



# Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD ADITAGÀGOMIN KÌZIS 12, 2024  
FRIDAY JANUARY 12, 2024

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

## CONTENT

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The ceremonies will be held with an open mind and will have no prior four day of sobriety rule, but please try to abstain from using substances the day of. There is no dress code, we just ask that you are covered when participating. The goal of these sweats is to provide the opportunity for those who have not participated to come and partake in this cultural activity, but is not limited to. Each sweat will have a different conductor to provide the opportunity of experiencing different protocols. Please watch for posters specific to each sweat, these will contain more information specific to each ceremony. The sweats will take place in the back parking lot of the Cultural Grounds, weather permitting. Lets come together in ceremony and healing for Pikwakanagan!

January 20, 2024 - Dean Sayers  
February 3, 2024 - Michael White  
February 10, 2024 - Elaine Kicknosway  
March 2, 2024 - Conductor TBD

For any questions or to register please  
contact: 613-625-2250  
or email  
IES.hs@pikwakanagan.ca

# COMMUNITY UPDATE IV

Pikwakanagan Opioid Crisis

January 12, 2024



## STATE OF EMERGENCY

Algonquins of Pikwakanagan First Nation Chief and Council with the support and direction of the community members declared a State of Emergency recognizing the serious health, social, and safety issues that are ongoing in the community due to the opioid crisis.

This community-driven effort will continue to grow and provide, education, programs, services, events, and activities for the community members through the **Community Taskforce** with the support of the Emergency Response Control Group (ERCG), AOPFN Staff, and Partnered Agencies to support the specific goals brought forward by the community for the community.

The Community Taskforce participated in its first meeting Thursday January 11th, 2024. The taskforce receive an update from the ERCG action items that have been going on in through the Administrative Staff and Chief and Council.

The Taskforce took time to brainstorm some suggestions and recommendations on action items of the four pillars of focus Prevention, Treatment, Aftercare and Safety, moving forward the taskforce will further explore these recommendations and place them as long-term, medium-term and long term items for action.

In the next Community Taskforce meeting that is scheduled for **Thursday January 18th, 2024** and will continue the discussions on the four pillars that match the community members vision, requests, and next steps, including the structure of the taskforce and the strategic plan moving forward.

## EMERGENCY RESPONSE CONTROL GROUP (ERCG):

Entering the new year, the ERCG maintains it's momentum and continues to hold **weekly meetings** to discuss, share research and plan further partnerships with provincial and federal government agencies and surrounding communities on the goals that have been established by the community to gain access and provide supports and services to community members.

Services that were established prior to and for the Christmas Closure will continue, such as the following:

- Renfrew County Paramedics - Stationing Paramedics in the community.
- Increased Police Presence in the community.
- Harm Reduction Education and Naloxone Kits

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## ENDING THE STIGMA

Overdose-related deaths and other harms are affecting our community which includes our friends and family. Addiction is not a choice. It is a treatable medical condition yet many people who face addiction are affected by stigma.

Stigma is negative attitudes, beliefs or behaviours about or towards a group of people because of their situation in life and includes discrimination, prejudice, judgment and stereotypes, which can lead to isolation.

We can make it easier for people to get support by letting them know they are not alone and substance use does not define who they are. Be kind to one another.

# Joyce Ann Goss (Kahoko)

1949-2023

On December 18, 2023 at the Ottawa Civic Cardiac Intensive Care Unit our beloved Auntie Joyce made her final journey to the spirit world to be reunited with her loving sister Gloria Bernard and our Creator.

We, the family would like to thank the following people for the care, support, and love given to Aunt Joyce and ourselves.

Ottawa Civic Cardiac Intensive 5th floor staff  
Ottawa Civic Cardiac Intensive Care Unit 1st Floor Staff  
Chief and Council

Health Services and Tennisco Manor Staff  
Roseanne, Rick and Georgie  
Greg, Helen, Jacqueline, and Kaleb Sarazin  
Starr Marks, Jesse, Paul Sr, Paul Jr  
Golden Lake Smoke Shop Staff

Although we only had three years with Auntie Joyce, we made precious memories and shared family and lots of love to last, until we are all together again.

When we think of her now, we can visualize our mom embracing her little sister and hugging each other, they don't know any sadness from earlier in their childhood, only love.... all there is, is love.

Meegwetch (Thank you)

Stephanie Stone, Nichole Bernard, Jeff Bernard and our loving children and their families.

# January

S	M	T	W	T	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

19 - Food voucher registration deadline

24 - Food voucher pick up

15 - 29 - Yoga series with Amber  
(Health Services) 5 pm

2024

# News & Events:

## FISH HARVEST

December 22, 23 - May 31, 24

This event will only take place when the ice is safe and on many lakes throughout our territory. Community members are requested to bring fish home for our Elders and Community. Once we feel we have enough to share we can come together and clean, debone, wrap and distributed to our Elders and community members.

Contact Dale at 613-401-3180

Everyone welcome to participate!

## COMMUNITY BIG GAME HARVEST

December 22, 2023 - January 15, 2024

Coming together to hang, skin, quarter, grind burger meat, learn your cuts on the meat, wrap the meat, and deliver it to our Elders and members in the community.

Contact Dale at 613-401-3180 if interested in participating everyone welcome!

# Come Join Us!

## YOGA SERIES

with Amber

Beginner level classes  
Build mind-body-spirit  
connection through  
intentional movement and  
breath

Students can expect a one-  
hour facilitated class  
Mats and props provided

Jan 15 - April 01

MONDAYS 5 - 6 PM

HEALTH CENTRE

*Elders Lodge Euchre every Sunday*

DOORS OPEN AT NOON

CARDS START AT 1PM

\$5 ENTRY

50/50 \$2.00 EACH OR 3 FOR \$5.00

COLD DRINKS \$1.00

Social Services

# DECEMBER FOOD VOUCHER

## PICK UP

## WEDNESDAY JANUARY 24TH , 2024

Register by Friday, January 19th, 2023

Text 613-639-1633



## AOPFN ALGONQUIN KNOWLEDGE AND LAND USE STUDY

*We are looking for Algonquins of Pikwakanagan First Nation members to participate in our new study!*

### **What is an Algonquin Knowledge and Land Use Study (AKLUS)?**

An AKLUS is used to map AOPFN knowledge, land use, and places that have been used by AOPFN members.

### **How can I participate?**

We will be interviewing land users in the community as well as remotely. There will be an honorarium for participating.

### **Who is conducting this study?**

The AKLUS is being undertaken by AOPFN, with support from Shared Value Solutions (SVS).

### **Why are we doing an AKLUS?**

This AKLUS will help us determine the potential impacts of the Alexandra Bridge Replacement Project and the Energy Services Acquisition Program on our unceded Traditional Territory.

### **When is this happening?**

Interviews are taking place the weeks of **January 29<sup>th</sup>** and **February 26<sup>th</sup>**.

### **Email or call us to participate, or ask questions!**

Michelle Galoni 613-625-4010 Ext: 204  
[coordinator.projects@pikwakanagan.ca](mailto:coordinator.projects@pikwakanagan.ca) 613-625-4010 Ext: 204 OR Crystal Benoit  
[projectco2@pikwakanagan.ca](mailto:projectco2@pikwakanagan.ca)

# AOPFN - HOME ENERGY EFFICIENCY PROGRAM

## ENHANCING COMMUNITY LIVING THROUGH ENERGY EFFICIENCY

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Are you looking to reduce your energy bills and enhance your home's comfort? Join our Energy Efficiency Program! We're offering **FREE Home Energy Audits** to assess your home's energy use and uncover potential improvements.

### WHY AN ENERGY AUDIT?

- **Free Home Energy Audit:** Discover ways to enhance your home's energy efficiency.
- **Possibility of Upgrades:** Following the pre-audit, you may be eligible for upgrades like new windows, new HVAC systems, insulation, or air sealing. *However, please note that receiving an audit does not guarantee free upgrades.*
- **Savings on Utility Bills:** Potential upgrades can lead to significant reductions in your energy costs.
- **A Stronger Community:** Your participation contributes to our shared goal of creating an energy-efficient community.

### NO FINANCIAL OBLIGATION

- **All Costs Covered:** Audits and potential upgrades are fully funded through our program.
- **No Guarantee on Specific Upgrades:** Eligible upgrades are based on audit results, focusing on necessity rather than preference.

### YOUR HOME, YOUR COMMUNITY, YOUR FUTURE

- **Your Participation is Key:** Engaging in this initiative means improving your home and contributing to a larger community goal.

### A LONG-TERM ENDEAVOR

- **Our Goal:** To provide energy efficiency upgrades to every community member.
- **No Guarantees:** This is a long-term project, and while we aim for widespread impact, changes may occur.

### CONNECT WITH US!

For more information or to schedule your home energy audit, please contact:

**Korey Kauffeldt**

Community Energy Coordinator

Email: [cec@pikwakanagan.ca](mailto:cec@pikwakanagan.ca)

Phone: 613-625-4010

# Health Information:

## NNADAP

## Resources

ATS- Addiction Treatment Service  
613-432-9855

Pathways Alcohol & Drug  
Treatment Services  
613-432-8573

Renfrew County Community  
Withdrawal Management  
(Renfrew)  
613-432-7620

Renfrew County Crisis Line  
1-866-996-0991

First Nations and Inuit Hope for  
Wellness Line  
1-855-242-3310

Pikwakanagan Mental Health  
Services  
613-625-2259



## *Crisis Lines*

Emergencies - 9-1-1

Mental Health Crisis Line  
1-866-996-0991

Drug, Alcohol, Gambling Hotline  
1-866-531-2600

National Overdose Prevention Line  
1-888-688-6677

Kids Help Line  
1-800-668-6868

First Nation & Inuit Hope for Wellness  
Help Line  
1-855-242-3310

Canadian Human Trafficking Hotline  
1-833-900-1010

## *Local*

Emergencies - 9-1-1

VTAC  
1-844-727-6404

Telahealth  
1-866-797-0000

Poison Control  
1-800-268-9017

Eganville Foodbank (165 John St)  
613-401-5785

Pembroke Foodbank (295 1st Ave)  
1-855-242-3310





# January is **ALZHEIMER'S** AWARENESS MONTH



- **THE RATES OF ALZHEIMER'S DISEASE AND RELATED DEMENTIAS AMONG INDIGENOUS PEOPLE IN CANADA ARE EXPECTED TO GROW MORE RAPIDLY THAN AMONG NON-INDIGENOUS PEOPLE DUE TO HIGHER RATES OF MANY OF THE RISK FACTORS FOR DEMENTIA,**
- **POOR DIET IS ONE RISK FACTOR FOR DEMENTIA. A FEW OTHER MODIFIABLE RISK FACTORS ARE PHYSICAL INACTIVITY, SMOKING, DIABETES, AND HIGH BLOOD PRESSURE.**
- **THE ONTARIO FIRST NATIONS AGING STUDY REITERATES THE SIGNIFICANCE OF TRADITIONAL WAYS, INCLUDING TRADITIONAL FOODS, AS FIRST NATIONS PEOPLE AGE. DATA HAS SHOWN THAT WHEN FIRST NATIONS PEOPLE ARE FRAIL, THEY ARE MORE LIKELY TO EAT TRADITIONAL MEAT OR FISH. EATING TRADITIONAL FOODS EVEN IN SMALL AMOUNTS IMPROVES THE OVERALL QUALITY OF THE DIET.**
- 1. **EMPHASISING COLOURFUL FRUITS AND VEGETABLES (INCLUDING BERRIES, CRUCIFEROUS VEGETABLES LIKE BROCCOLI, CAULIFLOWER, ETC., LEAFY GREENS LIKE SPINACH, KALE, ETC.),**
- 2. **NUTS (INCLUDING WALNUTS), BEANS OR LEGUMES (LIKE KIDNEY BEANS, BLACK BEANS, ETC.),**
- 3. **FISH (INCLUDING FATTY FISH LIKE SALMON, TROUT, SARDINES),**
- 4. **WHOLE GRAINS (LIKE OATS, 100% WHOLE WHEAT OR WHOLE GRAIN BREADS, BARLEY, WHOLE GRAIN PASTA, ETC.),**
- 5. **HEALTHY FATS (LIKE OLIVE OIL) AND LOW-FAT DAIRY FOODS**
- **LIMITING FOODS HIGH IN ADDED SUGAR AND SALT (LIKE COOKIES, ICE CREAM, FRIED FOODS, FROZEN DINNERS, ETC.), RED AND PROCESSED MEAT (LIKE BEEF, PORK, HOT DOGS, JERKY, COLD CUTS, ETC.), REFINED GRAINS (LIKE WHITE BREAD, WHITE RICE, ETC.)**
- **RESEARCH HAS FOUND THAT DIETARY PATTERNS LIKE THOSE OUTLINED IN THE BRAIN HEALTH FOOD GUIDE ARE ASSOCIATED WITH DECREASING THE RISK OF DEVELOPING ALZHEIMER.**
- **REMEMBER, WHEN CONSIDERING CHANGING DIETARY HABITS, MAKING ONE OR TWO SMALL CHANGES THAT CAN BE SUSTAINED OVER TIME IS THE PREFERRED APPROACH.**
- **THE DEMENTIA SOCIETY OF OTTAWA & RENFREW COUNTY PHONE NUMBER IS  
1-888-889-6002**

# HEALTH CARE



STARTING

**JANUARY 11, 2024**



Renfrew County  
**youth  
wellness  
hubs**  
ONTARIO

Comté de Renfrew  
**carrefours  
bien-être  
pour les jeunes**  
DE L'ONTARIO



RENFREW COUNTY YOUTH WELLNESS HUBS ONTARIO WILL HAVE A NURSE PRACTITIONER PROVIDING **FREE SERVICES** ON SITE AT OUR PEMBROKE LOCATION

COMMON REASONS FOR AN APPOINTMENT MAY INCLUDE:

- BIRTH CONTROL/CONTRACEPTION
- WOUNDS, INJURIES OR RASHES
- PREGNANCY TESTING
- STI TESTING
- DEPRESSION, ANXIETY, MENTAL HEALTH CONCERNS
- GENERAL MEDICAL CARE (FEELING SICK)
- BLADDER INFECTION, EAR OR THROAT INFECTION

**AGES  
12-25**



**EVERY  
THURSDAY  
9AM-5 PM**

**BOOK APPOINTMENT:**



613 570 8953



[mirsullivan@renfrewhosp.com](mailto:mirsullivan@renfrewhosp.com)



278 Nelson St. Pembroke ON

ywho

**RVH**  
RENFREW  
VICTORIA  
HOSPITAL

ywho

**“CALL TO TENDER”**  
**Repair/Renovate/Replace Outdoor Sheds at Mindiwin Manido Daycare**  
**83B Kagagimin Inamo**

**Scope of Work:**

1. Remove/Replace existing outdoor sheds on the daycare property. (Site visit required).
2. Remove shed immediately outside back door to clear obstructive view of backyard.

**All materials, necessary equipment/tools and labor to be supplied by the bidder.**

*\*Please ensure you include valid Personal Liability and Property Damage Insurance Certificate, WSIB clearance certificate upon signing of contract.*

*Any questions or concerns can be directed to Kerry Andrews at 613-625-2682*

**Envelopes should be clearly marked:**

**“Tender for Shed Work at Mindiwin Manido Daycare ”**

**Addressed to:**

**Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo  
Pikwakanagan, Ontario, K0J 1X0**

**ATTENTION: Kerry Andrews, A/Manager, Mindiwin Manido Daycare**

*All tenders must be received by January 26<sup>th</sup> at 4:00 p.m.*

*Tenders can be mailed to the address above or hand-delivered to the front desk at the Administration Office.*

**THE ALGONQUINS OF PIKWAKANAGAN FIRST NATION IS NOT OBLIGATED TO ACCEPT THE LOWEST OR ANY TENDER**

\*\*\*\*\*

My “Tender” for Shed Work at Mindiwin Manido Daycare (complete cost of labour and all materials)

is:

\$ \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

# Membership Additions

## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Miller, Melanie	Tennisco	24 Aug 23	24 Jan 24
Jocko Rabay, Jordan	Jocko/Kohoko	24 Aug 23	24 Jan 24
White, Jessica	Benoit	24 Aug 23	24 Jan 24
Cumming, Renne	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Penelope	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Theodore	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Cameron	Sarrazin	24 Aug 23	24 Jan 24
Lemieux, Ryan	Whiteduck/Francios	07 Sept 23	07 Feb 24
Tremblay, Michel	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Isabella	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Maxime	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Martin	Montreuil	07 Sept 23	07 Feb 24
Keesic, Susan	Whiteduck	08 Sept 23	08 Feb 24
Hamadani, Cheyanne	Lamure	08 Sept 23	08 Feb 24
Egan, Ashton	Commanda/Baptiste	11 Sept 23	11 Feb 24
Jackson, Garth	Montreuil	12 Sept 23	12 Feb 24
Pon, Laurie	Benoit/Baptiste	12 Sept 23	12 Feb 24
Lamont, Emily	Lavalley	18 Sept 23	18 Feb 24
Gorgichuk, Kimberly	Baptiste/Benoit	19 Sept 23	19 Feb 24
Lamure, Jeffery	Lamure	03 Oct 23	03 Mar 24
Lamabe, Emily	Lamabe	03 Oct 23	03 Mar 24
Marenger Deni, Meteo	Lavalley	03 Oct 23	03 Mar 24
Codling, Robert	Benoit/Baptiste	05 Oct 23	05 Mar 24
Lee, Sarah	Benoit/Baptiste	11 Oct 23	11 Mar 24
Mosier, Rebecca	Benoit/Baptiste	12 Oct 23	12 Mar 24
Green, Jo-Anne	Benoit/Baptiste	13 Oct 23	13 Mar 24
Penberthy, Braden	Jocko	17 Oct 23	17 Mar 24
Penberthy, Avery	Jocko	17 Oct 23	17 Mar 24
Gould, Marion	Benoit/Baptiste	20 Oct 23	20 Mar 24
Isbester, Isabella	Sharbot	31 Oct 23	31 Mar 24
Carle, Elijah	Lavalley	31 Oct 23	31 Mar 24
Wellmen, Selma	Lavallee	31 Oct 23	31 Mar 24
Minnie, Helen	Lavallee	31 Oct 23	31 Mar 24

# Membership Additions

Campbell, Crystal	Ignace	06 Nov 23	06 Apr 24
Rockburn, Joseph	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Tyler	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Alexadre	Lavalley/Partridge	08 Nov 23	08 Apr 24
Shona, Woodland-Srinivsan	Partridge	08 Nov 23	08 Apr 24
Amanda, Weichel	Leclair	14 Nov 23	14 Apr 24
Butler, Kareena	Baptiste	20 Nov 23	20 Apr 24
Helmer, Scot	Lavalee/Ignace	20 Nov 23	20 Apr 24
Helmer, Brock	Lavalee/Ignace	20 Nov 23	20 Nov 24
White, Skye	Meness	20 Nov 23	20 Apr 24
White, Brenna	Benoit/Baptiste	21 Nov 23	21 Apr 24
Hallick, Terrence	Lavalley	27 Nov 23	27 Apr 24
Dennome, Marcel	Ignace/Meness	06 Dec 23	06 Mar 24
Gaudry, Chante	Meness	06 Dec 23	06 May 24
Fleming, Alyssa	Lamure	11 Dec 23	11 May 24
Bowers, Jeremy	Lavalee	13 Dec 23	13 May 24
Cort, Brandy	Meness	18 Dec 23	18 Mary 24
Law, Patrick	Meness	19 Dec 23	19 May 24
Rennie, Stacey	Sararas	11 Jan 24	11 June 24
Reenie, Seirra	Sararas	11 Jan 24	11 June 24
Reenie, Shelby	Sararas	11 Jan 24	11 June 24
Reenie, Greyson	Sararas	11 Jan 24	11 June 24
Reenie, Gibson	Sararas	11 Jan 24	11 June 24

To appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)

# Community Information

## Regular council meetings on zoom

Every second and last Tuesday of the month beginning at 9AM



### Not Online?

Available in the **members-only** section of [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca):

Zoom details  
minutes  
Presentations/Attachments

Call Alanna Hein at 613-625-2800 EXT 229 and leave a message to request information and instructions on how to join zoom by phone

## Conways Pharmacy Remote Dispensing Location

### BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

**We are closed weekends and Holidays**  
Delivery available Friday

Phone : 613-625-9974  
Fax: 613-625-2068

Thank you  
Natalie Commanda, Pharmacy Technician  
Joseph Conway, Pharmacist



## ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact  
Sandy  
613-717-2894

**Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish clothes and towels**

# Community Information

## Library Hours

**WEDNESDAY: 8:30 AM - 4:30 PM**

**THURSDAY: 8:30 AM - 4:30 PM**

**FRIDAY: 8:30 AM - 4:30 PM**

Come take a look at the variety of First Nation books including fiction, non-fiction and children books.

Computers are available for public use to access Government Sites & other social media sites.

Estelle Amikons  
613-625-2800 EXT:244

## FOR YOUR INFORMATION

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (applicants who are 18 years or older)
- Residency (applicants who are 18 years or older)

Applications, laws, and codes are available on our website.

<https://www.algquinsopikwakanagan.com/laws-and-by-laws/>

hard copies can be requested from the Lands, Estates, and Membership Department  
613-625-2800 | [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca) | [land.officer@pikwakanagan.ca](mailto:land.officer@pikwakanagan.ca) | [assistant.lem@pikwakanagan.ca](mailto:assistant.lem@pikwakanagan.ca)

Notice:  
Killaloe OPP record check applications are now online.

## Waste Disposal Site

Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

## Curbside Pick Up

Garbage: Wednesday

Cardboard: Thursday

Containers: Friday



## ANIMAL CONTROL

June Logan:

613-625-2545 or

(613) 602-3626

# Community Information

## ***How To Access 'Members Only' Section of Website***

*Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.*

### **Steps:**

1. Open a browser and enter: [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca)
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

*\*This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.\**

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	<a href="mailto:thunderbird@gmail.com">thunderbird@gmail.com</a>	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format



# Administration Information

## Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0

Office: 613-625-2800 | Fax 613-625-2332

Hours of operation: Monday - Friday 8:30AM - 4:30PM

12:00PM - 1:00PM Closed for lunch

### \*\*Holiday Closures\*\*

New year's day, Family Day, Good Friday, Easter Monday, Victoria Day, INDIGENOUS peoples day, Canada Day, Civic Holiday, Labor Day, National Day For Truth and Reconciliation, Thanksgiving, REMEMBRANCE Day & Christmas Day

2 week - Christmas Closure Dates will be ANNOUNCED

