



# Pikwakanagan Tíbadjūmowín

**Friday June 11, 2021**

view on-line at: [www.algonquinsopikwakanagan.com](http://www.algonquinsopikwakanagan.com)

Facebook : Algonquins of Pikwakanagan First Nation

Email: [reception.admin@pikwakanagan.ca](mailto:reception.admin@pikwakanagan.ca)

**Ontario moves to Step 1 of its' Re-Opening Plan on June 11, 2021.**

**AOPFN Offices remain closed until further notice. All employees will be working remotely.**

**All employees will be equipped with their work phones, lap tops and will have access to their email.**

**The AOPFN Vaccination team is currently in preparation for their youth clinic.**

**If you are between the ages of 12-17 and would like to receive your vaccination, please contact the Vaccination team at:  
613-625-2259 Ext:225**

**Please leave a voicemail with your first and last name along with your phone number and one of our nurses will get in contact with you.**

If you are living off the First Nation and are interested in receiving your vaccination you can register through the Public Health unit at the following link. [Renfrew County - COVID Vaccination Clinic Registration \(microsoft.com\)](https://www.renfrewcounty.ca/covid19/vaccination-clinic-registration) or [How to book a COVID-19 vaccine appointment \(ontario.ca\)](https://www.ontario.ca/covid19/vaccine-appointment)

## IN MEMORY OF THE 215

Two Hundred and fifteen young First Nation innocents have gone to a place where we all find peace and beauty. They may all be physically gone but they will live forever in the gentle breeze that blow over us; in the rains that refresh Mother Earth; in the trees and grasses and flowers that make her beautiful. They will live in the warm glow of the sun and in the moon and in all forces of nature. Their young lives may have been taken from them but their spirits will walk in eternal peace.

H. Bernard

## Chi-Meegwetch

Pikwakanagan Fuels  
for donating beautiful flowers for our bridge.

Chief & Council

AOPFN



Algonquins of Pikwakanagan Fire  
Department Events

## Annual BBQ

Saturday June 12, 2021

Location: Front of the Fire Hall

Time: 11:00 a.m. – 3:00 p.m.



## Annual Fishing Derby

Saturday July 17, 2021

Location: Sunset Campsite (Randy Commanda's)

Entry Fee: \$20.00

Early Registration at the BBQ



# Algonquins of Pikwakanagan First Nation COVID-19 Weekly Situation Report

June 11, 2021

**State of Emergency Declared: March 20, 2020**

## Current COVID-19 Case Status:

### Ontario

**Cases:** 538,651  
**Resolved:** 523,532  
**Active:** 15,119  
**Deaths:** 8,935

### Renfrew County

**Cases:** 728  
**Resolved:** 706  
**Active:** 22  
**Deaths:** 9

### Pikwakanagan

**Cases:** 0  
**Resolved:** 0  
**Active:** 0  
**Deaths:** 0

## Community and Status Update

The Ontario Government has announced that the province is shortening the break between the first and second COVID-19 vaccine doses as 65% of Ontarians ages 18 and over have now received their first dose. The timing of second dose appointments may vary based on local considerations, vaccine supply and the date of first dose appointments.

## School Updates

Premier Doug Ford has announced that all school districts across the province will continue with remote learning for the rest of the school year. Students who are currently attending in school learning due to an accommodation may continue.

## Global Update

In Canada, vaccines are becoming available to everyone approved and recommended to get the vaccine. Assuming the continued supply of safe and effective vaccines, it is expected that by September 2021 everyone approved and recommended to get the vaccine will be vaccinated. Consideration for youth between the ages of 12 to 18 to be eligible for the Pfizer-Bio-NTech and Moderna vaccines.

## Province Updates

The province will remain in Step 1 for reopening for 21 days, if by the end of the 21 days 70% of adults are vaccinated we will move into Step 2; which includes outdoor gatherings up to 25 people, indoor gatherings up to 5 people, outdoor dining up to 6 people, non essential retail capacity at 50%, essential retail at 50%, overnight camps, personal care services, etc.

## Symptoms

## Where To Get Help

### COVID-19 symptoms compared to common conditions

SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
Fever	Common	Rare	Common	Sometimes
Dry cough	Common	Mild	Common	Sometimes
Shortness of breath	Common	No	No	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches and pains	Sometimes	Common	Common	No
Sore throat	Sometimes	Common	Common	No

VTAC-Renfrew County Virtual Triage and Assessment  
Centre: 1 (844) 727-6404.

Pikwakanagan Family Health Team: (613) 625-1175

# COVID-19 YOUTH VACCINATION CLINIC



## Attention Pikwakanagan Community Members:

AOPFN Vaccine Team is preparing a Vaccination Clinic for Pikwakanagan Youth between the ages of 12-17 years. The tentative date is June 24, 2021.

The Vaccination Team will be contacting parents/guardians of the youth to schedule appointments.

**If you have any questions or concerns about your Child(ren) receiving the vaccine, please contact the phone number below to leave a message, your name and phone number and a Health Professional will contact you within 48 hours.**

**Phone: 613-625-2259**

## Pre-registration clinics will be held by registered nursing staff by phone to:

- Register clients for a clinic.
- Ensure consent forms are completed.
- Answer any questions that individuals may have.
- To identify clients that require further consultation (i.e. physicians, specialists, Nurse Practitioner) will have the time to do so prior to clinic dates.

## Please Continue with all Safety Protocols

- Wear a Mask
- Wash Hands Often
- Stay 6 feet apart
- Leave your home for Essential items only

***Vaccinations protect yourself, your family, seniors and the community.***



## Roadmap to Ontario's Re-Opening Plan – Key Highlights

<p>Vaccination rate plus key health indicators</p> <p><u>Step 1</u></p> <p><b>60%</b></p> <p>Adults with one dose</p>	<p>Vaccination rate plus key health indicators</p> <p><u>Step 2</u></p> <p><b>70%</b></p> <p>Adults with one dose 20% Fully vaccinated</p>	<p>Vaccination rate plus key health indicators</p> <p><u>Step 3</u></p> <p><b>70-80%</b></p> <p>Adults with one dose 25% Fully vaccinated</p>
<p><b>Permit with Restrictions</b></p> <p>Outdoors first with limited, well-managed crowding and permitting restricted retail</p>	<p><b>Permit with restrictions</b></p> <p>Open indoors with small numbers and face coverings and expand outdoors</p>	<p><b>Permit with restrictions</b></p> <p>Expand indoors where face coverings can't always be worn</p>
<ul style="list-style-type: none"> <li>• Larger outdoor gatherings for up to 10 people</li> <li>• Outdoor dining for up to 4 people per table</li> <li>• Essential retail capacity at 25%</li> <li>• Outdoor religious services, rites and ceremonies with capacity limited to permit physical distancing of 2 metres</li> <li>• Outdoor sports, fitness and personal training up to 10 people</li> <li>• Day Camps</li> <li>• Campsites and campgrounds</li> <li>• Overnight camping at Ontario Parks</li> <li>• Outdoor horse racing and motor speedways</li> <li>• Outdoor pools and wading pools</li> </ul>	<ul style="list-style-type: none"> <li>• Larger outdoor gatherings for up to 25 people</li> <li>• Small indoor gatherings for up to 5 people</li> <li>• Outdoor dining for up to 6 people per table</li> <li>• Essential retail at 50% capacity</li> <li>• Non-essential retail capacity at 25%</li> <li>• Personal care services where face coverings can be worn at all times</li> <li>• Outdoor meeting and event spaces</li> <li>• Outdoor amusement and water parks</li> <li>• Outdoor boat tour operators</li> <li>• Outdoor county fairs and rural exhibitions</li> <li>• Outdoor sports leagues and events</li> <li>• Outdoor cinemas, performing arts, live music events and attractions</li> </ul>	<ul style="list-style-type: none"> <li>• Larger indoor and outdoor gatherings</li> <li>• Indoor dining</li> <li>• Essential and non-essential retail open with limited capacity</li> <li>• Larger indoor religious services, rites, and ceremony gatherings</li> <li>• Indoor meeting and event spaces</li> <li>• Indoor sports and recreational facilities</li> <li>• Indoor seated events</li> <li>• Indoor attractions and cultural amenities</li> <li>• Casino and bingo halls</li> <li>• Other outdoor activities from Step 2 permitted to operate indoors</li> </ul>
<p>+21 days before next stage</p>	<p>+21 days before next stage</p>	



## Education Services Covid-Update for Parents/Guardians and Students

**All schools in the Renfrew County District School Board and the Renfrew County Catholic District School board remain closed for in-person learning. This will continue until the Government of Ontario announces when the school sites may re-open.**

Eganville District Public School			
Principal	Michelle Belsher	<a href="mailto:belsherm@rcdsb.on.ca">belsherm@rcdsb.on.ca</a>	Telephone: 613-628-2606
Algonquin Education Liaison Officer:	Adam Bernard	<a href="mailto:bernarda@rcdsb.on.ca">bernarda@rcdsb.on.ca</a>	Telephone: 613-585-2503
Algonquin Language Teacher	Michele Gaudry	<a href="mailto:gaudrym@rcdsb.on.ca">gaudrym@rcdsb.on.ca</a>	

St. James Catholic School			
Principal	Maureen Enright	<a href="mailto:menright@rccdsb.edu.on.ca">menright@rccdsb.edu.on.ca</a>	Telephone: 613-628-2927
Algonquin Educational Assistant	Jessica Verch	<a href="mailto:jessica.verch@rccdsb.ca">jessica.verch@rccdsb.ca</a>	
Algonquin Language Teacher	Michele Gaudry	<a href="mailto:michele.gaudry@rccdsb.ca">michele.gaudry@rccdsb.ca</a>	

Opeongo Highschool			
Principal	Angela McGregor	<a href="mailto:mcmgregora@rcdsb.on.ca">mcmgregora@rcdsb.on.ca</a>	Telephone: 613-735-7587 Ext. 203
Algonquin Native Tutor	Scott Schoenfeldt	<a href="mailto:schoenfeldts2@rcdsb.on.ca">schoenfeldts2@rcdsb.on.ca</a>	Telephone: 613-281-9673
FNMI Support Counsellor	Colin Wylie	<a href="mailto:wyliec@rcdsb.on.ca">wyliec@rcdsb.on.ca</a>	Telephone: 613-735-7587 Ext. 223

**AOPFN Education Services Staff: Staff work remotely and have access to telephone messages and their e-mails.**

Della Meness, Manager, Education Services	<a href="mailto:mgr.education@pikwakanagan.ca">mgr.education@pikwakanagan.ca</a>	Telephone: 613-625-2800 ext. 239
Teresa G. Kohoko, Assistant, Education Services	<a href="mailto:assistant.education@pikwakanagan.ca">assistant.education@pikwakanagan.ca</a>	Telephone: 613-625-2800 ext. 240
Virginia Sarazin-Lasenby, Post-Secondary Student Counsellor	<a href="mailto:post.secondary@pikwakanagan.ca">post.secondary@pikwakanagan.ca</a>	Telephone: 613-625-2800 ext. 238
Estelle Amikons, Librarian	<a href="mailto:library@pikwakanagan.ca">library@pikwakanagan.ca</a>	Telephone: 613-625-2800 ext. 244

Share Your Pride!

Share Your Photos!

In recognition of National Indigenous Peoples Day, we would like to celebrate who we are as Anishinàbeg through a community video that will be shared on social media on June 21, 2021.

Omàmiwininì Pimàdjowin needs your help collecting photos of our members to represent who we are as Anishinàbeg and where we are from.

Send us photos of you and/or your family demonstrating cultural pride through fishing, hunting, trapping, sharing traditional food, beading, crafting, community gatherings like the pow wow, or in your regalia.

Let's come together and show how proud we are to be Anishinàbeg from Pikwàganagàn.

Please send photos to:

[info@thealgonquinway.ca](mailto:info@thealgonquinway.ca).

**The Omàmiwininì Pimàdjowin Team**

Naomi, Katie, Willy, and Tanisha

### **AOPFN COVID-19 Testing**

AOPFN is offering expanded COVID-19 Testing for all Community members in the event your family members are experiencing symptoms or may have come into contact with a suspect case.

Testing will take place at the Mino-Pimadizi Gamik Health Center.

To book an appointment please contact:  
**613-625-1175**

**Monday 9:00 am - 11:00 am**

**Tuesday 9:00 am - 10:00 am**

**Wednesday 9:00 am - 10:00 am**

**Thursday 9:00 am – 10:00 am**

**Friday 9:00 am – 10:00 am**

### **PIKWAKANAGAN SPORTS & RECREATION LENDING HUB**

Hello Pikwakanagan families, we sure hope you are doing well

and staying safe and healthy! We are excited to announce the opening of our lending hub on **Friday, June 4, 2021!**

We are able to provide our families with some really awesome water sport equipment to enjoy and we also have golf clubs available for loan as well. We have added new kayaks, new stand-up paddleboards and 14 new sets of golf clubs. We have a wide range of sizes in all our inventory, equipment is available to suit all ages, from the young to the elders. If you would like to borrow any of our canoes, kayaks, stand-up paddleboards, or golf clubs please call 613-625-2682 and leave a message on what it is you would like to borrow or send a PM to our Facebook page Pikwakanagan Sports & Rec. We also have lifejackets and paddles to go with our water equipment! Lending hub hours of operation will be Monday to Friday between 10:00 a.m. and 3:00 p.m. at the Makwa Centre. Ryan will be available to assist people with pick-ups and returns!

Equipment is available for daily loan (24 hours) or weekend loans (pick-up Fridays and return by noon on the following Monday). You must be 18 years of age to access loans from the lending hub. All water sport equipment users are expected to provide their own safety gear (whistle, bailing can, etc.) that are required by law, you are to know the laws of the lake it is your responsibility!

**IT IS FULLY EXPECTED THAT ALL EQUIPMENT REMAIN IN THE CONDITION IT IS LENT TO YOU, DIRT IS ONE THING THAT IS EXPECTED HOWEVER DAMAGE WILL NOT BE TOLERATED! YOU WILL BE FULLY EXPECTED TO REPLACE ALL LOST, STOLEN OR DAMAGED ITEMS! YOU WILL NOT BE PERMITTED ANY LOANS UNTIL THE LOST, STOLEN OR DAMAGED ITEMS ARE REPLACED!**

We have a paper handout regarding liability and a waiver to ensure you understand your responsibilities while you have the equipment in your possession.

It **MUST** be signed before you take a loan out!

All Covid safety protocols will be in place during pick-ups and returns, you are required to wear a face mask and stop at the front door for screening and sanitizing before entering the Makwa Community Centre.

## **Food Bank in Pikwakanagan Information**

### **Change in service hours and days.**

The Food Bank will be available two days per week.

You can access the Food Bank service on either Tuesday or Thursday of each week. This change is in effect during the current Stay-at-Home order.

### **HOURS ON TUESDAYS AND THURSDAYS WILL BE 9:00-3:30 FOR PICK-UP OR DELIVERY IF REQUESTED**

*We ask you to be mindful of these accommodations and ensure you place your orders as outlined below and to please respect the hours and days in place.*

### **How to place an order:**

- Call **613-639-1633** and place an order over the phone
- Text **613-639-1633** and place an order via text
- Go to this link online <https://forms.gle/SNxriP159GJ63Jmv9> and place your order

### **When to place an order:**

- Food bank orders can be placed on **Fridays, Mondays or Wednesdays** of each week if calling or texting the phone number above please do so between the hours of 8:30-4:30 p.m.
- Online orders can be placed at any time on Fridays, Mondays or Wednesdays
- Please note that all Friday orders will be for the following week and will be tended to on the following Tuesday
- Pick-up or delivery can be arranged/requested when placing your order

If you wish to speak directly to someone assigned to the Pikwakanagan Food Bank please call the cell at 613-639-1633 or you can email Kerry Andrews at [mgr.sports.rec@pikwakanagan.ca](mailto:mgr.sports.rec@pikwakanagan.ca)



### **TEMPORARY COVERAGE PROVIDED BY:**

Frontline Leads – Daycare Staff  
Manager – Kerry Andrews

## **Reminder**

Please note that I am unable to retrieve messages left for the NNADAP office at the health centre.

**Matt Hutten can be reached by cell at:**

**613-570-0356**

**8:30 am—4:30 pm weekdays**



Miigwetch

## **Community Justice Worker**

Available Monday-Friday 8:30 a.m.-4:30 p.m.

email: [Justice.mhs@pikwakanagan.ca](mailto:Justice.mhs@pikwakanagan.ca)

Mobile: 613-633-3586

The Training & Learning Centre is cancelling all in-person classes until further notice. We can still help you on Zoom, by phone and by sending lessons in the mail. If you would like to get started with your training from home, please contact us at: **613-628-1720**.

## **SAFETY OF OUR COMMUNITY**

We need your help to make our community a healthier and safer place to live. Investigations are ongoing on potential illegal activities that are taking place within our community.

We are asking if you see any type of illegal activity taking place to call Crime Stoppers  
**1-800-222-TIPS (8477) or 613-735-8477**  
and report it every time you see it happening. By doing this you will be providing information that is necessary for police investigations.

**The police need the support and help of the community to stop criminal activity that is putting our community at risk.**

# Father's Day, Sunday, June 20, 2021

It's time to get ready to celebrate and honor the dads, grandpa's, uncles, and father figures who have made a great impact in our lives.

The Pikwakanagan Sports & Recreation department, Education Services, Family Well-Being, Prevention Services, Mental Health Services and Omamiwinini Pimadjiwawin are teaming up to create some really awesome prize giveaways for our Father's Day event.

We are asking you to share a picture of your dad or father figure in your life and tell us what your dad/father figure means to you!

You can share your pictures/comments on the Pikwakanagan Sports & Recreation Facebook page, or the Community Events Facebook page!

## **We are happy to give away the following:**

***\$250 Canadian Tire Gift Card***

***Basket #1—BBQ Accessories & Meat Package***

***Basket #2—Fishing Basket***

***Basket #3—Full Complete Auto Detail Package  
(thank you to B&B Auto Detailing for donating the  
Full Complete Detail gift certificate)***

***If Dad is a golfer, we are happy to also give Dad a  
free golf pass to use this summer at Whitetail Golf  
Club, so please indicate if Dad is a golfer  
when you share about him!***

**Kerry will go live on Facebook on  
Sunday, June 20th at 7:00 p.m.**

to do our random wheel spinner to select our Father's Day prize recipients.

We can't wait to hear your stories, comments, your reasons why about your dad/father figure!

## Comprehensive Community Plan (CCP)



Algonquins of  
Pikwakanagan  
First Nation

### **Greetings AOPFN Members,**

The next round of Engagement for AOPFN's CCP is starting on **June 10<sup>th</sup>**! This is the chance for members to provide your feedback on the draft CCP Framework.

### **What's in the CCP Framework?**

#### **The draft CCP Framework has**

- **Vision Statement:** a short phrases or sentences that convey membership's hopes for the future.
- **Guiding Principles:** key values identified by leadership, staff and members for how AOPFN conducts itself now and in the future.
- **Priorities:** AOPFN's objective for the future.
- **Actions:** specific initiatives, services, programs, infrastructure, and project suggestions to support Priorities.

### **Upcoming Engagement**

#### **Community Questionnaire**

This will be available online starting on **June 10<sup>th</sup>**. You will be able to review and provide your feedback. **LINK:**  
<https://www.surveymonkey.ca/r/AOPFN-CCP>

#### **Community Presentations on Zoom**

- There will be 2 virtual presentations on Zoom.
- **June 17<sup>th</sup>, 6pm-8pm:**  
<https://urbansystems-ca.zoom.us/j/67413209724>
- **June 24<sup>th</sup>, 6pm-8pm:**  
<https://urbansystems-ca.zoom.us/j/67223675154>

#### **In-person Small Group Discussion**

- There might be an opportunity to meet in-person at the end of June, depending on Provincial health Regulations and members' level of comfort. Details to come!

**Sam Galbraith, AOPFN Community Coordinator**  
Email: [coordinator.studies@pikwakanagan.ca](mailto:coordinator.studies@pikwakanagan.ca)

**To have your survey submission accepted and  
sign into the Zoom engagement sessions you will  
need to use your full legal name.**

**All survey respondents will be entered into a  
draw for 1 of 5, \$250 cash prizes!!**

#### **Attention All Homeowners and Renters of Pikwakanagan!**

If you have a pool and plan on filling it for some summer fun, please call the fire department at 613-286-1018 and they can fill it for you!

Due to the hot weather and the lack of rain we've had, we do not want to risk the water well getting dried up.



## DIAGNOSED WITH TYPE 2 DIABETES...NOW WHAT?

When first diagnosed with diabetes, a circle of care with the right people is so helpful for the necessary learning curve that comes with this diagnosis. Who should be in your circle of care?

**Primary Care Practitioner:** Whether this is your family Dr or your Nurse Practitioner, this is the person who answers everyday questions and refers you to different specialists if necessary.

**Registered Dietician:** This person will be able to design a well balanced and sustainable diet that will help in blood glucose regulation which is a key part of diabetes maintenance.

**Optometrist:** Regular eye exams are important as diabetic retinopathy is a condition that is a complication of diabetes. Optometrists can prescribe medications and surgeries if necessary.

**Certified Diabetes Educator:** A CDE is a health professional who is specially trained to work with people managing their diabetes. They will help you achieve your health goals through lifestyle modifications surrounding diet, exercise, sleep cycles, and other factors.

**Patient Care Navigator/Diabetic Navigator:** The Navigator will help you with your everyday management of diabetes and assist with benefits, claims, Dr and specialist appointments.

**Podiatrist/ Advanced foot care Nurse:** Proper foot care is so important for diabetic health. Regular footcare along with the proper training for self care is necessary for the health of your feet.

**Cardiologist:** Many people with type 2 Diabetes also have high blood pressure and cholesterol. All of these conditions raise the risk of heart attack and stroke. A cardiologist specializes in heart disease. They may prescribe treatment such as lifestyle changes and medication to lower cholesterol and blood pressure and reduce the risk of heart problems.

**Mental Health Specialist:** Type 2 diabetes can raise the risk of anxiety and depression. A psychologist, clinical social worker, or licensed counselor can diagnose and treat mental health conditions with psychotherapy. A psychiatrist can prescribe medication if needed.

**Nephrologist:** High blood sugar can damage blood vessels in the kidneys, which raises your risk of chronic kidney disease (CKD). A nephrologist is doctor that specializes in kidney disease and will prescribe treatments such as lifestyle changes, medication, and dialysis.

**Family and friends:** These are important people in your life and you are important to them. Share with them what you are going through with your diabetes. They will be your strength when you need some.

**Elder:** Turning towards a more traditional way of living is a helpful way of managing diabetes. Look towards elders or traditional educators to help guide you.

For more information on diabetes maintenance please contact Natalie, the Diabetic Navigator at [diabetic.navigator@pikwakanagan.ca](mailto:diabetic.navigator@pikwakanagan.ca)

## \*\* Water Service Agreements \*\*

To be connected to the Water Treatment System a Water Service Agreement is **required**. The deadline for the Water Service Agreements is **June 15<sup>th</sup>, 2021**.

If you have not completed your connection package please contact Ryan Carle either by: Email: [rcarle@fnesl.ca](mailto:rcarle@fnesl.ca) or call to book an appointment at **613-635-3706**.

Meegwetch from:

Ryan Carle - Community Coordinator

Anishinabek Gamik/  
Prevention Services



## Kids Friendly Cookbook

**Send in your kid friendly recipes  
that kids can enjoy and help in the  
kitchen.**

**[prevention2.cfs@pikwakanagan.ca/](mailto:prevention2.cfs@pikwakanagan.ca)  
or on Facebook at Anishinabek Gamik**



## WALKING FORWARD TOGETHER

In support and respect for the victims and survivors of Residential Schools and for their families and loved ones, St. James Catholic School is inviting our students, staff and families to join us in a virtual Reconciliation Walk.

Our goal is to raise awareness and show compassion as we collectively walk:

1. 215 km by Wednesday, June 2, 2021.
2. 3976 km (the distance between St. James and Kamloops Indian Residential School) by June 21, 2021.

STUDENTS ARE REMINDED TO FOLLOW ALL SAFETY RULES AND TO HAVE PERMISSION OF PARENTS BEFORE GOING ON A WALK. PLEASE SEND YOUR DISTANCES IN TO YOUR TEACHERS ON WEDNESDAY OF THIS WEEK AND ON EACH FRIDAY BETWEEN NOW AND JUNE 21ST.

## 8<sup>th</sup> Annual Pikwakanagan Open Golf Tournament

Saturday, August 14, 2021 @ Whitetail Golf Club

*Covid regulations for either tee times or shotgun, teams will be contacted closer to the tournament date as we continue to monitor regulation changes!*

4 Person Scramble

18 Holes

### Prize Holes:

Men's/Lady's Longest Drives on numerous holes

Men's/Lady's Closest to the Pin on all par 3 holes

Incredible Prizes to be won on **EVERY HOLE!!**

Cost: \$100/non-member, \$85/member without cart or flex members, \$70/members with cart package

Includes: Green Fee, Cart, Dinner

**HOLE IN ONE PRIZE ON HOLE #8**

**\$10,000 gift card sponsored by Eganville Foodland**

Fees are payable @ time of registration and/or day of event

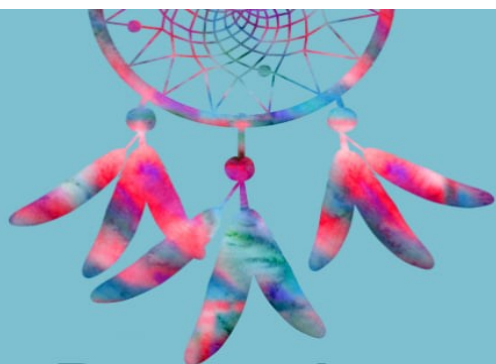
Payment methods at Whitetail: Cash/Debit & Credit Card

**Call to register your team by August 9, 2021**

To register your team or for more info contact:

Kerry Andrews: 613-625-2682

Email: [mgr.sports.rec@pikwakanagan.ca](mailto:mgr.sports.rec@pikwakanagan.ca)



## Parenting and Caregivers Circle

WEEKLY CIRCLES EVERY THURSDAY  
3:30-4:15



**ANISHINABEK GAMIK/  
PREVENTION SERVICES**

Made with PosterMyWall.com

Anishinabek Gamik/Prevention Services

# FACTS

# GROUPS

**Virtual Meets**

Every Wednesdays  
3:30 to 4:30 PM

Made with PosterMyWall.com





## Notice: Algonquins of Pikwakanagan First Nation Members

Do you own your own business?

Are you a partner in a business?

What goods or services are provided by your business?

What industry do you service?



✓ Accounting, Financial  
Services

✓ Construction

✓ Fuel

✓ Information Technology

✓ Manufacturing

✓ Engineering

✓ Minerals & Aggregates

✓ Landscaping

✓ Professional, Scientific &  
Environment Technology

✓ Retail

✓ Project Management

✓ Sales, Rental, Lease

✓ Restaurant

✓ Professional, Community Services

✓ Transportation

The AOPFN is interested in your business. We would like to find out more about your business.

A Proficiency Collection is being created to identify AOPFN member businesses like yours.

To Participate in the database please contact:



Lisa Meness Kohoko

PH: 613-633-7712

Email: [lisameness@msn.com](mailto:lisameness@msn.com)

Facebook: Lisa Meness Kohoko (Messenger)

**Complete the survey and you will be eligible for a Participation Draw of a \$100 Visa Card.**



## Notice: Algonquins of Pikwakanagan First Nation Members



AOPFN Consultation Office is developing a Labour Market-Proficiency Collection database. This will identify the specific skills, knowledge, and experience of the AOPFN membership.

The Collection will be shared with the Administrative Organization, Federal, Provincial and Private Industry as opportunities arise.

### Information Required to Create Your Profile:

What is your field of expertise?

What experience do you possess?

What skills do you possess?

Are you a skilled trade worker?

Do you have a diploma, degree, or certificates?

Are you an Indigenous Knowledge Keeper?

Algonquin Language Speaker/Translator?

Environmental Worker?

Security Clearances?



**Post Secondary Students** - What is your field of study? Are you seeking Co-op or summer student employment? What additional training or certificates do you need to pursue employment in your field?

**Apprentices** are also encouraged to participate. There are opportunities to provide on-the-job training and apprenticeships.

[This Photo](#) by

AOPFN is interested to learn and incorporate your information into our Proficiency Collection database. To participate in the database please contact:

**Lisa Meness Kohoko**

**PH: 613-633-7712**

**Email: [lisameness@msn.com](mailto:lisameness@msn.com)**

**Facebook: Lisa Meness Kohoko (Messenger)**

**Collection end date:**

**June 30, 2021**

**Complete the survey and you will be eligible for a Participation Draw of a \$100 Visa card.**





## Algonquins of Pikwakanagan – Water Supply System Project Notice

First Nations Engineering Services Ltd. (FNESL), located in Ohsweken Ontario, was retained by Algonquins of Pikwakanagan First Nation to provide engineering design and contract administration services for the community's Water Supply and Treatment System.

The overall objective of the project is to construct the preferred water system, which is a slow sand filtration Water Treatment Plant (WTP) with a distribution system to service parts of the community. This includes the detailed construction and alignment of all system components including, the intake line, the water treatment plant, and the distribution system to supply piped water with adequate fire flows to the Pikwakanagan community.

The proposed intake line will be installed into the Bonnechere river at Lot 1-2 on Chibekana Inamo Road. The Bonnechere river system is considered a navigable waterway, which an application for the approval of the Canadian Navigable Waters Act (CNWA) from Transport Canada was requested. Please review below Transport Canada's template and link to access the project details and provide your comments. The construction for the community's water supply system will begin in the summer of 2021 while the Intake line project is scheduled to begin in the summer of 2022.

### *Canadian Navigable Waters Act*

Algonquins of Pikwàkanagàn First Nation hereby gives notice that an application has been made to the Minister of Transport, pursuant to the *Canadian Navigable Waters Act* for approval of the work described herein and its site and plans.

Pursuant to paragraph 7(2) of the said Act,

Algonquins of Pikwàkanagàn First Nation has deposited with the Minister of Transport, on the on-line Navigable Waters Registry (<http://cps.canada.ca/>) and under NPP File Number **2020-403444** a description of the following work, its site and plans:

Proposed Raw Water Intake Line in, on, over, under, through or

Across the Bonnechere River at 45° 34' 37.33" N x 77° 15' 47.12" W, in front of lot number 1-2 on Chibekana Inamo Road, Township of Bonnechere Valley, County of Renfrew.

Comments regarding the effect of this work on marine navigation can be sent through the Common Project Search site mentioned above under the Comment section (search by the above referenced file number) or, by sending your comments directly by email at [NPPONT-PPNONT@tc.gc.ca](mailto:NPPONT-PPNONT@tc.gc.ca) or by mail to Transport Canada, Navigation Protection Program, 100 South Front Street, 1st Floor, Sarnia, Ontario, N7T 2M4.

Comments will be considered only if they are in writing (electronic means preferable) and are received not later than 30 days after the publication of the last notice. Although all comments conforming to the above will be considered, no individual response will be sent.

Posted at Algonquins of Pikwàkanagàn First Nation, Ontario on the 21<sup>st</sup> day of May 2021,

Algonquins of Pikwàkanagàn First Nation

NOTE: It is essential that the location of the existing or proposed work be properly identified for the information of the public. The location of the work may also be indicated as being on a water lot, giving the number of the water lot or lot number in front of which it is situated. Where a work is to extend from one side of the river to the other, as in the case of a bridge, cable, dam, etc., the location should read from 45° 34' 37.33" N to 77° 15' 47.12" W.



# JOB OPPORTUNITY



## EMPLOYMENT / TRAINING OPPORTUNITY

### AOPFN is Refreshing the Temp Help List!!

#### AOPFN is having an Open Call for Temp Help

We are accepting applications for all departments to assist with a wide variety of tasks and responsibilities. Temp Help is contacted on a “needs” basis.

#### Why Join Our Temp Help Team?

Adding your name to our Temp Help list is a great opportunity if you are looking for additional working hours or to increase your network, experience, skillset or knowledge in a team-based setting.

#### What We Can Also Do:

We can help you with continuing training, education, cover letter and resume development, job searching and interview techniques in a fun, relaxed setting.

In these challenging times when meeting in-person is not doable, we can provide meeting alternatives by phone, video meeting and through email correspondence.

The Door Is Always Open!

#### To add your name to Temp Help, Training/ Education Pathway, Job Seeking Assistance,

#### Contact:

Tiffany Dedo, Employment Development Officer  
Algonquins of Pikwakanagan Administration Office

1657A Mishomis Inamo

Pikwakanagan, ON K0J 1X0

(613) 625-2800 ext. 253

[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)

## EMPLOYMENT OPPORTUNITY

### Summer Student Program 2021

Applications are now being accepted for the Summer Student Program. This year, the program will operate differently than years past, but we have some exciting and creative opportunities for students, including (but not limited to) approximately 2 – 3 clerical positions, economic development assistant, maintenance worker, and daycare helper. Employment will include full time and part time positions in various areas throughout the community and will begin on July 19<sup>th</sup>, 2021.

Students who have completed grade nine education, up to grade twelve who are returning to school in the fall that interested in summer employment can submit a resume and cover letter to:

Tiffany Dedo, Employment Development Officer

Algonquins of Pikwakanagan Administration Office

1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

**Electronic Applications** can be sent to:

[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)

# AOPFN DIRECTORY

VOICEMAILS AND EMAILS WILL BE CHECKED REGULARLY THROUGHOUT OUR REMOTE CLOSURE.

**ADMINISTRATION OFFICE STAFF LISTED BELOW ARE NOW ABLE TO CHECK VOICEMAILS THROUGH EMAIL, NON-URGENT VOICEMAILS WILL BE CHECKED DAILY DURING REMOTE CLOSURE.**

## CHIEF AND COUNCIL 613-625-2800

Alanna Hein	chiefcouncil@pikwakanagan.ca	228
Kevin Lamarr	negotiations@pikwakanagan.ca	

## EXECUTIVE OFFICES 613-625-2800

Dale Booth	edo@pikwakanagan.ca	235
Claudette Cournoyer	assistant.edo@pikwakanagan.ca	254
Lisa Meness	communications@pikwakanagan.ca	253

## PUBLIC WORKS 613-625-2800 **EMERGENCY CONTACT 613-639-3309**

Vacant	mgr.publicworks@pikwakanagan.ca	246
Bonnie Commanda	assistant.publicworks@pikwakanagan.ca	245
Blaze Commanda-Belaire	housing@pikwakanagan.ca	247

## HUMAN RESOURCES 613-625-2800

Shelley Wilcox	hr@pikwakanagan.ca	236
Tiffany Dedo	employment.officer@pikwakanagan.ca	237

## RECEPTION SERVICES 613-625-2800

Sasha Sarazin	admin.reception@pikwakanagan.ca	221
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## FINANCE 613-625-2800

Selena Roesler	mgr.finance@pikwakanagan.ca	224
Stephanie Stone	assistant.finance@pikwakanagan.ca	223
Sandy Nash	acquisitions@pikwakanagan.ca	225
Laurie Amikons	payroll@pikwakanagan.ca	226

## LANDS, ESTATES & MEMBERSHIP 613-625-2800 **EMERGENCY CONTACT:613-401-0057**

Kassandra Sackaney	mgr.lem@pikwakanagan.ca	222
Vacant	assistant.lem@pikwakanagan.ca	231

## ECONOMIC DEVELOPMENT 613-625-1551

Amanda Two-Axe Kohoko	consultation@pikwakanagan.ca	105
Laura Sarazin	assistant.consultation@pikwakanagan.ca	104
Lucas Bramberger	coordinator.projects@pikwakanagan.ca	102
Samantha Galbraith	coordinator.studies@pikwakanagan.ca	

## SOCIAL SERVICES 613-625-2800

Teresa M. Kohoko	mgr.social@pikwakanagan.ca	242
Karen Levesque	social.ow@pikwakanagan.ca	241

## OTHER AOPFN SERVICES

### MINDIWIN MANIDO-DAYCARE CENTRE 613-625-2047

Nikoma Tennisco daycare@pikwakanagan.ca

### SPORTS & RECREATION 613-625-2682

Kerry Andrews mgr.sports.rec@pikwakanagan.ca  
Lance Thorpe reactivator@pikwakanagan.ca  
Natasha Dick events.sports.rec@pikwakanagan.ca

### FIRE & RESCUE 613-286-1018

Chris Sarazin chrissarazin53@gmail.com

### HEALTH SERVICES 613-625-2259

Maureen Sarazin Tomasini	mgr.health@pikwakanagan.ca	227
Rachel Mathieu	assistant.health@pikwakanagan.ca	223
Carolyn Smoke	reception.health@pikwakanagan.ca	221
Vacant	chn@pikwakanagan.ca	225
Melissa Pessendawatch	chr@pikwakanagan.ca	224
Marlene Sackaney-Keeling	hcc@pikwakanagan.ca	232

### MENTAL HEALTH TEAM 613-625-2259

Sandi Wright	supervisor.mhs@pikwakanagan.ca	231
Sharra Bernard	navigator.mhs@pikwakanagan.ca	261
Matt Hutten	addictions.mhs@pikwakanagan.ca	238
Sabrina Laframboise	counsellor.mhs@pikwakanagan.ca	226
Ruqqiah Adams	therapist.mhs@pikwakanagan.ca	263

### TENNISCO MANOR 613-625-1230

Peggy Dick	homecare.supervisor@pikwakanagan.ca
Maggie Benoit	assistant.homecare@pikwakanagan.ca
Victoria Luloff	homecare.tsp@pikwakanagan.ca
Kim O'Brien	clientcare.tm@pikwakanagan.ca

### PREVENTION SERVICES

#### EMERGENCY PHONE NUMBERS

Alexandra Freed	supervisor.cfs@pikwakanagan.ca	613-585-1275
Veronica Miller	prevention2.cfs@pikwakanagan.ca	613-639-4188
Holly Patterson	prevention1.cfs@pikwakanagan.ca	613-401-6301

### FAMILY WELL BEING

Kassidy Bernard	coordinator.fwb@pikwakanagan.ca	613-401-0091
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## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Harley, Anna	Lavalley	14 Jan 21	14 July 21
Popoff, Beverley	Sharbot	19 Jan 21	19 July 21
Lavalley, Scarlett-daye	Lavalley	28 Jan 21	28 July 21
Gibson, Shane	Lavalley/Francois	18 Feb 21	18 Aug 21
Landry, Christopher	Benoit	18 Feb 12	18 Aug 21
Landry, Nathaniel	Benoit	18 Feb 21	18 Aug 21
Tokio-Carr, Elizabeth	Lavalley	18 Feb 21	18 Aug 21
Tokio-Carr, Shannon	Lavalley	18 Feb 21	18 Aug 21
Reid, William	Bernard	18 Feb 21	18 Aug 21
Gagnon, Andrea	Meness	26 Feb 21	26 Aug 21
Gagnon, Joseph	Meness	26 Feb 21	26 Aug 21
Robbins, Sonny	Jocko	26 Feb 21	26 Aug 21
Hutton, Natalie	Meness	03 Mar 21	03 Sept 21
Commando, Isabel	Commanda	09 Mar 21	09 Sept 21
Turner, Meagan	Aird	15 Mar 21	15 Sept 21
Meness, Decotta	Meness	15 Mar 21	15 Sept 21
Sarrazin, Nicholas	Pesindewate/Lamure	08 Apr 21	08 Oct 21
Phillips, Lisa	Pesindewate/Lamure	08 Apr 21	08 Oct 21
Phillips, Brody	Pesindewate/Lamure	08 Apr 21	08 Oct 21
Phillips, Kierra	Pesindewate/Lamure	08 Apr 21	08 Oct 21
Brett, Asiale	Lavallee	08 Apr 21	08 Oct 21
Brett, India	Lavallee	08 Apr 21	08 Oct 21
Tokio Carr, Samantha	Lavalley	08 Apr 21	08 Oct 21
Gagnon, Jessica	Meness	08 Apr 21	08 Oct 21
Monette-Bressette, Chad	Meness	08 Apr 21	08 Oct 21
Monette, Sarah	Meness	08 Apr 21	08 Oct 21
Salahovic, Benjamin	Lavalley	15 Apr 21	15 Oct 21
Lanigan, Quinn	Kohoko	25 May 21	25 Nov 21
Greenwood, Gladys	Sharbot	27 May 21	27 Nov 21
Dodgson, Jack	Bernard	27 May 21	27 Nov 21
Peacock-Cabral, Heather	Tennisco	27 May 21	27 Nov 21

To appeal the addition of one of the above persons becoming a Member of the Algonquins of  
Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the  
Lands, Estates & Membership Department or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)

***Algonquins of Pikwakanagan First Nation***  
***1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0***

***Office : (613) 625-2800 Fax : (613) 625-2332***

**HOURS OF OPERATION Monday - Friday 8:30 am to 4:30 pm**

**12:00 -1:00 pm Closed for LUNCH**

**\*\*HOLIDAY CLOSURES\*\***

New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, National Aboriginal Day, Canada Day,  
Civic Holiday, Labour Day, Thanksgiving, Remembrance Day & Christmas Day.

Closed between Christmas & New Year's Day

**AOPFN EMPLOYMENT  
OPPORTUNITIES**

**Application Procedure:** Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title.

**Screening Procedure:** Applicants will be screened on the following: 1.) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements.

**Affirmative Action Criteria:** Positions may be subject to AoPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

**Interviews:** Due to Covid-19 all interviews will be conducted virtually by Zoom. AoPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.

**ANIMAL CONTROL**

June Logan: 613-625-2545 or (613) 602-3626

**WASTE DISPOSAL SITE**

Open Wednesdays: 12-6 pm & Sundays 9am-3:00 pm

**CURBSIDE PICK-UP**

Garbage: Wednesdays Cardboard: Thursdays  
Containers: Fridays  
*Must have items at curbside by 9 am*

**LEGAL ADVICE**

Criminal or Family Legal advice call:

Duty Counsel at 613-735-3400

**CONWAY'S PHARMACY REMOTE  
DISPENSING LOCATION IS OPEN**

Regular business hours are

Mondays, Tuesdays, Thursdays Fridays 9am to 4pm  
(closed 12 - 1)

And Wednesdays 9am to 1pm

We are closed weekends and holidays

Delivery is available Monday to Friday

Phone 613-625-9974 Fax 613-625-2068

Thank you

Natalie Commanda, Pharmacy Technician

Joseph Conway, Pharmacist

**CRISIS NUMBERS**

EMERGENCY SERVICES 911

Toll-free, bilingual telephone support via the 24/7  
Crisis Line: 1-866-996-0991

Drug, Alcohol, Gambling Hotline 1-866-531-2600

Bernadette McCann House 1-800-267-4930

Women's Sexual Assault Centre 1-800-663-3060

Ontario Caregiver Helpline 1-833-416-2273