

# PIKWÀKANAGÀN TIBÀDJIMOWIN

Chìbayàtìgo-kìjìgad, Wàbigon Kizis 15, 2026

Friday, May 15, 2026

## Content

### Updates & Notices:

- Chief & Council Update
- Hourly Rate Increase - Makwa
- Water System Upgrades & Service

### News & Events:

- Maker's Space
- Community Garden
- Water Ceremony

### Health Updates:

- Calendar
- Introducing Mackenzie Hayes
- Heart Disease 2<sup>nd</sup> Valvular

### Employment Opportunities:

- Governance & Board Liaison
- Benoit Anishinbeg Ventures (BAV)
- Various Tenders

### Community & Resources:

- Pikwakanagan Excavating & Landscaping
- Benoit Anishinabeg Ventrues (BAV)
- Membership - New Members

## Membership Notice

Please update your mailing address with Lands, Estates & Membership to ensure you get the latest news and upcoming events & info

Contact - Curtis Jahn at 613-625-2800 ext.231  
Email - [coordinator.lem@pikwakanagan.ca](mailto:coordinator.lem@pikwakanagan.ca)

## Important!

What did the flower say when he found out it was allergy season?

...You've got to be pollen my leg!

## May is Mental Health Awareness Month

# CHIEF & COUNCIL UPDATE

May 15, 2026



## Pikwakanagan First Nation helps mark New Chapter in Canada's Afghanistan Remembrance

Last week, Chief Greg Sarazin participated in the groundbreaking ceremony in Ottawa on Canada's National Afghanistan War Memorial. Also in attendance was Canada's Veteran's Affairs Minister Jill McNight, along with other federal Ministers Gary Anandasangaree, and Minister Marc Miller. Chief Sarazin took the opportunity to meet directly with those ministers to discuss Pikwakanagan specific concerns.



The monument is intended to honour the more than 40,000 Canadian Armed Forces members who served in Afghanistan following the terrorist attacks of September 11, 2001, as well as their families, and civilians, and support personnel. The memorial, will be situated at LeBreton Flats in the nation's capital near the Canadian War Museum and will be a lasting tribute to the sacrifices and service of Canadians during more than a decade of conflict in Afghanistan.

*"This monument will be a place of reflection, learning, and remembrance. For future generations, it will tell a story about duty, about resilience, and about the cost of peace."* Said Chief Sarazin.

Canada's military deployment in Afghanistan concluded in 2014, marking the country's longest combat mission in modern history. During the campaign, 158 members of the Canadian Armed Forces lost their lives, along with a Canadian diplomat, four aid workers, a government contractor, and a journalist. Thousands more returned home with physical injuries and many continue to live with the lasting effects of psychological trauma.

Completion of the War Memorial is anticipated in late 2028 followed by a formal dedication ceremony.

# **ANNOUNCEMENT**

## **Makwa Community Centre Hourly Rental Rate INCREASE.....**

### **NO COST**

**Internal Community Events: wake, funeral, celebration of life, child/youth/adult/senior sport and physical activities, summer day camp**

### **\$50/hour**

**Private Events: birthday parties, stag and does, weddings, receptions, baby showers, bridal showers (this list provides examples, it is not to be considered all inclusive of just the events indicated)**

### **\$60/hour**

**Internal Departments/Programs/Services: All AOPFN departments, program and services, all NIGIG departments, programs and services.**

### **\$75/hour**

**Commercial/External User (outside of AOPFN organization)**

**We appreciate your understanding and cooperation as we work to ensure continued rates that make the hall accessible to all. With this rental rate increase we still remain a facility with the lowest hourly rate in the area and far beyond. Rental income helps to support the operations and smaller maintenance issues of the Makwa Community Centre. We value your participation and support as we move forward. Please note this change in rates is effective tomorrow, May 15, 2026 and onward.**

**Miigwech from the Sports & Recreation Department.**

# Pikwakanagan's Home Retrofit Program

## Request for Proposals

The Algonquins of Pikwakanagan First Nation is advancing its community housing retrofit initiative to improve energy efficiency, durability, and year-round comfort for residents. This program is now entering the implementation phase, starting with individualized upgrades for 45 homes.

### SUBMISSION DETAILS

All submissions and inquiries must be sent to:

[CEC@pikwakanagan.ca](mailto:CEC@pikwakanagan.ca)

Required submission items include:

- Complete quote package received by the closing deadline
- Acknowledgement of the scope and payment structure
- Written explanation of how the work will be completed
- Identification of standards and key materials
- Confirmation of attendance at mandatory contractor training

### IMPORTANT DATES

Letter of Intent Due: May 21, 2026 by 5:00 PM

Mandatory Virtual Meeting: May 22, 2026 (1:00 PM)

Site Visits: May 25–29, 2026

Questions Deadline: June 5, 2026

Quote Submission Deadline: June 12, 2026 by 5:00 PM

### SCOPE OF WORK

General Contractors are invited to quote on retrofit work including:

- Window & door replacement
- Roofing (new, replacement, repairs)
- Siding repair or full replacement with exterior insulation
- Structural repairs
- Insulation upgrades
- Chimney work
- Eaves, soffits, fascia
- Grading & drainage improvements

Email [CEC@pikwakanagan.ca](mailto:CEC@pikwakanagan.ca) to view the full description RFP

**COMMUNITY INFORMATION MEETING**  
**Water System**  
**Upgrades & Services Update**



**Date:**

**Wednesday, May 20, 2026**



**Time:**

**4:30 PM - 6:30 PM**



**Location:**

**Makwa Centre**

**Hosted by ASCO Construction**

**Join us to learn more about upcoming projects and services in our community. Representatives will provide important updates and answer your questions.**

**Topics to Be Covered**

- **2026 Construction Activities**
- **Water Meter Installations**
- **Well Decommissioning**
- **Water Treatment Plant Operations**
- **New Water Service Information**
- **Community Q&A Session**

**All community members are welcome.**

# NURSES WEEK

MAY 11-17, 2026



Thank you to our decated team  
of Nurses . The compassion and  
care you show to our community  
every day does not go unnoticed.  
We are truly grateful for all your  
hard work, kindness and  
commitment we at Health  
Services deeply appreciated  
all that you do

everyone has  
something  
to create.



A SPACE TO  
CREATE ANYTHING  
YOU IMAGINE.

ALL MATERIALS WELCOME.  
ALL SKILL LEVELS WELCOME.

Come solo  
or bring a friend!



PAINT



SEW



DRAW



MOLD



AND MORE!



Every  
**WEDNESDAY**  
10AM - 12PM



**101 KIWITA INAMO**  
PIKWAKANAGAN





# Community Garden

Located behind Tennisco Manor

Help us plant, share, and improve our community's food security.

You are welcome anytime, but staff will be present on Friday mornings

Contact Community Health team: 613-625-2259

Check out AOPFN News & Events for updates!





**RENFREW COUNTY  
LEGAL CLINIC**

## THINGS TO KNOW:

- **RENFREW COUNTY LEGAL CLINIC ATTENDS THE HEALTH SERVICES BUILDING ONCE A MONTH TO OFFER FREE LEGAL ADVICE AND SUPPORT.**
- **NO APPOINTMENT NEEDED.**
- **FIRST COME FIRST SERVE.**

**THE RENFREW COUNTY  
LEGAL CLINIC WILL BE  
HERE:**

**MAY 12, 2026 2:30- 4:30PM**

**JUNE 09, 2026 2:30- 4:30PM**

## WHAT THE RCLC CAN ASSIST WITH:

- **ONTARIO WORKS (OW)**
- **ONTARIO DISSABILITY SUPPORT PROGRAM (ODSP)**
- **HOUSING LAW (FOR TENANTS ONLY)**
- **CANADA PENSION PLAN**
- **WORKPLACE SAFETY AND INSURANCE BOARD (WSIB)**
- **HUMAN RIGHTS**
- **EMPLOYMENT LAW (NON-UNION MATTERS)**
- **DEBT AND COLLECTION AGENCIES**
- **SERVICES FOR VICTIMS OF CRIME**
- **SENIORS LAW**
- **SEXUAL HARRASSMENT IN THE WORKPLACE**

**FOR MORE INFORMATION CALL  
EMMA; THE RESTORATIVE JUSTICE  
WORKER AT HEALTH SERVICES**

1643 Mishomis Inamo,  
Pikwakanagan, ON

(613) 625-2259 EXT 245 



# Honorable Algonquin Girls Program

COME LEARN  
HOW TO BEAD  
& JOURNAL

@ THE  
GATHERING  
PLACE  
(FORMALLY THE  
BINGO HALL)

GIRLS AGED  
8 - 14

MAY 14 & 28,  
2026  
4:30 - 6:00

PLEASE  
REGISTER

Beading & Journaling with  
Jayden Kohoko-Autio

PLEASE CONTACT [RAIRD@NIGIGNIBI.COM](mailto:RAIRD@NIGIGNIBI.COM) TO REGISTER  
613-625-2173



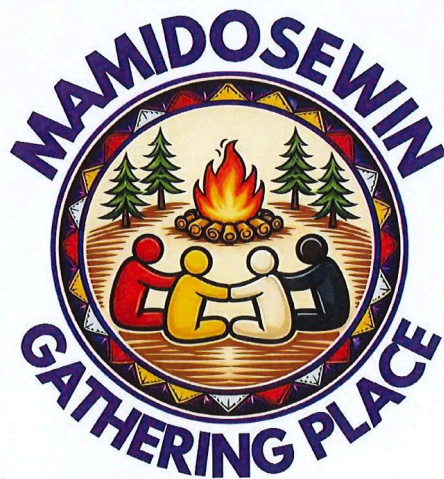
# AOPFN Limited Partnership

3-469 Kokomis Inamo  
Pikwakanagan, ON  
K0J 1X0  
613-625-1551

The Bingo Hall has been renamed Mamidosewin  
meaning the gathering place.

Big Thank you to Willy Dick for creating the name  
and logo!

To book Mamidosewin please contact Karen at  
the AOPFN Limited Partnership –  
[ea.lp@pikwakanagan.ca](mailto:ea.lp@pikwakanagan.ca)



(muh-mih-doh-seh-wihn)



# Family Art Night

The Mental Health Team would like to express our deepest apologies for cancelling Family Art Night on May 6<sup>th</sup>... Great news! It's rescheduled for May 20<sup>th</sup>, 2026 4:30-6:30 @ 101 Kiwita

We hope to see you there!

# *Pikwakanagan's Library is Re-Opening May 20, 2026*



Come and walk through the Library space at  
The Administration Office located at  
1657A Mishomis Inamo, Pikwakanagan  
on May 20<sup>th</sup> between:

12:00 pm – 3:00 pm and 4:30 pm – 6:30 pm.

*Light refreshments will be available, and an  
opportunity to enter your name in a draw for a door  
prize.*



# *Water Ceremony!*



## *The Algonquins of Pikwakanagan*

*Invite you to a water ceremony on the Rideau River,  
at Mooney's Bay*

*2960 Riverside Dr., Ottawa, ON K1V 8N4  
(a cup will be provided if you don't have your own)*

*For More Information,*

*Contact:*

*Kassandra Tiegs @*

*[pmgr2.consultation@pikwakagan.ca](mailto:pmgr2.consultation@pikwakagan.ca)*

*613-625-4010 ext 315*



# Community Sweat Lodge

"A SPACE FOR HEALING, PRAYER, AND CONNECTION TO SPIRIT"

Open to all Pikwakanagan members  
and their family



5:30 PM - 8:00 PM  
May 25, 2026



Pikwakanagan  
Cultural Grounds

## How it will run:

- Fire will be lit @ 3:30pm
- Sweat Will begin at 5:30pm
- There will be 4 rounds.
- There will be a feast after the sweat
- New participants are always welcome.
- Participants may leave at any time.

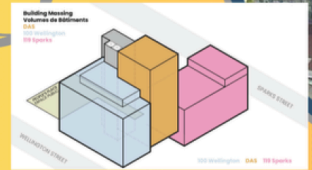
## What to bring:

- Towel
- Modest clothing (long skirt, shorts, t.shirt, etc.)
- Chair
- Personal medicines or bundles
- Arrive early if you have any questions for the conductor.

Conductor: Dean Sayers (Batchewana First Nation)

For more Info Email: [srobbins@nigignibi.com](mailto:srobbins@nigignibi.com)

THIS MANDATE WAS GIVEN TO THE ALGONQUIN ANISHINABEG NATION TRIBAL COUNCIL.  
 PEGGIE JEROME, CONSULTATION MANAGER  
 NORM ODJICK, EXECUTIVE DIRECTOR  
 FOR MORE INFORMATION (819) 856-0723  
 OR (819) 449-1225



# INVITATION

## Communitie Consultation

As a member of the Algonquin community, you are invited to participate in a consultation session. Come and discuss the construction of the new building, a space dedicated to the Algonquin Anishinabe Nation, located on Wellington Street, across from the Parliament of Canada.

**MUST BE Members of the Algonquin Nation (11 communities)**

**Location: MADAHOKI Farm, 4420 West Hunt Club Rd**  
**Date: May 28, 2026**  
**Time: 4:00 p.m. to 7:00 p.m.**

**MINO  
PIJAK**

**DOOR PRIZES  
FREE MEALS**



**If you are interested attending and required transportation contact the Political Office at [mgr.political@pikwakanagan.ca](mailto:mgr.political@pikwakanagan.ca) or [613-625-2800](tel:613-625-2800) ext 228**

# LUNCH & LEARN

*"Spring into action"*

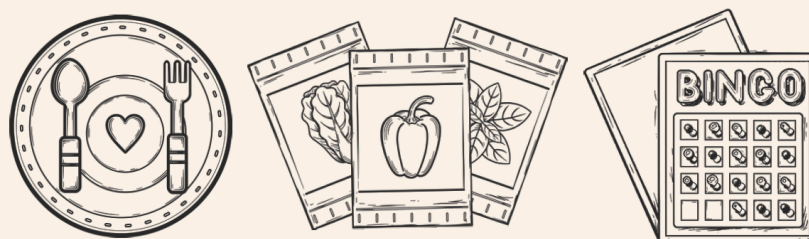
PLAY A FUN NUTRITIONAL BINGO GAME  
WITH PRIZES

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BRING SOME SEEDS; NEW OR OLD AND  
SWAP WITH OTHERS FOR YOUR GARDEN!

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FREE HEART HEALTHY LIGHT LUNCH



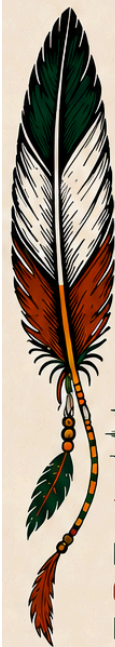
FRIDAY MAY 29<sup>TH</sup> 11:00AM - 1:00PM

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ELDERS LODGE

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RSVP to our Chronic Disease Management Nurse  
Taylor at Health Services 613-625-2259



# JOB FAIR

## JUNE 4<sup>TH</sup>, 2026

»»» 10:00 AM – 4:00 PM «««

EXPLORE REAL OPPORTUNITIES.  
CONNECT WITH AECON.  
BUILD YOUR FUTURE.  
IN CONSTRUCTION, AND INFRASTRUCTURE.



Makwa Community Centre



LOCATION:

**MAKWA CENTER**  
PIKWAKANAGAN, ON

**BRING YOUR RESUME!!!**



MEET EMPLOYERS



EXPLORE JOB OPPORTUNITIES



LEARN ABOUT UPCOMING PROJECTS



TRAINING & HIRING PATHWAYS

PRIORITY HIRING FOR INDIGENOUS COMMUNITY MEMBERS

## REAL JOBS. REAL PROJECTS. REAL OPPORTUNITY.

### NOW HIRING ACROSS MAJOR PROJECTS

#### SUPPORT ROLES

- Health & Safety Coordinators
- Project Assistants / Coordinators
- Environmental & Cultural Monitors
- Indigenous Advisors
- Quality Coordinators

#### SKILLED TRADES

- Equipment Operators
- Electricians & Apprentices
- Lineman / Groundmen
- Carpenters
- Heavy Equipment Mechanics
- General Labourers

#### PROJECT WORK AREAS

- ✓ Civil & Structural Construction
- ✓ Electrical Installation (BESS & Transmission)
- ✓ Site Development & Earthworks
- ✓ Testing & Commissioning
- ✓ Long-Term Operations & Maintenance

### EMPLOYMENT PRIORITY

Aecon will prioritize employment in the following order:

- 1 Participating Indigenous Communities
- 2 Non-local Indigenous workers
- 3 Local workforce
- 4 Provincial workforce

Only if required, out of Province workers.



### APPROXIMATE FIELD STAFF REQUIREMENTS

#### TRANSMISSION LINE CREW

- 15 Linespersons / Apprentices / Groundperson
- 3 Traffic Control / Flagging
- 2 GEOs
- 4 Carpenters / Apprentices
- 6 Labourers
- 2 Operators



#### STATION / BALANCE OF PLANT CREW

- 10 Linespersons / Apprentices / Groundpersons / GEOs
- 10 Electricians / Apprentices
- 4 Carpenters / Apprentices
- 6 Labourers
- 2 Operators



### WHO SHOULD ATTEND?

- ✓ Students
- ✓ Graduates
- ✓ Job Seekers
- ✓ Career Changers

*All are welcome!*



OPPORTUNITIES ARE COMING.  
»»» BE READY. «««



**BDO CONTACT**  
Crystal Benoit  
bdo@pikwakanagan.ca



**PROCUREMENT CONTACT**  
Grant Summers  
procurement.officer@pikwakanagan.ca  
613-625-1551



**JUNE 4<sup>TH</sup>, 2026**  
10:00 AM – 4:00 PM

More details coming soon.  
Follow us for updates!

**AECON**





AOPFN HEALTHY BABIES  
HEALTHY CHILDREN

# PLAY GROUP

**STARTING JUNE  
16<sup>TH</sup>**

**TUESDAYS!**

10:00 - 11:30 AM

101 Kiwita Inamo

**Ages 0-6  
& Caregivers**



Come for a chance to  
win family passes to  
Mobeez Play Planet in  
Pembroke!



Email if interested!  
[chn@pikwakanagan.ca](mailto:chn@pikwakanagan.ca)



COMMUNITY FIRESMART  
PREPAREDNESS DAY BBQ  
JUNE 18, 2026 FIRE HALL  
11:00AM - 1:00PM



## FIRE SAFETY TIPS FOR THE BBQ SEASON



**EVERY YEAR, CANADIANS SPEND QUALITY TIME WITH FAMILY AND FRIENDS ENJOYING THE TASTE OF BBQ COOKING! HOWEVER, FEW TAKE THE TIME TO FOLLOW SIMPLE FIRE SAFETY TIPS THAT CAN HELP YOU AND YOUR FAMILY ENJOY A SAFE BBQ SEASON.**

### General Tips:

Only use BBQs outdoors... The risk of fire or asphyxiation could result if used indoors or any enclosed spaces, such as tents or garages.

- Place the BBQ at least a 3 m distance from your home or other structures and out from under eaves and overhanging branches.
- Make sure your grill is located on a flat, level surface.
- Keep BBQ away from paths of travel and play areas.
- Use long-handled utensils to keep a safe distance from heat and flames.
- When a BBQ is in use, never leave it unattended.
- Keep children and pets away from the BBQ.
- Ensure BBQ is fully cooled off before covering or storing away.
- If possible, have a portable residential fire extinguisher nearby.

### Propane/Natural gas BBQ:

- Check the gas tank hose for leaks before using it for the first time each year. Apply a light soap and water solution to the hose. A propane leak will release bubbles.
- Inspect venturi holes for insect nests or spider web that could restrict air entry.
- Keep your BBQ clean, remove grease or fat buildup from the grills and in trays below the grill.
- Always make sure your BBQ lid is open before lighting it.

### Charcoal or woodchips BBQ:

- Make sure your grill is located on a non-combustible surface.
- Use only approved BBQ starter fluid or briquettes. Never add charcoal fluid or any other flammable liquids in the fire.
- Keep charcoal fluid out of the reach of children and away from heat sources.
- If using an electric charcoal starter, use extension cords rated for outdoor use only.
- When grilling is finished, let the coals completely cool before disposing in a metal container. If water is used to speed up the cooling, use extreme caution to avoid the steam and splatters, which can cause burns.





SAVE THE DATE

The Algonquins of  
Pikwàkanagàn First Nation

37th Traditional  
POW WOW  
August 15 & 16, 2026

Host Drum - Whitetail Cree  
Co-Host - Spirit Wolf  
Traditional Drum - Kitchipirini

All Welcome  
**FREE ADMISSION**  
Donations are graciously accepted

Pikwàkanagàn First Nation  
2km off Hwy 60 at Golden Lake, ON



# MINDIWIN MANIDO DAYCARE

## REGISTRATION!

REGISTER YOUR CHILD AS EARLY AS POSSIBLE,  
*even while expecting!*

### HOW TO REGISTER:

1



Complete the  
Registration Form

Join the  
Waiting List

2



Confirm Placement  
Availability

3



You will be  
contacted when  
a space becomes  
available.

### WHAT YOU MAY NEED:



Parent/Guardian  
Contact Information



Child's Full Name  
and Date of Birth



Expected Due Date  
or Anticipated Start Date



Any Medical or  
Support Needs



### CONTACT US:



Phone:  
613-625-2047



Email:  
supervisor.daycare@  
pikwakanagan.ca



Location:  
83B Kagagimin  
Inamo, Pikwakanagan



We look forward to welcoming  
**YOUR LITTLE ONE**  
TO OUR DAYCARE FAMILY!





# SCHOOL BUS REGISTRATION

for the 2026–2027 School Year



We are so excited to welcome your child as they begin or continue their school journey this fall.

A new school year is a big milestone, and we're happy to support your family as you get ready for the 2026–2027 school year!



## WHO IS ELIGIBLE FOR TRANSPORTATION?

The Algonquins of Pikwakanagan First Nation are pleased to offer bus services for students with approved residency in Pikwakanagan.

## WHO NEEDS TO REGISTER?



### NEW STUDENTS

If your child is starting school for the first time and needs transportation, you **must** complete a bus registration form.



### RETURNING STUDENTS

If your child used the bus last year and needs transportation again for the 2026–2027 school year, you **must re-register**.



## HOW TO REGISTER

Once your child is registered for school and transportation is required from Pikwakanagan to school, families must complete a bus registration form.



Paper copies are available at the Education Department at the Administration Office (1657A Mishomis Inamo).

OR



Fillable online at:

<https://forms.algonquinsofpikwakanagan.com/Bus-Registration>



Bus registration forms must be returned to:  
Pamela Scheel, Program Coordinator, Education Services  
1657A Mishomis Inamo | [coordinator1.education@pikwakanagan.ca](mailto:coordinator1.education@pikwakanagan.ca)



## WHAT'S NEXT?

In August, parents will receive a confirmation letter with:



Bus Stop Location



Pick-up & Drop-off Times



Other Important Transportation Details



*We are thrilled to be part of your child's education journey and look forward to a great school year ahead!*





# ALL ABOUT

# ME



Kwey friends! My name is Mackenzie Hayes, Kenzie for short, and I'm a Child & Youth Counsellor!

I've worked in many different settings, including home and community, with many children and youth who have struggled with various challenges. Whether that be mental, behavioural, emotional, social, family stressors, etc. challenges.

I like to meet children, youth and families where they're at, keep things calm when things get tough, and create safe, supportive spaces where they feel seen and understood.



You can find me at the Health Center and out in the community!

Contact Info:



[counsellor2.mhs@pikwakanagan.ca](mailto:counsellor2.mhs@pikwakanagan.ca)



613-625-2259 ex 246





UNIVERSITY OF OTTAWA  
HEART INSTITUTE  
INSTITUT DE CARDIOLOGIE  
DE L'UNIVERSITÉ D'OTTAWA



Algonquins of  
Pikwakanagan  
Health Services

## 2nd Valvular Heart Disease Screening Day

**Date:** Wednesday June 24<sup>th</sup>, 2026

**Location:** Health Services

Valvular heart diseases are dysfunctions of the “doors” that direct blood flow within the heart. These diseases affect hundreds of thousands of people in Canada. Heart valve problems are often undetected, and late detection may have severe consequences.

The University of Ottawa’s Heart Institute mobile screening program offers early detection, diagnosis and treatment.

We are seeking **Pikwakanagan community members and staff 50+** who **have not yet had this screening done** and who currently **do not have any know heart disease or history, pacemakers/stents, or are currently followed by a cardiologist.**



**Your 30-to-60-minute appointment involves:**

- a mini ultrasound of your heart
- questioning, measurements, and rapid finger poke blood tests to evaluate your cardiovascular risk factors
- A cardiologist will review the results and recommendations will be provided at the end of your visit.




If interested Call 613-625-2259 ext. 232 to talk to our Chronic Disease Management Nurse Taylor to determine your eligibility





1M 

**One Million Canadian Hearts**  
**Un million de cœurs canadiens**

**Free screening** for adults 18+ with no known heart issues.  
**Dépistage gratuit** pour les 18 ans et plus sans problèmes  
cardiaques connus.

 **Health Services, Pikwakanagan**  
1643 Mishomis Inamo  
Pikwakanagan, ON K0J 1X0

**Your risk factor screening includes:**  
**Compris dans le dépistage :**

- |  |  |
|--|--|
|  Brief assessment<br><i>Brève évaluation</i>                              |  Rapid blood test<br><i>Analyses sanguines rapides</i>                |
|  Blood pressure check<br><i>Vérification de la tension<br/>artérielle</i> |  Results + recommendations<br><i>Résultats et<br/>recommandations</i> |

**If you are 50+ you may also receive two additional tests:**  
**Autres tests possibles pour les 50 ans et plus :**


- |  |  |
|--|--|
|  ECG<br><i>Électrocardiographie (ECG)</i> |  Mini heart ultrasound<br><i>Échocardiographie<br/>simplifiée</i> |
|--|--|

**Book your appointment today!**  
**Prenez rendez-vous dès aujourd'hui!**

**By appointment only. No walk-ins.**  
**Rendez-vous obligatoire.**



<https://survey.ottawaheart.ca/index.php?r=survey/index&sid=285891&lang=en>

 613-625-2259

 1m@ottawaheart.ca

## May Schedule



Algonquins of  
Pikwakanagan  
First Nation

# STRONG & STEADY EXERCISE PROGRAM

**Location:** The Makwa Center

**Time:** 10:00am - 11:00am

Walking outside if weather permits /  
inside if rainy

- Tuesday May 5<sup>th</sup>
- Monday May 11<sup>th</sup>
- No class this week (18th-22nd)
- Wednesday May 27<sup>th</sup>



HEART WISE EXERCISE  
CERTIFIED CLASS

All are welcome, people using  
walkers, baby strollers, or other  
mobility aids. Come get some  
movement in, this one hour  
session is suitable for everyone.

MOVE AND HAVE FUN

## What does the hour look like?

- Group warm up (5 mins)
  - Walk or try Nordic Walking (20 mins)
  - Group cool down (5 mins)
  - Group exercise (standing or seated)
    - Strength (10 mins)
    - Balance (5 mins)
    - Stretch / Mobility (5 mins)
  - Wrap up and discussion (5 mins)
- WATER & SNACKS PROVIDED

This class follows the guidelines of Western University's Seniors Exercise Program, making it safe and beneficial for older adults, while remaining suitable for everyone as each exercise can be tailored to individual abilities.

Taylor is a Certified Seniors Fitness Instructor and is Heart Wise Exercise Certified through the Ottawa Heart Institute!

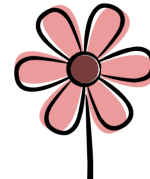
Call 613-625-2259 ext 232 if you have any questions or you can drop in to class! You will be provided an exercise swag bag with your own equipment and a registration form



*May 2026*

## **Community Health Thoughts of the month**

Spring into health and wellness!

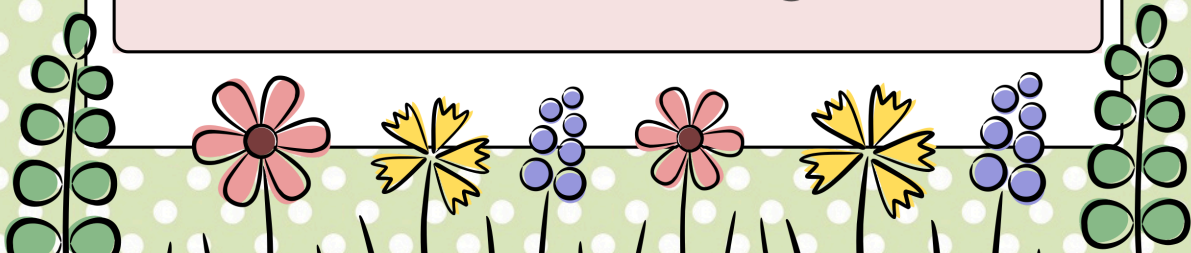


May is the perfect time to step outside and let the sunshine do a little healing, whether it's a slow morning walk or just sipping your coffee in the fresh air. 🌿

Open the windows, reset your space, and give your mind a gentle spring clean along with your home.

Try adding something small and nourishing to your routine, like fresh fruits, more water, or a few quiet moments just for you.

And don't forget, wellness can be simple: a deep breath, a good laugh, and a little time in nature go a long way.





## May Awareness Month Topics



### Skin Cancer Awareness Month

A gentle reminder to take care of the skin you're in. Protect yourself by wearing sunscreen, seeking shade, and checking your skin regularly for any new or changing spots. See the handy ABCDE of mole check list!

### Hypertension Awareness Month

A good reminder to keep an eye on your blood pressure. If your readings are consistently above 120/80, it's worth getting checked and talking with a healthcare provider. High blood pressure often has no symptoms, but small steps like staying active, eating well, and managing stress can make a big difference.

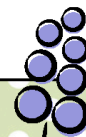
Untreated high blood pressure can:

- Increase your risk of heart attack and stroke
- Damage your kidneys
- Lead to vision problems

That's why keeping it in check, and getting it looked at if it's running high really matters.



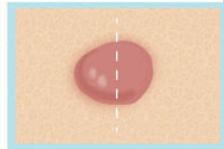



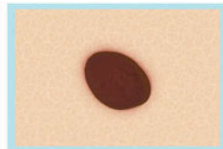
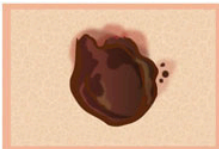


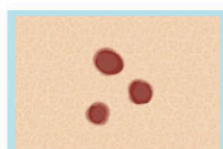
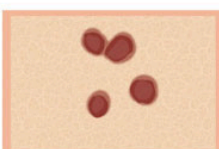
Algonquins of  
Pikwakanagan  
Health Services



Keep an eye on your spots!

# — ABCDEs —

## MOLE OR MELANOMA?

MOLE FEATURES		BENIGN	SEE DOCTOR
<b>A</b>	<b>ASYMMETRY</b> ONE HALF OF A MOLE DOES NOT MATCH THE OTHER.		
<b>B</b>	<b>BORDER</b> THE EDGES ARE IRREGULAR, RAGGED, NOTCHED, OR BLURRED. NORMAL MOLES ARE ROUND OR OVAL.		
<b>C</b>	<b>COLOR</b> THE MOLE IS NOT EVENLY COLORED. IT MAY INCLUDE SHADES OF BROWN OR BLACK, OR PATCHES OF PINK, RED, WHITE OR BLUE.		
<b>D</b>	<b>DIAMETER</b> THE SPOT IS LARGER THAN 6 MILLIMETERS ACROSS	 LESS THAN .25 IN	 GREATER THAN .25 IN
<b>E</b>	<b>EVOLVING</b> THE MOLE IS CHANGING IN SIZE, SHAPE, OR COLOR.		

# MOSQUITO-BORNE ILLNESSES

## Mosquitos of Concern

There are many different mosquito species found in Renfrew County.

West Nile Virus can spread to humans by an infected female Culex mosquito. The mosquito can become infected after feeding on an infected bird. The most common types of affected birds include Ravens, Crows, Blue Jays, House Sparrows, Grackles, and Robins.

Equine Encephalitis Virus is another rare infection that can be spread by mosquitos after feeding on an infected bird.

## Mosquito Surveillance Program

Health Services participates in a mosquito surveillance program with Trudy Stanfield, Regional Zoonotics Manager at First Nations and Inuit Health Branch

## I found a Dead Bird!

Carefully dispose of dead birds on your property. If you find a dead bird on your property, do not touch it with your bare hands. Use a shovel to pick the bird up and place it into a plastic bag. Double bag it and close both bags tightly. Place the bird in the garbage. Wash your hands with soap and water afterwards.

## Community Health

**Melissa Pessendawatch, Community Health Representative**

**Jessica Schwan, Community Health Nurse**

613-625-2259  
ch@pikwakanagan.ca  
chn@pikwakanagan.ca

## Remove standing water on your property after a rainfall

### Prevent Mosquitos from Breeding

Mosquitoes require standing water to lay their eggs. Mosquitoes can lay 100-400 eggs at a time. The eggs hatch in 1-2 days and become larvae. The larvae will become mosquitoes in about 10 days. By reducing the amount of standing water around your home, you can significantly decrease mosquito breeding. Remove potential breeding sites in early Aprils and continue throughout the summer.

1. Clean bird bathes twice a week
2. Cover and turn over any toy, container or equipment that can hold water
3. Clean roof gutters and place screens over rain barrels
4. Repair outdoor faucets that leak
5. Store small boats upside down
6. Fill in hollow tree stumps and rot holes with sand
7. Dispose of cans, bottles, tires, etc that may hold water
8. Clean and chlorinate swimming pools and hot tubs.

### Prevent Mosquito Bites

- Keep mosquitoes out by using screens or mosquito netting over open windows, doors, tents, and stollers
- Wear light colour, long sleeved and loose clothing
- Use bug spray with DEET or Icaridin on uncovered skin, clothes, and on top of sunscreen. Be sure to always follow label instructions.
- Be mindful mosquitoes are most active between dusk and dawn
- Avoid using scented products
- Turn on a fan indoors to prevent mosquitoes from flying

# TICK-BORNE ILLNESSES

## Ticks in Renfrew County

### Ticks of Concern

There are 43 different species of found in Ontario.

An infected Black-Legged Tick (Deer tick) can spread: Anaplasmosis, Lyme Disease, Babesiosis, Powassan Virus Disease

Other ticks that can spread disease include the American Dog Tick, Groundhog Tick, Rocky Mountain Wood Tick, Squirrel Tick and Lone Star Tick.

### Tick Surveillance Program

Health Services participates in a tick surveillance program with Trudy Stanfield, Regional Zoonotics Manager at First Nations and Inuit Health Branch

 Female Adult-stage Blacklegged or Deer tick (*Ixodes scapularis*)



## How can I protect myself?

### Prevent Tick Bites

Before going to places where ticks are found:

- Wear closed-toe shoes
- Tuck shirt into pants and pants into socks
- Wear light colour and long sleeved coats and pants
- Apply insect repellent containing DEET or Icaridin

While outdoors:

- Walk on cleared paths or trails
- Keep children and pets from wandering off paths
- Avoid using trails created by animals as ticks are more likely to be found on these trails

When returning indoors:

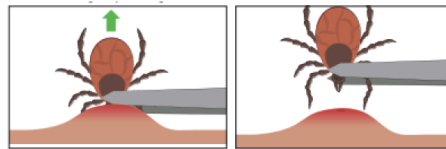
- Do a full-body tick check and shower to wash off ticks
- If ticks are on your clothes, wash clothes in hot water and dry with high heat (ticks can survive cold-warm wash cycle)
- Check your pets for ticks

## I have a tick!

### Tick Removal

Remove the attached tick ASAP. Use clean, fine-point tweezers to grasp the head as close to the skin as possible, and pull straight out. Try not to twist or squeeze the tick. If the mouthparts break off and remain in the skin, remove them with tweezers.

Do not remove the tick by burning it or smothering it. This can cause the tick to release its stomach contents, which can increase your chance of infection.



### Next Steps

Bring the tick to Melissa, Community Health Representative for submission to the Tick Surveillance Program. Speak with the Family Health Team or Jessica, Community Health Nurse for medical advice as soon as possible. Antibiotics may be needed if the tick with attached for longer than 24 hours and if it was removed within the past 72 hours.

Monitor yourself for symptoms of Lyme Disease for the next 30 days: bulls-eye rash, fatigue, muscle aches, headache, fever, stiff neck, and decreased appetite. See the Family Health Team if this occurs.

### Reduce Ticks Around Your home

Ticks are often found near areas with trees, shrubs, grass, wood piles and piles of leaves.

They don't survive long in dry, sunny areas.

Mow your lawn to keep grass short, remove brush, prune trees and shrubs, and place patios, decks, and children's play equipment in sunny areas.

## Community Health

Melissa Pessendawatch, Community Health Representative

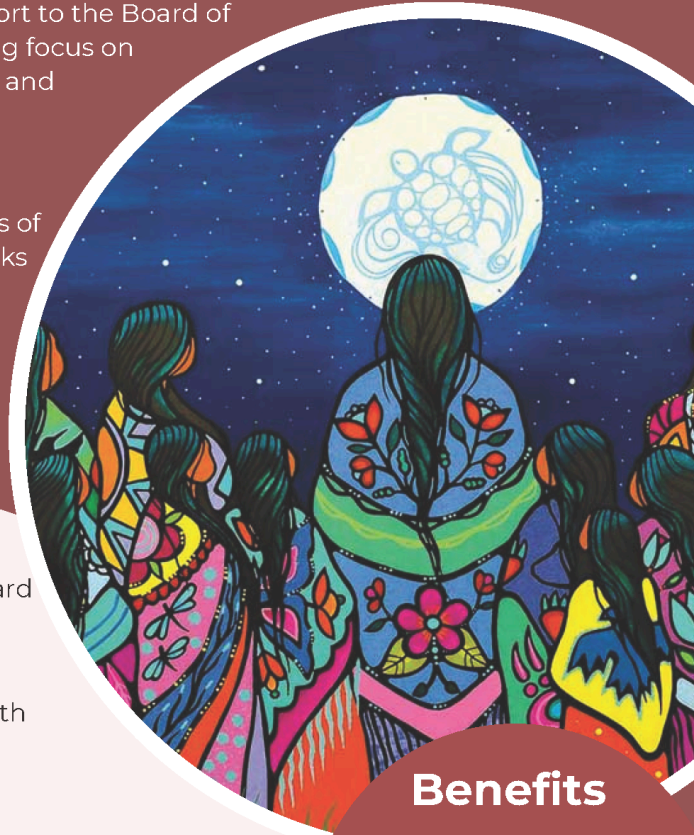
Jessica Schwan, Community Health Nurse

613-625-2259  
chr@pikwakanagan.ca  
chn@pikwakanagan.ca

# Governance and Board Liaison

Nigig Nibi-Ki-win Gamik is seeking a highly organized, diplomatic, and trusted professional to join our team as Governance and Board Liaison. This role supports the integrity and day-to-day coordination of governance processes while helping maintain respectful and effective communication between Nigig and the Algonquins of Pikwakanagan First Nation. The Governance and Board Liaison provides administrative and governance support to the Board of Directors and leadership, with a strong focus on documentation, scheduling, records, and follow-through.

The Governance and Board Liaison delivers high-level administrative support to the governance operations of Nigig Nibi Ki-win Gamik. The role works directly with the Executive Director, Nigig's Board of Directors, as well as having regular engagement with Algonquins of Pikwakanagan First Nation.



## Position Details:

- Diploma or degree in Business Administration, Governance or Board Administration, Indigenous Governance or related field.
- 3-5 Years of experience working with Board Governance or Senior Leadership
- High level of diplomacy and discretion, including strict adherence to organizational confidentiality protocols.
- Strong organizational and documentation skills.

**Scan here for more information:**



## Benefits

- Competitive Salary
- Benefits & Pension Plan
- Paid Sick, Vacation & Special Leave
- 14 Statutory Holidays

Nigig Nibi Ki-win Gamik Society

# WE ARE HIRING

View our job postings on  
[www.nigignibi.com](http://www.nigignibi.com)

Nigig Nibi Ki-win Gamik Society is growing our team!

Join our dynamic and dedicated team as we continue to develop capacity within the Algonquins of Pikwakanagan First Nation and greater unceded Algonquin territory. With our Child Well-being law, Nigig Nibi Ki-win, now fully in force, the community embraces a step in reconciliation by reclaiming jurisdiction over the safety and well-being of our children, youth and families.

We're looking for the right people to grow with the organization. We are currently seeking:

- Child Well-Being Worker
- Summer Program Support Full-time
- Summer Program Support Part-time
- Intake Worker
- 1 Year Term- Outreach and Communications Lead

Are you interested?

Learn more about Nigig: <https://www.nigignibi.com/careers/employment>



NIGIG

NIBI KI-WIN

GAMIK SOCIETY



# AOPFN EMPLOYMENT OPPORTUNITY

## Communications Operations Manager

**Department: Consultation**

**Supervisor: Manager, Consultation**

**35 hr/week - Fulltime - 1 Yr Contract - Possibility of Permanency**

**Starting at: \$72,800.00 annually**

**Deadline to Apply: Friday, May 22<sup>nd</sup>, 2026 at 4:00PM**

This role is crucial for maintaining the organization's reputation, engaging the community, and supporting strategic goals through effective communication practices. Working directly with the management team of the Consultation department, the Communications Operations Manager acts as an integral part of the communications process, providing leadership, direction and governance of assigned communications projects and activities related to consultation and engagement to ensure the factual and timely delivery of information to targeted audiences. Works in collaboration with the department and key AOPFN leadership to develop, establish and manage communication strategies and foster positive relationships with stakeholders and the media. Establishes relationships with key business contacts, working closely with AOPFN staff as required to define key informational metrics to have vital information reach targeted audiences within defined deadlines. Assists with managing risks associated with information gathering and release. Responsible for the supervision of assigned employees.

### **DUTIES AND RESPONSIBILITIES:**

#### **1. Develop and Implement Communication Strategies**

- Create comprehensive communication plans and strategies that align with the department's goals, ensuring consistent messaging across all platforms
- Develop and implement project-specific communication protocols to ensure AOPFN's communications expectations are clearly laid out
- Maintain and continually improve a coordinated, proactive, and effective corporate internal and external communications strategy
- Provide expert advice about communications and engagement.
- Effective strategic and operational management of the department's communications channels to meet business needs.

**For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)**

### **REQUIREMENTS:**

- Post-Secondary Certification/Diploma/Degree in relevant area of study related to Communications, Public Relations or Marketing, or related field, with a minimum of two (2) year's direct working experience in the field
- Must demonstrate a minimum of two (2) years' experience in leadership practices, project management coordination, facilitation and budget oversight.

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

### Subject Line: Project Communications Operations Manager

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

### What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
  - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
  - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
  - (Conditions Apply)

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



# AOPFN EMPLOYMENT OPPORTUNITY

## Project Administrator

**Department: Consultation**  
**Supervisor: Manager, Consultation**  
**35 hr/week - Fulltime - 3 Yr Contract - Possibility of Permanency**  
**Salary Range: \$51,122.00 - \$58,686.00 annually/  
Based on Experience & Education**  
**Deadline to Apply: Friday, May 22<sup>nd</sup>, 2026 at 4:00PM**

The Project Administrator is responsible for supporting the tri-partite working group represented by the Algonquins of Pikwakanagan (AOP), Atomic Energy of Canada Limited (AECL), and Canadian Nuclear Laboratories (CNL). The Administrator will manage projects of the working group and coordinate necessary administrative functions associated with working group activities; implement assigned consultation projects that will include researching, planning, budgeting, and documenting all aspects of the work projects; will be responsible for supervision of delegated staff.

### DUTIES AND RESPONSIBILITIES:

#### 1. Service Delivery

- Support overall projects between AOPFN and AECL and CNL including and not limited to:
  - Development and Implementation of the MOU/LTRA
  - Activities associated with the NSDF Project
  - Activities associated with the NPD Project
  - Any other AECL/CNL corporate or site wide activities and projects.
- Support the tri-partite working group by:
  - Developing agendas, maintaining meeting records, supporting community engagement, and providing or connecting Pikwakanagan members to approved information.
- Manage implementation of the working group projects by:
  - Developing the scope of projects as defined by the working group and defining project success criteria;

**For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)**

#### REQUIREMENTS:

- Post-secondary diploma or certificate in Business Administration or a related field, combined with a minimum of two (2) years of demonstrated experience in facilitation, project management, and the development and delivery of programs, services, and projects from inception to completion, preferably within a First Nation community and/or organization; OR;
- A minimum of three (3) years of demonstrated experience in facilitation, project management, and the development and delivery of programs, services, and projects from inception to completion, preferably within a First Nation community and/or organization.

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

[hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)

### Subject Line: Project Administrator

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

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### What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
  - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
  - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
  - (Conditions Apply)

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# AOPFN EMPLOYMENT OPPORTUNITY

## Early Childhood Educator

**Department: Mindiwin Manido Day Care**

**Supervisor: Daycare Supervisor**

**\$49,629.00/ annually + wage Enhancement**

**40 hours a week - Full -Time Permanent**

**Deadline to Apply: Friday, May 22, 2026 by 4:00 p.m.**

The Early Childhood Educator is responsible for the overall daily supervision, monitoring, care and nurturing of children enrolled in the Mindiwin Manido Day Care programs; The Early Childhood Educator is responsible for the delivering of a children's educational and developmental program that encompasses a wholistic and interdisciplinary team approach. The Early Childhood Educator will interact and communicate with parents/guardians for the overall benefit for the child and/or children.

- Assists children with nutritional and personal care needs including but not limited to toilet, diapering
- Procedures, personal hygiene and medical.
- Interacts with children and builds positive relationships.
- Ensures an inclusive environment for all children.
- Assists with the development, implementation, evaluation and modification of a children's educational and cultural program.
- Provide activities and opportunities i.e. learning through play that encourage curiosity, exploration, and problem-solving appropriate to the development levels of the children.
- Creates an environment conducive to the learning of Algonquin culture and language development and appropriate to the physical, social, intellectual, and emotional development of the children.
- Observes, guides and facilitates the development and positive behaviour of children.
- Maintains daily journals and/or portfolios of each Childs' progress, including samples of their artwork, writing, etc.

**For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)**

### **REQUIREMENTS:**

- Successful completion of Post Secondary Education diploma in Early Childhood Education
- 1-year experience working in a licensed child care group setting as an Early Childhood Educator.
- Registered and in "good standing" with the College of Childhood Educators of Ontario (CECE)

### **CONDITIONS OF EMPLOYMENT:**

- An acceptable Criminal Records Check and Vulnerable Sector Check; annually.
- Certificate of medical health by a physician and complete record of immunization; annually.
- Current First Aid and CPR "Level C" AED certification; annually
- In professional 'Good Standing' with the College of Early Childhood Educators, on an ongoing basis.
- Maintain 'Registration' with the College of Early Childhood Educators on an annual basis.

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

### Subject Line: Early Childhood Educator

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## What Algonquins of Pikwakanagan First Nation Offers

### Employee Benefits:

- Pension Plan
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Half days on Fridays prior to holiday Mondays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

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# AOPFN EMPLOYMENT OPPORTUNITY

## Finance Operations Manager

**Department: Consultation**

**Supervisor: Manager, Consultation**

**35 hr/week - Fulltime - 1 Yr Contract - Possibility of Permanency**

**Salary Range: \$72,800.00 - \$80,358.00 annually/**

**Based on Experience & Education**

**Deadline to Apply: Friday, May 22<sup>nd</sup>, 2026 at 4:00PM**

Working directly with the management team of the Consultation department, the Finance Operations Manager acts as an integral part of the management reporting process, preparing and reviewing invoices, charges, and budget performance, and bringing key financial issues, variances and discrepancies to the team's attention and recommends corrective action. Establishes relationships with key business contacts, working closely with proponents as required to define financial and operational metrics, analytics, reporting and advisory services in support of departmental objectives. Identifies, communicates and assists with managing financial risks and opportunities.

### **DUTIES AND RESPONSIBILITIES:**

#### **1. Invoicing and Billing**

- Maintains a thorough and accurate database of incoming and outgoing invoices to support the financial picture of the department, including the provision of adequate tracking of budgets, expenses, and payments, and ensures that follow-up is conducted where required
- Conducting verification of incoming invoices with PCs, conducting follow-up as required
- Meets a minimum of quarterly with project coordinators to review expenses, payments received, and create invoices to proponents using approved financial software
- Conducts day-to-day outreach for payments;
- Responds to payment inquiries;
- Responds to dispute matters; conducts follow-up and amends invoicing accordingly;
- Ensures financial information flows between the Consultation department and the AOPFN Finance department;

#### **2. Budgets and Analysis**

- Assists with the preparation of annual operating and project budgets;

**For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)**

### **REQUIREMENTS:**

- Post-Secondary Certification/Diploma/Degree education in a business, financial management, or related field with a minimum of one year of direct experience in financial management.

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

### Subject Line: Project Finance Operations Manager

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

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### What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
  - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
  - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
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# AOPFN EMPLOYMENT OPPORTUNITY

## Land & Environmental Officer – Amended

**Department: Lands, Estates and Membership**

**Supervisor: LEM Manager**

**Salary Range: \$56,015.00 - 61,830.00 annually /**

**Full-Time-Permanent - 35 hrs/ week**

**Deadline to Apply: Friday, May 22<sup>nd</sup>, 2026 at 4:00PM**

The Lands & Environment Officer will be responsible for implementing and administering the First Nation Lands Management Code by developing a Land Use Plan and an Environmental Management Plan. The Lands & Environment Officer will act as Deputy Registrar for registration of legal land documents; will implement, and administer Land laws, Environmental laws and a Geographic Information System that includes technical expertise and making recommendations on program delivery and policy development.

### **DUTIES AND RESPONSIBILITIES:**

#### **1. Service Delivery**

##### **A. Lands Management**

- Implements and maintains an up-to-date land registry and survey records system according to approved lands policy and procedures.
- Verify land status to determine any encumbrances, vacant possession etc. prior to completing land transactions.
- Assists the membership and lessors in preparation and completion of land transactions documents such as leases, transfers, assignments, allotments and permits.
- Register document under the FNLMC and issue Certificate of Possession (CP).
- Coordinate basic land surveys to retrace lot lines of "band land" and CP lots as required.

**For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)**

### **REQUIREMENTS:**

- Post-secondary diploma/degree in land management, environmental studies, planning, public administration, law/legal studies, paralegal studies, or a related field with 2+ years' experience,  
**OR**
- Secondary school diploma with 5+ years' experience in administration, land-related work, environmental programs, legal or regulatory support, or records management.
- Experience interpreting and applying policies, bylaws, legislation, or regulatory requirements, with administrative or legal support.
- Experience with GIS or mapping tools, or willingness to learn.
- General understanding of land, environmental, or planning concepts, preferably in a public-sector or Indigenous context.

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

### Subject Line: Land & Environmental Officer

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

### What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
  - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
  - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
  - (Conditions Apply)

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



# AOPFN EMPLOYMENT OPPORTUNITY

## Operator in Charge (OIC)

**Department: Public Works - Water Treatment Plant**

**Supervisor: Public Works Manager**

**\$59,841.60 - \$66,053.93 annually**

**1 yr Fixed Term - Possibility of Permanency - 35 hrs/ week**

**Deadline to Apply: Ongoing until position is filled**

The Operator-In-Charge (OIC) is responsible for the safe, compliant, and efficient daily operation of the water treatment plant. The OIC monitors treatment systems, manages SCADA operations, adjusts chemical levels, and performs maintenance to ensure water quality meets regulatory standards.

As the highest-certified operator, the OIC provides direction to staff, ensures regulatory compliance, serves as the primary contact for environmental agencies, and leads response efforts during operational issues or emergencies to support the reliable delivery of safe drinking water.

### **DUTIES AND RESPONSIBILITIES:**

#### **1. Service Delivery**

- Operate computerized control systems (SCADA) to regulate water filtration, treatment, and distribution.
- Collect and test water samples for bacterial, chemical, and physical quality, adjusting treatment processes accordingly.
- Measure, mix, and feed treatment chemicals such as chlorine, fluoride, and ammonia.
- Perform and support service delivery activities, including maintenance, operation, and repairs related to water mains and hydrants.
- Respond to and manage emergency situations or equipment malfunctions.

**For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)**

### **REQUIREMENTS:**

- **Certification:** Valid, advanced-level water treatment operator certification (e.g., Level I or II) in compliance with local regulatory requirements (e.g., OWWCO certification in Ontario).
- **Education:** High school diploma required; post-secondary education in environmental science, engineering technology, or a related field is considered an asset.
- **Skills:** Strong knowledge of water treatment processes, SCADA systems, chemistry, and troubleshooting.
- **Physical Ability:** Ability to lift heavy objects (often 50+ lbs) and work in challenging, noisy, or outdoor environments.
- **Communication:** Effective written and verbal communication for reporting and dealing with public inquiries.

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

### Subject Line: Operator in Charge (OIC)

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

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- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

### What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
  - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
  - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
  - (Conditions Apply)

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# AOPFN EMPLOYMENT OPPORTUNITY

## Personal Support Worker & Health Care Aide

**Department: Health Services**

**Supervisor: Client Care Coordinator**

**PSW: \$22.63 hourly + wage enhancement as applicable/ Casual**

**Deadline to Apply: Ongoing until positions are filled.**

The PSW and HCA assists clients in a variety of ways with daily routines such as meal preparation, housekeeping, laundry, medical services, and more, while promoting their well-being and sense of belonging through supportive interaction. They are required to maintain strict confidentiality to protect clients' privacy and are expected to build and maintain positive relationships with agencies, Indigenous organizations, and business partners associated with the AOPFN.

### **DUTIES AND RESPONSIBILITIES:**

- Completes client data sheets and other documents required for reports and performance indicators.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Reports incidents and completes reports as required.
- Contacts next of kin or families if required of client's condition or needs.
- Arranges client's health appointments when required.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Assists with personal care.
- Meal preparation planning, preparing and sanitizing
- Housekeeping maintaining bedroom, common areas and etc.

For full Job Description please email [hr@pikwakanagan.ca](mailto:hr@pikwakanagan.ca)

### **REQUIREMENTS:**

- Demonstrated good written communication skills.
- Possess certification as a Personal Support Worker (asset)
- OR Health Care Aid with at least one (1) year of experience in working with seniors or providing personal care.

### **CONDITIONS OF EMPLOYMENT:**

- Acceptable Vulnerable Sector Check and CPIC must be provided as a condition of employment.
- First Aid and CPR Certification or willingness to complete within 3 months of employment
- Cultural awareness training or willingness to complete within 3 months of employment

### How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

### Submit to:

Human Resources Department  
Algonquins of Pikwakanagan First Nation  
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

### Subject Line: Personal Support Worker or Health Care Aide

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

**Application Procedure:** Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

**Screening Procedure:** Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

**Interviews:** Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

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  - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
  - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
  - (Conditions Apply)

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AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



## **NIGIG NIBI KI-WIN GAMIK CALL FOR APPLICATIONS FOR: NON-PIKWAKANAGAN MEMBER DIRECTOR POSITION (INTERIM BOARD OF DIRECTORS)**

Nigig Nibi Ki-win Gamik ("Nigig Gamik") is currently looking for one (1) individual to serve as a Director on Nigig Gamik's Interim Board of Directors.

Nigig Gamik is the agency established by Algonquins of Pikwakanagan First Nation ("Pikwakanagan") to implement, administer, and deliver child and family services to Ninidjānisinānig (children), Weshkinigidjig (youth), and Wendjibàdj (families), under the authority of Pikwakanagan's child well-being law, Nigig Nibi Ki-win and its regulations.

Since Nigig Gamik's incorporation, the Interim Board has been engaging in capacity-building and technical work to support the operationalization of Nigig Nibi Ki-win. The Interim Board is responsible for, among other tasks:

- (a) developing and reviewing corporate governance instruments for Nigig Gamik, including by-laws, membership declarations, policies, etc.;
- (b) developing recommendations for the composition of an eventual permanent Board of Directors and Nigig Gamik's membership structure; and
- (c) assisting with start-up and implementation matters for Nigig Gamik, including recruitment and hiring, financial management, policy development, and so on.

Nigig Gamik is looking to fill a current Director vacancy on the Interim Board. The vacancy is for one (1) individual who:

- (a) is not a member of Pikwakanagan under the Membership Code;
- (b) is connected to Pikwakanagan by family; and
- (c) could be affected by the application and operation of Nigig Nibi Ki-win (e.g., has a child eligible for programs, supports, or services under Nigig Nibi Ki-win) but is affiliated with and would otherwise be affected by the application and operation of Nigig Nibi Ki-win.

This position is intended to ensure that the perspectives of all Wendjibàdj under Nigig Nibi Ki-win (e.g., blended families), are represented on the Board.

Candidates should be aware that, as they are filling a vacancy on the Interim Board, the length of their term may be subject to the governance review process and transition to the permanent Board of Directors.

### **Board Expectations:**

The Interim Board currently meets a minimum of once per month to complete the necessary work described. An agenda and materials are provided ahead of time for review in support of the meeting discussions. These meetings can be attended virtually.

### **Required Qualifications for the Director Position**

- Not a member of the Algonquins of Pikwakanagan First Nation, but is affiliated with and would otherwise be affected by the application and operation of Nigig Nibi Ki-win;
- Does not have the status of a bankrupt; and
- Satisfactory results of background checks, including from the Canadian Police Information Centre (CPIC).

### **Desired Skills for Directors:**

Verifiable experience and/or background in work relating to Pikwakanagan child and family wellbeing.

Verifiable experience in one or more of the following areas:

- Knowledge of the Pikwakanagan community, including with respect to Algonquin culture, Anishinàbemowin, history, and/or priorities;
- Corporate governance;
- First Nations governance;
- Communications and community engagement;
- Healthcare services;
- Social services;
- Policy development;
- Finance;
- Accounting;
- Human resources;
- Risk management;
- Business administration; or
- Strategic planning.

Ability to strategically plan for and prioritize the needs of the present and future generations of the Pikwakanagan community, in accordance with the Seven Grandfather Teachings.

### **Application Process:**

Interested individuals may apply to be considered for selection for the Director position of the Nigig Gamik Interim Board by submitting a one-page Expression of Interest.

Please include in your Expression of Interest, a brief biography, a statement on why you are interested in being a Director, and any previous volunteer or work experience which may apply.

Please also provide, if available, a LinkedIn profile URL, list of current and/or prior experience as a Board member and/or professional associations.

This call for Expressions of Interest is an open call and will remain open until the vacancy is filled.

All individuals who submit an Expression of Interest will be notified of the outcome of the process once a decision has been made by Nigig Gamik.

### **Applications should be submitted to the attention of:**

Alexandra Freed, Executive Director of Nigig Gamik, at [director@nigignibi.com](mailto:director@nigignibi.com), to be received no later than Friday, May 29th, at 12:00PM.



# CALL TO TENDER NIGIG GAMIK



## GROUNDS MAINTENANCE

**NIGIG GAMIK SITE -1467 MISHOMIS INAMO  
PIKWAKANAGAN, ON KOJ 1X0**

**DURATION – AS REQUIRED, STARTING JUNE 1, 2026,  
TENDER CLOSING DATE – MAY 28<sup>TH</sup>, 2026 AT 12:00PM**

### **DUTIES REQUIRED:**

**GRASS CUTTING  
WHIPPER SNIPPING  
WEEDING FLOWER BEDS  
WATERING FLOWERS, PLANTS  
SWEEPING DECKS, WALKWAYS**

**CONTRACTOR MUST PROVIDE ALL THEIR OWN EQUIPMENT. NIGIG WILL NOT BE  
RESPONSIBLE FOR MAINTENANCE AND/OR REPAIRS/DAMAGE TO EQUIPMENT.**

I, \_\_\_\_\_ ACKNOWLEDGE AND UNDERSTAND THE DUTIES REQUIRED.

I \_\_\_\_\_ AM SUBMITTING MY TENDER AMOUNT TO BE PAID ON THE LAST DAY OF  
EACH MONTH SERVICE IS REQUIRED.

NAME: \_\_\_\_\_ (PRINT) SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_

**PLEASE MAIL OR DROP OFF IN A SEALED ENVELOPE, CLEARLY MARKED GROUNDS MAINTENANCE ATTN TO:  
MICHELLE HUME, DIRECTOR ASSISTANT, EXECUTIVE OFFICE, NIGIG GAMIK**



# AOPFN Limited Partnership

## “CALL TO TENDER” 469 & 473 Kokomis Inamo Community Beach Area Yard Maintenance

**Scope of work:** Cut all grass at these locations, whipper snip and trim around buildings, outdoor fixtures, trees etc. and pick up any garbage that may be found.

**Contract length:** June 1 to September 30, 2025 - **Tender closes:** Noon May 22nd, 2026

**Submitted tender must include:**

Completed tender form (below)

If successful, you must supply the materials and supplies needed to complete the scope of work above, such as riding mower, whipper snipper, gas and other equipment as needed. You are also responsible for any equipment repairs needed.

**Contract Award:** The AOPFN Limited Partnership is not obligated to accept the lowest or any tender.

Please email Karen Brethour, Executive Assistant at the AOPFN Limited Partnership office (ea.lp@pikwakanagan.ca) or call/text Karen 613-717-4222 to arrange a site inspection of any of the areas to familiarize yourself with the work that needs to be completed.

**Successful bidder** must provide a valid WSIB clearance certificate as well as Property Damage and Personal Liability Insurance Certificate.

**Submission of tender:** Submit a sealed envelope, clearly marked, “Tender – Attn: Karen” and drop off to the Limited Partnership office 469 Kokomis Inamo, Unit 3 between 9 & 12 or 1 & 3 Monday to Friday.

.....  
**AOPFN LP 2026 Tender for maintaining grounds at 469 & 473 Kokomis Inamo,  
and Community Beach Area**

I \_\_\_\_\_ have completed site inspections, read the tender requirements and am hereby submitting my tender as \$ \_\_\_\_\_ per month.

Date: \_\_\_\_\_ Contact #: \_\_\_\_\_

Name: \_\_\_\_\_ Signature: \_\_\_\_\_

# Community Cemetery Grounds Maintenance – Call to Tender

Algonquins of Pikwakanagan First Nation (AoPFN) – Lands, Estates & Membership (LEM)

**Invitation:** The Algonquins of Pikwakanagan First Nation (AoPFN), through the Lands, Estates & Membership (LEM) Department, invites qualified contractors to submit a tender to provide routine grounds maintenance services at the community cemeteries for the 2026 season.

## 1. Key Tender Information

- **Tender Title:** Community Cemetery Grounds Maintenance (2026)
- **Contract Term:** May 20, 2026 to October 9, 2026 (inclusive)
- **Tender Closing Date & Time:** May 15, 2026 at 4:30 p.m. (local time)
- **Service Locations:** AoPFN New Cemetery and AoPFN Old Cemetery, Pikwakanagan, Ontario
- **Issuing Department:** Lands, Estates & Membership (LEM)
- **Submission Method:** Sealed envelope (see Section 6)
- **Contract Type:** Seasonal service contract (monthly invoicing)

## 2. Scope of Work

The successful bidder (the “Contractor”) shall provide all labour, supervision, equipment, tools, materials, and incidentals required to complete the following grounds maintenance services in a safe, respectful, and professional manner. Work areas shall be kept tidy and free of hazards (e.g., branches, debris, litter). Care must be taken to avoid damage to headstones/markers, fencing, memorials, flower beds/arrangements, and any cultural features.

### 2.1 New Cemetery

- Cut grass throughout the cemetery grounds.
- Whipper snip/trim around headstones/markers, fence lines, sign posts, and other obstacles as required.
- Trim shrubs inside the cemetery and at the outside front corners along Ininatig Inamo and Mishomis Inamo.
- Maintain the entire corner area **outside** the cemetery along Ininatig Inamo (including trimming/edging and general tidiness).
- Water flowers around the cross (and/or designated flower area) as required to keep arrangements healthy and presentable.
- Grave plot remediation shall be performed as necessary, based on the Manager’s assessment and instructions.

## 2.2 Old Cemetery

- Cut grass throughout the cemetery grounds.
- Whipper snip/trim around headstones/markers, trees, shrubs, fence lines, and other obstacles as required.
- Trim trees and shrubs inside the cemetery as required to maintain a safe and neat appearance.

## 2.3 Vegetation Control (As Required)

- **Poison ivy:** Remove poison ivy from all areas, as required. The Contractor is responsible for using appropriate PPE and safe handling practices and for disposing of plant material off-site in accordance with applicable requirements.

## 3. Service Standards & Frequency

The Contractor shall schedule work to keep the cemeteries consistently maintained throughout the season. The Contractor is responsible for determining appropriate visit frequency based on grass growth, weather, and site conditions, while meeting the minimum standards below.

- Grass cutting: maintain lawns at a neat and consistent height; do not scalp turf.
- Trimming/whipper snipping: complete each visit as needed to match mowing standards (around stones/markers, fence lines, posts, corners).
- Debris/litter: remove litter and visible debris encountered during each visit; dispose of off-site.
- Watering: water flowers around the cross (and/or designated flower area) as required, especially during dry periods.
- Respectful operations: no driving equipment over graves; avoid contact with stones/markers; stop work if a funeral or ceremony is occurring and return when appropriate.
- Weather: services may be rescheduled due to heavy rain or unsafe conditions; missed work must be made up within a reasonable timeframe.

## 4. Contractor Responsibilities & Requirements

- **Equipment:** Contractor must have their own riding mower and any additional equipment required to complete the Scope of Work.
- **Supplies:** Contractor must provide all materials and supplies needed to complete the Scope of Work (including any required PPE).
- **Condition of work:** AoPFN is not responsible for the Contractor's equipment, supplies, loss, theft, or repairs.
- **Insurance:** Provide a valid Personal Liability and Property Damage Insurance Certificate upon signing of contract (and maintain coverage for the full term).
- **WSIB:** Provide a WSIB clearance certificate upon signing of contract (or proof of exemption, where applicable).

- **Health & safety:** Perform work in compliance with applicable health and safety requirements; maintain safe work practices around the public.
- **Site protection:** The Contractor is responsible for any damage caused by their operations to stones/markers, fencing, landscaping, or other property.

## 5. Site Examination (Recommended)

Bidders are encouraged to conduct a site inspection at their own accord to review the amount of work to be completed and to confirm access, layout, and conditions. Submitting a tender will be deemed confirmation that the bidder has reviewed the Scope of Work and understands site conditions.

## 6. Tender Submission Instructions

**Submission Deadline:** Tenders must be received no later than **May 20, 2026 at 4:30 p.m.** Late submissions will not be accepted.

- Completed Tender Form (Section 9) signed by the bidder.
- Pricing/quote: provide a monthly all-inclusive price (and any separate pricing noted in Section 9, if applicable).
- Confirmation that bidder has required equipment (riding mower) and can supply all tools/materials required.
- Contact information for the bidder (name, phone, email, address).

**Tender Submission:** Submit “Tender” in a sealed envelope clearly marked “**Tender for Community Cemetery Grounds Maintenance 2026**” and addressed to:

LEM, Algonquins of Pikwakanagan First Nation  
1657-A Mishomis Inamo  
Pikwakanagan, Ontario K0J 1X0

## 7. Evaluation & Contract Award

AoPFN is not obligated to accept the lowest or any tender. AoPFN may, at its sole discretion, accept or reject any tender, waive minor irregularities, and/or request clarification or additional information from any bidder.

- Demonstrated ability to perform the work safely and respectfully in a cemetery setting.
- Availability and capacity to maintain the required service standards for the full contract term.
- Equipment readiness (including riding mower and trimming equipment).
- Price and completeness of submission.
- Ability to provide required insurance and WSIB documentation upon award.

## 8. Invoicing & Payment

The Contractor shall invoice AoPFN monthly for services rendered. Invoices should include the month of service and a brief description of work completed (e.g., number of visits, mowing/trimming/watering completed, and any as-required vegetation control such as poison ivy removal). Payment will be made in accordance with AoPFN payment processes.

## 9. Tender Form (To Be Completed by Bidder)

I, \_\_\_\_\_ (the "Bidder"), having carefully read this Call to Tender and reviewed the Scope of Work (site inspection optional), hereby submit the following tender price to provide Community Cemetery Grounds Maintenance services for the term May 25, 2026 to October 30, 2026.

Item	Bidder's Price
Monthly all-inclusive price (covering New Cemetery, Old Cemetery, and all routine services described in this tender)	\$ _____ / month
Optional notes/clarifications (e.g., proposed visit frequency, watering approach, poison ivy handling)	_____

### Bidder Declarations (initial each):

\_\_\_\_ I have (or will have) my own riding mower and all equipment required to complete the Scope of Work.

\_\_\_\_ I will provide all tools, materials, and supplies required to complete the Scope of Work.

\_\_\_\_ I understand AoPFN is not responsible for my equipment, supplies, or repairs.

\_\_\_\_ Upon award, I will provide Personal Liability and Property Damage Insurance and a WSIB clearance certificate (or proof of exemption, where applicable).

Bidder Name (print): _____	Date: _____
Signature: _____	Phone Number: _____
Email: _____	Mailing Address: _____

# UPCOMING PRE-APPRENTICESHIP OPPORTUNITY

## 309A Electrical Apprenticeship for Indigenous Women



### Program Overview:

ALFDC, in partnership with CUSW, is exploring interest in a 10-week Pre-Apprenticeship Training Program designed to prepare Indigenous Women for careers as 309A Electrical Apprentices.

### Participants will:

- Receive hands-on, industry-relevant training
- Be **registered as a 309A Electrical Apprentice**
- Gain direct pathways into the skilled trades and union opportunities

### Who Should Apply:

- Indigenous Women interested in skilled trades
- Individuals looking to start a career in the electrical field
- Those ready for hands-on, career focused training

### Requirements:

- Gr. 12 Math, English and Physics

ALFDC can assist you with obtaining required certifications and prepare for the program as needed. You'll also have access to a tutor and instructors with any required coursework.

**Training Location: To Be Determined**

**Program Start: Fall 2026**

**Program Length: 10 Weeks**

**We are currently gauging  
interest in this program.**

**It will run based on the number  
of participants who register.**

If you or someone you know may be interested, please contact:

Kirstin Sparks - [training@alfdc.on.ca](mailto:training@alfdc.on.ca)

Alex Graham - [projmanager@alfdc.on.ca](mailto:projmanager@alfdc.on.ca)



Canadian Union of Skilled Workers



Aboriginal Labour Force Development Circle



# GET PAID TO LEARN A TRADE

Local 2041 — Ottawa, ON

## 18 WEEK PRE-APPRENTICESHIP PROGRAM Interior Systems Mechanic — 451A

- **\$100/week stipend** + dependent care
- **100% free** tuition
- **Tools & PPE covered**
- **Union work placement** on completion
- **Must be eligible to work in Ontario**

**APPLY BY:** May 29, 2026

**STARTS:** July 6, 2026



SCAN TO APPLY



This Employment Ontario Program is funded in part by the Government of Canada and the Government of Ontario.





Indigenous  
Skills  
Employment  
Apprenticeship and  
Development



ICE  
**INDIGENOUS**  
& COMMUNITY ENGAGEMENT



**AOP<sub>FN</sub> Limited Partnership**



# WORKERS HEALTH AND SAFETY TRAINING

Learn about safety rights and responsibilities of workers, supervisors, and employers and a general introduction to workplace health and safety



**Date to be  
determined**

- 2 hour course
- In community
- 12 spots available

**To register contact:**

**Sasha Sarazin**

**[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)**

or

**613-625-2800 ext:248**





**AOPFN Limited Partnership**



Indigenous  
Skills  
Employment  
Apprenticeship and  
Development



**ICE**  
**INDIGENOUS**  
& COMMUNITY ENGAGEMENT



# FIRST AID & CPR TRAINING



2 day First Aid and CPR/AED  
course being



Only 12 Spots Available

**DATE**



TO BE DETERMINED



**TO REGISTER CONTACT**

**CONTACT SASHA SARAZIN**

[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)

or

613-625-2800 ext 248



Indigenous  
Skills  
Employment  
Apprenticeship and  
Development



ICE  
INDIGENOUS  
& COMMUNITY ENGAGEMENT



AOPFN Limited Partnership



# WMIS Training



- 2 Hour course
- In person, in community



**Date: to be determined**

To register contact:  
Sasha Sarazin  
[employment.officer@pikwakanagan.ca](mailto:employment.officer@pikwakanagan.ca)  
or  
613-625-2800 ext:248

12 Spots  
Available

# Resource Numbers:

## Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is: **613-689-0805**.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122



## Algonquins of Pikwakanagan First Nation Community Support Personnel


### Who are the CSP

A group of trained individuals who support the community by assisting local Ambulance and Police services, engaging in community crisis support and actively ensuring the safety and well-being of the community members.



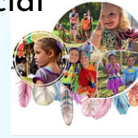
- Operates 7 days a week
- Wellness Checks
- Assist with special events & recreation
- Assist where they are needed
- Providing support to the community
- Ensuring the safety & well-being of the residents

Your privacy matters to us. Any contact information you provide will remain strictly confidential and never be shared with any third parties without your consent.

 613-401-7446

 [csp@pikwakanagan.ca](mailto:csp@pikwakanagan.ca)

## Ensuring First Nations Children (0-17) Have Access to Educational, Social and Medical Supports



### Examples of Supports Available

- Mental Health Services
- Speech Therapy
- Dental and Vision Care
- Assessments and Screenings
- Medical Equipment
- Respite Care
- Land Based Activities
- Support with submitting new requests
- Support with following up on existing requests

### CONTACT US

Pamela Scheel-Jordan's Principle Navigator

613-401-2812  
[jpnav1@pikwakanagan.ca](mailto:jpnav1@pikwakanagan.ca)

# Community Information:



## Regular Council Meetings

Every second and last Tuesday of the month  
Beginning at 9 AM

Available to view online in the members-only section of  
[www.algonquinsofpikwakanagan.com](http://www.algonquinsofpikwakanagan.com)

**Not Online?**  
Phone 613-625-2800 EXT 228  
to request information on how to join.

## Conways Pharmacy Remote Dispensing Location

### BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

**We are closed weekends and Holidays**

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you  
Natalie Commanda, Pharmacy Technician  
Joseph Conway, Pharmacist



## HOURS

OPEN the second Thursday of each month, unless indicated

**10 AM TO 12 PM**

JANUARY 8	FEBRUARY 12	MARCH 12
APRIL 9	MAY 14	JUNE 11
JULY 9	AUGUST 13	SEPTEMBER 10
OCTOBER 8 (THANKSGIVING)	NOVEMBER 12	DECEMBER 17 (XMAS)

For information or emergency and after hour needs phone and leave a message at:

**613-625-2600**

email for information or to e-transfer donations at  
[thesharingplacefb@gmail.com](mailto:thesharingplacefb@gmail.com)

Facebook: [www.facebook.com/emmthesharingplace](http://www.facebook.com/emmthesharingplace)

## ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose Yankoo at  
[elderslodgpike@gmail.com](mailto:elderslodgpike@gmail.com)  
**Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish cloths and towels**



## **Pikwákanagán Excavating & Landscaping**



Clear, Dig, Build - Experience the  
difference!

- Lot clearing & prep
- Trenching & Drainage
- Tree/Brush Removal
- Licensed Septic System Design & Installation
- Pads & Foundations
- Driveways
- Sand/Gravel/Topsoil



Cheryl Kelly - Owner  
613.312.9598 or  
613.312.9872





# BENOIT ANISHINAABE VENTURES (BAV)

TOOLS • TEACHINGS • CULTURE

[bavpik.ca](http://bavpik.ca)

*Benoit Anishinaabe Ventures* isn't just a store— it's a place where traditional knowledge and modern harvesting come together.

We provide **quality trapping and harvesting supplies** right here in the community, along with **hands-on Learning Lodge workshops** that pass down real skills, teachings, and ways of life.

## WHAT WE OFFER

- ✓ Trapping & harvesting supplies (traps, knives, stretchers & more)
- ✓ Hide preparation tools & equipment
- ✓ Locally accessible gear — no need to travel far
- ✓ Cultural workshops & land-based learning experiences



## LEARNING LODGE

HANDS-ON WORKSHOPS • REAL SKILLS • ANISHINAABE TEACHINGS



PASSING DOWN KNOWLEDGE



RESPECTING THE LAND



BUILDING SKILLS



STRENGTHENING COMMUNITY



## COMING SOON / GROWING

We are expanding into a dedicated space to better serve the community with.

- ✓ Retail storefront
- ✓ Expanded inventory
- ✓ Regular workshops and training sessions

## GET INVOLVED

Looking for supplies? Want to learn? Reach out to connect, order or join a

613-281-9521

[bavpik@gmail.com](mailto:bavpik@gmail.com)



*"Keeping traditions alive through tools, teachings, and community."*

# Shelf For Sale



Please contact Shelley for purchase.  
Email: [mgr.education@pikwakanagan.ca](mailto:mgr.education@pikwakanagan.ca)  
Call: 613-625- 2800 ext:239

## **Corner Shelf/ Corner Hutch**

\$150

Dimensions:

32D x 54W x 178H Centimeters

**---Brand NEW---**

# HOME IGNITION ZONE



- LEGEND**
- IMMEDIATE ZONE
  - INTERMEDIATE ZONE
  - EXTENDED ZONE



FireSmart, IntelliFire and other associated Marks are trademarks of the Canadian Interagency Forest Fire Centre (CIFFC)

**THERE ARE MANY FACTORS THAT INCREASE YOUR COMMUNITY'S RISK OF WILDLAND FIRE.**  
 Check out the *FireSmart Begins at Home Guide* for an in-depth look at how you can build wildland fire resiliency.

## IMMEDIATE ZONE 0–1.5 metres

The Immediate Zone is an area that is clear of flammable materials, starting with the house and extending out to a 1.5 metre perimeter around the home and attached structures, including decks.

**Reduce the chance of wind-blown embers igniting your home by starting with these proactive steps:**

- Choose non-combustible building materials when constructing or renovating your home.
- Clear vegetation and flammable materials down to mineral soil and cover with fire-resistant materials like gravel, brick, or concrete.
- Avoid planting woody shrubs or trees. If any are present, prune and maintain them regularly.

## INTERMEDIATE ZONE 1.5–10 metres

Elements in the Intermediate Zone are managed so they don't carry fire to your home. Here are a few actions you can take to reduce your home's vulnerability:

- Plant fire-resistant vegetation and select non-flammable landscaping materials.
- Avoid the use of woody debris, including mulch.
- Keep flammable items like firewood piles, construction materials, patio furniture, tools, and decorative pieces out of this zone.
- Move trailers, recreational vehicles, storage sheds, and other flammable structures into the Extended Zone. If that's not possible, store firewood inside your fire-proofed garage, shed, or other ember resistant structures.
- Use non-flammable ground cover, like a gravel pad, underneath and 1.5 metres around trailers, recreational vehicles, propane tanks, and sheds.

## EXTENDED ZONE 10–30 metres

The goal in the Extended Zone is not to eliminate fire, but to reduce its intensity. If your community extends into this zone, a few important steps you can take include:

- Selectively remove evergreen trees to create space between them (at least 3 metres of horizontal space between the single or grouped tree crowns).
- Remove all branches to a height of 2 metres from the ground.
- Regularly clean up fallen branches, dry grass, and needles to eliminate potential surface fuels.
- Continue to apply these principles if your property extends beyond 30 metres. Work with your community in overlapping zones and seek guidance from a forest professional if affected by other conditions like steep slopes.

# Community Information:

## ADMIN OFFICE HOURS

Monday - Friday

open 8:30am  
close 12:00pm

open 1:00pm  
close 4:30pm

## FOR YOUR INFORMATION

CANADIAN POLICE RECORD CHECKS ARE  
REQUIRED FOR ANYONE WHO IS APPLYING FOR:

- MEMBERSHIP (APPLICANTS WHO ARE 18 YEARS OR OLDER)
- RESIDENCY ( APPLICANTS WHO ARE 18 YEARS OR OLDER)

APPLICATIONS, LAWS, AND CODES ARE AVAILABLE  
ON OUR WEBSITE.

[HTTPS://WWW.ALGQUINSOPIKWAKANAGAN.COM/  
LAWS-AND-BY-LAWS/](https://www.algquinsopikwakanagan.com/laws-and-by-laws/)

HARD COPIES CAN BE REQUESTED FROM THE  
LANDS, ESTATES, AND MEMBERSHIP  
DEPARTMENT.

613-625-2800 | MGR.LEM@PIKWAKANAGAN.CA |  
LAND.OFFICER@PIKWAKANAGAN.CA |  
ASSISTANT.LEM@PIKWAKANAGAN.CA

NOTICE:  
KILLALOE OPP RECORD CHECK APPLICATIONS ARE  
NOW ONLINE.

## Waste Disposal Site

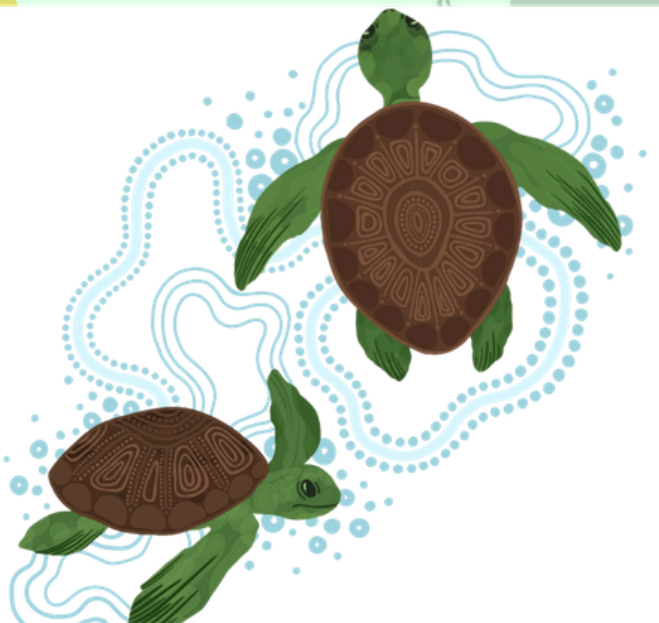
Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

## Curbside Pick Up



Garbage: Wednesday  
Cardboard: Thursday  
Containers: Friday





ALGONQUINS OF PIKWAKANAGAN FIRST NATION  
MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Gravelle, Peter	Tenisco	25 Nov 25	25 May 26
Zlahtic, Tiffany	Protected	25 Nov 25	25 May 26
Rathwell, Stephen	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Sara	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Emma	Protected	25 Nov 25	25 May 26
Dupuis, Julien	Protected	25 Nov 25	25 May 26
Canavan, Kristopher	Whiteduck	10 Dec 25	10 June 26
Gagnon, Nicole	Meness	12 Dec 25	12 June 26
Smith, Kaitlyn	Amikons	12 Dec 25	12 June 26
O'Heare, Michael	Amikons	12 Dec 25	12 June 26
Grandmond, Krystina	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Ayden	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Genessee	Pisinawate	17 Dec 25	17 June 26
Simpson, Linda	Protected	18 Dec 25	18 June 26
Mikaelian, Natalie	Sararas	8 Jan 26	8 July 26
Kuiack, Christopher	Lavalley	12 Jan 26	12 July 26
Peters, Charamin	Jocko	22 Jan 26	22 July 26
Reynolds, Cecil	Leclair	22 Jan 26	22 July 26
Heron, Jelisa	Lavallee	22 Jan 26	22 July 26
Gould, Donna	Benoit/Baptiste	22 Jan 26	22 July 26
McKie, Patrick	Kakwabit	23 Jan 26	23 July 26
Beard, Deborah	Meness	27 Jan 26	27 July 26
Sherbert, Norman	Sharbot	10 Feb 26	10 Aug 26
Kuehni-Kohoko, Layten	Kohoko	10 Feb 26	10 Aug 26
Babcock, Christine	Lavalley	10 Feb 26	10 Aug 26
Hutchcroft, Sophia	Commanda	09 Apr 26	09 Oct 26
Mascitti, Christina	Amikons	09 Apr 26	09 Oct 26
Miscitti, Elizabeth	Amikons	09 Apr 26	09 Oct 26
Helka, Leah	Partridge	09 Apr 26	09 Oct 26
Gagnon, Barry	Meness	10 Apr 26	10 Oct 26
Thompson, Teddy	Commanda-Benoit	10 Apr 26	10 Oct 26
Thompson, Nora	Commanda/Benoit	10 Apr 26	10 Oct 26
Moore, Karen	Benoit	10 Apr 26	10 Oct 26
Nieman, Jennifer	Lavalley	10 Apr 26	10 Oct 26
Paige, Stephanie	Baptiste	10 Apr 26	10 Oct 26



# CHIMNEY SWIFT COUNT NIGHT AT NPD



8:15 pm



Wednesday, May 27



NPD site, Rolphton, ON

To register, click the link in the description or scan QR Code

Pikwakanagan Members and residents may also contact Sage at:

[communications.assistant@pikwakanagan.ca](mailto:communications.assistant@pikwakanagan.ca)  
or (613)625-4010 ext. 301  
for assistance



## INVITE FROM CNL:

Watching the Chimney Swifts come to roost in the ventilation stack at the Nuclear Power Demonstration (NPD) site has become something we look forward to each year.

Since 2016, we've invited our communities to join us to experience possibly the largest Chimney Swift roost in Canada. If you've participated in previous years, you know. The Chimney Swift Count Nights at NPD are pretty special. The month of May marks the Chimney Swifts' return to their seasonal habitat and you're invited to join us (and the birds)!

This year's event will include special guests from Birds Canada who will discuss the life history of Chimney Swifts, the causes behind their population declines, and how you can help support their recovery.

Registration closes on Friday, May 20, 2026  
More details will be provided to registered participants closer to the count night.

CNL will also livestream the event on Facebook