



WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800

## Happening This Week

**HAPPY  
EARTH  
DAY**

**APRIL 22, 2023**

No planet is as beautiful as our Mother Earth.  
Let's do our part and help make Mother Earth  
greener than ever!

Due to a rainy forecast this weekend our  
community clean up will be pushed with a tentative  
date of May 6, 2023

**This weekend**

# PIKWAKANAGAN FIRE DEPARTMENT

## OPEN HOUSE & BBQ

April 22, 11:00 A.M. to 4:P.M.

ALGONQUINS OF PIKWAKANAGAN  
FIRE DEPARTMENT OPEN HOUSE BBQ

April 22, 2023, at the FIRE HALL from 11:00 A.M. to 4:00 P.M.

MENU:

SAUAGE ON A BUN

HAMBURGERS

HOT DOGS

POP

WATER

(Meal includes Home Made Beans, Macaroni & Potato Salad)



# Happening This Week



## YIN AND MEDITATION

**April 23rd 9am-10am**

**Pikwàkanagàn Elders Lodge**

Join Allison Tomotsugu for a yoga practice designed to utterly relax your body and focus your mind. This class is slow paced with an attention to deep breathing to release muscular tension and restore mental clarity.

Welcome Meiyah!  
Meiyah Brooks-Whiteduck is our new Tutor, First Nation, Metis & Inuit. She starts on Monday April 24, 2023.

Meiyah will be working at Opeongo High School from Monday-Thursday 8:15 am - 2:15 pm.

## Health Information

April is Oral Health Month



### 5 STEPS TO GOOD ORAL HEALTH

- VISIT A DENTIST/HYGIENIST REGULARLY,
- EAT A BALANCED DIET,
- REDUCE YOUR SUGAR INTAKE,
- BRUSH AND FLOSS AT LEAST 2X PER DAY,
- LIMIT ALCOHOL, SMOKING, AND VAPING, AND
- USE FLUORIDE TOOTHPASTE.

FOR MORE INFORMATION REGARDING YOUR ORAL HEALTH PLEASE CONTACT, KRISTA RINTOUL, [COHI@pikwakanagan.ca](mailto:COHI@pikwakanagan.ca)

# Black Bear Sightings

## Black Bear Sightings at Algonquins of Pikwakanagan

Bears usually avoid humans, but they will be attracted to your neighbourhood by strong food aromas, the scent of garbage, cooking smells, ripe fruits and pet food left outside. If bears learn that they can find food where people live, they will often return many times as long as the food source is available. They will even try to enter buildings.

The best way to prevent conflict with bears is to avoid attracting bears to the neighbourhood by eliminating attractants.

To avoid bear encounters, please consider the following tips:

### Garbage:

- put garbage out only on the morning of garbage day, not the night before
- put meat scraps in the freezer until garbage day
- put garbage in containers that have tight-fitting lids and store it in a bear-proof location such as your basement or a sturdy garage
- frequently wash garbage cans and recycle containers and lids with a strong-smelling disinfectant, such as bleach



### Barbecue:

- burn off food residue and wash the grill right away
- empty the grease trap every time you barbecue
- remove all utensils, dishes and food after eating
- be aware that cooking odours can attract bears



### Pet food:

- do not leave pet food outdoors, in screened-in areas or porches

Bears returning repeatedly to a food source can lead to a more dangerous human-bear conflict and result in the potential dispatch (killing) of the bear. The Ontario Ministry of Northern Development, Mines, Natural Resources and Forestry (OMNDMNR) is responsible for managing nuisance Black Bears and may be mobilized for such purpose if a situation arises.

Kindly forward comments and feedback to: James Kushny, Manager, Natural Resources Department, Algonquins of Pikwakanagan First Nation (613) 625-2880 ext.253, [mgr.naturalresources@pikwakanagan.ca](mailto:mgr.naturalresources@pikwakanagan.ca)



# FLOOD SAFETY



Renfrew County and District Health Unit  
"Optimal Health for All in Renfrew County and District"

## For Immediate Release

---

(Pembroke, Ontario, 3:50 p.m. April 19, 2023)

### Flood Water Safety

The Ministry of Natural Resources and Forestry has issued a Flood Warning for [Pembroke District](#) and [Bancroft District](#); this includes Renfrew County, and the Township of South Algonquin. Rising water levels may pose a threat to the health and safety of residents.

Flood water and water ponding around wells can affect the safety of your drinking water. Renfrew County and District Health Unit is recommending that residents with water wells **in contact with flood water**:

1. boil their water for one minute at a rolling boil before drinking, food preparation or brushing teeth with the water,
2. use bottled water or,
3. use water from an alternate potable water source.

Well water should be tested for bacteria after flood waters recede. Water sample bottles can be picked up and dropped off at the Renfrew County and District Health Unit. For more locations, visit <https://www.rcdhu.com/healthy-living/safe-water/>.

During floods, the ground can become saturated, preventing proper operation of septic systems. If your septic system has been affected, avoid using the septic system if possible, or reduce the amount of water used by limiting toilet flushing, dishwashing, washing clothes, and showering.

Do not pump your septic system when the ground around it is still saturated. High ground water levels may cause an empty septic tank to float out of the ground and damage the inlet and outlet fittings.

Flood waters can be contaminated with sewage and cause illness. The following tips will help protect your family during flooding events:

# FLOOD SAFETY

- Keep your family safe by keeping family members and pets away from and out of the flood water.
- DO NOT enter areas where electrical systems have been affected by flood water, as there is a risk of electrocution. Always wait for clearance from an electrical authority before entering these areas.
- Building materials, clothing and furniture exposed to flood waters may be contaminated with sewage or other hazards and can support the growth of mould. Some items can be cleaned and disinfected; others may need to be thrown out.

Visit <https://www.rcdhu.com/healthy-living/emergency-preparedness/be-flood-ready/> for more information on what to do before and during flooding events.

Visit the Ministry of Natural Resources and Forestry: [Flood Forecasting and Warning Program \(gov.on.ca\)](http://gov.on.ca) daily to view your community flood risk.

For more information, visit <https://www.rcdhu.com/healthy-living/emergency-preparedness/>, call 1-800-276-1097 extension 505, or email [environmentalhealth@rcdhu.com](mailto:environmentalhealth@rcdhu.com).

-30 -

Renfrew County and District Health Unit  
[media@rcdhu.com](mailto:media@rcdhu.com)  
Fax: 613-735-3067  
[www.rcdhu.com](http://www.rcdhu.com)

# Coming soon

## Rise and Shine Yoga Class

April 26 7:15 am  
Elders Lodge

Start the day off with some movement!

This class will explore a series of heat building poses to form a strong foundation in the body.

This is a great class for all levels of practice!

Calling all aunties, uncles, kokoms, rez dawgs, cuzzins  
and everyone in between to...

## SOCIAL NIGHT IN PIKWAKANAGAN

April 15, 22, 29, & May 6 6PM - 10PM  
Pikwakanagan Elder's Lodge  
96 Chibekana Inamo, Pikwakanagan ON

We are inviting you to join us to learn & share cultural teachings, practice beadwork, art, drumming, dancing, practice language, and more. We will be having snacks/food available.

All are welcome!

Chi  
Miigwetch,  
Health  
Services for  
funding♥

\*we ask anyone under 13 to be accompanied by a parent/guardian

\*we ask all to come with respect ♥

Questions? Please don't hesitate to reach out!

Blaze Commanda - 613-281-6695

**YARD-  
SALE**

Yard sale April 29, 2023,  
various items Tennisco  
Manor. From 9:00 am till  
3:00 pm, all proceeds  
Tennisco Manor elders

Heritage Hearing is offering a hearing clinic on **Wednesday, May 3rd** at Health Services



Did you know that NIHB will cover some hearing health appointments?

Services include: hearing tests, hearing aid maintenance/consultations, wax removal and much more.

Please contact 613-735-0776, or go to [www.heritagehearing.ca](http://www.heritagehearing.ca) to book an appointment.

KAWASAKOTODJ KIZIS, Friday APRIL 21, 2023



**Coming soon**



RSVP by  
May 15th

# THRIVING ROOTS

## EMPOWERING YOUTH

**MAY 28TH, 2023 11 AM- 6 PM / AGES 10+**  
**PIKWAKANAGAN CULTURAL GROUNDS**

**Join us for a day event to  
celebrate our youth!**

Guest Speakers, Group Activities,  
Music, Dinner, Prizes & more!

**SEEKING:**

- YOUTH HELPER AGED 18-30
- JR. YOUTH HELPER AGED 14-17

APPLY BY MAY 1ST  
& YOUTH VENDORS

**UNDER 10 YEARS  
ACCOMPANIED  
BY GUARDIAN  
PLEASE**

613-625-2173 ex. 227  
assistant.fwb@pikwakanagan.ca



### INVITATION TO MEMBERS

The Bytown Museum will be hosting a Reception on Tuesday, May 2, 2023 from 1:00 – 3:00 p.m. in Ottawa for a inauguration and naming of the Three Sisters Artist Collective mural installation, the premiere of a short documentary video following the mural process, and to preview the renewed permanent gallery exhibition.

Councillor Merv Sarazin will be attending on behalf of the Council. The Chief and Council would also like to extend an invitation to interested Member, Elder and Youth to attend this event. The Bytown Museum will provide a \$120 honorarium.

If you are interested to attend, please contact Kevin Lammar, Cultural Coordinator/Administrative Assistant at [coordinator.culture.aa@pikwakanagan.ca](mailto:coordinator.culture.aa@pikwakanagan.ca) by April 24, 2023.

KAWASAKOTODJ KIZIS, Friday APRIL 21, 2023



# Spring Colouring Contest

This artwork has been  
completed by:

---

## HELLO SPRING



Return by April 27 /2023 to Health Services  
to be entered for a prize!

# Spring Colouring Contest

This artwork has been  
completed by:

---



[thislittleholleyhome.com](http://thislittleholleyhome.com)

Return by April 27 12023 to Health Services to be  
entered for a prize!

# Ongoing Programing



Prevention Services  
Presents...

## JR Facts!

When: Every Thursday

Time: 4:30PM - 5:30PM

Where: 1467 Mishomis Inamo

Age: 4-7 yrs

Please contact either 613-625-2173  
or Jocelyn  
([reception.cfs@pikwakanagan.ca](mailto:reception.cfs@pikwakanagan.ca))  
for more information.

PREVENTION SERVICES  
PRESENTS...

## YOUTH FACTS!

When: Every Tuesday

Time: 4:30pm-5:30pm

Where: 83A Kagagimin Inamo

Age: 8-11 yrs

Please contact 613-625-2173 or Jocelyn  
([reception.cfs@pikwakanagan.ca](mailto:reception.cfs@pikwakanagan.ca)) for  
more information.

PREVENTION SERVICES  
PRESENTS...

## TEEN FACTS

When: Every Wednesday

Time: 4:30pm-5:30pm

Where: 1467 Mishomis Inamo

Age: 12-18 yrs

Please contact either 613-625-2173 or  
Jocelyn  
([reception.cfs@pikwakanagan.ca](mailto:reception.cfs@pikwakanagan.ca)) for  
more information.

# Health Information

## Crisis Lines

**EMERGENCIES - 9-1-1**

**Mental Health Crisis Line -**  
1-866-996-0991

**Drug, Alcohol, Gambling Hotline-**  
1-866-531-2600

**National Overdose Prevention Line -**  
1-888-688-6677

**Kids Help Line -**  
1-800-668-6868

**First Nations & Inuit Hope for  
Wellness Help Line -**  
1-855-242-3310

**Canadian Human Trafficking Hotline-**  
1-833-900-1010



## Local

**EMERGENCIES - 9-1-1**

**VTAC-**  
1-844-727-6404

**Telehealth-**  
1-866-797-0000

**Poison Control-**  
1-800-268-9017

**Eganville Foodbank (165 John St.) -**  
613-401-5785

**Pembroke foodbank (295 1st Ave.)-**  
1-855-242-3310



Government  
of Canada

Gouvernement  
du Canada

## Canada Revenue Agency

### Apply for the new Canada Dental Benefit

You can apply for the Canada Dental Benefit (CDB) if:

- You have child(ren) who are under 12 years old on December 1, 2022 and they do not have access to a private dental insurance plan (including employer provided).
- You have, or will have, out of pocket expenses not fully reimbursed by a federal, provincial, or territorial program or plan for dental care for your child(ren), incurred between October 1, 2022, and June 30, 2023.
- Your adjusted family net income (AFNI) was under \$90,000 for the 2021 tax year.
- You are currently receiving the Canada Child Benefit (CCB).

### Apply with the CRA

Apply online [www.canada.ca](http://www.canada.ca) or by phone 1-800-959-8281



# Health Information – COVID-19

## SPRING COVID-19 BOOSTER SHOT

### Is it time for your next COVID-19 booster?

Use the chart below if you have completed your primary series and are aged 5 and older.



\* If you tested positive for COVID-19 or had symptoms, you should **wait 6 months** before getting a booster dose. If you are not sure if you had COVID-19, get a booster dose.

**Call CHN Jessica at 613-625-2259  
or FHT at 613-625-1175 to book an  
appointment or to ask questions**

# Health Information

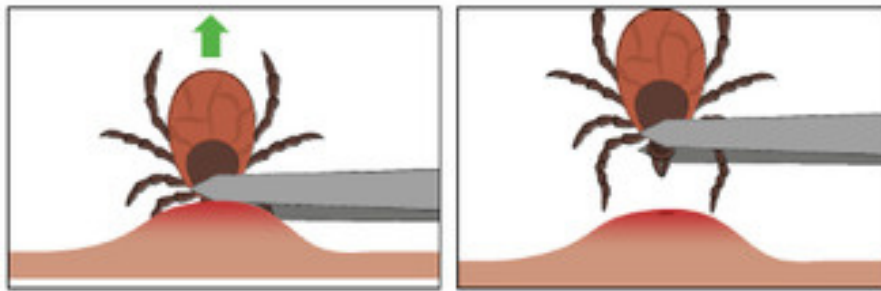
## Lyme Disease Awareness

Now that the summer months are approaching awareness to the black-legged ticks that are infected with Lyme disease is important. The black legged ticks have always been present in southeastern Ontario *BUT* now are being found within the Renfrew County Area.

If you find a tick attached to your skin, simply remove the tick as soon as possible. A plain set of fine-tipped tweezers works very well.

### How to remove a tick

1. Use clean, fine-tipped tweezers to grasp the tick as close to the skin's surface as possible.
2. Pull upward with steady, even pressure. Do not twist or jerk the tick; this can cause the mouthparts to break off and remain in the skin. If this happens, remove the mouthparts with tweezers. If you cannot remove the mouth easily with tweezers, leave it alone and let the skin heal.
3. After removing the tick, thoroughly clean the bite area and your hands with rubbing alcohol or soap and water.
4. Never crush a tick with your fingers. Place it in a sealed bag/container.



The affected area could have red dot and a circle around it, just like a bull's eye mark.



Please bring your sample to the Health Center and contact Melissa Pessendawatch, CHR, 613-625-2259 ext. 224 to have the sample processed. Also, contact your health care provider for monitoring if the tick was attached for a greater than 24hr period/or if you experience any flu like symptoms within 30 days of tick removal.



# Mental Health Information

# Mental Health Counselling

Pikwakanagan Health Services is pleased to announce additional Mental Health Counselling Services in partnership with the Arnprior & District Family Health Team.



## Pleo and Partners Mobile Support Group

For parents/caregivers of youth up to age 25 who are living with mental health/addiction challenges

3rd Tuesday of Every Month from 6:30pm - 8pm



### Upcoming sessions

- 01 April 18, 2023 - Eganville**  
Bonnechere Union Public Library (74 Maple St)  
Partner: Pembroke Regional Hospital
- 02 May 16, 2023 - Petawawa**  
Health Centre (154 Civic Centre Road)  
Partner: Petawawa Centennial Health Centre
- 03 June 20, 2023 - Cobden**  
Anglican Parish Hall (29 Crawford St)  
Partner: ConnectWell
- 04 July 18, 2023 - Deep River**  
Deep River Public Library (55 Ridge Road)  
Partner: North Renfrew Family Services

Visit [pleo.on.ca](http://pleo.on.ca) for more information

More than 90% of parents we support feel:

- ✓ better able to cope
- ✓ better able to support their child
- ✓ better able to access the services they need
- ✓ less anxious, isolated and stressed

Still have questions? Please call 1-855-775-7005 or email [bonnie@pleo.on.ca](mailto:bonnie@pleo.on.ca)



### Individual Counselling

Algonquins of Pikwakanagan First Nation and the Arnprior and District Family Health Team are collaborating to offer mental health services for band members, family members, and community members.



### Couples' Counselling

Physicians and Nurse Practitioners can make referrals to Arnprior's mental health team for Individual and Couples Counselling, System Navigation, and Employee Assistance.



### System Navigation

Counselling and mental health services will be provided by registered social workers and psychotherapists. They can work with you to address concerns related to abuse, addiction, anxiety, depression, grief/loss, low mood and energy, health concerns, trauma/intergenerational trauma, relationship conflicts, and more.



### Employee Assistance

These services are free. Sessions can take place online, by phone, or in-person (Fridays only for in-person).



For more information, please speak to the Pikwakanagan Family Health Team or Mental Health Team



**Algonquins of Pikwakanagan First Nation**



**Arnprior & District Family Health Team**

Pikwakanagan Health Services - 613-625-2259  
Pikwakanagan FHT - 613-625-1175

## Human trafficking is happening in communities across Canada.

### Can you spot potential warning signs?

Do you or someone you know:



**Feel intimidated or controlled by a partner or employer?**  
For example, controlling their phone, ID, or passwords.



**Have a new or old relationship with someone controlling,**  
in-person, or online?



**Suddenly receive excessive gifts or cash** from a partner?



**Have a job offer that seems too good to be true?**



**Have to relocate** with few details up front?



**Feel their life or those they love could be in danger if they don't work long hours and/or accept a lower wage?**



If you think you or someone you know may be a victim of human trafficking, call 911 or contact the Canadian Human Trafficking Hotline: **1-833-900-1010**

[gotoinfo.ca/human-trafficking](https://gotoinfo.ca/human-trafficking)





# Training Opportunity

## TRAPPING CERTIFICATION COURSE, ONTARIO FUR MANAGERS FEDERATION

All Individuals (Age 11 and older) who have not trapped in the past, or who have not renewed their license over a 5-year period, are required by legislation to take the Fur Harvest, Fur Management and Conservation Course in order to obtain a trapping license in Ontario. This 40-hour course is taught by a trained MNR/OFMF certified Trapper Education Instructor.

**When: Weekends of May 27 & 28,  
and June 3 & 4**

**Where: Algonquin's Elder's Lodge,  
96 Chibekana Inamo, Pikwakanagan**

10 Spaces are available in the course. Participants are required to pay a \$50 Deposit to sign up for the Trapping Course. Please contact: Department of Natural Resources AOPFN([mgr.naturalresources@pikwakanagan.ca](mailto:mgr.naturalresources@pikwakanagan.ca)) or sign up at the Front Desk of AOPFN

# CALL TO TENDER

## "CALL TO TENDER"

Work at 101 Kiwita Inamo

Exterior:

1. Replacement of one approximate 30x80 inch Exterior door. Door to be steel insulated equipped with a deadbolt lock, caulked on exterior and interior and finished with new painted trim on interior.
2. Replacement of side garden doors. Doors to be made to be wheelchair accessible width (34 inches), insulated around frame and new trim on interior and caulked on exterior to seal.
3. Repair/Replace any deteriorated boards on exterior ramp and ensure it is to code.
4. Replacement of any non-functioning windows equipped with working locks.

Interior

1. Electrical review of all wiring, fixtures, and service panel (Site Visited Required)
2. Installation of new LED lights throughout building.
3. Kitchen Renovation (Site Visit Required)
4. All new flooring throughout the upstairs and main entrance.
5. Replacement of Interior stairs, ensure new stairs have proper riser height and run depth.
6. Interior walls of mechanical room to be insulated and sealed up, ensure all insulation is complete with seal vapour barrier.
7. Renovate upstairs bathroom entrance to be wheelchair accessible.

\*Please ensure you include valid Personal Liability and Property Damage Insurance Certificate, WSIB clearance certificate.

Any questions or concerns can be directed to Kreed Knox or Dustin Logan at 613-625-2800 Extension 247 or 246

Envelopes should be clearly marked:

"Tender for work at 101 Kiwita Inamo"

Addressed to:

Algonquins of Pikwakanagan Administration Office  
1657A Mishomis Inamo  
Pikwakanagan, Ontario, K0J 1X0  
ATTENTION: Dustin Logan, Manager, Public Works

All tenders must be received by May 5th , 2023 at 12:00 p.m.

LOWEST OR ANY TENDER NOT NECESSARILY ACCEPTED

\*\*\*\*\*

My "Tender" for various repairs at 101 Kiwita Inamo

is:

\$ \_\_\_\_\_

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_



# Employment opportunities

## EMPLOYMENT OPPORTUNITY:

### ANISHINABE ODJIBIKAN

Attention: Looking for First Year Participants

POSITION: Anishinabe Odjibikan Archaeological Field School Participant

LOCATION: Ottawa, Ontario/ Gatineau, Quebec (National Capital Region)

TENURE: 40 hrs/week, 15 weeks (Tentative: May 1st - Aug 30th)

SALARY: \$20.00 hourly rate

- Possibility of travel/accommodations and lunch expenses provided by the program.

SUMMARY: Gain training in archaeology, no previous experience necessary. There will be on-the-job training, learning, investigating and excavating sites across Ottawa/Gatineau. Skills gained include: being able to install grid systems, properly recovering and bagging samples, photographing artifacts, and laboratory work such as; preparation of artifact display, washing, sorting, and identification/cataloging artifacts.

Our goal is to encourage members that participate in the program to become life-long learners in the field of archaeology and engage in sharing their ideas and knowledge of Indigenous archaeology. This program provides the participants the opportunity to continue their learning on an ongoing regular basis as the program funding permits.

### ELIGIBILITY:

- Prioritizing Pikwakanagan members.

- Open to members of Pikwakanagan who reside in the community or outside of the community.

- We are willing to accommodate the start date for students finishing their academic year.

### REQUIREMENTS:

- Strong interest in recovering, protecting and managing our archaeological history with a passion for culture heritage, history and traditional values.

- Passion and ability to learn and train outdoors in variable weather.

- Be able to work together as a team in the field, lab, and office

- Participants are responsible for being onsite with the required PPE and appropriate dress, steel toe boots, sunscreen, and water as instructed by the Supervisors of the program.

### How to apply:

Interested persons must submit a cover letter and resume demonstrating their passion and interest in the archaeology program and the names and day contact telephone numbers of three (3) references.

### Screen Procedure:

The best qualified candidate will be defined and determined so as to include the following: Providing the candidate meets the basic requirements of the position and is deemed qualified following the interview process, and is a Member of Pikwakanagan.

Interviews will be conducted in-person or virtually. AoPFN has the right to shortlist for interview/assessment purposes to the most qualified persons.

PIKWAKANAGAN CONTACT: Tiffany Dedo, Human Resource Officer, At Algonquins of Pikwakanagan Administration Office, 1675 A Mishomis Inamo, Pikwakanagan. hrservices@pikwakangan.ca, Phone: 613-652-2800, ex; 253

CLOSING DATE: (to reflect two weeks from initial posting)

# Employment opportunities



## ANISHINABEK NATION

*"To give a voice to the vision of the Anishinabek Nation and to preserve Anishinabe Bimaadziwin while advancing our goal of Nationhood."*

### EMPLOYMENT OPPORTUNITY Emergency Management Coordinator

**Location:** Nipissing First Nation Head Office

---

#### Full Time Position with Benefits

(after successfully completing 3 months of employment)

**Salary Range: \$60,032.32 to \$68,036.62**

The Anishinabek Nation is seeking a highly qualified individual to assist and support the Anishinabek First Nations to develop, manage, and update their emergency management plans. The position reports directly to the Director of the Lands and Resources Department. The focus of this work is emergency management concerning all hazards/natural disasters, including all activities and risk management measures related to prevention and mitigation, preparedness, response and recovery. The chosen candidate will ensure multi-dimensional communications to Anishinabek First Nations, citizens, government partners, and external stakeholders, and will support the Lands and Resources Department.

#### **QUALIFICATIONS:**

- Must have a post-secondary diploma and/or degree in environmental science, natural resource management, environmental studies and/or emergency management;
- Must have a minimum (2) years related work experience;
- Must have knowledge and experience working with the four pillars of emergency management;
- Must possess a valid Ontario driver's license and be insurable;
- Must be willing to travel; and
- Must be willing to work irregular hours.

#### **REQUIRED SKILLS**

- Knowledge and understanding of Anishinabek First Nation issues;
- Experience working with First Nations and/or Indigenous service organizations;
- Knowledge and/or experience with emergency management planning;
- Must have excellent communication skills;
- Knowledge and understanding of the management of emergencies concerning all hazards/natural disasters;
- Knowledge and understanding of activities and risk management measures related to prevention and mitigation, preparedness, response and recovery;
- Must have exceptional writing and editing skills across a broad range of related materials (i.e. reports, informational/promotional materials, technical documents, etc.);
- Must have experience working with a variety of computer applications, including but not limited to Microsoft Office;
- Must have strong time management, decision-making and problem-solving skills; and
- Must be highly motivated with the ability to work under minimal supervision and able to meet demanding deadlines.



# Employment opportunities

## **RESPONSIBILITIES:**

- Support and assist the Anishinabek First Nations to develop, exercise and update their emergency plans;
- Work with Anishinabek First Nations to ensure their emergency plans are publicly available and accessible;
- Collaborate with Indigenous Services Canada and the Anishinabek First Nations;
- Assist and provide support in the identification, completion, and submission of funding applications for applicable program funding to support capacity building within First Nations;
- Identify and coordinate appropriate training opportunities for First Nations for emergency management;
- Prepare appropriate reports, briefings and position papers, as required;
- Assist the Anishinabek First Nations when responding to an emergency event;
- Coordinate with the affected First Nation during a recovery phase to ensure that identified damages are remediated accordingly; and
- Establish annual work plans addressing the four pillars of emergency management and report on activities.

## **APPLICATIONS MUST INCLUDE THE FOLLOWING:**

- Cover Letter;
- Resume;
- Three Employment References;
- Identify whether the applicant has been previously employed by the Anishinabek Nation (formerly the Union of Ontario Indians). Note that the organization will conduct a reference check with the previous employee's immediate supervisor;
- Identify whether the applicant is a member of one of the 39 Anishinabek First Nations. Qualified applicants of Indigenous ancestry will be given preference in accordance with s. 16(1) of the *Canadian Human Rights Act*; and
- The Anishinabek Nation welcomes and encourages applications from people with disabilities. Accommodations are available upon request for candidates taking part in all aspects of the hiring process.

**Applications must be received no later than 4:30 p.m. on Friday, May 5, 2023**

**Applications are to be submitted to:**

Glenda St. Amour, Director of Corporate Services

By:

Fax: (705) 497-9135 OR | Email: [glenda.st-amour@anishinabek.ca](mailto:glenda.st-amour@anishinabek.ca)

For inquiries regarding this position, please contact Jason Laronde, Director of Lands and Resources at: [jason.laronde@anishinabek.ca](mailto:jason.laronde@anishinabek.ca)

**Miigwetch to all applicants for their interest, however, only those who qualify for an interview will be contacted.**

# Employment opportunities



## EMPLOYMENT OPPORTUNITY

<b>Job Title</b>	Field Administrative Coordinator		
<b>Department</b>	Natural Resources		
<b>Supervisor/Manager</b>	James Kushnv, Manager, Natural Resources		
<b>Salary Scale</b>	\$51, 122 annually		
<b>Job Status</b>	Permanent		
<b>Contract Length</b>	Start	Immediately	
<b>Hours Per Week</b>	35 hours per week		
<b>Benefits</b>	<p>AOPFN understands family needs take priority in one's life and as part of our commitment to being a competitive employer we provide our employee's flexible hours, federal and provincial statutory holidays. We also promote a team-based working environment with a focus on learning and development to promote employee growth and opportunity. We offer a variety of incentives in our competitive compensation plan that meet today's living needs. AOPFN is an equal opportunity employer located on the beautiful shores of Golden Lake, ON Canada.</p> <ul style="list-style-type: none"> <li>• Paid sick days</li> <li>• 4% vacation</li> <li>• 14 Provincial and Federal Statutory Holidays</li> </ul>		
<b>Posting Status</b>	<b>Internal Only</b>	<b>Internal/External</b>	<b>X</b>
<b>Start Date of Posting</b>	Friday April 21 <sup>st</sup> , 2023		
<b>Closing Date of Posting</b>	Friday May 5 <sup>th</sup> , 2023 at 4:30pm		
<b>Selection Process</b>	<b>Interview</b>	<b>X</b>	<b>Rating X Selection X</b>
<b>Job Description</b>	<p>The Field Administrative Coordinator will assist the Manager, Natural Resources in maintain the protection, conversation, enhancement and restoration of wildlife, fish, aquatic, and terrestrial ecosystems within the Algonquin Traditional Territory for the benefit of its people and future generations.</p> <p>The Field Administrative Coordinator provides technical and administrative services and assistance to the Manager, Natural resources, department staff, and community members, in all matters pertaining to day-to-day operations and management of the Natural Resources department.</p> <p>The Field Administrative Coordinator shall support and coordinate responses to incoming inquiries and requests and provide assistance in the field and execution of scientific data collection and the duties of fish and wildlife conservation.</p> <p><b>Key Responsibilities and Duties</b></p> <p><b>Administration:</b></p> <ul style="list-style-type: none"> <li>• Compile a database of existing and ongoing biological surveys, programs and initiatives related to natural resources currently and previously conducted within the Algonquin Territory by external agencies, government, departments, or private groups.</li> <li>• Assist in the development of policies, laws, by-laws, strategies, objective, guidelines and standards for the management, protection, enhancement, restoration and use of our natural resources.</li> <li>• Assist with department programs including scheduling programs and resources, coordinating event registration and notices.</li> </ul> <p><b>Field Operations:</b></p> <ul style="list-style-type: none"> <li>• Using and updating GIS programming and systems.</li> </ul>		

# Employment opportunities ... Continued

- Direct studies, conducting surveys, assessments, or restoration within the Algonquin Traditional Territory.
- Author wildlife, vegetation, wetland, aquatic, and fisheries technical reports, workplans and proposals.
- Administer licensing and permit process, harvesting, fishing, hunting for the Algonquins of Pikwakanagan First Nation and the Algonquin territory.
- Administers trapping licenses, cabin and trapline permits.

## **Community Development:**

- Establish a hunter, trapper, and other Education Training Programs for AoPFN members.
- Ensure Traditional Ecological Knowledge is implemented into current and future projects.
- Participates in applicable committees/commissions, technical working groups, symposiums, conferences, meetings and consultations with members and key associates as approved by the council.
- Work with legal team to ensure that Collective Algonquin Title and Rights are never compromised by activities undertaken by Algonquins of Pikwakanagan First Nations in relation to the Natural Resources Department.
- Establishes and maintains client/partner relationships and networks and expands the client base for research studies to facilitate the collection and exchange of intelligence.

## **Risk Management:**

- Complies with all appropriate Acts, Generally Accepted Principles, and the Algonquins of Pikwakanagan First Nation Policies and Procedures as it relates to the Natural Resources department.
- Carries out housing/administrative services in such a manner as to maintain confidentiality in compliance with the Privacy Act and Personal Information Protection and Electronic Documents Act.
- Ensures provincial / Territorial and Federal government's obligations are fulfilled.

## **Knowledge**

- A comprehensive and progressive understanding of First Nations community needs.
- Understanding of Algonquin rights, values, traditions, and laws.
- Knowledge of codes, acts, legislation, and regulations of Natural Resources, First Nation Lands, and Indigenous rights.

## **Abilities**

- Exercise independent judgment and discretion in handling confidential matters and interacting with staff and visitors.
- Use all-terrain vehicles and boats (operational experience would be considered an asset)
- Able to follow internal control processes.
- Effective verbal, listening, and effective written communication skills.

## **Personal Suitability:**

- Strong interpersonal skills, friendly, approachable, and experienced in customer service.
- Exercise independent judgment and discretion in handling confidential matters and interacting with staff, clients, and visitors.
- Possess tact, discretion, diplomacy, respect, maturity, and professionalism.



# Employment opportunities ... Continued

	<ul style="list-style-type: none"> <li>• Sound work ethic, reliable, thorough, proactive, and flexible.</li> <li>• Attention to detail and a high level of accuracy.</li> <li>• Able to work independently and in a team environment.</li> </ul>
<b>Minimum Qualifications</b>	<b>Education and Experience</b> <ul style="list-style-type: none"> <li>• Successful completion of a post-secondary degree or diploma in Biology, Ecology, Environmental Sciences or Wildlife Management; OR</li> <li>• Successful completion of Grade 12 with 2-3 years of demonstrated experience in Natural Resources Management or a related field; OR</li> <li>• 3-5 years of experience with the management of wildlife and terrestrial habitats.</li> <li>• Pleasure Craft License</li> <li>• Ontario G-2 Driver's Licence</li> </ul>
<b>Submit Cover Letter and Resume To</b>	<b>Human Resources</b> Algonquins of Pikwakanagan First Nation 1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0 <a href="mailto:hrrservices@pikwakanagan.ca">hrrservices@pikwakanagan.ca</a>  <b>Subject Line: Field Administrative Coordinator</b>
<b>How To Apply</b>	<p><b>Application Procedure:</b> Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) references.</p> <p><b>Screening Procedure:</b> The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process and not be a member of the supervisor's immediate family., preference will be given to:</p> <ol style="list-style-type: none"> <li>a) the qualified indigenous person who is an Algonquin; then to,</li> <li>b) the qualified indigenous person; then to,</li> <li>c) the qualified non-indigenous candidate.</li> </ol> <p><b>Interviews:</b> Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes and eligibility list..</p>
<p><i>We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups. AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.</i></p>	

# Employment opportunities

SNACKARELLA'S Is Now Hiring

Location: Pikwakanagan

We are a new take-out business looking for honest, motivated, and committed individuals to become part of our team.

Positions

Full-time Cook 35-40 hours per week - \$18 per hour

Part-time Cook 20-25 hours per week - \$18 per hour

Basic Requirements

- Safe Food Handlers Certificate
- Good communication skills written and oral
- Plan and create specials and maintain inventory
- Ensure your work area is clean and sanitized daily
- Flexibility to work mornings, afternoons, weekends and holidays
- Experience with propane fryers, grill, and their proper cleaning methods
- Maintain a neat and tidy appearance and adhere to our dress code
- Good Customer Service skills to greet customers, take orders and serve food
- Ability to supervise staff, work as a team, give direction and follow direction
- Ability to stand for long hours at a time and work in a fast-paced environment
- Operate the cash, debit machine, and possess basic math skills  
(Training on the Cash and Debit will be provided)

Positions

Full-time Server 30-35 hours per week - \$16 per hour

Part-time Server 20-25 hours per week - \$16 per hour

Basic Requirements

(Students Welcomed to apply)

- Good Communication skills written and oral
- Ability to work as a team and follow direction
- Ensure the picnic area and tables are clean throughout the day
- Flexibility to work mornings, afternoons, weekends and holidays
- Maintain a neat and tidy appearance and adhere to our dress code
- Good Customer Service Skills to greet customer, take orders and serve food
- Ability to stand for long hours at a time and work in a fast-paced environment
- Operate the cash, debit machine, and possess basic math skills  
(Training on the Cash and Debit will be provided)

Send Resumes to:

Snackarella2023@hotmail.com

# Membership Additions

## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Lavallee, Dora	Lavalley	25 Oct 22	25 Apr 23
Langlois, Jackson	Pisindawate/ Lamure	25 Oct 22	25 Apr 23
Langlois, John	Pisindawate/ Lamure	25 Oct 22	25 Apr 23
Adcock, Sarah	Partridge	26 Oct 22	26 Apr 23
Bizzarrino, Robert	Tennascon	26 Oct 22	26 Apr 23
Switzer, Anna	Meness	14 Nov 22	14 May 22
McMillan, Britney, Madison	Meness	14 Nov 22	14 May 22
Hanna, Lucille	Pisindawate	21 Nov 22	21 May 22
Commanda, Callie	Commanda	21 Nov 22	21 May 22
Le Barron, Bradley	Jocko	30 Nov 22	30 May 23
LeBarron, Jensen	Jocko	30 Nov 22	30 Nov 22
Salahovic, William	Lavalley/ Aird	30 Nov 22	30 May 23
Baumhour, Timothy	Lavalley	30 Nov 22	30 May 23
Baumhour, Kathryn	Lavalley	30 Nov 22	30 May 23
Grandmond, Edward	Pisindawate	05 Jan 23	05 Jul 23
St Amour, Michael	Meness	05 Jan 23	05 Jul 23
St Amour, Rachel	Meness	05 Jan 23	05 Jul 23
St Amour, Grace	Meness	05 Jan 23	05 Jul 23
Robertson, Raven	Meness	05 Jan 23	05 Jul 23
Toryn, Hamill	Jocko	05 Jan 23	05 Jul 23
Richards, Abbey	Benoit	05 Jan 23	05 Jul 23
White, Jessica	Sharbot	05 Jan 23	05 Jul 23
Burton, Tamara	Meness	05 Jan 23	05 Jul 23
Borrowman, Madelynn	Lavalley/ Sharbot	05 Jan 23	05 Jul 23
Borrowman, Cole	Lavalley/ Sharbot	07 Jan 23	07 Jul 23
Gardiner, Timothy	Franscois	10 Jan 23	10 Jul 23
Gardiner, Jayla	Franscois	10 Jan 23	10 Jul 23
Gardiner, Jace	Franscois	10 Jan 23	10 Jul 23
Norris, Heather	Partridge	10 Jan 23	10 Jul 23
Jodouin, Joseph	Franscois	11 Jan 23	11 Jul 23
White- Kohoko, Cheveyo	Kohoko	11 Jan 23	11 Jul 23
Borrowman, Adan	Lavalley/ Sharbot	11 Jan 23	11 Jul 23
Rypstra, Melanie	Sarrazin	17 Jan 23	17 Jul 23
Murphy, David	Sharbot	17 Jan 23	17 Jul 23
Mountney, Jesse	Jocko	18 Jan 23	18 Jul 23
Cifford, William	Sharbot	18 Jan 23	18 Jul 23
Toutant, Avery	Lavalley	18 Jan 23	18 Jul 23



# Membership Additions... Continued

## Continued On

McMunn, Madison	Commanda/Lamure	31 Jan 23	31 Jul 23
Wellman, Terrence	Lavalley	01 Feb 23	01 Aug 23
Russell, Marlene	Pisinawate	21 Feb 23	21 Aug 23
Cassidy, Krista	Aird	21 Feb 23	21 Aug 23
Ferk, James	Amikons	22 Feb 23	22 Aug 23
Sarazin, Kayla	Sarazin	23 Feb 23	23 Aug 23
Lamont, Marie	Lavalley	06 Mar 23	06 Sept 23
Perrin, Theresa	Lamure	06 Mar 23	06 Sept 23
Westlake, Brian	Lamure	06 Mar 23	06 Sept 23
Meconse, Dean	Amikons	07 Mar 23	07 Sept 23
Dehler, Wendy	Sarazin	07 Mar 23	07 Sept 23
Rypstra, Calvin	Sarazin	09 Mar 23	09 Sept 23
Rypstra, Anastasia	Sarazin	09 Mar 23	09 Sept 23
Minnie, Edgar	Lavalley	16 Mar 23	16 Sept 23
Marshall, Alana	Tenascon	24 Mar 23	24 Sept 23
Taylor Lukas	Bernard	29 Mar 23	29 Sept 23
Taylor, Isaac	Bernard	29 Mar 23	29 Sept 23
Taylor, Sophia	Bernard	29 Mar 23	29 Sept 23
Meconse, Real	Amikons	29 Mar 23	29 Sept 23
Meconse, Serge	Amikons	30 Mar 23	30 Sept 23
Campbell, Austin	Whiteduck	12 Apr 23	12 Sept 23
Lagace, Jaden	Baptiste	18 Apr 23	18 Sept 23
Larbie, Peter	Tenascon	18 Apr 23	18 Sept 23
Gardiner, Richard	Francois	18 Apr 23	18 Sept 23

**To appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)**

# Community Information



## Free Income Tax Clinic

The program helps eligible people with a simple tax situation and a low/modest income.

*( individual \$35,000 couples \$45,000; add \$2500 per child).*

Trained volunteers will prepare and e-file your returns.

**March & April**

To book an appointment please call:

**Killaloe: Jeanette @ 613-757-3108**

**Barry's Bay: Christine @ 613-602-3591**

**Madawaska / Whitney : Sylvia @ 613-412-9962**

This is a collaboration between Canada Revenue Agency and community organizations.



# Tax Season

**SENIORS  
SERVICES OFFERING FREE TAX  
FOR SENIORS**

**WHERE: TENNISCO MANOR**

**TIME: BETWEEN 8:30 TO 4:30**

**PLEASE RVSP BY CALLING  
TENNISCO MANOR, AT 613-625-1230**

# Community Information



**Algonquins of Pikwakanagan  
First Nation**



## **GROUND** *ed* Wellness

### **Reconnecting with Traditional, local plants for nourishment and medicine**

Steven Martin, MA of Traditional Land Use in the Southern Algonquin Bioregion and previous professor at Algonquin College, will lead this 10-day program with a focus on health, well-being and rekindling traditional indigenous values through working intimately with the land.

#### *Dates and learning:*

Classes will be progressive in nature (building from the previous class), and will run from 9:00-3:00 pm (with lunch offered)

April 28th: Trees, harvesting sap and bark for food and medicine

May 15 & May 26th: Harvesting nutritional sweet roots before they shoot and the first greens like fiddle heads and leeks

June 16th: Starting seeds, ground prep and other aspects of agriculture and planting

July 14th & 21st: Herbal medicine, because it's the best time for arial harvesting and identifying the wild plants

August 9: Harvesting wild rice and berries (processing and storing)

Sept: 8th & 29th: fruit and nut harvest (processing and storing)

Oct: 13th: harvesting roots for food as well as learning how to process and store them. And seed collecting


#### *What to bring*

- smudge and/or offerings (dried cedar or sage, tobacco, sweetgrass, other resins or aromatics)
- a good knife is helpful but not essential (small and sharp is better than big and dull), clippers (optional), hand trowel or small shovel, work gloves, natural bug stuff.
- something portable to sit on, if you are not comfortable on the ground. Some chairs are available (let staff know if you will need)
- water bottle
- Lunch (farm-fresh) will be served. Bring extra snacks for throughout the day, if needed.



#### **TO REGISTER, CALL BELOW**

 880 Burchat road, Golden lake (Members are responsible for their own transportation to and from)

 1 613-625-2259

 <https://www.algonquinsofpikwakanagan.com/health-services/>

**PROGRAM COST (FOR COMMUNITY  
MEMBERS ONLY) FUNDED BY  
PIKWAKANAGAN HEALTH SERVICES- LAND  
BASE/MENTAL HEALTH INITIATIVES**



# Community Information

## Regular Council Meetings on ZOOM

EVERY SECOND AND LAST TUESDAY OF THE MONTH BEGINNING AT 9AM



### Not online?

Call Kevin Lamarr at 613 625 2800 ext. 230 and leave a message to request information and instructions on how to join ZOOM by phone.

Available in the **members-only** section of [www.algonquinsopikwakanagan.ca](http://www.algonquinsopikwakanagan.ca):



Zoom details  
minutes  
transcripts  
presentations/attachments

**CONWAY'S  
PHARMACY REMOTE  
DISPENSING  
LOCATION IS OPEN**  
REGULAR BUSINESS  
HOURS:

MONDAYS, TUESDAYS,  
THURSDAYS FRIDAYS  
9AM TO 4PM  
(CLOSED 12 - 1)

WEDNESDAYS  
9AM TO 1PM

*WE ARE CLOSED  
WEEKENDS AND  
HOLIDAYS*

DELIVERY IS AVAILABLE  
MONDAY TO FRIDAY

PHONE 613-625-9974  
FAX 613-625-2068

THANK YOU  
NATALIE COMMANDA,  
PHARMACY TECHNICIAN  
JOSEPH CONWAY,  
PHARMACIST

## Legal Aid Clinic

Please note that the legal aid clinic is currently not running in Pikwakanagan until further notice.

## Legal Aid Information

Legal Aid Ontario  
Monday-Friday 8:00AM-5:00PM  
1-800-668-8258

OR

<https://www.legalaid.on.ca>

# Community Information

**ATTENTION**  
**HOME-OWNERS OF**  
**PIKWAKANAGAN!**

This is your chance to contact Ryan Carle –  
Community Coordinator regarding the Water Treatment  
Plant and connecting to the Water Distribution System. To be connected free of charge  
during  
the construction phase we require you to fill out a Water Service  
Agreement (WSA). If you wish to remain off the Water Distribution System,  
we still require a completed Water Service Agreement from you. With completed Water  
Service  
Agreements we can begin the construction phase, the final number of community  
connections  
is a vital role in beginning the process.

Whether you wish to be connected or not, **your input is  
important to the project.**

Don't forget! The WSA comes to you and can take as  
little as **TEN MINUTES** to complete.

**For more Information or to schedule a visit**

**PLEASE CONTACT:**

Ryan Carle

Community Co-ordinator & Water/Wastewater Treatment Plant Operator

Cell: 613-635-3706

E-mail: WTPO@pikwakanagan.ca

# Community Information

## Restorative Justice Overview

Pikwakanagan's Restorative Justice and Court Support Program was created to work with members of Pikwakanagan who are currently involved with the legal system (i.e. court and diversion).

### How Can We Help?

Our goal is to help clients navigate the court system and work through the steps in place by the courts and assisting families by supporting them through the court system for their loved ones and/or friends. The program is designed to help the client:

- With support during court (i.e., attending court with the client)
- Understand what actions you may need to take (i.e., speaking with duty counsel, a lawyer or legal aid)
- Assist clients in navigating or finding programs which may be right for them (i.e., working with diversion, NNADAP and/or Counselling)
- Assist clients in accessing diversion programs (i.e., Redpath, PAR, I am a kind man)
- Assisting clients to ensure they are able to attend court in person and/or virtually (i.e. Chrome books to access court virtually in office)
- Chromebook access (if attending an online diversion chrome books can be accessed)
- Office space for virtual attendance to court or online programs (i.e. virtual diversion)
- When allotted the program may also help with client needs (i.e., basic hygiene products and clothes)
- In cases where a challenge arises and there is no criminal charges a restorative justice circle can be run (Please note the program is still in development)

If you have any questions, please reach out to the Restorative Justice Coordinator.

Miigwetch,

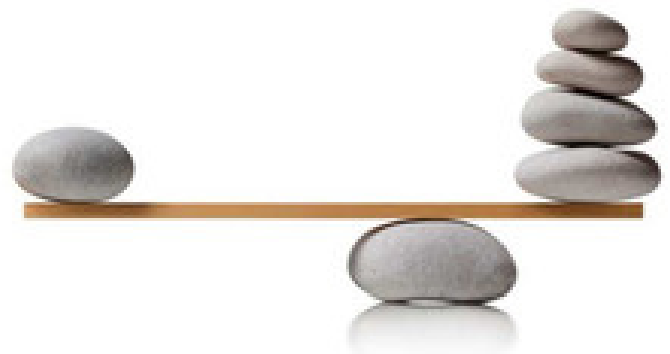
Sabrina Laframboise

Restorative Justice Coordinator & Court Support

Pikwakanagan Mental Health Team


613-633-3586 OR 613-625-2259 ext. 245

[justice.mhs@pikwakanagan.ca](mailto:justice.mhs@pikwakanagan.ca)





## THINKING OF BECOMING PREGNANT?




1. TAKE A PRENATAL VITAMIN AT WITH AT LEAST 400MCG OF FOLIC ACID AT LEAST 2 MONTHS PRIOR TO CONCEPTION. PRENATAL VITAMINS HELP TO ENSURE MOM HAS THE NUTRIENTS NECESSARY TO GROW A BABY. FYI - NIHB COVERS PRENATAL VITAMINS!

2. YOU AND YOUR PARTNER SHOULD TRY TO BE AS HEALTHY AS POSSIBLE, BY EATING HEALTHY FOODS AND BY BEING PHYSICALLY ACTIVE (AT LEAST 150 MINUTES OF MODERATE PHYSICAL ACTIVITY A WEEK).

3. STOP SMOKING, DRINKING ALCOHOL, AND USING CANNABIS. IF THIS IS DIFFICULT FOR YOU AND YOUR PARTNER, TRY TO REDUCE USE AS MUCH AS POSSIBLE TO ENSURE THE BEST OUTCOME FOR BOTH MOM AND BABY.

4. BOOK AN APPOINTMENT WITH YOUR PRIMARY HEALTH CARE PROVIDER (DOCTOR OR NURSE PRACTITIONER) AND THE COMMUNITY HEALTH NURSE JESSICA (613-625-2259) TO DISCUSS NEXT STEPS!



# Community Information

## Important Public Health Alert:

There has been a recent media report of a dog eating a dead goose, in the Greater Toronto Area (GTA), on April 1st 2023, then becoming ill and dying as a result of an Avian influenza (bird flu) infection. This is an extremely rare event, but it reminds us that there are some important things to think about when hunting and handling birds.

The Canadian Wildlife Health Cooperative confirmed last Thursday that avian influenza was the cause of death of waterfowl found in a stormwater pond in Bolton Ontario, two weeks ago.

Canada's health agency said that the risk to the public remains low based on current evidence. Scientific evidence suggests that the risk of a human contracting bird flu from a domestic pet is minor.

Pet owners are advised not to feed pets, especially dogs and cats, any raw meat from game birds or poultry and not to allow pets to consume or play with dead wild birds found outside. Owners are urged to contact their veterinarian if they have questions about their pet's health.

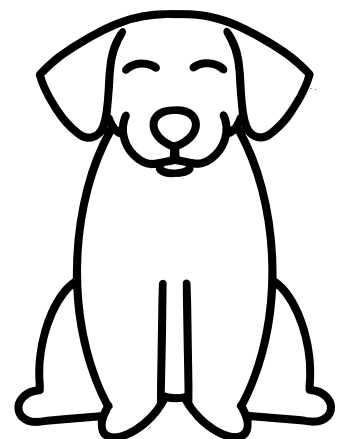
Avian influenza infections should not affect plans for hunting birds, below are precautions that hunters can take to minimize risks when hunting and handling wild birds:

- wash hands often (or use hand sanitizer) when handling birds or eggs, and before eating or smoking.
- wear protective clothing such as boots when walking into nesting sites and disposable gloves when handling birds and when picking up and brushing off eggs.
- limit contact with blood, feces, or secretions of harvested birds and when finished, clean work surfaces thoroughly with soap and water followed by diluted household bleach.
  - ensure that birds and eggs are fully cooked before eating.
- if you become ill after handling wild birds or eggs, seek medical attention and let your health care provider know that you were handling wild birds. care providers and let them know that you were handling wild birds.



Respectfully,

Melissa Pessedawatch, CHR  
Algonquins of Pikwakanagan, Health Services



# Community Information

**OPEN**

## LIBRARY

**Tuesday 8:30 AM - 4:30PM**

**Wednesday 8:30AM - 4:30PM**

**Thursday 8:30AM - 3:30PM**

Come take a look at the variety of First Nation books including, fiction, nonfiction and children's books.

Computers are available to the public to access government sites for such things car registration and income tax returns. Also many other social media sites.

Estelle Amikons  
613-625-2402 ext 244

## ATTENTION - ONTARIO WORKS CLIENTS

Please be advised that we are open during normal office hours:

**Monday to Friday - 8:30AM - 4:30PM**

We are no longer mailing out monthly interview documentation or cheque's

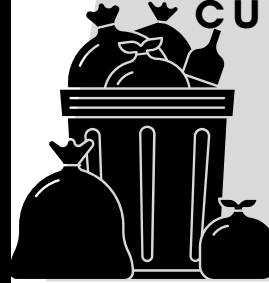
## WASTE DISPOSAL SITE

*Wednesday*  
12PM - 6PM

*Sunday*  
9AM - 3PM



## CURBSIDE PICK-UP



*Garbage: Wednesday*  
*Cardboard: Thursday*  
*Containers: Fridays*

## Virtual Care Access and Literacy Pilot Program

### FREE IPAD BORROWING PROGRAM

Borrow an iPad to:

- Access virtual appointments
- Learn about health-related topics
- How to get support
- Tips on fitness, nutrition, and parenting
- Learn new skills
- Browse the web
- Play some games

**CONTACT CHN JESSICA AT  
613-625-2259**

# Community Information

## ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact  
Sandy  
613-717-2894



ANIMAL CONTROL  
June Logan: 613-625-  
2545 or (613) 602-  
3626

## WE NEED YOUR IDEAS!

WE ARE LOOKING FOR SUGGESTIONS ON WHAT TYPE OF PROGRAMS YOU WOULD LIKE TO SEE HAPPEN AT THE ELDERS CENTRE. I.E. EXERCISE CLASSES, COOKING CLASSES, DARTS, CARDS, BINGOS. THESE WOULD TAKE PLACE IN THE AFTERNOONS. PLEASE PROVIDE YOUR IDEAS TO SOMEONE ON THE ELDER'S COMMITTEE – CINDY & ANDRE CARLE, SANDY & BOB NASH, ROSE YANKOO, HOWARD BERNARD OR JAN LEROUX OR  
**CALL 613-585-3213.**

## FOR YOUR INFORMATION

Canadian Police Information Record checks are required for anyone who is applying for:

- **Membership (applicants who are 18 years or older)**
- **Residency (applicants who are 18 or older)**

Applications, Laws, and Codes are available on our website at:  
<https://www.algonquinsofpikwakanagan.com/laws-and-by-laws/>

Hard copies can be requested from the Lands, Estates and Membership Department:  
613-625-6800 | [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca) | [land.officer@pikwakanagan.ca](mailto:land.officer@pikwakanagan.ca) |  
[assistant.lem@pikwakanagan.ca](mailto:assistant.lem@pikwakanagan.ca)

Notice: Killaloe OPP - record check applications are now online!



# Website – Membership Login

*Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.*

## Steps:

1. Open a browser and enter: [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca)
2. Find the "Member Login" box (scroll down on home page or on side bar)
3. Click on "Log in as member of the Algonquins of Pikwakanagan First Nation"
4. You will be brought to the "Member Login" section
5. Click on the words "Click Here for the registration form"
6. You will be brought to the "Membership Registration"
7. Click the "Register" button and wait for your email notification

*\*This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive access.\**

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	<a href="mailto:thunderbird@gmail.com">thunderbird@gmail.com</a>	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format

# Administration Information

## Algonquins of Pikwakanagan First Nation

1657A MISHOMIS INAMO PIKWAKANAGAN, ON K0J 1X0  
OFFICE: 613-625-2800 | FAX 613-625-2332

HOURS OF OPERATION: MONDAY - FRIDAY 8:30AM - 4:30PM

**12:00PM - 1:00PM CLOSED FOR LUNCH**

### **\*\*HOLIDAY CLOSURES\*\***

NEW YEAR'S DAY, FAMILY DAY, GOOD FRIDAY, EASTER MONDAY, VICTORIA DAY,  
INDIGENOUS PEOPLES DAY, CANADA DAY, CIVIC HOLIDAY, LABOUR DAY, NATIONAL  
DAY FOR TRUTH AND RECONCILIATION, THANKSGIVING, REMEMBRANCE DAY &  
CHRISTMAS DAY  
2 WEEK - CHRISTMAS CLOSURE DATES WILL BE ANNOUNCED

## **AOPFN EMPLOYMENT OPPORTUNITIES**

Application Procedure: Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact information of your three (3) most recent direct supervisors. If direct supervisor references are not available the references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title

Screening Procedure: Applicants will be screened on the following:  
1) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume - the content will be reviewed to ensure the applicant meets the basic requirements.

Affirmative Action Criteria: Positions may be subject to AOPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

Interviews: AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.