



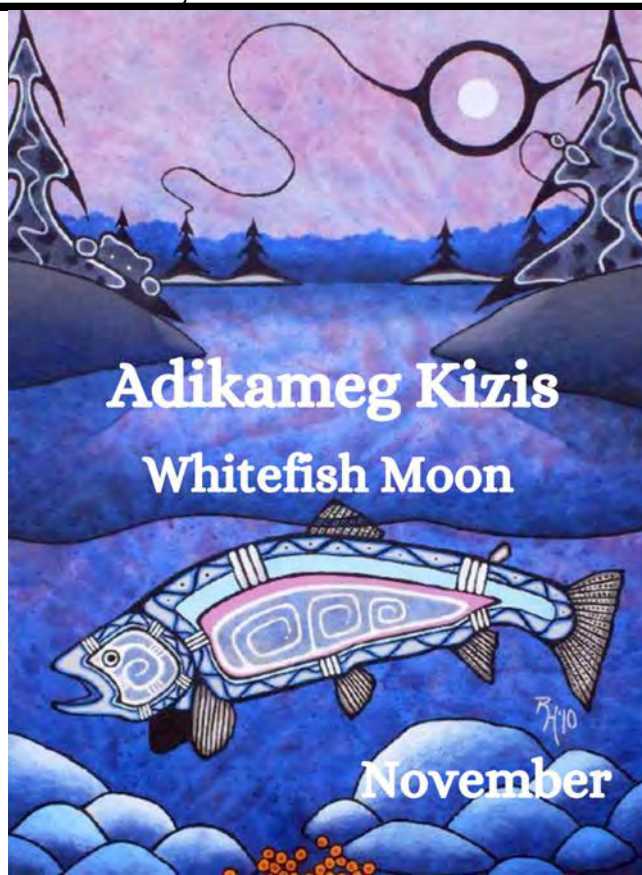
Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD ADIKMEG KÌZIS 22ND, 2024
FRIDAY, NOVEMBER 22ND, 2024

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

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Adikameg Kizis
Whitefish Moon

November

Free
Register Today

Business Branding Workshop

SUNDAY
NOVEMBER 24, 2024
8:30AM-4:30PM

Amanda
Talker
Media

Amanda is a local "Brand Strategist" coming to Pikwakanagan to deliver a one day condensed workshop on business branding

This workshop is for
Registered AOPFN
Members.

There are only 12 seats
available

To Register Contact

Angelina Commanda
business.coordinator@pikwakanagan.ca



LUNG HEALTH
AWARENESS
WORKSHOP:
LIQUID
SMUDGE
MAKING



HEALTH CENTER
ROUND ROOM



NOVEMBER 26TH, 2024



10:30AM-1:00PM

November is lung cancer awareness month. Come discover the importance of lung health, the impact of smoking, and ways to maintain healthy lungs. Education available about smoking cessation. There will be education and resources available during lunch hour (12:00-1:00) for those who would like to drop in on their lunch break.

Lunch, snacks and beverages will be provided.

Liquid Smudge Making: *Registration required*

Learn the traditional art of making liquid smudge. This interactive session will provide hands-on experience and cultural insights. Workshop facilitated by Chochi Knott / Anishinabek Nation and Lisa Beedie / Ontario Health.

To Register: Please contact our Chronic Disease Management nurse Taylor Reckzin at Health Services 613-625-2259 ext 209 to sign up

Maximum participants for workshop is 12 people



Ontario
Health





Algonquins of Pikwakanagan First Nation

Chief & Council Update

Chief Greg Sarazin and the Council would like to highlight the important work being done in our Consultation and Engagement Department.

The Department was established in 2022 to lead consultations with government and private sector regarding proposed projects and physical work activities taking place throughout our Traditional Territory. Government has a legal obligation to consult with and where appropriate accommodate our interests on these projects. In other words, they should get our OK to proceed.

The department is not based on government core funding and is entirely dependent on funding that is identified to cover the costs of engagement with proponents, government departments, Crown agencies, or companies undertaking the proposed project and/or activities. Its purpose is to ensure that AOPFN's rights are respected, recognized, and protected and that our First Nation receives some benefit from projects occurring in our territory.

The Chief and Council regularly meet with the consultation department to provide directions and to hear updates on projects. Some projects include a Long-Term Relationship Agreement with Canadian Nuclear Laboratories (CNL), Atomic Energy of Canada Ltd (AECL), major infrastructure projects such as bridges and highways, and various economic opportunities for our First Nation.

This work is hands-on and can take many different forms depending on the size and location of a project, the permits/ licensing required, and the length of time for “expected operations” amongst other variables.

Guiding the department is the protection of the environment and incorporation of Algonquin cultural values and practices.

1657A Mishòmis Inamo
Pikwakanagan, Ontario K0J 1X0

Tel: (613) 625-2800

Fax: (613) 625-2332



Algonquins of Pikwakanagan First Nation

November 2024

TO: Members of the Algonquins of Pikwakanagan First Nation

RE: Notice of By-Election of the Algonquins of Pikwakanagan First Nation

Notice is hereby given to the voters of the Algonquins of Pikwakanagan First Nation that a poll will be held to elect one (1) Councillor of the Algonquins of Pikwakanagan First Nation on **Saturday November 30, 2024**, and that such polling station will be open from 9:00 a.m. o'clock local time until 7:00 p.m. o'clock local time at the Makwa Centre, 83A Kagagimin Inamo, Pikwakanagan, ON K0J 1X0. There is one (1) Councillor position.

And that I will open the returned ballots at the Makwa Centre on Saturday November 30, 2024, beginning at 1:00 o'clock p.m. and that at the close of the polling station, I will count the votes and declare the results of the By-Election.

Voter's packages have been mailed out. If you are an eligible voter and haven't received one, please contact the Electoral Officer. To vote Electronically, you must contact the Electoral Officer for your PIN and website. E-voting is not permitted on By-Election Vote Day.

If you have additional questions, please contact Electoral Officer, Kassandra Tiegs at 613-625-2800 / mgrJem@pikwakanagan.ca

Sincerely,

Kassandra Tiegs,
Electoral Officer

Algonquins of Pikwakanagan By-Election November 30, 2024 - Running Candidates

Nominee Name	Nominated by:	Seconded by:	
Steve J. Benoit	Hilda Tanascon	Linda Tenniscoe	Running Candidate
Michael Joseph Sarazin	Nicole Bernard	Stephanie Stone	Running Candidate
Patrick John (PJ) Leroux	Laura Sarazin	Sarah Yankoo	Running Candidate

By-Election & Post Canada Strike

By-Election Vote Day: November 30th, 2024
Makwa Center -83 Kagagimin Inamo, Pikwakanagan, ON K0J 1X0
Opens at 9:00am and closes 7:00pm

As Canada Post is on strike, here are options to Vote:

Electronic Voting – open now and will end November 29th, 2024 11:59 pm

Eligible voting members can contact the Electoral Officer and Deputy with your full name and status # for PIN and voting website:

- Kassandra Tiegs, 613-625-2800 ext. 222 / mgr.lem@pikwakanagan
- Brittany Scott land.officer@pikwakanagan.ca / Curtis Jahn coorindator.lem@pikwakanagan.ca

In Person at polling station on Vote Day at Makwa Center

- Please bring Status Card

In Person at the Administration Office, 1657A Mishomis Inamo, Pikwakanagan ON K0J 1X0

- Deliver the return ballot to following and returned ballot will be placed in the ballot box:
 - Electoral Officer – Kassandra Tiegs (Manager -Lands, Estates & Membership)
 - Deputy – Brittany Scott (Land Officer - Lands, Estate & Membership)
 - Deputy - Curits Jahn (Program Coordinator – Lands, Estates & Membership)

(Ensure the return ballot has a completed declaration and ballot in the appropriate envelopes provided)

OR

- Fill out your ballot and declaration. Electoral officer and/or deputy officer will place it in the ballot box.

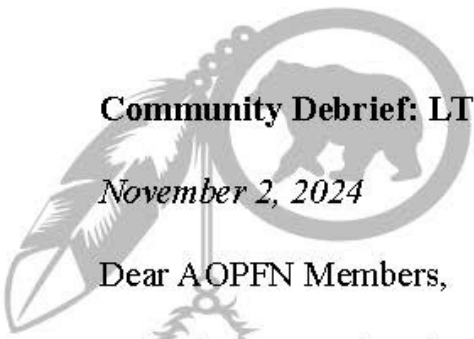
FAQ

1. What if I already put my returned ballot in the mail and I am worried it will not be delivered?

- If you have put your returned ballot in the mail where Canada Post may affect the delivery, eligible electors can cast a vote electronically, in person at Admin Office or in person on vote day. Electronic voting will trump all other voting methods and cannot vote in person.

2. What happens if my returned ballot is delivered before the closing of voting day?

- The Electoral Officer opens all returned ballots at 1:00 pm on vote day and will cross reference if the voter has already voted electronically or in person at the polling station. If the voter has not voted electronically and not in person at polling station, the ballot will be accepted if the declaration is completed properly. The same voter will not be permitted to vote electronically or at the polling station.
- If the voter has voted electronically or in person at the polling station prior to the opening of the returned ballots, the returned ballot will not be accepted.



Community Debrief: LT1 Projects Update

November 2, 2024

Dear AOPFN Members,

Below is a comprehensive update on the community meeting held Saturday, November 2nd, 2024. AOPFN announced exciting developments regarding our new LT1 Battery Energy Storage System (BESS) projects. These initiatives promise to bring significant economic and environmental benefits to our community over the next few decades.

What Are the LT1 Projects? - The LT1 projects consist of **five BESS initiatives** that AOPFN will partner in, following our successful bids through the Independent Electricity System Operator (IESO). They are set to provide a stable source of revenue for our community for the next **20 years**.

What is a BESS Project? - BESS projects are battery facilities that **store electricity from the grid during off-peak hours** (when demand and costs are low) and **sell it back during peak hours** (when demand and prices are high).

Why Are BESS Projects Important?

- **Energy Reliability:** They ensure stable power supply during peak demand and help reduce power outages.
- **Economic Benefits:** They lower energy costs for consumers and generate revenue for our community.
- **Environmental Stewardship:** They integrate renewable energy sources and reduce greenhouse gas emissions.

AOPFN's Success in the LT1 Bidding Process

We are proud to announce that AOPFN was awarded **five out of the ten available contracts** for BESS projects in the LT1 bidding process—a remarkable achievement! Only three First Nations in the province received contracts, and we secured the largest number of any bidder.

Details of the Five BESS Projects

1. **Skyview2 BESS (Potentia Renewables) – Capacity 412MW**
 - **Location:** South of Ottawa
 - **AOPFN's Share:** 10% equity ownership and royalty payments over the 22-year contract, plus a 10% share of the profits.
2. **Fitzroy BESS (Brookfield Renewable Power/Evolugen) – Capacity 250MW**
 - **Location:** South of Fitzroy Harbour
 - **AOPFN's Share:** 50% ownership with a guaranteed minimum payment over the 22-year contract.
3. **Trailroad BESS (Brookfield Renewable Power/Evolugen) – Capacity 150MW**

- **Location:** West of Highway 416, southeast of Ottawa
 - **AOPFN's Share:** 50% ownership with a guaranteed minimum payment over the 22-year contract.
4. **Almonte BESS (Compass Solar) – Capacity 9.9MW**
- **Location:** Near Almonte
 - **AOPFN's Share:** 51% ownership with a "service fee" ensuring financial benefit even if the project is not immediately profitable.
5. **North Glengarry BESS (Compass Solar) – Capacity 16.3MW**
- **Location:** East of Ottawa, south of Montebello, Quebec
 - **AOPFN's Share:** 51% ownership with "service fee" ensuring financial benefit even if the project is not immediately profitable.

Financing Structure for LT1 Projects:

- **Senior Loans:** Will cover 80% of the project costs.
- **Aboriginal Loan Guarantee Program (ALGP):** Provides loan guarantees from the Province of Ontario for loans taken by First Nations for energy projects, lowering interest rates and eliminating financial risk for AOPFN.
- **Partnership Loans:** Available from our project partners if needed, though we aim to secure the most favorable interest rates elsewhere.

Key Takeaways

- **Long-Term Prosperity:** The LT1 BESS projects represent a significant opportunity to generate long-term revenue, creating a legacy of prosperity for future generations.
- **Risk Mitigation:** Projects are structured to minimize risk and ensure positive returns through guarantees, partnerships, and careful financial planning.
- **Community Commitment:** AOPFN is dedicated to addressing concerns and ensuring projects are developed safely, responsibly, and sustainably.

Next Steps

- **Ongoing Engagement:** We continue to update and involve the community, gathering feedback as the projects progress.
- **Securing Financing:** Efforts to secure financing through the ALGP and other sources are underway.
- **Revenue Management Discussions:** The Chief and Council, along with the LP Board of Directors, are working on a plan for revenue management and distribution.

We're excited about the future positive impact these projects will have on our community. Your input and involvement are valued as we move forward. If you have any questions or require further information, please feel free to reach out to Korey Kauffeldt at cec@pikwakanagan.ca.

Adikameg-Kizis

November 2024

Manàdjitàganiwan Sunday	Metisowini-kijid Monday	Anjèni-kijigad Tuesday	Sòzep-kijigad Wednesday	Ishpiniganiwan Thursday	Chibayàtigo-kijigad Friday	Màni-kijigad Saturday
3	4 Fall Moose Camp Biskane - Indigenous Amazon - Bingo Hall 6:30 - 7:30	5 Fall Moose Camp	6 Fall Moose Camp	7 Fall Moose Camp	8 Fall Moose Camp Fall Moose Hide Camp Bingo Hall - 12:00	9 Fall Moose Hide Camp Bingo Hall - 10:00
10	11 Remembrance Day Office Closure	12 Legal Clinic Health Centre 4:30 - 6:00	13	14	15 Literacy Program Library 9:00 - 3:00 Science Day Makwa 8:30 - 3:00 Guardians BBQ Consultation 12:00	16 OP Annual General Meeting Elders Lodge 10:00 AM
17	18	19 50+ Active Living Fair Makwa 1:00 - 7:00	20	21 Oral Cancer Screening Health 8:30-12:00	22	23
24	25 Business Branding Workshop 8:30 - 4:30	26 Lung Awareness Workshop Health 10:30 - 1:00	27	28 Christmas Sign Making Makwa 5:00 - 7:00	29	30 Sweat Ceremony 1:00

NOVEMBER COMMUNITY HEALTH CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Algonquins of Pikwakanagan First Nation		 Low-Impact Chair Exercises Tennisco Manor 1:15pm-2:15pm with Chronic Disease Management Nurse Taylor			 1	 2
3	4	5 Low-Impact Chair Exercises Tennisco Manor 1:15pm-2:15pm with Chronic Disease Management Nurse Taylor	6	7 Low-Impact Chair Exercises Tennisco Manor 1:15pm-2:15pm with Chronic Disease Management Nurse Taylor	8 Health Center closed at Noon	9
10	11 Remembrance Day Health Center closed  	 12 Low-Impact Chair Exercises Tennisco Manor 1:15pm-2:15pm with Chronic Disease Management Nurse Taylor	13	14 WORLD DIABETES DAY! Join community health for a world diabetes day event happening Friday Dec 6th 12pm-3pm at The Elder's Lodge	 15	16
17	18	19 ACTIVE LIVING FAIR MAKWA CENTER 1PM-7PM Registration required Call 613-625-2259 ext 241	20	21 November is National Mouth/Oral Cancer Awareness Month ORAL CANCER SCREENINGS AVAILABLE AT HEALTH CENTER More info to come about appointments. 	STAFF DOING FALL PLANNING: OUT OF OFFICE 22	23
24	 25	26 Low-Impact Chair Exercises Tennisco Manor 1:15pm-2:15pm with Chronic Disease Management Nurse Taylor	27	28 Low-Impact Chair Exercises Tennisco Manor 1:15pm-2:15pm with Chronic Disease Management Nurse Taylor	29	30

FOR THE WEEKS OF NOVEMBER 25TH – DECEMBER 6TH, BEI WILL CONTINUE WORK AS FOLLOWS:

WATERMAIN:

CREW 1 – WILL CONTINUE AND COMPLETE INSTALLATION OF WATERMAIN ON KOKOMIS INAMO.

CREW 2 – WILL CONTINUE INSTALLATION AND COMPLETE INSTALLATION OF WATERMAIN ON KOKOMIS INAMO.

CREW 3 – FINISH SUBGRADE AT WTP; PLACE GRAN B ON PARKING LOT; DIG IN REMAINING ELECTRICAL TRENCHES AND LIGHT BASES; FINISH EXCAVATION FOR PROPANE LINE; BEGIN INSTALL OF CENTERLINE CULVERTS THROUGHOUT SITE

-ROCK BREAKERS WILL BE ON SITE BEGINNING TUESDAY, NOVEMBER 26TH TO BLAST LONG SIDE SERVICES.

-REMOVE TRENCH BOXES AND BACKFILL ON ININATIG INAMO IN DIRECTIONAL DRILL AREA.



Substance Use Recovery Meeting

Join us on Thursday's from
6:30 - 8:00 pm

Located at the Elder's Lodge

This meeting is open to individual's struggling with any substance use.



Nigig Nibi Ki-win Gamik Society

WEEKLY YOUTH DRUM GROUP

Girls welcome to sing
backup

5:30 pm to 7 pm
@Elder's Lodge

FOR MORE INFO
PLEASE CONTACT:
Familywellness@
nigignibi.com

OPEN TO
PIKWAKANAGAN
MEMBERS & THEIR
FAMILIES

Tuesday October 1st 2024
Tuesday October 8th 2024
Tuesday October 22nd 2024
Tuesday October 29th 2024
Tuesday November 5th 2024
Tuesday November 12th 2024
Tuesday November 19th 2024
Tuesday November 26th 2024
Tuesday December 3rd 2024
Tuesday December 10th 2024
Tuesday December 17th 2024



Sweat Ceremony

Date: November 30, 2024

Conductor: Leroy Bennett - Sagamok Anishnawbek

Time: 1:00 p.m. (fire will be lit at 10:00 a.m.)

Location: Back Parking Lot of Cultural Grounds

How it will run:

- The ceremony is intended for healing
- four sessions
- 28 grandfathers
- A feast will follow the ceremony and the location will be shared the day of.

What you will need:

- a towel for drying and a change of clothes for the sweat, this could be shorts, t-shirt, ribbon skirt (not required)
- arrive early for any additional questions or inquiries on the day of ceremony. Women are advised to speak with conductor on protocols around moontime.
- bring a chair for sitting.

For more information contact

613-625-2259

or

IES.hs@pikwakanagan.ca

DECEMBER 2, 2024

11:00AM-8:00PM

START A NEW CAREER!

AOPFN CAREER & ENTREPRENEURSHIP FAIR

START A BUSINESS!



MAKWA COMMUNITY CENTER

83A Kagagimin Inamo, Pikwakanagan, ON, K0J 1X0

Event is Open To Everyone

Vendor Registration

Registration Deadline:

November 8, 2024

Vendor Booth 16'x8':

\$140 Event Donation

Register with Angelina Commanda

business.coordinator@pikwakanagan.ca

Stay Tuned:

Opening and Evening

Keynote Speakers

to be announced

AOPFN will be on site for the entire event live streaming it for those who can not attending person. Watch for the Link to be Posted on AOPFN Social Media Outlets.



AOPFN Limited Partnership

DIABETES AWARENESS MONTH



IN RECOGNITION OF DIABETES AWARENESS MONTH, COMMUNITY HEALTH'S CHRONIC DISEASE MANAGEMENT NURSE IS DOING A DIABETIC WELLNESS BASKET GIVE AWAY! ENTER VIA HEALTH SERVICES FACEBOOK POST OR COME ENTER YOUR NAME AT THE FRONT DESK OF HEALTH SERVICES. DRAW WILL BE FRIDAY NOVEMBER 29TH.



Algonquins of Pikwakanagan First Nation



WORLD DIABETES DAY EVENT

Join the global campaign in raising awareness and supporting people who live with diabetes. Join for snacks, open education discussion about management of diabetes, a fun group low-impact exercise class and take home goody bag of resources!



Fri, December 6th, 2024



12pm-3pm



The Elder's Lodge

Register Now

Call Health Services at 613-625-2259 ext 209 to speak with Taylor our Chronic Disease Management Nurse to sign up!



JOHN HOWARD SOCIETY WILL BE HOSTING A VIRTUAL
TEAMS MEETING ON THE TOPIC OF RECORD SUSPENSIONS

DECEMBER 9TH, 2024

5:00-6:00PM

CONTACT EMMA - THE RESTORATIVE JUSTICE WORKER FOR
MORE INFO AND LINK TO JOIN

EMMA - RESTORATIVE JUSTICE COORDINATOR AND COURT SUPPORT WORKER:
1643 MISHOMIS INAMO, PIKWAKANAGAN, ON
(613) 625-2259 EXT 245
JUSTICE.MHS@PIKWAKANAGAN.CA

RENFREW COUNTY LEGAL CLINIC IS COMING HERE TO AOPFN!

THINGS TO KNOW:

- Renfrew County Legal Clinic will be attending the Health Services Building to offer free legal advice and support.
- No appointment needed.
- First come, first serve basis.
- They will be here every third Tuesday of the month unless notified otherwise.
- The hours will run from 4:30pm till 6:00pm.



RENFREW COUNTY
LEGAL CLINIC

THE RENFREW COUNTY LEGAL CLINIC WILL BE HERE:

October 15, 2024 4:30-6:00pm

November 12, 2024 4:30-6:00pm

December 17, 2024 4:30-6:00pm.

January 14, 2025 4:30-6:00pm

FOR MORE INFORMATION CALL
EMMA: THE RESTORATIVE
JUSTICE WORKER AT AOPFN

(613) 625-2259 Ext 245

1643 Mishomis Inamo,
Pikakanagan, ON

MINOPI MADIZ - I GAMIK (HEALTH SERVICES)

DECEMBER FOOD VOUCHER

Pick Up 9:00 - 4:00
FRIDAY December 13
Register by Friday, December 6, 2024
Text 613-639-1633

WINTER SOLSTICE

Market & Feast



**ART VENDORS, FEAST,
SANTA & GIFTS**

**ARTISAN MARKET 2PM
FEAST AT 5:30 PM
DECEMBER 19
MAKWA CENTRE**



CALLING ALL PIKWAKANAGANS ARTISTS & CRAFTERS!

**WE INVITE YOU TO SHOWCASE & SELL YOUR HANDMADE GOODS & ART.
NO COST! EACH VENDOR WILL HAVE TABLE & CHAIRS.**

**CONTACT 6136251958 / PROGRAMCOORDINATOR@THEALGONQUINWAY.CA TO
RESERVE A TABLE**

**GIFTS WILL BE PROVIDED FOR CHILDREN AGES 0-18 WHO RESIDE IN PIKWAKANAGAN.
MEMBERS WHO RESIDE OUTSIDE OF PIKWAKANAGAN ARE MORE THAN WELCOME TO
JOIN BUT PLEASE BRING A WRAPPED GIFT FOR YOUR CHILD(REN).**



**Algonquins of Pikwakanagan
First Nation**

Community Notice:

The Upper Ottawa Valley Ontario Provincial Police (OPP) have launched their 28th annual Christmas Angels Program.

Christmas is a time for giving, and the community is encouraged to support those in need by participating in the Christmas Angels program. Each "Angel" represents a local resident who could use some holiday cheer. Everyone is invited to visit any of the following locations to select an "Angel" and purchase a gift:

- Pembroke and Petawawa OPP Detachments
- Pembroke City Hall and Pembroke Library
- Petawawa Library and Petawawa Town Office
- Laurentian Valley Township Office
- Whitewater Region Township Office

You are being asked to place the unwrapped gift in a gift bag with the "Angel" tag attached to the outside. Gifts should be returned to the location where the "Angel" was selected by December 9th, 2024.

Last year, the community's generosity helped brighten the holiday season for a record 602 "Angels."

AOPFN COLLEGE & UNIVERSITY STUDENTS

**IF YOU ARE INTERESTED IN BEING CONTACTED
ABOUT BURSARIES, GRANTS, CO-OP & INTERSHIP
OPPORTUNITIES, EMPLOYMENT OPPORTUNITIES OR
WORKSHOPS AND EVENTS, PLEASE REGISTER WITH THE
AOPFN ECONOMIC DEVELOPMENT DEPARTMENT ASAP.**

Angelina Commanda
Business Development Coordinator
business.coordinator@pikwakanagan.ca
613-625-1551

AOPFN PARENTS

**IF YOU HAVE A CHILD IN
GRADE 7-12 THIS IS FOR YOU**

- The Economic Development Department wants to know who our AOPFN students are and how to connect with them for upcoming events/workshops and other opportunities.

- Please call or email us asap as we are entering into our planning stages for next year

Angelina Commanda
Business Development Coordinator
business.coordinator@pikwakanagan.ca
613-625-1551

REQUIRED INFORMATION

- PARENTS CONTACT INFORMATION (NAME, PHONE#, EMAIL)
- STUDENTS NAME
- SCHOOL OF ATTENDANCE
- STUDENTS D.O.B
- GRADE

2024 HARVEST RAFFLE



HARVESTERS HAVE THE OPPORTUNITY TO BE ENTERED IN A RAFFLE DRAW FOR A CABELA'S GIFT CARD!

Harvesters name and information will be entered in the draw upon completion and submission of their 2024 Harvest Report Form.

**1st Prize: \$300 Cabelas Gift Card
2nd Prize: \$100 Cabelas Gift Card
3rd Prize: \$50.00 Cabelas Gift Card
4th Prize: \$50.00 Cabelas Gift Card**



**FRIDAY, FEB 4
2025**

FOR ANY ADDITIONAL INFORMATION
PLEASE CONTACT LARISSA.
(INFORMATION BELOW)



613-625-2800 x 249



field.admin@pikwakanagan.ca



November Awareness!

Diabetes

Type 1 Diabetes

- Autoimmune disease
- People with type 1 diabetes aren't able to produce their own insulin
- Type 1 diabetes generally develops in childhood or adolescence but can also develop in adulthood
- People with type 1 need to inject insulin or use an insulin pump to ensure their bodies have the right amount of insulin.

Signs and Symptoms

The most common signs and symptoms of type 2 diabetes can include the following:

- unusual thirst
- frequent urination
- weight change (gain or loss)
- extreme fatigue or lack of energy
- blurred vision
- frequent or recurring infections
- cuts and bruises that are slow to heal
- tingling or numbness in the hands or feet
- trouble getting or maintaining an erection
- diabetes ketoacidosis (DKA)



Type 2 Diabetes

- People with type 2 diabetes can't properly use the insulin made by their bodies, or their bodies aren't able to produce enough insulin
- Type 2 diabetes is most commonly developed in adulthood, although it can also occur in childhood.
- Type 2 diabetes can sometimes be managed with healthy eating and regular exercise alone, but may also require medications or insulin therapy.

Can I assess my risk factors?

The Canadian Diabetes Risk Factor Assessment Tool

(CANRISK): you or your health care provider can use this to assess your risk of developing Pre-Diabetes or Type 2 Diabetes. You can find this tool online at: <https://healthycanadians.gc.ca/en/canrisk> or you can find paper copies of the assessment at The Health Center you can take home.

Alternatively, you can book an appointment to discuss risk factors with your health care provider or other qualified professionals.

Resources and Support

Online Resources:

Diabetes Canada:
www.diabetes.ca

Indigenous Diabetes Health Circle:
<https://idhc.life/>

Community Based:

Chronic Disease Management
Nurse, Taylor Reckzin Health
Services
613-625-2259

Registered Dietician and Diabetes
Educator, Jenna Walsh
Health Services
613-625-2259

Outreach Program:

Offer community clinics for
Pikwakanagan Residents. Based
out of Pembroke Regional
Hospital, Registered Dietician and
Diabetes Educator Nurse.
Speak with Chronic Disease
Management Nurse Taylor to learn
more about this service.



Diabetes Events

Through
www.diabetes.ca

Virtual Diabetes Education Program

January 25, 2024 - December 05, 2024 | Virtual Event

Are you newly diagnosed with Type 2 diabetes and looking for information to get you started, or need a refresher on diabetes management?

In The Kitchen With Diabetes Canada

November 06, 2024 - November 27, 2024
virtual event

Do you struggle with what to make for dinner? Not sure how to build a balanced plate? Lack time, knowledge or know-how in the kitchen? We've got an educational series for you.

Community Based

Community Health is putting on a **Diabetes Day Workshop** at the

Elders Lodge

Friday December 6th, 2024
12:00pm-3:00pm

Come join for a fun afternoon in getting together to learn and connect in honor of Diabetes Awareness Month! Please call Health Services 613-625-2259 ext 209 to sign up!

Through Indigenous
Diabetes Health Circle

Go to

<https://idhc.life/upcoming-events/> to check out upcoming virtual education workshops and virtual movement medicine exercise series



Movement Medicine

Exercise Series With Crystal Bomberry

Mindful movement allows us to check in with our bodies and get moving in a way that can help us lower stress, release stagnant energy, and strengthen our mind-body connection.

Some Benefits:

- Reduced stress and anxiety
- Improved body awareness and physical fitness
- Improved focus
- Revitalized energy

Dates:

• Mon., Nov. 4	• Fri. Nov. 8	• Fri., Nov. 22
• Wed., Nov. 6	• Mon., Nov. 18	• Mon., Nov. 25
		• Fri., Nov. 29

Time: 9:30 a.m. to 10:00 a.m. EST

Registration: <https://soadi.wufoo.com/forms/q19ggi8t0b1bam0/>

- Bring light to moderate dumbbells (or unopened soup cans or water bottles) for these sessions.
- These sessions are low-impact and incorporate various full-body movements from standing, kneeling, and lying positions, and include gentle strengthening by targeting muscle groups.





Algonquins of Pikwakanagan
First Nation

Domestic Violence Awareness Information and Assistance Session

November 2024

At AoPFN Health Services Building

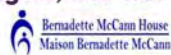
Please feel free to reach out to Katrina or Emma at AoPFN for information on the date and time if interested in attending as we wish to disclose this information for safety reasons.

Katrina - 613-401-0453

Emma - 613-625-2259 EXT 245



Bernadette McCann House, Women's Sexual Assault Centre and Victim Services will be hosting this information session and it will be available for teenagers, and women.



If you, or anyone you know is experiencing abuse or domestic violence, help is available.

Bernadette McCann House

• 1-800-267-4930

Women's Sexual Assault Centre of Renfrew County

• 1-800-633-3060

Victim Services

• 343-361-3269 or toll free at 1-877-568-5730

COMMUNITY COGNITIVE ASSESSMENTS

Concerned about your mind or memory?
Dementia is a growing public health issue and early identification is crucial.

The Health Center will be offering assessments using the Canadian Indigenous Cognitive Assessment (CICA) Tool, for those 50+.



Algonquins of
Pikwakanagan
Health Services

Have questions?

**Call the Health Center to
speak with one of our nurses.**
613-625-2259 ext. 241 or 209



PROTECT YOUR LUNGS

Lung cancer remains the most commonly diagnosed cancer in Canada,
and the most common cause of cancer deaths.

RISK FACTORS



Smoking tobacco, second-hand smoke, radon, asbestos, family history, radiation and air pollution.

SIGNS & SYMPTOMS



Pain in chest, shoulder, back or arms, frequent lung infections, a new cough that doesn't subside or worsens over time, fatigue, shortness of breath, hoarseness, loss of appetite or weight loss, whistling sound when breathing, swelling in the neck or face, blood clots, and dizziness or weakness.

SCREENING



If you are 55 to 74 years old and have smoked cigarettes every day for at least 20 years (not necessarily 20 years in a row) - you may be eligible for lung cancer screening.

IF YOU ARE CONCERNED ABOUT YOUR RISK, TALK TO YOUR DOCTOR.

Prevention of lung cancer is key. Often times lung cancer is not diagnosed until the cancer has spread.



Algonquins of
Pikwakanagan
Health Services

RADON GAS CAUSES LUNG CANCER



Lung cancer is the **most common cancer** in Canada and has a low survival rate. Long-term exposure to radon is the **#1 cause of lung cancer** for non-smokers.

Too many non-smokers do not think they are at risk of developing lung cancer.

3,000+
CANADIANS
a year die from
radon-induced
lung cancer.

30%
OF CASES
are
non-smokers.

19%
PROBABILITY
of surviving lung
cancer (5 years).

All homes have radon gas, the question is - how much?



You can reduce your risk of radon-induced lung cancer. **The first step is to test your home.**

www.takeactiononradon.ca

Find out more:
www.canada.ca/radon



Health
Canada

Santé
Canada

Canada



LOAN CUPBOARD

Short-term medical equipment
lending system.

For More Information:

-  (613) 625-2259 ext. 241
-  1643 Mishomis Inamo
-  hcc@pikwakanagan.ca



Access to equipment such as:

- Wheelchairs
- Walkers
- Canes
- Crutches
- Splints/braces
- Bedroom equipment
- Bathroom aides
- Monitors
- Specialized devices

Available to First Nation members who:

- Live in Pikwakanagan
- Are a status member, spouse or caregiver
- Require equipment on a short term basis

For More Information:

-  (613) 625-2259 ext. 241
-  1643 Mishomis Inamo
-  hcc@pikwakanagan.ca

Resource Numbers:

Addictions Resources

Addiction Counsellors:

Gillian McKay & Sabrina Laframboise
613-625-2259

Renfrew County Community Withdrawal
Management:
613-432-7620

After Hours: Drug, Alcohol, Gambling
Hotline:
1-866-531-2600

After Hours: National Overdose
Prevention Line:
1-888-688-6677

Medical Resources

VTAC
1-844-727-6404

Telahealth
1-866-797-0000

Poison Control
1-800-268-9017

Foodbank Resources

Sharing Place Golden Lake (11185 Hwy 60)
613-635-1904

Food Vouchers (Pikwakanagan Social Services)
613-639-1633

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number: **613-639-0805**

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

Any emergency, request for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

Pikwakanagan Drug Tip Line: 613-639-0805

Renfrew County Crimestoppers: 1-800-222-8477

Any Emergency: Call 911

OPP non-emergency line: 1-888-310-1122

FIRST NATION COMMUNITY NOTICE: ISN MASKWA



WHO IS ISN MASKWA?



Owned by Missanable Cree First Nation, ISN Maskwa is a leader in training and deploying in Indigenous communities for a variety of specialties. ISN Maskwa has been working extensively to build the initiative across the province of "Indigenous-led Community Support" in regards to evacuation and emergency response.

WHAT IS ISN MASKWA DOING WHILE ONSITE?

- 24/7 Operations
- Wellness Checks
- Community Support to keep all community members safe and happy
- Assist with special events/recreation
- Assist where they are needed and directed by the community

HOW CAN YOU GET A HOLD OF THE ISN MASKWA TEAM?

ISN Maskwa is onsite 24/7 and can be reached on our phone at:

343-544-6810





AOPFN EMPLOYMENT OPPORTUNITY

Technology Support Assistant

Department: General Government

Supervisor: Senior Executive Assistant

\$20.00/hour 35 hours a week, 6 month term with possibility of permanency

Deadline to Apply: Friday, November 29th at 4:30pm

The Information Technology Support Assistant will provide effective IT assistance across all aspects of the business and will provide backup and support to the IT Support Officer. The IT Support Assistant is responsible for supporting and maintaining the Microsoft Server and Desktop operating systems, plus general maintenance of all IT-related hardware/software. The position provides exposure to a broad range of IT-related projects and activities.

- Supports in the setup and configuration of IT-related items
- Aids in the installation and upgrade of software, repairs of hardware, and peripherals.
- Assist in administering user accounts.
- Troubleshoots, and diagnoses basic problems with computer equipment.
- Performs minor maintenance and repair on equipment.
- Transfers computer files between platforms as needed.
- Setting up new users and disabling expired accounts in accordance with HR requirements.
- Ensures all software purchased licensing is recorded and maintained.
- Attends relevant meetings, conferences, and seminars.
- Creating purchase requisitions for IT hardware/software.
- Assists in the design and production of basic reports.
- Follow, and implement IT policies and procedures ensuring compliance and incorporating available measures in the legislation.
- Will work with Finance, Human Resources, Managers and Supervisors.

For full Job Description please email hrrassistant@pikwakanagan.ca

Requirements:

- Post Secondary certificate or diploma related to Computer Technology or a related field. OR
- Secondary School Diploma with 2 years of current work experience in IT support or direct experience working with technology and computer operations.

Conditions of Employment:

- An acceptable Criminal Records Check
- Willing to attend Cultural Awareness Training

How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Algonquins of Pikwakanagan First Nation

Submit to:

1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

HR@pikwakanagan.ca

Subject Line: Technology Support Assistant

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Process:

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers

Employee Benefits:

Pension Plan

Paid Sick Days

4% Vacation

Holiday Shutdown

- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



Community Support Personnel Training Program

Training Opportunity

**We are seeking participants
For this training opportunity available**

Entry-Level Course for Community Support Personnel

The Algonquins of Pikwakanagan are seeking interest for those interested in attending training for Community Support Personnel (CSP).

CSP is planned to be a follow up program that was implemented in August of 2024 to respond to the State of Emergency.

This Training Opportunity will train participants in future Community Support Personnel roles.

What does a CSP do in their community?

Respond to Community Issues including:

- Patrols throughout the Community, engaging with community members and stakeholders.
- Wellness Checks
- Working with local Ambulance Services
- Working with local Police Services
- AOPFN Departments and working groups

How it works

- Training will be offered in community with preferences given to Pikwakanagan community members but training may be offered externally.
- No registration fees.
- Future training dates to be determined depending upon availability and interest
- Course will last 10 days.
- An Honourarium will be provided to all participants upon completion of the course.

This course will result in future possible employment opportunities with Algonquins of Pikwakanagan First Nation as Community Support Personnel, supervisors and/or with other organizations such as ISN Maskwa.

Application Process: Please submit Resume and Cover Letter

To AOPFN's Employment Development Officer

by email: employment.officer@pikwakanagan.ca or hr@pikwakanagan.ca

**by phone: 613 625 2800 Ext. 248 or by dropping off application at the
Administration Office**

1657A Mishomis Inamo, Pikwakanagan, Ontario.

Deadline to express interest: Friday December 6th, 2024 at 4:30 pm

Qualifications:

What you need to become a Community Support Person:

- Minimum 19 years of age.
- A valid Ontario Driver's License.

This course will help you meet the requirements of upcoming employment opportunities.

Rated Requirements:

- Drivers abstract (clean)
- Able to work difficult people and situations
- Sensitive to aboriginal culture differences and values



Call to Tender

Cleaning Services

First Nations Housing Professionals Association (FNHPA) is looking for cleaning and disinfecting services for our office.

Location: 473 Kokomis Inamo, Unit #1, Pikwakanagan, ON K0J 1X0

Schedule and Duration of Contract

Must be able to provide cleaning and disinfecting services to the whole unit including common area, individual offices, kitchenette and bathroom. Cleaning services are to be conducted after 4:30 p.m. and before 8:00 a.m. Monday to Friday.

The duration of the contract is from December 9th, 2024, to December 9, 2025.

For scope of work or to arrange a visit please contact Candace Bennett, CEO at candace@fnhpa.ca or 613-299-3810.

Supplies and Equipment

All equipment and supplies will be provided by First Nations Housing Professionals Association. However, it will be the successful contractor's responsibility to keep FNHPA informed when supplies are getting low (minimum of 7 days in advance).

Additional Requirements

The successful bidder must provide the following:

- Proof of personal liability and property damage insurance, applicable to all cleaning staff at your own expense.
- Proof of WHMIS certification for ALL cleaning staff at your own expense.

Tender Closing Date and Time

Friday November 29, 2024, at 12:00PM EST

Tender Submission

Submission to be sent by email to Candace Bennett at candace@fnhpa.ca with subject line as "FNHPA- Tender Submission for Cleaning Services 2024-2025" by 12:00PM EST on Friday November 29, 2024.



Call to Tender Cleaning Services First Nations Housing Professionals Association

473 Kokomis Inamo, Unit 1, Pikwakanagan ON, K0J 1X0

2024-2025 Cleaning Services Tender for The First Nations Housing Professionals Association. I
_____ acknowledge and fully understand the scope of the work, the
schedule, and the duration of the contract. I am submitting my tender for cleaning services in the amount of
\$_____ per month after 4:30PM and before 8:00 a.m. Monday to Friday.

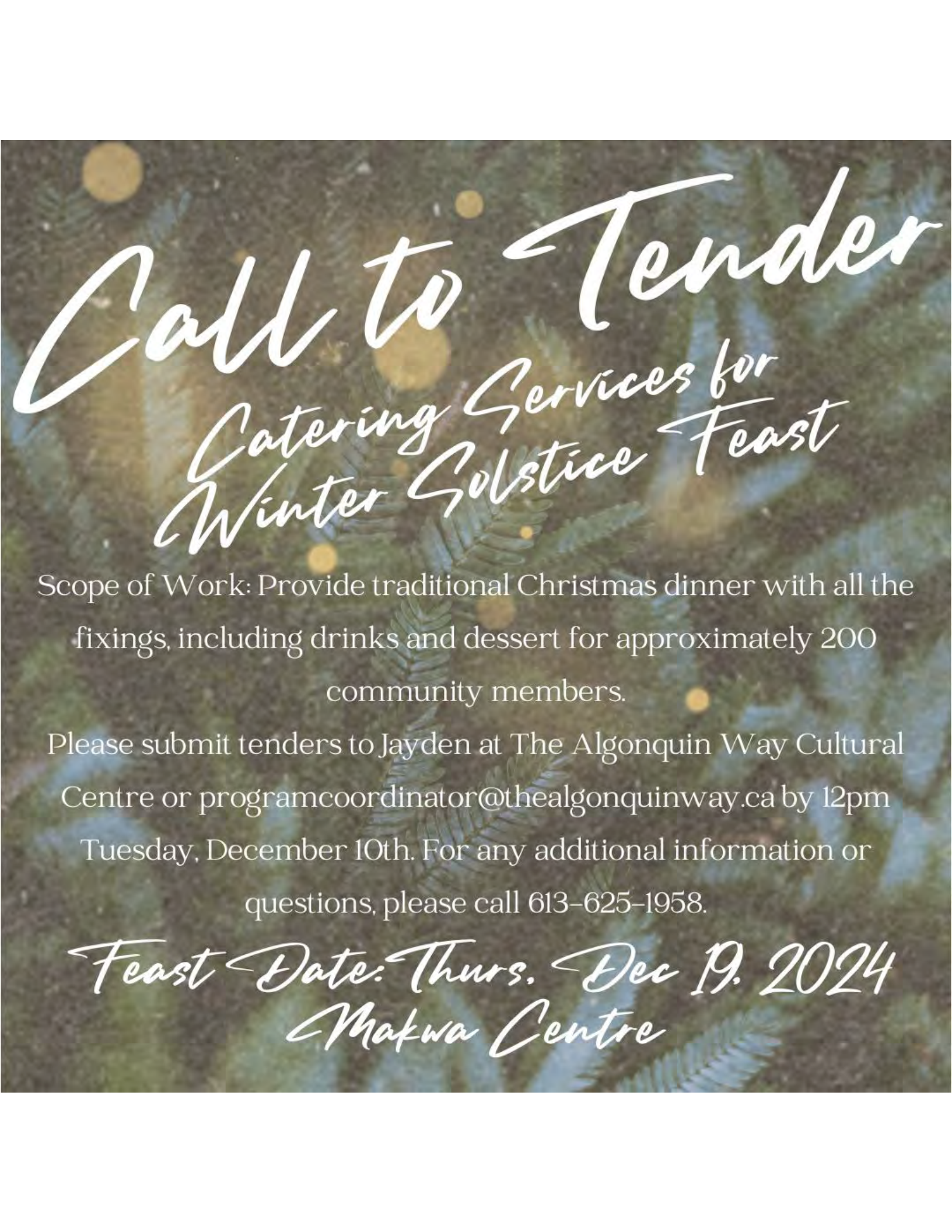
Contact phone number: _____

Date: _____

Print Name: _____

Signature: _____

***** First Nations Housing Professionals Associations is not obligated to accept the lowest or any tender
submitted. *****



Call to Tender

Catering Services for Winter Solstice Feast

Scope of Work: Provide traditional Christmas dinner with all the fixings, including drinks and dessert for approximately 200 community members.

Please submit tenders to Jayden at The Algonquin Way Cultural Centre or programcoordinator@thealgonquinway.ca by 12pm Tuesday, December 10th. For any additional information or questions, please call 613-625-1958.

Feast Date: Thurs. Dec 19, 2024
Makwa Centre

Nigig Nibi Ki-win Gamik Society

WE ARE HIRING

View our job postings on www.nigignibi.com

Prevention Program Assistant

This position involves providing professional administrative support, assisting with program implementation, developing and promoting culturally relevant programming, facilitating group activities for all age groups, assisting in workplan development, keeping the community informed of events, and supporting the Program Coordinator with daily management tasks.

Family Wellness Program Assistant

The Family Wellness Program Assistant provides administrative and program support, including assisting with program delivery, organizing activities, booking resources, creating promotional materials, and gathering feedback.

They assess community needs, promote wellness programs, handle correspondence, greet the public, manage documents, and perform additional tasks as assigned by the Family Wellness Supervisor and Manager.



Send your resume to
employment@nigignibi.com

NIGIG

NIBI KI-WIN

GAMIK SOCIETY



ALGONQUINS OF PIKWAKANAGAN FIRST NATION

MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Faulkner, Rose-Marie	Sarrazin	12 July 24	12 Dec 24
Faulkner, Michael	Sarrazin	12 July 24	12 Dec 24
Faulkner, Jaiden	Sarrazin	12 July 24	12 Dec 24
Faulkner, Allton	Sarrazin	12 July 24	12 Dec 24
Faulkner, Theodore	Sarrazin	12 July 24	12 Dec 24
Faulkner, Jeremy	Sarrazin	15 July 24	15 Dec 24
Faulkner, Elliot	Sarrazin	15 July 24	15 Dec 24
Faulkner, Eloise	Sarrazin	15 July 24	15 Dec 24
Faulkner, Olive	Sarrazin	15 July 24	15 Dec 24
Faulkner, Felicity	Sarrazin	15 July 24	15 Dec 24
Heisler, Jessie	Jocko	15 July 24	15 Dec 24
Broadbent, Kayla	Lavalley	17 July 24	17 Dec 24
Peter, Spina	Tenniscoe	17 July 24	17 Dec 24
Eggert, Curtis	Tenniscoe	25 July 24	25 Dec 24
Savard, Estelle	Amikons	30 July 24	30 Dec 24
Sanden, Melissa	Sarrazin	07 Aug 24	07 Jan 25
Sanden, Joshua	Sarrazin	07 Aug 24	07 Jan 25
Sanden, Enoch	Sarrazin	07 Aug 24	07 Jan 25
Mosier, Emma	Benoit/Baptiste	07 Aug 24	07 Jan 25
Faulkner, Stephen	Sarrazin	07 Aug 24	07 Jan 25
Burnett, Elizabeth	Sharbot	13 Aug 24	13 Jan 25
Burnett, Adilene	Sharbot	13 Aug 24	13 Jan 25
Burnett, Rachel	Sharbot	13 Aug 24	13 Jan 25
Ferguson, Cooper	Lamabe	13 Aug 24	13 Jan 25
Lamure, Elliot	Lamure	14 Aug 24	14 Jan 25
Faulkner, Andrew	Sarrazin	19 Aug 24	19 Jan 25
Paradis, Anabelle	Amikons	19 Aug 24	19 Jan 25
Paradis, Rosalie	Amikons	19 Aug 24	19 Jan 25
Pascoe, Dylan	Sharbot	19 Aug 24	19 Jan 25
Swartzman, Cole	Sharbot	19 Aug 24	19 Jan 25

Purdie, Lillie	Commanda	19 Aug 24	19 Jan 25
Purdie, William A.	Commanda	19 Aug 24	19 Jan 25
Smith, Laura	Commanda/Lamure	04 Sept 24	04 Feb 25
Hamilton, Lauren	Tennisco	04 Sept 24	04 Feb 25
Galipeau, Molly	Amikons	04 Sept 24	04 Feb 25
Paradis, Karine	Amikons	04 Sept 24	04 Feb 25
Olson, Noah	Protected	06 Sept 24	06 Feb 25
Paradis, Cedric	Amikons	11 Sept 24	11 Feb 25
Finch, Michelle	Sharbot	11 Sept 24	11 Feb 25
Zaichkowsi, Connor	Commanda	12 Sept 24	12 Feb 25
Gagnon, Allycia	Meness	17 Sept 24	17 Feb 25
Faulkner, Florence	Sarrazin	17 Sept 24	17 Feb 25
Timmerman, Christian	Sharbot	20 Sept 24	20 Feb 25
Godin, Lindsay	Lavallee	20 Sept 24	20 Feb 25
Johnston, Melissa	Kikomse/Lamure	23 Sep 24	23 Feb 25
Burnett, Katherine	Sharbot	24 Sept 24	24 Feb 25
Sarrazin, Nathaniel	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Marcella	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, August	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Mia	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Sarrazin, Sierra	Pisindawate/Lamure	18 Oct 24	18 Mar 25
Gravelle, Richard	Tennisco	23 Oct 24	23 Mar 25
Williamson, Jessica	Pisindawate	03 Nov 24	03 Apr 25
Swartzman, Cheyanne	Sharbot	06 Nov 24	06 Apr 25
Ebel, Deborah	Ignace	06 Nov 24	06 Apr 25
Reynolds, Bruce	Pisnidewatch	06 Nov 24	06 Apr 25
Langlois, Tamarah	Lamure	06 Nov 24	06 Apr 25
Pyper-Hall, Tara	Lavalley	14 Nov 24	14 Apr 25
Pyper, Paige	Lavalley	14 Nov 24	14 Apr 25
Smith, Scott	Lavalley	15 Nov 24	15 Nov 24

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca

Community Information

Regular council meetings on zoom

Every second and last Tuesday of the month beginning at 9AM



Not Online?

Call Alanna Hein at 613-625-2800 EXT 229 and leave a message to request information and instructions on how to join zoom by phone

Available in the **members-only** section of www.algonquinsopikwakanagan.ca:

Zoom details
minutes
Presentations/Attachments



HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 11	FEBRUARY 8	MARCH 21 (EASTER)
APRIL 11	MAY 9	JUNE 13
JULY 11	AUGUST 8	SEPTEMBER 12
OCTOBER 10 (THANKSGIVING)	NOVEMBER 14	DECEMBER 12 (XMAS: DEC 19)

For information or emergency and after hour needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays
Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you
Natalie Commanda, Pharmacy Technician
Joseph Conway, Pharmacist

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact
Sandy

613-717-2894

**Reminder - for
sanitary purposes
individual hosting
meals & catering will
require to supply
their own dish cloths
and towels**

Community Information



Library Hours

Tuesday	12:00pm - 6:00 pm
Wednesday	10:00am - 12:00pm 2:00pm - 7:00 pm
Thursday	12:00pm - 7:00pm

Come take a look at the variety of First Nation books including fiction, non-fiction and children books.

Computers are available for public use to access Government Sites & other social media sites.

Estelle Amikons
Librarian
613-625-2800 EXT: 244

For Your Information

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (applicants who are 18 years or older)
- Residency (applicants who are 18 years or older)

Applications, laws, and codes are available on our website.

<https://www.algonquinsofpikwakanagan.com/laws-and-by-laws/>

Hard copies can be requested from the Lands Estates, and Membership Department.

1-613-625-2800 -
mgr.lem@pikwakanagan.ca
assistant.lem@pikwakanagan.ca

NOTICE:

Killaloe OPP record check applications are now online.

Waste Disposal Site

Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

Curbside Pick Up

Garbage: Wednesday
Cardboard: Thursday
Containers: Friday



Community Information

How To Access 'Members Only' Section of Website

Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.

Steps:

1. Open a browser and enter: www.algonquinsofpikwakanagan.ca
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	thunderbird@gmail.com	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format

Administration Information

Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0

Office: 613-625-2800 | Fax 613-625-2332

Hours of operation: Monday - Friday 8:30AM - 4:30PM
12:00PM - 1:00PM Closed for lunch

****Holiday Closures****

New year's day, Family Day, Good Friday, Easter Monday, Victoria Day, INDIGENOUS peoples day, Canada Day, Civic Holiday, Labor Day, National Day For Truth and Reconciliation, Thanksgiving, REMEMBRANCE Day & Christmas Day

2 week - Christmas Closure Dates will be ANNOUNCED



Pikwakanagan



CHÌBAYATIGO-KÌJIGAD ADIKMEG KÌZIS 22ND, 2024

FRIDAY, NOVEMBER 22ND, 2024