



Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD AKAKODJISH KIZIS 14TH, 2025
FRIDAY FEBRARY 14TH, 2025

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

CONTENT

- Council Update
- Obituary
- Events Calendars
- News & Events
- Health Updates
- Resources & Phone Numbers
- Call to Tender
 - Catering Services
 - Work Order
- Employment Opportunities
 - Community Relations Officer
- Membership Additions
- Community Information

The admin office will be
closed for the following
dates:

**Friday, February 14th at
12:00
&
All day Monday, February
17th**

WE WILL REOPEN FOR
REGULAR BUSINESS HOURS
ON TUESDAY, FEBRUARY 18TH

Minawazi

Dòdemag Kìjìgad Happy FAMILY DAY

Celebrating the love,
laughter, and
togetherness that makes
our family so special.
Happy Family Day!



Akakodjish Kizis

Ground hog Moon



February



Algonquins of Pikwakanagan First Nation

Chief and Council Update – February 14th, 2025

Pikwakanagan has been approached recently to be a part of the “Indigenous Peoples Advisory Circle” at the Ottawa Hospital.

Many public institutions, like hospitals, museums, colleges, universities, municipal governments, the City of Ottawa Council and so on, are reaching out for our input on their operations within our unceded unsurrendered Algonquin territory.

Part of the reasons for this include the adoption of the **United Nations Declaration on the Rights of Indigenous Peoples (UNDRIP)** 2007, by 147 countries around the world, which establishes minimum standards for the survival, dignity and well being of the indigenous peoples of the world. Other reasons include the **Truth and Reconciliation Commission of Canada**, which directly addressed the historic government policies designed to assimilate Indigenous peoples. Also, the current liberal government’s **National Center for Truth and Reconciliation**, which they formed in response to the **94 "Calls to Action"** of the **Truth and Reconciliation Commission of Canada**.

The Ottawa Hospital’s Indigenous Peoples Advisory Circle is co-chaired by Marion Crowe, the first Indigenous Ottawa Hospital board member, and provides guidance on design and planning elements of the new campus. The Ottawa Hospital's new Civic campus is set to open in 2028, and will be a **\$2.8-billion project located at Dow's Lake** in Ottawa.



Attention: AOPFN Property Owners

**RE: Algonquins of Pikwakanagan First Nation
Water Supply System
Water Service Agreements – Notice #1**

Dear Property Owner,

BEI have recently been hired by ASCO to assist in completion of the water service agreements for AOPFN property owners. We'd like to provide the following update.

In the coming weeks, BEI will be starting the installation of water services to the homes and businesses of the AOPFN. Prior to this work, we would like to meet with you at your property to review the plumbing, finalize details for the water service installation, and complete the water service agreement paperwork required by AOPFN. This meeting should take about 15 minutes. Please note, this meeting is required even if you already have completed a Water Service Agreement. To arrange for a meeting, please call either of the following as soon as possible:

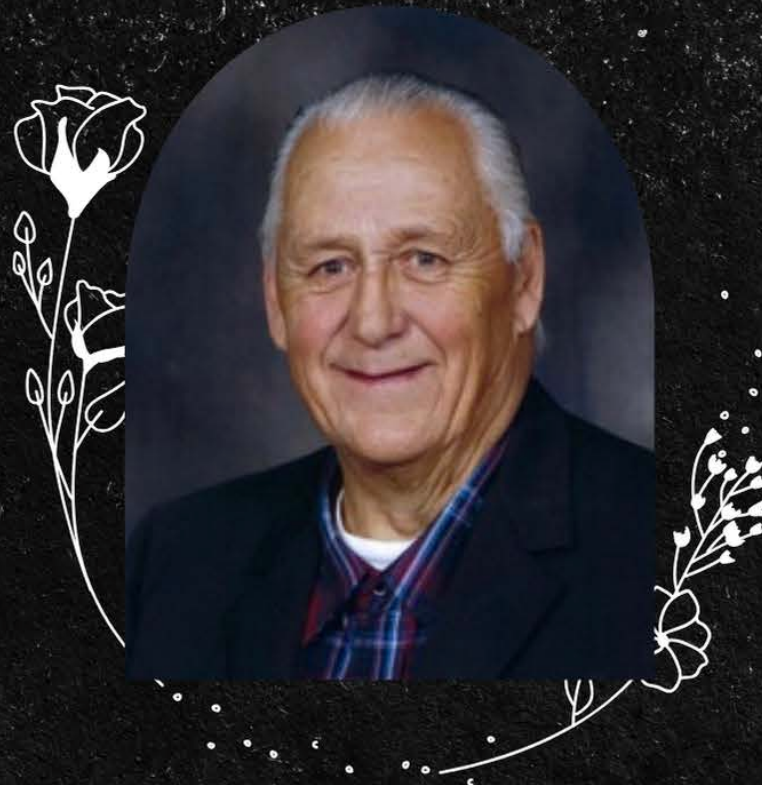
- Tyler Ashick, Project Supervisor, BEI - 613-312-0037; or
- Anna Cuddy, Project Manager, BEI - 613-401-8653

You are also welcome to stop in at our office and schedule a meeting. We are located at 101 Kiwita Inamo. We are hoping to have all meetings and water service agreements completed by March 31, 2025.

This project will provide safe and reliable drinking water to residents that meets or exceeds the quality of water provided on municipalities.

Yours truly,

Bonnechere Excavating Inc.



Lionel David Baptiste

It is with deep sorrow and heavy hearts that we announce the passing of Lionel David Baptiste, who peacefully passed on February 7, 2025, at the age of 85.

Born on November 24, 1939, Lionel was a beloved husband, father, grandfather, great grandfather, brother, and friend, whose impact will forever resonate in the lives he touched. Lionel was known for his kindness, warmth, and unwavering dedication to his family and community.

Please join us for a funeral service

FEB 15, 2025

2:00 PM

Nativity of our Lady Church

AKAKWIDJISH-KIZIS FEBRUARY 2025

MANÀDJITÀGANIWAN SUNDAY	METISOWINÌ-KIJID MONDAY	ÀNJEÑÌ-KIJIGAD TUESDAY	SÒZEP-KIJIGAD WEDNESDAY	ISHPINIGANIWAN THURSDAY	CHÌBAYÀTIGO- KIJIGAD FRIDAY	MÀNÌ-KIJIGAD SATURDAY
						1
2	3	4 Algonquin Language 5:30-7:30	5	6	7	8
9	10	11 Have a heart Day 4:30-5:30	12 Candle Making Workshop 5:30-7:30	13	14 Food Voucher Pick Up	15
16	17	18 Legal Clinic 4:30-6:00	19	20 Storytelling series 5:30-6:30	21 Fishing Derby Registration 6:00-9:00	22 Fishing Derby 6:00-8:00
23 Sweat Ceremony 1:00 PM	24	25	26	27 Storytelling series 5:30-6:30	28	

SAT

2025

-

22

- 

- Please address any immediate concerns if you are a client before those above dates. For urgent concerns during the above dates, please contact Health Services 613-625-2259 and you will be directed to the nurse who is covering!

News & Events:

4 WEEK PROGRAM STRENGTH AND CONDITIONING CLASS 50+

THE MAKWA CENTER,
MAIN LEVEL GYMNASIUM

THURSDAY JANUARY 23 - THURSDAY
FEBRUARY 13

THURSDAYS
10:00AM-11:00AM

Join Taylor, chronic disease management nurse and Darce, fitness coordinator in a fun 4-week program! This program is beginner-friendly and offers ways to exercise from standing or seated.



DUE TO WEATHER CONDITIONS OUR LAST CLASS WAS CANCELLED ON THURSDAY FEB 13TH. PLEASE KEEP AN EYE ON NEWSLETTER AND HEALTH SERVICES FACEBOOK PAGE FOR A RESCHEDULED DATE!



VISION LOSS REHABILITATION CANADA

Algonquins of Pikwakanagan Health Services

EYE HEALTH

Screening Initiative

EYE TIPS Earlier You Examine = Treatment = Increased Prevention of Sight Loss

What is Diabetic Retinopathy?

Diabetic retinopathy occurs when elevated sugar (glucose) levels in your blood cause the blood vessels in the eye to swell and leak fluid into the retina. New blood vessels may also grow causing further damage. ***This screening should be done YEARLY if you have pre-diabetes or are diabetic.***

Please contact Health Services at 613-625-2259 ext. 209 to speak with our Chronic Disease Management Nurse to schedule your 15min appointment on our clinic day: **Monday March 31st, 2025**

The screening will be done by our Chronic Disease Management Nurse Taylor and Julie Harris from Anishinabek Nation.

While you wait for your appointment, there will be diabetes education provided in The Round Room of The Health Center!

A free take home lunch and eye care kit is provided to all who make an appointment!

POWER HOUR

When: Tuesdays 10:00am - 11:00am

Where: Makwa Community Center Gymnasium

This hour is open to community members looking for a safe and warm space to walk during the cold winter!

- Music will be playing
- Water & snacks provided
- Nordic Poles available
- Step counters available
- Take home resources
- Nurse assistance for those needing extra support



Drop in and sign in!

If you have any questions before joining please feel free to speak with Taylor our Chronic Disease Management Nurse at Health Services: 613-625-2259 ext 209

*The Program is to run until the end of March and will then be re-assessed moving forward!



Sweat Ceremony

Date: February 23, 2025

Conductor: Shannon Chief - Barriere Lake

Time: 1:00 p.m. (fire will be lit at 10:00 a.m.)

Location: Back Parking Lot of Cultural Grounds

How it will run:

The ceremony is intended for healing
four sessions
28 grandfathers
A feast will follow the ceremony and the location will be shared the day of.
New people are always welcome

What you will need:

- a towel for drying and a change of clothes for the sweat, this could be shorts, t-shirt, ribbon skirt (not required)
- arrive early for any additional questions or inquiries on the day of ceremony. Women are advised to speak with conductor on protocols around moon time.
- bring a chair for sitting.

**For more information contact
613-625-2259**

or

IES.hs@pikwakanagan.ca

News & Events:

SAVE THE DATE

ALGONQUINS OF PIKWAKANAGAN FIRST NATION

3rd Annual Round Dance

SATURDAY, MARCH 15, 2025

RENFREW COUNTY LEGAL CLINIC IS COMING HERE TO AOPFN!

New Dates!

THINGS TO KNOW:

- Renfrew County Legal Clinic will be attending the Health Services Building to offer free legal advice and support.
- No appointment needed.
- First come, first serve basis.
- The hours will run from 4:30pm till 6:00pm.



**RENFREW COUNTY
LEGAL CLINIC**

THE RENFREW COUNTY LEGAL CLINIC WILL BE HERE:

February 18, 2025 4:30-6:00pm

March 25, 2025 4:30-6:00pm

April 15, 2025 4:30-6:00pm.

May 13, 2025 4:30-6:00pm

June 17, 2025 4:30-6:00pm

July 8, 2025 4:30-6:00pm

August 12, 2025 4:30-6:00pm

September 16, 2025 4:30-6:00pm

**FOR MORE INFORMATION CALL
EMMA, THE RESTORATIVE
JUSTICE WORKER AT AOPFN**

(613) 625-2259 Ext 245

1643 Mishomis Inamo,
Pikakanagan, ON

National Wear Red Day



Heart disease is on the rise. It is the leading cause of death for women worldwide. Heart attack symptoms are not recognized in over 50% of women. The types and symptoms of heart disease can be different between women and men.

Show your support for the women in our community and **Wear Red on February 21, 2025**



Risk factors for heart disease are:

- Smoking
- High blood pressure
- High cholesterol
- Overweight/obesity
- Physical inactivity
- Diabetes
- Family history of early coronary heart disease
- Age (for women, 55 and older)

Heart disease is largely preventable. Here's what you can do now to reduce your risk:

- Don't smoke
- Eat for heart health
- Aim for 30 minutes of physical activity at least 5 days a week
- Ask your doctor to check your blood pressure, cholesterol, and blood glucose



PIKWAKANAGAN

FIRE-RESCUE DEPT

ANNUAL FISHING DERBY



RANDY COMMANDA'S CAMP SITE



SATURDAY, FEBRUARY 22, 2025



6:00 AM - 3:00 PM

**Last Weigh in
3:00 PM sharp**

Registration:



FRIDAY, FEBRUARY 21, 2025



CAMP SITE



6:00 AM - 11:00 AM



FIRE HALL



6:00 PM - 9:00 PM

**ENTRY
\$20**

12 Years and up

Fishing in Golden Lake (Bridge to Bridge)



News & Events:

Business Training

INFORMATION SESSIONS



April 1

11AM to 12PM



April 3

1PM to 2PM

For more information, visit:
www.EnterpriseRenfrewCounty.com



Community Futures
Development Corporation
Renfrew County

Ontario

YOUTH ENTREPRENEURSHIP APPLICATIONS NOW OPEN

Summer Company 2025

DEADLINE TO APPLY : MAY 16

For more information, visit:
www.EnterpriseRenfrewCounty.com

Ontario



Substance Use Recovery Meeting

Join us on Thursday's from
6:30 - 8:00 pm

Located at the Elder's Lodge

This meeting is open to individual's struggling with any
substance use.



Indigenous Death Worker Training Program

FEB. 21-23



Algonquins of Pikwakanagan
First Nation



Blackbird
Medicines

News & Events:

CULTURAL REVITALIZATION OF CEMETERIES

The Lands, Estate, and Membership department has opened discussions about culture revitalization on Our Lady of Nativity (old) and Pikwakanagan Chibewkamig (new).

A community meeting was held back in October 2024 with a hard copy and an online survey. **We need more membership participation** through the survey enclosed and with future community and leadership meetings.

For those who have completed the survey, *Thank you for your feedback*, and your input will be compiled with all other responses.

For those who haven't participated in the survey, your feedback is valuable for any cultural changes to each cemetery.

Please scan the QR code at the bottom left or copy this link into your browser;

<https://www.surveymonkey.com/r/Z6RLHQH>

Submit your survey before *March 31, 2025*

For more information, contact *Kassandra Tiegs, Manager, Lands, Estate and Membership* at 613-625-2800 ext. 222 / mgr.lem@pikwakanagan.ca



Join us for Storytelling Series

With Tasheena Sarazin

Storytelling is a powerful tool for navigating grief, trauma, and life's challenges. By connecting individuals to culture, identity, and the wisdom of ancestral teachings, storytelling fosters resilience, meaning-making, and a sense of belonging. Through shared narratives, it creates safe spaces for expression, normalizes grief, and promotes connection to the land and spirit. Join us to explore how stories can inspire personal and community healing.

Wednesday, January 29th

Thursday, February 20th, 27th

5:30 pm- 6:30 pm

At the Health Centre (Round Room) or virtually (link on FB page)

Food & Refreshments included each session

Contact Katrina for more info

613-625-2259

Ensuring First Nations Children (0-17) Have Access to Educational, Social and Medical Supports



Examples of Supports Available

- Mental Health Counselling
- Educational Assistants
- Dental Care
- Psycho-Educational Assessments
- Medical Equipment
- Assistive Technology
- Respite Care
- Tutoring
- Land Based Activities

CONTACT US

Zach Levasseur- Health - 613-401-0821
jpnv1@pikwakanagan.ca

Pamela Scheel-Education- 613-401-2812
jpnv2@pikwakanagan.ca

News & Events:

Upcoming Educational Online Event



2025 Virtual Forum

Tuesday, February 25, 2025
 12:00 PM - 5:00 PM EST
 Online



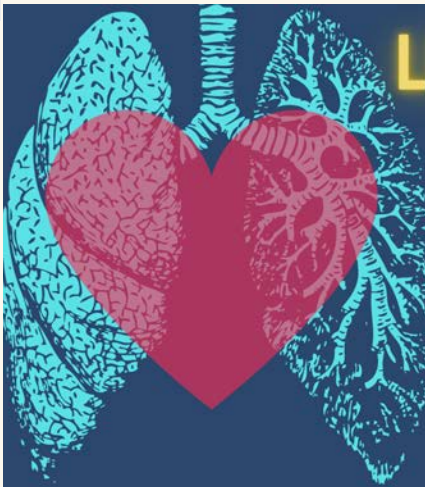
Living Well with Kidney Disease | Navigating the Kidney Journey

Day 1:

12:00 pm - 12:15 pm: Day 1 Welcome
12:15 pm - 1:15 pm: Cooking Demonstration With Anna Olson
1:15 pm - 2:45 pm: Understanding Treatment Options: What Treatment is Right for You
2:45 pm - 2:55 pm: Movement Break
2:55 pm - 3:55 pm: Balancing Work While Living with Chronic Kidney Disease
3:55 pm - 4:55 pm: Managing Pain in Chronic Kidney Disease
4:55 pm - 5:05 pm: Day 1 Closing Remarks

Day 2:

12:00 pm - 12:05 pm: Day 2 Welcome
12:05 pm - 1:35 pm: Eating well with Kidney Disease
1:35 pm - 2:35 pm: Finding a Living Kidney Donor
2:35 pm - 2:40 pm: Movement Break
2:40 pm - 3:40 pm: Resilience Through Mindfulness
3:40 pm - 4:40 pm: Preventing Kidney Disease in Young Adults: Exploring the Impact of Mild Kidney Function Decline
4:40 pm - 4:50 pm: Day 2 Closing Remarks



LUNG HEALTH AWARENESS WORKSHOP: LIQUID SMUDGE MAKING



ELDERS LODGE

FRIDAY APRIL 11TH, 2025

11:00AM-2:00PM

This event has been rescheduled!

Come join Health Services in a workshop in collaboration with Ontario Health and The Anishinabek Nation to discover the importance of lung health, the impact of smoking, ways to maintain healthy lungs and smoking cessation. There will be education and resources available to take home, **and lunch and beverages will be provided!** Included in this workshop is also learning the traditional art of making liquid smudge. This interactive session will provide hands-on experience and cultural insights.

Workshop facilitated by Chochi Knott / Anishinabek Nation and Lisa Beedie / Ontario Health.

To Register: Please contact our Chronic Disease Management nurse Taylor Reckzin or our Community Health Representative Melissa Pessendawatch at Health Services 613-625-2259




"Kidney Disease | Navigating the Kidney Journey" will be held on February 25 and 26, starting at 12:00 pm EST.

This engaging online event will feature expert-led sessions on kidney donation and transplantation, treatment modalities, symptom management strategies, and much more. Plus, don't miss a special cooking demonstration with celebrity baker Anna Olson, who will share tips for creating delicious, kidney-friendly recipes.

Whether you're a patient, caregiver, healthcare professional, or simply interested in learning more about kidney health, this forum offers valuable insights and opportunities to connect with others in the community.

Don't miss out—register today and be part of this inspiring event! Below is the tentative schedule. Please note that session times and titles are subject to change, and we encourage you to check for updates closer to the event date.

Please Visit: <https://kidney.ca/Get-Involved/Be-a-Fundraiser/Events/all/2025-Virtual-Patient-Forum> to register or contact our Chronic Disease Management Nurse Taylor at Health Services for assistance 613-625-2259 ext 209

ESTATE PLANNING

Honorary Lawyer Death

Lands, Estate, and Membership is hosting an Estates Planning opportunity for *members only*.

Are you looking to create a Will or amend an existing Will?

We have retained *Taggart Law Office Professional Corp.* to assist in the Estate Planning.

There are limited appointment spots!



February 20th, 2025 and, February 21st, 2025,

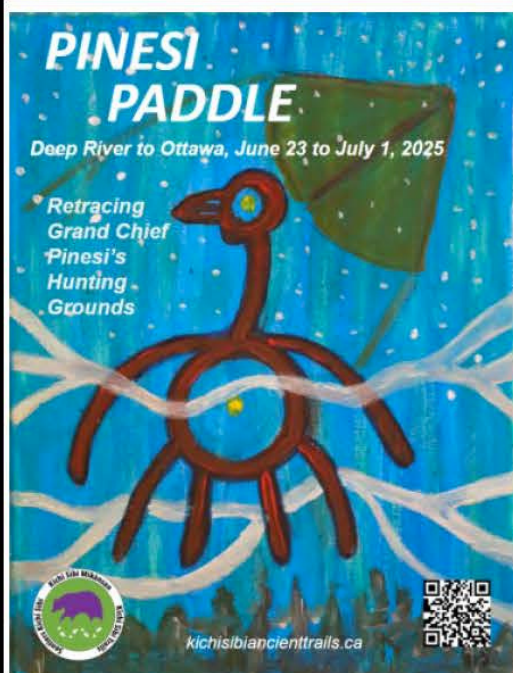
 **Elders Lodge in Pikwakanagan.**

Please contact
Curtis Jahn, Program Support Coordinator at
coordinator.lem@pikwakanagan.ca
613-625-2800 ext. 231

Algonquins of Pikwakanagan First Nation

POWER OF ATTORNEY, Tenancy In Common, Trusts, Beneficiary, Executor, Court Appointed, Beneficiary Designations, Durable Medical, No Contact Clause, Durable Living

ESTATE PLANNING



Join Us for the 2025 Pinesi Paddle: A Journey of Connection and Reconciliation

Deep River to Ottawa: June 23 - July 1, 2025

Following the ancient waterways of our ancestors along Kichi Sibi (Ottawa River).

We invite Indigenous paddlers, knowledge keepers, and community members to join us for this transformative journey honoring the legacy of Algonquin Grand Chief Pinesi and celebrating our enduring connection to these sacred waters.

Journey Highlights:

- Nine days of traditional paddling and cultural sharing
- Evening ceremonies and storytelling
- Traditional teachings along historical routes
- Grand arrival ceremony at New Edinburgh Park for Chief Pinesi Day celebrations

Ways to Participate:

- Join as a paddler for the full journey or selected segments
- Contribute as a knowledge keeper or cultural advisor
- Volunteer for ground support and logistics
- Share in community gatherings along the route

This journey is proudly hosted in partnership with:

- Kichi Sibi Trails
- Algonquins of Pikwakanagan First Nation
- New Edinburgh Community Alliance
- Crichton Community Council

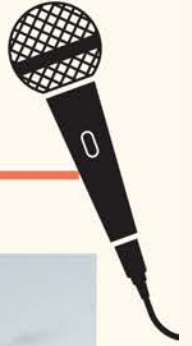
To register or learn more about participation options, please see attached expression of interest form. <https://shorturl.at/BwATX>

Watch last year's documentary to experience the spirit of this meaningful journey. <https://www.youtube.com/watch?v=NEI9MC4bRYE>

Here's the full itinerary: <https://kichisibianciencetrails.ca/pinesi-paddle-2025-itinerary/>

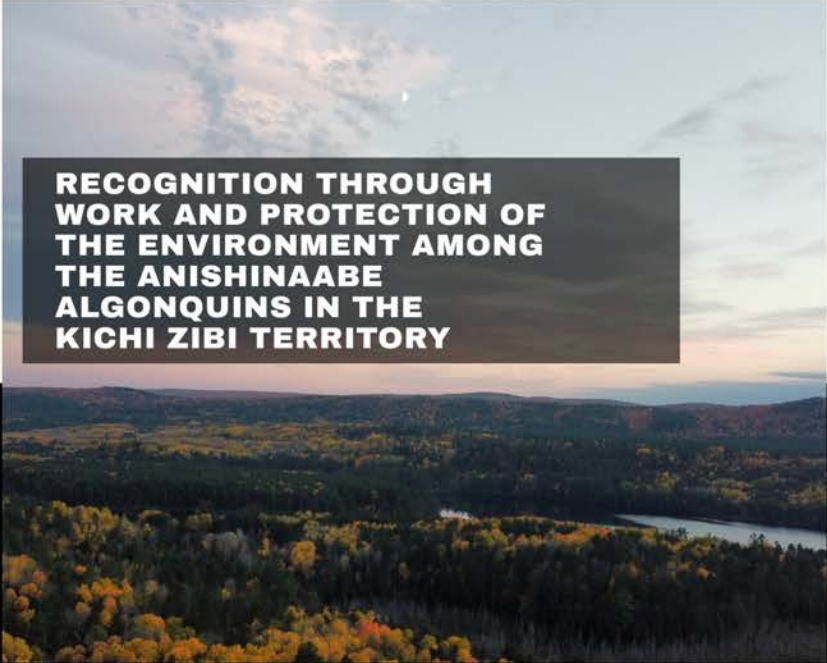
Together, we paddle in the spirit of reconciliation, cultural preservation, and community connection. [Kichi Sibi Trails](#)

SHARE YOUR STORY



Open to members of Pikwakanagan (18+) who live and work near the Ottawa River (Kichi Zibi).

Share your stories about work, money, identity and the environment

A photograph of a landscape with a river, forest, and hills under a cloudy sky. A dark grey rectangular box is overlaid on the upper part of the image, containing white text.

**RECOGNITION THROUGH
WORK AND PROTECTION OF
THE ENVIRONMENT AMONG
THE ANISHINAABE
ALGONQUINS IN THE
KICHI ZIBI TERRITORY**



DETAILS

- \$250 per interview (about 90min)
- Can be done by phone or on Zoom, Teams, Google Meet
- Participation is anonymous

CONTACT

SARAH YANKOO

613 220 0552
Recognition@ifolutions.ca



INDIGENOUS
FINANCIAL
SOLUTIONS



HARVARD UNIVERSITY

PIKWAKANAGAN ATHLETIC BANQUET

CALLING ALL PIKWAKANAGAN ATHLETES AGES 13 AND UP WHO HAVE ACHIEVED RECOGNITION IN SPORT. WHETHER YOUR ACHIEVEMENTS ARE A PART OF A SPORT LEAGUE SUCH AS HOCKEY, VOLLEYBALL, ETC. OR YOU HAVE BEEN RECOGNIZED IN ELEMENTARY, SECONDARY OR POST-SECONDARY SCHOOL AS AN OUTSTANDING ATHLETE WE WANT TO HEAR ALL ABOUT IT! WE ALSO WANT TO HEAR ABOUT OUR MATURE ATHLETES AND YOUR ACHIEVEMENTS AND RECOGNITION AS AN ADULT ATHLETE.

PLEASE EMAIL DARREN AT REACTIVATOR@PIKWAKANAGAN.CA TO REQUEST A FORM TO COMPLETE ON BEHALF OF YOURSELF OR AN ATHLETE THAT DESERVES TO BE RECOGNIZED FOR THEIR ACHIEVEMENTS IN SPORT.

**FRIDAY, APRIL 25, 2025
ATHLETE DINNER: 5:00 P.M.
ATHLETE AWARD BANQUET: 5:45 P.M.**

WE ARE ASKING ALL ATHLETES, PARENTS/GUARDIANS TO EMAIL PICTURES OF THE ATHLETE IN COMPETITION OR PRACTICE MODE, PLEASE EMAIL TO DARREN AT THE EMAIL ABOVE.

RSVP BY MARCH 31, 2025 TO 613-625-2682 OR BY EMAIL AS INDICATED ABOVE.

ABOUT RESPIRATORY ILLNESS

SYMPTOMS



Fever



Cough



Sore Throat



Runny Nose



Shortness of Breath



Muscle Aches



Fatigue



Vomiting / Diarrhea



Abdominal Pain

WHAT TO DO IF YOU HAVE SYMPTOMS



Stay home until you are fever-free (without using fever-reducing medication) **AND** your symptoms have been improving for 24 hours (48 hours for vomiting/diarrhea).



Avoid non-essential mask-less activities for 10 days from when your symptoms started. If you can't stay home, wear a well-fitting mask.



If you have symptoms of a respiratory illness **DON'T VISIT** those at high risk of severe illness including those that live in long-term care, retirement homes or in hospital.

REDUCE THE SPREAD



Wash your hands often and avoid touching your eyes, nose or mouth with unwashed hands.



Cover your mouth and nose when you cough or sneeze.



Keep your vaccinations up to date including getting your annual flu vaccine and any COVID-19 boosters/doses you are eligible for.



Disinfect high-touch surfaces in your home and workplace.

Wear a mask:

- To protect yourself from viral respiratory illnesses.
- To protect others at higher risk of severe respiratory illness.
- When you're recovering from illness.



TYPES



COVID-19 can cause mild cold-like symptoms to severe lung infections. Anti-viral treatment is available for those at higher risk of severe disease and complications.



Influenza (flu) generally occurs in the fall and winter months. Young children (under 5) and older adults are at higher risk of severe disease and complications.



Respiratory syncytial virus (RSV) infects the lungs and airways. Infants, young children and older adults are more likely to have severe infections.



Coughs and colds (cold viruses) are more common during the fall and winter months and result from different viruses that infect the nose and throat. For most people, symptoms are mild and usually resolve on their own.



People at **higher risk** of severe illness or complications from COVID-19 and the flu include:

- People who are 60 years and older, pregnant, have chronic medical conditions or are immunocompromised.
- Young children (under 5) are at higher risk of complications from the flu.

TREATMENT



Most respiratory illnesses can be treated at home. Learn more at: www.rcdhu.com



Treatment for COVID-19 is available and must be taken within a few days of symptoms starting. Learn more at: Ontario.ca/Antivirals.

WHEN TO GO TO THE EMERGENCY DEPARTMENT

If you or your child are in distress (significant trouble breathing, chest pain, fainting, difficulty to rouse, confusion or have significant worsening of any chronic disease symptoms), go to the nearest Emergency Department or call 9-1-1.

MORE INFO



Visit us at: www.rcdhu.com



If you have questions about your health (or your child's), call your primary care provider or Health Connect Ontario at 8-1-1.

Health Updates:



LOAN CUPBOARD

Short-term medical equipment
lending system.

For More Information:

- ☎ (613) 625-2259 ext. 241
- 🏠 1643 Mishomis Inamo
- ✉ hcc@pikwakanagan.ca



Access to equipment such as:

- Wheelchairs
- Walkers
- Canes
- Crutches
- Splints/braces
- Bedroom equipment
- Bathroom aides
- Monitors
- Specialized devices

Available to First Nation members who:

- Live in Pikwakanagan
- Are a status member, spouse or caregiver
- Require equipment on a short term basis

For More Information:

- ☎ (613) 625-2259 ext. 241
- 🏠 1643 Mishomis Inamo
- ✉ hcc@pikwakanagan.ca

Resource Numbers:

Addictions Resources

Addictions Counsellors:

Gillian McKay & Sabrina
Laframboise

613-625-2259

Renfrew County Community Withdrawal Management:

613-432-7620

After Hours: Drug,
Alcohol, Gambling
Hotline:

1-866-531-2600

After Hours:
National Overdose
Prevention Line:

1-888-688-6677

Medical & Foodbank Resources

VTAC:

1-844-727-6404

Telahealth

1-866-797-0000

Poison Control

1-800-268-9017

The Sharing Place
Golden Lake
(11185 Hwy 60)

613-639-1904

Food Vouchers
(Pikwakanagan Social
Services)

613-639-1633

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is:
613-689-0805.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122

FIRST NATION COMMUNITY

NOTICE: ISN MASKWA

WHO IS ISN MASKWA?



Owned by Missanabie Cree First Nation, ISN Maskwa is a leader in training and deploying in Indigenous communities for a variety of specialties. ISN Maskwa has been working extensively to build the initiative across the province of "Indigenous-led Community Support" in regards to evacuation and emergency response.

WHAT IS ISN MASKWA DOING WHILE ONSITE?

- 24/7 Operations
- Wellness Checks
- Community Support to keep all community members safe and happy
- Assist with special events/recreation
- Assist where they are needed and directed by the community

HOW CAN YOU GET A HOLD OF THE ISN MASKWA TEAM?

ISN Maskwa is onsite 24/7 and can be reached on our phone at:

343-544-6810



CALL TO TENDER



CATERING SERVICES NEEDED

March 5th & 6th at the Elder's Lodge

Scope of work:

- 2-day training for approximately 20-40 individuals
- We will provide exact numbers closer to the date
- Provide morning and afternoon refreshments during the breaks (coffee, tea, cold beverages, and snacks)
- Provide lunch both days of training
- Please include your cost and menu upon submission

**Please contact Katrina at the Health
Centre 613-625-2259 ext. 246**

INDIGENOUS PROGRAM OPPORTUNITY

Community Relations Officer

**\$23.00/hour with approximately 100 hours and
compensation for travel when appropriate**

Deadline to Apply: Friday, February 28th at 4:30PM

Community relations officer (CRO's) are appointed in electoral districts (EDs) The CRO facilitates communication between the returning officer (RO) and/or additional assistant returning officer (AARO) office, thereby making voting as accessible as possible to that population.

The program aims to reduce barriers by:

- informing electors about the election process (e.g., registering to vote, getting to polling places, ways to vote, etc.)
- Creating a comfortable setting for electors
- having the CRO act as a liaison between the RO/AARO officer and Indigenous communities
- Ensuring that electors have the opportunity to fully participate in the electoral process.

The Role

A CRO who is appointed to liaise with electors in one of these communities may be asked to coordinate and provide special ballot voting support to electors on behalf of their RO/AARO officer.

Impartiality

The CRO must always provide information only, not offer opinions. they are **not** allowed to canvass for a political party or a candidate, or to try to influence electors. In addition they must:

- sign a solemn declaration before they begin work
- remain non-partisan throughout their duties
- agree to maintain the secrecy of the vote

Task

- Maintain contact between the RO office and Indigenous electors
- Assist in selecting and training coworkers
- Keep the OR updated on activities

Job Qualifications

- Building community relation
- Volunteering or working for an organization providing services to the group
- interacting with the target group in the Electoral Districts (ED)
- Providing outreach and community services

Assets

- Knowledge of the election process
- Knowledge of roles and responsibilities of election officer
- Bilingualism (English and French)
- Access to internet and Microsoft Office suite

Submit to:

Lands, Estate and Membership (LEM)
Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo, Pikwakanagan, Ontario, K0J 1X0

Full Job Description please contact Kassandra Tiegs – Manager of LEM

mgr.lem@pikwakanagan.ca

Subject Line: Community Relations Officer

Nigig Nibi Ki-win Gamik Society

WE ARE HIRING

View our job postings on
www.nigignibi.com

Senior Finance Officer

Director of Service Delivery

Program Manager, Prevention Services

Client Care Manager

Family Wellness Supervisor

Crisis Support Worker

Family Wellness Program Assistant

Intake Worker

Send your resume to Amy Desrochers
at employment@nigignibi.com



NIGIG

NIBI KI-WIN

GAMIK SOCIETY



ALGONQUINS OF PIKWAKANAGAN FIRST NATION

MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Timmerman, Christian	Sharbot	20 Sept 24	20 Feb 25
Godin, Lindsay	Lavallee	20 Sept 24	20 Feb 25
Johnston, Melissa	Kikomse/Lamure	23 Sep 24	23 Feb 25
Burnett, Katherine	Sharbot	24 Sept 24	24 Feb 25
Sarrazin, Nathaniel	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Marcella	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, August	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Mia	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Sierra	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Gravelle, Charleen	TenESCO	21 Oct 24	21 Mar 25
Gravelle, Richard	TenESCO	23 Oct 24	23 Mar 25
Williamson, Jessica	Pisindawate	03 Nov 24	03 Apr 25
Swartzman, Cheyanne	Sharbot	06 Nov 24	06 Apr 25
Ebel, Deborah	Ignace	06 Nov 24	06 Apr 25
Reynolds, Bruce	Pisnidewatch	06 Nov 24	06 Apr 25
Langlois, Tamarah	Lamure	06 Nov 24	06 Apr 25
Pyper-Hall, Tara	Lavallee	14 Nov 24	14 Apr 25
Pyper, Paige	Lavallee	14 Nov 24	14 Apr 25
Smith, Scott	Lavallee	15 Nov 24	15 Nov 24
Smith, Edward	Lavallee	03 Dec 24	03 May 25
Smith, Aidan	Lavallee	03 Dec 24	03 May 25
Smith, Leah	Lavallee	03 Dec 24	03 May 25
Storie, Addison	Sarazin	03 Dec 24	03 May 25
Foster, Dorothy	Benoit	07 Jan 25	07 June 25
Vickers, Victoria	Francois/Pesanawatch	07 Jan 25	07 June 25
Vickers, Kevin	Francois/Penanawatch	07 Jan 25	07 June 25
Leclare, Chad	Bernard/Partidge	07 Jan 25	07 June 25
Lafond, Andrea	TenESCO	17 Jan 25	17 June 25

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca

Community Information

Regular Council Meetings

The regular Council meeting has been changed to Monday, February 24th due to council's availability

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you

Natalie Commanda, Pharmacy

Technician

Joseph Conway, Pharmacist



HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 9	FEBRUARY 13	MARCH 13 (EASTER)
APRIL 10	MAY 8	JUNE 12
JULY 11	AUGUST 14	SEPTEMBER 11
OCTOBER 9 (THANKSGIVING)	NOVEMBER 13	DECEMBER 18 (XMAS)

For information or emergency and after hour needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact
Sandy

613-717-2894

**Reminder - for
sanitary purposes
individual hosting
meals & catering will
require to supply
their own dish cloths
and towels**

Community Information

LIBRARY HOURS

Tuesday: 12:00pm - 6:00pm

Wednesday: 10:00am - 12:00pm
2:00pm-7:00 pm

Thursday: 12:00pm - 7:00 pm

Come take a look at the variety of First Nation books including non-fiction, fiction, and children's books.

Computers are available for public use to access Government Sites & other Social Media Sites.

Estelle Amikons
613-625-2800
Ext: 244

FOR YOUR INFORMATION

CANADIAN POLICE RECORD CHECKS ARE REQUIRED FOR ANYONE WHO IS APPLYING FOR:

- MEMBERSHIP (APPLICANTS WHO ARE 18 YEARS OR OLDER)
- RESIDENCY (APPLICANTS WHO ARE 18 YEARS OR OLDER)

APPLICATIONS, LAWS, AND CODES ARE AVAILABLE ON OUR WEBSITE.

[HTTPS://WWW.ALGQUINSOPIKWAKANAGAN.COM/LAWS-AND-BY-LAWS/](https://www.algquinsopikwakanagan.com/laws-and-by-laws/)

HARD COPIES CAN BE REQUESTED FROM THE LANDS, ESTATES, AND MEMBERSHIP DEPARTMENT.

613-625-2800 | MGR.LEM@PIKWAKANAGAN.CA |
LAND.OFFICER@PIKWAKANAGAN.CA |
ASSISTANT.LEM@PIKWAKANAGAN.CA

NOTICE:
KILLALOE OPP RECORD CHECK APPLICATIONS ARE NOW ONLINE.

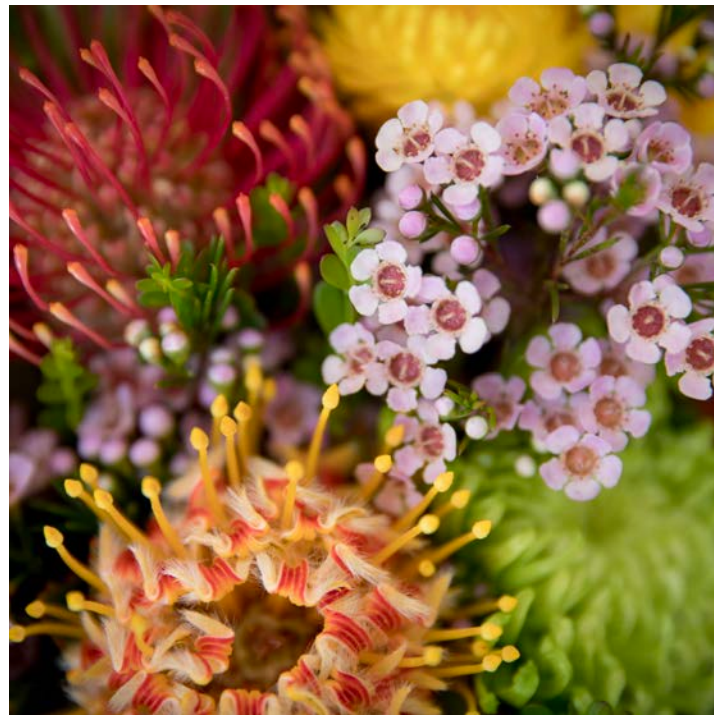
Waste Disposal Site

Wednesday: 12:00pm - 6:00pm
Sundays: 9:00am - 3:00pm

Curbside Pick Up



Garbage: Wednesday
Cardboard: Thursday
Containers: Friday



Community Information

How To Access 'Members Only' Section of Website

Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.

Steps:

1. Open a browser and enter: www.algonquinsofpikwakanagan.ca
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	thunderbird@gmail.com	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format