

Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD AKAKODJISH KIZIS 13TH, 2026

FRIDAY FEBRUARY 13TH, 2026

WWW.ALGONQUINOSPIKWAKANAGAN.COM | 613-625-2800

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Membership Notice

Please update your mailing address with Lands, Estate and Membership to ensure you get the latest news and upcoming election information.

Contact - Curtis Jahn at 613-625-2800 ext 231
Email - coordinator.lem@pikwakanagan.ca

Upcoming Office Closure

Please note that the Administration Building will be closed at **12:00PM on Friday, February 13, 2026** and will return to regular operations at **8:30AM on Tuesday, February 17, 2026**.

FEBRUARY IS HEART HEALTH MONTH!



CHIEF & COUNCIL UPDATE

February 13, 2026



The 2026 Chief and Council election process is now well underway.

As we prepare for this year's election, we remain committed to keeping the community informed and ensuring a transparent and respectful process.

We were informed that all nominees had until the end of the day on February 10, 2026 meet the requirements and confirm their intention to be a candidate in the election.

The next step is the Platform Process which will take place this Saturday (February 14th, 2026) at the Makwa Community Centre from 1 to 3 pm. During this session, candidates will have the opportunity to express their visions and goals, to the community. This is an important chance for members to hear directly from the candidates, to learn about their priorities, and ask questions in a constructive, open environment. AOPFN members are encouraged to participate and engage in this session, as it supports an informed voting process grounded in the values and aspirations of our First Nation. We remind members that questions should be related to the nominee's platforms and not personal matters.

Election Day is scheduled for March 28th, 2026. Instructions for voting can be found in the community newsletter or by contacting Lands Estates and Membership at the Admin office.

Chief & Council appreciates the continued involvement and engagement of our Algonquins of Pikwakanagan First Nation members as we move through this year's election process.



ALGONQUINS OF PIKWAKANAGAN NOTICE OF PLATFORM PROCESS

In accordance with the *Algonquins of Pikwakanagan First Nation Custom Election Code* and *Custom Election Rules of Notice and Procedures*, the Platform Process for the 2026 Election of the Council of the Algonquins of Pikwakanagan will be held on **February 14, 2026**.

The Election Day is scheduled for **March 28, 2026**, to elect one (1) Chief and six (6) Councillors for the next term of office.

ATTEND IN-PERSON

FEBRUARY 14, 2026

1:00 PM to 3:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

VIEW ONLINE VIA STREAM

Topic: Elections Candidate Platform Meeting

Time: Feb 14, 2026 01:00 PM Eastern Time (US and Canada)

Join Zoom Meeting

<https://us02web.zoom.us/j/6136252800?omn=85980109739>

The nominees (those who have been nominated and have received a second nomination) who have accepted their nomination will be invited to speak to the voters regarding their platform.

In accordance with the *Algonquins of Pikwakanagan First Nation Custom Election Code* and *Custom Election Rules of Notice and Procedures*, only eligible voters may address the nominees with questions and no one under the influence of alcohol or drugs will be allowed to remain in the building. Questions must be related to the nominees' platforms and not personal matters.

Dated January 30, 2026.

For more information or assistance please contact:

Email: voterhelp@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/pikwakanagan



OneFeather



ALGONQUINS OF PIKWAKANAGAN

NOTICE OF ELECTION & NOMINATION MEETING

Notice is hereby given to the voters of the **Algonquins of Pikwakanagan** that a Nomination Meeting will be held on **January 31, 2026**, in accordance with the *Algonquins of Pikwakanagan First Nation Custom Election Code* and *Custom Election Rules of Notice and Procedures*, for the purpose of nominating candidates for the Offices of one (1) Chief and six (6) Councillors for the next term of office, in an Election to be held on **March 28, 2026**.

NOMINATION MEETING

JANUARY 31, 2026

6:00 PM – 9:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

Voters may request digital access to the Nomination Meeting by contacting the Nation.

Registered Members who are eighteen (18) years of age and older as of the date of the Election may nominate or second candidates and vote in this Election, and shall form the Voters List.

Each Candidate for election must:

- a) be a person whose name appears in the Algonquins of Pikwakanagan Membership Register;
- b) have attained the age of eighteen (18) years on or before the date of the Nomination Meeting;
- c) have a nominator and seconder for their nomination;
- d) have accepted their nomination in writing to the Electoral Officer within ten (10) calendar days of the Nomination Meeting;
- e) have provided a current Canadian Police Information Check (CPIC) to the Electoral Officer within ten (10) calendar days of the nomination meeting (CPIC must be dated no earlier than three (3) months prior to Nomination Meeting);
- f) have no record of conviction for a disqualifying offence within the three (3) years prior to the Nomination Meeting.

To become a candidate, nominees must deliver to the Electoral Officer by 4:00 PM on February 10, 2026, the following:

- 1) A completed Acceptance Form for only one (1) position; and
- 2) A current Canadian Police Information Check (CPIC).

No more than two (2) Members of the Same Family may be elected to Chief and Council at the same time.

Nominees may not be a candidate for both the office of Chief and the office of Councillor. A nominee must decide within five (5) calendar days (**by February 5, 2026**) after the Nomination Meeting of which position they wish to seek and then must withdraw in writing their candidacy for the other position. If the person fails to withdraw from one or the other, then the Electoral Officer shall remove his name as a nominee from both positions.

All Notices, supporting Nomination documents, and the official Voters List of all eligible Voters shall be available at the Algonquins of Pikwakanagan Administration Office and website; can be requested from the Electoral Officer; and will be available to download at:

www.onefeather.ca/nations/pikwakanagan

The *Custom Election Code* and *Custom Elections Rules of Notice and Procedures* can be found at the Algonquins of Pikwakanagan website.

CANDIDATE PLATFORM PROCESS

FEBRUARY 14, 2026

1:00 PM – 3:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

ELECTION DAY

MARCH 28, 2026

9:00 AM – 7:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

Voters may cast their vote in person at the Polling Station, electronically at the OneFeather website, or by mail-in ballot.

Dated January 15, 2026

For more information or assistance please contact the Electoral Officer at OneFeather:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/pikwakanagan





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*Algonquins of Pikwakanagan
First Nation*

Notification of Vacant Registered Traplines

Dear Members,

This is a notice to advise that registered traplines are available for reallocation within all districts. Members with the applicable licenses (i.e., annual renewal and valid trappers license) and are interested in becoming a head trapper on one of the registered traplines available for reallocation (listed below) or traplines within the district, should connect with Algonquins of Pikwakanagan's Natural Resources Department for additional information.

Traplines Available:

*3-year Temporary allocation – within the Algonquin Land Claim Settlement Area:
PE060*

Members can connect with Natural Resources to review trapline locations and maps.
Please note that currently, the Ministry of Natural Resources is not allocating traplines in the Algonquin Land Claim Settlement Area on a permanent basis. Traplines are available on a 3-year or 4-year temporary basis.

The process to allocate future permanent registered traplines will be completely independent of any temporary registered trapline assignments.

New trapline buildings will NOT be authorized or considered at this time within the Algonquin Land Claim Settlement area.

Applications are to be submitted to MNR not later than April 16th, 2026.

For additional information and support please contact Larissa Luloff, at 613-625-2800 ext. 249 or by email field.admin@pikwakanagan.ca

**1657A Mishòmis Inamo
Pikwakanagan, Ontario K0J 1X0**

Tel: (613) 625-2800

Fax: (613) 625-2332

Ontario

Pembroke District Vacant Trapline January 16th, 2026

0 4 8 12 16 20 24 28 32km
1:525,000


-  Vacant Trapline Area
-  MNR District
-  First Nation Reserve

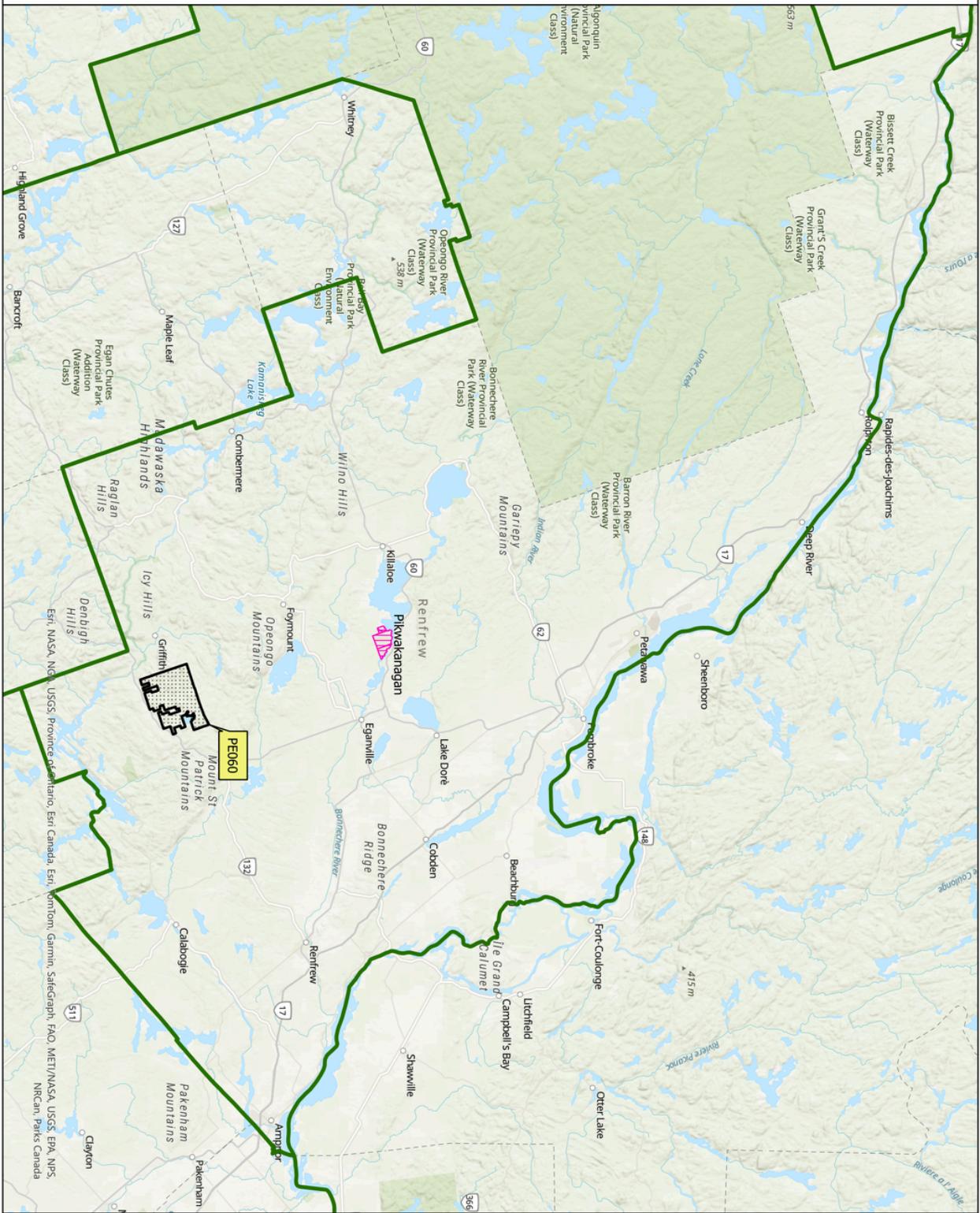
Disclaimer:
This map is illustrative only. Do not rely on this map for legal administrative purposes. Do not rely on it as being a precise indicator of routes, locations of features, or as a guide to navigation. This map may contain cartographic errors or omissions.

Data Sources:
Ministry of Natural Resources, 2026

Projected Coordinate System:
NAO 1983 UTM Zone 18N

Geographic Coordinate System:
GCS North American 1983

Produced by the Ministry of Natural Resources.
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AOPFN Limited Partnership

EXISTING!!

NEW!!!

2026 BACK TO BUSINESS!

Updating your business registration ensures you receive notifications about events and opportunities. Keeping your information current connects you with procurement and funding opportunities, as well as updates on business training and workshops.

Please contact us today, or use the QR code to ensure we have your most accurate contact details!!



bdo@pikwakanagan.ca

procurement.officer@pikwakanagan.ca

Unit 3 469 Kokomis Inamo

613-625-1551

<https://form.jotform.com/260214325969056>



BEAT THE FEBRUARY BLUES
WINNER!!!

**CONGRATULATIONS
HOWARD BERNARD**

COME CLAIM YOUR PRIZE!



AOPFN Limited Partnership

UNIT 3 469 KOKOMIS INAMO

We hope you're enjoying the all
NEW
Algonquinsofpikwakanagan.com

To access the members only section, please register by clicking the **RED** Register button in the top right corner, fill out the online form and follow the instructions.

We're here to help!

Anyone questions or concerns regarding the website is encouraged to reach out to the Communications Department: Dial extension 232 when calling the administration building.

NOTICE

Seeking an Elder to Represent Chief and Council on Anishinabe Algonquin Nation Consultative Culture Circle

The Algonquins of Pikwakanagan First Nation Leadership participates with the Algonquin Anishinabeg Nation Tribal Council, the Algonquin Nation Programs and Services Secretariat and Kitigan Zibi Anishinabeg First Nation. These 11 federally recognized Anishinabe Algonquin First Nation communities work in conjunction with the City of Ottawa who have approved, "The City of Ottawa - Anishinabe Algonquin Nation Civic Cultural Protocol and Implementation Plan (2022 -2026) on April 13, 2022.

The Civic Cultural Protocol calls for the establishment of an Anishinabe Algonquin Nation Consultative Culture Circle to guide its implementation and to respond to specific questions from City of Ottawa departments about Anishinabe Algonquin Nation culture.

The Algonquin Anishinabe Nation Consultative Circle mandate is to:

- Cultivate respectful relationships and successful partnerships with City of Ottawa cultural and connected sections;
- Facilitate knowledge sharing and capacity-building at the City of Ottawa as well as within Algonquin Anishinabe First Nations;
- Follow up and monitor the implementation of protocol actions; and
- Provide advice and guidance on engagement and cultural content development.

The Algonquin Anishinabe Nation Consultative Circle allows for an Elder to participate on this committee. Recently this Elder seat has become vacant for Pikwakanagan. Chief and Council are seeking an Elder to represent Pikwakanagan on this committee.

The role provides an honorarium per meeting. There are generally 4 meetings a year. The role involves:

- Being aware of previous discussion
- Reviewing the agenda ahead of each meeting,
- Participating fully in discussions by asking questions and providing feedback to presenters,
- Staying informed on meeting topics and outcomes.

If you are Interested, please contact:

Alanna Hein, Manager, Political Operations

1657A Mishomis Inamo

Pikwakanagan, ON

K0J 1X0

(613)625-2800 ext: 228 or mgr.political@pikwakanagan.ca

News & Events:



**March 7, 8 & March 14, 15
2026**

Pre-registration is required.

For more information, please contact:
Larissa Luloff, Field Administrative Coordinator,
Natural Resources Department
field.admin@pikwakanagan.ca



ANNUAL FISHING DERBY

FEBRUARY 14, 2026

6:00 AM TO 3:00 PM

RANDY COMMANDA'S CAMPSITE

LAST WEIGH IN: 3:00 PM SHARP

REGISTRATION: FRIDAY, FEBRUARY 13, 2026

LOCATION: FIRE HALL @ BETWEEN 6:00 PM TO 9:00
PM

CAMPSITE @ BETWEEN 6:00 AM TO 11:00
AM

FUNDRAISER: PROCEEDS GO TO FIRE DEPARTMENT

\$20.00 PER PERSON

12 YEARS AND UP

FISHING IN GOLDEN LAKE (BRIDGE TO BRIDGE)

CONTACT: CHRIS SARAZIN (613) 286 1018



NOTICE OF TOWN HALL MEETING

Topic: Upcoming Closure of BMO Eganville Branch

Date: February 19, 2026

Time: 5:30 pm – 7:00 pm

Location: Eagle's Nest, (178 Jane St. Eganville, ON)

The meeting will also be available to watch live on the
Township of Bonnechere Valley YouTube channel:
www.youtube.com/@townshipofbonnecherevalley269

Comment submissions can be delivered to the Township of
Bonnechere Valley Municipal Office, (49 Bonnechere St. E.
Eganville, ON), or emailed to annetteg@eganville.com.

Please submit comments by February 16, 2026, at 10:00 am.

ALL ARE WELCOME TO ATTEND

613-628-3101

admin@eganville.com



Sweat Ceremony

Date: February 22, 2026

Conductor: Dean Sayers, Batchewana FN

Time: Sweat Ceremony 1:00 p.m. (fire will be lit at 11:00 a.m.)

Location: Cultural Grounds

How it will run:

- This sweat will be for letting go.
- Fire will be lit at 11:00 a.m.
- ceremony will start at 1:00 p.m.
- Food will be provided at the end of Ceremony
- New people are always welcome
- any questions or concerns can be addressed by conductor on day of ceremony



What you will need:

- a towel for drying and a change of clothes for the sweat, this could be shorts, t-shirt, ribbon skirt (not required)
- arrive early for any additional questions or inquiries on the day of ceremony. Women are advised to speak with conductor on protocols around moontime.
- bring a chair for sitting.

For more information contact

343-997-4345

or

kevinlamarr@gmail.com

Public art information session

February 24, 2026 5pm – 6.30pm

Makwa Community Centre, 83 Kagagimin Inamo, Golden Lake, ON K0J 2AO

The City of Ottawa's Public Art Program invites Anishinabe Algonquin visual artists to an information session for two new public art opportunities. Public Art Program staff will also be available to support with preparing proposals.



Chief William Commanda Bridge

Lead Anishinabe Algonquin artist for Chief William Commanda Bridge project



Lansdowne 2.0

Anishinabe Algonquin Cultural and Public Art Coordinator

In addition, there will be an online information on Zoom on **February 27, 2026** from **6.30pm – 8pm**. Please register at publicartprogram@ottawa.ca



@publicartottawa



ottawa.ca/publicartprogram



Community Car seat Clinic

Makwa
Community
Centre

February 27
2026

Hosted by
certified CPST
Technicians

WHAT:

- Get help with proper car seat installation and safety checks
- Open to AOPFN members or those affiliated

INFO NEEDED FOR REGISTRATION:

- Your vehicle (make/model/year)
- Your child's details (age, weight, height)
- Car seat info (make/model/year) + how many?
- AOPFN member or affiliated

TO REGISTER:

Call (613) 625-2173 or email preventionprograms@nigignibi.com to reserve your time slot.



Algonquins of Pikwakanagan 4th Annual Round Dance

SATURDAY, MARCH 14, 2026

Makwa Community Centre

83 Kagagimin Inamo, Pikwakanagan, ON

Pipe Ceremony 4:00 PM (Everyone welcome and all singers are encouraged to attend)
Potluck Feast - Bring dish for 4:00 PM (Bring your feast bundles & reusable water bottle)
Round Dance 6:00 PM

Invited Singers

Awema Tendesi

Dan Isaac

Dave Hookimaw

Franky Horn

Gerry McComb

Harvey Dreaver

Justin Polson

Nathan Roy

Nim'keehns Wemigwans

Rodney Stanger

Raven Naganosh

Robin Decontie

Tasheena Sarazin

Thaila Sarazin

Master of Ceremonies
Beendigaygizhig Deleary

Pipe Carrier
Harvey Dreaver

Stickman
Brennan Govender

Registration Opens at 5:00 p.m.
First 15 adult singers will receive \$100.
First 10 youth singers will receive \$50.
All singers will be acknowledged with a gift.

Alcohol & Drug Free Event



JOIN THE Round Dance Planning Committee

Are you passionate about community, culture, and bringing people together?

We're forming a Round Dance Committee to help organize an our annual upcoming community Round Dance – and we need your voice, your skills, and your heart.



- Chairperson
- Co-chair/Vice Chair
- Secretary
- Treasurer
- Head Organizer
- Elder/Spiritual Advisor
- Youth Representative
- Volunteer Coordinator
- Communications/Media
- Hospitality

If interested or for more details, please contact 613-625-1958 or programcoordinator@thealgonquinway.ca



Correctional Service
Canada Service correctionnel
Canada

ADVERTISEMENT OF INTEREST FOR
TRADITIONAL INDIGENOUS ELDERS, CULTURAL ADVISORS, KNOWLEDGE
HOLDERS

CORRECTIONAL SERVICE OF CANADA (CSC)

CSC is seeking the interest of applicants for part-time and full-time Traditional Indigenous Elder, Cultural Advisor, and/or Knowledge Holder contracts in Ontario. Locations may include Bracebridge, Campbellford, Kitchener and Kingston.

Responsibilities include assisting Indigenous offenders within federal institutions so they may benefit from culturally specific healing and interventions in individual and group settings, conducting culturally appropriate ceremonies, providing counselling, working in partnership with all CSC staff and providing input into offender case management reports.

Applicants will be invited to meet with CSC's Elder Council, where they will have the opportunity to share their experience and interests.

The successful individual(s) must be able to obtain an Enhanced Reliability Security Clearance from the Government of Canada.

Please submit your resume and letter of interest to leanne.mulenga@csc-scc.gc.ca

Indigenous Initiatives
Ontario Regional Headquarters
Correctional Services of Canada
445 Union Street W, PO Box 1174
Kingston, ON
K7L 2R8
Attention: Leanne Mulenga

Should you require additional information, please contact Indigenous Initiatives, Correctional Service of Canada, Kingston, Ontario, 1 (343) 422-4856.

Canada



Correctional Service Canada Service correctionnel Canada

ADVERTISEMENT OF INTEREST FOR ELDER HELPERS

CORRECTIONAL SERVICE OF CANADA (CSC)

CSC is seeking the interest of applicants for part-time and full-time Elder Helper contracts in Ontario. Locations may include Bracebridge, Kitchener, Campbellford and Kingston.

The Indigenous Elder Helper will be available to assist/supplement the Elder(s) and thereby enhance Indigenous interventions. The Elder's Helper shall support Indigenous programs and provide a consistent approach to inmate involvement through traditional ceremony, inmate support and an Indigenous approach to the case management process. The Elder's Helper shall ensure consistency in ceremony, report writing, programs and individual inmate cultural involvement.

Applicants will be invited to meet with CSCs Elder Council, where they will have the opportunity to share their experience and interests.

The successful individual(s) must be able to obtain an Enhanced Reliability Security Clearance from the Government of Canada.

Please send your resume and letter of interest to leanne.mulenga@csc-scc.gc.ca

Indigenous Initiatives

Ontario Regional Headquarters
Correctional Services of Canada
443 Union Street W, PO Box 1174
Kingston, ON
K7L 4Y8
Attention: Leanne Mulenga

Should you require additional information, please contact Indigenous Initiatives, Correctional Service of Canada, Kingston, Ontario, 1 (343) 422-4856.

Canada

Resource Numbers:

ADDICTION Resources

Addictions
Counsellors:

Gillian McKay
&
Sabrina
Laframboise

613-625-2259

After Hours: Drug
Alcohol, Gambling
Hotline:

1-866-531-2600

Renfrew County
Community Withdrawal
Management:

613-432-7620

After Hours:
National Overdose
Prevention Line:

1-888-688-6677

Medical & Foodbank Resources

VTAC:
1-844-727-6404

Telahealth
1-866-797-0000

Poison Control
1-800-268-9017

The Sharing Place
Golden Lake
(11185 Hwy 60)

613-625-2600

Food Vouchers
(Pikwakanagan Social
Services)

613-639-1633

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County
have established a drug tip line for Pikwakanagan First
Nation. The number is:
613-689-0805.

The tip line will be monitored by Detectives within the
Community Street Crime Unit (CSCU). Messages will be
checked regularly. If the caller wishes to be called back,
an investigator will return the call.

This line is only intended for drug-related information.

Any emergency requests for police assistance or other
call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug
and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122



Algonquins of Pikwakanagan First Nation Community Support Personnel

Who are the CSP

A group of trained individuals who support
the community by assisting local
Ambulance and Police services, engaging in
community crisis support and actively
ensuring the safety and well-being of the
community members.

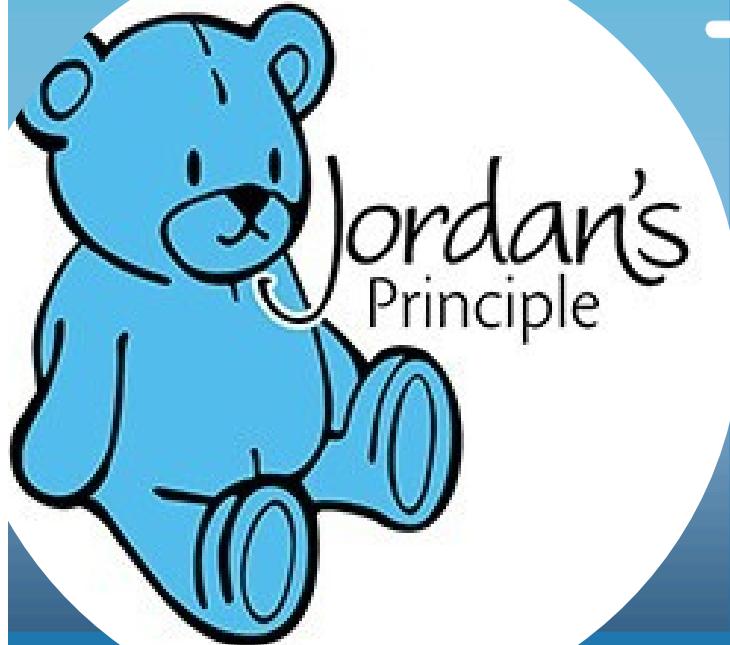
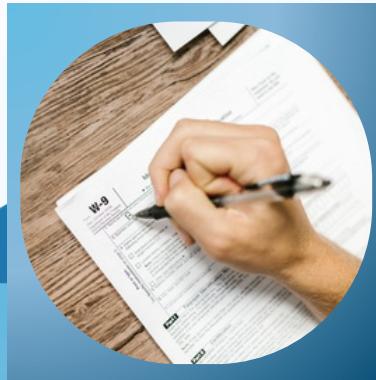


- Operates 7 days a week
- Wellness Checks
- Assist with special events & recreation
- Assist where they are needed
- Providing support to the community
- Ensuring the safety & well-being of the residents

Your privacy matters to us. Any contact
information you provide will remain
strictly confidential and never be shared
with any third parties without your
consent.

613-401-7446
csp@pikwakanagan.ca

Ensuring First Nations Children (0-17) Have Access to Educational, Social and Medical Supports



Examples of Supports Available

Mental Health Services

Speech Therapy

Dental and Vision Care

Assessments and Screenings

Medical Equipment

Respite Care

Land Based Activities

Support with submitting new requests

Support with following up on existing requests

CONTACT US

Pamela Scheel-Jordan's Principle Navigator

613-401-2812

jnav1@pikwakanagan.ca



PIKWAKANAGAN COMMUNITY HEALTH UPDATES



Overdose Alert

There has been an increase in overdoses in Renfrew and Arnprior. Please look out for one another and take steps to reduce risk:

- Avoid using alone
- Carry naloxone
- If a substance feels different than usual, it may not be safe
- Avoid mixing substances
- Test substances when possible
- Go slow and know your limits

NEED SOMEONE TO TALK TO?	VIRTUAL SAFE SPACE
<p>Call or text 9-8-8 for free crisis support. Available 24/7 across Canada. You are not alone.</p> <p> 9-8-8  9-8-8</p>	<p>The National Overdose Response Service (NORS) is a 24/7 virtual safe consumption line. If using alone, NORS stays online with you to help prevent overdose. Confidential. Judgment-free.</p> <p> 1-866-688-6677</p>

Community Overdose Safety Reporting



Help track dangerous drug supply patterns by sharing overdose events anonymously. This information helps protect the community and supports faster response.

No personal information is collected.
The form takes under 2 minutes to complete.

<https://forms.office.com/r/FBdYruZASr>

Mental Health Services

613-625-2259



Substance Use Support Resources



Inside Community	Outside Community	
Addictions Counselling Gillian McKay 613-625-2259 (ext. 238) Health Center	ConnexOntario Helpline 24/7 Support 1-866-531-2600 Text CONNEX to 247247 Live Chat (from computer) connexontario.ca	National Overdose Response Service (NORS) 24/7 virtual safe consumption line. If you're using alone, NORS stays online with you. 1-866-688-6677
Safe Supplies 613-625-2259 Health Center		
Cultural Supports Chrystal Toop 613-401-0821 101 Kiwita	After Hours: Drug, Alcohol, Gambling Hotline 1-866-531-2600 Service offered by ConnexOntario.	



Additional Resources



Food Security	Medical Resources
Food Vouchers Please call to check eligibility. 613-625-2259 (ext. 226) Health Center	VTAC 1-844-727-6404

The Sharing Place Food Bank
 613-625-2600
 Golden Lake (11185 Hwy 60)

Telehealth
 1-866-797-0000
askadoctor.help

Poison Control
 1-800-268-9017

Introduction:

My name is Taytun Brand and I am a nursing student from Algonquin College in Pembroke, completing my final placement at the Tennisco Manor and Health Services.



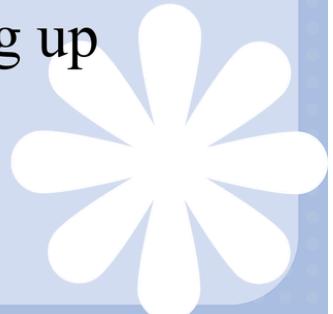
About Me:

I am from Petawawa and love the outdoors. My favourite winter activities are snowmobiling and ice skating. I hope to work in the community setting after graduation and am excited to meet everyone!

F

Fun Facts About Me:

- I played hockey and soccer growing up
- My favourite colour is blue
- My favourite food is raspberries



CHILDREN'S ORAL HEALTH INITIATIVE



My name is Krista Rintoul and I am the COHI dental hygienist for *Algonquins of Pikwakanagan First Nation*. If your child is 0-7 they qualify for the COHI program. This program is offered completely free and aims to prevent tooth decay, treat and restore teeth that already have tooth decay, improving oral health knowledge, changing oral health-related behaviours and reducing the number of First Nations children that require general anesthesia for dental surgeries.

What do I do?



DENTAL SCREENING



Fluoride Varnish Applications



Dental Sealants
and temporary
fillings



Oral Health
Knowledge



613-401-3769



cohi@pikwakanahgan.ca

ATTENTION

Calling all children
ages 0-7! Is your child
due for their check up
and fluoride?
Contact RDH Krista to
set up your
appointment.



COHI@PIKWAKANAGAN.CA

613-401-3679

Community Health February' 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 	3 • Connect well at Health Center (Lung Health) • Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am • Mind & Motion Circle at Manor 1pm-2pm	4 • Strong & Steady Exercise program at Makwa 1pm-2pm (With Dance) • Mind & Motion Circle at Manor 1pm-2pm	5 • Foot Care at Health Center • Mind & Motion Circle at Manor 1pm-2pm	6	7
8 	9 	10 • Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am • Mind & Motion Circle at Manor 1pm-2pm	11 • Strong & Steady Exercise program at Makwa 1pm-2pm (With Dance) • Mind & Motion Circle at Manor 1pm-2pm	12 • Mind & Motion Circle at Manor 1pm-2pm	13 Health Services closed at 12:00	14 
15 	16 	17 • Connect well at Health Center (Lung Health) • Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am • Mind & Motion Circle at Manor 1pm-2pm	18 No Strong and Steady Today	19 • Foot Care at Health Center • Mind & Motion Circle at Manor 1pm-2pm	20	21
22	23	24 • Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am • Dr. Joseph OTN Appointments at Health Center (Nephrology) • Mind & Motion Circle at Manor 1pm-2pm	25	26 • Mind & Motion Circle at Manor 1pm-2pm	27 Lunch and Learn at Elder's Lodge: 11am-1pm Movement is Medicine with Malika Richards, Physiotherapist	28 

February is Heart Health Month!



February is Heart Health Month, a time to focus on caring for your heart and reducing your risk of heart disease. Small, everyday choices can make a big difference in keeping your heart strong and healthy. By staying active, eating well, managing stress, and knowing your numbers, you can support your heart now and for years to come. Prevention starts with awareness, and it's never too early—or too late—to take steps toward better heart health.

Take steps to protect your heart:

- Eat a balanced diet with fruits, vegetables, whole grains, and lean proteins
- Stay active – aim for at least 30 minutes of movement most days
- Avoid smoking commercial tobacco and limit alcohol intake
- Know your numbers: blood pressure, cholesterol, and blood sugar
- Manage stress through relaxation, mindfulness, or social connection
- Get enough sleep each night
- Manage chronic conditions like diabetes and high blood pressure
- Your heart works hard for you – take time this February to care for it!



Tips on taking your blood pressure at home:

How to Check Your Blood Pressure at Home:

- Sit quietly for 5 minutes before taking your reading
- Keep both feet flat on the floor and sit upright
- Rest your arm on a table so it is at heart level
- Place the cuff on bare skin, not over clothing
- Avoid coffee, smoking, or exercise for 30 minutes before
- Try to check your blood pressure at the same time each day

What Your Numbers Mean

- ✓ Normal: around 120/80
- ⚠ Elevated: 120-129 / 80
- ❗ High: 130/80 or higher

Why Blood Pressure May Be High

- Stress or pain
- Eating too much salt
- Not enough physical activity
- Being overweight
- Smoking or drinking alcohol
- Family history

When to Get It Checked

- If your readings are often 130/80 or higher
- If you have headaches, dizziness, chest pain, or shortness of breath
- If you are unsure how to use your monitor or understand your numbers

If you have any questions you can reach out to our Chronic Disease Management Nurse Taylor Murphy:

613-625-2259 ext 232



Wellness Hub

Located at 101 Kiwita

What is the Wellness Hub?

The Wellness Hub is part of the AOPFN Health Department and serves as a connection point to culture and land-based healing.



A welcoming space to drop in, visit, and connect with others in the community



Learn about supports and services available to AOPFN members



A place to build connection, access resources, and strengthen wellness through culture

Who do I contact?



Chrystal Toop



613-401-0821



101 Kiwita Inamo
Pikwàkanagàn ON K0J 1X0

Medicine Mondays

Stop by and enjoy a cup of tea, learn
about traditional medicines and
practices.

STARTS
FEBRUARY
9TH!



101 Kiwita, Píkwakanagan
10am-12pm

AOPFN HEALTHY BABIES HEALTHY CHILDREN

BREAKFAST CLUB

TUESDAYS

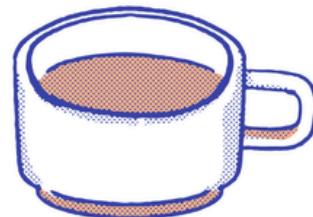
8:30 - 10:00

101 KIWITA

Caregivers and Children aged 0-2 years (all
children aged 0-6 welcome!)

Schedule:

8:30-9:00 – Yogurt Parfait
9:00-9:10 – Story time
9:10-10:00 – Free Play and clean up



Email CHN if interested! chn@pikwakanagan.ca



Feb. 10th: Valentines Day Craft!

Want to make
something?
Already got a
project on the go?



You're invited to come and get
creative!

WEDNESDAYS

10 AM — 12 PM

MAKER SPACE



101 KIWITA
STARTS FEBRUARY 11TH



STRONG & STEADY

INDOOR WALKING AND EXERCISE PROGRAM

WITH TAYLOR (HEALTH SERVICES) AND DARCE (SPORTS & REC)

Every Wednesday for the winter months

Location: The Makwa Center Main Floor

Time: 1:00pm - 2:00pm

- February 4th (Darce)
- February 11th (Darce)
- **No class Feb 18th! (Event at Makwa)**
- February 25th (Taylor & Darce)



HEART WISE EXERCISE
CERTIFIED CLASS

All are welcome—people using walkers, baby strollers, or other mobility aids. Come get some movement in; this one-hour session is suitable for everyone.

MOVE AND HAVE FUN

What does the hour look like?

- Group warm up (5 mins)
- Walk or try Nordic Walking (20 mins)
- Group cool down (5 mins)
- Group exercise (standing or seated)
 - Strength (10 mins)
 - Balance (5 mins)
 - Stretch / Mobility (5 mins)
- Wrap up and discussion (5 mins)
- WATER & SNACKS PROVIDED

This class follows the guidelines of Western University's Seniors Exercise Program, making it safe and beneficial for older adults, while remaining suitable for everyone as each exercise can be tailored to individual abilities.

Taylor is a Certified Seniors Fitness Instructor and both her and Darce are Heart Wise Exercise Certified through the Ottawa Heart Institute!

Call 613-625-2259 ext 232

If you have any questions or you can drop in to class! You will be provided an exercise swag bag with your own equipment and a registration form



Algonquins of
Pikwakanagan
Health Services

FORMER CHAIR EXERCISE CLASS
HAS BEEN RESTRUCTURED TO...

MIND & MOTION CIRCLE

Gentle movement and brain games supporting
balance in body, mind, heart, and spirit

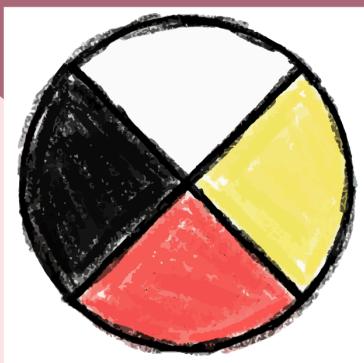
WHEN ? WHERE ?

Tuesdays 1:00pm-2:00pm

&

Thursdays 1:00pm-2:00pm

Tennisco Manor



A fun, safe program for seniors with walkers, wheelchairs, or low mobility. Gentle movement and recreational brain games to help keep your body active and your mind sharp—perfect for socializing and supporting cognitive wellness. Caregivers welcome.

Facilitated by our Chronic Disease Management Nurse Taylor, Sports & Rec Darce Dick and Tennisco Manor Staff

If you have any questions please call Taylor at 613-625-2259 ext 232



Algonquins of
Pikwakanagan
Health Services



MOVEMENT IS MEDICINE LUNCH & LEARN

*with Community Health and Guest Speaker
Physiotherapist Malika Richards*

Friday February 27th
11am-2pm

@ The Elder's Lodge



TO REGISTER
CALL: TAYLOR AT
HEALTH
SERVICES 613-
625-2259 EXT 232

*Move, Learn & Eat for Your Heart! ❤️
Join us for a special Lunch & Learn in
honour of Heart Health Month! Get
inspired by our guest physiotherapist, who
will share how movement truly is medicine.
Then, have your blood pressure checked by
our Chronic Disease Management Nurse,
and enjoy a heart-healthy lunch prepared
by our dietitian, complete with tips for
making easy, delicious meals that love your
heart. Come for the food, stay for the
knowledge, and enjoy a fun, heart-healthy
day with us!*



ICE
INDIGENOUS
& COMMUNITY ENGAGEMENT



AOPFN Limited Partnership

AOPFN in partnership with Indigenous & Community Engagement are looking for Community Members who are interested in pursuing a Career in the Construction Trade to take part in the following training opportunities

Individuals who wish to participate in training must be willing to do all 6 training.

TRAININGS:

- ✓ Worker Health and Safety Awareness
- ✓ GHS WHMIS
- ✓ Asbestos
- ✓ Construction Health and Safety Awareness
- ✓ Working at Heights
- ✓ Standard First Aid/CPR C with AED



**12
SPOTS**

For more information on this opportunity or to be added onto the interest list please contact Sasha Sarazin: employment.officer@pikwakanagan.ca

TOURISME
OTTAWA
TOURISM


ADAWE

Indigenous Tourism Entrepreneurship Training Program

Applications Now Open
Deadline February 27th



Public Services and
Procurement Canada

Services publics et
Approvisionnement Canada

JOIN US FOR THE

NATIONAL CAPITAL REGION CONSTRUCTION PROCUREMENT MENTORSHIP SESSIONS

IN PARTNERSHIP WITH: CANDO, NACCA & PSPC

This program will focus on:

Supporting Indigenous communities, businesses, and organizations by providing skills and training required to participate in the multi-generational construction procurement opportunities in the National Capital Region

Benefits:

- Participation in virtual National Capital Region Construction Procurement Mentorship sessions
- Individual support for business development related to the construction sector
- Doing Business with the Federal Government
- Explaining Indigenous Participation Plans and their purpose
- Finding Opportunities, Marketing and Supports

Registration is required, and all sessions are free.



MENTORSHIP INCLUDES:

9 (1-hour) Virtual Sessions

Tuesdays & Thursdays

(every other week)

March 10 – May 5, 2026

10:00 – 11:00 AM ET

REGISTER BY FEBRUARY 27TH



For more information please contact:
Procurement Team, team@edo.ca

ALFDC TRAIN-THE-TRAINER



WHAT IF YOU HAD A SAFETY TRAINER RIGHT IN YOUR COMMUNITY?

Train the Trainer

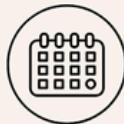
ALFDC will be delivering training to those interested in being a Trainer for the 3 mandatory courses; WHMIS, Workplace Violence & Harassment and OHSA.

Once you become a trainer, you have the ability to issue certification in conjunction with Safety Guys
(Small fee applies to issuance of certificates)

In support of training providers, the Aboriginal Labour Force Development Circle (ALFDC), in partnership with the Safety Guys, is dedicated to providing multiple training options so you can continue to learn and grow as a Trainer

Here's what the schedule will look like!

Day One Train-the-Trainer	Learn how to design, deliver and evaluate effective training programs
Day Two WHMIS	Learn how to deliver a complaint WHMIS 2015 training session.
Day Three Workplace Violence & Harassment	Learn how to understand, identify, apply and facilitate the V&H training through 4 learning modules.
Day Four Intro to OHSA	Learn how to deliver 6 learning modules for Intro to OHSA



DATE - TBD

If you are interested in becoming a trainer, please email:
Kirstin Sparks - training@alfdc.on.ca
Alex Graham - projmanager@alfdc.on.ca

**Aboriginal Labour Force Development Circle Training Centre
274 Hwy 49, Deseronto, ON. K0K 1X0**

We are proud partners with the Safety Guys Workplace Safety Trainers



CENSUS JOBS

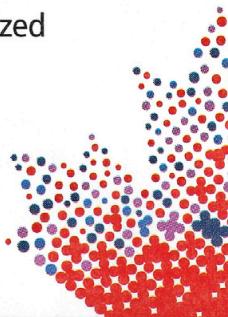
Statistics Canada is hiring in your community for the 2026 Census!

Use your local knowledge to help conduct the census.

Your contribution to the census can help your community plan and shape its future!

Important to know

- There are approximately 32,000 census jobs available across Canada.
- Pay is **\$25.87 per hour** for non-supervisory positions and **\$31.32 per hour** for supervisory positions, plus authorized expenses.
- The time frame for census jobs is between **March and July 2026**, depending on the position and location.
- You must be available to work flexible hours, including days, evenings and weekends.



Apply now and tell a friend
census.gc.ca/jobs

For assistance, please call **1-833-830-3106**
Teletypewriter (TTY): **1-833-830-3109**



Statistics
Canada

Statistique
Canada

Canada

Employment Opportunity

Renokrew General Contracting and Construction Management is currently seeking part-time employees to provide support in relation to ongoing winterization maintenance and general labour services for the Nigig Gamik, New Family and Child Well Being Centre construction project, located at 1467 Mishomis Inamo, Pikwakanagan, ON.

Overview:

- Seeking members/community members of Pikwakanagan, who reside nearby the construction site, or are willing to travel to site on a regular basis.
- Knowledge and experience in relation to construction and site maintenance is encouraged but not required.
- Renokrew willing to provide training in relation to site safety and role. May lead to future employment opportunities.



COMPANY WITH
SAFETY SYSTEM
CERTIFIED BY DNV
ISO 45001



**IF INTERESTED, PLEASE CONTACT:
ROBERT WRIGHT, SUPERINTENDENT 613-880-8244**

FACILITATOR CALLOUT

The Algonquins of Pikwakanagan Health Services is looking for individuals who are interested in facilitating Indigenous Health Awareness Training. Facilitators will be provided an honorarium for every session they facilitate. Applicants will be expected to meet the following requirements:

- Must be First Nation, Metis, or Inuit
- Ability to follow a script
- Provide openings and closings for sessions
- Not easily triggered (some content and questions may be challenging)
- Unbiased.
- Willingness to learn and open minded

Four applicants will be selected for training which will pay \$20.00 an hour for a total of 14 hrs. Selected applicants will be required to provide a presentation on any topic they are comfortable discussing; and an example of a time they were in a situation where they faced bias and how they handled said situation. This process is important in gauging confidence with speaking and to identify where to build presentation strengths.

DEADLINE TO APPLY IS FEBRUARY 18, 2026

If you are interested or for more information please contact:
IHT@pikwakanagan.ca



Caterer **Call out**

**For Indigenous Health
Awareness Training**

**Looking for caterers to forward pricing
to provide lunch and snacks for
morning and afternoon breaks for
16-17 people as well as menu options**

**The information provide will be
forwarded to the groups who are
taking the training and they will
select which caterer they desire**

**If you are interested in having your
info added to the list or have any
questions please contact the email
below.**

IHT@pikwakanagan.ca



CALL TO TENDER

CALLING LOCAL CATERERS

WOMEN'S DAY EVENT

Nigig Nibi Ki-Win and AOPFN Health Services are hosting a Women's Day event March 8 at the Bingo Hall.
We are looking for someone who can provide:

<input checked="" type="checkbox"/> Hot and cold beverages	<input checked="" type="checkbox"/> Light appetizers/snacks
<input checked="" type="checkbox"/> Individual desserts	<input checked="" type="checkbox"/> Set up and clean up

A beautiful occasion to celebrate and uplift women—
with a menu as sophisticated as the moment itself.

DEADLINE FEBRUARY 20

Selected applicants notified Feb. 25

preventionprograms@nigignibi.com
613-625-2173 or in-person (basement)

“CALL TO TENDER”

The following is a list of duties that is required: For the Algonquins of Pikwàkanagàn First Nation, Assisted Living Care Facility (Tennisco Manor)

Scope of Work: The worker is to supply all necessary materials and labour required to perform the work noted below:

- Plane or cut down doors and closet doors to fit over flooring – ensure adjustments for closet doors. Apply floor transitions, remove flooring from one bathroom and lay new flooring and apply baseboards. Repair flooring in second bathroom.

Equipment and Material: Responsibility of the contractor.

Duration of Contract: 10 days maximum

Tender Closing Date & Time: 26th February, 2026

Tender Submission Requirements: A complete tender must include the following:

- Tender Form completed in full; (see below)
- Have experience in the work to be performed

Companies: If bidding as a company, all other individuals must meet the above requirements. 1. – named on the policy as an insured if the company is the successful bidder.
If bidding as an individual, provide proof of experience.

Contract Award: The Algonquins of Pikwakanagan First Nation is not obligated to accept the lowest or any tender.

Site examination: The bidder is encouraged to contact the person below to arrange for a site inspection of all work to be performed.

Tender Submission: Submit “Tender” in a sealed envelope clearly marked:
“Tender for Work Orders – Tennisco Manor”

Addressed to: Peggy Dick, R.N., Supervisor, Homecare (613)625-1230
Algonquins of Pikwàkanagàn First Nation, Assisted
Living Care Facility
1657A Mishomis Inamo, Pikwàkanagàn, Ontario K0J
1X0

TENDER FOR “Miscellaneous and flooring installation”

AND ADDRESSED TO:

Algonquins of Pikwàkanagàn – Assisted Care Living Facility
P.O. Box 86
Pikwakanagan, Ontario
K0J 1X0

Attention: Peggy Dick, R.N., Supervisor Homecare

LOWEST OR ANY TENDER NOT NECESSARILY ACCEPTED.

My tender for “Miscellaneous and flooring installation” at Assisted Care Living Facility (Tennisco Manor) is: \$_____

Name: _____

Signature: _____

Phone Number: _____

Date: _____

Community Information:

SNOW REMOVAL FOR HOME CARE CLIENTS

THIS NOTICE IS FOR HOME CARE PROGRAM CLIENTS WHO RECEIVE SNOW REMOVAL SERVICES.

Snow removal is completed using a priority system. Clients with serious health concerns, medical appointments, emergency needs, and ramps are serviced first, followed by high-risk clients and then all remaining clients.

We are currently supporting a high number of Home Care clients with a small team. Depending on snowfall amounts, snow removal may be limited at first and completed in stages.

Should a client's health condition change, please contact the Home Care team at 613-625-1230

Thank you for your ongoing patience and understanding.



Pikwákanagán Excavating & Landscaping

Clear, Dig, Build - Experience the difference!



Large & small equipment for your excavating needs

- Lot clearing & prep
- Trenching & Drainage
- Tree/Brush Removal
- Licensed Septic System Design & Installation
- Pads & Foundations
- Driveways
- Sand/Gravel/Topsoil



Cheryl Kelly - Owner
613.312.9598 or 613.312.9872



Community Information:



Regular Council Meetings
Every second and last Tuesday of the month
Beginning at 9 AM
Available to view online in the members-only section of www.algonquinsofpikwakanagan.com

Not Online?
Phone 613-625-2800 EXT 228
to request information on how to join.



HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 8 FEBRUARY 12 MARCH 12

APRIL 9 MAY 14 JUNE 11

JULY 9 AUGUST 13 SEPTEMBER 10

OCTOBER 8 (THANKSGIVING) NOVEMBER 12 DECEMBER 17 (XMAS)

For information or emergency and after hour needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

Conways Pharmacy Remote Dispensing Location

B U S I N E S S H O U R S

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you
Natalie Commanda, Pharmacy
Technician
Joseph Conway, Pharmacist

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose Yankoo at elderslodgepike@gmail.com
Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish cloths and towels

Community Information:

ADMIN OFFICE HOURS

Monday - Friday

open **8:30am**
close **12:00pm**

open **1:00pm**
close **4:30pm**

Waste Disposal Site

Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

Curbside Pick Up



Garbage: Wednesday

Cardboard: Thursday

Containers: Friday



FOR YOUR INFORMATION

CANADIAN POLICE RECORD CHECKS ARE
REQUIRED FOR ANYONE WHO IS APPLYING FOR:

- MEMBERSHIP (APPLICANTS WHO ARE 18 YEARS OR OLDER)
- RESIDENCY (APPLICANTS WHO ARE 18 YEARS OR OLDER)

APPLICATIONS, LAWS, AND CODES ARE AVAILABLE
ON OUR WEBSITE.

[HTTPS://WWW.ALQUINSOFPIKWAGANAGAN.COM/
LAWS-AND-BY-LAWS/](https://www.alquinsofpikwaganagan.com/laws-and-by-laws)

HARD COPIES CAN BE REQUESTED FROM THE
LANDS, ESTATES, AND MEMBERSHIP
DEPARTMENT.

613-625-2800 | MGR.LEM@PIKWAGANAGAN.CA |
LAND.OFFICER@PIKWAGANAGAN.CA |
ASSISTANT.LEM@PIKWAGANAGAN.CA

NOTICE:
KILLALOE OPP RECORD CHECK APPLICATIONS ARE
NOW ONLINE.





ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Gorgichuck,Keanna	Baptiste/Benoit	14 Aug 25	14 Feb 26
Faulkner,William	Sarrazin	14 Aug 25	14 Feb 26
Gorgichuck,Kassidy	Baptiste/Benoit	22 Aug 25	22 Feb 26
McEwen,Earleen	Baptist/Benoit	22 Aug 25	22 Feb 26
Pascoe,Logan	Sharbot	08 Sept 25	08 Mar 26
Pederson,Kaitlyn	Tenesco	08 Sept 25	08 Mar 26
Beauchamp,Evelyn	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Beauchamp,Lisa	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Larabee, Jerome	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Jones, Stacey	Amikons	15 Sept 25	15 Mar 26
Burke, Robin	Lavalley	16 Sept 25	16 Mar 26
Sarrazin, Orion	Sarazin	18 Sept 25	18 Mar 26
Sarrazin, Everest	Sarazin	18 Sept 25	18 Mar 26
Sarrazin, Hudson	Sarazin	18 Sept 25	18 Mar 26
Carle, Isaiah	Lavalley	26 Sept 25	26 Mar 26
Logan, Rosie	Amikons	01 Oct 25	01 Mar 26
Decaire, Barry	Francios	22 Oct 25	22 Apr 26
Jones, Hunter	Amikons	22 Oct 25	22 Apr 26
Harris, Jeffery	Ignace	22 Oct 25	22 Apr 26
Lagace, Nancy	Baptiste/Kikons	22 Oct 25	22 Apr 26
Benoit, Kenneth	Benoit	27 Oct 25	27 Apr 26
Sherbert, Gavin	Charbot	04 Nov 25	04 May 26
Allair, Eric	Tenesco	07 Nov 25	07 May 26
Reece, Nia	Lavalley	07 Nov 25	07 May 26
Gravelle, Peter	Tenisco	25 Nov 25	25 May 26
Zlahtic, Tiffany	Protected	25 Nov 25	25 May 26
Rathwell, Stephen	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Sara	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Emma	Protected	25 Nov 25	25 May 26
Dupuis, Julien	Protected	25 Nov 25	25 May 26
Canavan, Kristopher	Whiteduck	10 Dec 25	10 June 26
Gagnon, Nicole	Meness	12 Dec 25	12 June 26
Smith, Kaitlyn	Amikons	12 Dec 25	12 June 26
O'Heare, Michael	Amikons	12 Dec 25	12 June 26
Grandmond, Krystina	Pisinawate	17 Dec 25	17 June 26

Guidry-Grandmond, Ayden	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Genessee	Pisinawate	17 Dec 25	17 June 26
Simpson, Linda	Protected	18 Dec 25	18 June 26
Mikaelian, Natalie	Sararas	8 Jan 26	8 July 26
Kuiack, Christopher	Lavalley	12 Jan 26	12 July 26
Peters, Charmain	Jocko	22 Jan 26	22 July 26
Reynolds, Cecil	Leclair	22 Jan 26	22 July 26
Heron, Jelisa	Lavallee	22 Jan 26	22 July 26
Gould, Donna	Benoit/Baptiste	22 Jan 26	22 July 26
McKie, Patrick	Kakwabit	23 Jan 26	23 July 26
Sherbert, Norman	Sharbot	10 Feb 26	10 Aug 26
Kuehni-Kohoko, Layten	Kohoko	10 Feb 26	10 Aug 26
Babcock, Christine	Lavalley	10 Feb 26	10 Aug 26

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca