



# Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD ADITAGÀGOMIN KÌZIS 19, 2024  
FRIDAY JANUARY 19, 2024

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

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## KENOZIDJ TIBIK KÌZIS FREEZE UP MOON



## FISH HARVEST

December 22, 23 - May 31, 24

This event will only take place when the ice is safe and on many lakes throughout our territory. Community members are requested to bring fish home for our Elders and Community. Once we feel we have enough to share we can come together and clean, debone, wrap and distributed to our Elders and community members.

Contact Dale at 613-401-3180

Everyone welcome to participate!



The ceremonies will be held with an open mind and will have no prior four day of sobriety rule, but please try to abstain from using substances the day of. There is no dress code, we just ask that you are covered when participating. The goal of these sweats is to provide the opportunity for those who have not participated to come and partake in this cultural activity, but is not limited to.

Each sweat will have a different conductor to provide the opportunity of experiencing different protocols. Please watch for posters specific to each sweat, these will contain more information specific to each ceremony. The sweats will take place in the back parking lot of the Cultural Grounds, weather permitting. Lets come together in ceremony and healing for Pikwakanagan!

January 20, 2024 - Dean Sayers

February 3, 2024 - Michael White

February 10, 2024 - Elaine Kicknosway

March 2, 2024 - Conductor TBD

For any questions or to register please  
contact: 613-625-2259  
or email  
IES.hs@pikwakanagan.ca

# COMMUNITY UPDATE V

Pikwakanagan Opioid Crisis

January 18, 2024



## STATE OF EMERGENCY

Algonquins of Pikwakanagan First Nation Chief and Council with the support and direction of the community members declared a State of Emergency recognizing the serious health, social, and safety issues that are ongoing in the community due to the opioid crisis.

This community-driven effort continues to grow and provide, education, programs, services, events, and activities for the community members through the **Community Taskforce** with the support of the Emergency Response Control Group (ERCG), AOPFN Staff, and Partnered Agencies to support the specific goals brought forward by the community for the community.

The Community Taskforce participated in its second meeting on Thursday, January 18th, 2024. The Taskforce has continued to discuss the themes that were developed from the first Taskforce meeting under the pillars of focus Prevention, Treatment, Aftercare, and Safety.

The Community Taskforce continues to work towards the emerging themes surrounding the pillars and taking action, the who, what, when, where, and how to achieve and support these action items, along with the immediate, mid-term, and long-term action items.

The next Community Taskforce meeting is scheduled for **Thursday, January 25th, 2024** and will continue the discussions on the four pillars that match the community members vision, requests, and next steps, including the structure of the taskforce and the strategic plan moving forward.

## EMERGENCY RESPONSE CONTROL GROUP (ERCG):

Entering the new year, the ERCG maintains it's momentum and continues to hold weekly meetings to discuss, share research and plan further partnerships with provincial and federal government agencies and surrounding communities on the goals that have been established by the community to gain access and provide supports and services to community members.

The Community Taskforce has brought forward some key items that will be completed by the Administration, ERCG and Chief & Council in the upcoming weeks, once these plans have been solidified additional information will be shared with the Community and it's members.

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## THE ANISHINABE WAY TO LIVE:

- Treat the earth, and all that dwell upon it, with respect
- Remain close to the Creator
- **Show great respect for your fellow beings**
- Work together for the benefit of all mankind
- Give assistance and kindness whenever needed
- Do what you know is right
- Look after the well-being of mind and body
- Dedicate a share of your efforts to the greater good
- Be truthful and honest at all times
- Take full responsibility for your actions

We encourage **ALL** Community members to be kind to one another, you do not know someone else's battle.

# January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

19 - Food voucher registration deadline

24 - Food voucher pick up

15 - 29 - Yoga series with Amber  
(Health Services) 5 pm

20 - Winter sweat Ceremony

2024

# News & Events:

## REMINDER TO ALL AOPFN HARVESTERS

**CALL IN AND REPORT YOUR  
HARVESTS FOR THE SEASON.**

**CONTACT: 613-625-2800  
EXT: 249  
ANGELINA COMMANDA**

x x x

x x x

## Reminder

To all AOPFN trappers make sure you submit your harvest reports to the UOI at the end of the season.

All trappers who took the trappers education course make sure the natural resource department has your information on file.

Thanks: the natural resource department.

## YOGA SERIES

with Amber

Beginner level classes  
Build mind-body-spirit  
connection through  
intentional movement and  
breath

Students can expect a one-  
hour facilitated class  
Mats and props provided

Jan 15 - April 01

MONDAYS 5 - 6 PM

HEALTH CENTRE



“Pikwàkanagàn Chief and Council want to share with community members that we are supporting a partnership with Professor Duncan McCue of Carleton University’s School of Journalism and Communication this winter.

Professor McCue is Anishinaabe, and is teaching a course called Reporting in Indigenous Communities which aims to improve how the journalists of tomorrow cover Indigenous issues.

Students from his course have been assigned to cover our community, and this term, their theme is economic development.

They will be producing a piece of journalism that will be published on Carleton’s website and perhaps in the Globe and Mail. The students will be visiting our community from January to April, and will be reaching out to community members for story ideas.

If you have any questions about the course or the students, you’re welcome to contact

Professor McCue directly:  
[duncan.mccue@carleton.ca](mailto:duncan.mccue@carleton.ca)”

## Elders Lodge Euchre every Sunday

DOORS OPEN AT NOON

CARDS START AT 1PM

\$5 ENTRY

50/50 \$2.00 EACH OR 3 FOR \$5.00

COLD DRINKS \$1.00

## Canadian Food Inspection Agency's (CFIA) & Product Safety Recalls

Check to see if you have the recalled product (s) in your home.

### Eagle brand Corn (frozen), 1.75 kg, 05572296947

**Health Hazard:** Microbial Contamination - Salmonella

**Distribution:** Sold in ON

**Recalling Firm:** Smucker Foods of Canada Corp, Markham, ON,  
@ 1-800-268-3232

**What to do:** Recalled products should be thrown out or returned to the location where they were purchased.

### Quaker brand granola bars and cereals and Cap'n Crunch brand Treat Bars – Berry Bar

**Health Hazard:** Microbial Contamination - Salmonella

**Distribution:** Sold National at Loblaws and Sobeys Stores

**Recalling Firm:** Quakers at 1-800-532-4004

**What to do:** Recalled products should be thrown out or returned to the location where they were purchased.

### Various parfait and yogurt bowls

**Health Hazard:** Microbial Contamination – Salmonella, product would be made with Quaker OATS

**Distribution:** Sold National at Loblaws, Metro, Value Mart and Sobeys Stores

**Recalling Firm:** Health Canada

**What to do:** Do not consume, use, sell, serve or distribute recalled products



Social Services

**JANUARY  
FOOD  
VOUCHER**

**PICK UP  
WEDNESDAY  
JANUARY 24TH , 2024**

Register by Friday, January 19th, 2023  
Text 613-639-1633

# R & R CONVENIENCE

We are now open at 488 B  
Kokomish Inamo.

We provide a variety of  
convenience store items and  
basic necessities including,

Milk  
Bread  
eggs  
Frozen Foods  
Snacks  
Drinks  
Tobacco and much more.



## STORE HOURS:

MON - WED 8A.M - 8P.M.

THURS - SAT 8A.M - 9P.M

SUNDAYS - 9A.M. - 7P.M.



488 B KOKOMISH INAMO



## AOPFN ALGONQUIN KNOWLEDGE AND LAND USE STUDY

*We are looking for Algonquins of Pikwakanagan First Nation members to participate in our new study!*

### **What is an Algonquin Knowledge and Land Use Study (AKLUS)?**

An AKLUS is used to map AOPFN knowledge, land use, and places that have been used by AOPFN members.

### **How can I participate?**

We will be interviewing land users in the community as well as remotely. There will be an honorarium for participating.

### **Who is conducting this study?**

The AKLUS is being undertaken by AOPFN, with support from Shared Value Solutions (SVS).

### **Why are we doing an AKLUS?**

This AKLUS will help us determine the potential impacts of the Alexandra Bridge Replacement Project and the Energy Services Acquisition Program on our unceded Traditional Territory.

### **When is this happening?**

Interviews are taking place the weeks of **January 29<sup>th</sup>** and **February 26<sup>th</sup>**.

### **Email or call us to participate, or ask questions!**

Michelle Galoni 613-625-4010 Ext: 204  
[coordinator.projects@pikwakanagan.ca](mailto:coordinator.projects@pikwakanagan.ca) 613-625-4010 Ext: 204 OR Crystal Benoit  
[projectco2@pikwakanagan.ca](mailto:projectco2@pikwakanagan.ca)



# PIKWAKANAGAN STRATEGIC PLAN FOR HOUSING

WITH SCOTT FLAMAND OF  
FLAMAND MANAGEMENT  
SERVICES

**In Person**

Thursday, February 1<sup>st</sup>, 2024

6 PM

Location: Elders Lodge

Dinner and refreshments  
included.

**Online via Zoom**

Meeting ID# 868 6993 9173

Password: strategy

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**For more information, please contact.**

**Dustin Logan**

**Manager, Public Works:**

E: mgr.publicworks@pikwakanagan.ca

T: (613) 625-2800 ext. 246

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**Algonquins of  
Pikwakanagan  
First Nation**

**FNMHF**

FIRST NATIONS MARKET HOUSING FUND





# HOMEOWNERSHIP AND YOU

**BOOK A ONE-ON-ONE, PERSONAL,  
AND CONFIDENTIAL MEETING WITH  
A REPRESENTATIVE OF THE FIRST  
NATIONS MARKET HOUSING FUND**



## Build

Brand new construction on serviced lots. Must be approved through bank with band as guarantor.

## Purchase

Purchase or straight transfer of an existing mortgage when it comes up for renewal.

## Renovate

No down payment required. Must meet all requirements as set forth.



**FNMHF**  
FIRST NATIONS MARKET HOUSING FUND

 **Algonquins of  
Pikwakanagan  
First Nation**

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**Friday, February 2<sup>nd</sup>**

9 AM – 4 PM

Pikwakanagan Band Office

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**FOR MORE INFORMATION, CONTACT KREED KNOX, HOUSING (613) 625-2800 EXT. 246 OR  
HOUSING@PIKWAKANAGAN.CA**

# AOPFN - HOME ENERGY EFFICIENCY PROGRAM

## ENHANCING COMMUNITY LIVING THROUGH ENERGY EFFICIENCY

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Are you looking to reduce your energy bills and enhance your home's comfort? Join our Energy Efficiency Program! We're offering **FREE Home Energy Audits** to assess your home's energy use and uncover potential improvements.

### WHY AN ENERGY AUDIT?

- **Free Home Energy Audit:** Discover ways to enhance your home's energy efficiency.
- **Possibility of Upgrades:** Following the pre-audit, you may be eligible for upgrades like new windows, new HVAC systems, insulation, or air sealing. *However, please note that receiving an audit does not guarantee free upgrades.*
- **Savings on Utility Bills:** Potential upgrades can lead to significant reductions in your energy costs.
- **A Stronger Community:** Your participation contributes to our shared goal of creating an energy-efficient community.

### NO FINANCIAL OBLIGATION

- **All Costs Covered:** Audits and potential upgrades are fully funded through our program.
- **No Guarantee on Specific Upgrades:** Eligible upgrades are based on audit results, focusing on necessity rather than preference.

### YOUR HOME, YOUR COMMUNITY, YOUR FUTURE

- **Your Participation is Key:** Engaging in this initiative means improving your home and contributing to a larger community goal.

### A LONG-TERM ENDEAVOR

- **Our Goal:** To provide energy efficiency upgrades to every community member.
- **No Guarantees:** This is a long-term project, and while we aim for widespread impact, changes may occur.

### CONNECT WITH US!

For more information or to schedule your home energy audit, please contact:

**Korey Kauffeldt**

Community Energy Coordinator

Email: [cec@pikwakanagan.ca](mailto:cec@pikwakanagan.ca)

Phone: 613-625-4010

# Health Information:

## NNADAP Resources

ATS- Addiction Treatment Service  
613-432-9855

Pathways Alcohol & Drug  
Treatment Services  
613-432-8573

Renfrew County Community  
Withdrawal Management  
(Renfrew)  
613-432-7620

Renfrew County Crisis Line  
1-866-996-0991

First Nations and Inuit Hope for  
Wellness Line  
1-855-242-3310

Pikwakanagan Mental Health  
Services  
613-625-2259



## *Crisis Lines*

Emergencies - 9-1-1

Mental Health Crisis Line  
1-866-996-0991

Drug, Alcohol, Gambling Hotline  
1-866-531-2600

National Overdose Prevention Line  
1-888-688-6677

Kids Help Line  
1-800-668-6868

First Nation & Inuit Hope for Wellness  
Help Line  
1-855-242-3310

Canadian Human Trafficking Hotline  
1-833-900-1010

## *Local*

Emergencies - 9-1-1

VTAC  
1-844-727-6404

Telahealth  
1-866-797-0000

Poison Control  
1-800-268-9017

Eganville Foodbank (165 John St)  
613-401-5785

Pembroke Foodbank (295 1st Ave)  
1-855-242-3310

# RSV Vaccine

Free for Indigenous adults  
aged 60 years and older

RSV is a major cause of respiratory illness in older adults. During peak RSV season, it causes a surge in ER visits and hospitalizations.

The RSV vaccine is used to prevent respiratory disease caused by RSV. The vaccine is 95% effective against severe RSV-related disease and 70% effective at preventing all RSV infections.

Call Jessica CHN to book  
an appointment or to ask  
questions: 613-625-2259



## HEALTH CARE +

STARTING

**JANUARY 11, 2024**

RENFREW COUNTY YOUTH WELLNESS HUBS ONTARIO WILL  
HAVE A NURSE PRACTITIONER PROVIDING **FREE SERVICES** ON  
SITE AT OUR PEMBROKE LOCATION

COMMON REASONS FOR AN APPOINTMENT MAY INCLUDE:

- BIRTH CONTROL/CONTRACEPTION
- WOUNDS, INJURIES OR RASHES
- PREGNANCY TESTING
- STI TESTING
- DEPRESSION, ANXIETY, MENTAL HEALTH CONCERNS
- GENERAL MEDICAL CARE (FEELING SICK)
- BLADDER INFECTION, EAR OR THROAT INFECTION

**AGES  
12-25**

BOOK APPOINTMENT:



**EVERY  
THURSDAY  
9AM-5 PM**

613 570 8953

mirsullivan@renfrewhosp.com

278 Nelson St. Pembroke ON

Infant Formula Recall	
To:	Community Leadership, Health Directors, Community Health Representatives, Nurses, and other allied service providers and supports in Ontario Nursing Stations, Health Centres, Health Centres with Treatment, and Home and Community Care
From:	FNIHB-OR: CD Unit
Date:	January 3, 2024
Regarding:	Recall on infant formula: Enfamil brand Nutramigen A+ LGG Hypoallergenic

- In case you have not received through other channels, please find below details regarding a recall of infant formula.
- **Please share as appropriate with programs, business or community members in your area.**
- Communities are encouraged to sign up for Canadian Food Inspection Agency recall notifications by following the link: [Sign up for recall notifications by email](#)

On December 31, Health Canada released an advisory and a recall was made by the company for **Enfamil brand Nutramigen A+ LGG Hypoallergenic infant formula**, due to possible contamination with *Cronobacter sakazakii*.

Issue: The affected products are being recalled from the marketplace due to possible *Cronobacter sakazakii* contamination.

What you should do:

- If you think you, or someone you know, became sick from consuming a recalled product, contact your healthcare provider
- Check to see if you have recalled products
- Do not consume, serve, use, sell, or distribute recalled products
- Recalled products should be thrown out or returned to the location where they were purchased

Food contaminated with *Cronobacter sakazakii* may not look or smell spoiled but can still make you sick.

*Cronobacter sakazakii* is not commonly linked to human illness but in rare cases it can cause fatal bloodstream and central nervous system infections. It has also been associated with severe intestinal infection and blood poisoning, especially in newborns.

Health Canada indicates there have been no reported illnesses associated with the formula but batches with an expiry date of January 1, 2025, involving the 561 gram containers should not be consumed or sold.

Batches affected include:

UPC	Codes		
0 56796 00498 2	Item# 3230626	Expiry 01-JA-2025	Batch # 0704376 (ZL3FVY)
0 56796 90498 5	Item# 3230626	Expiry 01-JA-2025	Batch # 0704376 (ZL3FVY)

The Canadian Food Inspection Agency (CFIA) is conducting a food safety investigation, which may lead to the recall of other products. The CFIA is verifying that industry is removing recalled products from the marketplace.

For more information please visit the [Food Recall Warning](#).

*Please note, this advice is intended to supplement, not replace, the advice of local public health authorities.*



# January is **ALZHEIMER'S** AWARENESS MONTH



- **THE RATES OF ALZHEIMER'S DISEASE AND RELATED DEMENTIAS AMONG INDIGENOUS PEOPLE IN CANADA ARE EXPECTED TO GROW MORE RAPIDLY THAN AMONG NON-INDIGENOUS PEOPLE DUE TO HIGHER RATES OF MANY OF THE RISK FACTORS FOR DEMENTIA,**
- **POOR DIET IS ONE RISK FACTOR FOR DEMENTIA. A FEW OTHER MODIFIABLE RISK FACTORS ARE PHYSICAL INACTIVITY, SMOKING, DIABETES, AND HIGH BLOOD PRESSURE.**
- **THE ONTARIO FIRST NATIONS AGING STUDY REITERATES THE SIGNIFICANCE OF TRADITIONAL WAYS, INCLUDING TRADITIONAL FOODS, AS FIRST NATIONS PEOPLE AGE. DATA HAS SHOWN THAT WHEN FIRST NATIONS PEOPLE ARE FRAIL, THEY ARE MORE LIKELY TO EAT TRADITIONAL MEAT OR FISH. EATING TRADITIONAL FOODS EVEN IN SMALL AMOUNTS IMPROVES THE OVERALL QUALITY OF THE DIET.**
- 1. **EMPHASISING COLOURFUL FRUITS AND VEGETABLES (INCLUDING BERRIES, CRUCIFEROUS VEGETABLES LIKE BROCCOLI, CAULIFLOWER, ETC., LEAFY GREENS LIKE SPINACH, KALE, ETC.),**
- 2. **NUTS (INCLUDING WALNUTS), BEANS OR LEGUMES (LIKE KIDNEY BEANS, BLACK BEANS, ETC.),**
- 3. **FISH (INCLUDING FATTY FISH LIKE SALMON, TROUT, SARDINES),**
- 4. **WHOLE GRAINS (LIKE OATS, 100% WHOLE WHEAT OR WHOLE GRAIN BREADS, BARLEY, WHOLE GRAIN PASTA, ETC.),**
- 5. **HEALTHY FATS (LIKE OLIVE OIL) AND LOW-FAT DAIRY FOODS**
- **LIMITING FOODS HIGH IN ADDED SUGAR AND SALT (LIKE COOKIES, ICE CREAM, FRIED FOODS, FROZEN DINNERS, ETC.), RED AND PROCESSED MEAT (LIKE BEEF, PORK, HOT DOGS, JERKY, COLD CUTS, ETC.), REFINED GRAINS (LIKE WHITE BREAD, WHITE RICE, ETC.)**
- **RESEARCH HAS FOUND THAT DIETARY PATTERNS LIKE THOSE OUTLINED IN THE BRAIN HEALTH FOOD GUIDE ARE ASSOCIATED WITH DECREASING THE RISK OF DEVELOPING ALZHEIMER.**
- **REMEMBER, WHEN CONSIDERING CHANGING DIETARY HABITS, MAKING ONE OR TWO SMALL CHANGES THAT CAN BE SUSTAINED OVER TIME IS THE PREFERRED APPROACH.**
- **THE DEMENTIA SOCIETY OF OTTAWA & RENFREW COUNTY PHONE NUMBER IS  
1-888-889-6002**



# Sierra Commanda



My name is Sierra Commanda and I am pleased to start A new position as the first nation tutor with the AOPFN.

My passion is in education and I will do my very best to support each student and reach their individual needs to ensure success this school year. A little about myself, I have received an undergraduate degree from Nipissing University and a Bachelor of Education from the University of Ottawa.

I currently work as a teacher at Eganville District Public School in the afternoon.

I will be available at Opeongo from the mornings Monday to Friday until the end of the school year.

my email address is:  
[tutor1.education@pikwakanagan.ca](mailto:tutor1.education@pikwakanagan.ca).

If you have a student at Opeongo and you would like to connect please feel free to contact me.

Looking forward to beginning the new chapter and helping our students in their educational journeys.

Sierra Commanda!





# AOPFN EMPLOYMENT OPPORTUNITY

## Business Development Coordinator

Department: Economic Development

Supervisor: Procurement Coordinator

Full-time Contract - 35 hours a week - Until July 31, 2025

\$28.00 hourly - based on experience

**Deadline to Apply: Friday, February 2nd at 4:30PM**

The Business Development Coordinator will be responsible for assisting existing businesses and new entrepreneurs to improve access to Federal procurement opportunities. The Business Development Coordinator will research procurement opportunities and disseminate information out to the community and to business owners, working directly with the community to identify areas of procurements that are of interest to the nation and that would have direct impacts on the community's economy.

- Assist members with creating business plans, research, and applying for grants related to company start-up and business support services.
- Assist Business Owners and local contractors in accessing federal contracts, processes, and procedures involved.
- Assisting Businesses and contractors in positioning themselves to participate in the federal procurement process. (i.e., Obtaining a procurement business number)
- Working collaboratively with Procurement Assistance Canada to build local business capabilities to participate in the procurement process and provide seamless, on-site support to the community.
- Supporting small and medium enterprises in registering on the Indigenous business directory via the federal procurement process.
- Works to reduce or overcome barriers to ensure fairness in the procurement process.
- Registering member's businesses on the CanadaBuys.gc.ca site
- Finding business procurement/contract; assisting businesses with the bidding process on opportunities.
- Support businesses in applying for security clearance and screening.
- Promote what is meant by an Indigenous Set-Asides.
- Promote the announcements of new and immediate measures to increase federal procurement opportunities for Indigenous businesses across Canada. Ex: mandatory requirement for federal departments and agencies to ensure a minimum of 5% of the total value of contracts are being completed by Indigenous groups.
- Promote and inform how the Procurement Strategy for Aboriginal Businesses works to their benefit.

### REQUIREMENTS:

- Successful completion of a Post-Secondary degree or diploma in Business Administration; or
- Successful completion of Grade 12 with 2-3 years of demonstrated experience in business development, research, or program administration.
- Experience in policy development, research, or program administration, or a professional business administration occupation.



## How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

## Submit to:

Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

[HR@pikwakanagan.ca](mailto:HR@pikwakanagan.ca)

## Subject Line: Business Development Coordinator

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

## Application Process:

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

## What Algonquins of Pikwakanagan First Nation Offers

### Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



# AOPFN EMPLOYMENT OPPORTUNITY

## Home Maintenance Worker

**Department: Health Services**

**Supervisor: Seniors & Client Support Supervisor**

**2-year Contract - 35 hours a week**

**\$19.00 hourly**

**Deadline to Apply: Friday, February 2nd at 4:30PM**

The Home Maintenance Worker will assist clients with heavy housekeeping and outdoor maintenance, and monitor client risks and safety during hydro outages, storms, or other community issues. The Home Maintenance Worker will assist in determining health and safety risks for clientele and will determine tasks that require services for maintenance that are out of the scope of work and assist clients in securing contracting resources if client requests. The Home Maintenance Worker will work as part of a multidisciplinary team to support client needs.

- Moving furniture, washing walls and ceilings, assisting with storage, washing windows, cleaning cupboards, cleaning ovens, minor painting, watering and tending to plants, emptying trash cans and other waste containers, assisting with recycling and contacting tradespersons for major repairs, etc.
- Informs clients of home maintenance supplies and equipment required to complete tasks.
- Determines tasks that require services for maintenance that are out of the scope of work and assists clients in securing contracting resources if client requests.
- Annual yard maintenance, cutting grass, snow removal from walkways and doorways, raking, shoveling, outdoor painting, window cleaning, light brushing, and all other work to maintain the yard and exterior of the home.
- Will carry firewood into the client's residence.
- Water and tend to plants, empty trash cans and other waste containers, assist with recycling.
- Participates in identifying clientele needs and reports to Home & Community Care Coordinator.
- Completes client data sheets and other documents required for reports and performance indicators.
- Submits calendars for planned services.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Recognizes, reports and records safety and health risks for staff.
- Knowledge of general cleaning and seasonal home and yard maintenance.
- Knowledge of safety protocols.
- Knowledge of use of variety of equipment and supplies used for home and yard maintenance.
- Familiar with infection control.
- Ability to lift heavy objects over 50lbs

Funded in part by the  
Government of Canada's  
Age Well at Home Initiative

Canada

### REQUIREMENTS:

- Grade 10 education with 2-years experience in home and/or yard maintenance.

### CONDITIONS OF EMPLOYMENT:

- An acceptable Criminal Records Check and Vulnerable Sector Check; annually
- Certificate of medical health by a physician; annually
- Drivers abstract – clear of convictions for 3 years
- Possess a valid class “G” driver’s license
- Meet age requirements of Organizations Insurance Qualifications (25 or Older)

## How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

## Submit to:

Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

**HR@pikwakanagan.ca**

**Subject Line: Home Maintenance Worker**

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

## Application Process:

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, and not a member of the supervisor's immediate family preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

## What Algonquins of Pikwakanagan First Nation Offers

### Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.

**“CALL TO TENDER”**  
**Repair/Renovate/Replace Outdoor Sheds at Mindiwin Manido Daycare**  
**83B Kagagimin Inamo**

**Scope of Work:**

1. Remove/Replace existing outdoor sheds on the daycare property. (Site visit required).
2. Remove shed immediately outside back door to clear obstructive view of backyard.

**All materials, necessary equipment/tools and labor to be supplied by the bidder.**

*\*Please ensure you include valid Personal Liability and Property Damage Insurance Certificate, WSIB clearance certificate upon signing of contract.*

*Any questions or concerns can be directed to Kerry Andrews at 613-625-2682*

**Envelopes should be clearly marked:**

**“Tender for Shed Work at Mindiwin Manido Daycare ”**

**Addressed to:**

**Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo  
Pikwakanagan, Ontario, K0J 1X0**

**ATTENTION: Kerry Andrews, A/Manager, Mindiwin Manido Daycare**

*All tenders must be received by January 26<sup>th</sup> at 4:00 p.m.*

*Tenders can be mailed to the address above or hand-delivered to the front desk at the Administration Office.*

**THE ALGONQUINS OF PIKWAKANAGAN FIRST NATION IS NOT OBLIGATED TO ACCEPT THE LOWEST OR ANY TENDER**

\*\*\*\*\*

My “Tender” for Shed Work at Mindiwin Manido Daycare (complete cost of labour and all materials)

is:

\$ \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

# Membership Additions

## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Miller, Melanie	Tennisco	24 Aug 23	24 Jan 24
Jocko Rabay, Jordan	Jocko/Kohoko	24 Aug 23	24 Jan 24
White, Jessica	Benoit	24 Aug 23	24 Jan 24
Cumming, Renne	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Penelope	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Theodore	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Cameron	Sarrazin	24 Aug 23	24 Jan 24
Lemieux, Ryan	Whiteduck/Francios	07 Sept 23	07 Feb 24
Tremblay, Michel	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Isabella	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Maxime	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Martin	Montreuil	07 Sept 23	07 Feb 24
Keesic, Susan	Whiteduck	08 Sept 23	08 Feb 24
Hamadani, Cheyanne	Lamure	08 Sept 23	08 Feb 24
Egan, Ashton	Commanda/Baptiste	11 Sept 23	11 Feb 24
Jackson, Garth	Montreuil	12 Sept 23	12 Feb 24
Pon, Laurie	Benoit/Baptiste	12 Sept 23	12 Feb 24
Lamont, Emily	Lavalley	18 Sept 23	18 Feb 24
Gorgichuk, Kimberly	Baptiste/Benoit	19 Sept 23	19 Feb 24
Lamure, Jeffery	Lamure	03 Oct 23	03 Mar 24
Lamabe, Emily	Lamabe	03 Oct 23	03 Mar 24
Marenger Deni, Meteo	Lavalley	03 Oct 23	03 Mar 24
Codling, Robert	Benoit/Baptiste	05 Oct 23	05 Mar 24
Lee, Sarah	Benoit/Baptiste	11 Oct 23	11 Mar 24
Mosier, Rebecca	Benoit/Baptiste	12 Oct 23	12 Mar 24
Green, Jo-Anne	Benoit/Baptiste	13 Oct 23	13 Mar 24
Penberthy, Braden	Jocko	17 Oct 23	17 Mar 24
Penberthy, Avery	Jocko	17 Oct 23	17 Mar 24
Gould, Marion	Benoit/Baptiste	20 Oct 23	20 Mar 24
Isbester, Isabella	Sharbot	31 Oct 23	31 Mar 24
Carle, Elijah	Lavalley	31 Oct 23	31 Mar 24
Wellmen, Selma	Lavallee	31 Oct 23	31 Mar 24
Minnie, Helen	Lavallee	31 Oct 23	31 Mar 24

# Membership Additions

Campbell, Crystal	Ignace	06 Nov 23	06 Apr 24
Rockburn, Joseph	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Tyler	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Alexadre	Lavalley/Partridge	08 Nov 23	08 Apr 24
Shona, Woodland-Srinivsan	Partridge	08 Nov 23	08 Apr 24
Amanda, Weichel	Leclair	14 Nov 23	14 Apr 24
Butler, Kareena	Baptiste	20 Nov 23	20 Apr 24
Helmer, Scot	Lavalee/Ignace	20 Nov 23	20 Apr 24
Helmer, Brock	Lavalee/Ignace	20 Nov 23	20 Nov 24
White, Skye	Meness	20 Nov 23	20 Apr 24
White, Brenna	Benoit/Baptiste	21 Nov 23	21 Apr 24
Hallick, Terrence	Lavalley	27 Nov 23	27 Apr 24
Dennome, Marcel	Ignace/Meness	06 Dec 23	06 Mar 24
Gaudry, Chante	Meness	06 Dec 23	06 May 24
Fleming, Alyssa	Lamure	11 Dec 23	11 May 24
Bowers, Jeremy	Lavalee	13 Dec 23	13 May 24
Cort, Brandy	Meness	18 Dec 23	18 Mary 24
Law, Patrick	Meness	19 Dec 23	19 May 24
Rennie, Stacey	Sararas	11 Jan 24	11 June 24
Reenie, Seirra	Sararas	11 Jan 24	11 June 24
Reenie, Shelby	Sararas	11 Jan 24	11 June 24
Reenie, Greyson	Sararas	11 Jan 24	11 June 24
Reenie, Gibson	Sararas	11 Jan 24	11 June 24

To appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)

# Community Information

## Regular council meetings on ZOOM

Every second and last Tuesday of the month beginning at 9AM



Available in the **members-only** section of [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca):

Zoom details  
minutes  
Presentations/Attachments

### Not Online?

Call Alanna Hein at 613-625-2800 EXT 229 and leave a message to request information and instructions on how to join zoom by phone

## Conways Pharmacy Remote Dispensing Location

### BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

**We are closed weekends and Holidays**

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you  
Natalie Commanda, Pharmacy Technician  
Joseph Conway, Pharmacist



## ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact  
Sandy  
613-717-2894

**Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish clothes and towels**

# Community Information

## Library Hours

**WEDNESDAY: 8:30 AM - 4:30 PM**

**THURSDAY: 8:30 AM - 4:30 PM**

**FRIDAY: 8:30 AM - 4:30 PM**

Come take a look at the variety of First Nation books including fiction, non-fiction and children books.

Computers are available for public use to access Government Sites & other social media sites.

Estelle Amikons  
613-625-2800 EXT:244

## FOR YOUR INFORMATION

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (applicants who are 18 years or older)
- Residency (applicants who are 18 years or older)

Applications, laws, and codes are available on our website.

<https://www.algquinsopikwakanagan.com/laws-and-by-laws/>

hard copies can be requested from the Lands, Estates, and Membership Department  
613-625-2800 | mgr.lem@pikwakanagan.ca |  
land.officer@pikwakanagan.ca |  
assistant.lem@pikwakanagan.ca

Notice:  
Killaloe OPP record check applications are now online.

## Waste Disposal Site

Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

## Curbside Pick Up



Garbage: Wednesday  
Cardboard: Thursday  
Containers: Friday



## ANIMAL CONTROL

June Logan:

613-625-2545 or  
(613) 602-3626



# Community Information

## ***How To Access 'Members Only' Section of Website***

*Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.*

### **Steps:**

1. Open a browser and enter: [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca)
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

*\*This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.\**

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	<a href="mailto:thunderbird@gmail.com">thunderbird@gmail.com</a>	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format

# Administration Information

## Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0

Office: 613-625-2800 | Fax 613-625-2332

Hours of operation: Monday - Friday 8:30AM - 4:30PM

12:00PM - 1:00PM Closed for lunch

### \*\*Holiday Closures\*\*

New year's day, Family Day, Good Friday, Easter Monday, Victoria Day, INDIGENOUS peoples day, Canada Day, Civic Holiday, Labor Day, National Day For Truth and Reconciliation, Thanksgiving, REMEMBRANCE Day & Christmas Day

2 week - Christmas Closure Dates will be ANNOUNCED

