



Pikwakanagan Tibadjumowin

CHÌBAYATIGO-KÌJIGAD KENOZIDJ KIZIS 30TH, 2026

FRIDAY JANUARY 30TH, 2026

WWW.ALGONQUINSOFPIKWAKANAGAN.COM | 613-625-2800



Content

- Updates & Notices
 - Nomination Meeting & Election Updates
 - Membership Meeting (**RESCHEDULED**)
 - Registered Vacant Traps
 - AOPFN Limited Partnership
 - AOPFN Website Info
- News & Events
 - Trapping Course (**POSTPONED**)
 - RCDSB Save the Date
 - Annual Fishing Derby (AOPFN Fire & Rescue)
- Volunteers Needed
 - Round Dance Planning Committee
 - Correctional Service of Canada
- Resources and Contacts
 - Canada Revenue Agency
- Health Updates
 - Community Health Calendar (February)
 - Heart Health Month
 - Breakfast Club, Strong & Steady Updated
 - Movement is Medicine Lunch and Learn
 - Food Recalls
- Employment Opportunities
 - Training Opportunities (Various)
 - Early Childhood Educator
 - Paid Training Opportunity (Bus Driver)
 - Driver - Specialized Transportation
 - Administrative Assistant (Union of Ontario Indians)
 - Census Jobs
 - Winterization Maintenance (Nigig)
 - Facilitator Call Out
 - Caterer Call Out
- Community Information
 - Snow Removal for Home Care Clients
 - Hours of Operation
 - Membership Additions

Membership Notice

Please update your mailing address with Lands, Estate and Membership to ensure you get the latest news and upcoming election information.

Contact - Curtis Jahn at 613-625-2800 ext 231
Email - coordinator.lem@pikwakanagan.ca

Office Closures: February

Please note for next month that the Administration Building will be closed at **12:00PM on Friday, February 13, 2026** and will return to regular operations at **8:30AM on Tuesday, February 17, 2026.**

HAPPY NEW YEAR!



Richard Sarazin
May 31, 1950 – January 8, 2026

We extend our sincere appreciation to everyone who shared in our loss at this difficult time. Your words of comfort, sympathy, support, kindness and generosity will never be forgotten. To everyone who sent food, flowers, cards, donations, and helped out in any way ~ Thank You.

Special thanks to Shelley for all your hard work, Pauline, Lisa, Karen, Drummers & Pallbearers.

We'll be forever grateful to the Palliative Care Team for your excellent care, support & guidance which allowed Ritchie the dignity & comfort of being cared for at home ~ Tennesco Manor Staff, Health Centre Staff & Bayshore Nurses.

Meegwetch to all Bonnie, Crockett & Dan



ALGONQUINS OF PIKWAKANAGAN

SUPPLEMENTAL INFORMATION REGARDING THE ONLINE NOMINATION MEETING

Members of the Algonquins of Pikwakanagan First Nation have the option of attending the **Nomination Meeting In-Person or Online on January 31, 2026 from 6:00 PM until 9:00 PM**. Members attending the Nomination Meeting digitally may make a nomination or second a nomination.

If you choose to make a Nomination online, you will be required to follow this process:

1. Contact the Nation for the Zoom Link
2. Join the scheduled online Nomination Meeting on Zoom
3. Come prepared with your Photograph Identification in hand
4. To make an online Nomination, you are required to confirm your identity by doing the following with the Electoral Officer:
 1. With your camera on, share your:
 - A. Full Name
 - B. Date of Birth
 - C. Status Number
 2. Hold up your Photograph Identification to the Electoral Officer
 3. If possible, share the Nominee's contact information
5. Instructions will be provided at the Online Nomination Meeting on how you may submit the above-mentioned information

For complete Nomination information, visit www.onefeather.ca/nations/pikwakanagan

Dated January 28, 2026.

For more information or assistance please contact:

Email: voterhelp@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/pikwakanagan



Algonquins of Pikwakanagan First Nation – Nomination Meeting 🌿

Your voice matters. Please join and take part in this important step for our Nation.

Our community is invited to take part in the upcoming Nomination Meeting.



Date: January 31, 2026 6:00pm-9:00PM



Format: Virtual (Zoom)



Join the Meeting:

<https://us02web.zoom.us/j/6136252800?omn=83095561185>

Meeting ID: 613 625 2800



ALGONQUINS OF PIKWAKANAGAN

NOTICE OF ELECTION & NOMINATION MEETING

Notice is hereby given to the voters of the **Algonquins of Pikwakanagan** that a Nomination Meeting will be held on **January 31, 2026**, in accordance with the *Algonquins of Pikwakanagan First Nation Custom Election Code* and *Custom Election Rules of Notice and Procedures*, for the purpose of nominating candidates for the Offices of one (1) Chief and six (6) Councillors for the next term of office, in an Election to be held on **March 28, 2026**.

NOMINATION MEETING

JANUARY 31, 2026

6:00 PM – 9:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

Voters may request digital access to the Nomination Meeting by contacting the Nation.

Registered Members who are eighteen (18) years of age and older as of the date of the Election may nominate or second candidates and vote in this Election, and shall form the Voters List.

Each Candidate for election must:

- a) be a person whose name appears in the Algonquins of Pikwakanagan Membership Register;
- b) have attained the age of eighteen (18) years on or before the date of the Nomination Meeting;
- c) have a nominator and seconder for their nomination;
- d) have accepted their nomination in writing to the Electoral Officer within ten (10) calendar days of the Nomination Meeting;
- e) have provided a current Canadian Police Information Check (CPIC) to the Electoral Officer within ten (10) calendar days of the nomination meeting (CPIC must be dated no earlier than three (3) months prior to Nomination Meeting);
- f) have no record of conviction for a disqualifying offence within the three (3) years prior to the Nomination Meeting.

To become a candidate, nominees must deliver to the Electoral Officer by 4:00 PM on February 10, 2026, the following:

- 1) A completed Acceptance Form for only one (1) position; and
- 2) A current Canadian Police Information Check (CPIC).

No more than two (2) Members of the Same Family may be elected to Chief and Council at the same time.

Nominees may not be a candidate for both the office of Chief and the office of Councillor. A nominee must decide within five (5) calendar days (**by February 5, 2026**) after the Nomination Meeting of which position they wish to seek and then must withdraw in writing their candidacy for the other position. If the person fails to withdraw from one or the other, then the Electoral Officer shall remove his name as a nominee from both positions.

All Notices, supporting Nomination documents, and the official Voters List of all eligible Voters shall be available at the Algonquins of Pikwakanagan Administration Office and website; can be requested from the Electoral Officer; and will be available to download at:

www.onefeather.ca/nations/pikwakanagan

The *Custom Election Code* and *Custom Elections Rules of Notice and Procedures* can be found at the Algonquins of Pikwakanagan website.

CANDIDATE PLATFORM PROCESS

FEBRUARY 14, 2026

1:00 PM – 3:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

ELECTION DAY

MARCH 28, 2026

9:00 AM – 7:00 PM

MAKWA CENTRE

83A KAGAGIMIN INAMO, PIKWAKANAGAN, ON

Voters may cast their vote in person at the Polling Station, electronically at the OneFeather website, or by mail-in ballot.

Dated January 15, 2026

For more information or assistance please contact the Electoral Officer at OneFeather:

Email: nominations@onefeather.ca | Toll Free: 1-855-923-3006

Phone support is available weekdays from 9:30 am to 4:30 pm Pacific Time

209-852 Fort Street, Victoria, B.C., V8W 1H8

www.onefeather.ca/nations/pikwakanagan



OneFeather



MEMBERSHIP MEETING

RESCHEDULED

Join Chief and Council for an update on:

COUNCIL PRIORITIES AND INITIATIVES

Topics include: Algonquin Unity Projects,
Legacy Trust Creation, and more.

NEW DATE:

Sunday February 1, 2026

WHERE:

MAKWA COMMUNITY CENTRE

83 Kagagimin Inamo, Pikwakanagan



ID: 613 625 2800

Pass: Niganizi



Lunch beginning at 11:30 am
Followed by presentations / discussions



Algonquins of Pikwakanagan First Nation

Notification of Vacant Registered Traplines

Dear Members,

This is a notice to advise that registered traplines are available for reallocation within all districts. Members with the applicable licenses (i.e., annual renewal and valid trappers license) and are interested in becoming a head trapper on one of the registered traplines available for reallocation (listed below) or traplines within the district, should connect with Algonquins of Pikwakanagan's Natural Resources Department for additional information.

Traplines Available:

3-year Temporary allocation – within the Algonquin Land Claim Settlement Area:
PE060

Members can connect with Natural Resources to review trapline locations and maps.

Please note that currently, the Ministry of Natural Resources is not allocating traplines in the Algonquin Land Claim Settlement Area on a permanent basis. Traplines are available on a 3-year or 4-year temporary basis.

The process to allocate future permanent registered traplines will be completely independent of any temporary registered trapline assignments.

New trapline buildings will NOT be authorized or considered at this time within the Algonquin Land Claim Settlement area.

Applications are to be submitted to MNR not later than April 16th, 2026.

For additional information and support please contact Larissa Luloff, at 613-625-2800 ext. 249 or by email field.admin@pikwakanagan.ca

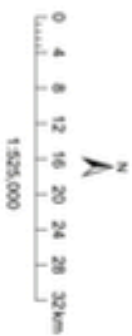
1657A Mishòmis Inamo
Pikwakanagan, Ontario K0J 1X0

Tel: (613) 625-2800

Fax: (613) 625-2332



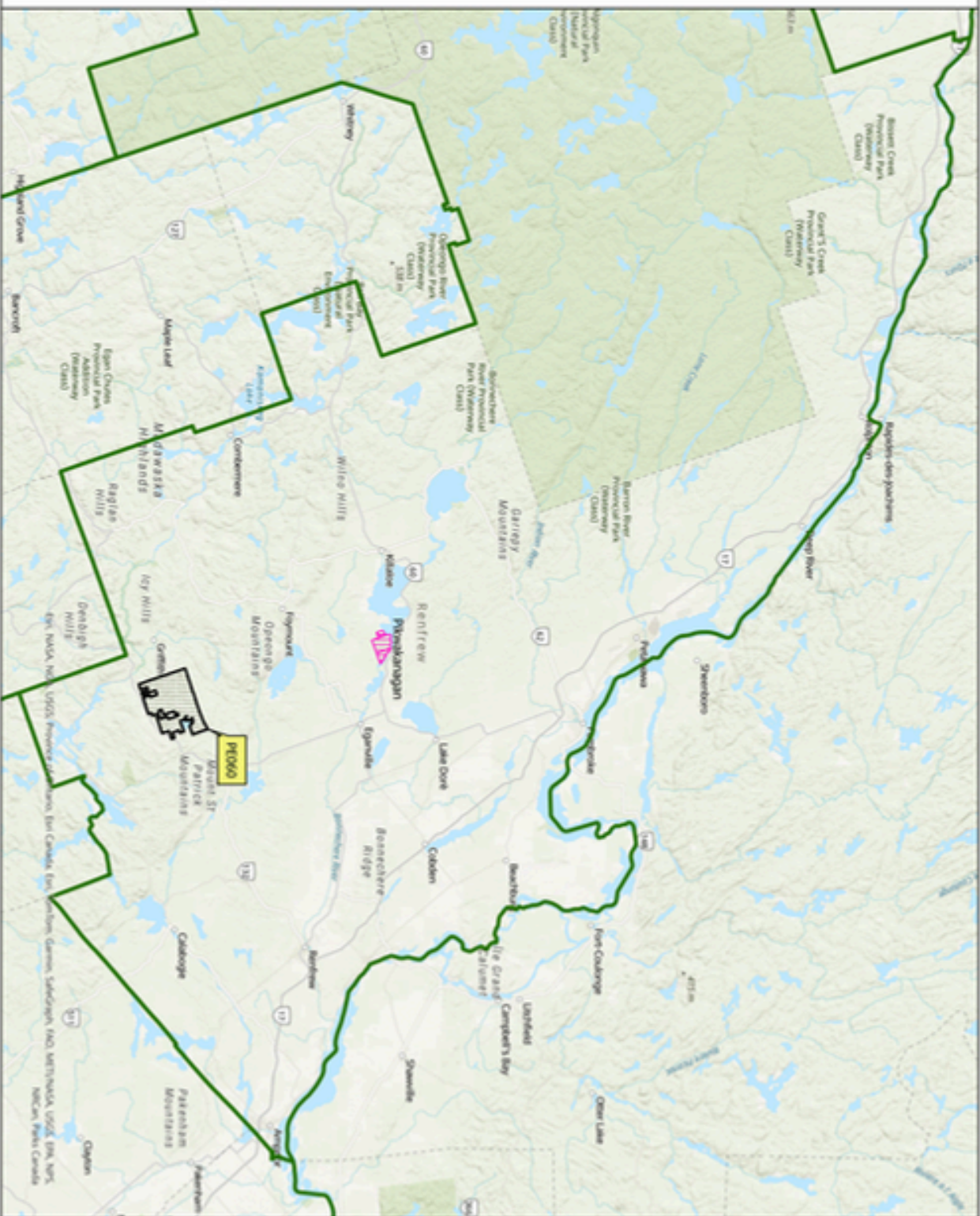
Pembroke District Vacant Trapline January 16th, 2026



- Vacant Trapline Area
- MSR District
- First Nation Reserve

Disclaimer:
This map is illustrative only. Do not rely on this map for legal administrative purposes. Do not rely on it as being a precise indicator of nature, locations of features, or as a guide to navigation. This map may contain cartographic errors or omissions.

Data Sources:
Ministry of Natural Resources, 2006
Projected Coordinate System:
NAD 1983 UTM Zone 18N
Geographic Coordinate System:
GCS North American 1983
Produced by the Ministry of Natural Resources,
© 2006, Queen's Printer for Ontario
Published 2006-01-09





AOP_{FN} Limited **P**artnership

2026 BACK TO

NEW!!!

EXISTING!!

BUSINESS!

Updating your business registration ensures you receive notifications about events and opportunities. Keeping your information current connects you with procurement and funding opportunities, as well as updates on business training and workshops.

Please contact us today, or use the QR code to ensure we have your most accurate contact details!!



bdo@pikwakanagan.ca

procurement.officer@pikwakanagan.ca

Unit 3 469 Kokomis Inamo

613-625-1551

<https://form.jotform.com/260214325969056>



BEAT THE FEBRUARY BLUES
STOP IN
FOR A
CHANCE TO WIN!!!

AT



AOPFN Limited Partnership

AOPFN MEMBERS ARE INVITED
TO VISIT
THE AOPFN LIMITED PARTNERSHIP
& ECONOMIC DEVELOPMENT OFFICE

FEB 09,10,11

UNIT 3 469 KOKOMIS INAMO

9AM-4PM

COME IN FOR A CHANCE TO WIN
A PRIZE FOR THE OUTDOOR ENTHUSIAST

DOOR PRIZE WILL BE DRAWN END OF DAY FEB 11TH
WINNER ANNOUNCED IN FEB 13TH AOPFN NEWSLETTER

We hope you're enjoying the all
NEW
Algonquinsofpikwakanagan.com

To access the members only section, please register by clicking the **RED** Register button in the top right corner, fill out the online form and follow the instructions.

We're here to help!

Anyone questions or concerns regarding the website is encouraged to reach out to the Communications Department: Dial extension 232 when calling the administration building.



NOTICE OF TOWN HALL MEETING

Topic: Upcoming Closure of BMO Eganville Branch

Date: February 19, 2026

Time: 5:30 pm – 7:00 pm

Location: Eagle's Nest, (178 Jane St. Eganville, ON)

The meeting will also be available to watch live on the
Township of Bonnechere Valley YouTube channel:
www.youtube.com/@townshipofbonnecherevalley269

Comment submissions can be delivered to the Township of
Bonnechere Valley Municipal Office, (49 Bonnechere St. E.
Eganville, ON), or emailed to annetteg@eganville.com.
Please submit comments by February 16, 2026, at 10:00 am.

ALL ARE WELCOME TO ATTEND

613-628-3101

admin@eganville.com

NOTICE

Seeking an Elder to Represent Chief and Council on Anishinabe Algonquin Nation Consultative Culture Circle

The Algonquins of Pikwakanagan First Nation Leadership participates with the Algonquin Anishinabeg Nation Tribal Council, the Algonquin Nation Programs and Services Secretariat and Kitigan Zibi Anishinabeg First Nation. These 11 federally recognized Anishinabe Algonquin First Nation communities work in conjunction with the City of Ottawa who have approved, "The City of Ottawa - Anishinabe Algonquin Nation Civic Cultural Protocol and Implementation Plan (2022 -2026)" on April 13, 2022.

The Civic Cultural Protocol calls for the establishment of an Anishinabe Algonquin Nation Consultative Culture Circle to guide its implementation and to respond to specific questions from City of Ottawa departments about Anishinabe Algonquin Nation culture.

The Algonquin Anishinabe Nation Consultative Circle mandate is to:

- Cultivate respectful relationships and successful partnerships with City of Ottawa cultural and connected sections;
- Facilitate knowledge sharing and capacity-building at the City of Ottawa as well as within Algonquin Anishinabe First Nations;
- Follow up and monitor the implementation of protocol actions; and
- Provide advice and guidance on engagement and cultural content development.

The Algonquin Anishinabe Nation Consultative Circle allows for an Elder to participate on this committee. Recently this Elder seat has become vacant for Pikwakanagan. Chief and Council are seeking an Elder to represent Pikwakanagan on this committee.

The role provides an honorarium per meeting. There are generally 4 meetings a year. The role involves:

- Being aware of previous discussion
- Reviewing the agenda ahead of each meeting,
- Participating fully in discussions by asking questions and providing feedback to presenters,
- Staying informed on meeting topics and outcomes.

If you are Interested, please contact:

**Alanna Hein, Manager, Political Operations
1657A Mishomis Inamo
Pikwakanagan, ON
K0J 1X0**

(613)625-2800 ext: 228 or mgr.political@pikwakanagan.ca

News & Events:

ALGONQUINS OF PIKWAKANAGAN FIRST NATION

TRAPPING COURSE

POSTPONED

March 7, 8 & March 14, 15
2026

Pre-registration is required.

For more information, please contact:
Larissa Luloff, Field Administrative Coordinator,
Natural Resources Department
field.admin@pikwakanagan.ca

GRADE 8 FAMILIES SAVE THE DATE!

February 10th
6:00PM - 8:00 PM
At Opeongo High School

Dear RCDSB Parents and Families,

At the Renfrew County District School Board, we believe high school is more than a classroom. It is a launchpad for your child's future. As your student prepares to transition from Grade 8 to secondary school, we are here to ensure they have the tools to graduate with confidence and a clear career path.

Build Your Future at Renfrew County District School Board (RCDSB) High Schools. Our high schools offer more than just credits. We provide a place where students truly belong and where their passions become future-ready skills. Whether your child is interested in Robotics, Hockey, Environmental Science, or the Skilled Trades, our hands-on learning serves as a toolkit for their personal success.

The RCDSB Advantage:

- **Experiential Learning Pathways:** As a provincial leader in experiential learning, we offer multiple pathways that enable students to gain real-world experience and industry-recognized certifications.
- **Diverse Career Exploration:** Students can explore Math, Science, Technology, Healthcare, Business, or the Arts with programs designed to help them find their future.
- **Co-op Experience:** Students can work alongside professionals in real-world workplaces, earning credits while building their resumes.
- **Future-Ready Skills:** We focus on core literacy and math competencies alongside STEM-based learning, digital citizenship, and financial literacy.

Graduate with Confidence: Our goal is for every student to graduate with a diploma and a clear path to future success. Each RCDSB school offers unique programs tailored to student interests and local opportunities.

Join Us for Information Night: We invite Grade 8 students and their families to attend an Information Night at their local RCDSB high school to explore these diverse pathways and meet our dedicated staff.

Please visit the [Welcome to RCDSB High School webpage](#) to see the schedule of dates/times for each school's information night.

We look forward to helping your child discover their path and graduate career-ready.

Sincerely,

The Renfrew County District School Board Team



ANNUAL FISHING DERBY

FEBRUARY 14, 2026

6:00 AM TO 3:00 PM

RANDY COMMANDA'S CAMPSITE

LAST WEIGH IN: 3:00 PM SHARP

REGISTRATION: FRIDAY, FEBRUARY 13, 2026

LOCATION: FIRE HALL @ BETWEEN 6:00 PM TO 9:00 PM

CAMPSITE @ BETWEEN 6:00 AM TO 11:00 AM

FUNDRAISER: PROCEEDS GO TO FIRE DEPARTMENT

\$20.00 PER PERSON

12 YEARS AND UP

FISHING IN GOLDEN LAKE (BRIDGE TO BRIDGE)

CONTACT: CHRIS SARAZIN (613) 286 1018

Community Car seat Clinic

Makwa
Community
Centre

February 27
2026

Hosted by
certified CPST
Technicians

WHAT:

- Get help with proper car seat installation and safety checks
- Open to AOPFN members or those affiliated

INFO NEEDED FOR REGISTRATION:

- Your vehicle (make/model/year)
- Your child's details (age, weight, height)
- Car seat info (make/model/year) + how many?
- AOPFN member or affiliated

TO REGISTER:

Call (613) 625-2173 or email preventionprograms@nigignibi.com to reserve your time slot.



Algongquins of Pikwakanagan 4th Annual Round Dance

SATURDAY, MARCH 14, 2026

Makwa Community Centre

83 Kagagimin Inamo, Pikwakanagan, ON

Pipe Ceremony 4:00 PM (Everyone welcome and all singers are encouraged to attend)
Potluck Feast - Bring dish for 4:00 PM (Bring your feast bundles & reusable water bottle)
Round Dance 6:00 PM

Invited Singers

Awema Tendesi
Dan Isaac
Dave Hookimaw
Franky Horn
Gerry McComb
Harvey Dreaver
Justin Polson
Nathan Roy
Nim'keehns Wemigwans
Rodney Stanger
Raven Naganosh
Robin Decontie
Tasheena Sarazin
Thaila Sarazin

Master of Ceremonies

Beendigaygizhig Deleary

Pipe Carrier

Harvey Dreaver

Stickman

Brennan Govender

Registration Opens at 5:00 p.m.
First 15 adult singers will receive \$100.
First 10 youth singers will receive \$50.
All singers will be acknowledged with a gift.

Alcohol & Drug Free Event





JOIN THE

Round Dance Planning Committee

Are you passionate about community, culture, and bringing people together?

We're forming a Round Dance Committee to help organize an our annual upcoming community Round Dance – and we need your voice, your skills, and your heart.



Chairperson
Co-chair/Vice Chair
Secretary
Treasurer
Head Organizer
Elder/Spiritual Advisor
Youth Representative
Volunteer Coordinator
Communications/Media
Hospitality

If interested or for more details, please contact 613-625-1958 or programcoordinator@thealgonquinway.ca



Correctional Service
Canada

Service correctionnel
Canada

ADVERTISEMENT OF INTEREST FOR
TRADITIONAL INDIGENOUS ELDERS, CULTURAL ADVISORS, KNOWLEDGE
HOLDERS

CORRECTIONAL SERVICE OF CANADA (CSC)

CSC is seeking the interest of applicants for part-time and full-time Traditional Indigenous Elder, Cultural Advisor, and/or Knowledge Holder contracts in Ontario. Locations may include Bracebridge, Campbellford, Kitchener and Kingston.

Responsibilities include assisting Indigenous offenders within federal institutions so they may benefit from culturally specific healing and interventions in individual and group settings, conducting culturally appropriate ceremonies, providing counselling, working in partnership with all CSC staff and providing input into offender case management reports.

Applicants will be invited to meet with CSC's Elder Council, where they will have the opportunity to share their experience and interests.

The successful individual(s) must be able to obtain an Enhanced Reliability Security Clearance from the Government of Canada.

Please submit your resume and letter of interest to leanne.mulenga@csc-scc.gc.ca

Indigenous Initiatives
Ontario Regional Headquarters
Correctional Services of Canada
445 Union Street W, PO Box 1174
Kingston, ON
K7L 2R8
Attention: Leanne Mulenga

Should you require additional information, please contact Indigenous Initiatives, Correctional Service of Canada, Kingston, Ontario, 1 (343) 422-4856.

Canada



Correctional Service
Canada

Service correctionnel
Canada

ADVERTISEMENT OF INTEREST FOR ELDER HELPERS

CORRECTIONAL SERVICE OF CANADA (CSC)

CSC is seeking the interest of applicants for part-time and full-time Elder Helper contracts in Ontario. Locations may include Bracebridge, Kitchener, Campbellford and Kingston.

The Indigenous Elder Helper will be available to assist/supplement the Elder(s) and thereby enhance Indigenous interventions. The Elder's Helper shall support Indigenous programs and provide a consistent approach to inmate involvement through traditional ceremony, inmate support and an Indigenous approach to the case management process. The Elder's Helper shall ensure consistency in ceremony, report writing, programs and individual inmate cultural involvement.

Applicants will be invited to meet with CSC's Elder Council, where they will have the opportunity to share their experience and interests.

The successful individual(s) must be able to obtain an Enhanced Reliability Security Clearance from the Government of Canada.

Please send your resume and letter of interest to leanne.mulenga@csc-scc.gc.ca

Indigenous Initiatives

Ontario Regional Headquarters
Correctional Services of Canada
443 Union Street W, PO Box 1174
Kingston, ON
K7L 4Y8
Attention: Leanne Mulenga

Should you require additional information, please contact Indigenous Initiatives, Correctional Service of Canada, Kingston, Ontario, 1 (343) 422-4856.

Canada

Resource Numbers:

ADDICTION Resources

Addictions Counsellors:

Gillian McKay
&
Sabrina
Laframboise

613-625-2259

Renfrew County Community Withdrawal Management:

613-432-7620

After Hours: National Overdose Prevention Line:

1-888-688-6677

After Hours: Drug Alcohol, Gambling Hotline:

1-866-531-2600

Medical & Foodbank Resources

VTAC:

1-844-727-6404

Telahealth

1-866-797-0000

Poison Control

1-800-268-9017

The Sharing Place Golden Lake (11185 Hwy 60)

613-625-2600

Food Vouchers (Pikwakanagan Social Services)

613-639-1633

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is:
613-689-0805.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122



Algonquins of Pikwakanagan First Nation Community Support Personnel

Who are the CSP

A group of trained individuals who support the community by assisting local Ambulance and Police services, engaging in community crisis support and actively ensuring the safety and well-being of the community members.



- Operates 7 days a week
- Wellness Checks
- Assist with special events & recreation
- Assist where they are needed
- Providing support to the community
- Ensuring the safety & well-being of the residents

Your privacy matters to us. Any contact information you provide will remain strictly confidential and never be shared with any third parties without your consent.



613-401-7446



csp@pikwakanagan.ca



Benefits and credits for adults 65 years and older

Register for our free webinar!

Date: Wednesday, February 4, 2026

Duration: 30 minutes

The Canada Revenue Agency (CRA) is hosting an interactive webinar to share information on:

- the GST/HST credit and other benefits and credits you may be eligible for
- pension income splitting
- what to do following a death
- ways to do your taxes, free tax help, and other CRA services

You will be able to ask questions and receive answers during the event. We look forward to hearing from you.

Register now at: <https://collaboratevideo.net/cra-arc/cra-79V/?src=Regions>

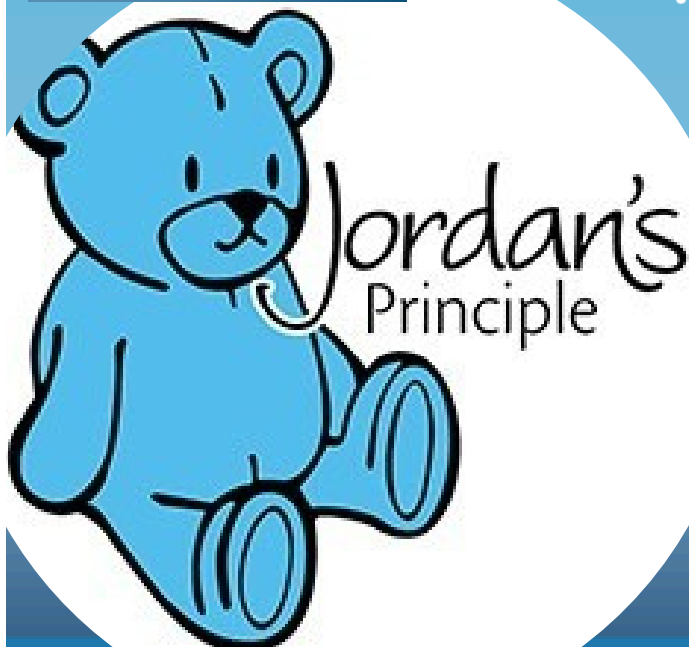
Time:	English Webinar	French Webinar
Newfoundland and Labrador	3 pm (AT) 3:30 pm (NT)	12 pm (AT) 12:30 pm (NT)
Maritimes	3 pm	12 pm
Nunavut	2 pm (ET) 1 pm (CT) 12 pm (MT)	11 am (ET) 10 am (CT) 9 am (MT)
Quebec, Ontario	2 pm	11 am
Manitoba, Saskatchewan	1 pm	10 am
Alberta, Northwest Territories	12 pm	9 am
British Columbia	11 am (PT) 12 pm (MT)	8 am (PT) 9 am (MT)
Yukon	12 pm	9 am



Canada Revenue Agency
Agence du revenu du Canada

Canada

Ensuring First Nations Children (0-17) Have Access to Educational, Social and Medical Supports



Examples of Supports Available

- Mental Health Services
- Speech Therapy
- Dental and Vision Care
- Assessments and Screenings
- Medical Equipment
- Respite Care
- Land Based Activities
- Support with submitting new requests
- Support with following up on existing requests



CONTACT US

Pamela Scheel-Jordan's Principle Navigator
613-401-2812
jpnav1@pikwakanagan.ca



Community Health February 2026

Sunday

Monday






Tuesday

Wednesday

Thursday

Friday

Saturday

1 February is Heart Health Month! What do you do to keep your heart healthy? 	2 	3 <ul style="list-style-type: none">• Connect well at Health Center (Lung Health)• Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am• Mind & Motion Circle at Manor 1pm-2pm	4 <ul style="list-style-type: none">• Strong & Steady Exercise program at Makwa 1pm-2pm (With Darce)	5 <ul style="list-style-type: none">• Foot Care at Health Center• Mind & Motion Circle at Manor 1pm-2pm	6 Health Services closed at 12:00	7 
8	9	10 <ul style="list-style-type: none">• Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am• Mind & Motion Circle at Manor 1pm-2pm	11 <ul style="list-style-type: none">• Strong & Steady Exercise program at Makwa 1pm-2pm (With Darce)	12 <ul style="list-style-type: none">• Mind & Motion Circle at Manor 1pm-2pm	13	14
Sexual Health Awareness Week						
15	16 Family Day Health Services Closed 	17 <ul style="list-style-type: none">• Connect well at Health Center (Lung Health)• Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am• Mind & Motion Circle at Manor 1pm-2pm	18 No Strong and Steady Today	19 <ul style="list-style-type: none">• Foot Care at Health Center• Mind & Motion Circle at Manor 1pm-2pm	20	21
22	23	24 <ul style="list-style-type: none">• Healthy Babies Healthy Children Breakfast Club at 101 Kiwita 8:30am-10am• Dr. Joseph OTN Appointments at Health Center (Nephrology)• Mind & Motion Circle at Manor 1pm-2pm	25 <ul style="list-style-type: none">• Strong & Steady Exercise program at Makwa 1pm-2pm (With Taylor and Darce)	26 <ul style="list-style-type: none">• Mind & Motion Circle at Manor 1pm-2pm	27 Lunch and Learn at Elder's Lodge: 11am-1pm Movement is Medicine with Malika Richards, Physiotherapist 	28

February is Heart Health Month!



February is Heart Health Month, a time to focus on caring for your heart and reducing your risk of heart disease. Small, everyday choices can make a big difference in keeping your heart strong and healthy. By staying active, eating well, managing stress, and knowing your numbers, you can support your heart now and for years to come. Prevention starts with awareness, and it's never too early—or too late—to take steps toward better heart health.

Take steps to protect your heart:

- 🥗 Eat a balanced diet with fruits, vegetables, whole grains, and lean proteins
- 🏃♀️ Stay active – aim for at least 30 minutes of movement most days
- 🚭 Avoid smoking commercial tobacco and limit alcohol intake
- 🩺 Know your numbers: blood pressure, cholesterol, and blood sugar
- 😊 Manage stress through relaxation, mindfulness, or social connection
- 🛌 Get enough sleep each night
- 💧 Manage chronic conditions like diabetes and high blood pressure
- ❤️ Your heart works hard for you – take time this February to care for it!



Tips on taking your blood pressure at home:



How to Check Your Blood Pressure at Home:

Sit quietly for 5 minutes before taking your reading
Keep both feet flat on the floor and sit upright
Rest your arm on a table so it is at heart level
Place the cuff on bare skin, not over clothing
Avoid coffee, smoking, or exercise for 30 minutes before
Try to check your blood pressure at the same time each day

What Your Numbers Mean

- ✓ Normal: around 120/80
- ⚠️ Elevated: 120-129 / 80
- ! High: 130/80 or higher

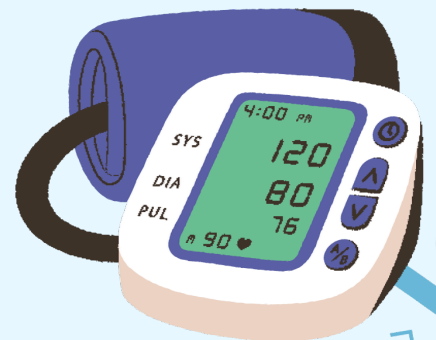
Why Blood Pressure May Be High

Stress or pain
Eating too much salt
Not enough physical activity
Being overweight
Smoking or drinking alcohol
Family history

When to Get It Checked

- If your readings are often 130/80 or higher
- If you have headaches, dizziness, chest pain, or shortness of breath
- If you are unsure how to use your monitor or understand your numbers

If you have any questions you can reach out to our Chronic Disease Management Nurse Taylor Murphy:
613-625-2259 ext 232



February is Heart Health month. Show your support to your loved ones and wear red on Saturday, February 7, 2026



NATIONAL WEAR RED DAY® IS FRIDAY, FEB. 7.

Our No. 1 killer, cardiovascular disease, unfairly targets women. We have been left out of research, testing, treatment and funding. Fortunately, women have an amazing resource – each other.

Women at every age, stage and season of life need our support, and that's why we Go Red.

**TO BE SEEN.
TO BE COUNTED.
TO BE HEARD.
TO MAKE AN IMPACT.**

On Friday, Feb. 7, share your heart as we **WEAR RED** together.

WearRedDay.org | #WearRedDay

Go Red for Women is nationally sponsored by **CVSHealth.**

©2025 American Heart Association, Inc. All rights reserved. Reproduction or use prohibited. The American Heart Association is a qualified 501(c)(3) not-for-profit organization. Go Red for Women is a registered trademark of AHA. The Red Dress Design is a trademark of AHA. 00000.

Cardiovascular disease is the No. 1 killer of women.
Schedule a heart health checkup with your healthcare provider. Regular screenings is essential for early detection and prevention of heart disease



AOPFN HEALTHY BABIES HEALTHY CHILDREN

BREAKFAST CLUB

TUESDAYS

8:30 – 10:00

101 KIWITA

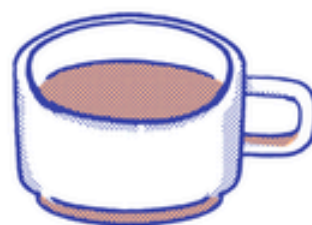
Caregivers and Children aged 0-2 years (all
children aged 0-6 welcome!)

Schedule:

8:30-9:00 – Developmentally and age appropriate
nutritious breakfast for children and caregiver

9:00-9:10 – Story time

9:10-10:00– Free Play and clean up



Starting February 3rd!

Email CHN if interested! chn@pikwakanagan.ca
More information to come!



STRONG & STEADY

INDOOR WALKING AND EXERCISE PROGRAM

WITH TAYLOR (HEALTH SERVICES) AND DARCE (SPORTS & REC)

Every Wednesday for the winter months

Location: The Makwa Center Main Floor

Time: 1:00pm - 2:00pm

- February 4th (Darce)
- February 11th (Darce)
- No class Feb 18th! (Event at Makwa)
- February 25th (Taylor & Darce)



HEART WISE EXERCISE
CERTIFIED CLASS

All are welcome—people using walkers, baby strollers, or other mobility aids. Come get some movement in; this one-hour session is suitable for everyone.

MOVE AND HAVE FUN

What does the hour look like?

- Group warm up (5 mins)
- Walk or try Nordic Walking (20 mins)
- Group cool down (5 mins)
- Group exercise (standing or seated)
 - Strength (10 mins)
 - Balance (5 mins)
 - Stretch / Mobility (5 mins)
- Wrap up and discussion (5 mins)
- WATER & SNACKS PROVIDED

This class follows the guidelines of Western University's Seniors Exercise Program, making it safe and beneficial for older adults, while remaining suitable for everyone as each exercise can be tailored to individual abilities.

Taylor is a Certified Seniors Fitness Instructor and both her and Darce are Heart Wise Exercise Certified through the Ottawa Heart Institute!

Call 613-625-2259 ext 232

If you have any questions or you can drop in to class! You will be provided an exercise swag bag with your own equipment and a registration form



Algonquins of
Pikwakanagan
Health Services

FORMER CHAIR EXERCISE CLASS
HAS BEEN RESTRUCTURED TO...

MIND & MOTION CIRCLE

Gentle movement and brain games supporting
balance in body, mind, heart, and spirit

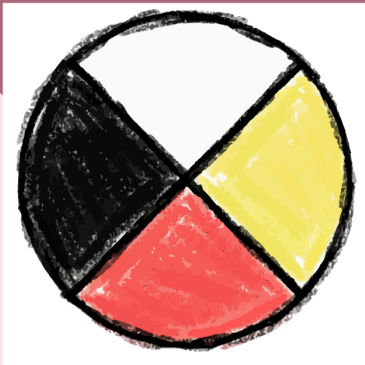
WHEN ? WHERE ?

Tuesdays 1:00pm-2:00pm

&

Thursdays 1:00pm-2:00pm

Tennisco Manor

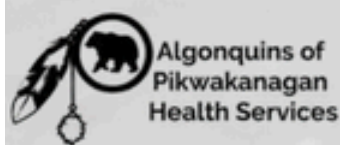


A fun, safe program for seniors
with walkers, wheelchairs, or
low mobility. Gentle movement
and recreational brain games to
help keep your body active and
your mind sharp—perfect for
socializing and supporting
cognitive wellness. Caregivers
welcome.

Facilitated by our Chronic
Disease Management Nurse
Taylor, Sports & Rec Darce Dick
and Tennisco Manor Staff

If you have any questions please
call Taylor at 613-625-2259 ext

232



MOVEMENT IS MEDICINE LUNCH & LEARN

*with Community Health and Guest Speaker
Physiotherapist Malika Richards*

*Friday February 27th
11am-2pm*

@ The Elder's Lodge



TO REGISTER
CALL: TAYLOR AT
HEALTH
SERVICES 613-
625-2259 EXT 232

*Move, Learn & Eat for Your Heart! ❤️
Join us for a special Lunch & Learn in
honour of Heart Health Month! Get
inspired by our guest physiotherapist, who
will share how movement truly is medicine.
Then, have your blood pressure checked by
our Chronic Disease Management Nurse,
and enjoy a heart-healthy lunch prepared
by our dietitian, complete with tips for
making easy, delicious meals that love your
heart. Come for the food, stay for the
knowledge, and enjoy a fun, heart-healthy
day with us!*

Canadian Food Inspection Agency's (CFIA) Product

Safety Recalls (

check to see if you have recalled products, do not consume/use them)

Gerber Brand Arrowroot Biscuits, 155g

Hazard: possible presence of pieces of soft plastic and paper

BB Date: 2026 NO18-20th

Distribution: National

What to do: Do not consume, use, sell, or serve



Dollarama Disney Baby Water Teethers

Health Hazard: the liquid filling is contaminated with the fungus *Rhinochadiella similis*."

Distribution: across Canada

What to do: Do not use this product and return to the Dollarama store for refund or contact Dollarama by phone at 1 (888) 365-4266 or visit the company [website](https://www.dollarama.com).



Certain Pillsbury brand Pizza Pops Deluxe, 2.585 kg

BB Date: 14-15 JN 2026WN

Health Hazard: Microbial contamination - E. Coli - other pathogenic

Distribution: across Canada, Walmart, Metro, Food Basics, Sobeys, Foodland, and possibly more retailers.

What to do: Do not consume, use, sell, or serve



No Name brand Beef Burgers – 1.36 kg

Health Hazard: E. Coli O157:H7, contamination in the product

Best Before Date: 2026 MA 05, B13 BMP EST 112

Distribution: Ontario

What to do: Do not consume, use, sell, or serve



SHARE TRADITIONS, NOT THE FLU



Adults 65 years and older are at higher risk of complications from the flu.

Contact your health centre or local healthcare provider to find out how to get your flu shot.

TO LEARN MORE, VISIT [CANADA.CA/FLU](https://canada.ca/flu)

Protect yourself, your family and your community:



Get the flu vaccine every year



Clean your hands often



Cough and sneeze into your arm



Keep shared surfaces and objects clean



Stay home and away from others if you feel sick

ISBN 978-0-660-35927-4



Indigenous Services
Canada

Services aux
Autochtones Canada

Canada



ICE
INDIGENOUS
& COMMUNITY ENGAGEMENT



AOPFN Limited Partnership

AOPFN in partnership with Indigenous & Community Engagement are looking for Community Members who are interested in perusing a Career in the Construction Trade to take part in the following training opportunities

Individuals who wish to participate in training must be willing to do all 6 training.

TRAININGS:

- ✓ Worker Health and Safety Awareness
- ✓ GHS WHMIS
- ✓ Asbestos
- ✓ Construction Health and Safety Awareness
- ✓ Working at Heights
- ✓ Standard First Aid/CPR C with AED

**12
SPOTS**

For more information on this opportunity or to be added onto the interest list please contact Sasha Sarazin: employment.officer@pikwakanagan.ca



Indigenous Tourism Entrepreneurship Training Program

Applications Now Open
Deadline February 27th

TOURISME
OTTAWA
TOURISM



ADAAWE





AOPFN EMPLOYMENT OPPORTUNITY

Early Childhood Educator

Department: Mindiwin Manido Day Care

Supervisor: Daycare Manager

\$49,628.00 - \$54,781.00 annually - 40 hours a week - Permanent

Deadline to Apply: February 6, 2026 at 4:00 p.m.

The Early Childhood Educator is responsible for the overall daily supervision, monitoring, care and nurturing of children enrolled in the Mindiwin Manido Day Care programs; The Early Childhood Educator is responsible for the delivering of a children's educational and developmental program that encompasses a wholistic and interdisciplinary team approach. The Early Childhood Educator will interact and communicate with parents/guardians for the overall benefit for the child and/or children.

- Assists children with nutritional and personal care needs including but not limited to toilet, diapering
- Procedures, personal hygiene and medical.
- Interacts with children and builds positive relationships.
- Ensures an inclusive environment for all children.
- Assists with the development, implementation, evaluation and modification of a children's educational and cultural program.
- Provide activities and opportunities i.e. learning through play that encourage curiosity, exploration, and problem-solving appropriate to the development levels of the children.
- Creates an environment conducive to the learning of Algonquin culture and language development and appropriate to the physical, social, intellectual, and emotional development of the children.
- Observes, guides and facilitates the development and positive behaviour of children.
- Maintains daily journals and/or portfolios of each Childs' progress, including samples of their artwork, writing, etc.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENETS:

- Successful completion of Post Secondary Education diploma in Early Childhood Education
- 1-year experience working in a licensed child care group setting as an Early Childhood Educator.
- Registered and in "good standing" with the College of Childhood Educators of Ontario (CECE)

CONDITIONS OF EMPLOYMENT:

- An acceptable Criminal Records Check and Vulnerable Sector Check; annually.
- Certificate of medical health by a physician and complete record of immunization; annually.
- Current First Aid and CPR "Level C" AED certification; annually
- In professional 'Good Standing' with the College of Early Childhood Educators, on an ongoing basis.
- Maintain 'Registration' with the College of Early Childhood Educators on an annual basis.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, K0J 1X0

hr@pikwakanagan.ca

Subject Line: Early Childhood Educator

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- | | |
|-----------------------|---|
| • Pension Plan | • 14 Provincial and Federal Statutory Holidays |
| • (Permanent EE only) | • Health Spending Account |
| • Paid Sick Days | (Dental, Vision, Prescriptions, etc.) |
| • 4% Vacation | • Milestone Recognitions & Rewards |
| • Holiday Shutdown | • Half days on Fridays prior to holiday Mondays |
| (Conditions Apply) | • (Conditions Apply) |

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN EMPLOYMENT OPPORTUNITY

Paid Training Opportunity – Bus Driver

Department: Education

Supervisor: Manager - Education

\$18.00 per hour

Deadline to Apply: Friday, February 06, 2026 at 4:00PM

We're inviting community members to take part in a fully funded training program to earn their Class B licence and become certified to operate a 72-passenger bus for AOPFN!

Why Join Us?

- Make a positive impact on passengers and the community!
- Build confidence and expertise behind the wheel.
- Join a supportive, team-focused environment.

What You'll Get:

- Hands-on training with experienced instructors.
- No experience needed — we teach you everything.
- In-demand skills & a recognized credential.
- A career with purpose — help your community every day!

Apply Today!

- Limited training spots available!

The Bus Driver safely operates a 72-passenger school bus (and other vehicles) to transport students to and from local schools. They support students during loading, unloading, and travel, conduct daily safety inspections, report any issues, and follow all traffic laws to ensure a safe and reliable service.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- A valid class "G" Ontario Driver's License or higher with clear driving abstract.
- Must be 21 years of age or older.
- Clear Vulnerable sector check or ability to obtain one.
- Medical Clearance Certificate or ability to obtain one.
- Clear Vision Certificate or ability to obtain one.
- Training/Certificates related to special needs, an asset.

CONDITIONS OF ACCEPTANCE:

- Willing to obtain B & E Licence.
- Willing to complete MTO required training for School Bus Drivers.
- Willingness to complete First/Aide CPR and other mandatory training deemed necessary.
- Willing to obtain Cultural Awareness training.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, K0J 1X0

hr@pikwakanagan.ca

Subject Line: Training Opportunity – Bus Driver

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- | | |
|-----------------------|---|
| • Pension Plan | • 14 Provincial and Federal Statutory Holidays |
| • (Permanent EE only) | • Health Spending Account |
| • Paid Sick Days | (Dental, Vision, Prescriptions, etc.) |
| • 4% Vacation | • Milestone Recognitions & Rewards |
| • Holiday Shutdown | • Half days on Fridays prior to holiday Mondays |
| (Conditions Apply) | • (Conditions Apply) |

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN EMPLOYMENT OPPORTUNITY

Driver – Specialized Transportation

Department: Education

Supervisor: Manager, Education

\$23.08 - \$25.47 hourly/ based on experience - 15 hrs./week - 3 hrs./ day

Fixed Term Contract, Feb 2026 - June 2026

Possibility of Extension and a recall date of Sept 2026

Deadline to Apply: Friday, February 06, 2026 at 4:00PM

The Driver is responsible for operating a 15-passenger vehicle to safely transport approved students residing in Pikwakanagan to and from designated local area educational institutions; will monitor the transportation of students and provide support to students while riding, loading, and unloading the vehicle to ensure the safety of all passengers. The Driver will be responsible for conducting daily vehicle safety inspections, recording, and reporting all issues and obeying all traffic laws.

DUTIES AND RESPONSIBILITIES:

1 Service Delivery

- Operates a 15-passenger vehicle.
- Transports individuals with disabilities, requiring specialized training and equipment.
- Safe transport of approved students to and from designated local area educational institutions.
- Reviews and understands the route(s), times, pick up/drop off locations and riders at each stop as well as changes designed to accommodate community programming; adheres to the route(s).
- Will assist with routing and practice runs, as approved.
- Develops and implements a seating plan in collaboration with the student support personnel

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- Secondary School Diploma with a minimum of two years experience driving passengers, preferably school aged.
- A valid class "G" Ontario Driver's License with a minimum of four years driving experience.
- Training/ Certificates related to special needs, an asset.

CONDITIONS OF EMPLOYMENT:

- Willingness to Obtain a valid Class "E" Ontario Driver's License.
- Current and acceptable Driver's Abstract.
- Current acceptable Vulnerable Sector Check.
- Valid CPR/First Aid & AED Certification.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, K0J 1X0

hr@pikwakanagan.ca

Subject Line: Driver – Specialized Transportation

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- | | |
|-----------------------|---|
| • Pension Plan | • 14 Provincial and Federal Statutory Holidays |
| • (Permanent EE only) | • Health Spending Account |
| • Paid Sick Days | (Dental, Vision, Prescriptions, etc.) |
| • 4% Vacation | • Milestone Recognitions & Rewards |
| • Holiday Shutdown | • Half days on Fridays prior to holiday Mondays |
| (Conditions Apply) | • (Conditions Apply) |

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



UNION OF ONTARIO INDIANS

"To give a voice to the vision of the Anishinabek Nation and to preserve Anishinaabe Bimaadziwin while advancing our goal of Nationhood."

EMPLOYMENT OPPORTUNITY Administrative Assistant

LOCATION: On-site at the Union of Ontario Indians Head Office, Nipissing First Nation

Full-time Position with Benefits, including a defined contribution pension plan starting day one and employer-paid group insurance following three months of employment, in accordance with plan terms.

Vacancy Type: New Vacancy

Salary Range: \$50,055 to \$56,729

The **Administrative Assistant** is responsible for delivering administrative support to the Communications Department and the Education Secretariat. This position reports to the Communications Director and works closely with staff across both departments as part of an interdisciplinary team, following established policy and administrative guidelines.

QUALIFICATIONS:

- Minimum two years' experience in an administrative capacity;
- Post-Secondary Diploma or Certificate in Business Administration or Office Administration;
- Demonstrated proficiency in Microsoft Office 365 (Outlook, OneDrive, Word, Excel, PowerPoint, and relevant computer systems, programs and software) and able to learn new technologies and tools;
- Proficiency in video conferencing software, specifically Microsoft Teams and Zoom; and
- Must possess a valid Ontario Driver's License and be insurable under the organization's vehicle insurance policy.

REQUIRED SKILLS:

- Excellent interpersonal and problem-solving skills;
- Exhibit professional attitudes and behaviour;
- Ability to work as a member of a multidisciplinary team;
- Strong writing, editing, and proofreading;
- Strong organizational skills with the ability to multitask, manage competing priorities, and meet deadlines; and
- Ability to understand and speak Anishinaabemowin or willingness to learn.

RESPONSIBILITIES:

- Provide general administrative support to the Communications Department and Education Secretariat;
- Coordinate and arrange staff travel, meetings, and gatherings (in-person and virtual);
- Draft and distribute routine correspondence, documents, and reports, as directed;

- Assist with purchases, obtaining quotes, completing cheque requisitions and invoicing;
- Attend relevant meetings and gatherings and take minutes/notes as directed;
- Create, update and maintain assigned calendars and schedule appointments as required;
- Provide day-to-day office administration support, including filing, mail handling, ordering and maintaining supplies, materials and promotional items;
- Maintain listings of publications and resources, such as, the *Great Lakes Pow Wow Guide*;
- Manage inventory, including packaging and shipping resources and supporting annual physical counts;
- Respond to general administrative inquiries and support information flow across departments;
- Travel within the region when required; and
- Other duties as assigned.

APPLICATIONS MUST INCLUDE THE FOLLOWING:

- Cover Letter;
- Resume;
- Three employment references (preferably current or previous managers/supervisors);
- An indication of whether the applicant has previously been employed by the Union of Ontario Indians (please note: if applicable, a reference check will be conducted with the applicant's former immediate supervisor); and
- An indication of whether the applicant is a member of one of the 39 Anishinabek First Nations

The Union of Ontario Indians welcomes and encourages applications from people with disabilities. Accommodations are available upon request for candidates participating in all aspects of the hiring process.

Applications must be received no later than 4:30pm on Friday, February 13, 2026.

Applications are to be submitted to:

Human Resources Department
Fax: (705) 497-9135 | Email: human.resources@anishinabek.ca

For inquiries regarding this position, please contact:

Marci Becking, Director of Communications
Email: marci.becking@anishinabek.ca

Miigwech to all applicants for their interest, however, only those who qualify for an interview will be contacted.

CENSUS JOBS

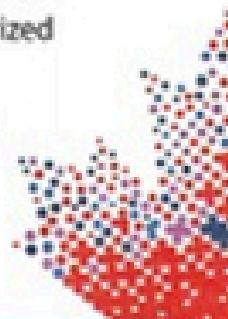
Statistics Canada is hiring in your community for the 2026 Census!

Use your local knowledge to help conduct the census.

Your contribution to the census can help your community plan and shape its future!

Important to know

- There are approximately 32,000 census jobs available across Canada.
- Pay is **\$25.87 per hour** for non-supervisory positions and **\$31.32 per hour** for supervisory positions, plus authorized expenses.
- The time frame for census jobs is between **March and July 2026**, depending on the position and location.
- You must be available to work flexible hours, including days, evenings and weekends.



Apply now and tell a friend
census.gc.ca/jobs

For assistance, please call 1-833-830-3106

Teletypewriter (TTY): 1-833-830-3109



Statistics
Canada

Statistique
Canada

Canada 

Employment Opportunity

Renokrew General Contracting and Construction Management is currently seeking part-time employees to provide support in relation to ongoing winterization maintenance and general labour services for the Nigig Gamik, New Family and Child Well Being Centre construction project, located at 1467 Mishomis Inamo, Pikwakanagan, ON.

Overview:

- Seeking members/community members of Pikwakanagan, who reside nearby the construction site, or are willing to travel to site on a regular basis.
- Knowledge and experience in relation to construction and site maintenance is encouraged but not required.
- Renokrew willing to provide training in relation to site safety and role. May lead to future employment opportunities.



COMPANY WITH
SAFETY SYSTEM
CERTIFIED BY DNV
ISO 45001



IF INTERESTED, PLEASE CONTACT:
ROBERT WRIGHT, SUPERINTENDENT 613-880-8244

FACILITATOR CALLOUT

The Algonquins of Pikwakanagan Health Services is looking for individuals who are interested in facilitating Indigenous Health Awareness Training. Facilitators will be provided an honorarium for every session they facilitate. Applicants will be expected to meet the following requirements:

- Must be First Nation, Metis, or Inuit
- Ability to follow a script
- Provide openings and closings for sessions
- Not easily triggered (some content and questions may be challenging)
- Unbiased.
- Willingness to learn and open minded

Four applicants will be selected for training which will pay \$20.00 an hour for a total of 14 hrs. Selected applicants will be required to provide a presentation on any topic they are comfortable discussing; and an example of a time they were in a situation where they faced bias and how they handled said situation. This process is important in gauging confidence with speaking and to identify where to build presentation strengths.

DEADLINE TO APPLY IS FEBRUARY 18, 2026

If you are interested or for more information please contact:
IHT@pikwakanagan.ca



Caterer **Call out**

For Indigenous Health Awareness Training

**Looking for caterers to forward pricing
to provide lunch and snacks for
morning and afternoon breaks for
16-17 people as well as menu options**

**The information provide will be
forwarded to the groups who are
taking the training and they will
select which caterer they desire**

**If you are interested in having your
info added to the list or have any
questions please contact the email
below.**

IHT@pikwakanagan.ca

Community Information:

SNOW REMOVAL FOR HOME CARE CLIENTS

THIS NOTICE IS FOR HOME CARE PROGRAM CLIENTS WHO RECEIVE SNOW REMOVAL SERVICES.

Snow removal is completed using a priority system. Clients with serious health concerns, medical appointments, emergency needs, and ramps are serviced first, followed by high-risk clients and then all remaining clients.

We are currently supporting a high number of Home Care clients with a small team. Depending on snowfall amounts, snow removal may be limited at first and completed in stages.

Should a client's health condition change, please contact the Home Care team at 613-625-1230

Thank you for your ongoing patience and understanding.



Pikwákanagán Excavating & Landscaping

Clear, Dig, Build - Experience the difference!



Large & small equipment for your excavating needs

- Lot clearing & prep
- Trenching & Drainage
- Tree/Brush Removal
- Licensed Septic System Design & Installation
- Pads & Foundations
- Driveways
- Sand/Gravel/Topsoil



Cheryl Kelly - Owner
613.312.9598 or 613.312.9872



Community Information:



Regular Council Meetings

Every second and last Tuesday of the month
Beginning at 9 AM

Available to view online in the
members-only section of
www.algonquinsopikwakanagan.com

Not Online?
Phone 613-625-2800 EXT 228
to request information on how to join.

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you
Natalie Commanda, Pharmacy
Technician
Joseph Conway, Pharmacist



HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 8	FEBRUARY 12	MARCH 12
APRIL 9	MAY 14	JUNE 11
JULY 9	AUGUST 13	SEPTEMBER 10
OCTOBER 8 (THANKSGIVING)	NOVEMBER 12	DECEMBER 17 (XMAS)

For information or emergency and after hour
needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose
Yankoo at
elderslodgpike@gmail.com
***Reminder - for sanitary
purposes individual
hosting meals & catering
will require to supply
their own dish cloths and
towels***

Community Information:

ADMIN OFFICE HOURS

Monday - Friday

open	8:30am
close	12:00pm

open	1:00pm
close	4:30pm

FOR YOUR INFORMATION

CANADIAN POLICE RECORD CHECKS ARE
REQUIRED FOR ANYONE WHO IS APPLYING FOR:

- MEMBERSHIP (APPLICANTS WHO ARE 18 YEARS OR OLDER)
- RESIDENCY (APPLICANTS WHO ARE 18 YEARS OR OLDER)

APPLICATIONS, LAWS, AND CODES ARE AVAILABLE
ON OUR WEBSITE.

[HTTPS://WWW.ALGQUINSOPIKWAKANAGAN.COM/
LAWS-AND-BY-LAWS/](https://www.algquinsopikwakanagan.com/laws-and-by-laws/)

HARD COPIES CAN BE REQUESTED FROM THE
LANDS, ESTATES, AND MEMBERSHIP
DEPARTMENT.

613-625-2800 | MGR.LEM@PIKWAKANAGAN.CA |
LAND.OFFICER@PIKWAKANAGAN.CA |
ASSISTANT.LEM@PIKWAKANAGAN.CA

NOTICE:
KILLALOE OPP RECORD CHECK APPLICATIONS ARE
NOW ONLINE.

Waste Disposal Site

Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

Curbside Pick Up



Garbage: Wednesday
Cardboard: Thursday
Containers: Friday





ALGONQUINS OF PIKWAKANAGAN FIRST NATION MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Belanger-Donvan, Katlyn	Baptiste	13 Aug 25	13 Feb 26
Gorgichuck, Keanna	Baptiste/Benoit	14 Aug 25	14 Feb 26
Faulkner, William	Sarrazin	14 Aug 25	14 Feb 26
Gorgichuck, Cassidy	Baptiste/Benoit	22 Aug 25	22 Feb 26
McEwen, Earleen	Baptist/Benoit	22 Aug 25	22 Feb 26
Pascoe, Logan	Sharbot	08 Sept 25	08 Mar 26
Pederson, Kaitlyn	Tenesco	08 Sept 25	08 Mar 26
Beauchamp, Evelyn	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Beauchamp, Lisa	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Larabee, Jerome	Lamure/Pesindewate	09 Sept 25	09 Mar 26
Jones, Stacey	Amikons	15 Sept 25	15 Mar 26
Burke, Robin	Lavalley	16 Sept 25	16 Mar 26
Sarrazin, Orion	Sarazin	18 Sept 25	18 Mar 26
Sarrazin, Everest	Sarazin	18 Sept 25	18 Mar 26
Sarrazin, Hudson	Sarazin	18 Sept 25	18 Mar 26
Carle, Isaiah	Lavalley	26 Sept 25	26 Mar 26
Logan, Rosie	Amikons	01 Oct 25	01 Mar 26
Decaire, Barry	Francios	22 Oct 25	22 Apr 26
Jones, Hunter	Amikons	22 Oct 25	22 Apr 26
Harris, Jeffery	Ignace	22 Oct 25	22 Apr 26
Lagace, Nancy	Baptiste/Kikons	22 Oct 25	22 Apr 26
Benoit, Kenneth	Benoit	27 Oct 25	27 Apr 26
Sherbert, Gavin	Charbot	04 Nov 25	04 May 26
Allair, Eric	Tenesco	07 Nov 25	07 May 26
Reece, Nia	Lavalley	07 Nov 25	07 May 26
Gravelle, Peter	Tenisco	25 Nov 25	25 May 26
Zlahtic, Tiffany	Protected	25 Nov 25	25 May 26
Rathwell, Stephen	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Sara	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Emma	Protected	25 Nov 25	25 May 26
Dupuis, Julien	Protected	25 Nov 25	25 May 26
Canavan, Kristopher	Whiteduck	10 Dec 25	10 June 26
Gagnon, Nicole	Meness	12 Dec 25	12 June 26
Smith, Kaitlyn	Amikons	12 Dec 25	12 June 26
O'Heare, Michael	Amikons	12 Dec 25	12 June 26

Grandmond, Krystina	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Ayden	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Genessee	Pisinawate	17 Dec 25	17 June 26
Simpson, Linda	Protected	18 Dec 25	18 June 26
Mikaelian, Natalie	Sararas	8 Jan 26	8 July 26
Kuiack, Christopher	Lavalley	12 Jan 26	12 July 26
Peters, Charmain	Jocko	22 Jan 26	22 July 26
Reynolds, Cecil	Leclair	22 Jan 26	22 July 26
Heron, Jelisa	Lavallee	22 Jan 26	22 July 26
Gould, Donna	Benoit/Baptiste	22 Jan 26	22 July 26
McKie, Patrick	Kakwabit	23 Jan 26	23 July 26

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca