



Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD KENOZIDJ-KÌZIS 24, 2025
FRIDAY JANUARY 24TH, 2025

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

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**Algonquins of Pikwakanagan
First Nation**

Join Chief and Council for an update and discussions on

Treaty Negotiations

Saturday, January 25, 2025

Makwa Community Centre

83 Kagagimin Inamo, Pikwakanagan, ON,
K0J 1X0

zoom

ID: 613 625 2800

Pass: Niganizi



NEW TIME

Lunch: 11:30 am – 12:30 pm

Presentations: Beginning at 12:30 pm

Chief and Council 613-625-2800 EXT 228

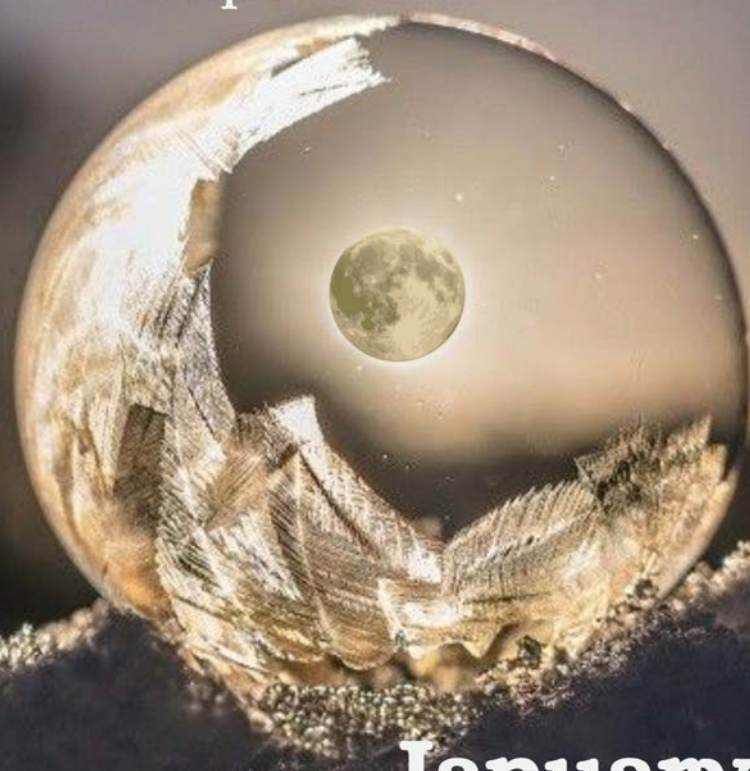
NOTICE

**We have Anishinabek
Nation 2025 monthly
calendars available at
the Band Office for
members.**

Pick up at Reception



Kenozidj Kizis
Freeze up moon



January



Algonquins of Pikwakanagan First Nation

Chief and Council Update – January 24th, 2025

Chief Greg Sarazin and Council would like to once again shed light on Pikwakanagan's own Child Well-Being agency, which we all know as "Nigig". The full name *Nigig Nibi Ki-win* was chosen by community representatives and means "Otters playing together in the water".

Pikwakanagan's law, *Nigig Nibi Ki-win* restores Pikwakanagan's jurisdiction and legal authority over our own child well-being. Family and Childrens Services, (Children's Aid) no longer has the authority to take our children into custody and away from Pikwakanagan.

The process began by Chief and Council approving the development of a Child Well-Being Law in October, 2021. Our Child Well-Being Law was voted in by the membership in March 2023 and came in to full force and effect on April 19th, 2024.

Discussions and negotiations with the governments have been ongoing. We look forward to entering into Coordination and Fiscal Agreements with Canada and Ontario in the near future and celebrating this historical moment with community.

Additionally, Pikwakanagan has secured funding to support the construction of a new Child and Family Well-Being Centre in Pikwakanagan with construction breaking ground in early summer of 2025.

Nigig Nibi Ki-win is the culmination of years of work by Pikwakanagan Chief and Council, elders, traditional knowledge keepers, staff, and community.

For more information, please visit www.nigignibi.com



Algonquins of Pikwakanagan



First Nation

Notice from Chief and Council

Pikwàkanagàn Chief and Council want to share with community members that we are continuing to support a partnership with Professor Duncan McCue of Carleton University's School of Journalism and Communication again this winter. Professor McCue is Anishinaabe, and is teaching a course called Reporting in Indigenous Communities which aims to improve how the journalists of tomorrow cover Indigenous issues. Students from his course have been assigned to cover our community, and this term, their theme is climate change and the environment. They will be producing a piece of journalism that will be published on Carleton's website and perhaps in The Narwhal and/or Canadian Geographic. The students will be visiting our community from January to April, and will be reaching out to community members for story ideas.

If you would like to offer to be interviewed to share your observations about climate change upon you, then please let our office know (address, #).

If you have any questions about the course or the students, you're welcome to contact Professor McCue directly: duncan.mccue@carleton.ca



Carleton
University

KENOZIDJ-KÌZIS JANUARY 2025

MANÀDJITÀGANIWAN SUNDAY	METISOWINÌ-KÌJID MONDAY	ÀNJENÌ-KÌJIGAD TUESDAY	SÒZEP-KÌJIGAD WEDNESDAY	ISHPINIGANIWAN THURSDAY	CHÌBAYÀTIGO- KÌJIGAD FRIDAY	MÀNÌ-KÌJIGAD SATURDAY
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
		Legal Clinic – Health Services 4:30 – 6:00	Family Game Night Makwa 5:30 – 7:30		Food Voucher Pick Up Health Services	
19	20	21	22	23	24	25
Sweat Ceremony – Cultural Grounds				CBC Listening Session Elders Lodge – 3:00 & 5:30	Dementia Society Lunch & Learn Elders Lodge 12:00 – 1:00	Winter Moose Hide Camp Bingo Hall – 10:00 AM
26	27	28	29	30		Treaty Negotiations – Makwa – 11:30 – 4:30
					Winter Moose Hide Camp Bingo Hall – 12:00	

Community Health Calendar



JAN 2025

SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1 Happy New Year! Health is wealth	2	3	4
5	6 Health Center back open after Christmas Closure	7 Chair Fitness with Taylor Tennisco Manor 1:15pm (1hr)	8	9 Chair Fitness with Taylor Tennisco Manor 1:15pm (1hr)	10	11
12	13	14 Chair Fitness with Taylor Tennisco Manor 1:15pm (1hr)	15	16 Chair Fitness with Taylor Tennisco Manor 1:15pm (1hr)	17	18
19	20	21 Power Hour 10am-11am Makwa Center With Taylor & Darce Chair Fitness with Taylor, Tennisco Manor 1:15pm (1hr)	22	23 Strength & Conditioning (50+) 10am-11am Makwa Center With Taylor & Darce Chair Fitness with Taylor, Tennisco Manor 1:15pm (1hr)	24 DEMENTIA SOCIETY Lunch & Learn The Elders Lodge 12:00pm-1:00pm *Sign up required	25 Lunch & Learn
26	27	28 Power Hour 10am-11am Makwa Center With Taylor & Darce Chair Fitness with Taylor, Tennisco Manor 1:15pm (1hr)	29	30 Power Hour 10am-11am Makwa Center With Taylor & Darce Chair Fitness with Taylor, Tennisco Manor 1:15pm (1hr)	31	1

CHAIR FITNESS AT TENNISCO MANOR:

- LOW IMPACT
- FOCUS ON STRENGTH, BALANCE, COORDINATION, CARDIO

POWER HOUR AT MAKWA:

- 30 MINS EXERCISE / 30 MINS GROUP GAME AFTER
- AN HOUR DEDICATED TO PROVIDE THE OPPORTUNITY TO HAVE A WARM SPACE TO WALK, JOG , RUN , TRY NORDIC WALKING
- LOCATED IN MAIN LEVEL GYMNASIUM
- DROP IN & SIGN IN

STRENGTH & CONDITIONING AT MAKWA:

- TARGETED FOR 50+
- PRE - REGISTRATION REQUIRED (SEE FLYER)
- 4 WEEK GROUP BASED PROGRAM
- BEGINNER FRIENDLY
- LOCATED IN MAIN LEVEL GYMNASIUM

MONTHLY LUNCH AND LEARN: DEMENTIA SOCIETY

- COME JOIN FOR AN HOUR PRESENTATION FROM THE DEMENTIA SOCIETY OF OTTAWA AND RENFREW COUNTY JANUARY 24TH 12:00PM-1:00PM
- LUNCH AND BEVERAGES PROVIDED!
- LEARN ABOUT DEMENTIA EDUCATION , SUPPORTS AND SERVICES AVAILABLE
- LEARN ABOUT SCREENINGS AVAILABLE IN COMMUNITY
- VISIT : [HTTPS://DEMENTIAHELP.CA/](https://dementiahelp.ca/) TO VISIT THEIR WEBSITE
- SEE FLYER FOR MORE INFO AND TO SIGN UP



Ottawa and Renfrew County

News & Events:

4 WEEK PROGRAM STRENGTH AND CONDITIONING CLASS 50+

THE MAKWA CENTER,
MAIN LEVEL GYMNASIUM

THURSDAY JANUARY 23 - THURSDAY
FEBRUARY 13

EVERY THURSDAY
10:00AM-11:00PM

Join Taylor our Chronic Disease Management Nurse, and Darce our Fitness Coordinator to kickstart your day, stay active, and have fun in a supportive environment! This program is beginner friendly and adaptive. This program is also apart of delivering Heart Wise Exercise to the Community!

Participant Registration Required
Please call Taylor Reckzin, Chronic Disease Management Nurse to register and complete a participation form
613-625-2259 ext 209



Jordan's Principle EDUCATION SERVICES

**Ensuring First Nations
children(ages 0-18)**

**have access to
Educational, Social and Medical
supports**

PRODCUATS AND SERVICES

school supplies
tutoring
teaching assistants
speech therapy
psycho-educational assessments
assistive technology and electronics
specialized summer camps



**Is your child or someone you
know in need of support?
Learn More Today!**



Contact: Pamela Scheel
Jordan Principle Navigator

APPLY NOW

Late Office Hours Every Wednesday From 5-8pm

613-625-2800 ext. 252 613-401-2812 jpnv2@pikwakanagan.ca

POWER HOUR

Every week starting **Tuesday January 21st**, on **Tuesdays 10:00am - 11:00am** the Makwa Community Center Gym will be open to community members looking for a safe space to walk, use Nordic walking poles, jog or run. This program is apart of delivering Heart Wise Exercise to the community!

- Music will be playing
- Water & snacks provided
- Nordic Poles available
- Step counters available
- Welcome Package
- All ages welcome



Taylor, our Chronic Disease Management Nurse and Darce, our Fitness Coordinator will be present during the hour for assistance / monitoring and support with Nordic Poles.



Drop in and sign in!

If you have any questions please feel free to speak with Taylor at Health Services: 613-625-2259 ext 209

Program will run until the end of March and will be reassessed

Winter Moose Hide Camp

January 24th & 25th, 2025
**469 Unit 1, Kokomis Inamo
Bingo Hall**

Pikwakanagan community members will have the opportunity to learn how to traditionally tan a community moose hide from start to finish throughout the four seasons.

Learning the traditional ways of our ancestors leaves behind a positive impression on the mental, spiritual, emotional and physical health.

Day 1: FRI, JAN 24 - 12PM START

Lace hide up on frame once done soaking, let hide harden and start the scraping and thinning process to transform the hide into the raw hide stage.

6PM END

Day 2: SAT, JAN 25 - 10AM START

Frost Scraping.

6PM END

Snacks, beverages and a catered meal will be provided each day.

**Led by Tammy Pizendewatch Twashi,
Algonquin Anishinabe Traditional hide
tanner from Kiugan Zibi Anishinabeg.**



Substance Use Recovery Meeting

Join us on Thursday's from
6:30 - 8:00 pm

Located at the Elder's Lodge

This meeting is open to individual's struggling with any
substance use.

Quote of the week

*Kindness is like snow. It
beautifies everything it
covers*

ATTENTION

Home & Community Care needs
your help to track down
supplies. If you have any medical
supplies from the Loan
Cupboard that you are no longer
using, call Maggie to arrange
pick up or drop off.
613-625-2259 ext. 241



**PIKWAKANAGAN
FIRE-RESCUE DEPT**

ANNUAL FISHING DERBY



RANDY COMMANDA'S CAMP SITE



SATURDAY, FEBRUARY 22, 2025



6:00 AM - 3:00 PM
Last Weigh in
3:00 PM sharp

Registration:



FRIDAY, FEBRUARY 21, 2025



CAMP SITE



6:00 AM - 11:00 AM



FIRE HALL



6:00 PM - 9:00 PM

**ENTRY
\$20**

12 Years and up

Fishing in Golden Lake (Bridge to Bridge)



CHRONIC DISEASE MANAGEMENT WORKSHOPS

**LIVING HEALTHY
CHAMPLAIN IS
RUNNING ONLINE
WORKSHOPS THAT
ARE FREE!**

JOIN NOW



Jan 2nd - Feb 6th: Living a Healthy Life With Chronic Pain

**Jan 6th-Feb 10th: Living a Healthy Life With Chronic
Conditions**

Jan 15 -Feb 5th: Whole Health, Whole Self

Jan 28th-March 4th: Progress Over Pain

If interested in registering or need support getting
registered call Taylor, Chronic Disease Management Nurse
at Health Services 613-625-2259 ext 209

[HTTPS://WWW.LIVINGHEALTHYCHAMPLAIN.CA/EN/WORKSHOPS](https://www.livinghealthychamplain.ca/en/workshops)



THE NATURAL RESOURCES DEPARTMENT IS HOSTING A TRAPPERS EDUCATION COURSE



Where

The Elder's Lodge
96 Chibekana Inamo, Pikwakanagan



When

March 1 & 2
March 8 & 9
8 am - 6 pm



Details

Cost: \$150

To register or for more information please contact
the Natural Resources Department
Seats are Limited. Payment due upon registration



1613-625-2800 X 249



field.admin@pikwakanagan.ca

PIKWAKANAGAN ATHLETIC BANQUET

CALLING ALL PIKWAKANAGAN ATHLETES AGES 13 AND UP WHO HAVE ACHIEVED RECOGNITION IN SPORT. WHETHER YOUR ACHIEVEMENTS ARE A PART OF A SPORT LEAGUE SUCH AS HOCKEY, VOLLEYBALL, ETC. OR YOU HAVE BEEN RECOGNIZED IN ELEMENTARY, SECONDARY OR POST-SECONDARY SCHOOL AS AN OUTSTANDING ATHLETE WE WANT TO HEAR ALL ABOUT IT! WE ALSO WANT TO HEAR ABOUT OUR MATURE ATHLETES AND YOUR ACHIEVEMENTS AND RECOGNITION AS AN ADULT ATHLETE.

PLEASE EMAIL DARREN AT REACTIVATOR@PIKWAKANAGAN.CA TO REQUEST A FORM TO COMPLETE ON BEHALF OF YOURSELF OR AN ATHLETE THAT DESERVES TO BE RECOGNIZED FOR THEIR ACHIEVEMENTS IN SPORT.

**FRIDAY, APRIL 25, 2025
ATHLETE DINNER: 5:00 P.M.
ATHLETE AWARD BANQUET: 5:45 P.M.**

WE ARE ASKING ALL ATHLETES, PARENTS/GUARDIANS TO EMAIL PICTURES OF THE ATHLETE IN COMPETITION OR PRACTICE MODE, PLEASE EMAIL TO DARREN AT THE EMAIL ABOVE.

RSVP BY MARCH 31, 2025 TO 613-625-2682 OR BY EMAIL AS INDICATED ABOVE.

Health Updates:

January is Alzheimer's Awareness Month



Alzheimer's is a specific type of Dementia, some signs to look out for:

Memory changes that affect day-to-day abilities.

It is normal to sometimes forget meetings or co-worker names only to remember them a short time later. But a person with dementia may forget things more often. Or it might be hard for them to remember information they just learned.

Difficulty doing familiar tasks.

Busy people can be so distracted sometimes that they may forget to serve part of a meal, only to remember it later. But a person living with dementia may have trouble doing tasks they have done all their lives, such as preparing a meal or playing a game.

Changes in language and communication.

Anyone can have trouble finding the right word. But a person with dementia may forget simple words. Or they may use the wrong words, making that person hard to understand.

Disorientation in time and space.

It is common to forget the day of the week or your destination — for a moment. But a person with dementia may become lost on their own street. They may not know how they got there or how to get home.

Impaired judgement.

Sometimes, people may make bad decisions such as putting off seeing a doctor when they are not feeling well. But a person with dementia may not recognize a medical problem that needs attention or wear heavy clothing on a hot day.

Problems with abstract thinking.

Sometimes, people may have difficulty with tasks that require abstract thinking, such as managing finances. But a person with dementia may experience challenges with understanding what numbers are and how they are used.

Misplacing things.

Anyone can temporarily misplace a wallet or keys. But a person with dementia may put things in inappropriate places, such as an iron in the freezer or a wristwatch in the sugar bowl.

Changes in mood, personality and behaviour.

Sometimes people feel sad and moody, or experience changes in their behaviour. For example, they may quickly become tearful or upset for no obvious reason. They may be confused or suspicious and withdraw from others. They may act differently from what is normal for them.

Loss of Initiative. It is normal to lose interest in housework. A person with dementia may become passive and disinterested. They may need cues and prompts to become involved.



ABOUT RESPIRATORY ILLNESS

SYMPTOMS



Fever



Cough



Sore Throat



Runny Nose



Shortness of Breath



Muscle Aches



Fatigue



Vomiting / Diarrhea



Abdominal Pain

WHAT TO DO IF YOU HAVE SYMPTOMS



Stay home until you are fever-free (without using fever-reducing medication) **AND** your symptoms have been improving for 24 hours (48 hours for vomiting/diarrhea).



Avoid non-essential mask-less activities for 10 days from when your symptoms started. If you can't stay home, wear a well-fitting mask.



If you have symptoms of a respiratory illness **DON'T VISIT** those at high risk of severe illness including those that live in long-term care, retirement homes or in hospital.

REDUCE THE SPREAD



Wash your hands often and avoid touching your eyes, nose or mouth with unwashed hands.



Cover your mouth and nose when you cough or sneeze.



Keep your vaccinations up to date including getting your annual flu vaccine and any COVID-19 boosters/doses you are eligible for.



Disinfect high-touch surfaces in your home and workplace.

Wear a mask:

- To protect yourself from viral respiratory illnesses.
- To protect others at higher risk of severe respiratory illness.
- When you're recovering from illness.



TYPES



COVID-19 can cause mild cold-like symptoms to severe lung infections. Anti-viral treatment is available for those at higher risk of severe disease and complications.



Influenza (flu) generally occurs in the fall and winter months. Young children (under 5) and older adults are at higher risk of severe disease and complications.



Respiratory syncytial virus (RSV) infects the lungs and airways. Infants, young children and older adults are more likely to have severe infections.



Coughs and colds (cold viruses) are more common during the fall and winter months and result from different viruses that infect the nose and throat. For most people, symptoms are mild and usually resolve on their own.



People at **higher risk** of severe illness or complications from COVID-19 and the flu include:

- People who are 60 years and older, pregnant, have chronic medical conditions or are immunocompromised.
- Young children (under 5) are at higher risk of complications from the flu.

TREATMENT



Most respiratory illnesses can be treated at home. Learn more at: www.rcdhu.com



Treatment for COVID-19 is available and must be taken within a few days of symptoms starting. Learn more at: Ontario.ca/Antivirals.

WHEN TO GO TO THE EMERGENCY DEPARTMENT

If you or your child are in distress (significant trouble breathing, chest pain, fainting, difficulty to rouse, confusion or have significant worsening of any chronic disease symptoms), go to the nearest Emergency Department or call 9-1-1.

MORE INFO



Visit us at: www.rcdhu.com



If you have questions about your health (or your child's), call your primary care provider or Health Connect Ontario at 8-1-1.

Health Updates:



LOAN CUPBOARD

Short-term medical equipment
lending system.

For More Information:

- ☎ (613) 625-2259 ext. 241
- 🏠 1643 Mishomis Inamo
- ✉ hcc@pikwakanagan.ca



Access to equipment such as:

- Wheelchairs
- Walkers
- Canes
- Crutches
- Splints/braces
- Bedroom equipment
- Bathroom aides
- Monitors
- Specialized devices

Available to First Nation members who:

- Live in Pikwakanagan
- Are a status member, spouse or caregiver
- Require equipment on a short term basis

For More Information:

- ☎ (613) 625-2259 ext. 241
- 🏠 1643 Mishomis Inamo
- ✉ hcc@pikwakanagan.ca

Resource Numbers:

Addictions Resources

Addiction Counsellors:

Gillian McKay & Sabrina Laframboise
613-625-2259

Renfrew County Community Withdrawal
Management:
613-432-7620

After Hours: Drug, Alcohol, Gambling
Hotline:
1-866-531-2600

After Hours: National Overdose
Prevention Line:
1-888-688-6677

Medical Resources

VTAC
1-844-727-6404

Telahealth
1-866-797-0000

Poison Control
1-800-268-9017

Foodbank Resources

Sharing Place Golden Lake (11185 Hwy 60)
613-635-1904

Food Vouchers (Pikwakanagan Social Services)
613-639-1633

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number: **613-639-0805**

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

Any emergency, request for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

Pikwakanagan Drug Tip Line: 613-639-0805

Renfrew County Crimestoppers: 1-800-222-8477

Any Emergency: Call 911

OPP non-emergency line: 1-888-310-1122

FIRST NATION COMMUNITY NOTICE: ISN MASKWA



WHO IS ISN MASKWA?



Owned by Missanabie Cree First Nation, ISN Maskwa is a leader in training and deploying in Indigenous communities for a variety of specialties. ISN Maskwa has been working extensively to build the initiative across the province of "Indigenous-led Community Support" in regards to evacuation and emergency response.

WHAT IS ISN MASKWA DOING WHILE ONSITE?

- 24/7 Operations
- Wellness Checks
- Community Support to keep all community members safe and happy
- Assist with special events/recreation
- Assist where they are needed and directed by the community

HOW CAN YOU GET A HOLD OF THE ISN MASKWA TEAM?

ISN Maskwa is onsite 24/7 and can be reached on our phone at:

343-544-6810



INDIGENOUS PROGRAM OPPORTUNITY

Community Relations Officer

**\$23.00/hour with approximately 100 hours and
compensation for travel when appropriate**

Deadline to Apply: Friday, February 28th at 4:30PM

Community relations officer (CRO's) are appointed in electoral districts (EDs) The CRO facilitates communication between the returning officer (RO) and/or additional assistant returning officer (AARO) office, thereby making voting as accessible as possible to that population.

The program aims to reduce barriers by:

- informing electors about the election process (e.g., registering to vote, getting to polling places, ways to vote, etc.)
- Creating a comfortable setting for electors
- having the CRO act as a liaison between the RO/AARO officer and Indigenous communities
- Ensuring that electors have the opportunity to fully participate in the electoral process.

The Role

A CRO who is appointed to liaise with electors in one of these communities may be asked to coordinate and provide special ballot voting support to electors on behalf of their RO/AARO officer.

Impartiality

The CRO must always provide information only, not offer opinions. they are **not** allowed to canvass for a political party or a candidate, or to try to influence electors. In addition they must:

- sign a solemn declaration before they begin work
- remain non-partisan throughout their duties
- agree to maintain the secrecy of the vote

Task

- Maintain contact between the RO office and Indigenous electors
- Assist in selecting and training coworkers
- Keep the OR updated on activities

Job Qualifications

- Building community relation
- Volunteering or working for an organization providing services to the group
- interacting with the target group in the Electoral Districts (ED)
- Providing outreach and community services

Assets

- Knowledge of the election process
- Knowledge of roles and responsibilities of election officer
- Bilingualism (English and French)
- Access to internet and Microsoft Office suite

Submit to:

Lands, Estate and Membership (LEM)
Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo, Pikwakanagan, Ontario, K0J 1X0

Full Job Description please contact Kassandra Tiegs – Manager of LEM

mgr.lem@pikwakanagan.ca

Subject Line: Community Relations Officer

WE ARE HIRING

View our job postings on www.nigignibi.com

Family Wellness Supervisor (12 Month Contract)

The Family Wellness Supervisor will be responsible for overseeing and ensuring the delivery and day-to-day management of the Family Wellness services for members of Pikwakanagan through Nigig Nibi Ki-win Gamik. The Family Wellness Supervisor will be assigned duties that allocate, distribute, and oversee the work of Family Wellness workers; membership on committees internal and external, as may be required or as deemed appropriate and necessitated by the Family Wellness Manager.

Family Wellness Worker

The Family Wellness Worker is responsible for assisting with the delivery of the Family Wellness Program; The Family Wellness Worker is responsible to assist with the on-going development of the Family Wellness Program in collaboration with the Family Wellness Department with a mind to ensuring holistic healing aligned with Pikwakanagan's cultural values. This is a full-time position with evening and weekend work often required.

Family Wellness Program Assistant

The Family Wellness Program Assistant Provides a complete range of professional administrative duties, program support and assistance with program implementation to a team of people.

Please submit your cover letter and resume to:

employment@nigignibi.com



NIGIG

NIBI KI-WIN

GAMIK SOCIETY



ALGONQUINS OF PIKWAKANAGAN FIRST NATION

MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Smith, Laura	Commanda/Lamure	04 Sept 24	04 Feb 25
Hamilton, Lauren	Tennisco	04 Sept 24	04 Feb 25
Galipeau, Molly	Amikons	04 Sept 24	04 Feb 25
Paradis, Karine	Amikons	04 Sept 24	04 Feb 25
Olson, Noah	Protected	06 Sept 24	06 Feb 25
Paradis, Cedric	Amikons	11 Sept 24	11 Feb 25
Finch, Michelle	Sharbot	11 Sept 24	11 Feb 25
Zaichkowsi, Connor	Commanda	12 Sept 24	12 Feb 25
Gagnon, Allycia	Meness	17 Sept 24	17 Feb 25
Faulkner, Florence	Sarrazin	17 Sept 24	17 Feb 25
Timmerman, Christian	Sharbot	20 Sept 24	20 Feb 25
Godin, Lindsay	Lavallee	20 Sept 24	20 Feb 25
Johnston, Melissa	Kikomse/Lamure	23 Sep 24	23 Feb 25
Burnett, Katherine	Sharbot	24 Sept 24	24 Feb 25
Sarrazin, Nathaniel	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Marcella	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, August	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Mia	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Sierra	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Gravelle, Charleen	Tenesco	21 Oct 24	21 Mar 25
Gravelle, Richard	Tennisco	23 Oct 24	23 Mar 25
Williamson, Jessica	Pisindawate	03 Nov 24	03 Apr 25
Swartzman, Cheyanne	Sharbot	06 Nov 24	06 Apr 25
Ebel, Deborah	Ignace	06 Nov 24	06 Apr 25
Reynolds, Bruce	Pisnidewatch	06 Nov 24	06 Apr 25
Langlois, Tamarah	Lamure	06 Nov 24	06 Apr 25
Pyper-Hall, Tara	Lavalley	14 Nov 24	14 Apr 25
Pyper, Paige	Lavalley	14 Nov 24	14 Apr 25
Smith, Scott	Lavalley	15 Nov 24	15 Nov 24
Smith, Edward	Lavalley	03 Dec 24	03 May 25

Smith, Aidan	Lavalley	03 Dec 24	03 May 25
Smith, Leah	Lavalley	03 Dec 24	03 May 25
Storie, Addison	Sarazin	03 Dec 24	03 May 25
Foster, Dorothy	Benoit	07 Jan 25	07 June 25
Vickers, Victoria	Francois/Pesanawatch	07 Jan 25	07 June 25
Vickers, Kevin	Francois/Penanawatch	07 Jan 25	07 June 25
Leclare, Chad	Bernard/Partidge	07 Jan 25	07 June 25
Lafond, Andrea	Tenesco	17 Jan 25	17 June 25

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca



Community Information



Regular Council Meetings

Every second and last Tuesday of the month
Beginning at 9 AM

Available to view online in the
members-only section of
www.algonquinsofpikwakanagan.com

Not Online?

Phone 613-625-2800 EXT 228
to request information on how to join.

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays
Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you

Natalie Commanda, Pharmacy

Technician

Joseph Conway, Pharmacist



ENA-MADINAMAGE MIDJM
The Sharing Place
Food Bank

HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 11	FEBRUARY 8	MARCH 21 (EASTER)
APRIL 11	MAY 9	JUNE 13
JULY 11	AUGUST 8	SEPTEMBER 12
OCTOBER 10 (THANKSGIVING)	NOVEMBER 14	DECEMBER 12 (XMAS: DEC 19)

For information or emergency and after hour
needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact
Sandy

613-717-2894

**Reminder - for
sanitary purposes
individual hosting
meals & catering will
require to supply
their own dish cloths
and towels**

Community Information

LIBRARY HOURS

Tuesday: 12:00pm - 6:00pm

Wednesday: 10:00am - 12:00pm
2:00pm-7:00 pm

Thursday: 12:00pm - 7:00 pm

Come take a look at the variety of First Nation books including non-fiction, fiction, and children's books.

Computers are available for public use to access Government Sites & other Social Media Sites.

Estelle Amikons
613-625-2800
Ext: 244

FOR YOUR INFORMATION

CANADIAN POLICE RECORD CHECKS ARE REQUIRED FOR ANYONE WHO IS APPLYING FOR:

- MEMBERSHIP (APPLICANTS WHO ARE 18 YEARS OR OLDER)
- RESIDENCY (APPLICANTS WHO ARE 18 YEARS OR OLDER)

APPLICATIONS, LAWS, AND CODES ARE AVAILABLE ON OUR WEBSITE.

[HTTPS://WWW.ALGQUINSOPIKWAKANAGAN.COM/LAWS-AND-BY-LAWS/](https://www.algquinsopikwakanagan.com/laws-and-by-laws/)

HARD COPIES CAN BE REQUESTED FROM THE LANDS, ESTATES, AND MEMBERSHIP DEPARTMENT.

613-625-2800 | MGR.LEM@PIKWAKANAGAN.CA |
LAND.OFFICER@PIKWAKANAGAN.CA |
ASSISTANT.LEM@PIKWAKANAGAN.CA

NOTICE:
KILLALOE OPP RECORD CHECK APPLICATIONS ARE NOW ONLINE.

Waste Disposal Site

Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

Curbside Pick Up

Garbage: Wednesday
Cardboard: Thursday
Containers: Friday



Community Information

How To Access 'Members Only' Section of Website

Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.

Steps:

1. Open a browser and enter: www.algonquinsofpikwakanagan.ca
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	thunderbird@gmail.com	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format