

Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD, NIKA-KÌZIS 8, 2024 FRIDAY, MARCH 8, 2024

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

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Facilitated by Economic Development & Omamiwinini Pimadjwowin

Clan Teachings with Shannon Chief

Saturday, March 2nd, 2024
Bingo Hall
469 unit #1 Kokomis Inamo
Saturday, March 9th, 2024
Bingo Hall
469 unit #1 Kokomis Inamo
5 - 9 PM

We are inviting you to join us to learn and share cultural teachings, learn to bead, or bring your beadwork, art, drumming, dancing, practice language and more!

Meal and beverages are provided.

Everyone is welcome.

We ask anyone that is under the age of 13 to be accompanied by a parent guardian.



Daylight Savings begins on Sunday March 10th at 2 a.m.

COMMUNITY UPDATE XI

Pikwakanagan Opioid Crisis March 8, 2024



STATE OF EMERGENCY

This community-driven effort continues to grow and provide, education, programs, services, events, and activities for the community members through the Community Taskforce with the support of the Emergency Response Control Group (ERCG), AOPFN Staff, and Partnered Agencies to support the specific goals brought forward by the community for the community.

Algonquins of Pikwakanagan First Nation Chief and Council with the support and direction of the community members declared a State of Emergency recognizing the serious health, social, and safety issues that are ongoing in the community due to the opioid crisis.

COMMUNITY TASKFORCE

Community Volunteers have created two groups to develop Honour and Remembering loved ones from the community and Awareness Signage, around education, information and other key items, the signs are currently in final stages of development and will be placed around the community in the upcoming weeks.

This week's meeting focused all of discussion around Community Safety and the possible community supports that could be put in place for an increased safety measure like neighbours watching out for neighbours, the taskforce will be developing the program and will launch in upcoming weeks, additional information will follow for community members.

The next Community Taskforce meeting is scheduled for Thursday, March 21st, 2024 and will continue the discussions on the four pillars that match the community members vision, requests, and next steps on plan development of community-lead initiatives and ideas to further support the community during this time.

EMERGENCY RESPONSE CONTROL GROUP (ERCG):

The ERCG continues to meet weekly to further develop and share, research, connections with partnerships with provincial and federal government agencies and surrounding communities on the goals that have been established by the community to gain access and provide supports and services to community members.

The ERCG continues to strive towards the longterm plan for the Opioid Crisis, while implementing items brought forward through the Community Taskforce.

To date the additional or new programs and services around the goals brought forward around prevention, community safety have been in progress:

Prevention Strategies:

- · Lunch & Learns
- Community Withdrawal Management Collboration
- Drug Supply Safety, Harm Reduction Information and Training
- · Good Samaritan Act
- AOPFN Mental Health & Addiction Team collaborating with OPP in Schools for Education Sessions - starting in 2 weeks.
- Indigenous Girls Group
- Family Support, 1:1 Counselling for Family Members
- 12 Step program

Community Safety:

- · Increased police presence
- Promoting awareness of Crimestoppers and OPP non-emergency line for tips, reports and suspicious activity

COMMUNITY OUTCOMES

- No Opioid related deaths in the community since SOE declared.
- No reported overdoses in community since SOE declared

MARCH 2024

NOS	MOM	TUE	WED	THU	FRI	SAT
						2 Sweat Ceremony 1:00 Social Night 5 - 9
Ŋ	4 Yoga 5 - 6	S Grief Support 7pm	6 Wills & Estates with LEM 9-4 12 Step Program 7-8	7 Wills & Estates with LEM 9-4	8 Language Bingo	9 Social Night 5 – 9
0	11 Yoga 5 – 6 Housing Policy Presentation	12 Grief Support 7pm	13 12 Step Program 7-8	14	15 Deadline for Jobs	16
17 St.Patricks Day Seniors Dance	18 Yoga 5 - 6	19 Spring Equinox Fea <mark>st</mark>	20 12 Step Program 7-8	21	22	23
24	25 Yoga 5 - 6	26	27 12 Step Program 7-8	28	29 Good Friday Office Closed	30

News & Events:

YOGA SERIES

with Amber

Beginner level classes
Build mind-body-spirit

Cancelled March 11th 2024 will resume the following monday!

Mats and props provided

Jan 15 - April 01

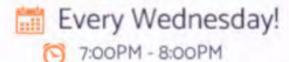
MONDAYS 5 - 6 PM

HEALTH CENTRE





12 Steps Program ALL WELCOME!



Pikwakanagan Health Centre

Mental Health First Aid Training (First Nation)

Health Services is interested in offering Mental Health First Aid Training and we have a couple of options available

Please Note that this is a THREE DAY training, and participants

MUST be committed to this time to receive a certificate of

completion

Are you an employee of AoPFN?

What times are you available or work best for your schedule?

During the week? Weekends? Thursday - Saturday? Other?

We have a Google Form as well that can be filled out

https://forms.gle/zpnYvfARCGcpNoADA or Contact Alexis Roesler - 613-625-2259 For more information

FISH HARVEST

December 22, 23 - May 31, 24

This event will only take place when the ice is safe and on many lakes throughout our territory. Community members are requested to bring fish home for our Elders and Community. Once we feel we have enough to share we can come together and clean, debone, wrap and distributed to our Elders and community members.

Contact Dale at 613-401-3180

Everyone welcome to participate!



FIRST NATIONS MARKET HOUSING FUND PRESENTS...

HOUSING POLICY ZOOM PRESENTATION

WITH SCOTT FLAMAND OF FLAMAND MANAGEMENT SERVICES

Monday, March 11th, 2024 6 PM ZOOM

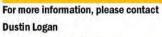
Meeting ID: 812 4971 1125

Password: AOPFN









Manager, Public Works:

E: mgr.publicworks@pikwakanagan.ca T: (613) 625-2800 ext. 246



Free Income Tax Clinic

The program helps eligible people with a simple tax situation and a low/modest income.

(individual \$35,000 couples \$45,000; add \$2500 per child).

Trained volunteers will prepare and e-file your returns.

March & April 2024

To book an appointment please call:

Killaloe: Jeanette @ 613-757-3108

Barry's Bay: Christine @ 613-602-3591

Madawaska / Whitney: Sylvia @ 613-412-9962

This is a collaboration between Canada Revenue Agency and community organizations.





Friday, March 15th , 2024 Makwa Centre 9 - 11 AM



Seniors' Dance





Last Sunday of the Month

Sunday February 25

March 17

April 28

May 26

June 30

July 28

1:30pm Admission by Donation

Killaloe Lions Hall, 18 lake St.

Cash Bar -Live DJ George -All Ages Welcome

The Community Task Force on Opioids wish to remember those community members who have passed on due to the effects of illicit drug use. If you wish to have your family member acknowledged, please call or text Belen at 613-717-1274 or Jan at 613-585-3213 and we can discuss ways that this can be achieved.

ART CONTEST

WHAT DOES ANISHINABEK CULTURE
AND EARLY LEARNING LOOK
LIKE TO YOU?



ANISHINABEK NATION YOUTH GRADES K-12

CREATE ARTWORK TO BE FOUR FOLDERS WILL BE
DISPLAYED ONTO OUR CREATED WITH ARTWORK BY
CONFERENCE FOLDERS YOUTH FROM EACH REGION

TOP TWO ARTISTS FROM EACH REGION WILL RECEIVE ART SUPPLIES, A \$200 VISA GIFT CARD & HAVE THEIR ART SHOWCASED AT ANISHINABEK NATION LABOUR MARKET DEVELOPMENT EVENTS

CONTEST CLOSES AT 4:30PM

FRIDAY 29",

Please submit arrwork along with your name, age and community name to: rylee.restoule@anishinabek.ca

Or by mail to: Rylee Restoule Labour Marker Development Department 1 Migizii Millan Rd, North Bay, ON



Chief and Council Algonquins of Pikwakanagan First Nation will be hosting

Spring Equinox Feast

Tuesday, March 19, 2024 3:00 p.m. - 7:00 p.m.

at the Makwa Community Centre

Barry Sarazin will be offering Traditional Teachings on the Spring Equinox 3:00 - 4:30 p.m.

> Feast 5:00 - 7:00 p.m.



March Word Search

Cold water-Takigam

Trees shedding snow-Pawiwag

Snowshoes-Agimag

Breathe-Nese

Sap-Onzibàn

Birth- Nìgi

Goose-Nika

Winter-Pibòn

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Restoring Inner Balance: Yoga for Regulating Your Nervous System

Registered Psychotherapist Marli Nicol & Yoga Therapist Katrina Kahn



WORKSHOP

WHEN

SUNDAY April 7th @ llam - 2pm WHERE

Health Center

REGISTER W CAROLYN
BY APRIL OI
613 625 2259
MINIMUM OF
7 REQUIRED

workshop will include half hour lecture, practice and a tea break

July 1 Ottawa PINESI PADDLE SUMMER TO HUNTING GROUNDS KICHISIBIANCIENTTRAILS.CA Oka Tune 25 DESCENDANTS OF CHIEF PINES! ALGONQUINS INDIGENOUS PEOPLE

ATTENTION!

Community Withdrawal Management Services

- Offers safe & supportive client centered withdrawal management services.
- Provides AT HOME and in office supports to clients by monitoring withdrawal signs and symptoms.
- Support is offered to family members during the withdrawal process.

Call 613-432-7620





Protect Your Home From Wildfire

Wildland fires are a natural part of most wildland ecosystems in Canada. An increasing number of homes are built in or on the boundary of these wildland areas – this is known as the wildland/urban interface. Homeowners building and living in the wildland/urban interface, must take special precautions to protect their lives and property.

The Home Ignition Zone

The FireSmart Home Ignition Zone identifies 3 priority areas that must be managed to reduce the wildfire threat to your home. While the Immediate Zone is the most critical, builders and landscapers should focus on reducing the risks in each of the 3 zones.



In addition to the actual building design and construction material used to construct your home, the type of plant material and the design of the landscape immediately adjacent to your home is a critical factor in determining the likelihood of your home surviving a wildfire. It is important to select fire resistant plant material and design your landscape to reduce the risk, while maintaining a functional and watersmart landscape appropriate to your growing area. This document is a guide to get you started. FireSmart Canada recommends that you seek site-specific advice from a landscaping professional with FireSmart expertise.



ATTENTION HOME-OWNERS OF PIKWAKANAGAN!



This is your chance to contact **Ryan Carle – Project Coordinator** regarding the Water Treatment Plant and connecting to the Water Distribution System. **To be connected free of charge during the construction phase we require you to fill out a** *Water Service Agreement* **(WSA).**

<u>PLEASE NOTE:</u> If you have already completed a WSA, a site visit is still required to update your agreement due to changes in the connection process from the watermain to your residence. A connection will no longer be made at your current private well location. The water service connection will now be brought directly to your current water supply entry point of your home (EX. Where your well line enters your home). Private wells are still scheduled for decommissioning at the time of connection.

If you wish to remain off the Water Distribution System, we still require a completed Water Service Agreement from you stating this.

Whether you wish to be connected or not <u>your input is</u>
<u>important</u> to the project.

Don't forget!

The WSA comes to you and can take as little as TEN MINUTES to complete.

For more Information or to schedule a visit PLEASE CONTACT:

Ryan Carle:

Project Co-ordinator (ASCO) & Water Treatment Plant Operator (AOPFN)

Cell: 613-635-3706 E-mail: rcarle@ascoconstruction.com

FEATURE FILM CASTING CALL June to September 2024 Ottawa Valley

Not a Love Story by Brian Lutes

Principle roles:

Chenoa - Mixed Native American female, in her 20's.

Very pretty and fit. She's outgoing and confident on the outside. Sarcastic sense of humor and fearless. She will stand up to anyone, yet incredibly private and full of self-loathing. She's a survivor. (REF: Marissa Tomei in My Cousin Vinnie & The Wrestler.)



Freddy - Male, Native America, mid 20's.

Freddy is a very large burly man resembling an out-of-shape football tackle. He's Chenoa's adoptive brother and has a disturbing obsession for her that often becomes violent. Freddy is also a heavy drinker. (*REF: Meatloaf in his 1978 "Bat out of Hell" music tour*)

Colin - Native American Male, 20-26.

Very handsome military man and capable of handling himself. He believed he had a budding relationship with Alec and feels scorned, However, he's not petty nor an emotional game player; he's just a straight shooter and believes in putting his cards on the table.

Tate – Chenoa's son. 8 to 10 years old. Tate loves his mother and is an outgoing kid, but he's also had Freddy's influence on him and has witnessed violence and aggression. So, he's got a bit of a rebellious wild side to him, and he's emotionally immature in a lot of ways.

Medicine Man: Elder Native American to perform a funeral ritual.

* We'll be needing folks to play supporting characters & lots of EXTRAS *

Crew call: We're looking for passionate people to join our crew. All levels of experience welcomed!

- We provide industry pro gear - Full training - Local transportation if needed - Meals

Not a Love Story - Synopsis

Alec and Chenoa were best friends the day a savage attack destroyed their innocence and tore them apart. They were only twelve years old. Ten years later they are reunited. Both with battle scars and secrets they are too ashamed to reveal, even to each other.

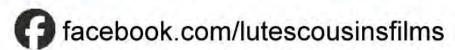
Will two families at war keep these wounded souls from rediscovering what they once found in each other?

Set in the late 1970's, before the internet exposed everyone's private lives for all the world to judge, it was still possible to hide one's transgressions. But secret sins still had a way of revealing themselves and opening old wounds.

For more information, please send us your contact info, a headshot, resume and demo reel if you have one.

Non-Union/Volunteer

INFO@LUTESCOUSINSFILMS.COM



Health Information:

NNADAP Resources

ATS- Addiction Treatment Service 613-432-9855

Pathways Alcohol & Drug
Treatment Services
613-432-8573

Renfrew County Community
Withdrawal Management
(Renfrew)
613-432-7620

Renfrew County Crisis Line 1-866-996-0991

First Nations and Inuit Hope for Wellness Line
1-855-242-3310

Pikwakanagan Mental Health Services 613-625-2259 Crisis Lines
Emergencies - 9-1-1

Mental Health Crisis Line 1-866-996-0991

Drug, Alcohol, Gambling Hotline 1-866-531-2600

National Overdose Prevention Line 1-888-688-6677

> Kids Help Line 1-800-668-6868

First Nation & Inuit Hope for Wellness Help Line 1-855-242-3310

Canadian Human Trafficking Hotline 1-833-900-1010

> Local Emergencies - 9-1-1

> > VTAC 1-844-727-6404

> > Telahealth 1-866-797-0000

> > Poison Control 1-800-268-9017

Eganville Foodbank (165 John St) 613-401-5785

Pembroke Foodbank (295 1st Ave) 1-855-242-3310

Notice From Family Health Team

The Algonquins of Pikwakanagan Family Health Team is working at maximum capacity. We are dealing with high call volumes and client concerns. We are diligently working at accommodating our current clients needs while maintaining the best possible care. Doctor shortages are a major concern in Renfrew County and across the Province. We are seeing a high volume of patients and working hard to meet the needs of all. Please be patient with us. Be aware that we have paused all intake of new patients until further notice.

WAITLIST

We have a waitlist for members of Pikwakanagan that do not have a Doctor or Nurse Practitioner.

CURRENT PATIENTS

Those of you that are currently registered as patients no changes will be made. Registered patients who require prescription refills or renewal of medication should contact your pharmacy. Please allow 7-10 business days to process this request. Same day requests may not be processed due to the high volume.

RESOURCES AVAILABLE TO EVERYONE (With or Without a Doctor)

Renfrew County Virtual Triage Assessment Centre (RC VTAC) Have Doctors and Nurse Practitioners available to speak on the phone **24/7 call 1-844-727-6404**Telehealth Ontario to speak to a registered Nurse over the phone 24/7 dial **811**For an emergency dial **911** or go to the closest Emergency Room

APPOINTMENTS and CANCELLATIONS

We kindly request that if you have a scheduled appointment and are unable to attend, please give us advance notice, 24 hours preferably, as we can schedule another patient in need of medical attention in that spot. Space is very limited due to the high call volume so every appointment missed could potentially have been used by someone seeking care.

Please keep in mind that same day appointments are very limited and these spots may already be taken. You may be directed to contact VTAC or go to the hospital for care.

Persistent no shows, without advance notice, could mean denial of service in the future.

Aggressive behaviour or any form of verbal or physical abuse towards staff or others, in office or by phone, will not be tolerated.













MARCH

NUTRITION MONTH IS CELEBRATED EACH MONTH TO REMIND US ALL OF HOW ESSENTIAL GOOD NUTRITION IS TO OUR HEALTH AND WELL-BEING



HEALTHY EATING MATTERS, AND IS IMPORTANT AT EVERY AGE. IT CAN HELP US FEEL GOOD. IT PROVIDES ENERGY TO POWER OUR BODIES AND MINDS TO DO THE THINGS THAT BRING US JOY AND FULFILMENT. IT PROVIDES ESSENTIAL NUTRIENTS TO MAINTAIN OUR

DISEASES LIKE HEART DISEASE AND TYPE 2 DIABETES. BUT, IT ISN'T ALWAYS EASY TO KNOW HOW TO MAKE HEALTHY FOOD CHOICES, OR HOW TO ACHIEVE HEALTHY EATING HABITS IN OUR BUSY LIVES. THAT'S WHERE DIETICIANS AND (WWW.CANADA.CA)

OVERALL HEALTH. AND, IT HELPS PREVENT CHRONIC





D YOU KNOW:
HUMMUS HELPS CONTROL BLOOD SUGAR AS IT IS
LOW ON THE GLYCEMIC INDEX
CHICKPEAS CONTAIN LOTS OF FIBER AND
PROTIEN TO BALANCE OUT BLOOD SUGAR LEVELS
HUMMUS IS RICH IN HEART-HEALTHY
MONOUNSATURATED FATS. THESE FATS ARE
KNOWN AS GOOD FATS BECAUSE THEY HELP
PROTECT THE HEART BY LOWERING LDL (BAD)
CHOLESTEROL LEVELS AND MAINTAINING
STABLE LEVELS OF HDL (GOOD) CHOLESTEROL.

MAKING HOMEMADE HUMMUS COULDN'T BE EASIER! ALL YOU NEED IS CANNED CHICK-PFASI

BLEND CHICKPEAS AND EXPERIMENT WITH OLIVE OIL AND DIFFERENT SPICES! (LEMON JUICE, PEPPER, GARLIC ETC)

Canada's food guide

Eat well. Live well.

Eat a variety of healthy foods each day



Discover your food guide at

Canada.ca/FoodGuide

Canada

Canada's food guide

Health Santé
Canada Canada

Eat well. Live well.

Healthy eating is more than the foods you eat



Be mindful of your eating habits



Cook more often



Enjoy your food



Eat meals with others





Think thermometer, not calendar. Elevated tick activity

Ticks can be active even in colder weather. They survive the winter, protected under snow, leaf litter, or brush. Blacklegged ticks can be active any time temperatures are 4°C and above, including mild days during the winter months. Canadian winter, which appears to have been facilitated by climate change.

Ticks can have serious consequences. Ticks are not only unsightly, they can also transmit agents that cause disease, like Lyme disease. Ticks are expanding their range in parts of Canada.

Help protect your pet before exposure. Being aware of the risk in your local area is an important part of protecting your pet and yourself. In addition, tick control medications can be initiated prior to the start of tick activity to help optimize protection for your pet.

Elevated tick activity (4°C and above)

Tuesday, March 5th, 2024 when 14.5°C ticks would have been force. *compare to*



out in full

Lower tick activity (less than 4°C)

Monday, March 18th, 2024



when -2 °C ticks wouldn't be out as much

Key Takeaways

- While ticks are usually dormant in the winter, it's important to know that cold weather doesn't kill them.
- Global warming means tick activity is starting to stretch into the winter months.
- Not all ticks carry diseases like Lyme. If you see a tick on your body, take a picture. That
 will help you identify both its species and determine the stage of its lifecycle, which
 matters if you've been bitten.













Project Coordinator

Department: Consultation Department

Supervisor: Consultation, Manager Full-Time Permanent - 35 hours a week \$51,122 annual - based on experience

Deadline to Apply: Friday, March 15th at 4:30PM

The Project Coordinator is responsible for supporting project management, overseeing project functions, reporting, and budgeting for assigned projects. Manage assigned projects and working groups and coordinate necessary administrative functions associated with working group activities; implement assigned consultation projects that will include researching, planning, budgeting, and documenting all aspects of the work projects; will be responsible for the supervision of delegated staff. Project cost, scope, time management, and the associated reporting, benchmarking, and scheduling of the activities to meet project objectives;

- Project cost, scope, time management and the associated reporting, benchmarking andscheduling of the activities to meet project objectives;
- Developing agendas, maintaining meeting records and supporting community engagement;
- Effectively communicating project progress to working group members, employees, colleagues, and stakeholders in a timely and clear manner;
- Developing requests for proposals (RFP) for any projects requiring contracted specialists;
- Tracking project established milestones and deliverables of projects, agreementimplementation;
- Obtaining bi-weekly status reports from contracted specialists or other involved projects;
- Preparing written correspondence as needed such as plans, reports and memoranda, etc.;
- · Facilitating development of community outreach and engagement;

FOR A FULL JOB DESCRIPTION, PLEASE CONTACT: HR@PIKWAKANAGAN.CA

REQUIREMENTS:

- Post-Secondary diploma or certificate in Business/Public Administration, Project Management, or related field and a minimum of two (2) years demonstrated work experience in facilitation, project management, developing and delivering programs, services, and projects from start to finish (preferably with a First Nation community and/or organization) OR;
- Secondary School Diploma and five (5) or more years of demonstrated work experience in facilitation, project management, developing and delivering programs, services, and projects from start to finish (preferably with a First Nation community and/or organization), financial management, budgeting experience/skills and experience in developing request for proposals.

CONDITIONS OF EMPLOYMENT

- Provide a clear and acceptable CPIC;
- Must be willing to complete cultural awareness training and ongoing training as theprogram requires.

How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Algonquins of Pikwakanagan First Nation 1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1XO

HR@pikwakanagan.ca

Subject Line: Project Coordinator - Full -Time

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Process:

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers

Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- · Holiday Shutdown

- 14 Provincial and Federal Statutory Holidays
- · Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Perscriptions, etc.)
- · Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier–free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



Project Coordinator

Department: Consultation Department

Supervisor: Consultation, Manager

Contract until October 2024 with possibility of permanency - 35 hours a week

\$51,122 annual - based on experience

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- · Milestone Recognitions & Rewards

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AOPFN is also committed to developing inclusive, barrier–free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN EMPLOYMENT OPPORTUNITY

Administrative Assistant

Department: Consultation

Supervisor: Amber Hein, Project Coordinator 1 Year Maternity Leave - 35 hours a week \$47,320 annual

Deadline to Apply: Friday, March 22nd - 4:30pm

Under the direction of the Project Coordinator (land-based programming), the Administrative Assistant provides administrative services in support of the Algonquins of Pikwakanagan First Nation's Neya Waban Guardian Program in areas of project management, project functions, reporting, and budgeting for assigned projects including field work as required. Assist with management of assigned projects and working groups, coordinate necessary administrative functions associated with working group activities; assist with assigned projects that will include researching, planning, budgeting, and documenting all aspects of the work.

- Completes all assigned administrative tasks i.e. correspondence, filing systems, bring forward systems, preparing financial and narrative reports, letters, briefing notes, proposals, presentations, news copy, communiques, databases, etc., and arranges as to format.
- Coordinates and attends meetings (virtual, in person, community, committee, team); records and transcribes meeting notes and minutes; ensures conciseness of information; disseminates information to ensure direction is received in a timely fashion.
- Monitors and responds to emails from archaeological firms, proponents, or consultants and provide information related to monitoring of projects.
- Coordinate and confirm scheduling logistics for field work.
- Track and document field work through timesheets and tracking documents.
- Organize and review (or arrange review for) reports from field work and return comments to proponents before deadlines.
- Work with finance officer to create invoices for AOPFN work completed.
- Answers and forwards incoming calls; takes messages as required.
- Responds to public inquiries i.e. information about community, organization, programs, and services, directions, etc. and will refer public to appropriate sources or departments for detailed information.
- Coordinates, operates, and maintains various communication systems to set up, receive, sort, distribute and deliver information in a timely manner (telephone, voice mails, Canada Post mail, interoffice and hand delivered mail, courier services, faxes, emails, social media)
- Coordinates with appropriate staff copy for advertising in Pikwakanagan's weekly newsletter, website, information boards and electronic boards.

REQUIREMENTS:

- Grade 12 Diploma with minimum one (1) year of work experience in the administrative field including reception services OR;
- Three (3) years experience in related field with willingness to obtain further education.
- Computer experience that includes internet and Microsoft Office applications such as MS word, Excel, Publisher, and Outlook.

How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Algonquins of Pikwakanagan First Nation 1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1XO

HR@pikwakanagan.ca

Subject Line: Administrative Assistant - Consultation

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Process:

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers

Employee Benefits:

- Pension Plan
- · Paid Sick Days
- 4% Vacation
- Holiday Shutdown

- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Perscriptions, etc.)
- Milestone Recognitions & Rewards

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Project Coordinator

Program: Neyagada Wabandangaki Guardian Program

Department: Consultation Department

Supervisor: Project Coordinator (Land Based)

1 Year Contract with Possibility of Permanency - 35 hours a week \$28.09 per hour - based on experience

Deadline to Apply: Friday, March 22nd at 4:30PM

The Project Coordinator will assist in the management of Algonquins of Pikwakanagan First Nation's Neyagada Wabandangaki program and related projects as assigned, overseeing and monitoring project functions, reporting, and budgeting. The Project Coordinator will manage assigned projects and working groups and coordinate necessary administrative functions associated with working group activities; implement assigned projects that will include researching, planning, budgeting, and documenting all aspects of the work projects; will be responsible for the supervision of delegated staff.

Project cost, scope, time management and the associated reporting, benchmarking and scheduling of

- the activities to meet project objectives;
- Developing agendas, maintaining meeting records and supporting community engagement.
- Manage implementation of the working group projects;
- · Development and implementation of funding agreements;
- Effectively communicating project progress to working group members, employees, colleagues, and stakeholders in a timely and clear manner;
- Developing requests for proposals (RFP) for any projects requiring contracted specialists;
- Evaluation of the RFP bids;
- Work with AOP and project management team representatives to coordinate or execute logistics such as meeting scheduling, minutes, and follow-up on working group action items, etc.;
- · Develop and maintain budgets for the working group and associated projects;
- Report community outreach results and feedback to each appropriate working group;
- Conducts extensive research on projects relevant to scope of work;
- Lead the development and implementation of the land base programs;
- Manages and oversees assigned land base programs;
- Works with stakeholders to continue to develop the land base program curriculums.
- Develop and maintain policies, strategies, objectives, guidelines and standards for the management of the land base programs;
- Engage with experts to ensure multi-disciplinary responses to various requests and technical assessments within the scope of the program i.e., environmentalists, archaeologists, anthropologists, forestry, legal counsel, etc.
- Establish and prepare procedures and materials to collect and record data related to the health of AOPFN ecological and cultural values and the impacts of resource activities on these values;
- Accountable to accurately monitor and report on land use activities and possible violation of AOPFN land laws as well as federal/provincial regulations to appropriate parties;
- Work with elders, knowledge holders, and community members to document important sites and resources and monitor impacts of activities;

FOR A FULL JOB DESCRIPTION, PLEASE CONTACT: HR@PIKWAKANAGAN.CA

REQUIREMENTS:

- Post-secondary degree/diploma related to environmental studies, business administration or public administration with a minimum of one year work experience in a related field, OR
- A combination of a secondary school diploma with a minimum of three years' work experience in the environmental field and/or related field, and
- Must meet physical and cognitive demands of the position: candidates may be required to undergo a
 pre-employment medical assessment or functional abilities medical evaluation to identify any
 limitations or restrictions, prevent and minimize health and safety risks and to demonstrate the level
 of the candidate's ability to travel to remote or isolated locations and perform work outdoors, in
 extreme weather during all seasons; physically demanding and moving, hiking long distances,
 packing heavy field equipment to remote sites; physically able to lift a minimum of 50lbs.

How to Apply:

- Cover Letter
- · Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1XO

HR@pikwakanagan.ca

Subject Line: Neyagada Wabandangaki Guardian

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Process:

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

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- b) the qualified indigenous person; then to,
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Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

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Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
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- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
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- Milestone Recognitions & Rewards

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Good News Pikwakanagan!! PLATO has just launched recruitment for PLATO's Indigenous Software Tester Training Program in Ottawa-Gatineau! Everyone who successfully completes our 20-week training program is offered fulltime employment as a junior software tester, a great way to launch your career in technology. To apply you must be of Indigenous heritage (First Nation, Inuit or Metis) our third Class in the Ottawa Gatineau area Starts on May 21, 2024. Don't wait - Apply TODAY!

Looking to chat with someone on our team about whether you could be a good fit for the PLATO program? Reach out to us by email at Ellery.Furlong@platotech.com



Are you a naturally curious person? Do you like figuring out how things work?

Join our training program to become a software tester (5-months of in-class training followed by a paid internship placement).

Graduates will become full-time software testers with paid vacation and full benefits.

Requirements:

- · Desire to learn and start a new career
- · Interest in technology
- · Indigenous heritage
- High school diploma, GED 12 and/or work experience

THIS PROGRAM IS FOR PEOPLE WHO ARE: Critical Thinkers Problem Solvers Detail Oriented Motivated to Learn Location: Start Date: Ottawa-Gatineau May 21, 2024

APPLY TODAY!

For more information and to apply:

platotech.com/training/ottawa-gatineau







"CALL TO TENDER" CUSTODIAL SERVICES

For the Algonquins of Pikwakanagan First Nation Health Services Building

Scope of Work: The contractor is to supply all necessary labor and equipment required to complete the services as described in "Schedule A".

Cleaning Supplies: Will be supplied by the Algonquins of Pikwakanagan First Nation.

Tender Closing Date & Time: March 15, 2024, @t 4:30 p.m.

Tender Submission Requirements: Complete tender must include the following:

- Tender form completed in full; (see below)
- Two (2) reference check names of previous employers.
- Proof of current WHMIS training certificate.

Additional Requirements: The successful bidder must provide, at their own expense upon signing of contract the following:

- Proof of Personal Liability and Property Damage Insurance.
- An acceptable Criminal Reference Check

Companies: If bidding as a company, all other individuals must meet the following requirements: Proof of WHMIS certification with Tender Submission.

• An acceptable criminal reference check and 3 names on the policy as an insured if the company is the successful bidder.

Contract Award: The Algonquins of Pikwakanagan First Nation is not obligated to accept the lowest or any other tender.

Site Examination & "Schedule A": The bidder is encouraged to contact the person below to arrange for a site inspection by 223.pointment only and receive a copy of the "Schedule A", which is available at the front Desk of the Health Services Building or contact Karen Levesque at 613 625-2259 ext. 223

Tender Submission: Submit "Tender" in a sealed envelope clearly marked, "Tender for Custodial Services Health Services Building" Addressed to c/o Karen Levesque, Office Administrator, Health Services, Algonquins of Pikwakanagan First Nation, 1643 Mishomis Inamo, Pikwakanagan, Ontario K0J 1X0

TEND	DER FOR CUSTODIAL SERVICES	
н	EALTH SERVICES BUILDING	
	2024 - 2025	
I,(site inspection optional) Submit my tender for Custodial Services as:	_having carefully read the tender specifications	and "Schedule A"
\$ per month, dated this	day of, 2024	
-	(signature)	(Phone Number)



CALL TO TENDER FOOD AND REFRESHMENTS

NIGIG NIBI KI-WIN GAMIK SOCIETY

NIGIG LAW - AOPFN COMMUNITY EDUCATION SESSION

> MARCH 27TH, 2024 FROM 5:00PM-7:00PM.

THE ELDER'S LODGE

SCOPE OF WORK: DINNER, DESSERT, AND REFRESHMENTS FOR APPROX 50 PEOPLE.

DINNER AND DESSERTS ARE TO BE SERVED AS A BUFFET STYLE



CATERER PLEASE PROVIDE THE FOLLOWING:

 STEW, CHILLI OR SOUP (MOOSE, VENISON, PORK, BEEF ETC)

 VEGGIE STEW, CHILLI OR SOUP (VEGETARIAN OPTION)

SALADS

 STRAWBERRY JUICE, WATER, TEA, AND COFFEE (SUGAR, SPLENDA/STEVIA, CREAM, MILK TO BE SERVED THROUGHOUT THE EVENT.)

DESSERTS (SQUARES, COOKIES ETC)

• CUPS, PLATES, CUTLERY AND NAPKINS ETC.

DEADLINE FOR TENDER SUBMISSION:

MONDAY, MARCH 18TH AT 4:30PM

SUCCESSFUL TENDER APPLICANT WILL BE

CONTACTED BY TUESDAY, MARCH 19TH

IF INTERESTED, PLEASE CONTACT:
MICHELLE HUME

613-625-2173
DIRECTOR.ASSISTANT@NIGIGNIBI.COM

"CALL TO TENDER"

CUSTODIAL SERVICES

For the Algonquins of Pikwakanagan First Nation - Administration Office Building

Scope of Work: The contractor is to supply all necessary labor and equipment required to complete the services described in "Schedule A"

Cleaning Supplies: Will be supplied by the Algonquins of Pikwakanagan First Nation.

Duration of Contract: April 1, 2024, to March 31, 2025.

Tender Closing Date & Time: March 22nd, 2025, at 12:00 P.M.

Tender Submission Requirements: A complete tender must include the following:

- Tender form completed in full; (see below)
- Two (2) reference check names of previous employers.
- Proof of current WHMIS training certificate.

Additional Requirements: The successful bidder must provide, at their own expense upon signing of contract the following

- Proof of Personal Liability and Property Damage Insurance.
- An acceptable Criminal Reference Check.

Companies: If bidding as a company, all other individuals must meet the following requirements:

- 1. Proof of WHMIS certification with Tender Submission.
- 2. An acceptable criminal reference check and 3 names on the policy as an insured if the company is the successful bidder.

Contract Award: The Algonquins of Pikwakanagan First Nation is not obligated to accept the lowest or any tender.

Site Examination & "Schedule A": The bidder is encouraged to contact the person below to arrange for a site inspection by appointment only and receive a copy of the "Schedule A".

"Schedule A" is available at the front Desk of the Administration Office or contact Dustin Logan at 613-625-2800 ext. 246 / Bonnie Commanda 613-625-62800 ext. 245

Tender Submission: Submit "Tender" in a sealed envelope clearly marked. "Tender for Custodial Services-Administration Building" addressed to c/o Dustin Logan, Manager, Public Works, Algonquins of Pikwakanagan First Nation, 1657-A Mishomis Inamo, Pikwakanagan, Ontario KOJ 1XO.

Nation, 1657-A Mishomis Inamo, Pikwakanagan, Ontario KOJ 1XO. 2022-2023 TENDER FOR CUSTODIAL SERVICES ADMINISTRATION BUILDING I, _______ having carefully read the tender specifications and "Schedule A" (site inspection optional) submit my tender for custodial services as: \$______ per month. Dated this ______ day of ______, 2024. ______ (Signature) ______ (Phone Number)

Call to Tender

Cleaning Services for Omàmiwininì Pimàdjwowin: Algonquin Way Cultural Centre

Omàmiwininì Pimàdjwowin: Algonquin Way Cultural Center is looking for cleaning services for our office and gift shop.

Location: 469 Kokomis Inamo, Unit 2, Pikwàkanagàn, ON

Tender Closing Date and Time: Friday, March 22, 2024 at 12:00 p.m. (noon)

Schedule and Duration of Contract: Must be able to provide Cleaning Services on a regular schedule, every Tuesday's and Thursday's. The duration of the contract is from April 1, 2024 to March 31, 2025.

Scope of Work:

- Sweep and wash floors in mains areas and offices
- Clean and disinfect washroom (sweep, wash, disinfect countertop and toilet, clean mirrors, refill soap dispensers, hand towels and toilet paper dispensers ect...)
- Vacuum carpets
- Dusting/Wipe down all surfaces (door handles, light switches, desktops, kitchen appliances, photocopier, filing cabinets etc..)
- Take out garbage and recycling.

Cleaning supplies: Will be provided by Omamiwinini Pimadjwowin.

Site Examination: To arrange a site visit to review the amount of work to be completed, please make arrangements with Katie Commanda at katie@thealgonguinway.ca or phone 613-625-1958.

Additional Requirements: If you are the successful bidder, you must be able to provide:

- · Proof of WHMIS certification
- An acceptable Criminal Reference Check (at your own expense, before the contract start date)
- Proof of Personal Liability ND Property Damage Insurance

Tender Submission: Email Katie at <u>katie@thealgonquinway.ca</u> with subject line, "Tender for Cleaning Services 2024-2025." **OR** Envelope via Hand Delivery – 469 Kokomis Inamo, Unit 2, Pikwakanagan, ON

	2024-2025 Cleaning Service	es Tender for Omàmiwininì Pimàdjwowin
I,schedule, an		acknowledge and fully understand the scope of work, m submitting my tender for cleaning services in the amount
of \$	per month.	
Contact phor	ne number:	
Signature		Date

Membership Additions

ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Lee, Sarah	Benoit/Baptiste	11 Oct 23	11 Mar 24
Mosier, Rebecca	Benoit/Baptiste	12 Oct 23	12 Mar 24
Green, Jo-Anne	Benoit/Baptiste	13 Oct 23	13 Mar 24
Penberthy, Braden	Jocko	17 Oct 23	17 Mar 24
Penberthy, Avery	Jocko	17 Oct 23	17 Mar 24
Gould, Marion	Benoit/Baptiste	20 Oct 23	20 Mar 24
Isbester, Isabella	Sharbot	31 Oct 23	31 Mar 24
Carle, Elijah	Lavalley	31 Oct 23	31 Mar 24
Wellmen, Selma	Lavallee	31 Oct 23	31 Mar 24
Minnie, Helen	Lavallee	31 Oct 23	31 Mar 24
Campbell, Crystal	Ignace	06 Nov 23	06 Apr 24
Rockburn, Joseph	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Tyler	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Alexadre	Lavalley/Partridge	08 Nov 23	08 Apr 24
Shona, Woodland-Srinivsan	Partridge	08 Nov 23	08 Apr 24
Amanda, Weichel	Leclair	14 Nov 23	14 Apr 24
Butler, Kareena	Baptiste	20 Nov 23	20 Apr 24
Helmer, Scott	Lavallee/Ignace	20 Nov 23	20 Apr 24
Helmer, Brock	Lavallee/Ignace	20 Nov 23	20 Apr 24
White, Skye	Meness	20 Nov 23	20 Apr 24
White, Brenna	Benoit/Baptiste	20 Nov 23	20 Apr 24
Hallick, Terrence	Lavalley	21 Nov 23	20 Apr 24
Dennome, Marcel	Ignace/Meness	27 Nov 23	21 Apr 24
Gaudry, Chante	Meness	06 Dec 23	27 Apr 24
Fleming, Alyssa	Lamure	11 Dec 23	06 May 24
Bowers, Jeremy	Lavallee	13 Dec 23	13 May 24
Cort, Brandy	Meness	18 Dec 23	18 May 24

		900	
Law, Patrick	Meness	19 dec 23	19 May 24
Rennie, Stacey	Sararas	11 Jan 24	11 June 24
Rennie, Seirra	Sararas	11 Jan 24	11 June 24
Rennie, Shelby	Sararas	11 Jan 24	11 June 24
Rennie, Greyson	Sararas	11 Jan 24	11 June 24
Rennie, Gibson	Sararas	11 Jan 24	11 June 24
Cambell, Dustin	Ignace	29 Jan 24	29 June 24
Knox, Kolt	Sarazin	30 Jan 24	30 June 24
Cort, Cree	Ignace/Meness	05 Feb 24	05 July 24
Martin ,Dana	Amikons/Ignace	05 Feb 24	05 July 24
Mikaelian, Susan	Sararas	06 Feb 24	06 July 24
Cabrel, Evan	Tenniscoe	07 Feb 24	07 July 24
Cabrel, Ethan	Tenniscoe	07 Feb 24	07 July 24
Lee, Arianna	Benoit/Baptiste	09 Feb 24	09 July 24
Tregunna, Rochelle	Lamure	15 Feb 24	15 July 24
Grandmond, Annette	Pisindwate	14 Feb 24	14 July 24
Paul, Fayth	Pisindwate	14 Feb 24	14 July 24
Grandmond, Milton	Pisindwate	14 Feb 24	14 July 24
Dicorato, Frank	Baptiste	27 Feb 24	27 July 24
Dicorato, Julia	Baptiste	27 Feb 24	27 July 24
Dicorato, Olivia	Baptiste	27 Feb 24	27 July 24
Craftchick-Lavalley, Amelia	Lavalley	27 Feb 24	27 July 24
Bennett, Joan	Tenniscoe	27 Feb 24	27 July 24
Bennett, Beverly	Tenniscoe	27 Feb 24	27 July 24
Elliot, Riley	Lavalley	4 Mar 24	4 Aug 24
Lalonde, Briana	Benoit/Baptiste	4 Mar 24	4 Aug 24

To appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca

Community Information

Regular council meetings on zoom

Every second and last Tuesday of the month beginning at 9AM



Available in the **members-only** section of www.algonquinsofpikwakanagan.ca:



Zoom details minutes Presentations/Attachments

Not Online?

Call Alanna Hein at 613-625-2800 EXT 229 and leave a message to request information and instructions on how to join zoom by phone

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday 9 am - 12 pm

1 pm - 4 pm

Tuesday 9 am - 12 pm

1 pm - 4 pm

Wednesday 9 am - 1 pm

Thursday 9 am - 12 pm

1 pm - 4 pm

Friday 9 am - 12 pm

1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone: 613-625-9974 Fax: 613-625-2068

Thank you
Natalie Commanda, Pharmacy
Technician
Joseph Conway, Pharmacist

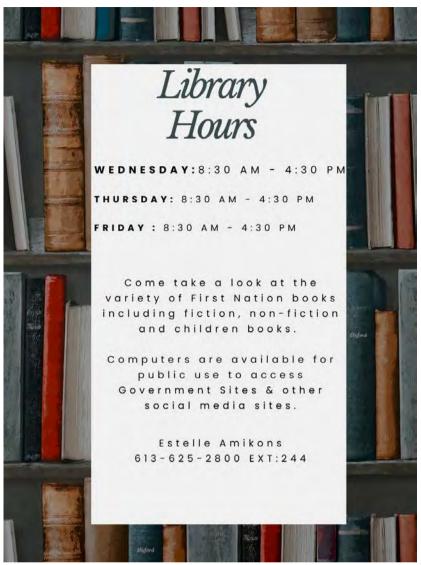


ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Sandy 613-717-2894

Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish cloths and towels

Community Information





Waste Disposal Site

Wednesday: 12:00pm - 6:00pm Sundays: 9:00am - 3:00pm

Curbside Pick Up

Garbage: Wednesday
Cardboard: Thursday
Containers: Friday





Community Information

How To Access 'Members Only' Section of Website

Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.

Steps:

- 1. Open a browser and enter: www.algonquinsofpikwakanagan.ca
- 2. Find the "Member Login" box (scroll down on home page or on side bar)
- 3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
- 4. You will be brought to the "Member Login" section
- 5. Click on the words "Click Here for the registration form"
- 6. You will be brought to the "Membership Registration"
- 7. Click the "Register" button and wait for your email notification

*This website contains content that is private for Algonquins of Pikwakanagan members only.

To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.*

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	thunderbird@gmail.com	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format

Administration Information



