



Pikwakanagan Tìbadjumowìn

Kenozidj Kizis

Friday January 13, 2023

view on-line at: www.algonquinsofpikwakanagan.com

Facebook : Algonquins of Pikwakanagan First Nation

Algonquins of Pikwàkanagàn Socio-Economic and Wellbeing Baseline call for participation

Attention Algonquins of Pikwàkanagàn First Nation community members (Band Members living within or outside the First Nation, and non-Band Members living within the First Nation) The Economic Development Department is developing a Socio-economic and wellbeing baseline for AOPFN and need your input.

What is a Socio-economic and wellbeing baseline?

This study will build a better understanding of the current socio-economic, health and wellbeing conditions of AOPFN members living in unceded Algonquin traditional territory. It seeks to develop a more accurate representation of the population for indicators that are meaningful to AOPFN, and identify priority areas for development.

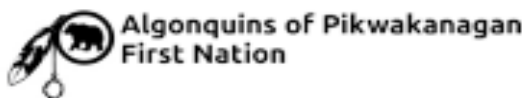
This study will also support AOPFN's participation in impact assessments, including identifying potential impacts, benefits, and mitigations related to proposed projects in unceded Algonquin traditional territory

How can I help?

AOPFN are looking to collect input in two ways, a survey and focus groups.

The survey is available from October 17th, 2022 – February 3rd, 2023. It will cover a wide range of questions, and takes approximately 30-40 minutes to complete. Those that participate in the survey may **enter a draw for one of five, \$300 cash prizes.**

You can access the survey online by following this link (<https://www.surveymonkey.com/r/PNCLTZS>) or by QR code. To use a QR code, open the camera on your compatible Android or iOS mobile or tablet, and focus on the QR code. When you do, a link should pop-up. Click on it, and it should take you straight to the survey.



You may also request a hardcopy of the survey or that a community researcher go through the survey over the phone with you by contacting the Project Lead, Dave Assinewai.

For more information about either of these opportunities to participate, please contact:

Dave Assinewai, Project Lead – AOPFN Economic Development Department
ecdev.projects@pikwakanagan.ca
(613) 625-1551

Disclaimer

This project is being funded through the Impact Assessment Agency of Canada's Indigenous Capacity Support Program. The Firelight Group, an Indigenous-owned research firm has been contracted, through a competitive process, to support AOPFN in completing the work.

Kenozidj Kizis, Friday January 13, 2023



Algonquins of Pikwakanagan First Nation

16 December 2022

TO: Members of the Algonquins of Pikwakanagan First Nation

RE: Notice of Election for Chief and Council of the Algonquins of Pikwakanagan First Nation

Notice is hereby given to the voters of the Algonquins of Pikwakanagan First Nation that a poll will be held to elect the Chief and Council of the Algonquins of Pikwakanagan First Nation on Saturday March 25, 2023 and that such polling station will be open from 9:00 a.m. o'clock local time until 7:00 p.m. o'clock local time at the Makwa Centre, 83A Kagagimin Inamo, Pikwakanagan, ON K0J 1X0.

And that I will open the returned ballots at the Makwa Centre on Saturday March 25, 2023, beginning at 1:00 o'clock p.m. and that at the close of the polling station, I will count the votes and declare the results of the Election.

Notice of Nomination Meeting

Notice is hereby given to the voters of the Algonquins of Pikwakanagan First Nation that a nomination meeting will be held at the Makwa Centre, 83A Kagagimin Inamo, Pikwakanagan, ON K0J 1X0 on Saturday, January 28, 2023, beginning at 2:00 pm o'clock local time and last for at least three hours, for the purpose of the nominating candidates for the position of Chief and nominating candidates for positions of the Council of the Algonquins of Pikwakanagan First Nation for the next term.

There are six (6) Councillors positions and one (1) Chief position available. The Elections will be held at the Makwa Centre, 83A Kagagimin Inamo, Pikwakanagan, ON K0J 1X0.

Platform Process

The Platform process will be on Saturday February 11, 2023 at the Makwa Centre, 83A Kagagimin Inamo, Pikwakanagan, ON K0J 1X0 beginning at 1:00 pm o'clock local time.

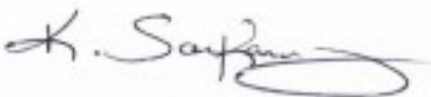
The platform process means that each nominee who will be running for office will be invited to deliver a speech on important issues that affect the community or indicate to the members what their plans are should they be elected to the position of Chief or Councillor. Each nominee will be allowed time to answer questions directed to them by the Voters.

Questions must be related to the business at hand and not personal matters between the nominee and yourself. Only eligible voters can address the nominee on platform.

Furthermore, the Custom Election Code and Custom Election Rules of Notice and Procedures is available on our website at <https://www.algonquinsofpikwakanagan.com/laws-and-by-laws/> or you can request hard copy from the Lands, Estates and Membership department 613-625-2800 mgr.lem@pikwakanagan.ca / land.officer@pikwakanagan.ca

If you have additional questions, please contact Electoral Officer, Kassandra Sackaney at 613-625-2800 / mgr.lem@pikwakanagan.ca /

Given under my hand at Pikwakanagan this 16th Day of December 2022.



Kassandra Sackaney,
Electoral Officer, General Elections for Chief and Council
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo
Pikwakanagan, ON K0J 1X0

Canadian Food Inspection Agency's (CFIA) & Product Safety Recalls

Check to see if you have the recalled product (s) in your home

Finocchiona, Salami, Sweet Fennel, Lot 242

Health Hazard: Salmonella

Distribution: Sold in ON

Recalling Firm: Venetian Meat & Salami Co Ltd, 1-(905) 545-1845, sold in Foodland

What to do: Do not consume, serve, use, sell, or distribute recalled products

Janod Sweet Cocoon Activity Table

Health Hazard: Choking hazard - The product contains a metal bell held on by a cord the bell can become detach.

Distribution: Sold In ON

Recalling Firm: Pierre Belvédère Inc. 1-514-286-2880 ext. 191

What to do: Consumers should immediately stop using the recalled product and contact the retailer where the product was purchased for more instructions.



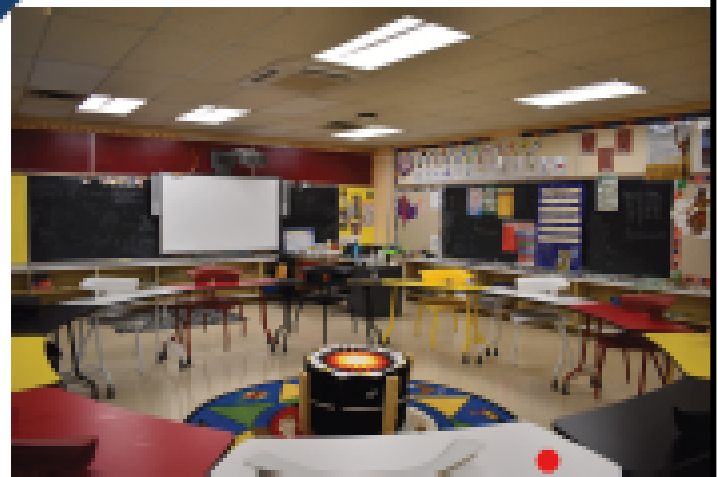
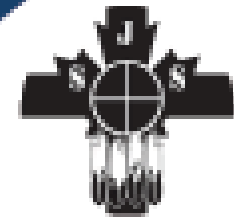
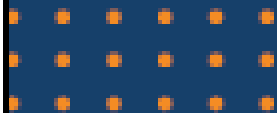


RENFREW
COUNTY
CATHOLIC
DISTRICT SCHOOL BOARD

Register today at
St. James Catholic School
in Eganville!

KINDERGARTEN REGISTRATION

2023-2024



- Warm, nurturing, inclusive environment
- Qualified Kindergarten educators
- Algonquin language and culture class
- Structured literacy and mathematics taught through guided groups and purposeful play
- Daily opportunities for inquiry, outdoor play and physical education
- Art and music instruction
- Breakfast program and healthy snack program available to all students



Come and Grow with Us
at RCCDSB!



REGISTER NOW AT
WWW.RCCDSB.CA

Omamiwinini Pimadjowin

is hosting a 4- week
Brick Stitched Earrings
With Jayden Audio Kohoko

Wednesday Evenings
January 4, 11, 18 & 25
5 p.m - 8 p.m
Elder's Lodge

AOPFN Members
Register by December 16 by 4 pm

Contact Katie Commanda
katie@thealgonquinway.ca
613-625-1958

Regular Council Meetings on ZOOM

EVERY SECOND AND LAST TUESDAY OF THE MONTH BEGINNING AT 9AM



Not online?

Call Kevin Lamarr at 613 625 2800 ext. 230 and leave a message to request information and instructions on how to join ZOOM by phone.

Available in the **members-only** section of www.algonquinsofpikwakanagan.ca:



Zoom details
minutes
transcripts
presentations/attachments

Masks STRONGLY RECOMMENDED Indoors

There is a larger than normal amount of children getting sick from respiratory illnesses (COVID, flu, RSV). This strong recommendation was made to prevent children from getting sick and to preserve beds in children's hospitals. As well, a shortage of pediatric medication makes it difficult for parents to treat children at home which makes emergency room wait times long.

The Ministry of Health and AOPFN Health Services strongly recommends everyone masks in indoor public settings, especially in school and childcare settings.

COVID and flu vaccines are available for all those over 6 months old. Contact CHN if interested: 613-625-2259

Thank you for protecting the community!



JR FACTS

When: Every Tuesday

Time: 4:00 - 5:15 PM

Where: 1467 Mishomis Inamo

Please contact either 613-625-2173 or Cassidy (coordinator.fwb@pikwakanagan.ca) for more information



MEMBER LOGIN” SECTION - WEBSITE

Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.

1. Open a browser and enter: www.algonquinsopikwakanagan.com
2. Find the “Member Login” box (scroll down on homepage or look on the side bar of any other page)
3. Click on the words “Log in as a member of the Algonquins of Pikwakanagan First Nation”
4. You will be brought to the “Member Login” section
5. Click on the words: [Or Click Here for the registration form](#)
6. You will be brought to the “Member Registration” section which says:
7. Click the “Register” button and wait for your email notification.

“This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	thunderbird@gmail.com	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format

Member Login



WESTERN UNIVERSITY'S

NATIONAL INDIGENOUS

Western 

SCHOLARSHIP PROGRAM



Awarded annually to three incoming Indigenous undergraduate students

(First Nations, Métis, and Inuit) studying full-time at Western's main campus based on their outstanding academic excellence and meaningful and impactful contribution toward Indigenous communities. Two scholarships will be awarded to incoming students applying from Canadian high schools, and one scholarship to an incoming Indigenous student applying from a postsecondary institution. Recipients must meet the minimum academic averages for their programs, and will be selected on the basis of academic achievement, creative and innovative thinking, and previous or intended contributions to Indigenous communities (including, on and off reserve and as well as urban settings).

For more information please contact our Indigenous Financial Aid Coordinator Donna Noah at dnoah@uwo.ca or (519) 661-2111 ext. 86437

Scholarship Values

3 awards at \$50,000 each to incoming Indigenous students applying from Canadian high schools*

2 awards at \$50,000 to an incoming Indigenous student applying from a postsecondary institution*

*\$20,000 for year one, \$10,000 for years two to four based on ongoing registration

*not applicable to second entry programs

How to Apply

To apply to the National Indigenous Scholarship Program please go to the following link:

[studentservices.uwo.ca/
NationalIndigenousScholarship/
Students/NSIntroPage.cfm](https://studentservices.uwo.ca/NationalIndigenousScholarship/Students/NSIntroPage.cfm)

Deadline: March 14th Annually



Indigenous
Initiatives



Anishinabek Gamik Child & Family Services



Kwey Pikwakanagan! Prevention services is excited to introduce our new addition of the Teen Facts Group! The groups and ages are as follows starting on January 24th 2023:

Teen Facts (12-18yrs) on Wednesdays from 4:30pm-5:30pm

Youth Facts (8-11yrs) on Tuesdays from 4:30pm-5:30pm

JR Facts (4-7yrs) Thursdays from 4:30pm-5:30pm

These are preventative groups focused on supporting, educating and growing in a culturally holistic and safe space.

Sign up forms are available at Anishinabek Gamik; 1467 Mishomis Inamo. Deadline for hand-ins January 20th 2023 at 12:00pm.

miigwetch

For more information and registration inquiries email Jocelyn at reception.cfs@pikwakanagan.ca or call (613-625-2173 ext.230)



Kenozidj Kizis, Friday January 13, 2023

Upcoming Events:



**December 1-2 -
Mental Health Team AWAY!**
If you or someone you love is
in an **EMERGENT** situation,
please call 911



**December 16- January 3 -
Health Centre CLOSED**

Crisis Numbers

MH Crisis Line: 1-866-996-0991

**First Nations & Inuit Hope for
Wellness: 1-855-242-3310**

**Kids Help Line: 1-800-668-6868
(24 hours)**

Our Programs:

Adult Mental Health

Ruqqiah Adams: 613-625-2259 Ext. 231
Available on Tuesday's & Wednesday's

Child & Youth Therapy

Sharra Bernard: 613-625-2259 Ext. 246

Child & Youth Mental Health

Tiffany Herron: 613-625-2259 Ext. 226

Addictions Counselling

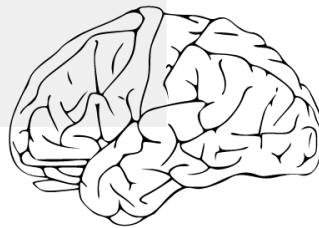
Matt Hutten: 613-625-2259 Ext. 238

Community Justice/ Court Support

Sabrina Laframboise: 613-625-2259 Ext. 245

More info/Help?

Tiffany Herron: 613-625-2259 Ext. 226



Mental Health Team

Adult Mental Health

- Supportive Counselling
- Grief/Loss Therapy
- Depression
- Anxiety
- Family Counselling
- Crisis Intervention
- Other Mental Health Conditions

Child & Youth Therapy

- Crisis Intervention
- Stress
- Loss
- Depression
- Anxiety
- Other Mental Health Conditions

Child & Youth Counselling

- Social/Emotional/Relationship Difficulties
- Coping with Emotions
- Self-Regulation Skills

Addictions Counselling

- Harm Reduction
- Addictions Counselling - Substance Use/Abuse
- Prevention Strategies
- Education
- Naloxone Training

Community Justice/Court Support

- Court Support
- Healing Circles
- Connections to Legal Aid



COVID-19 Screening Questionnaire

Screen yourself for COVID-19 and other respiratory viruses using this questionnaire. If you answer YES to any of the questions, follow guidance provided.

September 12, 2022

1. Do you have any of these new or worsening symptoms*?

A) One or more:



Fever > 37.8°C and/or chills



Cough



Trouble breathing



Decrease or loss of taste/smell

B) Two or more:



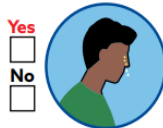
Sore throat



Headache



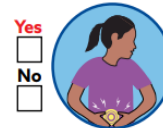
Feeling very tired



Runny nose/
nasal congestion



Muscle aches/
joint pain



Nausea/vomiting/
diarrhea

2. Have you tested positive for COVID-19 in the last 10 days and have symptom(s)?

Yes
No



If "YES" to Q.1 or 2 Stay home & self-isolate



Follow extra measures**

3. Do you have only one symptom from 1(B) OR any of the following new or worsening symptoms?*

- Abdominal pain
- Pink eye
- Decreased or no appetite

Yes
No



If "YES" Stay home until your symptom is improving for 24 hours (48 hours for nausea/vomiting/diarrhea) and you do not have any new symptoms

4. Have you been told that you should be quarantining, isolating, or staying at home? (e.g. by a doctor, federal border agent, public health)?

Yes
No



If "YES" Stay home + Follow instructions you were given

5. Have you been told you are a close contact of someone who has symptoms OR someone who tested positive for COVID-19?

Yes
No



If "YES" Follow extra measures** + If symptoms* develop, self-isolate right away

*If the symptom is from a known health condition that gives you the symptom, select "No". If the symptom is new, different or getting worse, select "Yes". If there is mild tiredness, sore muscles or joints within 48 hours after a COVID-19 or flu vaccine, select "No".

** Following extra measures means: Wearing a well-fitted mask in all public settings, avoiding activities where you need to take off your mask and not visiting people or settings at higher risk.



COVID-19 & Respiratory Viruses Screening Tool Next Steps

If you answered "YES" to any of the questions on page 1, follow the below instructions:

Stay Home & Self-Isolate if You are Sick:

Stay home until you have no fever and your symptoms are improving for at least 24 hours (or 48 hours if nausea/vomiting/diarrhea).

Anyone who is feeling sick or has any new or worsening symptoms of illness, including those not listed in this screening tool, should stay home until their symptoms are improving and seek assessment from their health care provider if needed.

Follow Extra Measures:

For 10 days after the start of symptoms **OR** a positive COVID-19 test (whichever came first) **OR** for 10 days after your last close contact with a person who has symptoms or a positive COVID-19 test:



- Wear a well-fitted mask in all public settings (including schools/child care, unless <2 years of age);



- Avoid non-essential activities where you need to take off your mask (e.g., dining out, playing a wind instrument, high contact sports where masks cannot be safely worn), with reasonable exceptions such as when eating in a shared space at work while maintaining as much distancing as possible;



- Do not visit people or settings (e.g. hospitals, long-term care homes) at higher risk, including where there are seniors or those who are immunocompromised.

Follow this advice even if you test negative for COVID-19 or you did not do a test.

These measures are an added layer of prevention against the spread of COVID-19 and respiratory viruses.

Follow Additional Guidance if Immunocompromised OR Living in a Highest-Risk Congregate Care Setting:

If residing in a highest-risk setting OR immunocompromised OR hospitalized for COVID-19 related illness, your isolation requirements may differ. See [Table 1 of the provincial guidelines](#) for additional guidance.

Follow Additional Guidance as Instructed:

If you have been told that you should be quarantining, isolating, staying at home, or not attending school or child care right now (e.g., by a doctor, federal border agent, public health):

- Follow the guidance or directions that have been provided to you.
- If you travelled outside of Canada in the last 14 days, follow federal [requirements](#) for quarantine and testing after returning from international travel.

Get Tested and Treated if Eligible:

- COVID-19 testing and treatments are available to certain groups. See [here](#) for more information.

This tool is consistent with provincial guidance: [Management of Cases & Contacts of COVID-19 in Ontario \(gov.on.ca\)](#)



**ALGONQUINS OF PIKWAKANAGAN
ROUND DANCE
JANUARY 21, 2023**

**PIPE CARRIER: WAYNE MCKENZIE
STICK MAN: GABE GAUDET
MC: GORDON SANDS**

**LOCATION: MAKWA
COMMUNITY CENTER
83 KAGAGIMIN INAMO,
PIKWAKANAGAN
FIRST NATION**

**PIPE CEREMONY 4:30 P.M.
POTLUCK FEAST 5:30 P.M.
ROUND DANCE TO FOLLOW**

**PLEASE BRING YOUR
FEAST BUNDLES AND
WATER BOTTLES.**

**FOR MORE INFO CONTACT
COORDINATOR.CULTURE.AA@PIKWAKANAGAN.CA**

**INVITED SINGERS
JORDAN MOWAT
BRENNAN GOVENDER
FRANKY HORN
DARREN NAKOGEE
SAGE PICODY
JUNIOR OTTAWA
GARY PARKER
NATHAN ROY
DAN ISAAC
NIKKI SHAWANA**

**BINGO RETURNS
FEBRUARY 6TH**



The Anishinabek Gamik Child and Family Services office would like to invite all AOPFN members to fill out a survey that will help inform the new Child Well-Being Law that is being created. Your feedback is greatly appreciated!

Online survey link: https://docs.google.com/forms/d/e/1FAIpQLSfdS2SYy1AfAEecDmJGneQEZJicETfeKRV6oVRNTHqcurWr1g/viewform?usp=sf_link

If you would prefer a paper copy, please contact Kellie Cooke at ex.assistant.cfs@pikwakanagan.ca or

613-625-2173.



Anishinabe Kweewag
**SINGING
TEACHING
CIRCLE**
with Nikki Shawana

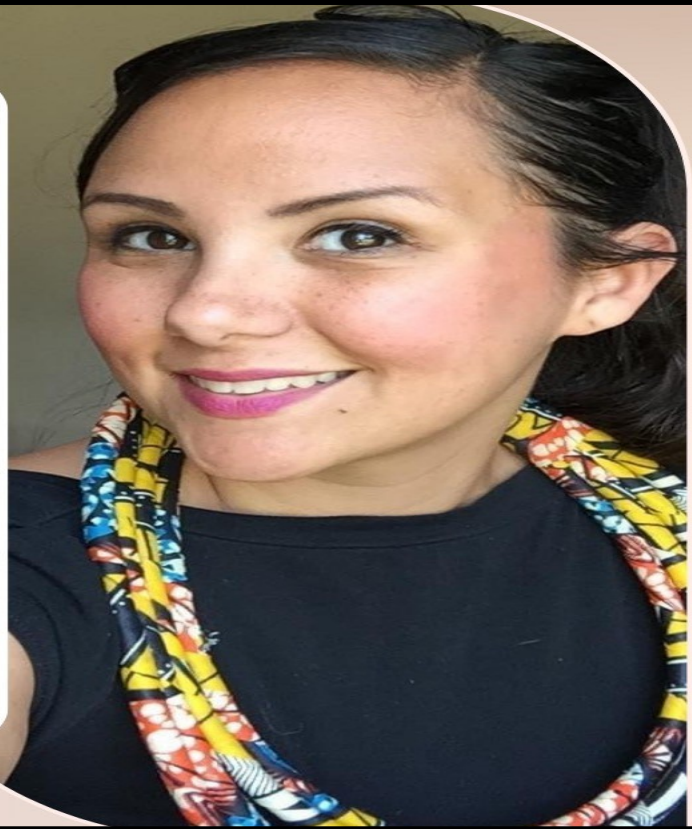
SATURDAY JANUARY 21

**1:00-3:00 P.M.
MAKWA CENTRE**

Knowledge and teachings shared about singing as an Anishinabe kwe. Participants will learn a song to share at the round dance.

FOR GIRLS & WOMEN AGES 11+

Register with Kevin Lamarr
by January 13 at 343-997-4345
or coordinator.culture.aa@pikwakanagan.ca



WILLS & ETATES

ONE ON ONE INTAKE SESSIONS TO CREATE WILL



Wills & Estate Planning

WHEN
February 23 and 24, 2023
9:00 am - 4:00 pm

WHERE
Administration—Boardroom
1657A Mishomis Inamo, Pikwakanagan

WELCOME TO ALL MEMBERS ONLY

WHO IS THIS FOR?

The Indian Act's rules on Wills and estates don't apply to everyone. The individual must:

1. Have status (be registered in the Indian Register) ; and,
2. Ordinary resident of the First Nation.

LIMIT OF 15 SESSIONS

- = Each Individual Session is 30 minutes;
- = Couples are to book a double session.

SPONSORS

- Lands, Estates, and Membership
 - Taggart Law
- Space Limited: May provide additional session if needed.

TO BOOK A SESSION

Contact Lands Department
Via Email or Call 613-625-2800
land.officer@pikwakanagan.com;
mgr.lem@pikwakanagan.ca

For Your Information:

Canadian Police Information Record checks are required for anyone who is applying for:

Membership (applicants who are 18 years or older)

Residency (applicants who are 18 or older)

Eligibility to be a Candidate for General Elections for Chief and Council **

Applications, Laws, and Codes are available on our website at <https://www.algonquinsofpikwakanagan.com/laws-and-by-laws/>

or you can request hard copy from the Lands, Estates and Membership department
613-625-2800 mgr.lem@pikwakanagan.ca / land.officer@pikwakanagan.ca / assistant.lem@pikwakanagan.ca

Notice: Killaloe OPP - record check applications are now online!

**Algonquins of Pikwakanagan
Elders Lodge**
**For Rentals contact Sandy
@ 613 717 2894**

Kwey! The library is open!

Tuesday 8:30 A.M.— 4:30 P.M.

Wednesday 8:30 A.M.— 4:30 P.M.

Thursday 8:30 A.M.— 4:30 P.M.

Computers are available to the public to access government sites for such things as car registrations and income tax returns. Also many other social media sites. First Nation books and many fiction and nonfiction, also a great variety of children's books.

Estelle Amikons

613-625-2402 ext. 244

ATTENTION - Ontario Works Client

Please be advised that we are open to normal office hours,

Monday—Friday 8:30 a.m. – 4:30 p.m.

We are no longer mailing out monthly interview documentation or cheque's.

Algonquins of Pikwàkanagàn Socio-Economic and Wellbeing Baseline call for participation

Attention Algonquins of Pikwàkanagàn First Nation community members (Band Members living within or outside the First Nation, and non-Band Members living within the First Nation) The Economic Development Department is developing a Socio-economic and wellbeing baseline for AOPFN and need your input.

What is a Socio-economic and wellbeing baseline?

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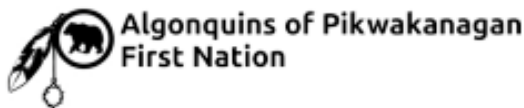
This study will also support AOPFN's participation in impact assessments, including identifying potential impacts, benefits, and mitigations related to proposed projects in unceded Algonquin traditional territory

How can I help?

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For more information about either of these opportunities to participate, please contact:

Dave Assinewai, Project Lead – AOPFN Economic Development Department
ecdev.projects@pikwakanagan.ca
(613) 625-1551

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Government
of Canada

Gouvernement
du Canada

Canada Revenue Agency

Apply for the new Canada Dental Benefit

You can apply for the Canada Dental Benefit (CDB) if:

- You have child(ren) who are under 12 years old on December 1, 2022 and they do not have access to a private dental insurance plan (including employer provided).
- You have, or will have, out of pocket expenses not fully reimbursed by a federal, provincial, or territorial program or plan for dental care for your child(ren), incurred between October 1, 2022, and June 30, 2023.
- Your adjusted family net income (AFNI) was under \$90,000 for the 2021 tax year.
- You are currently receiving the Canada Child Benefit (CCB).

Apply with the CRA

Apply online www.canada.ca or by phone **1-800-959-8281**





**Algonquins of
Pikwakanagan
First Nation**

LAND USE PLAN

OFFICIAL VOTING DAY

SATURDAY, JANUARY 7TH 2023

Ballot Polling Station Location at Makwa Center

Voting is Open from 10:00 am, Closing at 7:00 pm

**YOUR VOTE
MATTERS**



To Vote Online Scan the QR CODE with your phone

Voting Packages were mailed out early November with Voting Instructions

As per the AOPFN Land Code, our Land Use Plan must undergo a community ratification vote. The Land Use Plan and its importance in guiding future land use, infrastructure, and economic development within AOPFN reserve lands only.

**If you require more information please contact: Referendum Officer, Kassandra Sackaney
mgr.lem@pikwakanagan.ca; Brittany Scott land.officer@pikwakanagan.ca; Phone: 613625-2800**

For more information about the Land Use Plan process, please visit the AOPFN Website:

<https://www.algonquinsofpikwakanagan.com/pikwakanagan-lands/>

FROM/DE: Killaloe OPP Detachment

DATE: December 20, 2022

REMEMBER, NO ICE IS SAFE ICE

(KILLALOE, ON) - The official winter season starts on December 21st, 2022, and with this comes outdoor activities to enjoy on the ice. The Killaloe OPP wants everyone to be safe with friends and loved ones while enjoying these outdoor adventures and is sharing these important TIPS to think about before venturing on the ice.

Factors Impacting Ice Thickness

Many factors affect ice thickness, including type of water, location, time of year and other environmental factors such as:

- Water depth and size of the body of water;
- Currents, tides and other moving water;
- Fluctuations in water levels;
- Logs, rocks and docks absorbing heat from the sun;
- Changing air temperature; and,
- Shock waves from vehicles traveling on the ice.

Ice Colour

- The colour of ice may be an indication of its strength.
- Clear blue ice is strongest.
- White opaque or snow ice is half as strong as blue ice. Opaque ice is formed by wet snow freezing on the ice.
- Grey ice is unsafe. The greyness indicates the presence of water.

Minimum Ice Thickness Guidelines

- 15 cm for walking or skating alone;
- 20 cm for skating parties or games; and,
- 25 cm for snowmobiles.

Remember that thickness is only one of many considerations prior to venturing onto ice to enjoy your winter activity and the aforementioned minimum ice thicknesses are guidelines only. Local conditions and the type of body of water will affect ice strength. Check with local authorities for information on local ice conditions before venturing onto the ice. Obey posted signs indicating when and where ice surface is acceptable to venture onto for activities. And, avoid venturing onto ice at night.

For more information please visit:

[Ice Safety - Canadian Red Cross](#)

[Ice Safety | Destination Ontario](#)

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Contact: Provincial Constable Catherine Yarmel
Community Safety / Media Relations
Killaloe Detachment

Phone: 613-757-2600 (office)
613-639-0019 (cell)

opp.ca

TWITTER: @OPP_ER or @OPP_COMM_ER

Crisis Lines

EMERGENCIES - 9-1-1

Mental Health Crisis Line -

1-866-996-0991

Drug, Alcohol, Gambling Hotline-

1-866-531-2600

National Overdose Prevention Line -

1-888-688-6677

Kids Help Line -

1-800-668-6868

**First Nations & Inuit Hope for
Wellness Help Line -**

1-855-242-3310

Canadian Human Trafficking Hotline-

1-833-900-1010

Local

EMERGENCIES - 9-1-1

VTAC-

1-844-727-6404

Telehealth-

1-866-797-0000

Poison Control-

1-800-268-9017

Eganville Foodbank (165 John St.) -

613-401-5785

Pembroke foodbank (295 1st Ave.)-

1-855-242-3310

January Food Security



January Food Security
will be on January 18th
2023

How to place an order:

1. Text 613-639-1633 by Thursday, January 12th, 2023 @ 12:00PM
2. Choose items from the list below
3. Add extras you may need (these are not guaranteed)
4. Pick up order at the location provided in your order confirmation

Items List:

Milk, Eggs, Bread, Cereal, Hamburger, Cheese, Frozen Fruit, Frozen Veggies, Canned Potatoes, Pasta and Pasta Sauce

Food Security Changes (Foodbank)

Please note that the food security will be changing the upcoming months.

The reason for change is that the funding for the food security came from COVID-19 state of emergency funds. As we are no longer in a state of emergency these funds are no longer available. The food security will now change to essential items and will be smaller amounts than previously given.

We are working towards alternative options moving forward. However, for the time being we will be utilizing the remainder of the funds over the coming months.

For Questions and Concerns Please
Contact
613-625-2259

TRIVIA NIGHT

in Pikwakanagan

ENTER A TEAM OF UP TO 5 PEOPLE
FOR A FUN NIGHT OF TRIVIA
\$25 PER TEAM

ADULTS ONLY TRIVIA NIGHT!

MASTERS INDIGENOUS GAMES 2023
FUNDRAISER EVENT

ENTER A TEAM AND COME SUPPORT PIKWAKANAGAN

FRIDAY, JANUARY 27TH @ THE MAKWA CENTRE
TRIVIA STARTS @ 7PM
BAR WILL BE OPEN 6PM-11PM

MUNCHIES WILL BE AVAILABLE AT THE
CANTEEN ALSO

CALL 613-625-2682 TO ENTER YOUR TEAM

EVERYONE IS WELCOME



Family Well-Being's
Regalia Program

Sign-up now available until February 9/2023

Kwey Pikwakanagan,
Family Well-Being's Regalia
Program is back for the year
of 2023! Sign-ups are
accepted from January
9th/2023 - February
9th/2023.

Sign up and secure your spot
today or ask any questions by
calling Kassidy at 613-625-
2173 extension 228 or email
coordinator.fwb@pikwakanagan.ca for
registration forms.

*Dates for this program are as
follows:*

The program will start with
Fancy Shawl Regalia on
Monday nights (all programs
pushed to Tuesdays for any
holiday closures) beginning
**February 13/2023 - April
10/2023. **

**Grass Dancer Regalia - April
17/2023 - June 5/2023**

**Jingle Dress Regalia - June
12/2023 - July 31/2023**

Women's/Men's Traditional
Regalia on Thursday nights -
June 8/2023 - July 26/2023.

The program will take place at
the Elders Lodge.

Meegwetch and we hope to
see you all there!



EMPLOYMENT OPPORTUNITY

Job Title	Early Childhood Educator		
Department	Social Services		
Supervisor/Manager	Melissa Liedtke, Supervisor		
Salary Scale	Commensurate based on experience		
Job Status	Permanent Full-Time		
Contract Length	Start	Immediately	
Hours Per Week	40 hours weekly		
Benefits	AOPFN understands family needs take priority in one's life and as part of our commitment to being a competitive employer we provide our employee's flexible hours, federal and provincial statutory holidays. We also promote a team-based working environment with a focus on learning and development to promote employee growth and opportunity. We offer a variety of incentives in our competitive compensation plan that meet today's living needs. AOPFN is an equal opportunity employer located on the beautiful shores of Golden Lake, ON Canada.		
Posting Status	Internal Only	Internal/External	X
Start Date of Posting	Friday January 6 th , 2023		
Closing Date of Posting	Friday January 20 th , 2023 at 4:30pm		
Selection Process	Interview	X	Rating X Selection X
Job Description	<p>The Early Childhood Educator is responsible for the overall daily supervision, monitoring, care and nurturing of children enrolled in the MINDIWIN Manido Day Care programs.</p> <p>The Early Childhood Educator is responsible for the delivering of a children's educational and developmental program that encompasses a wholistic and interdisciplinary team approach.</p> <p>The Early Childhood Educator will interact and communicate with parents/guardians for the overall benefit for the child and/or children.</p> <p>Key Responsibilities and Duties</p> <ul style="list-style-type: none"> • Creates an environment conducive to the learning of Algonquin culture and language development and appropriate to the physical, social, intellectual, and emotional development of the children. • Assists with the development, implementation, evaluation and modification of a children's educational and cultural program. • Receptive and sensitive to Algonquin language and cultural practices. • Application and knowledge of the 'How Learning Happens' curriculum • Legislation, and regulations as mandated by the Ministry of Education and the College of Early Childhood Educators, mandates, standards of practice, policies and procedures relevant to Early Childhood Educators. • Actively supervises, guides and assists children in daily activities, outings and field trips. • Assists children with nutritional and personal care needs including but not limited to toilet, diapering procedures, personal hygiene and medical. • Interacts with children and builds positive relationships. • Ensures an inclusive environment for all children. • Provide activities and opportunities i.e. learning through play that encourage curiosity, exploration, and problem-solving appropriate to the development levels of the children. • Observes, guides and facilitates the development and positive behaviour of children. 		

	<ul style="list-style-type: none"> • Use and promote active listening skills. • Assist with the development, implementation, evaluation and modification of individual educational and developmental plans (IEDP); • Maintains daily journals and/or portfolios of each Child's progress, including samples of their artwork, writing, etc. • Interacts with parents, guardians and family to support the child/ren. • Works in and promotes a team-based environment with other Early Childhood Educators, staff, students and volunteers. • Utilizes an interdisciplinary team approach to childcare, development and education. • Participates in case management and IEDP with parents/guardians and professionals, when required. <p>Assists the Daycare Supervisor with orientation to families on programs and activities.</p> <ul style="list-style-type: none"> • Adheres to all relevant policies, legislation and regulatory bodies; specifically the Mindwin Manido Policies & Procedures and-CCEYA, 2014, College of Early Childhood Educators and AOPFN Administration Policies. • Completes all administrative requirements. daily documentation such as; child attendance, log books, health checks etc. • Participates in staff meetings and team planning sessions. • Actively participates in ongoing training for the completion of comprehensive risk management planning i.e. accurate and comprehensive reporting (incidence and serious occurrences); safety hazards etc. • Participates in the training on the risk management plan and adheres to all requirements. • Ensures the protection and privacy of all privileged information and records. <p>Other Key Skills</p> <ul style="list-style-type: none"> • Effectively and accurately communicate verbally and in writing. • Supervise, interact, engage and monitor children; perform required physical tasks. • Plan, organize and implement daily work plans. • Observe and recognize individual learning styles and the characteristics of learners. • Nurturing, caring and friendly. • Committed to helping children learn. • Sensitive to aboriginal culture and values. • Strong interpersonal and leadership skills. • Ability to work in a team-based environment that fosters group-focused prosperity. • Tact and diplomacy when communicating with staff, families and other partners of the daycare. • A high degree of initiative, self-direction and reliability.
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Minimum Qualifications	<ul style="list-style-type: none"> • Early Childhood Education Diploma • 1-year experience working in a licensed child-care group setting as an Early Childhood Educator. • Registered and in "good standing" with the College of Childhood Educators of Ontario (CECE). • Demonstrated knowledge, ability, awareness and application of safeguarding confidential information • Demonstrated awareness and ability to put into daily practice respectful team building and communication • Demonstrated ability to align and enrich the children's educational experience with the Algonquin People, heritage, culture, traditions and language through cultural awareness and sensitivity. • Algonquin or indigenous ancestry will be considered as a preferred criteria in the Selection Procedure as outlined below
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	<p>Conditions of Employment:</p> <ul style="list-style-type: none"> • An acceptable Criminal Records Check and Vulnerable Sector Check; annually. • Certificate of medical health by a physician and complete record of immunization; annually. • Current First Aid and CPR "Level C" AED certification; annually • In professional "Good Standing" with the College of Early Childhood Educators, on an ongoing basis. • Maintain "Registration" with the College of Early Childhood Educators on an annual basis.
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Submit Cover Letter and Resume To	<p>Human Resources Algonquins of Pikwakanagan First Nation 1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0 hrservices@pikwakanagan.ca</p> <p>Subject Line: Early Childhood Educator</p>
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How To Apply	<p>Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) references.</p> <p>Screening Procedure: The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:</p> <ol style="list-style-type: none"> a) the qualified indigenous person who is an Algonquin; then to, b) the qualified indigenous person; then to, c) the qualified non-indigenous candidate. <p>Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes and eligibility list..</p>
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We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups. AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.

**ALGONQUINS OF PIKWAKANAGAN FIRST NATION
MEMBERSHIP ADDITIONS**

Name	Family Line	Date Posted	Appeal Period Ends
Sarrazin, Dexture	Pisindawate/ Lamure	12 July 22	12 Jan 23
Sarrazin, Colton	Pisindawate/ Lamure	12 July 22	12 Jan 23
Sarrazin, Kyra	Pisindawate/ Lamure	12 July 22	12 Jan 23
Jones, Jason	Amikons	13 July 22	13 Jan 23
Olsen, Owen		13 July 22	13 Jan 23
Diabo, Kinoje	Sarazin	20 July 22	20 Jan 23
Whitehead-Francois, Arianna	Lavalley	26 July 22	26 Jan 23
Amikons, Kimya	Amikons	03 Aug 22	03 Feb 23
LeBlanc, Nicole	Lavalley	03 Aug 22	03 Feb 23
Sarrazin, Maurice	Sarrazin	16 Aug 22	16 Feb 23
Grandmond, Tabitha	Pisindawate	16 Aug 22	16 Feb 23
Grandmond, Larry R. L.	Pisindawate	16 Aug 22	16 Feb 23
Commanda, Zayden	Commanda	26 Aug 22	26 Feb 23
Gagnon, Charlene	Meness	26 Aug 22	26 Feb 23
Hutton-Payne, Marcus	Meness	26 Aug 22	26 Feb 23
Atkins, Leland	Lavalley/Tenascon	26 Aug 22	26 Feb 23
Glassford, Dennis	Meness	30 Aug 22	2 Mar 23
Cavanagh, Camean	Lavalley	30 Aug 22	2 Mar 23
Broadbent, Aubrey	Lavalley	13 Sept 22	13 Mar 23
Broadbent, Cecilia	Lavalley	13 Sept 22	13 Mar 23
Kennedy-Grandmond, Jordan	Pisindawate	13 Sept 22	13 Mar 23
Kerr, Hailey	Pisindawate	13 Sept 22	13 Mar 23
Sarrazin, Mitchell	Sarrazin	27 Sept 22	27 Mar 23
Sarrazin, Josee	Sarrazin	27 Sept 22	27 Mar 23
Sarrazin, Michel	Sarrazin	27 Sept 22	27 Mar 23
Jalbert, Kali	Lamure/ Commanda	04 Oct 22	04 Apr 23
Jalbert, Todd	Lamure/ Commanda	04 Oct 22	04 Apr 23
Laporte, Randolph	Kohoko/ Tenascon	19 Oct 22	18 Apr 23
Dianna, Winship	Milnense/ Ignace	19 Oct 22	19 Apr 23
Lavallee, Dora	Lavalley	25 Oct 22	25 Apr 23
Langlois, Jackson	Lamure/ Pesindewate	25 Oct 22	25 Apr 23
Langlois, John	Lamure/ Pesindewate	25 Oct 22	25 Apr 23
Adcock, Sarah	Partridge	26 Oct 22	26 Apr23
Bizzarrino, Robert	Tenascon	26 Oct 22	26 Apr 23
Switzer, Anna	Meness	14 Nov 22	14 May 22
McMillan, Britney, Madison	Meness	14 Nov 22	14 May 22

Continued On

Hanna, Lucille	Pisindawate	21 Nov 22	21 May 22
Commanda, Callie	Commanda	21 Nov 22	21 May 22
Le Barron, Bradley	Jocko	30 Nov 22	30 May 23
LeBarron, Jensen	Jocko	30 Nov 22	30 Nov 22
Salahovic, William	Lavalley/ Aird	30 Nov 22	30 May 23
Baumhour, Timothy	Lavalley	30 Nov 22	30 May 23
Baumhour, Kathryn	Lavalley	30 Nov 22	30 May 23
Grandmond, Edward	Pisinawate	05 Jan 23	05 Jul 23
St Amour, Michael	Meness	05 Jan 23	05 Jul 23
St Amour, Rachel	Meness	05 Jan 23	05 Jul 23
St Amour, Grace	Meness	05 Jan 23	05 Jul 23
Robertson, Raven	Meness	05 Jan 23	05 Jul 23
Toryn, Hamill	Jocko	05 Jan 23	05 Jul 23
Richards, Abbey	Benoit	05 Jan 23	05 Jul 23
White, Jessica	Sharbot	05 Jan 23	05 Jul 23
Burton, Tamara	Meness	05 Jan 23	05 Jul 23
Borrowman, Madelynn	Lavalley/ Sharbot	05 Jan 23	05 Jul 23
Borrowman, Cole	Lavalley/ Sharbot	07 Jan 23	07 Jul 23
Gardiner, Timothy	Franscois	10 Jan 23	10 Jul 23
Gardiner, Jayla	Franscois	10 Jan 23	10 Jul 23
Gardiner, Jace	Franscois	10 Jan 23	10 Jul 23
Jodouin, Joseph	Franscois	11 Jan 23	11 Jul 23
White– Kohoko, Cheveyo	Kohoko	11 Jan 23	11 Jul 23
Borrowman, Adan	Lavalley/ Sharbot		

To appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department or email at mgr.lem@pikwakanagan.ca

Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0



Office : (613) 625-2800 Fax : (613) 625-2332

HOURS OF OPERATION Monday - Friday 8:30 am to 4:30 pm

12:00 -1:00 pm Closed for LUNCH

****HOLIDAY CLOSURES****

New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, National Aboriginal Day, Canada Day,
Civic Holiday, Labour Day, Thanksgiving, Remembrance Day & Christmas Day.

Closed between Christmas & New Year's Day

AOPFN EMPLOYMENT

OPPORTUNITIES

Application Procedure: Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title.

Screening Procedure: Applicants will be screened on the following: 1.) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume - the content will be reviewed to ensure the applicant meets the basic requirements.

Affirmative Action Criteria: Positions may be subject to AOPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

Interviews: Due to Covid-19 all interviews will be conducted virtually by Zoom. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.

LEGAL ADVICE

Criminal or Family Legal advice contact:

Sabrina 613-732-0649

**CONWAY'S PHARMACY REMOTE
DISPENSING LOCATION IS OPEN**

Regular business hours are

**Mondays, Tuesdays, Thursdays Fridays 9am to 4pm
(closed 12 - 1)**

Wednesdays 9am to 1pm

We are closed weekends and holidays

Delivery is available Monday to Friday

Phone 613-625-9974 Fax 613-625-2068

Thank you

Natalie Commanda, Pharmacy Technician

Joseph Conway, Pharmacist

WASTE DISPOSAL SITE

Open Wednesdays: 12-6 pm & Sundays 9am-3:00
pm

CURBSIDE PICK-UP

Garbage: Wednesdays Cardboard: Thursdays
Containers: Fridays

*** Animal Control Officer ***

June Logan

(613)-625-2545 or (613)-602-3626