



# Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD ADITAGÀGOMIN KÌZIS 15, 2023

FRIDAY DECEMBER 15, 2023

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

## CONTENT

- State of Emergency
  - Community Update
- Program & Events Calendar
- Harvest Updates
- Program & Events
- News & Events
- Health Information
- Employment Opportunities
  - Chronic Disease Management
  - Early Childhood Educator
  - Resource Teacher
  - Administrative Assistant
- Membership Additions
- Community Information



**Merry Christmas**  
*and happy holidays*  
 From the admin building







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# *Algonquins of Pikwakanagan First Nation*

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*December 14, 2023*

## **STATE OF EMERGENCY – MESSAGE TO VOLUNTEERS**

Following the direction given to us by our community members, Chief and Council have officially declared a **State of Emergency in Pikwakanagan**, due to the opioid crisis that we are experiencing.

The community has made it clear to Chief and Council that something must be done, and that the community is united in the goal of restoring Pikwakanagan to a safe and healthy community. Many have signed up to Volunteer their time to help achieve this goal. Plans have started to be set into motion and ideas are becoming actions.

Since Declaring the State of Emergency, Pikwakanagan's Health and Mental Health Services have been diligently working to provide more social outreach and education programs. There has been, and will continue to be, education and training on Naloxone Administration, Wellness Checks and Assessments, CPR, Harm Reduction Strategies, Holistic Healing and Wellness, and Prevention Strategies, offered to the community.

It is encouraged that anyone who has signed up as a Volunteer, take advantage of as many of these programs as possible. Opportunities for training will be posted in the weekly newsletter, AOPFN News and Events, and sent to the emails provided during sign-up. If you would like to be added to the email list for Volunteers, or if you have signed up but not provided your contact information please contact

[communications.soe@pikwakanagan.ca](mailto:communications.soe@pikwakanagan.ca)

If email is not an option for you, please contact PJ Leroux at: (613) 639-3833.

The opioid crisis will remain our priority and together, we will continue to develop plans and strategies that will make a difference as we work towards our vision of a strong, healthy, safe, and thriving First Nation. We are currently working to identify and develop the skills possessed by our Volunteers to determine where and how they can do the most good. We are also working to recognize potential risks involved in the fight against drugs in our community, in order to properly inform our Volunteers how to stay safe while doing their part. Chi-Miigwech to all who are committed to making Pikwakanagan a safer place for all.

1657A Mishòmis Inamo  
Pikwakanagan, Ontario K0J 1X0

Tel: (613) 625-2800

Fax: (613) 625-2332



# COMMUNITY UPDATE II

Pikwakanagan Opioid Crisis

December 15, 2023



## STATE OF EMERGENCY

Algonquins of Pikwakanagan First Nation Chief and Council, with the support and direction of the community members, have declared a State of Emergency recognizing the serious health, social, and safety issues that are ongoing in the community due to the opioid crisis.

The state of emergency should not have an impact on businesses or their daily operations.

We encourage community members participate in training and on-going surveys to aid in the direction of the planning and goals we strive to provide to the community.

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## EMERGENCY RESPONSE CONTROL GROUP (ERCG):

The ERCG continue to hold weekly meetings to discuss, share research and plan further partnerships with provincial and federal government agencies and surrounding communities on the goals that have been established by the community.

To date we have had confirmation from the following:

- Renfrew County Paramedics - Stationing Paramedics in the community.
- Anishabek Nation - First Nation Crisis Team with the Crisis Hotline
- ISC - Withdrawal Management for Medical and Non-Medical Detox.
- Indigenous Affairs Ontario to support programming.
- CNL, CHEO, Grand River Enterprises (GRE) has offered support to AOPFN, discussions are ongoing.

## TO DATE:

To date the ERCG has completed the following:

### Communications:

- Media Interviews, with CBC Radio, CFRA, and the Ottawa Citizen.
- Mailout Containing:
  - 5 steps to respond to opioid crisis
  - Training Advertisement for December 13th, 14th & 20th
  - Crime Stoppers Information
- Communication to Taskforce Volunteers identifying and develop skills.

### Training:

- Naloxone Training for Pikwakanagan Fire Department.
- 2 Sessions of Community Naloxone, Harm Reduction and CPR Training
- Mobile Harm Reduction Unit available to the Community located at in the Makwa Parking lot.

## THE CURRENT PLAN

The ERCG is working on developing a crisis response plan for the duration of the Christmas closure to ensure that programs and services are readily available:

This will include, but not limited to the following:

- Paramedics Stationed in the community for quicker response times
- Immediate increased presence and patrols by the OPP
- Education and Training provided on Naloxone Administration, Harm Reduction and CPR
- Establishing a list for Wellness Checks and Assessments of individuals interested - over the closure
- Harm Reduction Strategies
- Holistic Healing and Wellness Programs



## COMMUNITY TASKFORCE

The ERCG has been directly contacting members who volunteered to be part of this taskforce to establish a meeting date with the Taskforce members to collaborate on the development of a plan and roles.

This is a community driven effort with the active support and guidance of the Community Taskforce in roles such as development of a safety plan for the community.

Once the Taskforce has established their roles and responsibilities an information package will be distributed to the community to connect with appropriate person based on the concern or situation.

If you would like to have a role and participate with the community task force, please connect with the ERCG at [ecg.opioidcrisis@pikwakanagan.ca](mailto:ecg.opioidcrisis@pikwakanagan.ca)

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## LONG-TERM PLAN

This is a community driven effort with the active support and guidance of the Community Taskforce. The ERCG will continue to create partnerships with provincial and federal government agencies and surrounding communities on the goals that have been established. These goals include community safety and enforcement, additional support and treatment services, land-based healing and peer support groups, among other beneficial aids such as:

- First Response and Paramedic Services
- Enforcement Services and Community Well-Being
- Access to Treatment Centres
- Education and Awareness

## EMERGENCY RESPONSE CONTROL GROUP (ERCG) MEMBERS & ROLES:

### Emergency Control Group Lead:

Lisa Meness, Executive Director  
Maureen Sarazin Tomasini, Health Manager

### Mental Health & Addictions:

Gillian McKay, Addictions Worker  
Sabrina Laframboise, Addictions Worker  
Sandi Wright, Adult Mental Health  
Sharra Bernard, Child & Family Therapist

### Health Education and Supplies:

Jessica Schwan, Community Health Nurse

### First Response:

Chris Sarazin, Fire Chief

### Senior Support:

Peggy Dick, Seniors & Client Support Supervisor

### Cultural Healing & Wellness:

Dale Benoit, Councillor  
Dave Assinewai, Acting, Ec. Dev Manager

### Enforcement Initiatives:

Brittany Scott, Acting LEM Manager

### Spokesperson:

Greg Sarazin, Chief  
Don Bilodeau, Councillor

### Communications:

PJ Leroux

### Council - (Portfolio Holders):

Vicky Two-Axe Kohoko, Councillor  
Cathy Bernard, Councillor

### Administration:

Rachel Mathieu, Executive Assistant  
Selena Roesler, Financial Services Manager

### Community Safety (Roads):

Dustin Logan, Public Works Manager

### Community Volunteer Coordinator:

Currently vacant



# Opioids: What Are They?

## What are opioids?

Opioids — like fentanyl, morphine, oxycodone and hydromorphone — are medications that can help relieve pain.

## What is the difference between legal and illegal opioids?

Legal opioids are prescribed by a health care professional, most often to treat pain from conditions such as sports injuries, dental procedures, short-term acute pain or long-term chronic pain.

**Illegal opioids** are any opioids that are made, shared or sold illegally. Illegal opioids include:

- **street drugs**
- opioids **given** to you by someone who is **not your health care provider**
- opioids that are **not prescribed to you** but are stolen or taken from someone else

**It is illegal to have opioids without a prescription or to share them with someone** — even if you give them away.

**Prescription opioids** exist in many forms, including:

- tablets
- capsules
- syrups
- solutions
- nasal sprays
- skin patches
- suppositories

Some **over-the-counter medications** contain low amounts of codeine, which is an opioid. These can be sold without a prescription. These codeine medications can still be used improperly if you do not follow the directions on the package.

## How can opioids lead to a substance use disorder (addiction)?

Unlike some other medications (e.g., antibiotics), opioids are psychoactive substances. This means that they **affect your mind, mood and mental processes** and can also induce **euphoria**, or the feeling of being “high.” This creates the potential for them to be used improperly.



## What is fentanyl?

Fentanyl is a powerful **synthetic opioid** that is prescribed to treat severe pain.

Canada's **illegal drug supply** is increasingly being **contaminated** with **illegal fentanyl**. Most of the illegal fentanyl in Canada is produced in other countries and imported into Canada.

Fentanyl is a dangerous drug because it is 20 to 40 times more potent than heroin and 100 times more potent than morphine, which makes the risk of accidental overdose very high. There is **no way to know how much fentanyl** has been mixed into illegal drugs because **you can't see, smell or taste it**. Consuming as little as a few grains salt worth of fentanyl can kill you.

## If you're prescribed an opioid, you should:

- ✓ Talk to your health care provider
- ✓ Take it as prescribed
- ✓ Never give away your opioid medications that are prescribed to you
- ✓ Never take opioids with alcohol
- ✓ Never take opioids with other medications, unless your doctor tells you it's okay
- ✓ Never keep, throw out or flush unused or expired opioids; take them back to the pharmacy for proper disposal

**KNOW  
MORE**

DRUGS: GET THE FACTS.  
KNOW THE RISKS.

ISBN 978-0-660-28932-8



Government  
of Canada

Gouvernement  
du Canada

Canada

Get the facts at [Canada.ca/Opioids](https://Canada.ca/Opioids)



# NALOXONE TRAINING

## HARM REDUCTION AWARENESS

### CPR REVIEW

**WEDNESDAY**  
**DECEMBER 20TH**

*1:30 - 7:00pm*  
*@ Health Services*  
Drop in whenever suits!

*Coffee and treats available!*

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## Harm Reduction Strategies

Please follow the Harm Reduction Strategies shared by Health Services to ensure people who use substances do it as safely as possible:

1. Not Using Alone- When using with someone else, don't use at the same time.
2. Take Extra Caution- If mixing substances. Mixing substances can increase the risk of harm and/or drug poisonings.
3. Go Slow: Always start with a LOW dose and increase slowly, especially if you are trying something new and/or restarting use.
4. Use Only NEW Supplies: This reduces the risk of getting or passing on an infectious disease. \*Supplies are available through Mental Health Services at the Health Centre\*
5. Get Overdose prevention training and carry naloxone on you!: Training and Naloxone kits available at the Health Centre

If you suspect or are witness to an overdose please call **9-1-1**

Harm Reduction Supplies Available Through Health Services Mental Health Team

**\*\*There is a Good Samaritan Drug Overdose Act which protects those using who call 9-1-1 in the event of an overdose\*\***

Any Questions or Concerns Please call or Gillian McKay (Addiction Counsellor) 613-570-8962 OR Sabrina Laframboise (Addiction Counsellor) 613-433-1837

# DECEMBER

## 2023

S	M	T	W	T	F	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

4- Housing Policy Community Consultation  
(6 PM, Elders Lodge)

5 - Home Ownership & You ( 9 AM - 4 PM Band  
office)

5 & 6 -Christmas Photos (Makwa Center 6 - 7:30)

8 - Community Dance - 9:00 pm - 1:00 am (Makwa  
Center)

17 - Christmas Parade

20 - Food Voucher Pick up

25-29 - Admin Office Closed (Christmas Holidays)



# Harvest Updates

## TRAPPERS EDUCATION COURSE

The Natural Resource Department will be hosting a Trappers Education Course March 2-3 & 9-10, 2024 at the Elder's Lodge. Seats are limited and spots will be filled on a first come first serve basis.

Registration Open Dec. 15-January 12/24  
To register and confirm your spot we must receive your fee of \$150.

Payment options cash or email transfer

REGISTER BY CONTACTING

THE HARVEST CLERK, ANGELINA COMMANDA

AT 613-628-2800 EX 249 OR  
[HARVEST@PIKWAKANAGAN.CA](mailto:HARVEST@PIKWAKANAGAN.CA)



## The Standing Committee of Council on Natural Resources

Are looking for volunteer registered members to join their new and exciting team. The Committee will act as a recommending body who provides advice to Chief and Council through the appropriate chains of command, on Natural Resource matters that impact our people. We seek three experienced volunteers with a background in Natural Resource Management and knowledge of our Traditional Territory. Interested members should submit an email to [mgr.naturalresources@pikwakanagan.ca](mailto:mgr.naturalresources@pikwakanagan.ca) outlining your experience, background and how you would be an asset to the team. Natural Resource Management For Future Generations  
AOPFN Natural Resource Department

## CANADIAN FIREARMS SAFETY COURSE

The Natural Resource Department will be hosting a Canadian Firearms Safety Course February 10-11, 2024 at the Elder's Lodge.

Seats are limited and spots will be filled on a first come first serve basis.

Registration Opens Dec. 15-January 12/24

To register and confirm your spot we must receive your fee of \$100. At time of registration, we will require the following information:

Date of birth, address, Phone# & email.  
Payment options cash or email transfer

### TO REGISTER CONTACT:

Harvest Clerk, Angelina Commanda at  
613-628-2800 Ex 249 or  
[harvest@pikwakanagan.ca](mailto:harvest@pikwakanagan.ca)

## REMINDER HUNTERS

December 21, 2023

Will be the last day to be able to harvest  
Cow Moose  
And Elk (Cow & Bull)

Thanks

The Natural Resources Department

## Winter is here

REMINDER TO ALL HUNTERS & TRAPPERS

IF YOU ARE HEADING OUT IN THE SNOW ESPECIALLY IN ALGONQUIN PARK

- TELL SOMEONE YOUR TRIP PLAN
- CHECK THE WEATHER FORECAST BEFORE HEADING OUT
- DRESS IN LAYERS AND FOR THE WEATHER
- ENSURE YOUR WEAPONS AND EQUIPMENT WILL WORK IN THE COLD
- ENSURE YOU TAKE APPROPRIATE RATIONS AND SAFETY GEAR
- PACK YOUR MEDICATIONS
- WATCH FOR LOG TRUCKS

BE PREPARED AND SAFE

THANKS

NATURAL RESOURCE DEPARTMENT

# Thank You

to all the Harvest Monitors for their service and commitment this season  
from the National Resources Department



# News & Events:



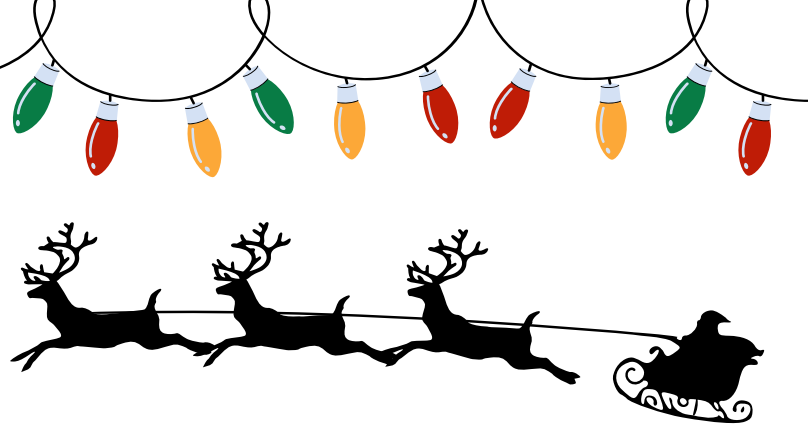
*LEM Holiday Office Closure Notice*

PLEASE BE ADVISED THE LANDS ESTATE, AND MEMBERSHIP DEPARTMENT WILL NOT BE AVAILABLE FROM

DECEMBER 20TH 2023 - JANUARY 5TH 2024.

IF YOU REQUIRE ANY LEM SERVICES SUCH AS STATUS CARDS PRIOR TO THESE DATES, WE ADVISE YOU TO CALL AND BOOK AN APPOINTMENT PRIOR TO DECEMBER 20TH

SORRY FOR ANY INCONVENIENCE LANDS, ESTATES, AND MEMBERSHIP



## *Papinenindam* **MANADJITO-KIJID**

HAPPY HOLIDAYS

**Omàmiwininì Pimàdjwowin**  
Will be closed for the holidays

December 22, 2023

TO

January 8, 2024

Open to regular hours

Have a safe and wonderful holidays



### HOLIDAY LANDFILL SCHEDULE

DEC 24 **LANDFILL CLOSED**

DEC 27 **GARBAGE CURBSIDE PICK UP**  
LANDFILL OPEN 12-6

DEC 28 **DOUBLE RECYCLE PICK UP**  
FIBRE & CONTAINER

DEC 29 **NO RECYCLING PICK UP**

DEC 31 **LANDFILL CLOSED**

JAN 3 **GARBAGE CURBSIDE PICK UP**  
LANDFILL OPEN 12-6

JAN 4 **DOUBLE RECYCLE PICK UP**  
FIBRE & CONTAINER

JAN 5 **NO RECYCLING PICK UP**

JAN 7 **LANDFILL OPEN 9-3**



Social Services

# DECEMBER FOOD VOUCHER

## PICK UP

## WEDNESDAY DECEMBER 20TH , 2023

Register by Friday, December 15th, 2023

Text 613-639-1633



# Winter Solstice Feast

**DECEMBER 21, 2023**

**6 PM | MAKWA COMMUNITY CENTRE**

The solstice feast is a traditional celebration that marks the longest night of the year and the return of the sun. The feast will include dinner, dessert, and drinks for up to 150 guests, first come first served.

**HOLIDAY FEAST  
PROVIDED BY**



**SANTA WILL BE  
BRINGING  
GIFTS FOR ALL  
KIDS IN  
PIKWAKANAGAN  
AGES 0 - 11**

**ON BEHALF OF:**

**SPORTS AND RECREATION + CHIEF AND COUNCIL**



# *Omamiwinini Pimadjwowin Recognizes Nevaeh Sarazin for Mazda Rising Legends Recipient award.*

Pikwakanagan's very own Nevaeh Sarazin got chosen to be 1 out of 5 Mazda's Rising Legends for 2023. Nevaeh is an educator, dancer, singer and artisan, at just 15 years old, is already emerging as a role model for the community. She is dedicated to preserving and strengthening our culture and actively works to make a positive impact throughout our community. Nevaeh received \$50, 000.00 to implement programming, classes/teachings and cultural activities to help her peers stay connected to their culture, language and traditions. Nevaeh will also be donating to causes that support Murdered Missing Indigenous Women & Girls.



***NEVAEH SARAZIN, ONTARIO***

***"Giving back to the culture and Mother Earth empowers me and enriches my life"***

"Since 2021, Mazda in Canada has honoured the Local Legends who make exceptional impacts within their communities. In 2023, Mazda was proud to support extraordinary Canadian youth who go above and beyond to do the same. Mazda in Canada and its Retailers are pledging \$1,000,000 in support of Canadian youth, including \$750,000 in Retailer contributions and \$250,000 to be awarded by Mazda Canada to five Rising Legends."

[www.mazda.ca/en/discover-mazda/welcome-to-mazda/rising-legends/](http://www.mazda.ca/en/discover-mazda/welcome-to-mazda/rising-legends/)



# ARE YOU A LAND USER?

THE CONSULTATION DEPARTMENT &  
THE NEYA WABUN PROGRAM ARE  
LOOKING FOR AOPFN MEMBERS WHO  
USE THE LAND TO HARVEST OR FOR  
CULTURAL PRACTICES IN THE  
NATIONAL CAPITAL REGION (NCR)  
BETWEEN OTTAWA AND GATINEAU TO  
HELP US WITH OUR AOPFN ALGONQUIN  
KNOWLEDGE AND LAND USE STUDY  
(AKLUS)!

COME OUT TO THE MAKWA ON WEDNESDAY, DECEMBER 20<sup>TH</sup> FROM 6-8pm  
OR USE THE ZOOM INFORMATION BELOW TO JOIN THE DISCUSSION & LEARN  
MORE ABOUT THIS STUDY!

FOOD WILL BE PROVIDED!!

Join Zoom Meeting: <https://us02web.zoom.us/j/81426111443>

Meeting ID: [814 2611 1443](https://us02web.zoom.us/j/81426111443)







## ALGONQUIN KNOWLEDGE AND LAND USE STUDY

*We are looking for Algonquins of Pikwakanagan First Nation members to participate in our new study!*

### **What is an Algonquin Knowledge and Land Use Study (AKLUS)?**

An AKLUS is used to map AOPFN knowledge, land use, and places that have been used by AOPFN members.

### **How can I participate?**

We will be interviewing land users in the community as well as remotely. There will be an honorarium for participating.

### **Who is conducting this study?**

The AKLUS is being undertaken by AOPFN, with support from Shared Value Solutions (SVS).

### **Why are we doing an AKLUS?**

This AKLUS will help us determine the potential impacts of the Alexandra Bridge Replacement Project and the Energy Services Acquisition Program on our unceded Traditional Territory.

### **When is this happening?**

Interviews are taking place the weeks of **January 29<sup>th</sup>** and **February 19<sup>th</sup>**.

### **Email or call us to participate, or ask questions!**

Michelle Galoni  
coordinator.projects@pikwakanagan.ca  
613-625-4010 Ext: 204





# Women's Circle

Tuesday afternoons from 1:00 pm to 4:00 pm at the Elder's Lodge

Beginning December 5th, 2023

Dec. 5th - Welcoming, discuss community needs

Dec. 12th - Welcoming, discuss family needs

Dec. 19th - Welcoming, discuss women's needs

Jan 16th - Focused Session - Therapeutic Arts

Jan 23rd - Focused Session - Therapeutic Arts

Jan 30th - Focused Session - Therapeutic Arts

Program will run for 14 weeks until the end of March 2024

**\*\*Light snacks and coffee & Tea will be provided\*\***

Facilitated by Charlene Smith

Wholistic Community - Based Prevention Worker

Registered Social Worker and Therapeutic Arts Practitioner

*"Everything's better when we're together"*





# AOPFN - HOME ENERGY EFFICIENCY PROGRAM

## ENHANCING COMMUNITY LIVING THROUGH ENERGY EFFICIENCY

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Are you looking to reduce your energy bills and enhance your home's comfort? Join our Energy Efficiency Program! We're offering **FREE Home Energy Audits** to assess your home's energy use and uncover potential improvements.

### WHY AN ENERGY AUDIT?

- **Free Home Energy Audit:** Discover ways to enhance your home's energy efficiency.
- **Possibility of Upgrades:** Following the pre-audit, you may be eligible for upgrades like new windows, new HVAC systems, insulation, or air sealing. *However, please note that receiving an audit does not guarantee free upgrades.*
- **Savings on Utility Bills:** Potential upgrades can lead to significant reductions in your energy costs.
- **A Stronger Community:** Your participation contributes to our shared goal of creating an energy-efficient community.

### NO FINANCIAL OBLIGATION

- **All Costs Covered:** Audits and potential upgrades are fully funded through our program.
- **No Guarantee on Specific Upgrades:** Eligible upgrades are based on audit results, focusing on necessity rather than preference.

### YOUR HOME, YOUR COMMUNITY, YOUR FUTURE

- **Your Participation is Key:** Engaging in this initiative means improving your home and contributing to a larger community goal.

### A LONG-TERM ENDEAVOR

- **Our Goal:** To provide energy efficiency upgrades to every community member.
- **No Guarantees:** This is a long-term project, and while we aim for widespread impact, changes may occur.

### CONNECT WITH US!

For more information or to schedule your home energy audit, please contact:

**Korey Kauffeldt**

Community Energy Coordinator

Email: [cec@pikwakanagan.ca](mailto:cec@pikwakanagan.ca)

Phone: 613-625-4010



# News & Events:

*Elders Lodge Euchre every Sunday*

DOORS OPEN AT NOON

CARDS START AT 1PM

\$5 ENTRY

50/50 \$2.00 EACH OR 3 FOR \$5.00

COLD DRINKS \$1.00

## 5 STEPS TO RESPOND TO AN OPIOID OVERDOSE

STEP

1



**SHOUT & SHAKE**  
their name & their shoulders

STEP

2



**CALL 9-1-1**  
If unresponsive.

STEP

3



**GIVE NALOXONE:**  
1 spray into nostril or inject 1 vial or ampoule into arm or leg.

STEP

4



**PERFORM RESCUE BREATHING AND/OR CHEST COMPRESSIONS.**

STEP

5



**IS IT WORKING?**  
If **no** improvement after 2-3 minutes, repeat steps 3 & 4.  
**Stay with them.**

### RECOVERY POSITION

If the person begins breathing on their own, or if you have to leave them alone, put them in the recovery position.

head should be tilted back slightly to open airway



hand supports head

knee stops body from rolling onto stomach

### SIGNS OF OPIOID OVERDOSE

- Person can't be woken up
- Breathing is slow or has stopped
- Snoring or gurgling sounds
- Fingernails and lips turn blue or purple
- Pupils are tiny or eyes are rolled back
- Body is limp

Seasons Greetings

from

Public Works Department

BE SAFE & BE HAPPY

**MERRY CHRISTMAS  
&  
HAPPY NEW YEAR  
"2024"**

## Community Members

**This is to advise you that we have call help systems available in the community for usage if required.**

**The systems are from the Tennesco Manor and require you to have a land telephone line to use the system.**

**If you are interested in the call help systems, please contact us at (613) 625-1230 and we will set up a time and date to set up the system for you.**

**Migwech**

Happy Holidays



# Health Information

## NNADAP Resources

ATS- Addiction Treatment Service  
613-432-9855

Pathways Alcohol & Drug  
Treatment Services  
613-432-8573

Renfrew County Community  
Withdrawal Management  
(Renfrew)  
613-432-7620

Renfrew County Crisis Line  
1-866-996-0991

First Nations and Inuit Hope for  
Wellness Line  
1-855-242-3310

Pikwakanagan Mental Health  
Services  
613-625-2259



## ❖ DON'T BE A GRINCH ❖

### PREVENT SPREAD OF RESPIRATORY ILLNESSES DURING THE HOLIDAY SEASON

- Stay up to date with immunizations, including COVID-19 and influenza
- Watch for signs of illness and stay home if you are sick
- Wear a well-fitted medical mask or KN95 in crowded indoor settings
- Cover your mouth and nose with a tissue or your upper sleeve when coughing or sneezing
- Wash your hands often with soap and water or alcohol-based hand rub
- Keep high-touch surfaces clean (i.e., door handles, phones, light switches)



## Crisis Lines

### EMERGENCIES - 9-1-1

Mental Health Crisis Line -  
1-866-996-0991

Drug, Alcohol, Gambling Hotline-  
1-866-531-2600

National Overdose Prevention Line -  
1-888-688-6677

Kids Help Line -  
1-800-668-6868

First Nations & Inuit Hope for  
Wellness Help Line -  
1-855-242-3310

Canadian Human Trafficking Hotline-  
1-833-900-1010

## Local

### EMERGENCIES - 9-1-1

VTAC-  
1-844-727-6404

Telehealth-  
1-866-797-0000

Poison Control-  
1-800-268-9017

Eganville Foodbank (165 John St.) -  
613-401-5785

Pembroke foodbank (295 1st Ave.)-  
1-855-242-3310



## RESPIRATORY ILLNESS INFORMATION

If you feel sick, please self-isolate until your symptoms are improving (and fever-free) for 24 hours. If you have gastrointestinal symptoms (nausea, diarrhea, abdominal pain), please self-isolate until your symptoms are improving for 48 hours and you are fever-free. Afterwards for 10 days after the symptoms started, please wear a mask in public and refrain from visiting those high-risk.

### **SYMPTOMS could include:**

New or different from YOUR normal

- Fever, chills
- Shortness of breath
- Decrease or loss of taste or smell
- Extreme tiredness
- Muscle/joint pain
- Nausea, vomiting, diarrhea
- Sore throat
- Runny nose or nasal congestion
- Headache
- Stomach pain
- Pink eye
- Decrease or loss of appetite

### **Close contacts?**

For 10 days after contact, the close contacts should:

- Self-monitor for symptoms and self-isolate if symptoms develop
- Wear a mask in public settings
- Avoid visiting those at high-risk

### **Seek emergency medical attention immediately if:**

- Trouble breathing or shortness of breath
- Persistent pressure or pain in chest
- New confusion
- Inability to stay awake or wake up
- Pale, grey, or blue-coloured skin, lips, or nail beds

### **Personal Protection**

- Sanitize high touch areas in your home
- Wash & sanitize hands often
- Avoid touching your face
- Get the recommended vaccines
- Follow public health advice

**COVID-19, flu, and colds have very similar symptoms, so it is important to self-isolate when feeling sick to prevent spread of ALL respiratory illnesses**





# AOPFN EMPLOYMENT OPPORTUNITY

## Chronic Disease Management Nurse

**Department: Health Services**

**Supervisor: Manager, Health Services**

**Full-time Permanent - 35 hours a week**

**\$70,000 annual - based on experience**

**Deadline to Apply: Friday, January 5th at 4:30PM**

The Chronic Disease Management Nurse will focus on chronic disease prevention and management working with First Nation patients and caregivers. A culturally safe and comprehensive chronic disease management program will be delivered in partnership with community-based multidisciplinary care teams dedicated to meeting client goals.

- Provides culturally safe health education on disease prevention and healthy lifestyle promotion.
- Develop screening programs to identify the early onset of chronic diseases.
- Develops chronic disease management strategies.
- Assists clients with the management of their chronic conditions via individualized support services (one on one support, case management)
- Develops and delivers mobility/fitness program for high-risk clients (seniors with mobility issues, cardiovascular, obesity, diabetes); works collaboratively with home care.
- Builds relationships with all multidisciplinary care team member within First Nation and outside health care services for care collaboration, case management and referrals.
- Completes accurate recording and reporting in all program areas.
- Provides clinical supports to other program areas.
- Assists in advocating for enhancements to existing resources and new resources.
- Maintains detailed qualitative and quantitative data and other program evaluation.
- Perform regular client reviews on the program for quality management.
- Ensures accuracy in all documentation, ensures the protection and privacy of all health information and health records.

### REQUIREMENTS:

- Bachelor of Science/ Baccalaureate in Nursing and/or Registered Nurse Diploma.
- Current Membership and in good standing with College of Nurses.
- Current certification or registration with Registered Nurses Association of Ontario.
- Experience working with First Nations Community or Indigenous population.
- Experience working with high-risk clients with chronic disease in a community setting.
- Additional training considered an asset: Diabetic Education, Fitness,, Heart Wise.

### CONDITIONS OF EMPLOYMENT:

- Proof of registration with RNAO, provided annually.
- Proof of membership with CNO, provided annually.
- An acceptable Criminal Records Check.
- Valid First Aid, CPR, AED, Health & Safety Worker certification, WHMIS.
- Cultural Awareness and Competency Training, professional development with Diabetes



## How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

## Submit to:

Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

[HR@pikwakanagan.ca](mailto:HR@pikwakanagan.ca)

## Subject Line: Chronic Disease Management Nurse

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

## Application Process:

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

## What Algonquins of Pikwakanagan First Nation Offers

### Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.





# AOPFN EMPLOYMENT OPPORTUNITY

## Early Childhood Educator

**Department: Social Services**

**Supervisor: Acting Daycare Supervisor, Britney Sarazin**

**Full-time Permanent - 40 hours a week**

**\$42,640.00 annual**

**Deadline to Apply: Friday, January 5th at 4:30 PM**

The Early Childhood Educator is responsible for daily supervision, monitoring, care, and nurturing of children enrolled in the Mindiwin Manido Day Care program. The Early Childhood Educator is responsible for the delivery of a children's educational and developmental program that encompasses a wholistic and interdisciplinary team approach.

The Early Childhood Educator will interact and communicate with parents/guardians for the overall benefit of the child and/or children.

- Assists children with nutritional and personal care needs including but not limited to toilet, diapering procedures, personal hygiene, and medical.
- Interacts with children and builds positive relationships.
- Ensures an inclusive environment for all children.
- Assists with the development, implementation, evaluation, and modification of a children's educational and cultural program.
- Provide activities and opportunities i.e. learning through play that encourage curiosity, exploration, and problem-solving appropriate to the development levels of the children.
- Creates an environment conducive to the learning of Algonquin culture and language development and appropriate to the physical, social, intellectual, and emotional development of the children.
- Observes, guides and facilitates the development and positive behaviour of children.
- Use and promote active listening skills.
- Assist with the development, implementation, evaluation and modification of individual educational and developmental plans (IEDP);
- Maintains daily journals and/or portfolios of each Childs' progress, including samples of their artwork, writing, etc.

### REQUIREMENTS:

- Successful completion of Post-Secondary Education diploma in Early Childhood Education
- 1- year experience working in a licensed child care setting as an Early Childhood Educator
- Registered and in "good standing" with the College of Childhood Educators of Ontario.

### CONDITIONS OF EMPLOYMENT:

- An acceptable Criminal Records Check and Vulnerable Sector Check; annually
- Certificate of medical health by a physician and complete record of immunization; annually
- Current First Aid and CPR 'Level C' AED certification; annually
- In professional 'Good Standing' with College of Early Childhood Educators, on an ongoing basis.
- Maintain 'Registration' with the College of Early Childhood Educators; annually



## How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

## Submit to:

Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

[HR@pikwakanagan.ca](mailto:HR@pikwakanagan.ca)

**Subject Line: Early Childhood Educator**

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

## Application Process:

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, and not a member of the supervisor's immediate family preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

## What Algonquins of Pikwakanagan First Nation Offers

### Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.





# AOPFN EMPLOYMENT OPPORTUNITY

## Resource Teacher

**Department: Social Services**

**Supervisor: Acting Daycare Supervisor, Britney Sarazin**

**Full-time Permanent - 40 hours a week**

**\$43,901 annual**

**Deadline to Apply: Friday, January 5th at 4:30 PM**

In collaboration with and in partnership with families, colleagues, and community programs/services, the Resource Teacher is responsible for supporting the integration and full inclusion of children with diverse needs. The resource teacher is responsible for providing high-quality childcare within a safe and healthy environment and ensures compliance with relevant legislation, AOPFN policies and procedures, and the College of ECE's Standards of Practice and Code of Ethics.

- Creates an environment conducive to the learning of Algonquin culture and language development and appropriate to the physical, social, intellectual, and emotional development of the children.
- Application and knowledge of the Ministry of Education's pedagogy under the CCEYA, 'How Does Learning Happen?'
- Based on professional independent assessments, develop and implement Individual Developmental Programs to enhance children's cognitive, physical, social, and emotional development in accordance with organizational and legal guidelines
- Utilizes interdisciplinary team approach to development, education and childcare.
- Participates and leads in case management and IEDP with parents/guardians and professionals.
- Assure guidance of children's behaviour to encourage positive self-help skills, as follows:
  - Set reasonable behaviour expectations as per agreed plans of engagement.
  - Employ strategies such as redirecting, positive language and positive reinforcement.
  - Support children with developing self-regulation practices; and
  - Follow policies established by the centre and that are consistent with accepted practices in the field.
- Work with resourcing staff and external agencies to facilitate access and/or referrals to specialized services and programs to meet the needs of children in care, including but not limited to, speech, language, vision care, hearing, mental health, supervised access, and various children's services, etc.
- Identifies and recommends developmental, educational and childcare needs.
- Act as an advocate for children and families in relation to available community programs and services.

### REQUIREMENTS:

- Successful completion of Post-Secondary Education diploma in Early Childhood Education with a combination of certificates and training that relates to the needs of children with diverse needs.
- 1- year experience working in a licensed child care setting that includes support for and care of children with diverse needs.
- Registered and in "good standing" with the College of Childhood Educators of Ontario.

### CONDITIONS OF EMPLOYMENT:

- An acceptable Criminal Records Check and Vulnerable Sector Check; annually
- Certificate of medical health by a physician and complete record of immunization; annually
- Current First Aid and CPR 'Level C' AED certification; annually
- In professional 'Good Standing' with College of Early Childhood Educators, on an ongoing basis.
- Maintain 'Registration' with the College of Early Childhood Educators; annually



## How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

## Submit to:

Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

[HR@pikwakanagan.ca](mailto:HR@pikwakanagan.ca)

## Subject Line: Resource Teacher

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

## Application Process:

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, and not a member of the supervisor's immediate family preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

## What Algonquins of Pikwakanagan First Nation Offers

### Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.





# AOPFN EMPLOYMENT OPPORTUNITY

## Administrative Assistant

**Department: Consultation**

**Supervisor: PJ Leroux, Communications Specialist**

**1 Year Contract with possibility of extension - 35 hours a week**

**\$47,320 annual**

**Deadline to Apply: Friday, January 5th - 4:30pm**

Under the direction of the Communications Specialist, the Administrative Assistant provides administrative services in support of the Algonquins of Pikwakanagan First Nation's Consultation and Engagement Process within Pikwakanagan and throughout the unceded Algonquin Traditional Territory. Provides administrative support in the areas of consultation, engagement, new and existing initiatives, programs, and services that enhance and benefit the Algonquins of Pikwakanagan First Nation.

- Completes all assigned administrative tasks i.e. correspondence, filing systems, bring forward systems, preparing financial and narrative reports, letters, briefing notes, proposals, presentations, news copy, communiques, databases, etc., and arranges as to format.
- Coordinates and attends meetings (virtual, in person, community, committee, team); records and transcribes meeting notes and minutes; ensures conciseness of information; disseminates information to ensure direction is received in a timely fashion.
- Monitors and responds to emails from archaeological firms, proponents, or consultants and provide information related to monitoring of projects.
- Coordinate and confirm scheduling logistics for field work.
- Track and document field work through timesheets and tracking documents.
- Organize and review (or arrange review for) reports from field work and return comments to proponents before deadlines.
- Work with finance officer to create invoices for AOPFN work completed.
- Answers and forwards incoming calls; takes messages as required.
- Responds to public inquiries i.e. information about community, organization, programs, and services, directions, etc. and will refer public to appropriate sources or departments for detailed information.
- Coordinates, operates, and maintains various communication systems to set up, receive, sort, distribute and deliver information in a timely manner (telephone, voice mails, Canada Post mail, interoffice and hand delivered mail, courier services, faxes, emails, social media)
- Coordinates with appropriate staff copy for advertising in Pikwakanagan's weekly newsletter, website, information boards and electronic boards.

### REQUIREMENTS:

- Grade 12 Diploma with minimum one (1) year of work experience in the administrative field including reception services OR;
- Three (3) years experience in related field with willingness to obtain further education.
- Computer experience that includes internet and Microsoft Office applications such as MS word, Excel, Publisher, and Outlook.



### How to Apply:

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

[HR@pikwakanagan.ca](mailto:HR@pikwakanagan.ca)

### Subject Line: Administrative Assistant – Consultation

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

### Application Process:

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

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### What Algonquins of Pikwakanagan First Nation Offers

#### Employee Benefits:

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# Membership Additions

## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Bogart, Glenda	Baptiste	19 July 23	19 Dec 23
Bogart, Brianna	Baptiste	19 July 23	19 Dec 23
Hogan, Thomas	Benoit	19 July 23	19 Dec 23
Gould, Carl	Benoit/Baptiste	19 July 23	19 Dec 23
Amikons, Latisha	Amikons	14 Aug 23	14 Jan 24
Miller, Melanie	Tennisco	24 Aug 23	24 Jan 24
Jocko Rabay, Jordan	Jocko/Kohoko	24 Aug 23	24 Jan 24
White, Jessica	Benoit	24 Aug 23	24 Jan 24
Cumming, Renne	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Penelope	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Theodore	Sarrazin	24 Aug 23	24 Jan 24
Cumming, Cameron	Sarrazin	24 Aug 23	24 Jan 24
Lemieux, Ryan	Whiteduck/Francios	07 Sept 23	07 Feb 24
Tremblay, Michel	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Isabella	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Maxime	Montreuil	07 Sept 23	07 Feb 24
Tremblay, Martin	Montreuil	07 Sept 23	07 Feb 24
Keesic, Susan	Whiteduck	08 Sept 23	08 Feb 24
Hamadani, Cheyanne	Lamure	08 Sept 23	08 Feb 24
Egan, Ashton	Commanda/Baptiste	11 Sept 23	11 Feb 24
Jackson, Garth	Montreuil	12 Sept 23	12 Feb 24
Pon, Laurie	Benoit/Baptiste	12 Sept 23	12 Feb 24
Lamont, Emily	Lavalley	18 Sept 23	18 Feb 24
Gorgichuk, Kimberly	Baptiste/Benoit	19 Sept 23	19 Feb 24
Lamure, Jeffery	Lamure	03 Oct 23	03 Mar 24
Lamabe, Emily	Lamabe	03 Oct 23	03 Mar 24
Marenger Deni, Meteo	Lavalley	03 Oct 23	03 Mar 24
Codling, Robert	Benoit/Baptiste	05 Oct 23	05 Mar 24
Lee, Sarah	Benoit/Baptiste	11 Oct 23	11 Mar 24
Mosier, Rebecca	Benoit/Baptiste	12 Oct 23	12 Mar 24
Green, Jo-Anne	Benoit/Baptiste	13 Oct 23	13 Mar 24
Penberthy, Braden	Jocko	17 Oct 23	17 Mar 24
Penberthy, Avery	Jocko	17 Oct 23	17 Mar 24



# Membership Additions

Gould, Marion	Benoit/Baptiste	20 Oct 23	20 Mar 24
Isbester, Isabella	Sharbot	31 Oct 23	31 Mar 24
Carle, Elijah	Lavalley	31 Oct 23	31 Mar 24
Wellmen, Selma	Lavallee	31 Oct 23	31 Mar 24
Minnie, Helen	Lavallee	31 Oct 23	31 Mar 24
Campbell, Crystal	Ignace	06 Nov 23	06 Apr 24
Rockburn, Joseph	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Tyler	Lavalley/Partridge	08 Nov 23	08 Apr 24
Rockburn, Alexandre	Lavalley/Partridge	08 Nov 23	08 Apr 24
Shona, Woodland-Srinivsan	Partridge	08 Nov 23	08 Apr 24
Amanda, Weichel	Leclair	14 Nov 23	14 Apr 24
Butler, Kareena	Baptiste	20 Nov 23	20 Apr 24
Helmer, Scot	Lavallee/Ignace	20 Nov 23	20 Apr 24
Helmer, Brock	Lavallee/Ignace	20 Nov 23	20 Nov 24
White, Skye	Meness	20 Nov 23	20 Apr 24
White, Brenna	Benoit/Baptiste	21 Nov 23	21 Apr 24
Hallick, Terrence	Lavalley	27 Nov 23	27 Apr 24
Denname, Marcel	Ignace/Meness	06 Dec 23	06 Mar 24
Gaudry, Chante	Meness	06 Dec 23	06 Mar 24
Fleming, Alyssa	Lamure	11 Dec 23	11 Mar 24
Bowers, Jeremy	Lavallee	13 Dec 23	13 Mar 24

To appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)



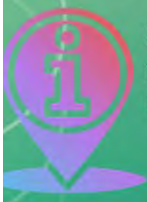
# Regular council meetings on ZOOM

Every second and last Tuesday of the month beginning at 9AM



### Not Online?

Available in the **members-only** section of [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca):



Zoom details minutes Presentations/Attachments

Call Alanna Hein at 613-625-2800 EXT 229 and leave a message to request information and instructions on how to join zoom by phone

## Conways Pharmacy Remote Dispensing Location

### BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

**We are closed weekends and Holidays**  
Delivery available Friday  
Phone : 613-625-9974  
Fax: 613-625-2068

Thank you  
Natalie Commanda, Pharmacy Technician  
Joseph Conway, Pharmacist

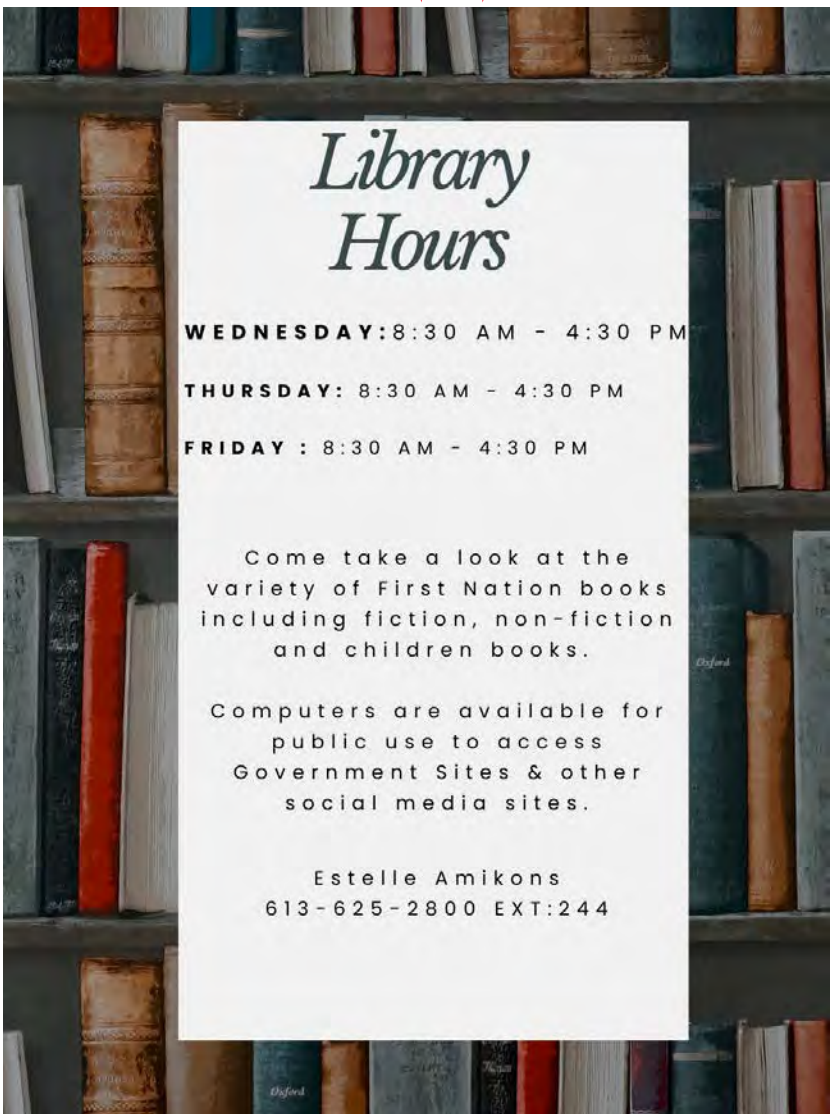


**ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE**

For Rentals contact  
Sandy  
613-717-2894

**Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish clothes and towels**





### *Library Hours*

**WEDNESDAY: 8:30 AM - 4:30 PM**  
**THURSDAY: 8:30 AM - 4:30 PM**  
**FRIDAY: 8:30 AM - 4:30 PM**

Come take a look at the variety of First Nation books including fiction, non-fiction and children books.

Computers are available for public use to access Government Sites & other social media sites.

Estelle Amikons  
613-625-2800 EXT:244

## FOR YOUR INFORMATION

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (applicants who are 18 years or older)
- Residency (applicants who are 18 years or older)

Applications, laws, and codes are available on our website.

<https://www.algquinsopikwakanagan.com/laws-and-by-laws/>

hard copies can be requested from the Lands, Estates, and Membership Department  
613-625-2800 | mgr.lem@pikwakanagan.ca | land.officer@pikwakanagan.ca | assistant.lem@pikwakanagan.ca

Notice:  
Killaloe OPP record check applications are now online.

## Waste Disposal Site

Wednesday: 12:00pm - 6:00pm  
Sundays: 9:00am - 3:00pm

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## Curbside Pick Up

Garbage: Wednesday  
Cardboard: Thursday  
Containers: Friday



## ANIMAL CONTROL

June Logan:  
613-625-2545 or  
(613) 602-3626





# Community Information

## ***How To Access 'Members Only' Section of Website***

*Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.*

### **Steps:**

1. Open a browser and enter: [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca)
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

*\*This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.\**

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	<a href="mailto:thunderbird@gmail.com">thunderbird@gmail.com</a>	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format



# Administration Information

## Algonquins of Pikwakanagan First Nation

1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0

Office: 613-625-2800 | Fax 613-625-2332

Hours of operation: Monday - Friday 8:30AM - 4:30PM

12:00PM - 1:00PM Closed for lunch

### **\*\*Holiday Closures\*\***

New year's day, Family Day, Good Friday, Easter Monday, Victoria Day, INDIGENOUS peoples day, Canada Day, Civic Holiday, Labor Day, National Day For Truth and Reconciliation, Thanksgiving, REMEMBRANCE Day & Christmas Day

2 week - Christmas Closure Dates will be ANNOUNCED

