



Pikwakanagan Tíbadjūmowín

Friday, May 11, 2018

Published by: Stephanie Stone (613) 625-2800 ext. #221

email: admin.reception@pikwakanagan.ca

View the newsletter on-line: www.algonquinsofpikwakanagan.com

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WHEN YOU THOUGHT I WASN'T LOOKING

When you thought I wasn't looking,
I saw you hang my first painting on the refrigerator, and I wanted to paint another one.

When you thought I wasn't looking,
I saw you feed a stray cat, and I thought it was good to be kind to animals.

When you thought I wasn't looking,
I saw you make my favorite cake for me, and I knew that little things are special things.

When you thought I wasn't looking,
I heard you say a prayer, and I believed that there was a God to talk to.

When you thought I wasn't looking, I felt you kiss me goodnight, and I felt loved.

When you thought I wasn't looking, I saw tears come from your eyes,
and I learned that sometimes things hurt, but it's alright to cry.

When you thought I wasn't looking,
I saw that you cared, and I wanted to be everything that I could be.

When you thought I wasn't looking, I looked....
and I wanted to say thanks for all the things I saw when you thought, I wasn't looking.

"Happy Mother's Day"

**THE PIKWAKANAGAN MENTAL HEALTH
TEAM IS CELEBRATING
CHILDREN'S MENTAL HEALTH WEEK 2018
MAY 7 - 13, 2018**



In order to celebrate, we are inviting families to come and meet our team! Come and stop by our space located in the downstairs of the Health Centre located at 1643 Mishomis Inamo anytime during the week of; May 7 to 11, 2018 in between 8:30-4:30!

Stop by for a visit, snack and gift bags available for children, youth and parents!

We look forward to seeing you!

*For more info or if you have any questions,
please call Sarah Bell, Child and Family Therapist
at 613-625-2259.*

SENIORS 55+ - OUTING TO TULIP FESTIVAL

The Seniors Wellness Program will be hosting a day outing to the Canadian Tulip Festival.

When: Wednesday, May 16, 2018

Where: Lansdowne Park, Ottawa, ON

Departure Time: 9:00 AM

Limited Seating Available

Deadline for Registration: Monday, May 14, 2018

To register please contact: Michelle Hume,
Seniors Wellness Coordinator at 613-625-2259 ext. 258



Funded by the New Horizons for Seniors Grant

CROCK POT GUMBO

On May 24, 2018 the Family Well Being program will be hosting a Crock Pot Gumbo Class.

All participants must provide their own crock pot and we will provide the ingredients.

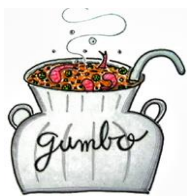
Then enjoy ready-made dinner for your family that evening.

After the gumbo is prepared we will have a tea social.

Class will begin at 9:00 am.

You must call Danielle or Jayden at 613-625-2324 to register by May 18, 2018.

-Space is limited-



IMPORTANT CHANGES TO INDIAN STATUS REGISTRATION

Due to the recent changes to the program the following changes to New Registration takes effect as of April 1, 2018. These changes are to offer applicants a client experience that is streamlined, culturally sensitive, and person-centred while ensuring that the program is consistent with standards established by the Treasury Board Secretariat.

To support the new requirements for Indian Registration, the program has introduced the integrated application process.

For New Registrations, please use the enclosed applications along with the guarantor form. For individuals not requiring SCIS (Secure Certificate of Indian Status), the SCIS portion maybe left blank and photos are not required.

New Registration for Children 15 and Under

- Child Application
- Original Long Form Birth Certificate
- Guarantor Form (Holder of SCIS card, Chief, Councillor, IRA, etc.) can sign as guarantor.
- Copy of 1 ID (front & back) from parent/guardian (e.g. Driver's License, Health Card, Passport, Ontario Photo Card, Laminated CIS, SCIS) signed by the guarantor
- 2 Passport Photos signed by the guarantor if applying for SCIS
- See application for more details

New Registration Adult 16 and Older

- Adult Application
- Original Long Form Birth Certificate
- Guarantor Form (Holder of SCIS card, Chief, Councillor, IRA, etc.) can sign as a guarantor.
- Copy of 1 ID (front and back) from applicant (e.g. Driver's License, Health Card, Passport, Ontario Photo Card) signed by the guarantor.
- 2 Passport Photos signed by the guarantor if applying for SCIS.
- See application for more details.

For more information, please call Kassandra Sackaney at (613) 625-2800 ext.#231

ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Ellerton, Kaitlyn	Ignace	16 Nov 17	16 May 18
Campbell, Alexander	Sarazin	16 Nov 17	16 May 18
McAlpine, Kathleen	Jocko	16 Nov 17	16 May 18
Glassford, Lynn	Meness	13 Dec 17	13 June 18
Timm, Chase	Bernard/Commanda	06 Feb 18	06 Aug 18
Timm, Levi	Bernard/Commanda	06 Feb 18	06 Aug 18
Magnus, Jeremy	Jocko	06 Mar 18	06 Sept 18
Fass, Amanda	Tenniscoe	06 Mar 18	06 Sept 18
Hughes, Wendi	Jocko	20 Mar 18	20 Sept 18
Francois, Savannah	Francois/Lavalley	05 Apr 18	05 Oct 18
Jocko, Finn	Jocko	17 Apr 18	17 Oct 18
Jocko, Lenna	Jocko	17 Apr 18	17 Oct 18
Francois, Tristan	Francois/Lavalley	17 Apr 18	17 Oct 18
Francois, Paige	Francois/Lavalley	17 Apr 18	17 Oct 18
Blenkinsop, Amanda	Ignace	02 May 18	02 Nov 18

If you wish to appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available in the Lands, Estates & Membership Department or email at mgr.lem@pikwakanagan.ca

Date Posted: May 4, 2018

PIKWAKANAGAN FAMILY HEALTH TEAM (613) 625-1175

Services available Monday to Friday
8:30 am to 4:30 pm

Nurse Practitioners:

Derek Frew – Every week day EXCEPT Wednesday's
Dr. Coulas – Every Tuesday in May, 2018
Devaloise Hatchou – May 21, 28, 30 & 31, 2018



TIP TOP TOES

May 17, 2018 at Health Centre
Audrey Waito-Prince, RPN
22 years experience in foot care

During this season I will do a diabetic assessment, health teachings. One can expect ongoing foot examinations, toe nail cuts, dremel thickened, deformed nails remove corns/calluses, massage and moisturize your feet. The clinic is so much more than cutting your toe nails.

Let's work together to get your feet looking as good as the will feel, this service is free to all diabetics in the community call and make an appointment to meet with me at 613-625-2259.

WELLNESS CLINIC – CALLING ALL COMMUNITY MEMBERS

The Renfrew County Paramedics will be holding 'Wellness Clinics' in Pikwakanagan every 2nd Thursday of each month.

What will they be doing?

- Checking vital signs such as; blood pressure, pulse, respiration, oxygen saturation, temperature, blood glucose levels, body weight.
- Answering any questions or concerns about health and wellness and working with other community health members

We encourage all community members to join us in being proactive in their health and wellness!

Where: Tennesco Manor

When: 2nd Thursday of each month

Time: 6:00 PM - 7:00 PM

-Light Refreshments Provided-

For further information please contact: Michelle Hume,
Seniors Wellness Coordinator at 613-625-2259 ext. 258

HEALTHY BABIES, HEALTHY CHILDREN PROGRAM

We are offering a fantastic program to help monitor the growth and development (physical, social and cognitive) of your child and help provide healthy food for the needs of your growing little one. This program is aimed at children ages 0-6 years old.

Bring your child once a month to visit Erica Atfield, Community Health Nurse at Health Services: his/her height and weight will be taken and developmental screening will be completed. This helps us to see if he/she is developing at a healthy rate and catch any potential delays early on.

Once a month a \$50 food voucher to Walmart will be provided to help families purchase healthy food for their child(ren) when parents bring their child in.

Call Erica Atfield at 613-625-2259 x225 for more information or to book an appointment, Tuesdays and Thursdays from 9:00 am - 4:00 pm.

PROGRAMS OFFERED BY THE COMMUNITY HEALTH NURSE

If you plan on visiting the Health Centre for any of the programs offered by the CHN;

- Healthy Babies, Healthy Children Program (food vouchers),
- Baby Boxes,
- Prenatal Education and Post-Partum Support (including breastfeeding), and/or
- Childhood Immunizations).

Please come on Tuesday's and Thursday's between 9:00 am - 4:00 pm. You can also call 613-625-2259 x225 to book an appointment.

REMEMBER A WALK A DAY KEEPS THE DOCTOR AWAY!

Come out and join me every Monday and Wednesday at 1:00 pm for an hour of warm up, walking and cool down. Everyone is welcome to join. Bring your walkers, cane, baby strollers and don't forget your walking shoes.

You can walk as long or as little as you like.

This work out is for your own individual needs.

Any questions please contact TerryAnn at 613 625-2682.

EMPLOYMENT OPPORTUNITY**Position Title:** Prevention Services Supervisor**Tenure:** Permanent**Location:** 1467 Mishomis Inamo Pikwakanagan, ON**Open to:** As per Policy #20.0**Salary Range:** To Be Determined**Department:** Social Services-Prevention Services**Closing Date:** May 25, 2018 at 12:00 Noon**Child & Family Services/ Prevention Services Supervisor****Duties & Responsibilities:**

- Collaborative Practice with Team
- Provide direction and is accountable for Pikwakanagan Child & Family Services
- Accountable for carrying responsibilities associated with supervision of all programs assigned.
- Provides direction and supervision to the PCFS program staff, volunteers, service contracts.
- Participates in Training to learn facilitation skills, towards healing and helping to assist the community towards development as needed.
- Administrative
- Quality Management
- Risk Management

Basic Requirements:

- Possess a university degree or college diploma in social work or a related field and/or have extensive and successful experience working with individuals, families, and groups (a minimum of 2 years – preferably in a First Nation context.)
- Willing to work flexible hours;
- Have a vehicle and class "G" driver's license and access to a dependable vehicle.
- Extensive experience with computer operations and various computer programs. Preferred programs include Microsoft Word, Windows, Draw, Publisher and Excel.
- Excellent grasp of the English language, both in oral and written form.
- Excellent management skills and abilities.
- Familiar with legislation, regulations and guidelines;
- Knowledge about the culture and social structure of the Algonquins of Pikwakanagan First Nation;
- Extensive knowledge of community development and the range of methods;

Conditions of Employment:

- Current Infant/Child CPR and advanced First Aid Certification;
- Proof of a minimum of a class "G" driver's license and a Clear driver's abstract.
- Proof of a Canadian Police Information Check and a Vulnerable Screen Check.

ELIGIBILITY LIST WILL BE ESTABLISHED: YES ☒ NO

APPLICATION PROCEDURE: Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Applications will be accepted in person or through the mail **ONLY** in a sealed envelope marked personal and confidential and addressed to the attention of the contact person. **NO FAXED OR ELECTRONIC APPLICATIONS WILL BE ACCEPTED.** AoPFN has the right to short list for interview purposes to the five (5) most qualified persons. **To obtain a job description, please contact the name below.**

Screening Procedure: The Board will screen all applications as presented. Applicants will be screened on the following: 1.) Conflict of Interest-the applicant must not be a member of the Supervisor's immediate family; 2) Resume-the Board will review the contents of the applicant's resume to ensure the applicant meets the basic requirements as identified on this poster.

Contact Person: Teresa M. Kohoko, Manager, Social Services**Phone #:** (613) 625-2800 ext. #242**Address:** Algonquins of Pikwakanagan First Nation, 1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

EMPLOYMENT OPPORTUNITY**Position Title:** Child & Family Services/Prevention Worker**Tenure:** Sick Leave Replacement**Location:** 1467 Mishomis Pikwakanagan, ON**Open to:** As per Policy #20.0**Salary Range:** To Be Determined**Department:** Child & Family Services**Closing Date:** May 25, 2018 at 12:00 Noon**Summary of Duties:**

Under the direction of the Child and Family Services/Prevention Services Supervisor the Prevention Worker is responsible to assist the Prevention Services Supervisor for development and provision of community directed support programs (Prevention Programs, Children's Mental Health, and Foster Home) for the effective management of family and support individual cases; for the provision of child and youth related assistance and support to families and individuals; for the development and support of program resources; for general administration of the Child and Family Services program and for the performance of other related duties determined by the Manager of Social Services.

The Child and Family Services/Prevention Worker will be required to carry out responsibilities that shall include appointments (i.e. Band Court Representative) or membership of committees necessitated by the administration of the Algonquins of Pikwakanagan.

Basic Requirements:

- Possess a community college diploma in social work or a related field and/or have extensive and successful experience working with individuals, families and groups (A minimum of two years – preferably in a First Nation setting);
- Willing and able to work flexible hours;
- Have a Vehicle and a class G driver's License;
- Experience with computer operations and software programs. Preferred programs include Windows, MS Word, Excel, Power Point, and Access-Data Base.

As a condition of employment, the successful applicant will be required to provide an acceptable Canadian Police Information Check and Vulnerable Sector Check.

ELIGIBILITY LIST WILL BE ESTABLISHED: YES ☒ NO

APPLICATION PROCEDURE: Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Applications will be accepted in person or through the mail ONLY in a sealed envelope marked personal and confidential and addressed to the attention of the contact person. **NO FAXED OR ELECTRONIC APPLICATIONS WILL BE ACCEPTED.** AoPFN has the right to short list for interview purposes to the five (5) most qualified persons. **To obtain a job description, please contact the name below.**

Screening Procedure: The Board will screen all applications as presented. Applicants will be screened on the following: 1.) Conflict of Interest-the applicant must not be a member of the Supervisor's immediate family; 2) Resume-the Board will review the contents of the applicant's resume to ensure the applicant meets the basic requirements as identified on this poster.

Contact Person: Hilda Tennisco, Child & Family Services Supervisor**Phone #:** (613) 625-2173**Address:** Algonquins of Pikwakanagan First Nation, 1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

NOTICE OF UPCOMING LEVEL 1, LEVEL 2 AND REFRESHER TREE MARKING COURSES, 2018

As you may already know, Forests Ontario and the Canadian Institute of Forestry have entered into an agreement with the Ministry of Natural Resources and Forestry to deliver the Ontario Tree Marking Courses, managing all aspects of the Level 1, Level 2, and Refresher Courses. Following is information on the Level 1, Level 2 and Refresher Courses that will be available this year. Please share this message with any of your staff or other partners who may require the training or would find it of interest.

A Level 1 Tree Marking Course will be held from September 10 - 14, 2018 in Huntsville, ON. There is a maximum registration of 24 participants. This course will provide training sufficient to allow people to function in a tree marking crew under the supervision of a more experienced person, and for successful candidates, following a Field Evaluation Audit, can lead to issuance of a Level 1 Tree Marking Course Certificate. We do have spaces available but those interested should register as soon as possible for consideration.

For those with limited forest management or tree marking experience to date, a series of Tree Marker E-Learning Modules have been prepared which serve as a primer to help potential students meet the learning objectives of the Level 1 Tree Marking Course. We strongly recommend working through the series of free e-learning modules that are available on the Tree Marking Program website - <https://treemarking.com/e-learning-modules/>, and if after completing those modules the candidate feels comfortable with the material, they are encouraged to enrol for the Level 1 course.

The Level 1 course and exam cost is \$2,500 which includes 4 days of class and field instruction and a series of written and field exams on the 5th day. All manuals and other course materials, as well as refreshments and lunch on each day of the course are provided. Students are responsible for other meals and for their own accommodations.

A single 1.5 day Refresher Course will be offered on October 2 and 3 in the Mattawa area. Both Level 1 and Level 2 Certificates expire after 5 years and renewal through a Refresher Course is required prior to that time in order to maintain the qualification. This course will be held at The Canadian Ecology Centre, 6905 Hwy 17, P.O. Box 430 Mattawa, ON, P0H 1V0.

The Refresher course and exam cost is \$500 which includes 1.5 days of class and field instruction as well as a field and written exam.

A Level 2 Auditors Course will be offered on June 5, 6 and 7 in Mattawa at the Canadian Ecology Centre, 6905 Hwy 17, PO Box 430 Mattawa, ON, P0H 1V0. This course will be held subject to a minimum registration level being reached. We do have spaces available but those interested should register as soon as possible for consideration. Successful completion of this course will allow participants to function as tree marking auditors. All manuals and other course materials, as well as refreshments and lunch on each day of the course are provided. Students are responsible for other meals and for their own accommodations.

If any of your staff or partners require either the Level 1, Level 2 or a Refresher Course, please make them aware of this opportunity, and urge them to register through the Ministry's "Learning Compass" platform. Anyone wishing to take one of these courses, can register online at: <https://learningcompass.learnflex.net>.

For any additional information regarding course structure, please contact: Al Corlett, Forests Ontario: acorlett@forestsontario.ca – 647-880-7906 For additional information regarding registration or payment, please contact: Kerry Spencer, Canadian Institute of Forestry: admin@cif-ifc.org - 1-705-744-1715 x 609 Dana Collins

CALL TO TENDER FOR WORK AT 77 KIWITA INAMO

Exterior:

- Install eave and downspouts to direct water run- off from roof away from foundation on all sides.
- Install 1" insulated panel and replace all siding on entire exterior with vinyl siding.
- Install new steel front and rear entry doors.
- Install (if necessary) foam between new frame and any rough openings
- Install new painted trim for both entry doors.
- Install new basement window.
- Install window wells to each side basement window.
- Install new windows to main floor (5 total)
- Install foam between new frame and any rough openings.
- Install new painted trim for each window.
- Clear tree and brush vegetation in the septic field area.

Interior:

Basement:

- Install 6 Mil. Poly throughout foundation on header insulation.
- Install a smoke detector in the basement.
- Install a carbon monoxide detector in the basement.
- Replace hot water tank with new tank.
- Install new plumbing fitting and new water line service.

Main Floor:

- Remove all old cabinets and install new replacement cabinets.
- Remove old countertop and install new replacement countertop.
- Remove sink and water control faucets and install new replacement sink and faucets.

Bathroom:

- Install a new bathroom shower unit.
- Remove all moisture damaged wall board around tub, toilet, walls and ceiling. Replace with moisture resistant drywall with cement board in tub/shower and toilet areas only.
- Remove existing wall board around tub/shower and replace with an acrylic tub surround custom fitted to the tub.
- Tape, plaster and sand ALL new cement board and drywall.
- Finish with 1 coat of primer and 2 coats of moisture resistant paint and ensure to caulk all wall coverings to make water tight.

- Replace all defective plumbing pipes and faucet controls in the bathroom and install new tub/shower, vanity and a new toilet. ALL plumbing repairs MUST conform to Canadian plumbing codes.
- Install a GFCI outlet at vanity and wiring to support a moisture exhaust fan.
- Install a new moisture exhaust fan rated at 90 C.F.M. with 1.5 sones in the bathroom. Fan MUST be CSA labelled and HVI tested and certified. The fan must be equipped with smooth insulated duct to the exterior with caulking on the exterior side of the vent cover. Fan must be wired to a de-humidistat control switch.
- Install new flooring and replace any water damaged floor sheathing **in bathroom** before installing new flooring.

Remainder of Main Floor:

- Replace existing interior doors with new doors to fit existing openings.
- Replace flooring with new tile flooring throughout main floor in living room, dining room, kitchen and main hallway and all bedrooms.
- Install new painted baseboard following new floor installation.
- Install new smoke alarm adjacent to sleeping areas and ensure it is interconnected and hard wired with the basement smoke alarm.
- Wash and paint all interior walls to complete renovation at 77 Kiwita Inamo

**Envelopes should be clearly marked:
"Tender for work at 77 Kiwita Inamo"**

Addressed to:

Algonquins of Pikwakanagan Administration Office
1657A Mishomis Inamo
Pikwakanagan, Ontario, K0J 1X0

ATTENTION: Merv Sarazin, Manager, Public Works

All tenders must be received by May 25, 2018 at 4:00 p.m.

**LOWEST OR ANY TENDER
NOT NECESSARILY ACCEPTED**

My "Tender" for various repairs at 77 Kiwita Inamo

is: \$ _____

Name: _____

Phone Number: _____

CALL TO TENDER FOR WORK AT 71 KIWITA INAMO

Exterior:

- Install eave and downspouts to direct water run- off from roof away from foundation on all sides.
- Install 1" insulated panel and replace all siding on entire exterior with vinyl siding.
- Install new steel front and rear entry doors.
- Install (if necessary) foam between new frame and any rough openings
- Install new painted trim for both entry doors.
- Replace broken window.
- Install new basement window.
- Install window wells to each side basement window.
- Install new windows to main floor (5 total)
- Install foam between new frame and any rough openings.
- Install new painted trim for each window.

Interior:

Basement:

- Install handrail for the basement stairs.
- Install a smoke detector in the basement.
- Install a carbon monoxide detector in the basement.
- Replace tub drain "S" trap with a proper "P" trap to correct drain line.
- Re-secure forced air ducts with galvanized straps, to be corrected at living room and at rear bedroom supply run.
- Install new floor grilles for living room and any other rooms where floor grilles are missing.
- Change the plumbing fitting with new water line service to the washer appliance to ensure there is no leaks.

Main Floor:

- Remove all old cabinets and install new replacement cabinets.
- Remove old countertop and install new replacement countertop.
- Remove sink and water control faucets and install new replacement sink and faucets.

Bathroom:

- Install a new bathroom shower unit.
- Remove all moisture damaged wall board around tub, toilet, walls and ceiling. Replace with moisture resistant drywall with cement board in tub/shower and toilet areas only.
- Remove existing wall board around tub/shower and replace with an acrylic tub surround custom fitted to the tub.

- Tape, plaster and sand ALL new cement board and drywall.
- Finish with 1 coat of primer and 2 coats of moisture resistant paint and ensure to caulk all wall coverings to make water tight.
- Replace all defective plumbing pipes and faucet controls in the bathroom and install new tub/shower, vanity and a new toilet. ALL plumbing repairs MUST conform to Canadian plumbing codes.
- Install a GFCI outlet at vanity and wiring to support a moisture exhaust fan.
- Install a new moisture exhaust fan rated at 90 C.F.M. with 1.5 sones in the bathroom. Fan MUST be CSA labelled and HVI tested and certified. The fan must be equipped with smooth insulated duct to the exterior with caulking on the exterior side of the vent cover. Fan must be wired to a de-humidistat control switch.
- Install new flooring and replace any water damaged floor sheathing **in bathroom** before installing new flooring.

Remainder of Main Floor:

- Replace existing interior doors with new doors to fit existing openings.
- Replace flooring with new tile flooring throughout main floor in living room, dining room, kitchen and main hallway and all bedrooms.
- Install new painted baseboard following new floor installation.
- Install new smoke alarm adjacent to sleeping areas and ensure it is interconnected and hard wired with the basement smoke alarm.
- Wash and paint all interior walls to complete renovation at 71 Kiwita Inamo

Envelopes should be clearly marked: "Tender for work at 71 Kiwita Inamo"

Addressed to:

Algonquins of Pikwakanagan Administration Office
1657A Mishomis Inamo
Pikwakanagan, Ontario, K0J 1X0

ATTENTION: Merv Sarazin, Manager, Public Works

All tenders must be received by May 25, 2018 at 4:00 p.m.

**LOWEST OR ANY TENDER NOT NECESSARILY
ACCEPTED**

My "Tender" for various repairs at 71 Kiwita Inamo

is: \$ _____

Name: _____

Phone Number: _____

"CALL TO TENDER"

Scope of Work:

Basic Landscaping:

Ensure adequate landfill and proper grading on property, topsoil and seed.

Install frost barrier on footing surrounding entire building.

Envelopes should be clearly marked:

"Tender for Landscaping at
60 and 54 Tranquility Bay Drive"

Addressed to:

Algonquins of Pikwàkanagàn Administration Office
1657A Mishomis Inamo
Pikwàkanagàn, Ontario
K0J 1X0
ATTENTION: Merv Sarazin, Manager, Public Works

**All tenders must be received by
May 25, 2018 at 4:00 p.m.**

****LOWEST OR ANY TENDER
NOT NECESSARILY ACCEPTED****

My "Tender" for landscaping at
60 and 54 Tranquility Bay Drive
is:

\$ _____

Name: _____

Phone Number: _____

Flickr Fridays



The Pikwakanagan Sports & Recreation Department is happy to announce the start date of our Flickr Friday program! Starting Friday, June 8th and every Friday over the summer months we will have our Y-Flikrs, Y-Gliders and Scooters available to our children and youth to enjoy on the outdoor rink surface. The Flickr Friday program will be 6:00 to 8:00 p.m. on Friday evenings!

We do have some helmets available and some protective knee and elbow gear, however if you have a helmet and protective gear for your child we encourage you to bring it with them.

Parents are to be in full attendance with their children ages 4-6 years, children ages 7 and up are more than welcome to be dropped off with Lance for the program, however we remind parents that your child must be responsible enough to take washroom breaks and drink breaks on their own in the building while Lance maintains supervision on the rink surface. If at any time we feel this is not working out we will change the age for parent supervision! Please ensure you speak with your child about safety, ensuring good listening skills and about taking turns and sharing equipment during all programming!

VOLUNTEERS ARE MORE THAN WELCOME!

There is a form to be completed by all parents of 7 years and up before participation in our Flickr Friday program! The form can be completed on Friday, June 8th at the Makwa Centre!

See you then.....

AFTER-SCHOOL FUN & FIT PROGRAM

The After-School Fun & Fit Program at the Makwa Centre will wrap up on Monday, May 28th for the 4-6 year olds and on Tuesday, May 29th for the 7-10 year olds, until next school year we say thank you to all who participated! 😊 Natasha & Lance

CALL TO TENDER

To perform grounds maintenance at
1467 Mishomis Inamo (Foster Home)
and

101 Kiwita Inamo (Family Well Being) Building.
The grounds maintenance duties will consist of: Mowing lawn,
raking and picking up garbage when necessary.

Envelopes should be clearly marked:
"Tender for May 18, 2018"

Addressed to:

Pikwakanagan Child and Family Services
1467 Mishomis Inamo
Pikwakanagan, ON K0J1X0
ATTENTION: Hilda Tennisco, Supervisor,
Pikwakanagan Child and Family Services

**All tenders must be received by
May 18, 2018 at 4:00 pm**

**-LOWEST OR ANY TENDER
NOT NECESSARILY ACCEPTED-**

My "Tender" for Grounds Maintenance Services at
1467 Mishomis Inamo (Foster Home) and
101 Kiwita Inamo
(Family Well Being) Building

NAME: _____

PHONE NUMBER: _____

\$ _____ /Monthly

CALL TO TENDER

**Catering services for May 26, 2018
Elder's Lodge – Luncheon**

General Description of Work or Service
To purchase and prepare morning snack, lunch,
and afternoon snack for approximately 20 people.
To provide all eating utensils (Plates, cups, etc.)
Provide water, coffee, tea and juice throughout
the day 9:00am to 4:00pm

MENU:

Soup, Salad
Sandwiches & Wraps
Fruit Cups
Cheesecake

**Please submit your bid and a complete menu by
May 18, 2018 to:**

Pikwakanagan Child & Family Services
1467 Mishomis Inamo
Pikwakanagan, ON K0J 1X0

**Tender for May 26, 2018
Elder's Lodge 9:00 am – 4:00 pm**

NAME: _____

PHONE NUMBER: _____

AMOUNT: _____

EMPLOYMENT OPPORTUNITY FOR AOPFN - ZIBI PROJECT

Position(s) Title: Labourers, AZ/DZ Driver's & Tradesmen/women

Salary Range: to be determined

Tenure: as soon as possible until end of October 2018

Location: Ottawa- Zibi Site

Closing Date: May 25, 2018

Interest persons must submit resume, experience and any certifications to Amanda Two-Axe Kohoko by mail or email at employment.officer@pikwakanagan.ca. Contact Address: 1657A Mishomis Inamo, Pikwakanagan ON K0J 1X0

For further information, please contact Amanda, EDO at (613) 625-2800 ext. 253.

WORKING AT HEIGHTS TRAINING

There are 4 seats available to take the Working at Heights Training, if you are interest please contact Amanda at (613) 625-2800 ext. #253.

PIKWAKANAGAN AGING SYMPOSIUM 2018

This event is ideal for anyone—especially those who are aging, have family members who are aging, caregivers and youth interested in a career in the health care field.

The Algonquins of Pikwakanagan is offering a two session event that focuses on Aging Issues, Aging Well and Aging in Place

First Session:

May 24, 2018 from 1:00 PM - 4:00 PM

Supper Break: 4:00 PM - 5:00 PM

Repeat Session:

May 24, 2018 from 5:00 PM-8:00 PM

Event will include:

- Guest Speakers at 2:00 PM and 6:00 PM (Repeat)
- Information Booths on Services offered in Pikwakanagan and Renfrew County
- Light Snacks & Refreshments

Community Supper from 4:00-5:00 PM

Learn about the health benefits of living an active life and staying socially connected!

For further information/registration please contact: Michelle Hume, Seniors Wellness Coordinator at 613-625-2259 ext. 258.

CURBSIDE GARBAGE

Should bags be damaged or garbage spread by animals, our employees are NOT responsible for picking up the spread garbage. Community members are to have their garbage to the curb NO later than **9:00 AM on Wednesdays.**

If you fail to have your garbage out for pickup our department does not have the time to go back and pick it up. Therefore, the member(s) will be responsible for disposal or will have to return it inside until the next garbage pickup.

Meegwetch, Public Works.



Algonquins of Ontario



FISHERIES MONITORING WORKSHOP WITH HARKNESS LABORATORY OF FISHERIES RESEARCH

Harkness Laboratory of Fisheries Research is extending an invitation to the Algonquins of Ontario (AOO) to participate in a one-day Fisheries Monitoring Workshop in Algonquin Provincial Park. The workshop will highlight the history of Algonquin Park's fisheries and the sampling protocols Harkness uses to assess fish populations. It will also offer an opportunity to spend time on the water, set gillnets, and learn fish sampling techniques.

The one-day workshop will be offered at Harkness Laboratory of Fisheries Research, Lake Opeongo at km 46.3 of Highway 60.

Saturday, June 9, 2018 from 10:00 am – 5:00 pm.

The workshop will be limited to 8 participants, and will be available on a first come, first serve basis. A second workshop will be run Sunday, June 10, 2018 if the first workshop fills up. Any individuals over the age of 16 are welcome to participate.

To register in one of the above-noted sessions, please contact Lucas Tyukodi, Biologist Resource Technician at the Algonquins of Ontario Consultation Office via lttyukodi@tanakiwin.com or 613-735-3759 x 210 no later than end of day on June 1, 2018.

Participants are responsible for their own transportation to and from the workshop location, and are asked to bring close-toed shoes they are comfortable getting wet, outdoor clothing (sweater, hat, sunglasses, etc.). All participants will be provided with lunch and are welcome to spend the night at Harkness Lab. Participants spending the night will also be provided with dinner and a quick breakfast the next morning.

Individuals who attend these workshops are encouraged to join Harkness throughout the summer to assist in fisheries sampling. Individuals who are unable to attend one of the scheduled fisheries workshops but are interested in taking part in sampling throughout the summer may contact Nick Lacombe, Aquatic Research Biologist at Harkness Laboratory of Fisheries Research by e-mail at nick.lacombe@ontario.ca.

SENIORS WELLNESS PROGRAM - MAY 2018

For further information on activities or to arrange transportation to an event please contact:
Michelle Hume, Seniors Wellness Coordinator at 613-625-2259 ext. 258

SUN	MON	TUE	WED	THU	FRI	SAT
		1 Exercise with TerryAnn 1 pm – 2 pm Manor	2	3 Exercise with TerryAnn 1– 2 pm Manor Creative Crafts Dream Spring Tree 2 – 3:30 pm Manor	4	5
6	7 Skee-Ball Inspired Bean Bag Toss 1:30-2:30 pm Manor	8 Exercise with TerryAnn 1 pm – 2 pm Manor	9 Country Drive Outing 2-4 pm Manor *Call to Register	10 Exercise with TerryAnn 1 pm – 2 pm Manor Crafts 2-3:30 pm Manor	11 Mother's Day Pancake Breakfast 9 am – 11 am Makwa Centre	12
13	14	15 Exercise with TerryAnn 1 pm – 2 pm Manor Yoga 2-3 pm Manor	16 Tulip Festival in Ottawa *Call to Register	17 Exercise with TerryAnn 1 pm – 2 pm Manor Crafts at OP 1:30-3:30 PM Manor	18	19
20	21	22 Friendly Visits 9 am – 12 pm **Call to Register Exercise with TerryAnn 1– 2 pm Manor	23	24 Pikwakanagan Aging Symposium 1-4 pm 4-5 Supper 5-8 Second Session	25 May Flowers BINGO 1:30-3:30 pm Manor	26
27	28 Gardening Activity 10 am – 12 pm Manor	29 Exercise with TerryAnn 1 pm – 2 pm Manor	30 Pamper Me Day 9 am-12 pm Manor	31 Exercise with TerryAnn 1 pm – 2 pm Manor Crafts 2-4 pm Manor		

ANIMAL CONTROL OFFICER

June Logan

(613) 625-2545 or (613) 602-3626

OMÀMIWININÌ PIMÀDJWOWIN (Heritage Centre/Museum)

613-625-1958

Email: info@thealgonquinway.ca

Open: Monday to Friday 10:00 am – 4:00 pm

ANISHINABE KITIZI PINASKAWIGWAMIG ELDERS LODGE

Rental of Elders' Lodge
Call Sandy Nash, President,
Elders Committee at (613) 717-2894.

COME PARTY WITH US AT CHRIS BELAIRE & LINDSEY MIRAULT'S STAG N DOE!

♥ May 19th @ 8pm- 1am ♥
KNIGHTS OF COLUMBUS HALL- PEMBROKE
\$5.00/person

To pre-purchase tickets contact
Blaze Commanda (613) 281-6695 (call or text)!

Tickets will be available at the door!

MAKWA BINGO

MONDAY NIGHTS!

Doors open at 5:00 pm - Warm-ups at 6:45 pm
Monday's Jackpot \$1,500.00 in 51#s

Progressive Balls and Nevada
613-625-2597

-SMOKING AND NON-SMOKING SECTION-



LEGAL INFORMATION CLINIC LEGAL AID ONTARIO

NEW DAY: THURSDAY'S

4:30 pm – 5:30 pm. Administration Office

~First come, first served~

Contact Christine Hutchinson at (613) 625-2800 for info.

2018 DATES:

June 7, 2018.

A FOOT IN TWO WORLDS

Mike Richard is currently the clinical director of Living Without Violence Inc., in Eganville. Mike has provided his services to our community for the last 30 years.

Mike will be available every Friday from 10:00 am to 2:00 pm. This service is free of charge. Please call the Family Well Being office at 613-625-2324 if you would like to book an appointment.



ETMANSKIE HEATING SERVICES 24 HOUR OIL & GAS SERVICES 613-756-2199



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www.algonquinsofpikwakanagan.com
Algonquins of Pikwakanagan First Nation



*****DEADLINE FOR SUBMISSION IS THURSDAY'S at 12:00 NOON - NO EXCEPTIONS*****

Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo
Pikwakanagan, ON K0J 1X0

(613) 625-2800 Administration Office
(613) 625-2332 Fax Number

HOURS OF OPERATION

Monday through Friday
8:30 am to 4:30 pm

CLOSED
12:00-1:00 pm for LUNCH

Photocopies/Newsletter Ad Prices

Photocopies is 25 cents per page
Faxes are 50 cents per page

Newsletter Ads:

9 x 5 cm is \$2.00/week
9 x 7 cm is \$3.00/week
½ column/page is 5.00/per week
Full page is \$10.00/per week

LIBRARY HOURS

613-625-2800 ext. #244

Tuesdays & Wednesdays 1:00 pm—8:00 pm
Thursdays 2:00 pm—8:00 pm.

Check out the variety of Books,
Novels, Movies. Internet Access Available!
The Library is closed from May 8-May 10, 2018.
Library re-opens May 15, 2018 at 1:00 pm.



TRAINING AND LEARNING CENTRE



FREE lifelong learning for adults offered in Pikwakanagan
Classes offered *Tuesday's* and *Thursday's* at 473 Kokomis Inamo, Unit #4

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www.trainingandlearningcentre.ca

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