



# *Pikwakanagan Tibadjumowin*

Chibayatigo-kijigad Odeyimin Kizis 3, 2022

Friday June 3, 2022

view on-line at: [www.algonquinsopikwakanagan.com](http://www.algonquinsopikwakanagan.com)

Facebook : Algonquins of Pikwakanagan First Nation

Email: [reception.admin@pikwakanagan.ca](mailto:reception.admin@pikwakanagan.ca)

## CELEBRATION OF LIFE FOR



## MARION JOYCE LEVESQUE

When: June 11, 2022

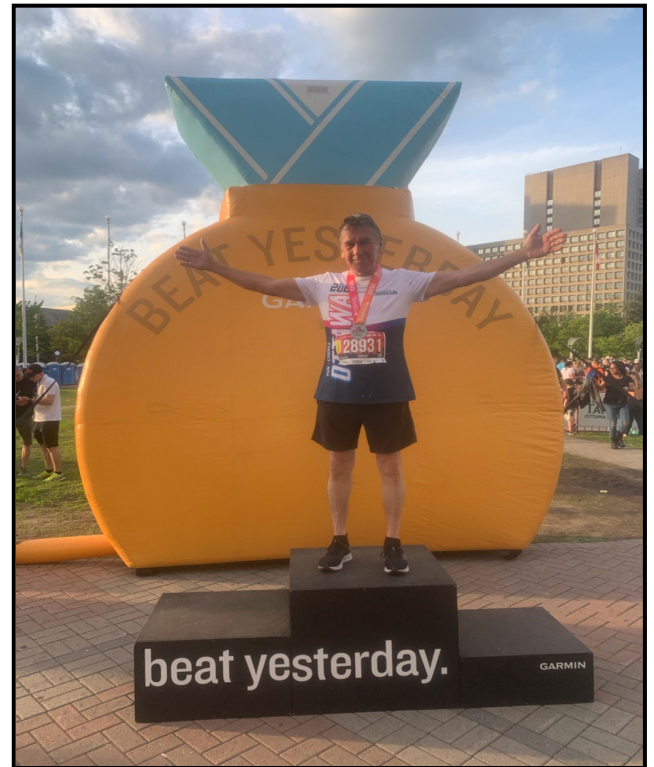
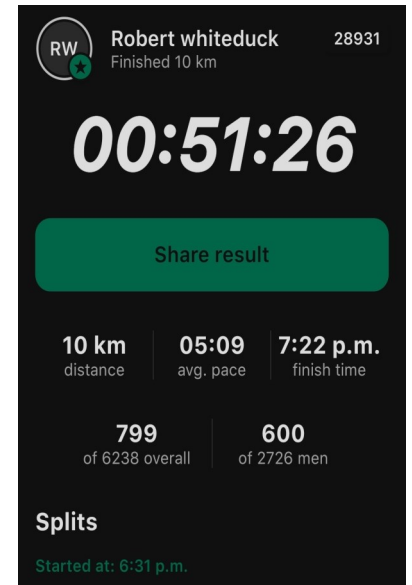
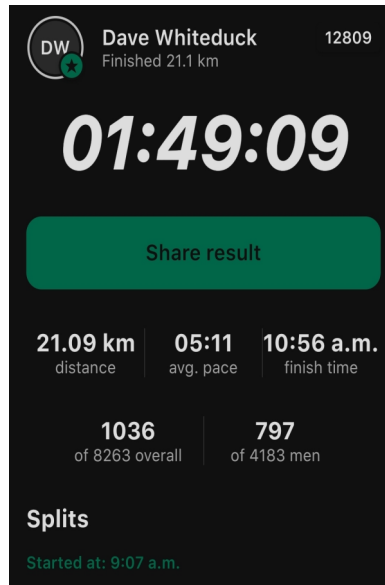
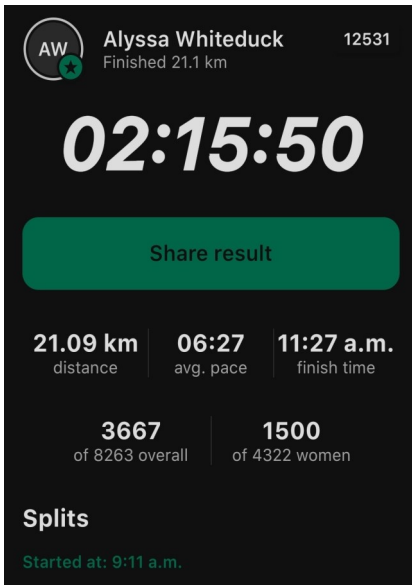
Time: 11:00am

Where: New Cemetery (Mishomis Inamo)

**After the cemetery there will be a light lunch where friends and family are welcomed to come to Joyce's home to celebrate her life as she would have wanted it.**

## Tamarack Ottawa Race Weekend May 28th and 29th.

Congratulations to Dave Whiteduck and Alyssa Whiteduck on completing their 20 kilometre run in Ottawa last weekend and to Robert Whiteduck on completing the 10 kilometre run.



**PLEASE JOIN US!**



**ANISHINABEK GAMIK PIKWAKANAGAN CHILD & FAMILY SERVICES INVITES YOU  
TO JOIN US FOR A SHARING CIRCLE  
FOR PIKWAKANAGAN'S CREATION OF OUR OWN CHILD WELL-BEING LAW (Nigig-Nibi-ki-win)  
A LOOK TO OUR FUTURE VISION FOR FIRST NATION CHILD WELFARE SERVICES**

**WHEN: THURSDAY JUNE 16th 2022**

**WHERE: ELDERS LODGE**

**TIME: 12PM TO 4PM**

**\*LUNCH WILL BE PROVIDED\***

**AS WE MOVE FORWARD IN CONTINUING TO DEVELOP OUR CHILD WELL-BEING LAW,  
YOUR INPUT IS IMPORTANT AND VALUED.  
WE ENCOURAGE YOU TO COME AND SHARE YOUR KNOWLEDGE, IDEAS, EXPERIENCES & STORIES  
FIRST NATION CHILD WELFARE SERVICES LOOKS FORWARD TO MAKING PROUD & PROGRESSIVE  
IMPORTANT STEPS FOR THE FUTURE OF OUR CHILDREN, YOUTH, FAMILIES & COMMUNITY.**

**IF INTERESTED IN ATTENDING, PLEASE CONTACT KELLIE COOKE AT**

**613-625-2173 EXT. 226 OR 613-401-6964 (CELL)**

**OR BY EMAIL AT [ex.assistant.cfs@pikwakanagan.ca](mailto:ex.assistant.cfs@pikwakanagan.ca)**

# Pikwakanagan, ON

The Traditional Pow-Wow Committee

kindly invites you to the

33rd ANNUAL

## TRADITIONAL POW-WOW

2022

*Celebrating Our Resilience*

Head Dancer:

Blaze Commanda



Head Dancer:

Francis Sarazin



Where;  
**Pikwakanagan  
First Nation.**

2 km off Hwy 60 at  
Golden Lake, ON

When;

August 20 & 21  
2022

Grand Entry;

Saturday, 12 pm & 7pm  
Sunday, 12 pm

**Free Admission!**

Donations will be  
graciously accepted

### ABSOLUTELY NO DRUGS OR ALCOHOL

- Please stay home if you are feeling ill
- Pets are not permitted on grounds.
- Limited, rough camping is available

**Vendors;** Craft Vendors, \$125,  
Food Vendors, \$250  
(Spaces are very limited)  
Contact Jamie Sarazin at  
(613) 625-1109 to register.  
(Please leave message)

# Students!

Do you need  
community  
service hours?



**We have a number of upcoming  
volunteer opportunities!**

---

For more information about community events  
that you can use towards your mandatory 40  
hours of community service, please contact:

Christine Hutchinson, Employment Development Officer  
at (613) 625-1551 or  
[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)

# Regular Council Meetings on ZOOM

EVERY SECOND AND LAST TUESDAY OF THE MONTH BEGINNING AT 9AM



Available in the **members-only** section of [www.algonquinsopikwakanagan.ca](http://www.algonquinsopikwakanagan.ca):



Zoom details  
minutes  
transcripts  
presentations/attachments

## **Not online?**

Call Kevin Lamarr at 613 625 2800 ext. 230 and leave a message to request information and instructions on how to join ZOOM by phone.

## MEMBER LOGIN” SECTION - WEBSITE

*Please Note that the link to Regular Council meetings, minutes and agenda packages are available in the Members only section of the website.*

1. Open a browser and enter: [www.algonquinsofpikwakanagan.com](http://www.algonquinsofpikwakanagan.com)
2. Find the “Member Login” box (scroll down on homepage or look on the side bar of any other page)
3. Click on the words “Log in as a member of the Algonquins of Pikwakanagan First Nation”
4. You will be brought to the “Member Login” section
5. Click on the words: Or Click Here for the registration form
6. You will be brought to the “Member Registration” section which says:

*“This website contains content that is private for Algonquins of Pikwakanagan members only. To access the private content, please fill in the registration form. A Membership official will verify your membership in the community and you will receive an email to confirm you can log in to access private content. **Please note the name you enter on this form must be the same as***

Field	Example	Explanation
Family Name	Bird	must be as it appears on Certificate of Indian Status card
Given Names	Thunder Bolt	must be as it appears on Certificate of Indian Status card
Registry Number	1630301001	10 digits starting with 1630 on Certificate of Indian Status card
Date of Birth	2006/01/01	enter as per format
Email Address	<a href="mailto:thunderbird@gmail.com">thunderbird@gmail.com</a>	Every member must have their own email address. This address with the password will be used to log in once membership has been verified.
Password	Tbirds	make up a password – note: it will be case sensitive
Confirm Password	Tbirds	re-enter password – note: it will be case sensitive
Address 1	10 Cloud Street	street address
Address 2	P.O. Box 100	apartment #, box # or rural route #
City	Blue Skies	community/town/city
Province	ON	province/state
Postal Code	K0J 1X0	postal code/zip code
Country	Canada	country
Phone	613 625 2800	code and number as per format

7. Click the “Register” button and wait for your email notification.



Member Login >

*Family Well-Being Presents...*

## Powwow Pump



Come and learn some new dance steps that you can add in your very own dancing.

**When: Monday's on May 30th,  
June 6th, 13th, 20th, 27th 2022**

**Location: Makwa Centre**

**Time: 5:00 PM - 6:30 PM**

Please be aware that the first 4 weeks will be fancy shawl and then the next 4 weeks will be a different dance style.

# Hello!

My name is Michelle Galoni and I'm the new Project Coordinator for AOPFN in the Economic Development department.

I am currently working remotely from Thunder Bay, Ontario until my relocation South in mid-July. My previous employment and time in Northwestern Ontario has been spent on the shores of Lake Superior where I have been working as the Environmental Officer for Fort William First Nation in the Economic Development department. Previously to this, I lived in Calgary, Alberta exploring the mountains and have also previously worked for a local Conservation Authority teaching outdoor education. My educational background is from Nipissing University and Sir Sandford Fleming College where I obtained both my Honours Bachelor of Arts degree in Geography and my diploma as an Environmental Technician.

In combining my education, work experiences and enjoyment of the natural environment, I'm hoping to help with finding the balance between economic gain and environmental protection for projects happening on AOPFN's Traditional Territory.

Moving ahead and with being new to the region, I'm looking forward to exploring everything it has to offer and I genuinely hope that if you see me out and about that you stop, take the time to say hello and introduce yourself so we can get to know one another. I look forward to meeting you all and will see you in person, in July. Until then, please feel free to reach out to me here!

Kind regards,

Michelle Galoni



Anisinabek Gamik Child & Family Services Presents

## Expressive Art Workshop

Led by Sylvia Tennisco

Youth ages 12 - 18 are invited to register for our 3 session Expressive Art workshop. During these sessions, youth will learn to express themselves through art while painting self portraits. The three sessions run on June 1st, 8th and 15th from 4:30 to 5:30.

To register for this workshop, email [reception.cfs@pikwakanagan.ca](mailto:reception.cfs@pikwakanagan.ca)





## CHIEF PINESI DAY

On July 1<sup>st</sup>, Canada Day, a different type of celebration will take place in New Edinburgh and Rockcliffe. That day will mark the first celebration of Chief Pinesi Day. Chief Pinesi Day is for the celebration of the Anishinabeg Algonquin presence and their descendants.

Simon Brascoupé has designed the portage and trail wayfinding signs for a revitalized portage and trail. The day will also feature the unveiling and animation of two new murals at the New Edinburgh Fieldhouse created by Kitigan Zibi artists Doreen and Charlotte Stevens. One will be in ceramic tiles, and the other in spray paint. Walking tours will occur in the morning to learn about the portage routes and the history of the land and its species. The tours are for all ages. The last tour will leave at 4:00 p.m. There will also be storytelling, paddles, traditional Algonquin drumming, and powwow dancing between 12:00 and 4:00 p.m.

Chief Pinesi was the last Algonquin Chief to have hunting grounds in Ottawa - at Rideau and Chaudiere Falls. He and his four sons fought in critical battles in the Niagara on the British side in 1812. Pinesi was appointed Grand Chief by Governor-General Kempt in 1830. With the encroachment of settlers, and the subsequent disappearance of the trees, game and fish they relied on, they were obliged to move to what is now Algonquin Park.

The day will start with Algonquin canoeists, including Chief Wendy Jocko, and settlers exiting the Rideau River at the New Edinburgh Fieldhouse. An opening ceremony will be followed by the arrival of the canoeist by traditional singers and dancers. This is the first time this has happened in 200 years that we know of. Many descendants of Chief Pinesi will be in attendance.

Noreen Kruzich, the author of “The Ancestors are Arranging Things” will be in attendance with her book. Daniel Smith better known as Pinock is an Anishinabe Algonquin, a Master Birch Bark Canoe Builder and a descendant of Grand Chief Pinesi will be on site.

Come celebrate the first Chief Pinesi Day in Rockcliffe and New Edinburgh at the New Edinburgh Fieldhouse located at 203 Stanley Avenue, Ottawa.

The families of Diane Commanda & Mike Kohoko extend our sincere appreciation to everyone who shared in our losses at this difficult time.

Your words of comfort, sympathy, support, kindness and generosity will never be forgotten.

To everyone who prepared food, sent flowers, cards, donations, and helped out in any way ~ Thank You.

For your gifts of time for the Celebration of Life, our heartfelt thanks to Blaze, Christina, Dave, Ja-rael, PJ; Bob, Francis and the fire keepers; Karen, Lisa, Katie; Meiyah & Kevin.

To each and every one of you who cared ~ Miigwetch!

Pow wow Committee is looking for about 10 reliable Fire Keepers for August 18,19,20 and 21.

If interested, please contact Mandy at 613-633-0331

## Childhood Immunization Clinic

Children in Ontario require Immunizations at the following ages

If your child needs any routine immunization please call or text Brittany Martin at 613-401-0428 to book and Appointment.

\* We are not offering COVID-19 Vaccines at this time\*

2 Months

4 Months

6 Months

12 Months

15 Months

18 Months



## Baby Formula Shortage

Due to the closure of a Manufacturing plant in the US. There is a shortage of some types of infant formula. Specifically, formula that is meant for babies with allergies. If you or someone you know is having a difficult time finding specific infant formula please contact Brittany Martin, CHN or the Family Health Team to discuss your child's nutrition. It is not safe to make your own infant formula or to purchase infant formula online that has already been opened. Please reach out if you have questions or concerns so that we can ensure your child is getting the best nutrition for their growing brains and bodies!

Brittany Martin- 613-625-2259

FHT- 613-625-1175

## Monkeypox Information

There has been a lot of information in the news about outbreaks of Monkeypox around the world.

Monkeypox causes a disease with symptoms similar to, but less severe than, smallpox. It is usually mild however severe illness can occur. Monkeypox virus infection presents with fever, chills, headache, myalgias, swollen lymph nodes, and fatigue, followed one to three days later by a rash. The rash usually begins on the face and then spreads to other parts of the body, including the hands, feet and genitals.

While rare, human-to-human transmission occurs through close contact with an infected individual's bodily fluids, respiratory droplets, or lesions, or through items that have been contaminated with the infected person's fluids or lesions.

The risk of catching Monkeypox remains very low but if you are concerned that you may have come in contact with a positive case OR you are experiencing the above symptoms, please reach out to your primary care provider.

## IMPORTANT COMMUNITY NOTICE

We recently received our spring recycling audits and there have been some issues with community members are placing Styrofoam and non-recyclable plastic. The company that is contracted for AOPFN hauling/tipping of our recycling has sent the photo below with a brief message of these errors and consequences. The ideal percentage would be ZERO, but we are at 5.28% and rates that reach more than 10% will result into a rate increase. Please remember that Styrofoam and black plastic is not recyclable.

Thanks for your cooperation.



## FREE

Dog Pen/chicken coup,  
8 feet by 16 feet -  
Contact- 613-401-2742





## Summer Solstice June 21, 2022

Chief and Council will be  
hosting a drive through Fish  
Fry for Members and their  
Families on June 21, 2022

5:00 p.m. at the Makwa

**REGISTER  
WITH THE  
STAFF AT THE  
MAKWA BY  
JUNE 15, 2022  
613-625-2682**

CALL FOR TENDER



CHIEF AND COUNCIL OF THE  
ALGONQUINS OF PIKWAKANAGAN  
FIRST NATION ARE CALLING FOR  
TENDERS FOR THE SUMMER SOLSTICE  
FEAST ON JUNE 21, 2022.

### TENDER MUST INCLUDE:

1. QUOTE PER PLATE ( FISH, SIDE OF YOUR  
CHOICE , AND DESSERT OF YOUR CHOICE)

NOTE: FISH WILL BE PROVIDED. THE  
SUCCESSFUL CANDIDATE IS EXPECTED TO  
HAVE 50 PLATES READY AT 5:00 P.M.

PLEASE FORWARD YOUR TENDER  
TO [COORDINATOR.CULTURE.AA@PIKWAKANAGAN.CA](mailto:COORDINATOR.CULTURE.AA@PIKWAKANAGAN.CA),  
BY JUNE 10 , 2022 THE SELECTED  
CANDIDATE WILL BE CONTACTED  
BY JUNE 13, 2022. PLEASE BE  
PREPARED TO MAKE AS MANY  
AS 350 PLATES. THIS IS BEING  
PLANNED AS A DRIVE THROUGH  
EVENT.


# **ECONOMIC DEVELOPMENT IS HOSTING AN INTERVIEW SKILLS WORKSHOP**

**Learn techniques  
and boost your  
confidence for  
interviews!**



**This workshop is mandatory  
for students interested in a  
position with AoPFN for the  
2022 Summer Student Program**

**June 25th, 2022  
from 9am to 4pm  
at the Elder's  
Lodge**



**All members welcome!  
Refreshments will be  
provided!**

**To register, please contact Christine Hutchinson  
by June 17 at 4:30pm  
[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)  
(613) 625-1551**

## HOME MADE SALAD DRESSINGS FOR BETTER HEALTH

Choosing salad as a side or a main course in our meals is a great way to help us get and remain healthier than before. Unfortunately, many of the store-bought varieties of salad dressing have added sugars, preservatives and artificial flavouring that will lessen the benefits of having that salad.

Making our own salad dressings is an easy way to make sure our salad eating remains a healthy habit and allows us to have better control in what goes into our mouths.

Here are a few we can all try:

### **Greek Yogurt Ranch dressing:**

- 1 cup (285 grams) plain Greek yogurt
- 1/2 teaspoon garlic powder
- 1/2 teaspoon onion powder
- 1/2 teaspoon dried dill
- dash of cayenne pepper
- dash of salt
- fresh chives, chopped (optional)

Stir together the Greek yogurt, garlic powder, onion powder, and dried dill. Add a dash of cayenne pepper and salt.

Garnish with fresh chives before serving (optional). This

recipe can be found at: [https://www.healthline.com/nutrition/healthy-salad-dressing?slot\\_pos=article\\_1&utm\\_source=Sailthru%20Email&utm\\_medium=Email&utm\\_campaign=diabetes&utm\\_content=2022-05-31&apid=&rvid=4b20a137494c06476e38f9c51afcb041cae8fdf7e4566d1c29db017ef7575a6a#TOC\\_TITLE\\_HDR\\_4](https://www.healthline.com/nutrition/healthy-salad-dressing?slot_pos=article_1&utm_source=Sailthru%20Email&utm_medium=Email&utm_campaign=diabetes&utm_content=2022-05-31&apid=&rvid=4b20a137494c06476e38f9c51afcb041cae8fdf7e4566d1c29db017ef7575a6a#TOC_TITLE_HDR_4)

### **Balsamic Vinaigrette:**

- 3/4 cup extra-virgin olive oil
- 1/3 cup balsamic vinegar
- 1 tbsp lemon juice
- 1 tsp Dijon mustard
- 1 garlic clove, minced
- 1/4 tsp salt
- 1/4 tsp ground black pepper

In a small bowl, whisk all the ingredients together until well combined. This recipe is from "Modern Native Feasts" by Andrew George Jr.

Both of these recipes should be easy to make with ingredients that are already in our homes and they should both last at least a week in the refrigerator in an airtight container or glass jar.

For more healthy recipe ideas and diabetic info and navigation, please contact Natalie Mooy, diabetic navigator at [diabetic.navigators@pikwakanagan.ca](mailto:diabetic.navigators@pikwakanagan.ca) or 613-401-3679

## The Renfrew County Legal Clinic offers free legal services especially for seniors:

If you are age 60 or older and have a low income, our seniors' lawyer can help with the following:

- Free basic wills and Powers of Attorney
- Advanced health care planning
- Income security (OAS, GIS, GAINS)
- Retirement home issues
- Long-term care facility issues
- Guardianship and capacity questions
- Access to community care services



For more information, please contact the Renfrew County Legal Clinic:  
101-236 Stewart Street  
Renfrew, ON, K7V 1X7  
Phone: 613-432-8146 or 1-800-267-5871  
[www.renfrewlegalclinic.org](http://www.renfrewlegalclinic.org)

### Euchre

Sunday Afternoons @ 1 PM  
Elders Lodge

Doors open at 12:15 PM

\$5 to play  
\$2 or 3/\$5 for 50/50 Draw  
\$1 pop/water

Highest \$20  
Runner Up \$10  
Lowest \$5





## Canadian Food Inspection Agency's (CFIA) – Food & Product Safety Recalls

Check to see if you have the recalled product (s) in your home

### **Jif - Brands Peanut Butters**

**Codes:** 1274 425 to 2140 425

**Health Hazard:** Salmonella

**Distribution:** Sold in ON

**Recalling Firm:** Smucker Foods of Canada Corp.

**What to do:** Do not use, recall product should be thrown out, or return to location of purchase.

### **Olight- M2R Pro and Warrior Mini Flashlights**

**Hazard:** The flashlights can be turned on inadvertently under unlock mode and overheat/burn while stored in the holster.

**Distribution:** Sold Nationally

**Recalling Firm:** Consumers can contact: Olight by email at [cs@olightstore.ca](mailto:cs@olightstore.ca)

**What to do:** Do not use, recall product.

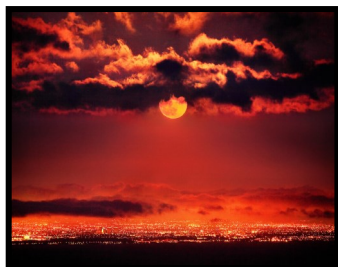
### **Certain Live Spot Prawns**

**Health Hazard:** Norovirus

**Distribution:** Sold in ON

**Recalling Firm:** Tri-Star Seafood Supply Ltd or email at [info@tristarseafood.com](mailto:info@tristarseafood.com)

**What to do:** Do not use, recall product should be thrown out, or return to location of purchase.



Odeyimin Kizis  
Strawberry Moon  
June

# NNADAP

Matt Hutten

**BEST WAY TO REACH**

**MATT:**

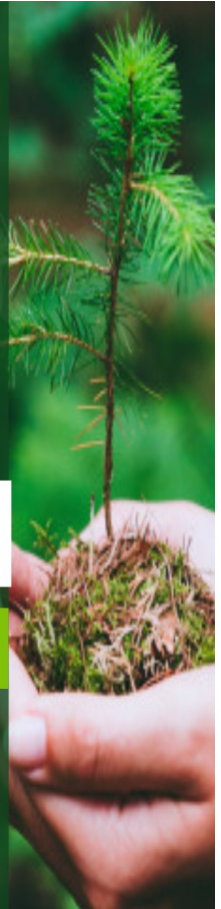
**613-570-0356**

Monday-Friday

8:30AM-4:30PM

### ALTERNATIVE CONTACT INFORMATION

- Email: [addictions.mhs@pikwakanagan.ca](mailto:addictions.mhs@pikwakanagan.ca)
- Office: 613-625-2259 ext. 238



# INDIGENOUS CRISIS LINE

1-800-588-8717

Available 24/7 for you or anyone you know who needs to talk due to the current events and findings from residential schools

Please know that Sandi and the mental health team is available for support as well

Sandi Wright: Adult Mental Health Counsellor

613-639-9189

Monday-Friday  
8:30am-4:30pm

## ATTENTION PIKWAKANAGAN FOODBANK USERS!

Please note the change for the hours of operation for the Foodbank! We will revert back to the one evening per week (Wednesday evenings from 4:30-8:00 p.m.) for order pick-up!!

You can continue to place your order by calling or texting 613-639-1633 and please note you **MUST** place your orders now by Tuesdays at **NOON!**

We ask that you be respectful and mindful of these changes and adhere to them! Calling or texting during regular business hours to place your order is also considerate and we ask you to please do so!

Place your order on Mondays between 8:30-4:30 or on Tuesday morning between 8:30-12:00!

Miigwech for your cooperation and understanding! As restrictions begin to lift we will also begin a slow process in reducing weekly access to the Foodbank so please watch for further updates!

Kerry Andrews, Interim Manager, Food Security

Algonquins of Pikwakanagan  
Elders Lodge

For Rentals contact Sandy  
© 613 717 2894

**Land for Lease  
Contact  
John Paul Kohoko  
613-633-3951**



# Free **WHMIS & TDG** Training for First Nations in Ontario



Online Workplace Hazardous Materials Information System (WHMIS) and Transportation of Dangerous Goods (TDG) training is now available for free through OFNTSC's Fuel Systems Management Service.

All First Nations community members in Ontario can access this online training free of charge. Email Mark Schell at [mshell@ofntsc.org](mailto:mshell@ofntsc.org) to learn more.

Register at [ofntsc.org/events](https://ofntsc.org/events)



: ONTARIO FIRST NATIONS  
: TECHNICAL SERVICES  
: CORPORATION





# EMPLOYMENT OPPORTUNITY

<b>Job Title</b>	Executive Assistant, Executive Director of Operations		
<b>Department</b>	General Government		
<b>Supervisor/Manager</b>	Executive Director of Operations		
<b>Salary Scale</b>	Commensurate with experience.		
<b>Job Status</b>	Permanent Full-Time		
<b>Contract Length</b>	<b>Start</b>	Immediately	
<b>Hours Per Week</b>	35 hours weekly		
<b>Benefits</b>	AOPFN understands family needs take priority in one's life and as part of our commitment to being a competitive employer we provide our employee's flexible hours, federal and provincial statutory holidays. We also promote a team-based working environment with a focus on learning and development to promote employee growth and opportunity. We offer a variety of incentives in our competitive compensation plan that meet today's living needs. AOPFN is an equal opportunity employer located on the beautiful shores of Golden Lake, ON Canada.		
<b>Posting Status</b>	<b>Internal Only</b>	<b>Internal/External</b>	<b>X</b>
<b>Start Date of Posting</b>	Friday May 27 <sup>th</sup> , 2022		
<b>Closing Date of Posting</b>	Friday June 10 <sup>th</sup> , 2022 at 4:30PM		
<b>Selection Process</b>	<b>Interview</b>	<b>X</b>	<b>Rating</b> <b>X</b> <b>Selection</b> <b>X</b>
<b>Job Description</b>	<p>The Executive Assistant, of the Executive Director of Operations will be responsible for providing high-level administrative support and assistance to the Executive Director of Operations in all matters pertaining to the day-to-day operations and management of the Algonquins of Pikwakanagan First Nation organization and This will include but not be limited to areas such as; conducting research, preparing reports, handling confidential/sensitive information and requests, clerical functions, receiving visitors, managing agenda and calendar, arranging conference calls or virtual meetings, may also train and supervise lower-level clerical support workers, with the object to assist in meeting the established goals and objectives of the Algonquins of Pikwakanagan First Nation.</p> <p><b>Key Responsibilities and Duties</b></p> <ul style="list-style-type: none"> <li>• Ensures the Executive Director is up-to date on organizational and community issues and/or concerns;</li> <li>• Ensures the Executive Director is kept organized in the daily scheduling of meetings, events, and travel arrangements; is equipped with office supplies, computer, and phone equipment, all in working order.</li> <li>• Acts as the first point of contact on behalf of the Executive Director and assists in prioritizing commitments;</li> <li>• Prepares various types of documents and correspondence; reports, workplans, briefing notes, Band Council Resolutions, letters, submissions, memorandums, agendas, information kits, and presentations (power point) etc.;</li> <li>• Schedules and coordinates various types of meetings in-person, tele-conference and virtual;</li> <li>• Prepares and reviews presentations for meetings, workshops, and conferences to ensure they are well written and visually appealing; assists with delivering presentations;</li> <li>• Records, transcribes, and distributes minutes of Management team meetings; ensures follow-up on assignments;</li> <li>• Assists in research and development of proposals for community initiatives.</li> <li>• Supports the strategic planning cycle for the development of workplans and budgets that are reflective of community needs and direction in consultation with leadership;</li> <li>• Supervises Receptionist/Clerk and other support staff as required;</li> <li>• Assists with budgets preparation, annual forecast, monthly variances and financial reporting;</li> <li>• Assists in maintaining financial expenditures and controls according to policy;</li> <li>• Assists with facility operations and facility/ground maintenance of the Administration Office;</li> <li>• Schedules meetings with the management and/or staff for the purpose of discussing quality improvements measures such as program reviews and evaluations, amendments to work plans involving community need;</li> <li>• Liaisons with consultants and funding agencies for quality assurance and improvement expectations;</li> </ul> <p><b>Other Key Skills</b></p> <ul style="list-style-type: none"> <li>• Handling correspondence directed to Managers and other stakeholders as required or assigned;</li> <li>• Organizing meetings and booking meeting rooms/venues as required and/or assigned;</li> <li>• Possess strong organizational skills, ability to prioritize and a adapt to a changing environment;</li> <li>• Possess strong verbal, written and active listening communications skills;</li> <li>• Strategic planning skills, project coordination and management experience;</li> <li>• Must demonstrate appreciation and respect for culture and diversity of a First Nation Community;</li> <li>• Ability to work well with leadership and all levels of management, staff, Self-Government, and external stakeholders;</li> <li>• High-level of public relations skills, professional in the development of partnerships;</li> </ul>		

<b>Minimum Qualifications</b>	<ul style="list-style-type: none"> <li>• Successful completion of relevant Post-Secondary education (business administration, public administration, secretarial or communications) with one (1) year relevant administrative work experience or an equivalent combination of high school diploma and three (3) years relevant administrative work experience.</li> <li>• Experience in supporting administrative needs of an Executive Director considered an asset</li> <li>• Experience working with First Nations considered an asset</li> </ul>
<b>Submit Cover Letter and Resume To</b>	<p><b>Human Resources</b>  Algonquins of Pikwakanagan First Nation  1657A Mishomis Inamo  Pikwakanagan, ON K0J 1X0  <a href="mailto:hrrservices@pikwakanagan.ca">hrrservices@pikwakanagan.ca</a></p> <p><b>Subject Line: Executive Assistant, EDO</b></p>
<b>How To Apply</b>	<p><b>Application Procedure:</b> Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) references.</p> <p><b>Screening Procedure:</b> Applicants will be screened on the following: 1.) Conflict of Interest – the applicant must not be a member of the Supervisor’s immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements</p> <p><b>Interviews:</b> Interviews may be conducted in-person OR virtually by Teams Meeting. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes and eligibility list</p>
<p><i>We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous people, persons with disabilities, and member of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.</i></p> <p><i>AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.</i></p>	



# EMPLOYMENT OPPORTUNITY

<b>Job Title</b>	Education, Manager				
<b>Department</b>	Education				
<b>Supervisor/Manager</b>	Executive Director of Operations				
<b>Salary Scale</b>	Commensurate with experience				
<b>Job Status</b>	Permanent Full-Time				
<b>Contract Length</b>	<b>Start</b>	Immediately			
<b>Hours Per Week</b>	35 hours weekly				
<b>Benefits</b>	AOPFN understands family needs take priority in one's life and as part of our commitment to being a competitive employer we provide our employee's flexible hours, federal and provincial statutory holidays. We also promote a team-based working environment with a focus on learning and development to promote employee growth and opportunity. We offer a variety of incentives in our competitive compensation plan that meet today's living needs. AOPFN is an equal opportunity employer located on the beautiful shores of Golden Lake, ON Canada.				
<b>Posting Status</b>	<b>Internal Only</b>		<b>Internal/External</b>	<b>X</b>	
<b>Start Date of Posting</b>	Friday May 27 <sup>th</sup> , 2022				
<b>Closing Date of Posting</b>	Friday June 10 <sup>th</sup> , 2022 at 4:30PM				
<b>Selection Process</b>	<b>Interview</b>	<b>X</b>	<b>Rating</b>	<b>X</b>	<b>Selection</b> <b>X</b>
<b>Job Description</b>	<p>The Manager, Education will deal with all matters relating to education: elementary, secondary, post-secondary, cultural services, all this may entail. Provides direction in the provision of all education sector services to ensure maximum continued benefit and effective management of all resources. Provide direction to the Education Departmental staff. The Manager, Education shall carry out all administratively related functions in such a manner as to maintain their complete confidentiality in recognition of the privacy entitlements of all members of the community.</p> <p><b>Key Responsibilities and Duties</b></p> <ul style="list-style-type: none"> <li>• Provides direction in the identification, adoption and promotion of programs and services to enhance educational development of the Algonquins of Pikwakanagan First Nation;</li> <li>• Conducts monthly team meetings for program updates and to address program concerns</li> <li>• Develops and implements tools to ensure evidence-based reporting;</li> <li>• Provides direction in the development, maintenance, and implementation of a multi-year plan for Education Services programs (Elementary, Secondary, Post-Secondary Unit, Transportation);</li> <li>• Provides direction in the planning and implementation of Algonquins of Pikwakanagan First Nation Education Services projects;</li> <li>• Coordination of special needs assessments for Education programs K-12;</li> <li>• Review resources for new school, language development, regional education agreements;</li> <li>• Advocates within the school systems for our students and to advocate this is traditional unceded Algonquin Territory;</li> <li>• Coordinates and manages transportation policy on school buses, to ensure safety of students;</li> <li>• Responsible for the planning and coordination of a number of school events, such as enrollment, school bus registration and graduation ceremonies, career fairs, partnership with other programs;</li> <li>• Provides supervision to the Education department (Assistant and Post-Secondary Counsellor);</li> <li>• Provides supervision to the Librarian, In-School Staff, After-School Tutors, Bussing Staff and School Monitors;</li> <li>• Identifies financial requirements for all education sector services;</li> <li>• Prepares and manages department budgets ensuring financial systems are followed;</li> <li>• Participates in yearly strategic planning sessions;</li> <li>• Liaises with federal, provincial, and regional education services agencies; represents, coordinates, facilitates the Algonquins of Pikwakanagan First Nation relations with those agencies;</li> <li>• Develops resources for curriculum History of Pikwakanagan First Nation in schools.</li> </ul> <p><b>Other Key Skills</b></p> <ul style="list-style-type: none"> <li>• Knowledge of education strategies and initiatives related to indigenous education;</li> <li>• Knowledgeable of federal and provincial legislation, regulations, and programs as they relate to Indigenous Education operations and First Nations student learning needs.</li> <li>• Demonstrated experience in proposals, policies and reporting skills;</li> <li>• Excellent administrative, organization and time-managements skills;</li> <li>• Computer literacy is required, particularly with word processing, spreadsheet, and financial/bookkeeping and internet applications;</li> <li>• Culturally sensitive to First Nation Communities and willingness to acquire cultural sensitivity training</li> <li>• Ability to represent the best interest of Algonquins of Pikwakanagan First Nation in all internal and external dealings</li> </ul>				

<b>Minimum Qualifications</b>	<ul style="list-style-type: none"> <li>• University Degree – Bachelor of Education or related field of study (i.e., public administration) with a minimum of one (1) year of experience in program management and administration including supervision and financial management;</li> <li>• OR; College Diploma in business administration or relevant discipline with three (3) years experience in program management and administration including supervision and financial management</li> <li>• Experience working with First Nation communities would be considered an asset;</li> <li>• Experience working with educational systems would be considered an asset.</li> </ul> <p><b>Conditions of Employment:</b></p> <ul style="list-style-type: none"> <li>• An acceptable Vulnerable Sector Check; renewed every 5 years or as required</li> </ul>
<b>Submit Cover Letter and Resume To</b>	<p><b>Human Resources</b>  Algonquins of Pikwakanagan First Nation  1657A Mishomis Inamo  Pikwakanagan, ON K0J 1X0  <a href="mailto:hrservices@pikwakanagan.ca">hrservices@pikwakanagan.ca</a></p> <p><b>Subject Line: Education Manager</b></p>
<b>How To Apply</b>	<p><b>Application Procedure:</b> Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) references.</p> <p><b>Screening Procedure:</b> Applicants will be screened on the following: 1.) Conflict of Interest – the applicant must not be a member of the Supervisor’s immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements</p> <p><b>Interviews:</b> Interviews may be conducted in-person OR virtually by Teams Meeting. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes and eligibility list.</p>
<p><i>We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous people, persons with disabilities, and member of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.</i></p> <p><i>AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.</i></p>	



# EMPLOYMENT OPPORTUNITY

<b>Job Title</b>	First Nation Child Welfare Navigator		
<b>Department</b>	Child Welfare Department		
<b>Supervisor/Manager</b>	Alexandra Freed		
<b>Salary Scale</b>	Commensurate based on experience		
<b>Job Status</b>	Permanent Full-Time		
<b>Contract Length</b>	<b>Start</b>	Immediately	
<b>Hours Per Week</b>	35 hours weekly		
<b>Benefits</b>	AOPFN understands family needs take priority in one's life and as part of our commitment to being a competitive employer we provide our employee's flexible hours, federal and provincial statutory holidays. We also promote a team-based working environment with a focus on learning and development to promote employee growth and opportunity. We offer a variety of incentives in our competitive compensation plan that meet today's living needs. AOPFN is an equal opportunity employer located on the beautiful shores of Golden Lake, ON Canada.		
<b>Posting Status</b>	<b>Internal Only</b>	<b>Internal/External</b>	<b>X</b>
<b>Start Date of Posting</b>	Friday May 27 <sup>th</sup> , 2022		
<b>Closing Date of Posting</b>	Friday June 10 <sup>th</sup> , 2022 at 4:30PM		
<b>Selection Process</b>	<b>Interview</b>	<b>X</b>	<b>Rating</b> <b>X</b> <b>Selection</b> <b>X</b>
<b>Job Description</b>	<p>The First Nations Child Welfare Navigator (herein <i>Navigator</i>) will conduct the initial intake for children, youth, and families experiencing involvement with the children's aid societies of Ontario. Based on information ascertained in the intake the Navigator will then accompany a family through prevention services, including making referrals to the appropriate services, both internal and external resources not limited to applicable programming. It will be key to the success of the Navigator to build exceptional relationships with Prevention Services and Family Well-Being services, as well as other departments of Algonquins of Pikwàkanagàn First Nation's organization umbrella (herein <i>AOPFN</i>), in order to best match the needs of the service users with the available services. The Navigator will monitor the progress of the treatment plan through case consultations and follow-up sessions and will engage further resources as required. When engaging resources, the Navigator will also aid in bridging the gap between Indigenous and non-Indigenous understandings of social welfare and healing practices. This form of advocacy will not only provide education about traditional practices to service providers but also educate the service users on the culturally specific practices being employed with that provider.</p> <p><b>Key Responsibilities and Duties</b></p> <ul style="list-style-type: none"> <li>• Indigenous Knowledge</li> <li>• Knowledge of traditional healing practices.</li> <li>• In depth knowledge of local, regional, and provincial Indigenous and non-Indigenous services.</li> <li>• Child Welfare legislation, mandates, standards of practice, policies, and procedures such as the Child, Youth and Family Services Act, 2017, Bill C-92, Jordan's Principle, Customary Care etc.</li> <li>• Assists clients through initial intake process.</li> <li>• Conducts screening and assessment using common assessment tools and protocols, including family violence screening and any issues requiring assistance from Jordan's Principle.</li> <li>• conducts initial safety planning and intervention in acute situations.</li> <li>• Provides referrals to appropriate services.</li> <li>• Monitors and supports clients while waitlisted for service.</li> <li>• Advocates for clients and their families when barriers arise to ensure quality and timeliness of service.</li> <li>• Works with clients and their families, creating a navigation strategy that will lead to the best quality of service.</li> <li>• Helps families understand the system and access appropriate services according to their needs.</li> <li>• Identifies and prioritizes plans of care specific to children, youth, and their families.</li> <li>• Develops support plans and annualized work plans to benefit families in the community.</li> <li>• Assists with the development of the First Nations child welfare capabilities and goals.</li> <li>• Liaisons and networks with community and health services for the integration of new and existing services.</li> <li>• Promotes community awareness of resources.</li> <li>• Utilizes evidence-based reporting to evaluate annualized work plans and implements improvements.</li> <li>• Participates in cultural awareness and cultural sensitivity training.</li> <li>• Participates in staff development initiatives and training requirements.</li> <li>• Participates in the development and updating of policies and procedures.</li> <li>• Monitors service times.</li> <li>• Creates forms and other documents required for reporting</li> <li>• Participates in case management with the Manager First Nation Child Welfare, Prevention Services and Family Well-Being Departments.</li> <li>• Utilizes and consults with other inter-agency departments in health care and social services.</li> <li>• Provides education and awareness on the child welfare system of Ontario and the impacts of it.</li> <li>• Consistently available to service users at point of service and other employees.</li> <li>• Serves as an advocate for service users (re: access to services, enhancing cultural sensitivity and respect).</li> <li>• Strengthens existing pathways to access the holistic and culturally appropriate services.</li> </ul>		

	<p><b>Other Key Skills</b></p> <ul style="list-style-type: none"> <li>• Strong interpersonal and leadership skills.</li> <li>• Ability to work independently as well as in an interdisciplinary team environment.</li> <li>• Tact, discretion, and a professional level of confidentiality.</li> <li>• Self-motivated, reliable, thorough, and proactive.</li> <li>• Sensitive to Indigenous culture and values.</li> <li>• Perform initial intake, assessment, and screening of children, youth, and their families.</li> <li>• Provide brief crisis intervention if needed.</li> <li>• Coordination and planning of individualized extended wrap-around care.</li> <li>• Research, analyze, and organize efficiently.</li> <li>• Effectively communication verbally and in writing.</li> <li>• Develop and maintain <i>professional</i> networks for extension of care.</li> <li>• Proficiency in the use of computers and various software programs.</li> </ul>
<p><b>Minimum Qualifications</b></p>	<ul style="list-style-type: none"> <li>• Two (2) year degree/diploma in Social Work</li> <li>• Minimum of three (3) years direct experience working with youth and families in a social service or other related health setting. Experience working with First Nations, Inuit, and Métis (FNIM) people in a community-based setting would be considered an asset.</li> </ul> <p><b>Conditions of Employment:</b></p> <ul style="list-style-type: none"> <li>• Criminal Reference Check and Vulnerable Sector Check to be provided annually.</li> <li>• CPR and First Aid Certification; to be completed accordingly.</li> <li>• Proof of a class “G” driver’s license and driver’s Abstract.</li> </ul>
<p><b>Submit Cover Letter and Resume To</b></p>	<p><b>Human Resources</b>  Algonquins of Pikwakanagan First Nation  1657A Mishomis Inamo  Pikwakanagan, ON K0J 1X0  <a href="mailto:hrservices@pikwakanagan.ca">hrservices@pikwakanagan.ca</a></p> <p><b>Subject Line: FNCW Navigator</b></p>
<p><b>How To Apply</b></p>	<p><b>Application Procedure:</b> Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) references.</p> <p><b>Screening Procedure:</b> Applicants will be screened on the following: 1.) Conflict of Interest – the applicant must not be a member of the Supervisor’s immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements</p> <p><b>Interviews:</b> Interviews may be conducted in-person OR virtually by Teams Meeting. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes and eligibility list.</p>
<p><i>We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.</i></p> <p><i>AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.</i></p>	

## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Gould, Ralph	Benoit/Baptiste	22 Dec 21	22 June 22
Greatrix, Vanessa	Lavallee	11 Jan 22	11 July 22
Bennett-Delorme, Bridgit	Meness/Kohoko/Lamabe	03 Feb 22	03 Aug 22
Nieman, Bradley	Lavalley	03 Feb 22	03 Aug 22
William, Tammie	Milnense	03 Feb 22	03 Aug 22
Boldt, Daryl	Chabot	03 Feb 22	03 Aug 22
Boldt, Jorja	Chabot	03 Feb 22	03 Aug 22
Boldt, Kendall	Chabot	03 Feb 22	03 Aug 22
Frickleton, Jennifer	Lavalley	03 Feb 22	03 Aug 22
Foster, Houston	Sarazin/Lavalley	09 Mar 22	09 Sept 22
Leverre, Melissa	Tenniscoe	09 Mar 22	09 Sept 22
Leverre, Kenneth	Tenniscoe	09 Mar 22	09 Sept 22
Robicheau, Vanessa	Bernard	09 Mar 22	09 Sept 22
Craftchick, Chole	Lavalley	09 Mar 22	09 Sept 22
Craftchick, Wyatt	Lavalley	09 Mar 22	09 Sept 22
Sarrazin, Gloria	Passindwatch/ Lamure	09 Mar 22	09 Sept 22
Stoneburgh, Harley	Lamure/ Commanda	10 Mar 22	10 Sept 22
Robbins, Alexa	Jocko	30 Mar 22	30 Sept 22
Robbins, Kayla	Jocko	30 Mar 22	30 Sept 22
Liberty, Zachary	Bernard	30 Mar 22	30 Sept 22
Scott, Jack	Meness/Ignace	30 Mar 22	30 Sept 22
Cort, James	Meness/Ignace	30 Mar 22	30 Sept 22
Beaudoin, James	Lamure	30 Mar 22	30 Sept 22
Boggs, Lily	Lavalley	30 Mar 22	30 Sept 22
Law, Hunter	Meness	30 Mar 22	30 Sept 22
Munro, Palmer	Commanda	30 Mar 22	30 Sept 22
Amikons, Derrick	Amikons	12 Apr 22	12 Oct 22
Fass, Callin	Lavalley/Tennisco	29 Apr 22	29 Oct 22
Fass, Lauren	Lavalley/Tennisco	29 Apr 22	29 Oct 22
Lebrun, Jayce	Commanda	03 May 22	03 Nov 22
Anderson, Hayden	Lavallee	03 May 22	03 Nov 22
Mayer, Blake	Ignace	03 May 22	03 Nov 22
Minnie, Scott	Lavalley	03 May 22	03 Nov 22
Sharbot, Isis	Sharbot	03 May 22	03 Nov 22
Goodwin, Nakona	Lemure	05 May 22	05 Nov 22
Minnie, Wayne	Lavallee	05 May 22	05 Nov 22

To appeal the addition of one of the above persons becoming a Member of the Algonquins of  
Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the  
Lands, Estates & Membership Department or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)

## Continued on

McCloskey, Braeden	Lavalley	04 May 22	04 Nov 22
Pitts, Nathan	Aird	05 May 22	05 Nov 22
Pitts, Nicholas	Aird	05 May 22	05 Nov 22
De Geer, Carley	Sharbot	11 May 22	11 Nov 22
Cooke, Mackenzie	Kohoko	11 May 22	11 Nov 22
McAdam, Damien	Aird	11 May 22	11 Nov 22
Mountney, Jenna	Jocko	11 May 22	11 Nov 22
Lavalley, Carolyn	Lavalley	12 May 22	12 Nov 22
Smith, Roxane	Sharbot	16 May 22	16 Nov 22
Guevara, Rhea	Sharbot	16 May 22	16 Nov 22
Lemieux, Ashton	Pisanawich	16 May 22	16 Nov 22
Perry, Chanel	Buckshot	18 May 22	18 Nov 22
Lamour, Lori	Sharbot	18 May 22	18 Nov 22
DeSousa, Loretta	Sharbot	18 May 22	18 Nov 22
Wodzak, Penny	Lavalley	18 May 22	18 Nov 22
Wodzak, Amanda	Lavalley	18 May 22	18 Nov 22
Burns, Michelle	Jocko	25 May 22	25 Nov 22

This land we call Pikwakanagan, formally known as the Golden Lake Algonquin reserve. Nestled between North and South Algona on the south banks of the Bonnechere River and Golden Lake. Wondering what this is about? Well call it nostalgia! There are a few elders within the community who want to come together and recall memories of the past, from the way the reserve used to be. We believe that our stories and culture should be told and recorded in memory of our ancestors, as this oral history is our heritage. Our community is growing, and expanding, to the point it will be hard to imagine how it all began. If there is any one who would like to join us, and contribute any information please feel free to contact us. You may call Jerry Lavalley 613-401-5014 or Howard Bernard 613-625-2193 or Veneta 613-281-5789 so we can make the necessary arrangements as to a time and location suitable for our get together.



*Algonquins of Pikwakanagan First Nation*  
*1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0*

Office : (613) 625-2800 Fax : (613) 625-2332

**HOURS OF OPERATION** Monday - Friday 8:30 am to 4:30 pm

12:00 -1:00 pm Closed for LUNCH

**\*\*HOLIDAY CLOSURES\*\***

New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, National Aboriginal Day, Canada Day,  
Civic Holiday, Labour Day, Thanksgiving, Remembrance Day & Christmas Day.

Closed between Christmas & New Year's Day

**AOPFN EMPLOYMENT  
OPPORTUNITIES**

**Application Procedure:** Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title.

**Screening Procedure:** Applicants will be screened on the following: 1.) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume - the content will be reviewed to ensure the applicant meets the basic requirements.

**Affirmative Action Criteria:** Positions may be subject to AOPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

**Interviews:** Due to Covid-19 all interviews will be conducted virtually by Zoom. AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.

**LEGAL ADVICE**

Criminal or Family Legal advice call:

Duty Counsel at 613-735-3400

**CONWAY'S PHARMACY REMOTE  
DISPENSING LOCATION IS OPEN**

Regular business hours are

Mondays, Tuesdays, Thursdays Fridays 9am to 4pm  
(closed 12 - 1)

Wednesdays 9am to 1pm

We are closed weekends and holidays

Delivery is available Monday to Friday

Phone 613-625-9974 Fax 613-625-2068

Thank you

Natalie Commanda, Pharmacy Technician

Joseph Conway, Pharmacist

**ANIMAL CONTROL**

June Logan: 613-625-2545 or (613) 602-3626

**WASTE DISPOSAL SITE**

Open Wednesdays: 12-6 pm & Sundays 9am-3:00 pm

**CURBSIDE PICK-UP**

Garbage: Wednesdays Cardboard: Thursdays  
Containers: Fridays  
*Must have items at curbside by 9 am*

