
Registry Number	16303031001	10 Digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	Enter as per format
Email Address	thunderbird@gmail.com	Every member must have their own email address. This address with the password will be used to log in once membership has been verifies
Password	Tbirds	make up a password- note: it will be case sensitive
Confirm Password	Tbirds	re-enter password - note: this well be case sensitive
Address 1	10 Cloud Street	Street address
Address 2	P.O. Box	apartment #, Box # or rural rout#
City	Blue Skies	Community/Town/City
Provice	ON	Province/state
Postal Code	K0J 1X0	Postal Code/Zip Code
Country	Canada	Country
Phone	613-625-2800	code and number per format