



# Pikwakanagan Tíbadjūmowín

**Friday March 19, 2021**

view on-line at: [www.algonquinsopikwakanagan.com](http://www.algonquinsopikwakanagan.com)

Facebook : Algonquins of Pikwakanagan First Nation

Email: [reception.admin@pikwakanagan.ca](mailto:reception.admin@pikwakanagan.ca)

## First Day of Spring March 20th 2021



### Midjim (Food)

Kwey!

We are honoured to announce that Sports and Recreation will be assisting those in need of the Food Bank Services Program. We know we have big shoes to fill! Staff from Mindiwin Manido, have worked so hard!

Migwech to them for all their hard work and dedication!

### Please Note Changes to the Programming:

\*Food Bank Services will only be available on Wednesdays orders need to be in by Tuesdays \*

On-Site hours of operation will be 9:00 a.m. to 1:30 p.m.

Delivery (ONLY to those who need it) will be 2:30-4:30

You can now make your food order online! The Food Security Program on Pikwakanagan is offering this online form:

<https://forms.gle/7SZtyCfNFQ7yuvuQ7>

Please Contact the Food Bank Phone Number if you have any questions.

613-639-1633

Migwech

Temporary Coverage  
Kassidy Bernard  
Family Well-Being Coordinator

COVID-19  
TESTING



### AOPFN COVID-19 Testing

AOPFN is offering expanded COVID-19 Testing for all Community members. This will support the new School Screening in the event your family members are experiencing symptoms or may have come into contact with a suspect case.

**Monday 9:00 am - 11:00 am**

**Tuesday 9:00 am - 10:00 am**

**Wednesday 9:00 am - 10:00 am**

**Thursday 9:00 am - 10:00 am**

**Friday 9:00 am - 10:00 am**

Testing will take place at the Mino-Pimadizi Gamik Health Center.

To book an appointment please contact:  
**613-625-1175**



# Algonquins of Pikwakanagan First Nation: COVID-19 Weekly Situation Report-

**State of Emergency Declared: March 20, 2020**

## Current COVID-19 Case Status:

### Ontario

**Cases:** 32,956  
**Resolved:** 302,257  
**Active:** 12,506  
**Deaths:** 7,187

### Renfrew County

**Cases:** 393  
**Resolved:** 369  
**Active:** 24  
**Deaths:** 4

### Pikwakanagan

**Cases:** 0  
**Resolved:** 0  
**Active:** 0  
**Deaths:** 0

## Community and Status Update

Renfrew County is currently in the Yellow Zone (protect) which includes increased measures and guidelines for businesses and organizations that are open.

**The AOPFN Vaccine Team is requesting those interested in getting vaccinated to call the Health Center at 613-625-2259 Ext:225**

## School Updates

Parents are required to complete the COVID-19 screening tool for yourself and children everyday before school <https://covid-19.ontario.ca/school-screening/>. Any person experiencing any COVID-19 symptoms must self isolate for 14 days and get tested. You may return to school/work once you receive a negative test result and symptoms are improving.

## Global Update

Ontario is aware of reports of harmful events in Europe following vaccinations with the AstraZeneca COVID-19 vaccine where the European Medicines Agency's safety committee has indicated investigates on cases of thromboembolic events. Health Canada and the Public Health Agency of Canada has indicated none of the batches under investigation has been shipped to Canada.

## Province Updates

COVISHIELD was delivered to Ontario earlier this week and is now being offered to individuals 60-64 year old through pharmacy and primary care partners. The most recent AEFI summary includes data up to March 6, 2021 and describes a total of 665 AEFI reports, following 890,604 doses of Pfizer and Moderna COVID-19 vaccines administered in Ontario.

## Symptoms

## Where To Get Help

### COVID-19 symptoms compared to common conditions

SYMPTOM	COVID-19	COMMON COLD	FLU	ALLERGIES
Fever	Common	Rare	Common	Sometimes
Dry cough	Common	Mild	Common	Sometimes
Shortness of breath	Common	No	No	Common
Headaches	Sometimes	Rare	Common	Sometimes
Aches and pains	Sometimes	Common	Common	No
Sore throat	Sometimes	Common	Common	No

VTAC-Renfrew County Virtual Triage and Assessment Centre 1 (844) 727-6404.

Pikwakanagan Family Health Team (613)-625-1175





Renfrew County and District Health Unit  
"Optimal Health for All in Renfrew County and District"

## For Immediate Release

(Pembroke, Ontario, 9:30 a.m. February 22, 2020)

### Government Changes the School and Child Care Screening Tool

Effective immediately, guidelines for the COVID-19 School and Child Care Screening Tool have changed across the province in accordance with provincial guidelines. The Ontario Government is adopting a more rigorous and cautious approach to the provincial screening criteria. This update to the [School and Child Care Screening Tool](#) has been made in light of the emergence of COVID-19 variants.

The [COVID-19 School and Child Care Screening Tool](#) must be completed **daily** before attending school/childcare. Individuals completing the tool must follow the instructions given at the end of the assessment and arrange for COVID-19 testing as directed.

The following changes are outlined below.

**Single-Symptom Screening** - Staff, students and children with any new or worsening symptom(s) of COVID-19, **even those with only one symptom**, must stay home **without exemption**, until:

- They receive a negative COVID-19 test result;
- They receive an alternative diagnosis by a health care professional; or
- It has been 10 days since their symptoms started and they are feeling better.

**Asymptomatic household members of symptomatic individuals must: Self isolate, do not leave home, even for essential reasons.**

- All asymptomatic household contacts must also self-isolate **without exception, even for essential reasons**, until the symptomatic individual receives a negative COVID-19 test result or an alternative diagnosis by a health care professional.
- If the symptomatic individual does not seek COVID-19 testing, all household contacts must also self-isolate for 14 days from their last contact with that symptomatic individual.

**Asymptomatic household members of asymptomatic individuals who are high-risk contacts: Stay at home, except for essential reasons.**

- If an asymptomatic individual is directed to self-isolate as a high risk contact of a positive COVID-19 case, their asymptomatic household members should stay home for 14 days except for essential reasons. In this case, attending school, child care or work is allowable for the household contacts as an **essential activity**, as long as everyone in the household remains asymptomatic.

It is important that parents monitor a child's illness and keep them out of school or daycare if they are sick, as you would with any other illness such as the flu. If you or your child are sick, contact your Family Physician. If you do not have a Family Physician or cannot access your Family Physician, call Renfrew County Virtual Triage Assessment Centre (VTAC) at 1-844-727-6404 to schedule an appointment. If you feel that you or your child are seriously ill, call 911 or go to the nearest Emergency Department.

For more information, visit RCDHU's website at <https://www.rcdhu.com/novel-coronavirus-covid-19-2/> or call 613-735-8654 or 1-800-267-1097.

- 30 -

Renfrew County and District Health Unit  
Fax: 613-735-3067  
media@rcdhu.com  
www.rcdhu.com



## Parent Update: February 22, 2021

- COVID-19 symptom screening criteria and sibling/household isolation information have been updated. Details and the screening tool are available at [covid-19.ontario.ca/school-screening](https://covid-19.ontario.ca/school-screening)
- You must screen for COVID-19 every day before going to school/child care



## WHAT DO I DO IF I HAVE\* ANY COVID-19 SYMPTOMS?

UPDATED - Guidance on  
Testing and Isolation.  
Effective - February 22, 2021



### SYMPTOMATIC PERSON

### HOUSEHOLD MEMBERS

**1.**  
**ANY person** (adult or child) with **ANY COVID-19 symptoms** (even if it is just one symptom) must self-isolate **AND** get tested.

**1.**  
Household members must also self-isolate but do not need testing if they do not have any symptoms.

**2.**  
The person with symptoms can go back to school/work **when** they receive a **negative test result** **AND** their symptoms are improving **AND** they have **not had a fever** (without medication) for 24 hours.

**2.**  
Household members can go back to school/work **when** the person with symptoms has received a **negative** result.

**⚠️** The guidance on testing and isolation has changed due to the concern about **COVID-19 variants** that are **more transmissible AND spreading** in our communities.

**⚠️** If the symptomatic individual **does not get tested** for COVID-19, then **all members of the household** must quarantine for **14 days** from their last contact with the symptomatic individual.

**⚠️** A **doctor's note IS NOT required** for return to work/school, **once the above criteria have been met**.

**\* The most up to date information can be found online at [RCDHU.COM](https://www.rcdhu.com)**

**RC VTAC**  
1-844-727-6404  
www.rcvtac.ca



In Partnership with Primary Care, Community Paramedics,  
Public Health, Hospitals, and Ontario Health East



## **Algonquins of Pikwakanagan First Nation**

### **Welcome To Phase One of Your New Community Water Treatment Plant!**

***Kwey from Ryan Carle, Community Coordinator with First Nations Engineering Services Ltd. (FNESL) on behalf of Algonquins Of Pikwakanagan First Nation (AOPFN)***

*As you may have heard, our community is in the process of finalizing the design of the new water treatment plant project. Phase One will involve the construction of a new water plant, installation of a water main along the majority of roads and the connection from the watermain to our homes and businesses. Construction is set to begin in this Spring/Summer of 2021 and be completed in 2023. Constructing the Plant and installing the water main will be both exciting and unusual for our community. It is a very large-scale construction project, unlike any Pikwakanagan has experienced in recent memory.*

#### **Plant Location and Water Main Route**

The Plant will be located adjacent to the Elders Lodge and Church located on Chibekana Inamo. The water main will run along our main roads Kokomish Inamo and Mishomis Inamo and many of our side roads. Until the design is finalized, the exact route is not known, but we will inform the community as soon as the information is available. Just remember, this is Phase One of the project and future phases will include expansion of the distribution system.

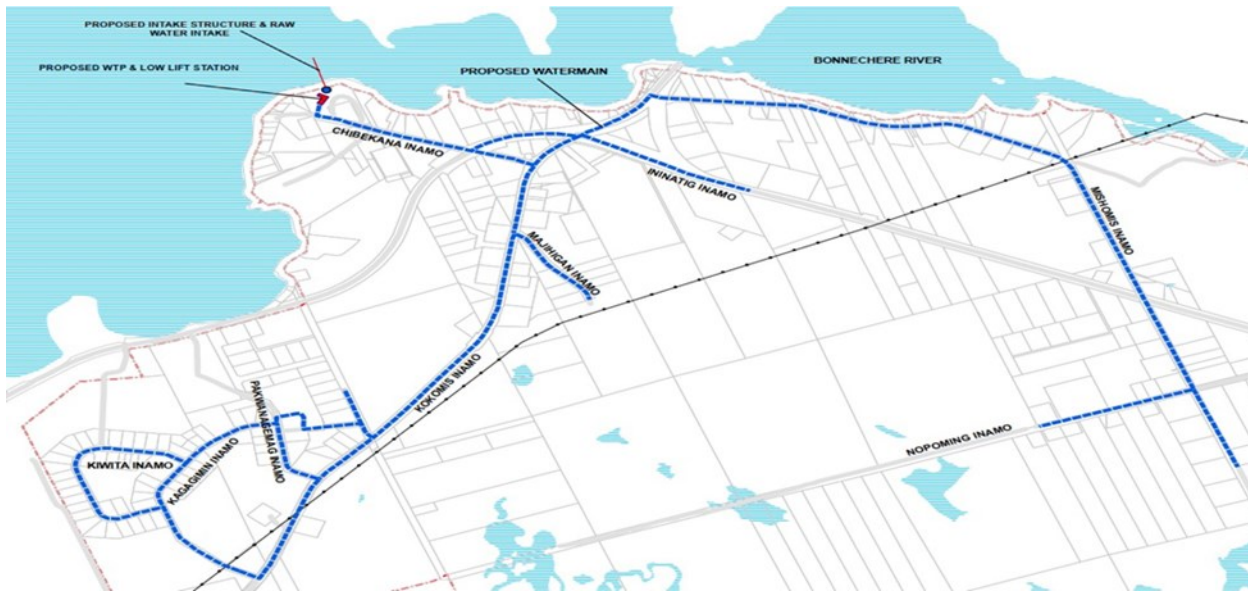
#### **Connecting To The Water Main**

Once the time comes for connecting the water main to houses, there is a fair amount of work on each property. All the work involved will be explained to/agreed upon by homeowners prior to any work taking place. The contractor will have to locate your existing water supply lines and run the new lines into your existing well lines. Proper decommissioning of wells will also take place. Access inside your home will also be necessary to install valves and a water meter for maintenance purposes. The contractor will return your yard to its previous state by reseeding and replacing anything that has been displaced.

#### **Traffic & Commotion**

As with all construction, there may be some noises and heavier traffic in the foreseeable future. This may include lane closures, heavy equipment, excavations, drilling, blasting etc. Although it can be a nuisance, it is a necessary step, and we ask for your patience and understanding.

## Phase One Scope Of Work



*As Community Coordinator, I will be carrying out site visits to discuss the water service agreement with those included in Phase One of the project. This will be a perfect opportunity to answer some questions you may have.*

**All COVID-19 protocols will be strictly followed and explained more at that time to ensure the safety of our Members.**

Thank you for your time and I look forward to hearing from you!

Meegwetch,

**Ryan Carle**

**Community Co-ordinator**

**First Nations Engineering Services LTD.**

1657A Mishomis Inamo  
Pikwakanagan, ON  
K0J 1X0

rcarle@fnesl.ca  
T: 613-625-2800 Ext.: 247



[www.fnesl.ca](http://www.fnesl.ca)

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## **Decommissioning of Wells**

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Kwey Pikwakanagan,

As many of you already know the construction of our community Water Treatment Plant is scheduled to begin this year. With this project, comes many questions regarding the different steps and processes being taken to provide water to our community. One of these steps will include the decommissioning of wells once the new water service lines are connected to your homes/businesses.

This flyer will show the pros and cons of decommissioning your well. It is important to note that the cost of **decommissioning the well**, connection of new water lines, and installation of required components in the home will be covered during construction, at **no cost to the homeowner**. Below we have outlined some information about the planned decommissioning of existing water wells.

### **What is the well decommissioning procedure?**

Well decommissioning procedures effectively seal the well casing and boreholes. The well is excavated to roughly 6 feet, cut off and sealed. The hole is then backfilled and returned to its previous state, minus the well casing being above grade. By doing this it prevents water from mixing between aquifer zones. Another reason is to avoid intrusion of surface water, liquids or other contaminants into the aquifer

### **Pros:**

#### **1) Protecting the Aquifer**

The most important positive to decommissioning your well is for the protection of the aquifer. The aquifer is an underground water body that is tapped into when you drill a well. When you connect to the new treated water supply your current well will no longer be in use and this can cause your well to become a possible source of contaminants entering the aquifer. Once your well is no longer usable it is classified as an “abandoned well”. Protecting the aquifer is extremely important as you are not the only individual tapping into this water source.

## **2) Abandoned wells will no longer be direct pathways to the Aquifers.**

An “abandoned well” is a direct route to the groundwater that is supplying the water for the surrounding area. Any surface contamination will be directly transported down the well to the aquifer. Runoff could carry excess chemicals such as fertilizer or weed killer into the well. Any small animal falling into the well could be killed and the decomposing body deposited into the groundwater. Animal feces being introduced into the groundwater table via an abandoned well was a cause of the Walkerton tragedy in 2000.

## **3) Ensures future construction/renovations do not impact the new water supply system.**

If your well was not decommissioned, in the event that you sell your home or business the new owner may wish to make modifications. This may include plumbing upgrades that could have an impact not just on the property but throughout the entire water distribution system. Untreated water from the well could potentially backflow into the watermains. This could cause potential illness. A boil water advisory/do not consume notice would need to be issued while the situation was fixed. If the well is decommissioned there is no chance of cross contamination between the old well and the new water supply from the water treatment plant.

## **4) Removes Possibility of Liability**

There may also be liability issues to consider if an old well on your property is proved to be a conduit for contaminants that reach neighbouring ground water. The biggest problem is that old wells can be forgotten. Casings may deteriorate and rust, and new owners or property developers can build over the old well site or unknowingly create a hazardous land use. For example, wastes associated with stables, chicken houses, dumps, oil spills etc., that are located over an old out-of-service well hole may flow straight down to the aquifer. As your neighbors and fellow community members may choose to continue drawing from the aquifer, decommissioning your well ensures their water supply is protected from these above-mentioned concerns.

### **Cons:**

#### **1) Unusable**

The only “con” that is applicable to this subject is when the well in question may be considered good and the homeowner may want to keep it. With that being said it will be helpful to remember why the well is being considered for decommissioning:

Based upon ground water sampling done in 2012-2013 there were 191 wells tested for uranium, out of the 191 wells tested only 2 had no detectable uranium. Many had borderline results just under the exceedance levels. Many individuals that believe their water is potable still may have some level of contaminants in their current water supply. The unfortunate aspect to this is that these samples are several years old so we cannot guarantee the uranium contaminant level has not changed during this time, which means the levels may be higher for some and not even know it. It should be known too that there has been an uptrend in uranium concentration in our community's water that is being supplied by the aquifer. The aquifer has also been known to have higher concentrations of hardness, sulphate, sodium and dissolved solids.

**Summary:**

- PROS:**
- a) Protects the aquifer from further damage
  - b) Ensures "abandoned wells" cannot harm the land, people or animals.
  - c) Makes sure that future construction/alterations cannot impact the new water supply system
  - d) Removal of possible liability

**CONS:** a) Well will be rendered unusable

I hope that this information has been helpful and clears up some of the questions being put forth as to why well decommissioning is required for connections. As a First Nation community, we have an obligation to safeguard the land, and protect the water. We may not be able to purify the aquifer, but we may be able to stop any further harm from entering it.

Thank you for your time,

Sincerely,

**Ryan Carle**  
**Community Co-ordinator**

**First Nations Engineering Services LTD.**

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K0J 1X0

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## REGROWING VEGETABLES FROM SCRAPS

It can be tough sometimes getting enough fresh vegetables for our nutritional needs. One way to keep fresh veggies in the house is to regrow them from their own scraps. Not only will this practice cut down on grocery bills, it will help decrease our own food waste and allow us to be more self-sufficient when it comes to our nutritional needs. There are a number of vegetables we can regrow from scraps, here are just a few:

- **Potatoes:** any piece of the potato that includes an 'eye' (an indentation where the shoots come out of) can be replanted eye-up after it is dried overnight.
- **Sweet Potatoes:** if a sweet potato is a little past its prime, you can cut it in half and suspend it over a shallow dish of water. Roots and sprouts will start to grow within a few days. Once the sprouts are 10 cm in height, snip them off and suspend them in water. Once the roots start to grow, they are ready to be planted.
- **Onions, Garlic, Leeks and Shallots:** take a small piece of the bulb or stem with attached roots and put it in a shallow dish of water. Once a green chute starts to grow, it can be harvested as is or planted.
- **Celery:** cut off the bottom of the celery with the intact roots and place it in a dish of warm water in a sunny spot. Once new celery chutes start forming, it can be harvested as is or can be planted.
- **Bulb Fennel:** regrowing fennel is the same as regrowing celery.
- **Carrots, Turnips, Parsnips, Beets and Other Root Crops:** cut off the top of the vegetable (where the leaves meet the root) and place in a container of water. The greens will begin to grow within a few days. Once the roots have also grown, they can be planted.
- **Lettuce, Bok Choi and Other Leafy Greens:** cut off the root section of head forming lettuces and place it in water. Once new leaves start growing, it can be planted. Other lettuces, bok choy and leafy greens can be regrown from individual leaves. Place the leaf in a bowl with a little water in a sunny spot. Mist the leaves with water every few days. Once roots start to form and other leaves start to develop (within a week), it is time to plant.
- **Basil, Mint, Cilantro & Other Herbs:** place a 10 cm long stem in a glass of water. Make sure the leaves are well above the water line. Once the roots have grown in well, they are ready to be planted.

### \*\*\*\*\*CONTEST TIME\*\*\*\*\*

I have gift bags of vegetable seeds courtesy of **Indigenous Diabetes Health Circle (IDHC)** for the first 6 members from the AoP community who send me a picture of their re-growing vegetables. For your chance to win, send your pictures to [diabetic.navigators@pikwakanagan.ca](mailto:diabetic.navigators@pikwakanagan.ca) by April 5<sup>th</sup>.

Happy re-growing!!



## Omàmiwininì Pimàdjowin Collective Knowledge Sharing

Omàmiwininì Pimàdjowin is seeking to create a collective of people in our community that have traditional Algonquin Anishinabeg knowledge and gifts to share. What is a collective? It is a group of people that work together toward the same vision. Omàmiwininì Pimàdjowin's vision and mission is to preserve, revitalize, and restore Algonquin Anishinabeg knowledge, traditions, culture, practices and language in our community. To do this work, we need your support in identifying knowledge holders in our community that we can draw on for sharing this knowledge with one another, in the form of workshops, events, engagement service opportunities, etc. We would like to create a collective list of people in our community who have knowledge and gifts to share, and to support our community in ensuring this knowledge is carried forward for future generations.

If you have knowledge and gifts related to the topics below and founded on Anishinabeg knowledge systems, please complete this google form

(<https://forms.gle/Xj1A8W5imnfjmUbw9>).

- Algonquin language speaker and/or teacher
- Drumming & Singing
- Dancing
- Medicines
- Archaeology
- Storytelling
- Ceremonies and Spirituality
- Teachings
- Traditional and contemporary arts and crafts
- Food Preparation
- Traditions such as trapping, hunting, fishing
- Land-based knowledge
- History of the Algonquin peoples

If you would like to provide this information by phone, please leave voicemail for Willy at 613-625-1958, or you can also email us at [info@thealgonquinway.ca](mailto:info@thealgonquinway.ca)

Migwech for your support in identifying our collective knowledge in our community.

**The Omàmiwininì Pimàdjowin Team**

# Comprehensive Community Plan

The Algonquins of Pikwakanagan First Nation is undertaking the development of a Comprehensive Community Plan (CCP), that will outline the needs and aspirations of our Nation for the next 10-20 years.

## **The CCP is a community-developed plan and will succeed through YOUR input!**

- **SURVEY LIVE NOW:** A community-wide survey is available, online (here: <https://arcg.is/eTrre>) and hardcopy (sent by request, with return postage);
- **1-ON-1 INTERVIEWS FOR ALL ON AND OFF RESERVE MEMBERS:** contact Lucas, the Community Coordinator, if you would like to participate, between March 22<sup>nd</sup> and April 2<sup>nd</sup>;
- **VIRTUAL COMMUNITY PRESENTATIONS:** On Monday, March 22<sup>nd</sup> and Tuesday, March 23<sup>rd</sup> 7-9pm. Members can tune in and watch the presentation and ask questions. All participants will be muted upon joining but will be able to ask questions during Q&A sessions, as well as post questions on our Facebook page and through the Zoom chat.

## **How do I join?**

- Live On the Algonquins of Pikwakanagan First Nation – Community Projects Facebook page on either day;
- Through Zoom:
  - Monday: <https://us02web.zoom.us/j/83503127188>
  - Tuesday: <https://us02web.zoom.us/j/81896628151>
- Calling to Zoom (toll free) at 1-855 703 8985, then enter the following meeting number when prompted, and press pound:
  - Monday: 83503127188
  - Tuesday: 81896628151
- **VIRTUAL OPEN HOUSES and YOUTH ENGAGEMENT** sessions later this month;

**We are encouraging all community members, on/off reserve, youth, and elders, to participate in the CCP. To request a hardcopy of the survey, interest in participating in an interview, or any other information, contact Lucas Bramberger, the AOPFN Community Coordinator:**

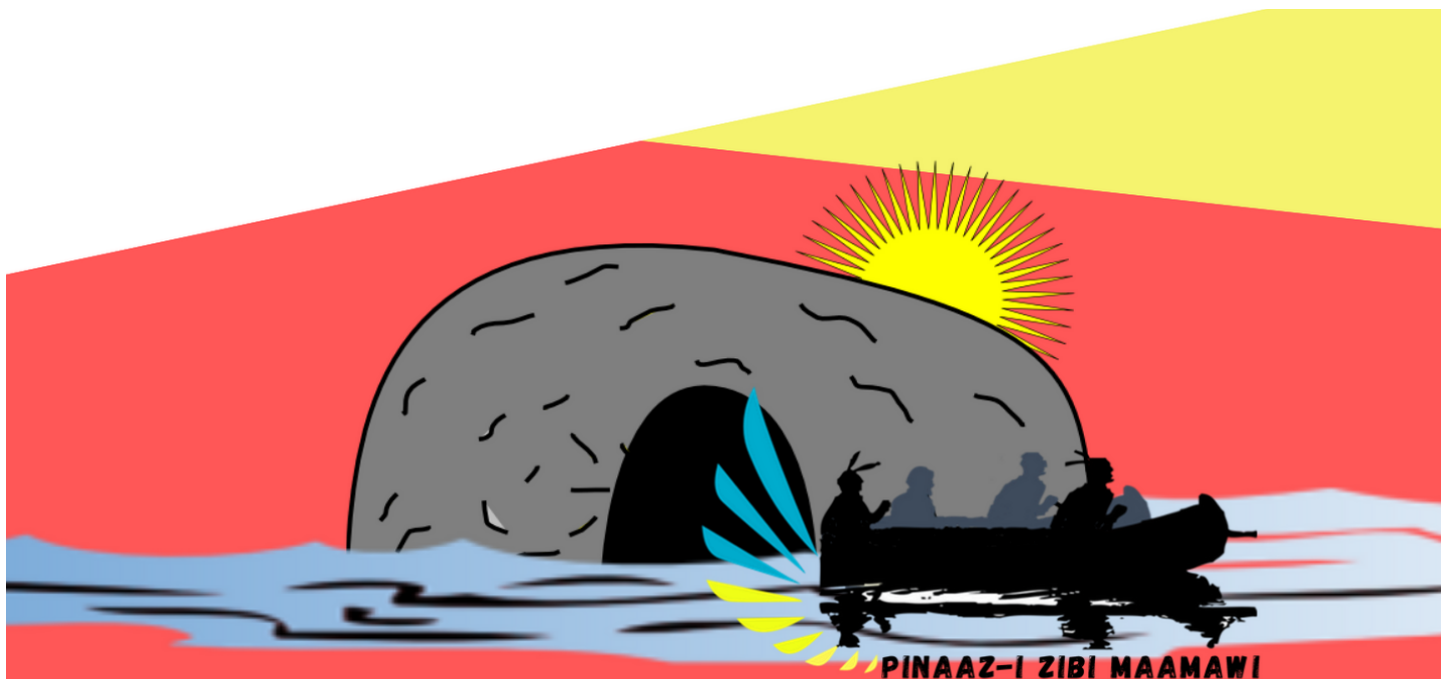
Email: [coordinator.studies@pikwakanagan.ca](mailto:coordinator.studies@pikwakanagan.ca)

Phone: (613)-625-1551 ext. 102

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**AOPFN will maintain strict standards of data confidentiality and will protect personal information  
Participants will receive honoraria for your participation in interviews and be entered into a  
cash-prize draw for survey completion.**





TRAVELING THE RIVER TOGETHER  
WITH THE CREATOR -CELEBRATING CULTURE

# PINAAZ-I ZIBI MAAMAWI ONLINE SUNRISE CEREMONY

APRIL 4, 2021 @ 6:15 AM  
GOLDEN LAKE/PIKWÀKANAGÀN  
FACEBOOK LIVE

Follow Pinaaz-i Zibi Maamawi on Facebook and Instagram

DRUMMERS  
AND OTHERS WHO MAY WANT TO JOIN US IN PERSON  
REGISTER NOW!

CONTACT: [pzm@bell.net](mailto:pzm@bell.net) or 613-602-7970

Space is limited according to local health guidelines  
Masks and Physical Distancing Required

Training & Learning Centre  
473 Kokomis Inamo, Unit #4  
Pikwakanagan



***Tell us what we can do for you.***

Learn FREE computer, writing,  
reading or math training

- to connect with family & friends online
- to help your children with homework
- to prepare for employment
- fill out forms or send email
- to be more independent

Call us at 613-625-2210 on  
Thursdays and Fridays  
or 613-628-1720, Monday to Friday  
or email us at  
[trainingandlearningcentre@gmail.com](mailto:trainingandlearningcentre@gmail.com)

**CONTACT US TODAY**



**OMÀMIWININÌ PIMÀDJOWIN**  
**The Algonquin Way Cultural Centre**

**Gift Shop  
Pick-Up Service**

Starting the week of March 8, 2021 we will have pick-up service only, there will be no in-store shopping. Payment can be made by debit or credit.

**Orders placed on Monday by 4:00 p.m. will be ready on the Friday between 1:00p p.m. – 4:00 p.m.**

- 1) Email Katie at [katie@thealgonquinway.ca](mailto:katie@thealgonquinway.ca) to place your order
- 2) List items and quantity
- 3) Arrange Friday pick-up time

Omàmiwininì Pimàdjowin staff will be working remotely during this time and can be reached by email:

**Contact Information**

Leave voicemail at 613-625-1958 or email at:

Naomi - [nsarazin@thealgonquinway.ca](mailto:nsarazin@thealgonquinway.ca)

Katie - [katie@thealgonquinway.ca](mailto:katie@thealgonquinway.ca)

Willy - [willy@thealgonquinway.ca](mailto:willy@thealgonquinway.ca)

Follow us on [Facebook](#) at Omàmiwininì Pimàdjowin

## AOPFN Cumulative Effects Study

The Algonquins of Pikwakanagan First Nation (AOPFN) is undertaking a cumulative effects study in response to proposed projects in AOPFN traditional territory. AOPFN has contracted an Indigenous-owned consulting firm, The Firelight Group to support this work.

**A Cumulative Effects Study?** - In studying the combined effects of all of the impacts in an area on AOPFN's values (e.g., wildlife, plants, water, air quality), the research team will seek to:

Develop a report and a map showing which areas and values across our territory are most impacted, and are of greatest concern to our members;

Help guide monitoring and restoration across the territory; and Help ensure that future development projects take into account all of the impacts that have already occurred on the territory during the environmental assessment process.

**Engagement with AOPFN community members:**

**A community-wide survey** to gather input on how to focus this study will be available online alongside the CCP survey, March 15<sup>th</sup> at: <https://arcg.is/eTrre>. A hardcopy version with return postage can be sent by request.

**Focus groups** with Knowledge Holders and Elders to discuss how cumulative effects are impacting AOPFN's values in the territory.

For interest in participation, please contact Lucas Bramberger, the AOPFN Community Coordinator:

Email: [coordinator.studies@pikwakanagan.ca](mailto:coordinator.studies@pikwakanagan.ca)

Phone: (613)-625-1551

**AOPFN will maintain strict standards of data confidentiality and will protect personal information. Participants will receive honorariums and/or gift certificates for your participation in interviews.**







### Children's Easter Colouring Contest!

Colouring contest open to  
Pikwakanagan children in the  
following age categories:

2-5 years

6-10 years

The pictures to be colored can  
be picked up at the  
Makwa Community Centre  
Monday to Friday between 8:30-  
4:30!

Once your picture is coloured  
please post a picture on our  
Pikwakanagan  
Sports & Rec Facebook page by  
Sunday, April 4th at noon!

3 winners in each age category  
will be selected by our random  
wheel spinner on Facebook live,  
Sunday, April 4th at 7:00 p.m.

Make sure to tune in with the  
kiddos and watch  
the live spin-off!

3 winners in each category will  
receive an  
Easter basket full of goodies!

We can't wait to see your  
awesome pictures...

Brought to you by the  
Pikwakanagan Sports  
& Recreation Department!



### Pikwakanagan Golden Egg Hunt!

Easter weekend is April 2-5th and the  
Pikwakanagan Sports & Recreation  
Department  
is bringing some Easter fun your  
way!

Our department will be hiding 5  
GOLDEN EGGS somewhere in the  
community (publicly visible, not on  
private property)

**The GOLDEN EGG HUNT begins on  
Friday, April 2 at noon!**

**The 5 GOLDEN EGGS must be found  
by Sunday, April 4th at 6:00 p.m.**

You must post a picture (on  
Pikwakanagan Sports & Rec  
Facebook page) holding the golden  
egg and where you found it to con-  
firm the correct location! If there are  
still eggs to be found by 4:00 p.m. on  
April 4th clues will be  
given out live on Facebook to find  
the remaining eggs,  
5 family Easter baskets will be  
awarded to the  
successful GOLDEN EGG HUNTERS!  
Goodluck to all, stay safe and have  
fun....

## SAFETY OF OUR COMMUNITY

We need your help to make our community a healthier and safer place to live. Investigations are ongoing on potential illegal activities that are taking place within our community. We are asking if you see any type of illegal activity taking place to call Crime Stoppers 1-800-222-TIPS (8477) or 613-735-8477 and report it every time you see it happening. By doing this you will be providing information that is necessary for police investigations. The police need the support and help of the community to stop criminal activity that is putting our community at risk.

### Cash Reward Program

Crime Stoppers is a partnership of the public, the police, and the media, which provides the community with a proactive program for people to assist the police in solving crime, earn a cash reward for information & **remain forever anonymous.**

## St. Kateri Tekakwitha Virtual School

Dear Parents/Guardians,

If you are interested in registering your child for Virtual School in September of 2021, the deadline for registration is March 22, 2021. Please use the link below to access the registration form.

Link to the form:

<https://forms.gle/7Kfy9o4R9UgP7qdU9>



PREVENTION SERVICES PRESENTS

**Virtual Facts Groups  
Are Back**  
**Jr Facts- Mondays**  
**Teens- Tuesdays**  
**Tweens- Tuesday**  
**Kids Facts- Wednesday**

**4:30- 5:30**

**REGISTER TODAY!**

JR FACTS REGISTRATION FORM (4-7 years old): <https://forms.gle/xzsmFH6fsncLic3dA>

KIDS FACTS REGISTRATION FORM (8-10 years old): <https://forms.gle/EFhWccuwZHy2SVrX7>

TWEEN FACTS REGISTRATION FORM (11-12 years old): <https://forms.gle/sjnfJkXK7B3bn9x3A>

TEEN FACTS REGISTRATION FORM (13-17 years old): <https://forms.gle/NoPnY87dPCcQZZr48>

## 5 Skating Clinics are coming your way....

There will be a skating clinic for all Pikwakanagan children in Kindergarten to Grade 8 beginning  
**Thursday, February 25, 2021 at the Eganville Arena.**

The Skating Clinic will be supervised by Kerry, Natasha, and Coach Adam Bernard  
from 4:30 to 5:30 p.m.

### **The Pikwakanagan Skating Clinic schedule is as follows:**

Thursday, February 25—Eganville Arena 4:30-5:30 p.m.

Thursday, March 4th—Eganville Arena 4:30-5:30 p.m.

Thursday, March 11—Eganville Arena 4:30-5:30 p.m.

Thursday, March 18th—Eganville Arena 4:30-5:30 p.m.

Thursday, March 25th—Eganville Arena 4:30-5:30 p.m.

All children will be required to have skates and a helmet, if your child/children are interested in coming out to learn to skate or enhance basic hockey skills and don't have skates or a helmet please contact Kerry or Ryan at 613-625-2682, we may have skates and a helmet on hand to fit your child!

### **All children must wear a MASK inside the arena until they go onto the ice!**

You can send a skating backpack containing their skates/helmet on skating clinic day with your child to school or you can drop off a skating backpack at the Makwa Centre by 2:30 p.m. on skating clinic day!

If your child attends E.D.P.S either Kerry or Natasha will meet the children outside the school to walk to the arena on skating clinic days at the end of their school day!

If your child attends St. James unfortunately parents will have to make arrangements to have their child dropped off at the rink by 4:20 p.m.!

Parents are more than welcome to pick up their child/children and bring them on your own as well!

### **IT IS THE PARENT'S RESPONSIBILITY to PICK UP YOUR CHILD BY 5:30 P.M.**

at the Eganville Arena after the clinic is done! There will be NO rides offered to any children so please be prompt as they cannot sit inside to wait as the rink must be sanitized before the next booking!

### **REGISTRATION FORMS MUST BE COMPLETED FOR THIS NEW ROUND OF SKATING!**

***Please contact the Makwa Centre at 613-625-2682 to arrange a time to complete the registration form and sign the permission form.***





## EMPLOYMENT OPPORTUNITY

**Position Title:** Aboriginal Child and Youth Mental Health Systems Navigator

**Salary:** \$43,884 per annum

**Tenure:** One-year term (possibility of permanency)

**Department:** Health Services

**Closing Date:** April 2nd, 2021 at 4:30pm

### Summary

The Aboriginal Child and Youth Mental Health Systems Navigator (herein *Navigator*) will provide screening and brief assessment for children, youth, and families experiencing addictions and mental health challenges. Based on information ascertained in the assessment the Navigator will then make referrals to the appropriate services, including internal and external programs not limited to primary care; addictions services; and housing, as required to best fit the needs of the clients.

The Navigator will monitor the progress of the treatment plan through case consultations and follow-up sessions and will engage further resources as required. When engaging resources, the Navigator will also aid in building trust with non-Aboriginal service providers and bridge the gap between Aboriginal and non-Aboriginal understandings of health and healing practices. This form of advocacy will not only provide education about traditional practices to service providers but also educate the clients on the contemporary practices being employed with that provider.

### Basic Requirements:

- Child and Youth Worker Diploma or Social Service Worker Diploma (at a minimum).
- Minimum 1 year experience counselling children, youth, and their families.

### Conditions of Employment:

- Criminal Reference Check and Vulnerable Sector Check
- CPR and First Aid Certification
- Proof of a minimum of a class "G" driver's license and a driver's Abstract.

ELIGIBILITY LIST WILL BE ESTABLISHED: YES

**Contact Person:** Christine Hutchinson,

Employment Development Officer

(613) 625-2800 ext. 237 employment.officer@pikwakanagan.ca

Algonquins of Pikwakanagan Administration Office  
1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

## CALL TO TENDER

### FOR CUSTODIAL SERVICES

For the Algonquins of Pikwakanagan First Nation,  
Administration Office Building

**Scope of Work:** The contractor is to supply all necessary labor and equipment required to complete the services described in "Schedule A"

**Cleaning Supplies:** Will be supplied by the Algonquins of Pikwakanagan First Nation.

**Duration of Contract:** April 1, 2021 to March 31, 2022

**Tender Closing Date & Time:** March 31, 2021 at Noon

**Tender Submission Requirements:** A complete tender must include the following:

- Tender form completed in full; (see below)
- Two (2) reference check names of previous employers;
- Proof of current WHMIS training certificate;

**Additional Requirements:** The successful bidder must provide, at their own expense by **March 31, 2021**.

1. Proof of Personal Liability and Property Damage Insurance;
2. An acceptable Criminal Reference Check;
3. Companies; If bidding as a company, all other individuals must meet the above requirements -1. Proof of WHMIS certification with Tender Submission. 2. An acceptable criminal reference check. 3. Names on the policy as an insured if the company is the successful bidder.

**Contract Award:** The Algonquins of Pikwakanagan First Nation is not obligated to accept the lowest or any tender.

**Site Examination & "Schedule A":** The bidder is encouraged to contact the person below to arrange for a site inspection by appointment only and receive a copy of the "Schedule A".

**"Schedule A" is available at the front Desk of the Administration Office.**

**Tender Submission:** Submit "Tender" in a sealed envelope clearly marked. "Tender for Custodial Services-Administration Building" addressed to: c/o David Assinewai, Manager, Public Works, Algonquins of Pikwakanagan First Nation, 1657-A Mishomis Inamo, Pikwakanagan, Ontario K0J 1X0

### 2021-22 TENDER FOR CUSTODIAL SERVICES ADMINISTRATION BUILDING

I \_\_\_\_\_, having carefully read the tender specifications and "Schedule A" (site inspection optional) submit my tender for custodial services as:

\_\_\_\_\_ per month. Dated this day: \_\_\_\_\_

\_\_\_\_\_ (Signature)

\_\_\_\_\_ (Phone Number)



## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Sarrazin, Edouard	Pesindewate/Lamure	06 Oct 20	06 April 21
Righton, Dylan	Pesindewate/ Lamure	06 Oct 20	06 April 21
Sarrazin, Vanessa	Pesindewate/Lamure	06 Oct 20	06 April 21
Nieman, Gordon	Meness	07 Oct 20	07 April 21
Towns, Candice	Jocko	07 Oct 20	07 April 21
Seely, Gregory	Commanda/Lamure	07 Oct 20	07 April 21
Buchwald, Peter	Tenniscoe	15 Oct 20	15 April 21
Desveaux, Bauer	Jocko	15 Oct 20	15 April 21
Johnson, Ashley	Meness	26 Oct 20	26 April 21
Kuiack, Stacey	Lavalley	26 Oct 20	26 April 21
Bowers, Nikki	Sharbot	09 Nov 20	09 May 21
Lavalley, Anthony	Lavalley	24 Nov 20	24 May 20
Dumoulin, Stephen	Meness	30 Nov 20	30 May 21
Dumoulin, Kaitlyn	Meness	30 Nov 20	30 May 21
McCormick Allison	Baptiste	30 Nov 20	30 May 21
Bryant, Jordan	Sharbot	06 Jan 21	06 July 21
Harley, Anna	Lavalley	14 Jan 21	14 July 21
Popoff, Beverley	Sharbot	19 Jan 21	19 July 21
Lavalley, Scarlett-daye	Lavalley	28 Jan 21	28 July 21
Gibson, Shane	Lavalley/Francois	18 Feb 21	18 Aug 21
Landry, Christopher	Benoit	18 Feb 12	18 Aug 21
Landry, Nathaniel	Benoit	18 Feb 21	18 Aug 21
Tokio-Carr, Elizabeth	Lavalley	18 Feb 21	18 Aug 21
Tokio-Carr, Shannon	Lavalley	18 Feb 21	18 Aug 21
Reid, William	Bernard	18 Feb 21	18 Aug 21
Gagnon, Andrea	Meness	26 Feb 21	26 Aug 21
Gagnon, Joseph	Meness	26 Feb 21	26 Aug 21
Robbins, Sonny	Jocko	26 Feb 21	26 Aug 21
Hutton, Natalie	Meness	03 Mar 21	03 Sept 21
Commando, Isabel	Commanda	09 Mar 21	09 Sept 21

To appeal the addition of one of the above persons becoming a Member of the Algonquins of  
Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the  
Lands, Estates & Membership Department or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)

***Algonquins of Pikwakanagan First Nation***  
***1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0***

**Office : (613) 625-2800 Fax : (613) 625-2332**

**HOURS OF OPERATION Monday - Friday 8:30 am to 4:30 pm**

**12:00 -1:00 pm Closed for LUNCH**

**\*\*HOLIDAY CLOSURES\*\***

New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, National Aboriginal Day, Canada Day,  
Civic Holiday, Labour Day, Thanksgiving, Remembrance Day & Christmas Day.  
Closed between Christmas & New Year's Day

**AOPFN EMPLOYMENT  
OPPORTUNITIES**

**Application Procedure:** Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title.

**Screening Procedure:** Applicants will be screened on the following: 1.) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements.

**Affirmative Action Criteria:** Positions may be subject to AoPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

**Interviews:** Due to Covid-19 all interviews will be conducted virtually by Zoom. AoPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.

**ANIMAL CONTROL**

June Logan: 613-625-2545 or (613) 602-3626

**WASTE DISPOSAL SITE**

Open Wednesdays: 12-6 pm & Sundays 9am-3:00 pm

**CURBSIDE PICK-UP**

Garbage: Wednesdays Cardboard: Thursdays  
Containers: Fridays  
*Must have items at curbside by 9 am*

**LEGAL ADVICE**

Criminal or Family Legal advice call:  
Duty Counsel at 613-735-3400

**CONWAY'S PHARMACY REMOTE  
DISPENSING LOCATION IS OPEN**

Regular business hours are

Mondays, Tuesdays, Thursdays Fridays 9am to 4pm  
(closed 12 - 1)

And Wednesdays 9am to 1pm

We are closed weekends and holidays

Delivery is available Monday to Friday

Phone 613-625-9974 Fax 613-625-2068

Thank you

Natalie Commanda, Pharmacy Technician

Joseph Conway, Pharmacist

**PREVENT COVID-19 DURING TRAVEL**

 **If you travel, take these steps:**



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

CS136358D 06/05/2020