



# Pikwakanagan Tíbadjūmowín

**Friday February 05, 2021**

view on-line at: [www.algonquinsopikwakanagan.com](http://www.algonquinsopikwakanagan.com)

Facebook : Algonquins of Pikwakanagan First Nation

Email: [reception.admin@pikwakanagan.ca](mailto:reception.admin@pikwakanagan.ca)

## REMINDER

**AOPFN REMAINS UNDER THE “STATE OF EMERGENCY – STAY AT HOME” ORDER UNTIL FEBRUARY 9, 2021.**

Under the stay-at home-order the following restrictions and guidelines in effect are:

1. You are to remain at home at all times unless it's for an essential purpose.
2. Outdoor public gathering and social gatherings of more than 5 people are prohibited. Only people within your designated household.
3. All indoor gatherings, with the exception of your household, are prohibited.
4. Masks are mandatory in all indoor settings (exception of your household members) and outdoor settings if you cannot maintain the 6ft distance.



## COVID-19 TESTING

Pikwakanagan Family Health Team continues to offer Covid-19 testing.

Testing is by appointment ONLY

Please contact: 613-625-1175

## A MESSAGE FROM CHIEF WENDY JOCKO

Dear Members of Pikwakanagan,

Last week we hosted our first virtual community meeting since Covid19 began. Due to a technical error, my opening remarks were not recorded. All of the recordings and the presentations are now available on [www.pikwakanagan.gov.ca/events](http://www.pikwakanagan.gov.ca/events). The open surveys can be found here: <https://pikwakanagan.gov.ca/surveys/>

You can retrieve your password to the Self Government website by logging into the members only section of the Pikwakanagan site here: <https://www.algonquinsopikwakanagan.com/member-login/>

Here are my opening remarks from the community meeting:

“It’s great to be able to host a community meeting virtually and this is the first opportunity for this Council to participate in a community forum since COVID19 forced us all online. I wish that we could all be together physically for this session, sharing a meal together and participating in the traditional and cultural elements that we are bringing back into our governance. We started 2020 by establishing a negotiation table for Self-Government and a team to lead Council and the community in these discussions and developments. Last week, the Self Government team met with Council to discuss our vision for Self-Government. We are now seeking your input through a survey including some of the questions Council considered during this visioning session. Please fill that out when you can.

Some of the things I thought about and spoke about during this visioning session was that it has been approximately 249 years give or take a couple of months or years that our ancestors signed the very first petition, petitioning Canada for our lands. Here we are seven generations later on the same trajectory that our ancestors laid before us. Figuratively, perhaps literally, some of them basically died on their feet, in order to give us the opportunity in our life to live that we didn't have to live on our knees, and beholden or obligated to the colonial government. We are driving the bus. Let's not get derailed. We have got a great negotiation team, and you are going to come up with a plan of attack, and we're going to get this done, and hopefully in our lifetime, or for our next seven generations.”

Wendy Jocko, Chief



January 29, 2021

## What You Need To Know About The Covid-19 Vaccine

### **When will the COVID-19 vaccine be available?**

Currently, only the Pfizer-BioNTech and Moderna COVID-19 vaccines are available for use in Canada. Supply chains are still be sorted out throughout the Country and Province and exact dates and timelines are still being determined.

The Pikwakanagan Pandemic Team is working with Renfrew County Public Health officials and developing our community vaccination plan. We are committed to updating you about the vaccine availability as information is confirmed.

### **Who will receive the COVID-19 vaccine?**

Initial vaccine supply will be limited so not everyone will be able to be vaccinated right away. The COVID-19 vaccine will be given according to the provincial roll out priority listing.

Renfrew County Public Health Unit has prioritized Tennisco Manor (congregate living), high risk seniors and caregivers as a priority. The first clinic is January 29<sup>th</sup>, 2021. Pikwakanagan has received a limited supply of the vaccine.

### **Why should I get vaccinated?**

COVID-19 vaccines are safe, effective and the best way to protect yourself and loved ones and your community from COVID-19 virus.

COVID-19 vaccines are one of the most effective ways to prevent the spread and reduce the impact of infectious diseases.

COVID-19 vaccine helps to build up your immunity to the virus, so your body will fight it off more easily if it affects you.

COVID -19 vaccine are an important tool to stop the spread of the COVID-19 virus and allow us to resume 'normal' life.

**When a large percentage of the population becomes immune to COVID-19 it will slow down or stop the virus.**

### **How is the vaccination given?**

COVID-19 vaccines (such as the Pfizer-BioNTech and Moderna vaccines) are given in two doses, injected into a muscle in the upper arm.

### **Why do I have to receive two doses of the vaccine?**

The first shot starts building immunity, but it is not enough for protection. The second shot given a few weeks later is needed to get the most protection from the vaccine. Until that time, it is recommended to follow all the public health measures (**continue to wash your hands regularly, stay home when sick, stay 2 metres apart, wear a face mask, and keep using good cough and surface hygiene, avoid gatherings**).

### **When is the second vaccine dose given?**

The second vaccine can be given within 21-28 days but may be recommended for up to 42 days.

### **Does the second dose of the vaccine have to be the same vaccine I was initially given?**

Yes. The COVID-19 vaccine products are not interchangeable; the second dose must be from the same manufacturer as your first dose.

### **Can I get COVID-19 from the vaccine?**

No. The vaccines that are being used do not contain the live virus that causes COVID-19. This means that you cannot get COVID-19 infection from the vaccine.

## **Is the vaccine safe?**

Both vaccines have undergone extensive clinical trials that tested for safety and efficacy. Ongoing studies on the vaccine indicate no serious side effects found to date according to Health Canada.

## **Can I receive the COVID-19 vaccine if I am pregnant or breastfeeding?**

As pregnant or breastfeeding women were not included in the vaccine clinical trials, there is not enough data to know if the vaccine is safe for pregnant or lactating women and as such COVID-19 vaccine is not routinely recommended at this time.

## **Can I receive the COVID-19 vaccine if I am immunocompromised?**

Persons that have HIV, taking chemotherapy drugs or other immunosuppressive medication or therapies should be counselled about the vaccine safety profile and efficacies related to them. Persons with such conditions should seek advice from their medical practitioner.

## **Can I receive the COVID-19 vaccine if I have an autoimmune condition?**

Persons with an autoimmune conditions who have no contraindications to vaccination may receive a vaccine.

## **What are the common side effects?**

Known side effects include one or more of the following symptoms: pain where the needle was given, redness and swelling, tiredness, headache, muscle pain, joint pain, chills, mild fever, swollen glands (less frequently). These types of side effects are expected and simply indicate that the vaccine is working to produce protection.

Symptoms of an allergic reaction include hives, swelling of your face, tongue or throat, or difficulty breathing. If you are concerned about any reaction you experience after receiving the vaccine, contact your health care provider.

## **What if I have a reaction, or an adverse event?**

After receiving the vaccine, you will be asked to wait in the clinic area for 15 minutes or longer to be monitored for any adverse reactions. Severe allergic reactions such as anaphylaxis are rare and are most likely to begin shortly after receiving the vaccine. If you experience a severe allergic reaction after leaving the clinic, call 9-1-1 or go to your nearest hospital. Adverse Events After Immunization should be reported to your health care provider. This information is used to assess whether or not you should receive future vaccine doses and it helps to provide information about overall vaccine safety.

## **How effective is the vaccine, and when does the vaccine protection begin?**

Based on manufacturer data, Pfizer-BioNTech's vaccine was found to be 94.6% effective against COVID-19 beginning 7 days after the second dose.

Moderna's vaccine was found to be 94.1% effective against COVID-19 after receiving two doses and 100% effective against severe COVID-19 disease.

## **Could I test positive for COVID-19 after receiving the vaccine?**

No, not as a result of the vaccine alone. The vaccines won't cause you to test positive on viral tests.

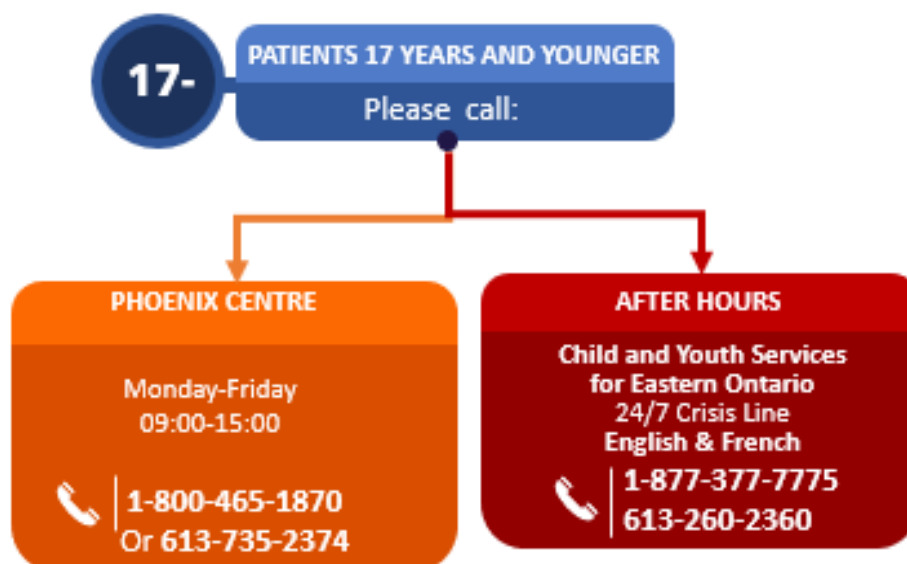
## **Do I need to continue wearing my mask after I receive the vaccine?**

Yes. While experts learn more about the protection that COVID-19 vaccines provide under real-life conditions, it is important for everyone to continue covering your mouth and nose with a mask, washing hands often, and staying at least 6 feet away from others. Building immunity takes time. Until vaccines are widely available for everyone to receive two doses, we must continue taking the necessary health precautions.

**“Together, we can do this. To learn more about the best ways to protect yourself and others and or get the facts about vaccines please visit [Canada.ca/coronavirus](https://Canada.ca/coronavirus)”**

Prepared by: Algonquins of Pikwakanagan First Nation COVID-19 Vaccine Team  
(Family Health Team, All Community Nurses, Manager of Health Services)

January 29, 2021



## VALENTINE'S DAY—BAKING CHALLENGE

Win a Deluxe Baking Package...

You can bake and decorate cookies, cupcakes or a cake, post a photo of your home baked creation on Valentine's Day and you are entered in the draw for the Deluxe Baking Package!

Winner will be announced on February 15th!

Have fun everyone and we look forward to seeing your yummy Valentine's goodies!

From the  
Pikwakanagan Sports & Recreation  
Department

## SECRET SNOW CHALLENGE!

Enter your household into our Secret Snow Challenge! If you call or message to enter your household will receive an envelope that contains what you must create. Shhhh don't tell others it will be a secret surprise!

Challenge open now until March 1st!

Call 613-625-2682 (leave a message) or comment on Community Events or Pik Sports & Rec Facebook pages to request your secret envelope! Winners will be announced on March 2nd! Snow Challenge open to Pikwakanagan households!

Top 3 Snow Challenge winners will be chosen!

Have fun from the Pikwakanagan Sports & Recreation Department!



## NISÀGITÒN PIKWAKANAGAN CHALLENGE

February 14, 2021

This challenge is simple, find a place in the community where you love spending time with your loved ones. Record a video and say **Nisàgitòn Pìkwàkanagàn** (which means "I love Pìkwàkanagàn" in the Algonquin language).

Post your video to Facebook by February 16 and write a post on why you love this place in the community. Make sure to use the hashtag **#LovePikwakanagan** and tag Omamiwinini Pimadjwowin. We will enter your name into a draw and on February 17 at 10am we will announce a winner.

Good Luck and Have Fun Practicing the Language!



## NIDÒDEMAG CHALLENGE

Family Day  
February 15, 2021

Create a banner or monogram design that represents your family's last name. Then post a video of your family holding the design and saying **Nidòdemag** (which means "My Family" in the Algonquin language).

Post your video to Facebook by February 17 and make sure to use the hashtag **#nidodemag** and tag Omamiwinini Pimadjwowin. We will enter your name into a draw and on February 19 at 10am we will announce a winner.

Good Luck and Have Fun Practicing the Language!!

# RETURN TO SCHOOL

Dear Parents/Guardians/Students  
Return to School starts on January 25, 2021

## Renfrew County District School Board

All parents/guardians have already received notification from the boards, via e-mail and/or telephone.

1. If your student is **currently doing remote learning since September/October** and now would like to return to in-person learning at the school, the following is required:
  - A. Please contact the school EDPS at 613-628-2606 and advise them your student would like to start back to school or e-mail Principal Belsher [belsherm@rcdsb.on.ca](mailto:belsherm@rcdsb.on.ca)
  - B. The Principal will contact the parents/guardians with the date their student can start back to school. The school requires sufficient time to ensure the safety of the students who have chosen to come back to school. It may take a few days or up to a week. This is for everyone's safety during the pandemic. Please be patient.
  - C. When you have received a confirmation date from the school, please notify Education Services to complete the appropriate forms for bus transportation services. Della Meness 613-625-2800 ext. 239 (please leave a voice message) or e-mail [mgr.education@pikwakanagan.ca](mailto:mgr.education@pikwakanagan.ca)
  - D. Families who have received a digital device to accommodate remote learning during this current time, please return the device with your student on Monday. Devices need to be returned as soon as possible as they are required for in-class learning.
  - E. Opeongo High School students returning from remote learning please contact the high school at 613-735-7857 or e-mail Principal McGregor [mgregora@rcdsb.on.ca](mailto:mgregora@rcdsb.on.ca)

## Renfrew County Catholic District School Board

All parents/guardians have already received notification from the boards, via e-mail and/or telephone.

1. If your student is **currently doing remote learning since September/October** and now would like to return to in-person learning at the school, the following is required:

A Learning Environment Change Request Form was e-mailed to all parents. The form is open from January 12, 2021 to January 27, 2021. Please go to the link [Return to In-Person Learning at Your Home School](#) . The start date for your student moving from St. Kateri Virtual School back at their home school will be February 2, 2021.

If your student is not returning to in-class learning, you do not have to complete the form.

  - A. Families who have received a digital device to accommodate remote learning during this current time, please return the device with your student on Monday. Devices need to be returned as soon as possible as they are required for in-class learning.
  - B. When you have received a confirmation date from the school, please notify Education Services to complete the appropriate forms for bus transportation services.

Della Meness 613-625-2800 ext. 239 (please leave a voice message) or  
e-mail [mgr.education@pikwakanagan.ca](mailto:mgr.education@pikwakanagan.ca)

**Please contact St. James at 613-628-2927 or email  
Principal Maureen McHale Enright  
<[menright@rcdsb.edu.on.ca](mailto:menright@rcdsb.edu.on.ca)>**

## Health and Safety Requirements for all Students both Boards

Wearing of masks in the schools will now include grades Grade 1 to Grade 12 at all time while inside the school.  
When outside, if students are not able to maintain a safe distance of two metres, students will be required to wear a mask.

All students on the school bus from AoPFN will be required to wear a mask at all times.



## MAKWA COMMUNITY CENTRE – OUTDOOR RINK RULES

*“Ontario is in a State of Emergency and has a “Stay At Home” order in place. It defines outdoor gatherings are restricted to 5 people and should be from the same household and it is recommended to wear face masks outdoors when you cannot physically distance”*

1. Ice-time will be by appointment only.
2. Call Kerry at 613-281-1019 to book your appointment time between the hours of 9:00 a.m. and 4:30 p.m. Monday to Friday.
3. All ice-time appointments will be 50 minute sessions. You have 10 minutes after your session to remove skates, equipment and depart.
4. Ice-time sessions will be limited to 5 members of your own household at a time.
5. Rink use is currently limited to use by Pikwakanagan community members ONLY
6. Rink will be open daily from 10:00 a.m. to 8:00 p.m.
7. Our facility/washrooms remain closed to the public until further notice, please plan your skating session accordingly.
8. We reserve the right to cancel bookings due to weather.
9. It is recommended that masks/face coverings are worn to ensure the safety of all.
10. Monitoring to ensure the 5 person household rule is adhered to will be conducted throughout the hours of operation.
11. Anyone found not following the rules as outlined will not be permitted to use the Outdoor Rink.
12. Use of the Makwa Community Centre ODR is at your own risk, please keep everyone's safety in mind at all times.
13. Please do your part to reduce the spread of COVID-19.

**This document has been reviewed by Co-Pandemic  
Lead Peggy Dick, R.N.**

## SUPPORT FOR LEARNERS PROGRAM

The Ontario government's Support For Learners program portal is open for applications and parents of high school aged students are now eligible for the supports.

This program offers financial support for families to offset additional education costs due to the pandemic. **The program is now available to all students up to grade 12.** Eligible families can receive \$200 for each child or youth up to Grade 12 and \$250 for each child or youth up to age 21 with special needs.

**Applications can be submitted here:**

<https://www.ontario.ca/page/covid-19-support-students-and-parents#section-0>

The deadline to apply is February 8, 2021.

## EXERCISE AND OUR BLOOD SUGAR

Exercise will help with the control of blood sugars in 2 ways:

- Exercising will increase insulin sensitivity so our muscles end up using the insulin that's available more efficiently.
- Exercising will cause our muscles to contract and relax. This allows our cells to use glucose for energy, whether insulin is available or not.

Moderate to high levels of physical activity has also been linked to lower mortality rates in diabetics.

**The best exercises to control blood sugars:**

- Aerobic exercise: this is continual exercise that is meant to elevate your breathing and heart rate. Ex: brisk walking, jogging, cycling, hiking, skating, swimming...)
- Resistance training: this is brief and repetitive movements using weights or resistance bands or even our own body weight in order to build up strength in our muscles.
- Interval training: this kind of training includes short bursts of intense exercise followed by short rest periods.
- Aquatics: activities in the water can have the same health benefits of other types of exercises, plus it has the added bonus of being gentle on our joints.

Talking to our healthcare provider before changing up our exercise regime is important to figure out what is safe for us individually. When we begin a new resistance routine, checking with a qualified specialist will be helpful for proper techniques and postures. Please contact the diabetic navigator for more specific-to-diabetes ideas on how to get moving again at [diabetic.navigator@pikwakanagan.ca](mailto:diabetic.navigator@pikwakanagan.ca)

# AOPFN NEWS

## Comprehensive Community Plan Project



**Algonquins of  
Pikwakanagan  
First Nation**

## *We are updating our Comprehensive Community Plan (CCP)*

### What is a CCP?

- A formal document that outlines the needs and aspirations of a Nation for the next 10 – 20 years.
- A plan made through a grassroots process that engages members
- A guide for leadership and staff based on the community's vision and priorities for the future.

### CCPs Consider These Areas:

- Governance
- Lands & Resources
- Health
- Infrastructure Development
- Housing
- Culture
- Social
- Economy
- Education
- And More!



### Why is a CCP Important?

- The Plan establishes community goals and outlines the actions it needed to achieve them
- Provides guidance for Leadership and Staff for decision making
- Sets goals and priority areas
- Promotes economic development
- Encourages community-based solutions
- Reflects the aspirations and needs of all members
- Aim for improvements and sustainability in all aspects of community life

### Engagement

Engagement meetings cannot happen in person due to COVID-19. To ensure everyone has an opportunity to participate, we will:

- Send out survey links
- Send out CCP workbooks to member homes
- Host online meetings and presentations
- Host virtual information booths and open houses
- Conduct 1-on-1 interviews with members

An honorarium is available to members who participate in a 1-on-1 interview.



## Benefits of Making a CCP

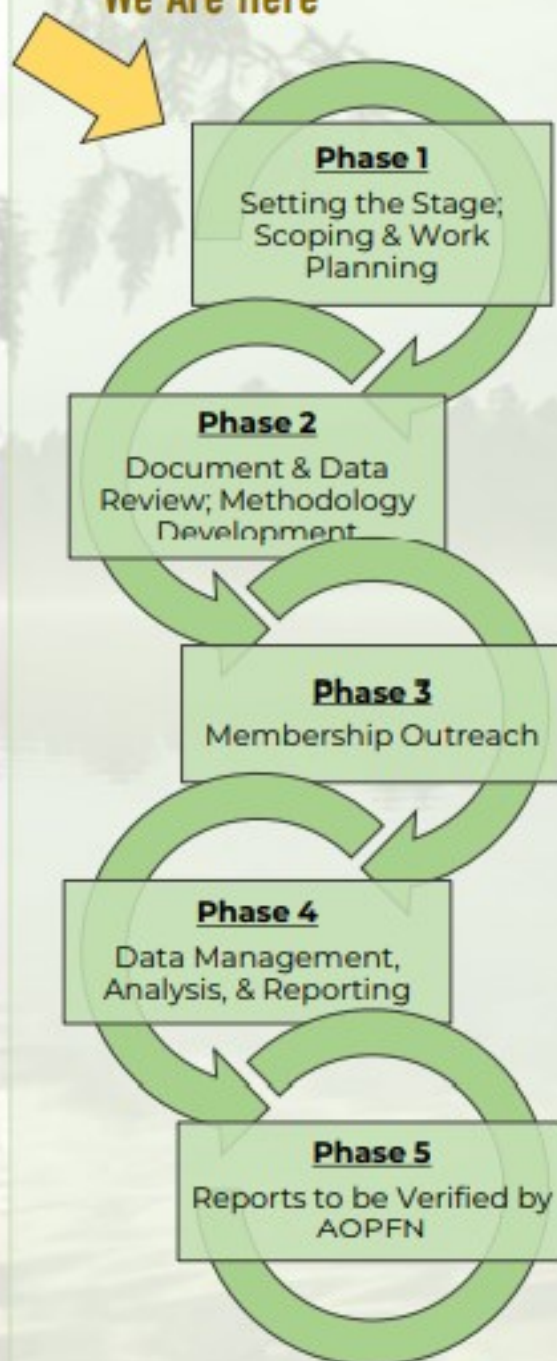
- Allows community members voices to be heard by Chief and Council
- Planning for the present and for the future will secure our Nation's and improve the wellbeing of our people
- CCP's identify challenging areas such as housing shortages, which will help to identify our needs when applying for federal funding
- Gives us a chance to reimagine our community and express of vision for AOPFN

## What will our CCP Include?

- Overview and summary of our Nation, culture and history
- Community vision statement and guiding principles for our Nation
- Community goals, objectives and actions for different planning areas
- Implementation plan to ensure we move forward towards our vision

## Our CCP Planning Process

**We Are Here**



Please stay tuned to the Pikwàkanagàn website, newsletter and Facebook page for announcements related to upcoming engagement activities for the CCP project.

***Your ideas and input will help shape the future of our community!***



## Greetings Members,

*We are undertaking three important planning projects for our community over the next 6 months that will require your participation and input.*



# Algonquins of Pikwakanagan First Nation

## 1. Land Use & Environmental Plan

- Deals with how we use our reserve lands.
- Help us manage our growth on our land for future needs in our community.
- An important tool to implement Land Code.



## 2. Comprehensive Community Plan (CCP)

- An important guiding document for guiding our community's future direction.
- Deals with our short and long-term priorities for housing, culture, education, health, lands, governance, economic development and other areas.
- Reflects our community's vision, needs and goals.

### Land Use & CCP Engagement

- All community members, including on-reserve and off-reserve members, Elders, youth, and leadership are encouraged to participate.
- We will discuss community priorities.
- Because of Covid-19, engagement will be done online.
- Honorariums are provided.

## 3. Knowledge and Land Use Study

- Documents how we practice our Aboriginal Rights in our territory around the Timiskaming Dam and surrounding region.
- Identify culturally significant areas that may be impacted by the Dam replacement project.
- Inform the Timiskaming Dam project based on our traditional knowledge and land use.

### Knowledge & Land Use Study Engagement

- 15 key Knowledge Holders from the community will be interviewed.
- Staff, Leadership and Knowledge Holders will help guide the project.
- Because of Covid-19, engagement will be done online.
- Honorariums are provided.



Please stay tuned to the Pikwakanagan website, newsletter and Facebook page for announcements related to upcoming engagement activities for all three projects.

***Your ideas and input will help shape the future of our community!***



Are you interested in homeownership / renovating  
your existing home or purchasing a home?  
Do you need financial counseling?



# 2021 OUTREACH

Confidential one-on-one financial counselling is  
available via Zoom or by phone - 7 Days a week



To use Zoom you will need a computer with a  
microphone and camera (camera is optional).  
The service is available to band members.



For more information  
call or text Scott Flamand at  
(705) 618-1093 or email  
[flamandmservices@gmail.com](mailto:flamandmservices@gmail.com)



First Nations  
Market Housing Fund



Algonquins of  
Pikwakanagan  
First Nation



# Indian Agriculture Program of Ontario (IAPO)



## Business Recovery Financing

IAPO is pleased to offer Business Recovery Financing (BRF) to eligible First Nations businesses affected by the COVID-19 pandemic. Funding, which extends until March 31, 2021, is provided through the Indigenous Economic Development Fund by the Ministry of Indigenous Affairs.

### How much financing is available?

Up to \$50,000 is available for eligible small and medium sized First Nations businesses recovering from the COVID-19 pandemic. Business Recovery Financing is comprised of a 50% grant and 50% repayable financing at 0% until December 31, 2022.

### What can BRF be used for?

- funds may be used to cover general business expenses such as payroll, rent, utilities and taxes.
- funds may also be used towards increasing production capacity, developing new products, moving to online marketing, or to make improvements to accommodate social distancing requirements, such as the installation of plexiglass barriers.

### Who is Eligible to Apply?

Eligible First Nations Businesses can apply to IAPO for Business Recovery Financing. An eligible First Nation business is defined as a business registered in Ontario that is majority owned (i.e., at least 51%) by First Nation person or people. A joint venture or consortium is also considered a First Nation business if it is majority owned (i.e., at least 51%) by the First Nation partner(s). To be eligible, applicants must be First Nations with registered status.

### Project Eligibility

To be eligible for Business Recovery Financing, an applicant's project must meet the following conditions:

- Demonstrate clear project-specific needs as a result of the COVID-19 pandemic;
- Demonstrate potential to maintain employment, business and/or training opportunities for First Nations people; and the potential for the business to recover from the COVID-19 pandemic.

### General Business Financing Requirements – Eligible applicants must provide:

- A business plan for the BRF requested. The business plan must include details of the proposed activity, a sound budget with eligible funding activities demonstrating acceptable value for money in terms of output and results, as well as outline the viability of the project to assist the business to recover from the pandemic;
- Confirmation that other available sources of financing from public and private sources are either not available or are limited in terms of availability, funding levels, or based on their specific criteria;
- Confirmation as to why the project cannot be funded without BRF support. Applicants with the financial means to fund the project are not eligible.

BRF is available to support qualified First Nations farm and agribusinesses across Ontario. As well, BRF is available to support qualified First Nations businesses in all sectors in East Central and Eastern Ontario.

### Where can I get more information or an application?

For more information, including complete eligibility requirements or an application, contact 1-800-363-0329 or [info@indianaq.on.ca](mailto:info@indianaq.on.ca)



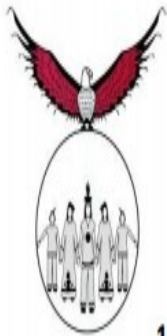
Indigenous Economic  
Development Fund

*The views expressed in this publication are the views of IAPO and do not necessarily reflect those of the Province of Ontario.*

# IAPO

## First Nations Farm & Business Financing





## Indigenous Line Crew Ground Support Training



**March 22, 2021 START DATE**  
**15-Week Certification Program will prepare**  
**individuals for employment in the**  
**power line and construction sector.**

### Classroom & Practical Training

- ◆ Confined Space Hazard Awareness for construction
- ◆ Hoisting & Rigging-Basic Safety
- ◆ Electrical Safety High Voltage
- ◆ Propane in Construction Working at Heights-  
Fundamental of Fall Prevention
- ◆ Mobile Crane Operator 0-8 Ton Hydraulic Aerial  
Equipment
- ◆ Electrical Safety-Hydrovac Operators, + more

### Requirements:

- ◆ Valid G Driver's license
- ◆ Must be age 18 or over
- ◆ Grade 12 diploma is  
preferred

### For more information:

Contact Lydia Belanger  
Kagita Mikam  
lydia@kagitamikam.ca  
613-565-8333 EXT. 1019



2019 Line Crew Graduates

Information on Virtual Info Sessions will be

Posted soon!

Gives you time to prepare your resume!

## CENSUS JOBS

Canada's next Census of Population will take place in spring 2021. Statistics Canada will be hiring across the country in every community, big and small, in preparation for the 2021 Census. In the current context of COVID-19, we are committed to hiring locally and ensuring the safety of our employees and your community members at all times.

Are you interested in a job that counts? Do you want to be part of a great undertaking? Join our 2021 Census team and make a lasting contribution to Canada and its people!

Apply today: <https://surveys-enquetes.statcan.gc.ca/cap-par/q/en/eqgs674d1930cc1d4e6d863978c72070c0f0/p0>

### Census 2021 Jobs

Statistics Canada will be hiring in your community!

- Hiring approximately 32,000 census employees to count every person in Canada.
- Schools, housing, and health and emergency services are all planned using census data.
- In the current context of Covid-19, committed to ensuring the safety of employees at all times.

Help your community to plan for the future

### Important to know:

- Pay rates vary by position from \$17.83 to \$21.77 per hour, plus authorized expenses.
- Start and end dates vary by position and location, but are between March and July 2021.

You must be available to work flexible hours, mainly evenings and weekends.

Please tell your friends and family about census job opportunities, and encourage them to apply online.

You can learn more about the Census on the [2021 Census](https://www2021.statcan.gc.ca) website.



Pikwakanagan members! Sullivan is looking to hire an Office Sanitizer for their Chalk River project site. This is a six-month contract position with the possibility of extension. Anticipated start date is ASAP. High school diploma is required. Previous experience in residential/commercial cleaning is an asset (but not required).

Please contact [aromain@sullivan.ca](mailto:aromain@sullivan.ca) for more details or to apply.

## EMPLOYMENT OPPORTUNITY

**Position Title:** Employment Development Officer

**Salary:** \$43,297 per annum

**Tenure:** One-year term (Leave Replacement)

**Department:** Economic Development

**Supervisor:** Dale Booth, Executive Director

**Closing Date:** February 12, 2021 at 4:30pm

### Summary

The Employment Development Officer provides active support to deal with matters relating to employment development for members of the Algonquins of Pikwakanagan First Nation.

The Employment Development Officer promotes and manages employment development programs and contributes to the planning, organization and coordination of employment sector activities, programs, and services relevant to the Algonquins of Pikwakanagan First Nation.

The Employment Development Officer will support member/clients by providing direction and assistance to ensure maximum benefit and effective management of employment opportunities, programs and resources.

### Basic Requirements:

- Possess a Diploma or Degree in a related discipline such as: Career Development, Economic Development, Social sciences, Counseling with a minimum of one year directly related experience in career counselling in a service-oriented environment; **OR**
- Secondary School Diploma with a minimum of two years' work experience in counseling field.

### Conditions of Employment:

- Possess a valid driver's license and have access to a dependable vehicle
- Maintain an acceptable Vulnerable Sector Check

ELIGIBILITY LIST WILL BE ESTABLISHED: YES

**Contact Person:** Christine Hutchinson,

Employment Development Officer

(613) 625-2800 ext. 237 employ-  
ment.officer@pikwakanagan.ca

Algonquins of Pikwakanagan Administration Office  
1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

## Anishinabek Gamik Child & Family Services

### Child Welfare & Prevention Services

#### Child Protection Reporting:

To report a child or youth in need of protection, please contact Family and Children of Renfrew County at: (613) 735-6866 or toll-free 1-800-267-5878. FCSRC is available 24 hours a day, 7 days a week.

#### Child Welfare & Prevention Services:

**Emergencies will continue to be addressed taking all necessary precautions.**

Regular visits & meetings will be done remotely by telephone or video conferencing.

#### Contact Numbers:

Alexandra Freed, Supervisor, First Nation Child Welfare:

(613) 585 -1275

[supervisor.cfs@pikwakanagan.ca](mailto:supervisor.cfs@pikwakanagan.ca)

Veronica Miller, Prevention Worker

(613) 639-4188

[prevention2.cfs@pikwakanagan.ca](mailto:prevention2.cfs@pikwakanagan.ca)

#### Family Well-Being

Programming: Facts, Girls Consciousness, & Aunties' Teachings will continue via Zoom at regular scheduled program times through AOPFN Covid-19 Precaution.

Kassidy Bernard, Family Well-Being Coordinator

[fwb.coordinator@pikwakanagan.ca](mailto:fwb.coordinator@pikwakanagan.ca)

Sasha Sarazin, Family Well-Being Worker

[assistant.fwb@pikwakanagan.ca](mailto:assistant.fwb@pikwakanagan.ca)

### FAMILY HEALTH TEAM

**613-625-1175**

The FHT staff will be working remotely. Phone messages can be left and will be followed up accordingly.

### HEALTHY BABIES, HEALTHY CHILDREN

Pikwakanagan Mental Health team will be taking over Healthy Babies, Healthy Children (including food vouchers) until January 2022. Contact information for HBHC will be provided in January's newsletters.

Pikwakanagan Family Health Team will be available for routine childhood immunizations at 613-625-1175 while Brittany is on leave.

### MENTAL HEALTH SERVICES

Voicemails will be checked daily, and calls returned in a timely manner.

# AOPFN DIRECTORY

**ADMINISTRATION OFFICE STAFF LISTED BELOW ARE NOW ABLE TO CHECK VOICEMAILS THROUGH EMAIL,  
NON-URGENT VOICEMAILS WILL BE CHECKED DAILY DURING REMOTE CLOSURE.**

## **CHIEF AND COUNCIL 613-625-2800**

Alanna Hein	chiefcouncil@pikwakanagan.ca	228
Kevin Lamarr	negotiations@pikwakanagan.ca	

## **PUBLIC WORKS 613-625-2800**

### **EMERGENCY CONTACT 613-639-3309**

David Assinewai	mgr.publicworks@pikwakanagan.ca	246
Bonnie Commanda	assistant.publicworks@pikwakanagan.ca	245
Blaze Commanda-Belaire	housing@pikwakanagan.ca	

## **EXECUTIVE OFFICES 613-625-2800**

Dale Booth	edo@pikwakanagan.ca	235
Claudette Cournoyer	assistant.edo@pikwakanagan.ca	254
Lisa Meness	communications@pikwakanagan.ca	

## **HUMAN RESOURCES 613-625-2800**

Shelley Wilcox	hr@pikwakanagan.ca	236
Christine Hutchinson	employment.officer@pikwakanagan.ca	237

## **RECEPTION SERVICES 613-625-2800**

Kateri Amikons	admin.reception@pikwakanagan.ca	221
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## **FINANCE 613-625-2800**

Selena Roesler	mgr.finance@pikwakanagan.ca	224
Stephanie Stone	assistant.finance@pikwakanagan.ca	223
Sandy Nash	acquisitions@pikwakanagan.ca	225
Laurie Amikons	payroll@pikwakanagan.ca	226

## **LANDS, ESTATES & MEMBERSHIP 613-625-2800**

### **EMERGENCY CONTACT 613-585-3213**

Jan Leroux	mgr.lem@pikwakanagan.ca	222
Kassandra Sackaney	assistant.lem@pikwakanagan.ca	231

## **EDUCATION 613-625-2800**

Della Meness	mgr.education@pikwakanagan.ca	239
Post Secondary– Vacant	post.secondary@pikwakanagan.ca	238

## **ECONOMIC DEVELOPMENT 613-625-1551**

Amanda Two-Axe Kohoko	consultation@pikwakanagan.ca	105
Laura Sarazin	assistant.consultation@pikwakanagan.ca	104

## **SOCIAL SERVICES 613-625-2800**

Teresa M. Kohoko	mgr.social@pikwakanagan.ca	242
Karen Levesque	social.ow@pikwakanagan.ca	241

## OTHER AOPFN SERVICES

### MINDIWIN MANIDO-DAYCARE CENTRE 613-625-2047

Nikoma Tennisco

daycare@pikwakanagan.ca

### SPORTS & RECREATION

Kerry Andrews

mgr.sports.rec@pikwakanagan.ca

Lance Thorpe

reactivator@pikwakanagan.ca

Natasha Dick

events.sports.rec@pikwakanagan.ca

### FIRE & RESCUE

Chris Sarazin

chrissarazin53@gmail.com

613-286-1018

### HEALTH SERVICES 613-625-2259

Maureen Sarazin Tomasini

mgr.health@pikwakanagan.ca

227

Michelle Hume

assistant.health@pikwakanagan.ca

223

Carolyn Smoke

reception.health@pikwakanagan.ca

221

Brittany Martin

chn@pikwakanagan.ca

225

Melissa Pessendawatch

chr@pikwakanagan.ca

224

Marlene Sackaney-Keeling

hcc@pikwakanagan.ca

232

### MENTAL HEALTH TEAM 613-625-2259

Sandi Wright

supervisor.mhs@pikwakanagan.ca

231

Sharra Bernard

navigator.mhs@pikwakanagan.ca

230

Matt Hutten

addictions.mhs@pikwakanagan.ca

238

Sabrina Laframboise

counsellor.mhs@pikwakanagan.ca

226

Ruqqiah Adams

therapist.mhs@pikwakanagan.ca

263

Sharra Bernard

navigator.mhs@pikwakanagan.ca

230

### TENNISCO MANOR 613-625-1230

Peggy Dick

homecare.supervisor@pikwakanagan.ca

Maggie Benoit

assistant.homecare@pikwakanagan.ca

Victoria Luloff

homecare.tsp@pikwakanagan.ca

Kim O'Brien

clientcare.tm@pikwakanagan.ca



## ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Stieh, Jennifer	Tennascon	21 Aug 20	21 Feb 21
Tremblay, Tyson	Lavalley	24 Aug 20	24 Feb 21
Carle-Sullivan, Cianna	Lavalley	24 Aug 20	24 Feb 21
Pilatzkie, Joseph	Lavalley	24 Aug 20	24 Feb 21
Bizzarrino, Julia-Ann	Tennascon	25 Aug 20	25 Feb 21
Bizzarrino, Jenna	Tennascon	25 Aug 20	25 Feb 21
Thompson, Aden	Commanda/Lamure	25 Aug 20	25 Feb 21
Thompson, Ryan	Commanda/Lamure	25 Aug 20	25 Feb 21
Cliché, Shannon	Vincent (Amikons)	25 Aug 20	25 Feb 21
Struthers, Robert	Sharbot	25 Aug 20	25 Feb 21
Lauriault, Rene	Partridge	25 Aug 20	25 Feb 21
Sarrazin, Jacob	Pesindewate	14 Sept 20	14 Mar 21
Sarrazin, Eric	Pesindewate	14 Sept 20	14 Mar 21
Bailey, Claire	Bernard	17 Sept 20	17 Mar 21
Batschkun, Noah	Jocko	18 Sept 20	18 Mar 21
Olsen, Autumn	Tenascon	18 Sept 20	18 Mar 21
Sarrazin, Edouard	Pesindewate/Lamure	06 Oct 20	06 April 21
Righton, Dylan	Pesindewate/ Lamure	06 Oct 20	06 April 21
Sarrazin, Vanessa	Pesindewate/Lamure	06 Oct 20	06 April 21
Nieman, Gordon	Meness	07 Oct 20	07 April 21
Towns, Candice	Jocko	07 Oct 20	07 April 21
Seely, Gregory	Commanda/Lamure	07 Oct 20	07 April 21
Buchwald, Peter	Tenniscoe	15 Oct 20	15 April 21
Desveaux, Bauer	Jocko	15 Oct 20	15 April 21
Johnson, Ashley	Meness	26 Oct 20	26 April 21
Kuiack, Stacey	Lavalley	26 Oct 20	26 April 21
Bowers, Nikki	Sharbot	09 Nov 20	09 May 21
Lavalley, Anthony	Lavalley	24 Nov 20	24 May 20
Dumoulin, Stephen	Meness	30 Nov 20	30 May 21
Dumoulin, Kaitlyn	Meness	30 Nov 20	30 May 21
McCormick Allison	Baptiste	30 Nov 20	30 May 21
Bryant, Jordan	Sharbot	06 Jan 21	06 July 21
Harley, Anna	Lavalley	14 Jan 21	14 July 21
Popoff, Beverley	Sharbot	19 Jan 21	19 July 21
Lavalley, Scarlett-daye	Lavalley	28 Jan 21	28 July 21

To appeal the addition of one of the above persons becoming a Member of the Algonquins of  
Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the  
Lands, Estates & Membership Department or email at [mgr.lem@pikwakanagan.ca](mailto:mgr.lem@pikwakanagan.ca)

***Algonquins of Pikwakanagan First Nation***  
***1657A Mishomis Inamo Pikwakanagan, ON K0J 1X0***

**Office : (613) 625-2800 Fax : (613) 625-2332**

**HOURS OF OPERATION Monday - Friday 8:30 am to 4:30 pm**

**12:00 -1:00 pm Closed for LUNCH**

**\*\*HOLIDAY CLOSURES\*\***

New Year's Day, Family Day, Good Friday, Easter Monday, Victoria Day, National Aboriginal Day, Canada Day,  
Civic Holiday, Labour Day, Thanksgiving, Remembrance Day & Christmas Day.

Closed between Christmas & New Year's Day

**AOPFN EMPLOYMENT  
OPPORTUNITIES**

**Application Procedure:** Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Indicate which competition you are applying for by referencing the Position Title.

**Screening Procedure:** Applicants will be screened on the following: 1.) Conflict of Interest - the applicant must not be a member of the Supervisor's immediate family; 2) Resume – the content will be reviewed to ensure the applicant meets the basic requirements.

**Affirmative Action Criteria:** Positions may be subject to AoPFN Policy supported by Section 16 of the Canadian Human Rights Act - Aboriginal Employment Preferences Policies.

**Interviews:** Due to Covid-19 all interviews will be conducted virtually by Zoom. AoPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons and typically establishes an eligibility list.

**ANIMAL CONTROL**

June Logan: 613-625-2545 or (613) 602-3626

**WASTE DISPOSAL SITE**

Open Wednesdays: 12-6 pm & Sundays 9am-3:00 pm

**CURBSIDE PICK-UP**

Garbage: Wednesdays Cardboard: Thursdays  
Containers: Fridays  
*Must have items at curbside by 9 am*

**LEGAL ADVICE**

Criminal or Family Legal advice call:

Duty Counsel at 613-735-3400

**OMÀMIWININÌ PIMÀDJOWWIN  
Algonquin Way Cultural Centre**



**Museum & Gift Shop Closure Notice**

Due to the provincial stay-at-home order, the Museum and Gift Shop will **remain closed until further notice.**

Omàmiwininì Pimàdjowwin staff will be working remotely during this time, and can be reached by email:

**Naomi Sarazin**

[nsarazin@thealgonquinway.ca](mailto:nsarazin@thealgonquinway.ca)

**Katie Commanda**

[katie@thealgonquinway.ca](mailto:katie@thealgonquinway.ca)

**Willy Dick**

[willy@thealgonquinway.ca](mailto:willy@thealgonquinway.ca)

**CONWAY'S PHARMACY REMOTE  
DISPENSING LOCATION IS OPEN**

Regular business hours are

Mondays, Tuesdays, Thursdays Fridays 9am to 4pm  
(closed 12 - 1)

And Wednesdays 9am to 1pm

We are closed weekends and holidays

Delivery is available Monday to Friday

Phone 613-625-9974 Fax 613-625-2068

Thank you

Natalie Commanda, Pharmacy Technician

Joseph Conway, Pharmacist