



# *Pikwakanagan Tíbadjumowín*

**Friday April 30, 2021**

view on-line at: [www.algonquinsopikwakanagan.com](http://www.algonquinsopikwakanagan.com)

Facebook : Algonquins of Pikwakanagan First Nation

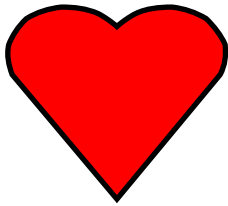
Email: [reception.admin@pikwakanagan.ca](mailto:reception.admin@pikwakanagan.ca)

**Ontario's Stay at Home Order has been extended to May 20th**

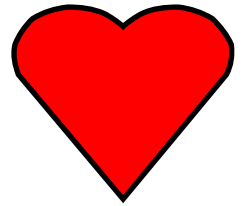
**AOPFN Offices are closed effective April 8—May 25, 2021. All employees will be working remotely.**

**All employees are equipped with their work phones and lap tops and will have access to their email.**

**Please see the back of the newsletter for our staff directory.**



## *CHI MEEGWETCH!*



Because of you.....

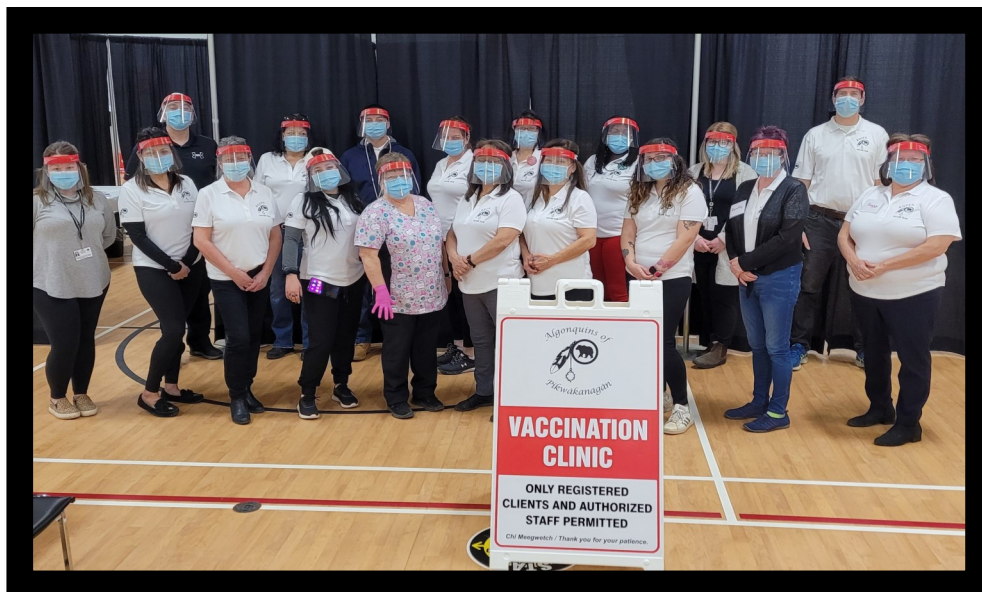
Pikwakanagan is proud to be 1 of 7 First Nation communities that have fully vaccinated their community members.

~800 doses have been administered~

Pikwakanagan is 1 of 2 communities that remain COVID-19 free within Renfrew County.

Chi Meegwetch to our AOPFN Vaccination Team for their hard work and dedication to our Community.

May you be proud of the work you do, the person you are and the difference you make.



Back row left to right: Lance Thorpe, Melissa Pessendawatch, Ryan Peters, Kim O'Brien, Marlene Sackaney Keeling, Diva Delois, Caitlyn Donohue, Derek Frew

Front row left to right: Samantha D'Aoust, Claudette Cournoyer, Brenda Mullin, Blaze Commanda, Debbie Beulow, Elaine Whiteduck, Maureen Tomasini, Sasha Sarazin, Dorothy Hartwig, Peggy Dick.

Missing: Lisa Meness, Renfrew County Paramedics

## Mother's Day is special this year as our Mom, Claire Lavalley, turns 87 years young!

She has missed seeing people, since this pandemic has started, and so if you can spare a few minutes on May 9<sup>th</sup> - Mother's Day at 12:30 pm, she will be sitting inside the front doors of the Tennisco Manor, if you can drive by and wave hello, and honk your horn, she would enjoy seeing people's faces.

Drive up the ramp SLOWLY, and then continue forward to exit!

Following Health protocols, please do not exit your vehicle.

To All the Mother's out there, enjoy your special Day!

The Lavalley children

### **AOPFN COVID-19 Testing**

AOPFN is offering expanded COVID-19 Testing for all Community members in the event your family members are experiencing symptoms or may have come into contact with a suspect case.

Testing will take place at the Mino-Pimadizi Gamik Health Center.

To book an appointment please contact:  
**613-625-1175**

**Monday 9:00 am - 11:00 am**

**Tuesday 9:00 am - 10:00 am**

**Wednesday 9:00 am - 10:00 am**

**Thursday 9:00 am - 10:00 am**

**Friday 9:00 am - 10:00 am**

### **2021 Indigenous Youth and Community Futures Fund**

#### Summary:

- Objectives:
  - learn about and are immersed in their lands, languages, rights, laws and cultures
  - participate in everyday acts of resurgence, reclamation and wellbeing
  - build relationships within and across diverse Indigenous communities
  - learn about and define for themselves what reconciliation means
- Eligibility
  - project must be led by two young indigenous peoples between the ages of 14-29
  - see below link for a full list of eligibility activities & expenses (e.g. language immersion camps and land based learning camps)
  - see below link for ineligible activities & expenses
- Funding
  - Can apply for up to **\$30,000** for small scale project that can last 6 to 12 months

Link: <https://laidlawfdn.org/grants-and-programs.html#iycff>

**Deadline: Thursday May 20, 2021 by 11:59 pm**

There is a series of information sessions in April (see link). For more information, please reach out to [info@laidlawfdn.org](mailto:info@laidlawfdn.org)

Call out for all  
Pikwakanagan 2020  
babies!

We want to brighten up our  
community by having all 2020  
babies featured on our community  
LED board!

Please send it by May 6th  
[admin.reception@pikwakanagan.ca](mailto:admin.reception@pikwakanagan.ca)



# Algonquins of Pikwakanagan First Nation COVID-19 Weekly Situation Report

April 30, 2021

**State of Emergency Declared: March 20, 2020**

## Current COVID-19 Case Status:

### Ontario

**Cases:** 459,477  
**Resolved:** 413,010  
**Active:** 46,467  
**Deaths:** 8,029

### Renfrew County

**Cases:** 580  
**Resolved:** 523  
**Active:** 57  
**Deaths:** 6

### Pikwakanagan

**Cases:** 0  
**Resolved:** 0  
**Active:** 0  
**Deaths:** 0

## Community and Status Update

COVID-19 cases are beginning to rise in Ontario. Effective April 8th there is a province wide stay-at-home order. This means you must stay at home unless you need to go out for essential reasons (Grocery shopping, accessing health care, outdoor exercise, and work if it cannot be done remotely).

## School Updates

On April 13th the Ontario Government announced all publicly funded schools will be closed to in-person learning, beginning on April 19th 2021. Data will be assessed regularly by health officials to determine when it is safe to resume in-person learning. Child care for non-school aged children will remain open.

## Global Update

In Canada vaccines are becoming available to everyone approved and recommended to get the vaccine. Doses of the vaccine will begin to be distributed in phases which will begin in December 2020. Assuming the continued supply of safe and effective vaccines, it is being expected that by September 2021 everyone approved and recommended to get the vaccine will be vaccinated.

## Province Updates

Ontario plans to expand the eligibility for the COVID-19 vaccines in May. There will be millions of doses of Pfizer-BioNTech and Moderna Anticipating to be arriving in Ontario. They are expecting all adults to be able to register for their first doses of the vaccine by the end of May.

## Symptoms

## Where To Get Help

### COVID-19 symptoms compared to common conditions

| SYMPTOM             | COVID-19  | COMMON COLD | FLU    | ALLERGIES |
|---------------------|-----------|-------------|--------|-----------|
| Fever               | Common    | Rare        | Common | Sometimes |
| Dry cough           | Common    | Mild        | Common | Sometimes |
| Shortness of breath | Common    | No          | No     | Common    |
| Headaches           | Sometimes | Rare        | Common | Sometimes |
| Aches and pains     | Sometimes | Common      | Common | No        |
| Sore throat         | Sometimes | Common      | Common | No        |

VTAC-Renfrew County Virtual Triage and Assessment Centre 1 (844) 727-6404.

Pikwakanagan Family Health Team (613) 625-1175

## Education Services Covid-Update for Parents/Guardians and Students

**All schools in the Renfrew County District School Board and the Renfrew County Catholic District School board remain closed for in-person learning beginning This will continue until the Government of Ontario announces when the school sites may re-open.**

### Renfrew County District School Board

| Eganville District Public School     |                  |                      |                            |
|--------------------------------------|------------------|----------------------|----------------------------|
| Principal                            | Michelle Belsher | belsherm@rcdsb.on.ca | Telephone:<br>613-628-2606 |
| Algonquin Education Liaison Officer: | Adam Bernard     | bernarda@rcdsb.on.ca | Telephone<br>613-585-2503  |
| Algonquin Language Teacher           | Michele Gaudry   | gaudrym@rcdsb.on.ca  |                            |

| St.James Catholic School |                 |                           |                        |
|--------------------------|-----------------|---------------------------|------------------------|
| Principal                | Maureen Enright | menright@rccdsb.edu.on.ca | Telephone 613-628-2927 |
| Algonquin Educational    | Jessica Verch   | jessica.verch@rccdsb.ca   |                        |
| Algonquin Language       | Michelle Gaudry | mgaudry@rccdsb.ca         |                        |

| Opeongo Highschool      |                   |                           |  |
|-------------------------|-------------------|---------------------------|--|
| Principal               | Angela McGregor   | mcgregora@rcdsb.on.ca     | Telephone:<br>613-735-7587<br>Ext. 203 |
| Algonquin Native Tutor  | Scott Schoenfeldt | schoenfeldts2@rcdsb.on.ca | Telephone:<br>613-281-9673             |
| FNMI Support Counsellor | Colin Wylie       | wyliec@rcdsb.on.ca        | Telephone:<br>613-735-7587<br>Ext. 223 |

**AOPFN Education Services Staff: Please note the following staff work remotely and have access to telephone messages and their e-mails.**

|  |  |                                 |
|--|--|---------------------------------|
| Della Meness, Manager, Education Services                  | <a href="mailto:mgr.education@pikwakanagan.ca">mgr.education@pikwakanagan.ca</a>             | Telephone 613-625-2800 ext. 230 |
| Virginia Sarazin-Lasenby Post-Secondary Student Counsellor | <a href="mailto:post.secondary@pikwakanagan.ca">post.secondary@pikwakanagan.ca</a>           | Telephone 613-625-2800 ext. 238 |
| Teresa G. Kohoko, Assistant to Education:                  | <a href="mailto:assistant.education@pikwakanagan.ca">assistant.education@pikwakanagan.ca</a> | Telephone 613-625-2800 ext. 240 |
| Estelle Amikons, Librarian:                                | <a href="mailto:librarian@pikwakanagan.ca">librarian@pikwakanagan.ca</a>                     | Telephone 613-625-2800 ext. 244 |

## COVID-19 Child Benefits

The Ontario Government will be providing a COVID-19 Child Benefit. These funds are to offset additional learning costs to which parents will receive:

- \$400/child aged 0 to grade 12
- \$500/child and youth 21 years old and under with special needs.

### Eligibility

As in previous support for learners payment, the funds are available to support families with students living on -reserve, families with students attending a First Nation school, and families with students enrolled in online/in person/home school.

### How to access?

- The government is automatically providing this round of payments to parents who previously received Support for Learners payments, and they can expect money to begin flowing on April 26, 2021.
- Parents who did not apply for or receive the Support for Learners program can apply for the new funding **starting May 3, 2021 with a deadline of May 17, 2021.**

Get the Ontario COVID-19 Child Benefit

<https://www.ontario.ca/page/get-ontario-covid-19-child-benefit?share=3d3f5580-9189-11eb-9014-3b1311ed21bb>

News Release: <https://news.ontario.ca/en/release/60960/province-doubles-support-for-parents-with-new-ontario-covid-19-child-benefit>

## Canada Recovery Caregiving Benefit (CRCB)

Gives income support to employed and self-employed individuals who are unable to work because they must care for their child(ren) **under 12 years of age;** or a family member who needs supervised care.

This applies if their school, regular program or facility is closed or unavailable to them due to Covid-19 or because they are sick, self isolating or at risk of serious health complications due Covid-19.

The CRCB is administered by the Canada Revenue Agency. Please go to the Canada Revenue Canada website <https://www.canada.ca/en/revenue-agency/services/benefits/recovery-caregiving-benefit>

Or contact your local MP office for further information to see if you would qualify for this benefit.

## MTO – Highway 17/508 Interchange

AOPFN Consultation Office has been working regularly and closely with the Ministry of Transportation (MTO) regarding the Highway 17/508 Calabogie Interchange Project and we are pleased to inform you that we have arranged with the contractor to advertise the following five positions for 30 days before they are published to the public. Each position will offer salaries within competitive construction industry ranges. You can find these job ad details/requirements posted on our website at: [www.algonquinsofpikwakanagan.ca](http://www.algonquinsofpikwakanagan.ca)

The five positions available AOPFN are as follows:

Co-op Student  
Site Administrator  
Labour (grading)  
Labourer (structures)  
Heavy Equipment Operator

Please note that all applications are to be sent directly to [Kgreen@aecon.com](mailto:Kgreen@aecon.com) not later than 14 May 2021.

Please note that general information regarding this project (not the construction activity) will be available to all members and through planned sessions with the AOPFN Advisory Committee (AAC). Please watch for more information to come. Also, the larger 417 Expansion information will be shared as that project takes shape and rest assured that we will be representing AOPFN interests in that process as well.

We wish success to all AOPFN applicants who participate in this hiring process!



## PROBIOTICS AND PREBIOTICS FOR DIABETES MAINTENANCE

Probiotics are gut bacteria and there are hundreds of different kinds that live in your large intestine and digest food and keep you healthy. These probiotics are found in yogurt and other fermented foods. Fermented foods however do have a lot of added salt. Especially if you have high blood pressure or chronic kidney disease, please be conscious of the amount you eat.

### *Why are these important for diabetics?*

- During digestion, probiotic bacteria from probiotic foods can help slow down blood sugars from rising after meals.
- These powerful bacteria also help build a strong immune system.
- The bacteria send messages to the brain to help control your appetite.
- Prebiotics are foods containing soluble fibre. The probiotic bacteria love to eat this soluble fibre and grow and multiply as a result.

### *What are some pre and probiotic foods you can start including in your diet?*

| Prebiotic foods   | Probiotic foods  |
|---|--|
| <ul style="list-style-type: none"><li>• Apples</li><li>• Pears</li><li>• Bananas</li><li>• Grapefruit</li><li>• Carrots</li><li>• Leeks</li><li>• Black beans</li><li>• Chick peas</li><li>• Split peas</li><li>• Kidney beans</li><li>• Navy beans</li></ul> | <ul style="list-style-type: none"><li>• Yogurt</li><li>• Buttermilk</li><li>• Kefir</li><li>• Sour cream</li><li>• Cottage cheese</li><li>• Cheddar cheese</li><li>• Gouda cheese</li><li>• Swiss cheese</li><li>• Sourdough bread</li><li>• Worcestershire sauce</li><li>• Soy sauce</li><li>• Kimchi</li><li>• Sauerkraut</li><li>• Olives</li><li>• Pickles</li></ul> |

For more tips and tricks for your diabetic maintenance, please contact Natalie, the diabetic navigator at [diabetic.navigator@pikwakanagan.ca](mailto:diabetic.navigator@pikwakanagan.ca)

## WHY IS MEASURING YOUR A1C SO IMPORTANT??

First off, let's talk about what it is in the first place. A1C is a blood tests that gives information about the average blood glucose levels over the past 3 months. It can also be called hemoglobinA1C, HbA1C, or glycohemoglobin. The higher the blood glucose levels are over the past 3 months, the higher the A1C will be.

So, why is measuring it so important? Because the higher the A1C is, the higher the risks will be for getting certain complications of diabetes.

Eyes: Retinopathy

Kidneys: Neuropathy

Nerves: Peripheral neuropathy

Knowing what your A1C levels are will help you keep your blood glucose under control and will help keep the risk of these complications low.

What should your A1C and blood glucose levels be? For most people living with diabetes, doctors would like to see an A1C at 7% or under. This will help keep the risk of complications lower.

Of course, checking blood glucose and A1C levels on a regular basis is important. A1C levels should be measured once every 3 months with your Dr. Checking blood glucose depends on your individual situation. Some people need to check it many times throughout the day, others maybe once a day or even less. Your Dr. will be able to let you know how often you should be checking your blood glucose levels.

What other tests to do? Other tests that are important to do for diabetics to monitor for complications include, eye exams, foot exams, lab tests for urine protein, cholesterol, and kidney function. Blood pressure also needs to be monitored and regulated as having both diabetes and high blood pressure can increase the risk of heart attack, stroke, or kidney disease.

For diabetic questions or concerns, please contact Natalie at [diabetic.navigator@pikwakanagan.ca](mailto:diabetic.navigator@pikwakanagan.ca)

The Training & Learning Centre is cancelling all in-person classes until further notice. We can still help you on Zoom, by phone and by sending lessons in the mail. If you would like to get started with your training from home, please contact us at 613-628-1720. We are still here for you.

April 22, 2021

Re: Invitation to sit on the Carleton University Algonquin Advisory Committee

Kwey Kitigan Zibi Anishinabeg and Algonquins Of Pikwakanagan First Nations' members. Carleton University has recognized the importance of community involvement, community input, building trust and acquiring relevant cultural direction from the unceded Algonquin communities. Therefore, Carleton University is putting together an Algonquin Advisory Committee. The Algonquin Advisory Committee will ensure community input to important decisions as Carleton moves towards implementing the 41 Calls to Action from the Kinàmàgawin Report.

We are opening a call for interested community members to join the Algonquin Advisory Committee to support the re-naming of Carleton's University Centre, and to provide input on the addition of the Algonquin language to the gateway signs people pass when entering campus, on the Bronson main Carleton gateway. This is a great opportunity for Algonquin Communities and Carleton University to work together in seeing the Calls to Action implemented.

**If you would like to partake in the Advisory Committee please call/email to:**

Anita Tenasco: 819-449-1798. Or email "anitajeantenasco@hotmail.com"

Della Meness: 613-625-2800, Ext. 239. Or email "mgr.education@pikwakanagan.ca"

We look forward to hearing from you. Miigwetch.

Ayàngwàminidizon (Take care and be safe)

The Center for Indigenous Initiatives for Carleton University

**ALGONQUINS OF  
PIKWAKANAGAN FIRST  
NATION  
COMPREHENSIVE COMMUNITY  
PLAN –  
ENGAGEMENT UPDATE**

A huge thank you to all on and off reserve members of AOPFN who contributed to our first round of engagement for the Comprehensive Community Plan. Cash gift draws and honoraria will be distributed shortly.

**If you still have a hard copy of a survey and want to submit it, please do it as soon as possible by dropping it off at the main office, on reserve. FRIDAY APRIL 30<sup>TH</sup> IS THE DEADLINE.**

**Stay tuned for updates for our next round of engagement, we will be looking for input on how the plan develops.**

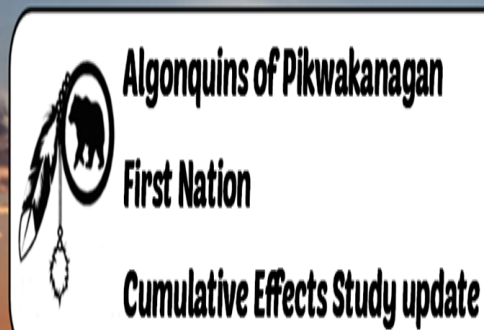
**If you wish to be contacted for the next round of engagement, or, if you have any other questions, please contact Lucas, the Community Coordinator.**

Email: [coordinator.studies@pikwakanagan.ca](mailto:coordinator.studies@pikwakanagan.ca)

By messenger on the AOPFN Community Projects Facebook Page  
Phone: (613)-625-1551



**URBAN**  
SYSTEMS



Thank you to everyone who filled out the survey for the **COMPREHENSIVE COMMUNITY PLAN** and **CUMULATIVE EFFECTS STUDY**! If you still have a hardcopy, you can drop it off at the main office mail slot.

This information will help us plan our upcoming work with smaller groups of AOPFN Knowledge Holders and Elders to have virtual discussions about how cumulative effects are impacting AOPFN's values in the territory. At the end of May, 2021 we aim to have a series of discussions on the following, in relation to the Timiskaming Dam Replacement Project:

- Industrial Impacts;
- Culture and Land Use;
- Water, including Fish and Fish Habitat;
- Wildlife and Plants; and
- Other Values.

**If you are interested to partake in these focus groups, or are interested to learn more about the study, please contact Lucas, the Community Coordinator. Cash gifts will be provided to all participants.**

Email: [coordinator.studies@pikwakanagan.ca](mailto:coordinator.studies@pikwakanagan.ca),  
Facebook messenger: Algonquins of Pikwakanagan First Nation – Community Projects Page,  
Phone: (613 625 1551).

Due to COVID work-from-home orders it is best you use email or Facebook messenger.



## Anishinabek Scholarship Opportunities for Secondary and Post-Secondary Students

Do you know an Anishinabek student currently in high school or post-secondary? How about an outstanding Educator?

The Anishinabek Nation 7th Generation Charity is proud to offer Anishinabek Post-Secondary students an opportunity to apply for one of our 2021 Anishinabek Student Excellence Awards!

We are also very excited to be partnering with the [Kinoomaadziwin Education Body](#) to offer Anishinabek students at the high school level an opportunity to apply for scholarships as well!

In total there are over \$15,000.00 in scholarships available!

The deadline to apply is *Friday, May 28, 2021*

Please forward to anybody who may be interested.

Application information:  
[www.an7gc.ca/evening-of-excellence](http://www.an7gc.ca/evening-of-excellence)

**Jason Restoule**  
Manager  
Anishinabek Nation 7th Generation Charity

## WILLS & ESTATES

### What is a Will?

A Will is a written document that leaves instructions about what you want done with your personal possessions and land after you die.

### Why should you have a will?

If you die without a Will on-reserve (also called "dying intestate"), the Indian Act determines how your assets will be distributed, only family can inherit.

Having a Will ensures that your wishes will be carried out. Consider all of your possessions when making a will (e.g., money, vehicles, books, pieces of art, furniture, land, and keepsakes). Be sure to consider making arrangements for care of your children and pets. You can only gift your land to someone who is a member of your First Nation.

Writing a Will is free, unless you go through a lawyer.

### By making a will, you can:

- decide who will take care of your estate
- decide who should receive your personal possessions (such as jewellery, vehicles and money)
- leave instructions about who will take care of your children and dependents
- can avoid potential problems

Additionally, some assets may not form part of your estate. If land is lawfully possessed by more than one member, whether it forms part of your estate will depend on how it is lawfully possessed:

- Joint Tenants –members would be a 'joint tenant' with the other members; or
- Tenants in common –members possess a certain percentage and you can deal with your percentage in accordance with Land Code

If you possess land as a joint tenant with another member(s), when one tenant passes away, the land automatically passes to the other joint tenants. It makes no difference whether you have a Will or not. But if you possess your land as tenants in common, you can leave your percentage to another member.

Indigenous Services Canada (ISC) is responsible for estate services in all provinces.

Will Kits and estate forms are available at the Administration Office.

For more information on estates, please visit Indigenous Service Canada Estates at:

website: <https://www.sac-isc.gc.ca/eng/1100100032357/1581866877231#chp1>

email: [aadnc.estates-successions.aandc@canada.ca](mailto:aadnc.estates-successions.aandc@canada.ca)

or contact Kassandra Sackaney [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca) / 613-625-2800 ext. 222 / 613-401-0057



# Let's talk energy savings

**Free energy-efficient upgrades for your home, such as light bulbs, appliances and more, are available through the First Nations Conservation Program.**

**Don't miss out on your chance to participate**

There's no cost to you. The program is funded by the Independent Electricity System Operator (IESO) and delivered by First Nations Engineering Services.

Participating in the program can help make your home more comfortable and save energy.

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**Sign up Today!**

**Accepting applications until April 30, 2021**

To sign up, or for more information, please contact  
**Bonnie Commanda at (613) 625-2800 Ext. 245**

## Omamiwinini Pimadjuwini

### MOVED!

Our staff and gift shop moved to  
469 Kokomis Inamo, Unit 1.

We are slowly getting settled into our new home and are happy to offer the community curbside pick-up during the Ontario Stay-at-Home Order. All gift shop orders must be placed ahead of time with

Tanisha:

Email: [info@thealgonquinway.ca](mailto:info@thealgonquinway.ca)

Phone: 613-625-1958

Your gift shop order can be picked-up by appointment during business hours:

**Monday to Friday  
8:30 a.m. - 4:30 p.m.**

As we continue to do our part in keeping our community safe, we would like to limit cash sales.  
**Please bring your debit or credit card for payment.**

We look forward to continue supporting all our amazing community crafters!

Thank you for your continued patience and understanding as we transition.

**The Omamiwinini Pimadjuwini Team**  
Naomi, Katie, Willy, and Tanisha

### SAFETY OF OUR COMMUNITY

**We need your help to make our community a healthier and safer place to live. Investigations are ongoing on potential illegal activities that are taking place within our community. We are asking if you see any type of illegal activity taking place to call Crime Stoppers 1-800-222-TIPS (8477) or 613-735-8477 and report it every time you see it happening. By doing this you will be providing information that is necessary for police investigations. The police need the support and help of the community to stop criminal activity that is putting our community at risk.**

### Food Bank in Pikwakanagan Information

**CHANGE IN SERVICE HOURS AND DAYS! EFFECTIVE MONDAY, APRIL 19, 2021 THE FOOD BANK WILL RESUME BACK TO TWO DAYS OF SERVICE PER WEEK! YOU CAN ACCESS THE FOOD BANK SERVICE ON EITHER TUESDAY OR THURSDAY EACH WEEK! THIS CHANGE IS IN EFFECT DURING THE CURRENT STAY AT HOME ORDER AND WILL BE REVIEWED ONCE THAT IS LIFTED!**

**HOURS ON TUESDAYS AND THURSDAYS WILL BE 9:00-3:30 FOR PICK-UP OR DELIVERY IF REQUESTED**

*We ask you to be mindful of these accommodations and ensure you place your orders as outlined below and to please respect the hours and days in place.*

#### **How to place an order:**

- Call **613-639-1633** and place an order over the phone
- Text **613-639-1633** and place an order via text
- Go to this link online <https://forms.gle/SNxriP159GJ63Jmv9> and place your order

#### **When to place an order:**

- Food bank orders can be placed on Fridays, Mondays or Wednesdays of each week if calling or texting the phone number above please do so between the hours of 8:30-4:30
- Online orders can be placed at any time on Fridays, Mondays or Wednesdays
- Please note that all Friday orders will be for the following week and will be tended to on the following Tuesday
- Pick-up or delivery can be arranged/requested when placing your order

If you wish to speak directly to someone assigned to the Pikwakanagan Food Bank please call the cell at 613-639-1633 or you can email Kerry Andrews at [mgr.sports.rec@pikwakanagan.ca](mailto:mgr.sports.rec@pikwakanagan.ca)

#### **TEMPORARY COVERAGE WILL BE PROVIDED BY THE FOLLOWING:**

Frontline Leads – Daycare Staff

Manager – Kerry Andrews

## **“CALL TO TENDER”**

### **Community Grounds Maintenance for the Algonquins of Pikwakanagan First Nation**

**Scope of Work:**

New Cemetery - cut grass, whipper snip and trim shrubs inside and outside front corners along Ininatig and Mishomis Inamo (the entire corner outside the fence that runs along Ininatig Inamo must also be maintained)

Old Cemetery - cut grass whipper snip, trim trees and shrubs inside

Warrior Monument - cut grass, whipper snip and trim trees and shrubs in area, (above and below monument)

Digital Community Sign Corner - cut grass whipper snip, trim trees and shrubs, pick up garbage

Flower Boxes – water flowers in the new flower boxes, on a daily basis that will be located on the bridge

Poison Ivy – remove poison ivy from all area as required

**Duration of Contract:** May 17, 2021 – September 30, 2021

**Tender Closing Date & Time:** May 14, 2020 at Noon

**Tender Submission Requirements:** A complete tender must include the following:

- Tender form completed in full (see Below); with detailed quote for each separate area
- Must have own riding mower and other equipment required to complete the scope of work listed above
- Must provide the materials and supplies needed to complete the scope of work listed above

**Contract Award:** The Algonquins of Pikwakanagan First Nation is not obligated to accept the lowest or any tender.

**Site Examination:** The bidder is encouraged to do a site inspection on their own accord to review the amount of work to be completed.

**Tender Submission:** Submit “Tender” in a sealed envelope clearly marked. “Tender for Community Grounds Maintenance 2020” addressed to: Bonnie Commanda, Public Works Assistant, Algonquins of Pikwakanagan First Nation, 1657-A Mishomis Inamo, Pikwakanagan, Ontario K0J 1X0

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#### **2021 TENDER FOR COMMUNITY GROUNDS MAINTENANCE**

I, \_\_\_\_\_ having carefully read the tender specifications and completed a site inspection (optional). I am submitting my tender as:

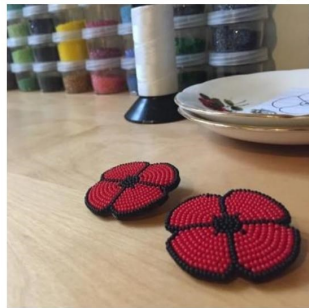
\$\_\_\_\_\_ per month. Date: \_\_\_\_\_

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Phone Number)



## Call to Tender for Beaded Poppy Brooches



The Algonquins of Pikwakangan First Nation Council (AoPFN Council) and Omàmiwininì Pimàdjowin (OP), are supporting Aboriginal Veterans Affairs by adding authentic hand-crafted beaded poppies to the Legion's online [Poppy Store](#). We are requesting tenders for quotes and sample beaded poppy brooches. Beadwork will be selected based on quality of craftsmanship, and one artist will be chosen from the Algonquins of Pikwakangan First Nation. Please note that if you are the selected artist, your work will be marked-up 50% and sold in the Poppy Store as part of their efforts to support Veterans.

Please find the eligibility criteria and specifications for the brooches outlined below.

### Eligibility Criteria

- Algonquins of Pikwakangan First Nation member
- If under the age of 16, must have parent/guardian submit tender

### **Beaded Poppy Brooch Specifications**

- Approximately 4.5cm X 4.5cm (standard Remembrance Day Poppy size)
- Fill must be red
- Must be able to do a minimum of 20 and a maximum of 40
- Complete order must be ready for delivery the week of August 9, 2021

### **Quote information to include the following:**

- Name and contact information (telephone, email, mailing address)
- Breakdown of cost per poppy
- Indicate how many poppies you can make between 20-40
- Example of your beaded poppy with fastener
  - Image 1: front of beaded poppy
  - Image 2: back of beaded poppy with fastener
  - Image 3: close up of your edge work

**The deadline for submission is Friday, May 7, 2021.** Submit quotes and photos via email. The successful bidder will be contacted by Friday, May 21, 2021.

### **Bids and questions may be submitted to:**

Kevin Lamarr, Cultural Coordinator/Administrative Assistant, AoPFN Council  
[coordinator.culture.aa@pikwakanagan.ca](mailto:coordinator.culture.aa@pikwakanagan.ca)



## EMPLOYMENT OPPORTUNITY

|   |  |
|---|--|
| <b>Position Title:</b> Manager, Public Works<br><b>Tenure:</b> 2 year term with possibility of going permanent<br><b>Location:</b> Administration Office  | <b>Salary Range:</b> \$65,625. To \$84,500<br><b>Department:</b> Public Works<br><b>Closing Date:</b> May 21, 2021   |
| <b>Manager, Public Works</b><br><p>Are you an experienced and professional Public Works Manager and/or Project Leader looking for your next exciting project? AOPFN is seeking a Manager/Project Leader to lead all public works and infrastructure projects as approved by our First Nation government. A new Water Treatment Plant is at the forefront and is currently in the design stage so you will have an immediate opportunity to lead this critical project from design to successful completion.</p> <p><b>Responsibilities include but are not limited to:</b></p> <ul style="list-style-type: none"> <li>Leads and manages infrastructure projects from concept design to completion including building the necessary human and fiscal capacity for the operation and on-going maintenance as may be required (i.e. water treatment plant at 33% design stage).</li> <li>Plans, directs, coordinates, implements and evaluates all programs and activities in relation to Public Works Department within a fiscally responsible framework.</li> <li>Provides professional advice and recommendations in areas of expertise, including civil and structural engineering, land use planning, housing, grounds and facilities maintenance.</li> <li>Develops and manages the Public Works dept budget, capital assets, equipment, tools, negotiates leasehold agreements, contracts for services.</li> <li>Fosters and maintains sound working relationships with all AOPFN departments and staff, members of the community, government representatives, and all other key stakeholders in relation to AOPFN lands, resources, infrastructure and public services.</li> <li>Directs, coordinates, and evaluates the department, including supervising employees and contractors in accordance with AOPFN policies, goals, plans, applicable reserve, federal/provincial/municipal laws, bylaws, standards, codes, rules and regulations.</li> </ul> | <ul style="list-style-type: none"> <li><b>Qualifications:</b></li> <li>Bachelor's degree (Chemical, Environmental or Civil Engineering preferred)</li> <li>Registered P.Eng. in Ontario preferred</li> <li>10+ years experience in Project Management, Design and Construction related to infrastructure</li> <li>Experience in budget preparation, reporting techniques, contract administration, tendering techniques, project management and supervision of personnel.</li> <li>Excellent written and verbal communication including the ability to simplify and present technical and complex information to a variety of audiences so that it is easily understandable.</li> <li>Adept at interpersonal relationship building, conflict resolution, leading diverse teams and creating and building key and meaningful partnerships both within and outside of the organization.</li> <li>Working knowledge of the practice, operation, and maintenance of First Nations infrastructure as well as First Nations and local government functions and responsibilities.</li> <li><b>Condition of Employment:</b></li> <li>Must be bondable</li> <li>Must consent to a Criminal Record and Judicial Matters background check and upon receiving the results from the provider, consent to their release to the AOPFN.</li> </ul> <p style="text-align: center;"><b>WHY WORK FOR ALGONQUINS OF PIKWAKANAGAN FIRST NATION?</b></p> <p style="text-align: center;">Engaging and collaborative team</p> <p style="text-align: center;">Training and career development</p> <p style="text-align: center;">Business casual office</p> <p style="text-align: center;">Group benefits plan &amp; pension plan</p> |
| <b>Eligibility List Will Be Established: YES</b><br><b>Please see back of Newsletter for Application Procedure</b>  |  |
| <p><b>Preference will be given to those applicants who self-identify as First Nations, Metis, or Inuit. Please specify the number of years of relevant experience and highlight the key projects you have worked on in your application and/or cover letter. In addition, please provide 3 references which include at least 1 direct manager/supervisor. The intent of this process is to establish a pool of fully or partially qualified candidates that could be used to staff similar positions with various tenures at AOPFN.</b></p> <p><small>We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.</small></p> <p><small>AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.</small></p>   |  |
| <b>Contact Person:</b> Tiffany Dedo, Employment Development Officer      (613) 625-2800 ext. 237<br>Algonquins of Pikwakanagan Administration Office, 1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0<br><b>Electronic Applications</b> can be sent to: <a href="mailto:employment.officer@pikwakanagan.ca">employment.officer@pikwakanagan.ca</a>   |  |

| EMPLOYMENT OPPORTUNITY  | EMPLOYMENT OPPORTUNITY  |
|---|---|
| <p><b>Position Title:</b> Family Well Being Worker<br/> <b>Salary:</b> \$36, 400 per annum<br/> <b>Tenure:</b> Permanent, Full-Time<br/> <b>Department:</b> Social Services<br/> <b>Direct Supervisor:</b> Alexandra Freed,<br/> Supervisor, First Nation Child Welfare<br/> <b>Closing Date:</b> Friday May 14<sup>th</sup>, 2021 at 4:30pm</p> <p><b>Summary</b></p> <p>The Family Well Being Worker is responsible for assisting with the coordination and delivery of the Family Well Being Program.</p> <p>The Family Well Being Worker is responsible to assist with the on-going development of the Family Well Being Program.</p> <p><b>Basic Requirements:</b></p> <ul style="list-style-type: none"> <li>• Grade 12 Diploma with a minimum of one year of successful experience working with individuals, families, and groups, preferably in a First Nation setting.</li> <li>• Able to work a flexible schedule including evenings and weekends.</li> <li>• A minimum of a valid class “G” driver’s license and access to a dependable vehicle.</li> </ul> <p>Experience with computer operations and software programs. Preferred programs include Windows, MS Word, Excel, Power Point and Access.</p> <p><b>Conditions of Employment:</b></p> <ul style="list-style-type: none"> <li>• An acceptable Criminal Records Check and a Vulnerable Sector Check as required.</li> <li>• Current Infant/Child CPR and advanced First Aid Certification.</li> </ul> <p>Proof of a minimum of a class “G” driver’s license and a Clear driver’s abstract.</p> | <p><b>Position Title:</b> Community Energy Coordinator<br/> <b>Tenure:</b> Two year – Contract (with possibility of extension)<br/> <b>Salary:</b> Hourly Rate of \$23.79<br/> <b>Direct Supervisor:</b> Amanda Two-Axe Kohoko, Consultation Coordinator<br/> <b>Closing Date:</b> Friday May 14<sup>th</sup>, 2021 at 4:30pm</p> <p><b>Summary</b></p> <p>The Community Energy Coordinator (CEC) will be responsible for the implementation of the items identified in the Community Energy Plan. The CEC will develop, administer and educate unique projects related to the Energy Sector, conduct research; provide recommendations to update AOPFN Community Energy Plan (CEP), provide workshops and meetings on energy efficiency for AOPFN members, explore renewable energy projects and funding opportunities and conduct operations and maintenance to AOPFN current solar infrastructures.</p> <p><b>Basic Requirements</b></p> <ul style="list-style-type: none"> <li>• Post-Secondary diploma/ Certification in one of the areas Business/Commerce, Environmental Science, Public Administration or related field, or <u>Secondary Diploma</u> with a minimum of two years’ experience working in office environment.</li> <li>• Access to a dependable vehicle.</li> </ul> |
| <p><b>ELIGIBILITY LIST WILL BE ESTABLISHED:</b> YES<br/> <b>Please see back of newsletter for the application procedure</b></p>   | <p><b>Eligibility List Will Be Established:</b> YES</p>   |
| <p><b>Contact Person:</b> Tiffany Dedo,<br/> Employment Development Officer<br/> (613) 625-2800 ext. 237 employ-<br/> ment.officer@pikwakanagan.ca<br/> Algonquins of Pikwakanagan Administration Office<br/> 1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0</p>  | <p><b>Please see back of newsletter for the Application procedure</b></p> <p><b>Contact Person:</b> Tiffany Dedo, Employment Development Officer<br/> Algonquins of Pikwakanagan Administration Office, 1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0<br/> (613) 625-2800 ext. 253<br/> <a href="mailto:employment.officer@pikwakanagan.ca">employment.officer@pikwakanagan.ca</a></p>   |

## EMPLOYMENT OPPORTUNITY

**Position Title:** Prevention Administrative Program Assistant

**Salary:** \$37, 401 per annum

**Tenure:** Full-Time/Permanent

**Department:** Social Services

**Direct Supervisor:** Alexandra Freed, Supervisor, First Nation Child Welfare.

**Department:** Social Services

**Closing Date:** Friday May 7<sup>th</sup>, 2021 at 4:30pm

### Summary

To provide full program services and assistance for all day-to-day matters pertaining to Anishinabek Gamik Pikwakanagan Child and Family Services. Must be ready, willing, and able to develop and maintain a good working relationship with all governments, agencies, First Nation organizations, associations, and business associates of the Algonquins of Pikwakanagan.

The Prevention Administrative Program Assistant provides a complete range of professional administrative support to a team of people and develops culturally relevant programming to resolve child welfare crisis and action plans to divert future and/or similar crisis.

To provide professional program services with integrity, professionalism, and sound judgement to ensure complete confidentiality of information and respects and safeguards privacy entitlements of all members of the community.

### Basic Requirements:

- Post Secondary education related to social services, child and youth worker program, office administration or grade 12 with 2 years current work experience in administrative support.

### Conditions of Employment:

- Must have a Class 'G' Ontario Driver's License, access to a vehicle.
- Must have \$1M automobile insurance coverage.
- Complete and signed Code of Conduct and Confidentiality Agreement.
- Maintain a valid Vulnerable Sector Screening Check.
- Current CPR & Standard First Aid Certificate.
- Willing to work flexible hours.

**ELIGIBILITY LIST WILL BE ESTABLISHED: YES**  
Please see back of newsletter for the application procedure

**Contact Person:** Tiffany Dedo,  
Employment Development Officer  
(613) 625-2800 ext. 237 employment.officer@pikwakanagan.ca  
Algonquins of Pikwakanagan Administration Office  
1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

## EMPLOYMENT OPPORTUNITY

**Position Title:** Family Well Being Coordinator

**Salary:** \$43, 297 per annum

**Tenure:** Full-Time/Permanent

**Department:** Social Services

**Direct Supervisor:** Alexandra Freed, Supervisor, First Nation Child Welfare.

**Department:** Social Services

**Closing Date:** Friday May 7<sup>th</sup>, 2021 at 4:30pm

### Summary

The Family Well Being Coordinator is responsible for the development, coordination, and delivery of a community directed support program for families in crisis and to help the community heal and recover from inter-generational violence and trauma;

The Family Well Being Coordinator is responsible for the coordination, leadership, direction, and supervision of the Family Well Being Worker;

The Family Well Being Coordinator is responsible for the on-going development of the Family Well Being Program.

### Basic Requirements:

- Diploma in Social Work or in a related field with a minimum of two years of successful experience working with individuals, families and groups, preferably in a First Nation setting.
- Able to work a flexible schedule including evenings and weekends.
- A minimum of a valid class "G" driver's license and access to a dependable vehicle.
- Experience with computer operations and software programs. Preferred programs include Windows, MS Word, Excel, Power Point and Access.

### Conditions of Employment:

- An acceptable Vulnerable Sector Check; as required.
- Current Infant/Child CPR and advanced First Aid Certification;
- Proof of a minimum of a class "G" driver's license and a driver's abstract.

**ELIGIBILITY LIST WILL BE ESTABLISHED: YES**  
Please see back of newsletter for the application procedure

**Contact Person:** Tiffany Dedo,  
Employment Development Officer  
(613) 625-2800 ext. 237 employment.officer@pikwakanagan.ca  
Algonquins of Pikwakanagan Administration Office  
1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

# Employment Opportunity

Aecon Construction is accepting applications for:  
Site Administrator

## Position Overview

Reporting to the Project Manager, the Site Administrator will be responsible for general administrative tasks related to project execution.

## Key Responsibilities

- Processing invoices and timesheets
- Entering data
- Taking meeting minutes
- Printing, lifting and filing
- Sending emails
- Other office tasks as required
- Repetitive movement (data entry)
- Prolonged sedentary positioning

## Required Knowledge and Experience

- Computer competency (Microsoft Word, Excel, Outlook and similar programs)
- Previous construction or general office administrative experience is preferred, including payroll and other time entry related programs
- Strong communication skills – oral and written
- Self motivated with good organizational skills
- Ability to work with others as a team

## Location & Anticipated Start Date

Highway 17 & Country Road 508 Project and other locations as assigned in the Ottawa area. This position may begin Summer 2021.

Please forward resume to Kevin Green at [kgreen@aecon.com](mailto:kgreen@aecon.com) by May 14<sup>th</sup>, 2021.

*Aecon has every intention of fostering diversity within and across our organization. We welcome those who would contribute to the further diversification of our staff including, but not limited to, Indigenous people, women, visible minorities, persons with disabilities, and persons of any sexual orientation or gender identity.*

# Employment Opportunity

Aecon Construction is accepting applications for:  
Labourer (Grading)

## Position Overview

Reporting to the Project Superintendent, the Labourer (Grading) will be responsible for performing grading related labour tasks. Pay rate per applicable union agreement.

## Key Responsibilities

- Shooting elevations/grades, installing culverts
- Move materials and equipment; perform demolition, excavation, and compaction
- Handle and distribute construction materials (e.g. load and unload vehicles with supplies, equipment, and construction materials; move tools, equipment, and construction materials to and from work areas; remove rubble and other debris).
- Excavate, backfill, and compact material (e.g. move and level earth using shovels and rakes, operate pneumatic tampers).
- Traffic control (construction and/or public vehicles), assemble shoring, barricades
- Prepare and clean up site & other roadways related construction scopes
- Repetitive movement

## Required Knowledge and Experience

- Previous construction experience is preferred
- Class G drivers' license or equivalent, AZ/DZ license considered an asset
- Physical strength and stamina, manual dexterity
- A safety-conscious attitude
- The ability to work with others in a team and in a fast-paced environment
- Ability to use stairs, ladders, and climb over rough terrain
- Ability to work long hours per day sometimes in rough weather conditions
- Union member or ability to join union

## Location & Anticipated Start Date

Highway 17 & Country Road 508 Project and other locations as assigned in the Ottawa area. This position may begin Fall 2021. **Please forward resume to Kevin Green at [kgreen@aecon.com](mailto:kgreen@aecon.com) by May 14<sup>th</sup>, 2021.**

*Aecon has every intention of fostering diversity within and across our organization. We welcome those who would contribute to the further diversification of our staff including, but not limited to, Indigenous people, women, visible minorities, persons with disabilities, and persons of any sexual orientation or gender identity.*



# Employment Opportunity

Aecon Construction is accepting applications for:  
Labourer (Structures)

## Position Overview

Reporting to the Project Superintendent, the Labourer (Structures) will be responsible for performing structures related labour tasks. Pay rate per applicable union agreement.

## Key Responsibilities

- Erecting and removing formwork
- Pouring concrete
- Placing rebar
- Prepare and clean up site
- Handle and distribute construction materials (e.g. load and unload vehicles with supplies, equipment, and construction materials; move tools, equipment, and construction materials to and from work areas; remove rubble and other debris).
- Prepare and clean up site & other bridge related construction scopes
- Repetitive movement

## Required Knowledge and Experience

- Previous construction experience is preferred
- Class G drivers' license or equivalent, AZ/DZ license considered an asset
- Physical strength and stamina, manual dexterity
- A safety-conscious attitude
- The ability to work with others in a team and in a fast-paced environment
- Ability to use stairs, ladders, and climb over rough terrain
- Ability to work long hours per day sometimes in rough weather conditions
- Union member or ability to join union

## Location & Anticipated Start Date

Highway 17 & Country Road 508 Project and other locations as assigned in the Ottawa area. This position may begin Fall 2021.

**Please forward resume to Kevin Green at [kgreen@aecon.com](mailto:kgreen@aecon.com) by May 14<sup>th</sup>, 2021.**

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# Employment Opportunity

Aecon Construction is accepting applications for:  
Heavy Equipment Operator

## Position Overview

Reporting to the Project Superintendent, the Heavy Equipment Operator will be responsible for operating heavy equipment. Pay rate per applicable union agreement.

## Key Responsibilities

- Safely operating excavators, tractor backhoes, loaders, rollers, bulldozers, graders, skid steers, and other similar equipment
- Meeting required construction tolerances for applicable works
- Visually inspect and report equipment issues to supervisor
- General maintenance and greasing of equipment

## Required Knowledge and Experience

- Demonstrated experience operating heavy equipment is necessary
- Heavy equipment operator certifications considered an asset
- Physical strength and stamina, manual dexterity
- A safety-conscious attitude
- The ability to work with others in a team and in a fast-paced environment
- Ability to use stairs, ladders, and climb over rough terrain.
- Ability to work long hours per day sometimes in rough weather conditions.
- Ability to work in all weather conditions and environments
- Good mechanical aptitude
- Union member or ability to join union

## Location & Anticipated Start Date

Highway 17 & Country Road 508 Project and other locations as assigned in the Ottawa area. This position may begin Fall 2021.

Please forward resume to Kevin Green at [kgreen@aecon.com](mailto:kgreen@aecon.com) by May 14<sup>th</sup>, 2021.

*Aecon has every intention of fostering diversity within and across our organization. We welcome those who would contribute to the further diversification of our staff including, but not limited to, Indigenous people, women, visible minorities, persons with disabilities, and persons of any sexual orientation or gender identity.*

# AOPFN DIRECTORY

VOICEMAILS AND EMAILS WILL BE CHECKED REGULARLY THROUGHOUT OUR REMOTE CLOSURE

**ADMINISTRATION OFFICE STAFF LISTED BELOW ARE NOW ABLE TO CHECK VOICEMAILS THROUGH EMAIL,  
NON-URGENT VOICEMAILS WILL BE CHECKED DAILY DURING REMOTE CLOSURE APRIL 8-MAY 25, 2021**

## CHIEF AND COUNCIL 613-625-2800

|              |                              |     |
|--------------|------------------------------|-----|
| Alanna Hein  | chiefcouncil@pikwakanagan.ca | 228 |
| Kevin Lamarr | negotiations@pikwakanagan.ca |     |

## EXECUTIVE OFFICES 613-625-2800

|                     |                                |     |
|---------------------|--------------------------------|-----|
| Dale Booth          | edo@pikwakanagan.ca            | 235 |
| Claudette Cournoyer | assistant.edo@pikwakanagan.ca  | 254 |
| Lisa Meness         | communications@pikwakanagan.ca | 253 |

## PUBLIC WORKS 613-625-2800 **EMERGENCY CONTACT 613-639-3309**

|                        |                                       |     |
|------------------------|---------------------------------------|-----|
| Vacant                 | mgr.publicworks@pikwakanagan.ca       | 246 |
| Bonnie Commanda        | assistant.publicworks@pikwakanagan.ca | 245 |
| Blaze Commanda-Belaire | housing@pikwakanagan.ca               | 247 |

## HUMAN RESOURCES 613-625-2800

|                |                                    |     |
|----------------|------------------------------------|-----|
| Shelley Wilcox | hr@pikwakanagan.ca                 | 236 |
| Tiffany Dedo   | employment.officer@pikwakanagan.ca | 237 |

## RECEPTION SERVICES 613-625-2800

|               |                                 |     |
|---------------|---------------------------------|-----|
| Sasha Sarazin | admin.reception@pikwakanagan.ca | 221 |
|---------------|---------------------------------|-----|

## FINANCE 613-625-2800

|                 |                                   |     |
|-----------------|-----------------------------------|-----|
| Selena Roesler  | mgr.finance@pikwakanagan.ca       | 224 |
| Stephanie Stone | assistant.finance@pikwakanagan.ca | 223 |
| Sandy Nash      | acquisitions@pikwakanagan.ca      | 225 |
| Laurie Amikons  | payroll@pikwakanagan.ca           | 226 |

## LANDS, ESTATES & MEMBERSHIP 613-625-2800 **EMERGENCY CONTACT:613-401-0057**

|                    |                               |     |
|--------------------|-------------------------------|-----|
| Kassandra Sackaney | mgr.lem@pikwakanagan.ca       | 222 |
| Vacant             | assistant.lem@pikwakanagan.ca | 231 |

## EDUCATION 613-625-2800

|                          |                                |     |
|--------------------------|--------------------------------|-----|
| Della Meness             | mgr.education@pikwakanagan.ca  | 239 |
| Virginia Sarazin-Lasenby | post.secondary@pikwakanagan.ca | 238 |

## ECONOMIC DEVELOPMENT 613-625-1551

|                       |  |     |
|-----------------------|--|-----|
| Amanda Two-Axe Kohoko | consultation@pikwakanagan.ca           | 105 |
| Laura Sarazin         | assistant.consultation@pikwakanagan.ca | 104 |
| Lucas Bramberger      | coordinator.studies@pikwakanagan.ca    | 102 |

## SOCIAL SERVICES 613-625-2800

|                  |                            |     |
|------------------|----------------------------|-----|
| Teresa M. Kohoko | mgr.social@pikwakanagan.ca | 242 |
| Karen Levesque   | social.ow@pikwakanagan.ca  | 241 |

## OTHER AOPFN SERVICES

### MINDIWIN MANIDO-DAYCARE CENTRE 613-625-2047

Nikoma Tennisco daycare@pikwakanagan.ca

### SPORTS & RECREATION 613-625-2682

Kerry Andrews mgr.sports.rec@pikwakanagan.ca  
Lance Thorpe reactivator@pikwakanagan.ca  
Natasha Dick events.sports.rec@pikwakanagan.ca

### FIRE & RESCUE 613-286-1018

Chris Sarazin chrissarazin53@gmail.com

### HEALTH SERVICES 613-625-2259

|                          |                                  |     |
|--------------------------|----------------------------------|-----|
| Maureen Sarazin Tomasini | mgr.health@pikwakanagan.ca       | 227 |
| Rachel Mathieu           | assistant.health@pikwakanagan.ca | 223 |
| Carolyn Smoke            | reception.health@pikwakanagan.ca | 221 |
| Vacant                   | chn@pikwakanagan.ca              | 225 |
| Melissa Pessendawatch    | chr@pikwakanagan.ca              | 224 |
| Marlene Sackaney-Keeling | hcc@pikwakanagan.ca              | 232 |

### MENTAL HEALTH TEAM 613-625-2259

|                     |                                |     |
|---------------------|--------------------------------|-----|
| Sandi Wright        | supervisor.mhs@pikwakanagan.ca | 231 |
| Sharra Bernard      | navigator.mhs@pikwakanagan.ca  | 261 |
| Matt Hutten         | addictions.mhs@pikwakanagan.ca | 238 |
| Sabrina Laframboise | counsellor.mhs@pikwakanagan.ca | 226 |
| Ruqqiah Adams       | therapist.mhs@pikwakanagan.ca  | 263 |

### TENNISCO MANOR 613-625-1230

|                 |                                     |
|-----------------|-------------------------------------|
| Peggy Dick      | homecare.supervisor@pikwakanagan.ca |
| Maggie Benoit   | assistant.homecare@pikwakanagan.ca  |
| Victoria Luloff | homecare.tsp@pikwakanagan.ca        |
| Kim O'Brien     | clientcare.tm@pikwakanagan.ca       |

### PREVENTION SERVICES

#### EMERGENCY PHONE NUMBERS

|                 |                                 |              |
|-----------------|---------------------------------|--------------|
| Alexandra Freed | supervisor.cfs@pikwakanagan.ca  | 613-585-1275 |
| Veronica Miller | prevention2.cfs@pikwakanagan.ca | 613-639-4188 |
| Holly Patterson | prevention1.cfs@pikwakanagan.ca | 613-401-6301 |

### FAMILY WELL BEING

|                 |                                 |              |
|-----------------|---------------------------------|--------------|
| Kassidy Bernard | coordinator.fwb@pikwakanagan.ca | 613-401-0091 |
|-----------------|---------------------------------|--------------|

## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

| Name                    | Family Line        | Date Posted | Appeal Period Ends |
|-------------------------|--------------------|-------------|--------------------|
| Bowers, Nikki           | Sharbot            | 09 Nov 20   | 09 May 21          |
| Lavalley, Anthony       | Lavalley           | 24 Nov 20   | 24 May 20          |
| Dumoulin, Stephen       | Meness             | 30 Nov 20   | 30 May 21          |
| Dumoulin, Kaitlyn       | Meness             | 30 Nov 20   | 30 May 21          |
| McCormick Allison       | Baptiste           | 30 Nov 20   | 30 May 21          |
| Bryant, Jordan          | Sharbot            | 06 Jan 21   | 06 July 21         |
| Harley, Anna            | Lavalley           | 14 Jan 21   | 14 July 21         |
| Popoff, Beverley        | Sharbot            | 19 Jan 21   | 19 July 21         |
| Lavalley, Scarlett-daye | Lavalley           | 28 Jan 21   | 28 July 21         |
| Gibson, Shane           | Lavalley/Francois  | 18 Feb 21   | 18 Aug 21          |
| Landry, Christopher     | Benoit             | 18 Feb 12   | 18 Aug 21          |
| Landry, Nathaniel       | Benoit             | 18 Feb 21   | 18 Aug 21          |
| Tokio-Carr, Elizabeth   | Lavalley           | 18 Feb 21   | 18 Aug 21          |
| Tokio-Carr, Shannon     | Lavalley           | 18 Feb 21   | 18 Aug 21          |
| Reid, William           | Bernard            | 18 Feb 21   | 18 Aug 21          |
| Gagnon, Andrea          | Meness             | 26 Feb 21   | 26 Aug 21          |
| Gagnon, Joseph          | Meness             | 26 Feb 21   | 26 Aug 21          |
| Robbins, Sonny          | Jocko              | 26 Feb 21   | 26 Aug 21          |
| Hutton, Natalie         | Meness             | 03 Mar 21   | 03 Sept 21         |
| Commando, Isabel        | Commanda           | 09 Mar 21   | 09 Sept 21         |
| Turner, Meagan          | Aird               | 15 Mar 21   | 15 Sept 21         |
| Meness, Decotta         | Meness             | 15 Mar 21   | 15 Sept 21         |
| Sarrazin, Nicholas      | Pesindewate/Lamure | 08 Apr 21   | 08 Oct 21          |
| Phillips, Lisa          | Pesindewate/Lamure | 08 Apr 21   | 08 Oct 21          |
| Phillips, Brody         | Pesindewate/Lamure | 08 Apr 21   | 08 Oct 21          |
| Phillips, Kierra        | Pesindewate/Lamure | 08 Apr 21   | 08 Oct 21          |
| Brett, Asiale           | Lavallee           | 08 Apr 21   | 08 Oct 21          |
| Brett, India            | Lavallee           | 08 Apr 21   | 08 Oct 21          |
| Tokio Carr, Samantha    | Lavalley           | 08 Apr 21   | 08 Oct 21          |
| Gagnon, Jessica         | Meness             | 08 Apr 21   | 08 Oct 21          |
| Monette-Bressette, Chad | Meness             | 08 Apr 21   | 08 Oct 21          |
| Monette, Sarah          | Meness             | 08 Apr 21   | 08 Oct 21          |
| Salahovic, Benjamin     | Lavalley           | 15 Apr 21   | 15 Oct 21          |
| Lafontaine, Robert      | Amikons            | 30 Apr 21   | 30 Oct 21          |

To appeal the addition of one of the above persons becoming a Member of the Algonquins of  
Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the  
Lands, Estates & Membership Department or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)



***Algonquins of Pikwakanagan First Nation***  
***1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0***

***Office : (613) 625-2800 Fax : (613) 625-2332***

**HOURS OF OPERATION Monday - Friday 8:30 am to 4:30 pm**

**12:00 -1:00 pm Closed for LUNCH**

**\*\*HOLIDAY CLOSURES\*\***

New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, National Aboriginal Day, Canada Day,  
Civic Holiday, Labour Day, Thanksgiving, Remembrance Day & Christmas Day.

Closed between Christmas & New Year's Day

**AOPFN EMPLOYMENT  
OPPORTUNITIES**

**Application Procedure:** Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title.

**Screening Procedure:** Applicants will be screened on the following: 1.) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements.

**Affirmative Action Criteria:** Positions may be subject to AoPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

**Interviews:** Due to Covid-19 all interviews will be conducted virtually by Zoom. AoPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.

**ANIMAL CONTROL**

June Logan: 613-625-2545 or (613) 602-3626

**WASTE DISPOSAL SITE**

Open Wednesdays: 12-6 pm & Sundays 9am-3:00 pm

**CURBSIDE PICK-UP**

Garbage: Wednesdays Cardboard: Thursdays  
Containers: Fridays  
*Must have items at curbside by 9 am*

**LEGAL ADVICE**

Criminal or Family Legal advice call:

Duty Counsel at 613-735-3400

**CONWAY'S PHARMACY REMOTE  
DISPENSING LOCATION IS OPEN**

Regular business hours are

Mondays, Tuesdays, Thursdays Fridays 9am to 4pm  
(closed 12 - 1)

And Wednesdays 9am to 1pm

We are closed weekends and holidays

Delivery is available Monday to Friday

Phone 613-625-9974 Fax 613-625-2068

Thank you

Natalie Commanda, Pharmacy Technician

Joseph Conway, Pharmacist

**CRISIS NUMBERS**

EMERGENCY SERVICES 911

Toll-free, bilingual telephone support via the 24/7  
**Crisis Line: 1-866-996-0991**

Drug, Alcohol, Gambling Hotline **1-866-531-2600**

Bernadette McCann House **1-800-267-4930**

Women's Sexual Assault Centre **1-800-663-3060**

Ontario Caregiver Helpline **1-833-416-2273**