



Pikwakanagan Tíbadjumowín

Friday May 08, 2020

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Email: admin.reception@pikwakanagan.ca

View the newsletter on-line: www.algonquinsofpikwakanagan.com

Facebook : Algonquins of Pikwakanagan First Nation

FOOD BANK AND SUPPORT

Call 613-639-1633

Monday to Friday (with the of exception of holidays) 8:30 am to 4:30 pm.

The purpose of the foodbank is to support community members with access to food that promotes healthier eating. It supports those that are self-isolating, especially our most vulnerable people.

We have a variety of food that includes: fruits, vegetables, milk, eggs, meat and bread.

The response to the foodbank has been positive, and we will continue with this service during the pandemic.

We extend our gratitude to all those that worked and are working with us during this time.

Thank you, Thank You, Thank You.

A few points to remember when calling in:

- ✓ Need your name, contact number, number of people in household, and your food needs.
- ✓ You will receive same day service if you call in am, if you call in afternoon you will receive a service next day.
- ✓ You need to call for yourself only.
- ✓ Need to be at home at the time of delivery.
- ✓ No after hour calls or messages will be accepted.

SHOPPING FOR COMMUNITY MEMBERS

Shopping for clients (using your own funds) is a service that is being provided.

Should anyone have any questions, concerns or want to share their experience with this service,
Contact Peggy Dick R.N., Supervisor Home Care
613-625-1230 or 613-633-0599
text messages are welcome!

ON RESERVE FINANCIAL ASSISTANCE

Financial assistance is available for **On Reserve Pikwakanagan Members** (low income/special needs).
To apply for assistance, please contact Rosie Commanda at 613-639-1633 – Monday to Friday from 8:30AM-4:30PM.”

OFF RESERVE FINANCIAL ASSISTANCE

Financial assistance is available for **Off Reserve Pikwakanagan Members** (low income/special needs). Funding is provided to assist with Food, Shelter Costs and Special Needs. You will be required to provide information such as your Status Card, Income, Birth Date, Family (Spouse & children) living with you.
To apply for assistance, please contact Karen Leveque at 613-625-2800 ext. 241. – Monday to Friday from 8:30AM-4:30PM.

FOOT CARE GIVE AWAY

Footcare is an important part of diabetes maintenance. Footcare packages are available for community members who are diabetic. Please email the diabetic navigator at diabetic.navigator@pikwakanagan.ca by May 15th to put your name down for this package. Please include your phone number and address in your email.
You can also text your information to 613-281-5214

TO PROTECT OUR COMMUNITY

Community Safety Reminder

Please be advised that the State of Emergency is still in effect and all businesses in Pikwakanagan are closed until further notice.

Checkpoints at all entrances of Pikwakanagan and security patrols overnight are in place.

Why Checkpoints?

To prevent COVID-19 from entering the community
To prohibit non-residents from entering the community
To protect our community members

What to Expect?

Greeted by security personnel (volunteers)
Personal information documented: Name and vehicle information and why they are using this road.

What you can do? *Be respectful *Cooperate *Smile

SAFETY OF OUR COMMUNITY

We are asking that if you see any type of illegal activity taking place to call Crime Stoppers 1-800-222-TIPS (8477) or 613-735-8477 and report it every time you see it happening. By doing this you will be providing information that is necessary for police investigations. **The police need the support and help of the community to stop criminal activity that is putting our community at risk.**

Criminal activity can jeopardize your right to reside in Pikwakanagan.

CALL THE OPP TO REPORT INCIDENTS AS FOLLOWS:

Reference: www.opp.ca Detachment numbers and emails: opp.ca/detachments.
Emergencies: call 911

To report a less serious incident call: 1-888 310-1122 or online at opp.ca/reporting.

To report a non-essential business remaining open contact: call 1-888-310-1122 or **Killaloe Detachment (613) 757-2600**

To report non-compliance under the Quarantine Act contact: Public Health Agency of Canada <https://www.canada.ca/en/public-health.htm>.

COVID-19 related scams are available on: the Canadian Anti-Fraud Centre or <https://antifraudcentre-centreantifraude.ca/features-vedette/2020/covid-19-eng.htm>; 1-888-495-8501 or (613) 757-2600

FINES

\$ 750.00– Fail to comply with an order made during a declared emergency

\$1,000.00– Obstruct any person with an order made during a declared emergency

\$1,000.00– Obstruct any person performing duty in accordance with an order made during an emergency

PROVINCIAL AND FEDERAL FINANCIAL ASSISTANCE

Financial assistance is available **PLEASE SEE LAST WEEKS NEWSLETTER FOR DETAILS OR**

Contact Karen Leveque at 613-625-2800 ext. 241. – Monday to Friday from 8:30AM-4:30 PM.

**FAMILY HEALTH TEAM
613-625-1175**

- Phone calls and messages are taken daily Monday to Friday 8:30–4:30. Messages will be returned within 1-2 business days
- Patients that are in the schedule for an appointment, will be contacted 1-2 days prior to their appointment for screening and triaged for respiratory symptoms.
- Please contact your pharmacy for all prescription renewals.
- If the office is closed and you require help call 1-844-727-6404 to speak with a Nurse Practitioner or Doctor.

**CONWAY'S PHARMACY – REMOTE DISPENSING LOCATION
PIKWAKANAGAN, HEALTH CENTRE
613-625-9974**

Services will remain **OPEN** and **DELIVERIES AVAILABLE** *Monday - Friday*

Hours of Operation May 11–May 15

Monday, Tuesday, Thursday, Friday: 9:00 am—4:00 pm closed 12:00-1:00
Wednesday: 9:00 am—1:00 pm

If you have questions or concerns on how to pickup your prescriptions if the main door is locked,

**TENNISCO MANOR & SERVICE-613-625-1230
CLOSED** to the public and visitors .

MEDICAL TRANSPORTATION-613-625-1230

Essential appointments only. All necessary precautions will be taken for driver and clients.

HEALTHY, BABIES, HEALTHY CHILDREN (HBHC) HAS EXPANDED:

Are you a family with children ages 0-6 years or are pregnant, please contact the Community Health Nurse for Food/ Essentials Vouchers and support. Provide your name, children's name and age, address and a contact number. chn@pikwakanagan.ca

NIHB (Non Insured Health Benefits)

Non-insured Health Benefits will be processed as usual, please drop off any bills to the Health Center on Tuesdays between 8:30-12:00.

PUBLIC WORKS

For issues pertaining to Public Works, call Selena Roesler at (613) 717-2770

EDUCATION

613-625-2800 EXT. 239

Please see last weeks edition of the newsletter for more information COVID-19 details and supports.

EOCC COVID-19 PANDEMIC

613-625-2800 EXT. 230

Leave messages with questions regarding COVID 19 at this number

To follow all latest updates on COVID-19 on our website click the red banner "Algonquins of Pikwakanagan First Nation update on COVID-19" at the top of our main page.

**PIKWAKANAGAN WILL REMAIN UNDER ITS' STATE OF EMERGENCY
UNTIL ATLEAST MAY 31, 2020.**

Let's Talk About Masks!

- ✔ Non-medical masks may help protect others around you
- ✔ They offer protection, especially when physical distancing is hard to maintain
- ✔ Wearing a non-medical mask is NOT a replacement for physical distancing, hand washing, and monitoring your health
- ✔ Wearing a non-medical mask can increase your risk of infection if you touch your face more frequently



START

Are you a resident of Renfrew County with a health concern?

YES Do you have a family physician?

YES ...Contact your physician

NO Are you able to reach your physician?

YES ...Contact your physician

NO Contact the new, 24/7 Virtual Triage & Assessment Centre 1-844-727-6404

CARE & SUPPORT:

- Family Physician
- Nurse Practitioner
- Community Paramedic

RENFREW COUNTY Virtual Triage & Assessment Centre

Helping You During the COVID-19 Pandemic

1-844-727-6404

www.rcvtac.ca

OttawaPublicHealth.ca/Coronavirus



Need Someone to Talk to? YOU ARE NOT ALONE!

Family Violence Prevention Program 613-639-9189

Shelter Crisis Lines/Anonymous Services Available 24 hours a day, 7 days a week	Community Services Available Monday-Friday 8:30 a.m. – 4:30 p.m.
Mental Health Crisis Line (Distress Centre) – 1866-966-0991	Community Crisis Line – 613-639-9189
Bernadette McCann House – 613-732-3131	Counselling: Sandi Wright – 613-639-9189
Women's Sexual Assault Centre – 1800-663-3060	Addictions: Matt Hutten – 613-639-9189
Victim Services Renfrew County (Domestic Violence & Human Trafficking) – 1800-668-6868	Family & Child Counselling: Ruqqiah Adams (available on Fridays) Call Sabrina- 613-732-0649
Kids Help Phone – 1866-668-6868	Child Welfare: Alex Bednash – 613-585-1275
Overdose Prevention Line – 1888-853-8542	Prevention Services: Angie Seguin – Please contact number above
Renfrew Family & Child Services – 613-434-4281	Holistic Therapy: Mike Richard – 613-559-0415
Killaloe OPP – 613-757-2600	
Community Hot Spots for Internet	
Available Monday-Friday 8:00am – 5:00pm	
Administration Office Parking Lot Wifi Network: aopfnguest Password: junebugs	
Available 7 days a week from 8:00am-8:00pm	
Makwa Community Centre Parking Lot Wifi Network: Bell082 Password: 2356416C	

OTHER MENTAL HEALTH/ ADDICTIONS SERVICES AVAILABLE

Qualia Counselling Services is offering free telephone and video counselling to all First Nations during COVID-19. Must have a valid status card number. For more information, visit their website at www.qualiacounselling.com, call 1-855-785-2273, or text 226-792-8433.

Overdose Prevention Line – 1-888-853-8542

Online AA Support – To access virtual AA support, visit www.247aaonline.com.

Safe Injection Kits – To access safe injection kits, contact the Health Centre or Renfrew County District Health Unit.

Connex– Provides addiction treatment support options via phone, online chat and email. All confidential. Visit connexontario.ca or call 1-866-531-2600.

Family Violence Prevention COVID-19 Plan

Family Violence Prevention COVID Plan Offers:

- Emergency shelter for those fleeing domestic violence
- Provide physical and psychological safety for our community members, women & children
- Advocacy, support, & assistance with safety planning, health care, child welfare, mental health & substance use disorders, prevention, preparation & healing
- Provide essentials
- We will help you make realistic plans and set goals

When the home isn't safe...and you need a safe space.

- Call the Family Violence Prevention Team (613) 639-9189
- Culturally safe, professional & community oriented

Honouring Our Families

Is someone harming the physical, spiritual, emotional and mental aspects of a child?

- To report a child or youth in need of protection, please contact Family & Children Services of Renfrew County (613) 735- 6866 or toll free 1-800-267-5878
- 24 hours a day, 7 days a week
- Email: inquiries@fcsrenfrew.on.ca
- **Killaloe OPP (613) 757-2600**



Craft Bins

Prevention Services and the Mental Health Team are preparing craft boxes to be delivered to families of all ages twice a week!

Contact Sabrina (call or text) 613-732-0649 to register and have these bins dropped off!

Give us the child's name, address, how many children and the ages of your child/children!

TEMP HELP WANTED

Traffic Monitors

Volunteers are needed at the entrances, Shifts will be 5 1/2 hours per day. Honorariums are being paid to volunteers. If interested please call Jan Leroux at (613) 585-3213

Administrative Assistant/ Coordinator

AOPFN is looking for persons to provide support for emergency response activities

Please register with Christine Hutchinson at 613-625-2800 ext. 253

EMPLOYMENT OPPORTUNITY

Position Title: Manager, Public Works **Salary Range:** TBD **Closing Date:** May 15, 2020

Tenure: One year, possibility of extension **Department:** Public Works

Summary

The Manager, Public Works will be accountable for carrying out the responsibilities associated with the management of all assigned public works program and projects related to the administration of the Algonquins of Pikwakanagan; and shall carry out all administratively related functions in such a manner as to maintain their complete confidentiality in recognition of the privacy entitlements of all members of the community.

Basic Requirements

- Post-secondary degree in construction or civil engineering with a Business Administration component or post-secondary degree in Business Administration and experience in the public works field, or secondary school completion at the grade 12 level with a minimum of three (3) years related experience in the public works field(s) and office administration component.
- Experience in budget preparation, reporting techniques, contract administration, tendering techniques, project coordination and supervision of personnel.
- Possess a valid driver's license at the "G" level
- Access to a dependable vehicle on demand

Rated Requirements

Knowledge

- Knowledge of Federal and Provincial programs and services relevant to native people.
- Knowledge of building codes and other related codes relevant to the public works fields
- Computer literacy in word processing and spreadsheets

Ability

- Ability to prepare written proposals for funding and analytical purposes
- Ability to work with numbers, vocabulary and objects

Personal Suitability

- Good oral & written communication skills
- Possess a high degree of initiative and the ability to function under general direction.
- Effective interpersonal relationship skills
- Tact, judgement
- Reliability, dependability
- Thoroughness
- Ability to maintain a high level of confidentiality
- Organized work habits

ELIGIBILITY LIST WILL BE ESTABLISHED: YES

Application and Screening Procedure: Interested persons must submit a resume demonstrating how the basic requirements are met and the names and day contact telephone numbers of your three (3) most recent direct supervisors. If direct supervisor references are not available, then references that know your work may be accepted. Applications will be accepted in person or through the mail in a sealed envelope marked personal and confidential and addressed to the attention of the contact person. Electronic applications will be accepted. **NO FAXED APPLICATIONS WILL BE ACCEPTED.** AOPFN has the right to short list for interview/assessment purposes to the five (5) most qualified persons. To obtain a job description, please contact the name below. The Board will screen all applications as presented. Applicants will be screened on the following: 1.) Conflict of Interest-the applicant must not be a member of the Supervisor's immediate family; 2) Resume-the Board will review the contents of the applicant's resume to ensure the applicant meets the basic requirements as identified on this poster.

Contact Person: Christine Hutchinson, Employment Development Officer (613) 625-2800 ext. 253

Algonquins of Pikwakanagan Administration Office, 1657A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

Electronic Applications can be sent to: employment.officer@pikwakanagan.ca

ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS

Name	Family Line	Date Posted	Appeal Period Ends
Lopes, Ella	Lavalley	8 Nov 19	8 May 20
Filiatrault, Marcus	Ignace	16 Dec 19	16 June 20
McCutcheon, Bertram	Jocko	16 Dec 19	16 June 20
Pilatzkie, Carla	Lavalley	09 Jan 20	09 July 20
Turcott, Kaitlyn	Ignace	09 Jan 20	09 July 20
Sovie, Daniel	Ignace	21 Feb 20	21 Aug 20
Griff, Melissa	Commandant	21 Feb 20	21 Aug 20
Sarazin, Phoenix	Sarazin	02 Mar 20	02 Sept 20
Glassford, Mark	Meness	12 Mar 20	12 Sept 20
Chadwick, Chantel	Lamure/Commanda	12 Mar 20	12 Sept 20
Lepine, Pamela	Sharbot	12 Mar 20	12 Mar 20
Hatfield, Susan	Lavalley	12 Mar 20	12 Sept 20
Chadwick, Benjamin	Lamure/Commanda	30 Mar 20	30 Sept 20
Chadwick, Jasmine	Lamure/Commanda	30 Mar 20	30 Sept 20
O'Shea, Carly	Partridge	30 Mar 20	30 Sept 20
O'Shea, Tyler	Partridge	22 April 20	22 Oct 20

If you wish to appeal the addition of one of the above persons becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available in the Lands, Estates & Membership Department or email at mgr.lem@pikwakanagan.ca

LEGAL AID CLINIC

No clinics operating right now. However, If you are looking for criminal or family legal advice, Please call the Duty Counsel number – 613-735-3400, and leave a message.

IMPORTANT INFORMATION-RESIDENCY

If you have someone residing with you that has not applied for Residency, please have them complete an Application to Reside immediately to ensure they would have access to their home, if Council determines there is a need to further limit entrance to the community.

Applications can be picked up at the Administration Office between the 2 doors on the bulletin board or by calling 613-625-2800 x 222 and leaving a message. Applications for CPIC reports for non-members are available on the OPP web page. Proof that you applied for a CPIC will have to be provided.



PIKWAKANAGAN FIRE & RESCUE

Level 2 Fire ban in effect starting Tuesday April 7, 2020 until further notice

#pikfirerescue



AOPFN ANNUAL POWWOW CANCELLED

The Pow Wow Committee has made the decision to cancel this years Pow Wow due to Covid-19 pandemic

We have made this decision for everyone's health & Safety.

ANIMAL CONTROL

JUNE LOGAN

(613) 625-2545 or (613) 602-3626

WASTE DISPOSAL SITE

Wed: 12:00-6:00 p.m; Sun: 9:00 a.m.-3:00 p.m.

Wednesday– Garbage;Thursday– Fibre pick up

Friday– Containers pick up

Garbage and Recycling must be at curbside by 9:00 am

A Message from Wendy Jocko, Chief

“Miigwetch to the Algonquins of Pikwakanagan First Nation”

You see courageous people pop up in all cultures, traditions, and eras. From shepherd-boy David facing giant Goliath, to Julius Caesar defeating Vercingetorix King of the Gaul’s, to Harry Potter and friends confronting Lord Voldemort.

There is something exhilarating about individuals, pitted against the odds, rising above fear and narrow concerns about self-preservation.

And when you see real life examples of valour, our faith in human nature, in the possibility of virtue, is enhanced. I have witnessed many people in our community display varying degrees of courage over the past couple of weeks during the Covid-19 pandemic and during the lockdown.

What is courage? ‘Courage... is the willingness to risk life and limb work round the clock for the sake of something larger than ourselves. In other words, courage reveals what we care about... It reveals that which inspires us to overcome ourselves. And it is the self-overcoming character of courage that makes it so poignant. When we are witness to real acts of courage, we know immediately what matters most fundamentally to the courageous person – and it is not him or herself, not his or her own physical well-being.’ It about other people and the most vulnerable.

Standing up for what is right in our community by protecting our community’s health is courageous.

My mother always said to me, “don’t be afraid to pluck up a courage”, “Stand up for what you believe in, even if you stand alone.” “Stand up for what is right regardless of who is committing the wrong.”

During these uncertain times, keeping our community safe and healthy has been our top priority. Each of us plays a role in protecting our community and loved ones from COVID-19.

Miigwetch to everyone who has taken their roles seriously from our community members, business owners, volunteers, staff, members of Council and friends outside of our community.



Algonquins of Pikwakanagan First Nation

NEWSLETTER

As of Friday April 3, 2020 there will be a limited amount of hardcopies of the Weekly Newsletter at our community mailbox. Pease continue to view our weekly newsletter at www.algonquinsofpikwakanagan.com or check out the link on our Facebook page.