

Pikwakanagan Tibadjirowin

Chìbayàtìgo-Kìjìgad, Miskomini-Kìzìs 03, 2026
Friday, July 03, 2026

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Membership Notice

Level 1 Fire Ban in effect:
2 x 2 +
propane fire pits only!

—————→
If you would like to have your septic tank pumped at your own expense, you will need to expose (dig up) your lids and recover the lids.

Contact Bonnie 613-625-2800 ext.245 for more info

Attention AOPFN residents

For emergencies requiring immediate assistance please call **911**

For in Community Support Personnel assistance please call **613-401-7446**

For general inquiries please contact Emergency Management Lead, Steve Benoit

Tel: **613-625-2800** ext. **251** Cell: **613-401-0689** Email: **ems.lead@pikwakanagan.ca**



Algonquins of Pikwakanagan First Nation

Community Notice

On July 6th, 2026, the Algonquins of Pikwakanagan First Nation Finance Department transitioned to be cash-less and now will be accepting payments by the following:

- **Debit Machine (Now Operational)**
- **Cheques**
- **E-Transfers with auto-deposit, with the new email address:**

payments@pikwakanagan.ca

For members who have payments that fall under Section 95, the email address is

S95payments@pikwakanagan.ca

Pre-Authorized Debit, for members who want to choose to provide monthly rental payments directly to AOPFN through their own bank branch, if interested, please contact Doug Kutschke at 613-625-2800 to obtain an authorization form.

With this transition, this will apply to all payments associated with AOPFN's departments.

For more information, please contact:

Selena Roesler

Manager, Finance

Algonquins of Pikwakanagan First Nation

1657 A Mishomis Inamo, Pikwakanagan, ON K0J 1X0

 (613) 625-2800 Ext: 224 |  mgr.finance@pikwakanagan.ca

News & Events:

NOW ACCEPTING REGALIA & RIBBON SKIRT DONATIONS



HAS YOUR REGALIA BEEN RESTING AND YOU DONT KNOW WHAT TO DO WITH IT? LET'S HONOUR IT TOGETHER BY BRINGING IT BACK INTO THE CIRCLE

We are seeking donations for Pikwakanagan families without regalia. All sizes and styles accepted. Donations will be gifted to community families on and off the First Nation.

613-625-2173

NIGIG NIBI KIWIN GAMIK
NIGIG NIBI KWIN GAMIK

COMMUNITY DRUM NIGHT

WEDNESDAYS

BI-WEEKLY STARTING JUNE 24, 2026

5:30PM TO 7:30PM

Join us Bi-weekly on Wednesdays for our new Community Drum Nights. All ages and genders are welcome. Come and learn to sing with the Big Drum, Hand Drums, or bring a craft of your own to enjoy some time with community.

Program Highlights

- Big Drum and Hand Drums available for use.
- Space for community members to craft.
- Dinner Provided

5:30PM to 7:30PM

@ THE MAKWA COMMUNITY CENTRE

EVERYONE
IS
WELCOME

Children under 11 must be accompanied by adult

FOR MORE INFORMATION EMAIL : RAIRD@NIGIGNIBI.COM

POW WOW JAM

WEDNESDAYS

JUNE 17, 2026
JULY 15, 2026
JULY 29, 2026
AUGUST 12, 2026

FROM 5:30PM - 7:30PM

@ THE POW
WOW
GROUNDS

A SPACE TO COME TOGETHER AND
PRACTICE POW WOW DANCE

CHILDREN UNDER 11
MUST BE ACCOMPANIED
BY AN ADULT



Bundle Making Workshop

Limited to 10 Bundles

July 06, 2026 - 5:00pm to 8:00pm - @ The Elders Lodge
July 09, 2026 - 5:00pm to 8:00pm - @ The Elders Lodge
July 16, 2026 - 5:00pm to 8:00pm - @ The Elders Lodge
July 23, 2026 - 5:00pm to 8:00pm - @ The Elders Lodge
July 27, 2026 - 5:00pm to 8:00pm - @ The Elders Lodge

This is a 5-day workshop. Participants must be able to commit to all 5 days

What's included

- ✓ Make a Medicine Pouch and Bundle Bag
- ✓ Make and learn about the shaker
- ✓ Make and learn about the hand drum
- ✓ Learn ceremony protocol

One Bundle per family, multiple family members can attend to help make the family bundle.



To Register Email: raird@nigignibi.com
Open to Pikwakanagan Members & their Families

YOUTH AND ADULTS ART SERIES

Ages 14-25

**KILBY FARMS
12127 HIGHWAY 60**

Join us for a 4 week summer art project where you will explore different art styles, build creative skills, and create your own final masterpiece.

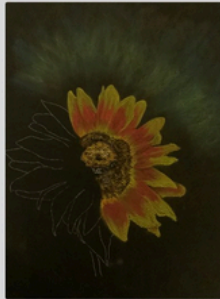
Week 1 Monday July 6th: Pastel 11:00 AM – 3:00 PM

Week 2 Monday July 13th Acrylic Monday 11:00 AM – 3:00 PM

Week 3 Monday July 20th: Charcoal 11:00 AM – 3:00 PM

Week 4 Monday July 27th:
Masterpiece 9:00 AM – 3:00 PM

Facilitated by Connor Sarazin



Registration is required and can be done via email preventionprograms@nigignibi.com or calling 613-625-2173



Nothing to do this summer? **BUMMER!**
COME JOIN US FOR THE...

SUMMER UNLOCKED PROGRAM

For youth from ages **12-15**
Summer Unlocked encourages young people to try new things, discover their strengths, and enjoy a summer full of growth, connection, and fun!

Please register with Kenzie by **June 29th**
✉ counsellor2.mhs@pikwakanagan.ca
☎ 613-625-2259 ex. 246

Round Lake **NEW!** New Boat Wash Station

Keeping our waters clean together!

★ Installed June 4, 2026 • Round Lake Public Boat Launch.



Why Boat Wash Stations Matter

- ★ **Stop Invasive Species**
Keep zebra mussels, invasive plants, and other hitchhikers out of Round Lake.
- 🐟 **Protect Native Wildlife**
Help fish, plants, and shoreline habitats stay healthy.
- 💧 **Keep Water Clean**
Prevent invasive species from clouding water and damaging habitat.
- 🔥 **Be a Lake Steward**
Every wash helps keep our lake healthy and enjoyable.



Moose Hide Camp

July 14th & 15th, 2026
Behind Bingo Hall
469 Kokomis Inamo

Pikwakanagan community members will have the opportunity to learn how to traditionally tan a community moose hide from start to finish throughout the four seasons.

Learning the traditional ways of our ancestors leaves behind a positive impression on the mental, spiritual, emotional and physical health.

Day 1: TUES, JULY 14 - 10AM START

Boil brains and/or solution and tan the hide and go harvest rotten wood. Soak the hide overnight and do round 2 of softening.
6PM END

Day 2: WED, JULY 15 - 10AM START

Soak the hide, apply solution, start round 3 of softening, may require additional softening and sew up the hide to do a final smoke.
5PM END

Snacks, beverages and a catered meal will be provided each day.

Led by Tammy Pizendewatch Twashi, Algonquin Anishinabe Traditional hide tanner from Kitigan Zibi Anishinabeg.



Nigig Nibi Ki-win is

Seeking Youth Helpers

for Programming, Events & Ceremonies

School Volunteer Hours or Honourarium



Please fill out this form to Register

If you have any additional questions please contact: Raven Aird, Programming Assistant

(613) 401 - 5861
raird@nigignibi.com
Nigig Office
(613) 625 - 2173



Nigig Nibi Ki-win Gamik

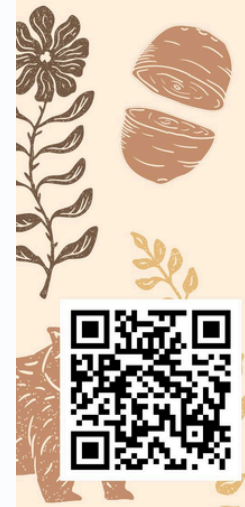
MEN AND WOMEN'S CIRCLES



We need your input!!!

We are seeking community input to ensure this programming reflects the real needs, interests, and voices of community members. These groups are meant to be safe, culturally grounded spaces

Please scan the QR code or go to <https://forms.office.com/r/FBAVEeRBuU> and fill out our questionnaire.



July is...

National Minority Mental Health Awareness Month



Established in 2008, the month is dedicated to honoring author and advocate Bebe Moore Campbell, highlighting the unique mental health struggles faced by underrepresented groups, and ending cultural stigmas around mental illness.

Key focuses of the month include:

Cultural Competency: Educating providers to ensure care is sensitive to a patient's specific background and beliefs.

Destigmatization: Promoting honest, open conversations within communities of color about mental health and well-being.

Resource Sharing: Providing targeted, accessible resources for self-care, community care, and professional help.



Mental Health Services: 613-625-2259

<https://www.algonquinsopikwakanagan.com/>

JULY IS...

Disability Pride Month

Disability Pride Month is celebrated every July to honor the history, achievements, and experiences of the disability community, while advocating for equal rights and inclusion. The month was established to commemorate the passage of the Americans with Disabilities Act (ADA) in July 1990.

Designed by Ann Magill, the Disability Pride Flag features five colors on a black background to represent different facets of the disabled community.

Black Background: Mourns those who have died due to negligence, suicide, illness, and eugenics.

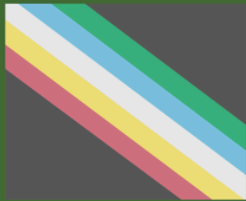
Red: Physical disabilities.

Gold/Yellow: Cognitive and intellectual disabilities.

White: Non-visible and undiagnosed disabilities.

Blue: Psychiatric disabilities.

Green: Sensory disabilities.



Ages 11+



cooking with kokomis

Facilitated by Michele Whiteduck

Join us for a cooking program where participants will learn how to prepare meals, build kitchen skills, and gain confidence through cooking together!

Ages 11+

- Week 1: Monday June 29th- 2pm to 4:30pm @ Kilby
- Week 2: Wednesday July 8th- 2pm to 4:30pm @ Kilby
- Week 3: Wednesday July 15th- 2pm to 4:30pm @ Kilby
- Week 4: Wednesday July 22nd- 2pm to 4:30pm @ Kilby
- Week 5: Wednesday July 29th- 5pm to 6pm at @ Makwa
(assisting with community dinner)

What to Expect?

- Learn new recipes each week
- Build skills in meal planning and food preparation
- Work together in a supportive, hands-on environment
- Gain confidence in the kitchen
- Community Involvement

"Together, everything tastes better"

To register please email preventionprograms@nigignibi.com or call 613-625-2173



Pikwákanagán Excavating & Landscaping



Clear, Dig, Build - Experience the difference!

- Lot clearing & prep
- Trenching & Drainage
- Tree/Brush Removal
- Licensed Septic System Design & Installation
- Pads & Foundations
- Driveways
- Sand/Gravel/Topsoil



Cheryl Kelly - Owner
613.312.9598 or
613.312.9872



STAY CONNECTED. SUBSCRIBE TODAY!

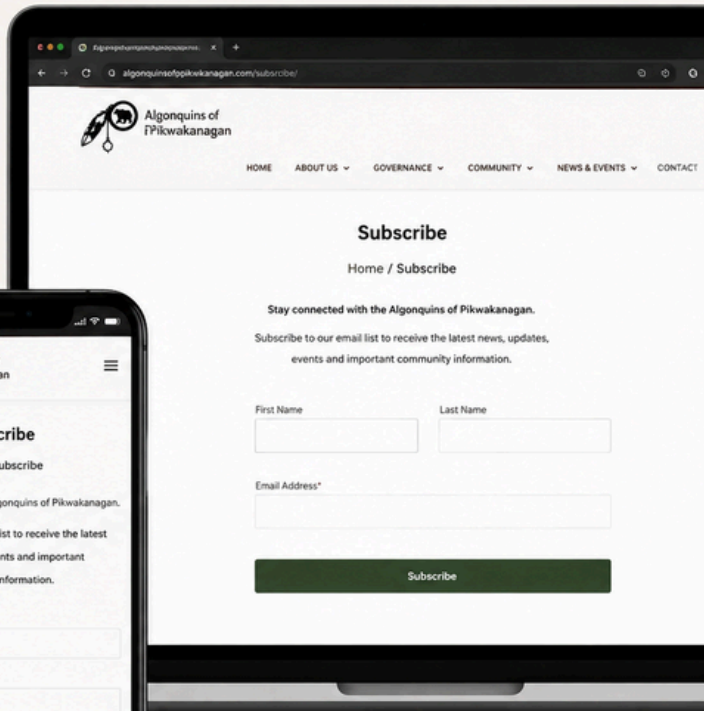
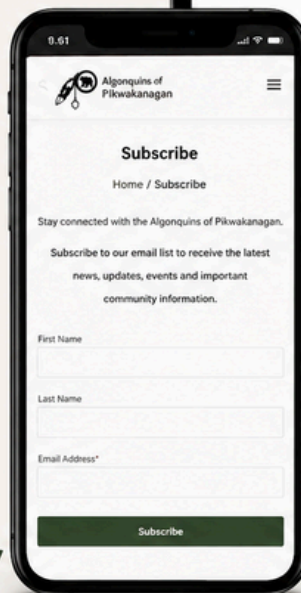
Get the latest news, updates, events and announcements from the Algonquins of Pikwákanagán.

- ✓ Community Updates
- ✓ Events & Programs
- ✓ Important Announcements



SUBSCRIBE NOW

algonquinsofpikwakanagan.com/subscribe/



*Miigwech
for staying connected!*



Visit algonquinsofpikwakanagan.com/subscribe/
to join our email list.



CALLING ALL
**ELDERS &
KNOWLEDGE KEEPERS**

Share Your Wisdom with Our



EARTHWALKERS

TEACH • GUIDE • INSPIRE



Medicine Walks



Land-Based Learning



Stewardship Activities


We're seeking people to lead


Medicine walks, land-based learning & stewardship activities

Let's keep our teachings alive for future generations!



CONTACT LARISSA

 **613-625-2800 ext 249**

 **field.admin@pikwakanagan.ca**

Message me for more information!



DIABETIC RETINOPATHY Eye Screens

Fast and Free In-Person Event



Hosted by *Pikwakanagan First Nation*

Location: Pikwakanagan Health Services

Address: 1643 Mishomis Inamo, Pikwakanagan Ontario, K0J 1X0

Date: Wednesday, July 29, 2026

Time: 9:00 a.m. to 4:00 p.m. EDT

Registration Contact:

Taylor Murphy, Chronic Disease Management Nurse at
613-625-2259 extension 232 or cdmn@pikwakanagan.ca.



eyewise

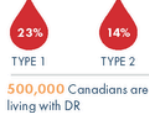
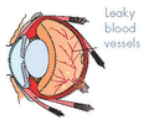
SAVE YOUR SIGHT.
SEE AN OPTOMETRIST.

GetEyeWise.com

WHAT IS DIABETIC RETINOPATHY?

Diabetic retinopathy (DR) occurs when blood vessels in the retina are damaged.

Who is at risk? According to Diabetes Canada, DR affects **23%** of people with type 1 diabetes and **14%** of people with type 2 diabetes.



What are the risk factors for developing DR?



Symptoms

Diabetic retinopathy may cause no symptoms initially, but as the disease progresses, symptoms may include:

- Loss of central vision
- Blurry vision
- Flashes of light in field of vision
- Inability to see colours
- Black spots or holes in vision



How is DR diagnosed? DR is diagnosed through a comprehensive eye exam by your optometrist. The exam may include:



How is DR treated?

In the early stages, DR can be managed by controlling blood sugar levels and blood pressure. However, as DR progresses, options to maintain vision include anti-VEGF injections, laser treatment or surgery. Early detection of diabetic retinopathy is crucial, as treatment is much more likely to be successful at an early stage.

How can DR be prevented?

- Monitor and maintain control of your diabetes.
- See your doctor regularly and follow instructions about diet, exercise and medication.
- See your optometrist for a **thorough eye examination** when you are first diagnosed with diabetes, and annually thereafter.

July Schedule



STRONG & STEADY EXERCISE PROGRAM

Location: The Makwa Center

Time: 1pm - 2pm ***

Walking outside if weather permits / inside if rainy

- Tuesday July 7th
- Tuesday July 14th
- Tuesday July 21st
- Tuesday July 28th



HEART WISE EXERCISE
CERTIFIED CLASS

All are welcome, people using walkers, baby strollers, or other mobility aids. Come get some movement in, this one hour session is suitable for everyone.

MOVE AND HAVE FUN

What does the hour look like?

- Group warm up (5 mins)
 - Walk or try Nordic Walking (20 mins)
 - Group cool down (5 mins)
 - Group exercise (standing or seated)
 - Strength (10 mins)
 - Balance (5 mins)
 - Stretch / Mobility (5 mins)
 - Wrap up and discussion (5 mins)
- WATER & SNACKS PROVIDED

This class follows the guidelines of Western University's Seniors Exercise Program, making it safe and beneficial for older adults, while remaining suitable for everyone as each exercise can be tailored to individual abilities.

Taylor is a Certified Seniors Fitness Instructor and is Heart Wise Exercise Certified through the Ottawa Heart Institute!

Call 613-625-2259 ext 232 if you have any questions or you can drop in to class! You will be provided an exercise swag bag with your own equipment and a registration form

GET YOUR REAR IN GEAR!



COLON CANCER IS PREVENTABLE.
EARLY DETECTION SAVES LIVES.

NEW SCREENING AGE IS

45-74!

EVEN EARLIER — UP TO 40
IF YOU ARE HIGH RISK.

ARE YOU IN THIS AGE RANGE
AND HAVE NEVER BEEN SCREENED?



TALK TO YOUR
CARE TEAM
TO DISCUSS A
FIT TEST!



A FIT TEST IS A SUPER EASY
SCREENING TEST.

NOT EVERYONE NEEDS A COLONOSCOPY!

- ✓ At-home test
- ✓ Quick & simple
- ✓ Could save your life

LEARN MORE:



CANCER CARE ONTARIO
Learn more about colon cancer screening and guidelines.

cancercareontario.ca/en/cancer-care/screening/colon



THE OTTAWA HOSPITAL
Find information on screening, FIT kits and more.

toh.ca/patients-visitors/screening-programs/colon-cancer



HAVE QUESTIONS?

Call our Chronic Disease Management Nurse

TAYLOR MURPHY at 613-625-2259

Indigenous Early Learning & Child Care Bursary for Early Childhood Education Students



Annual Bursary Award 2026

The Anishinabek Nation's Labour Market Development Department is pleased to announce the first annual **Indigenous Early Learning & Child Care Bursary for Early Childhood Education Students**. Four students attending an accredited post-secondary institution studying Early Childhood Education will be selected to receive \$5,000.

Applicant requirements:

- Applicant must be a registered member of one of the 39 Anishinabek First Nations.
- Applicant must be a registered full-time student at an accredited post-secondary institution studying Early Childhood Education.
- Applicant must have a minimum grade point average of 2.0

Submission requirements:

- A short biography about yourself including a description of academic achievements and future career aspirations;
- A support letter from your Program Advisor/Teacher/Counsellor or Department Director;
- A copy of your transcript of your current 2025-2026 grades;
- A copy of your status card;
- Contact information to include your mailing address, email address and phone number.

Submit your application to:

Email (preferred):

Carolyn Doxtator, ELCC Coordinator
carolyn.doxtator@anishinabek.ca

or mail to:

Anishinabek Nation
Attention: Carolyn Doxtator, ELCC Coordinator
1 Migizi Miikan, PO Box 711
North Bay, ON P1B 8J8

APPLICATION DEADLINE:
July 31, 2026 by 4:30pm



ANISHINABEK NATION

Indigenous Early Learning & Child Care Bursary Award

APPLICATION

Name:		
First Nation:		
Status Card #:		<i>Attach copy</i>
Telephone #:		
Email Address:		
Mailing Address:		
Name of Institution:		<i>Attach most recent transcripts & verification letter from school</i>

Submission checklist

Transcripts (most current)	
Copy of status card	
Contact Information	
Letter of Support	
Short Biography (1 page maximum)	

Application deadline is **July 31, 2026 at 4:30pm**

Successful applicants will be notified by August 21, 2026.

Please note: only those who are awarded will be contacted

Governance and Board Liaison

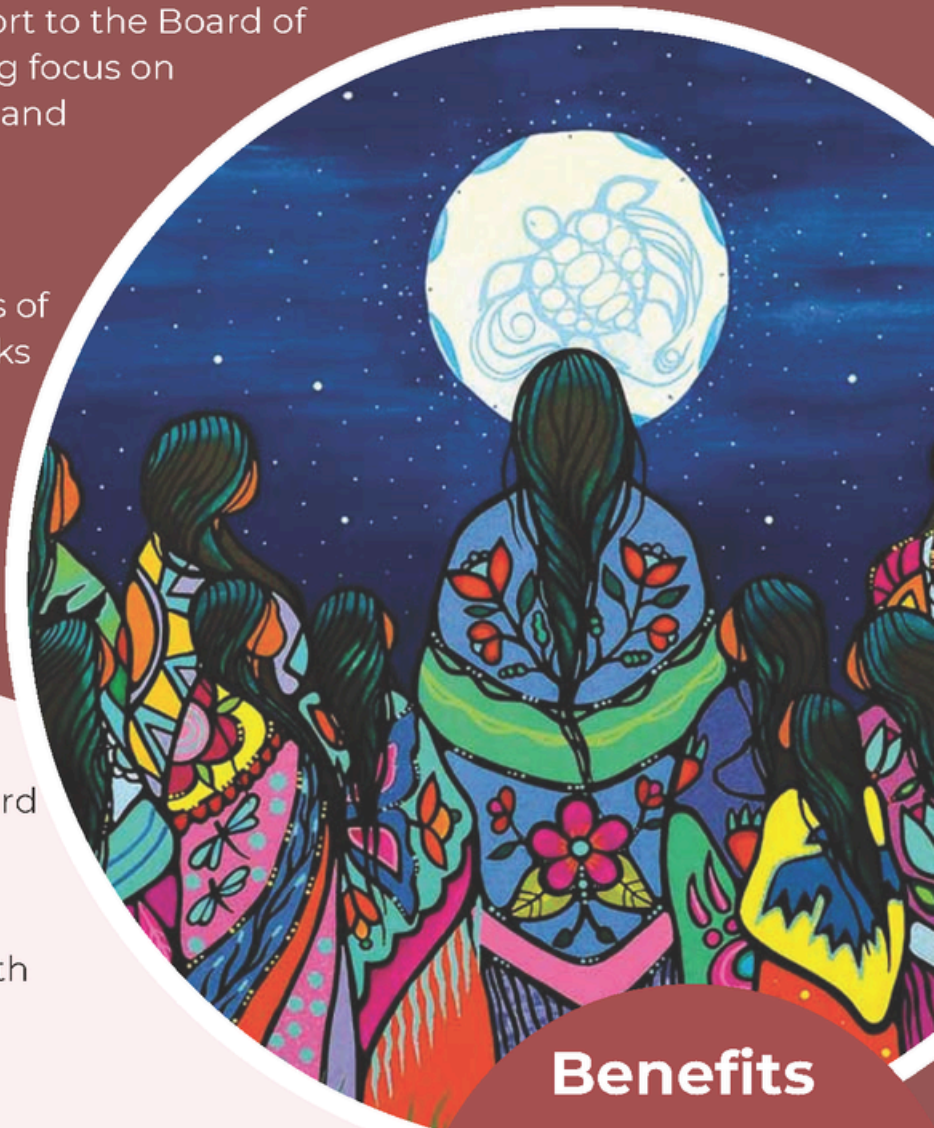
Nigig Nibi-Ki-win Gamik is seeking a highly organized, diplomatic, and trusted professional to join our team as Governance and Board Liaison. This role supports the integrity and day-to-day coordination of governance processes while helping maintain respectful and effective communication between Nigig and the Algonquins of Pikwakanagan First Nation. The Governance and Board Liaison provides administrative and governance support to the Board of Directors and leadership, with a strong focus on documentation, scheduling, records, and follow-through.

The Governance and Board Liaison delivers high-level administrative support to the governance operations of Nigig Nibi Ki-win Gamik. The role works directly with the Executive Director, Nigig's Board of Directors, as well as having regular engagement with Algonquins of Pikwakanagan First Nation.

Position Details:

- Diploma or degree in Business Administration, Governance or Board Administration, Indigenous Governance or related field.
- 3-5 Years of experience working with Board Governance or Senior Leadership
- High level of diplomacy and discretion, including strict adherence to organizational confidentiality protocols.
- Strong organizational and documentation skills.

Scan here for more information:



Benefits

- Competitive Salary
- Benefits & Pension Plan
- Paid Sick, Vacation & Special Leave
- 14 Statutory Holidays



AOPFN EMPLOYMENT OPPORTUNITY

Operator in Charge (OIC)

Department: Public Works - Water Treatment Plant

Supervisor: Public Works Manager

\$59,841.60 - \$66,053.93 annually

1 yr Fixed Term - Possibility of Permanency - 35 hrs/ week

Deadline to Apply: Ongoing until position is filled

The Operator-In-Charge (OIC) is responsible for the safe, compliant, and efficient daily operation of the water treatment plant. The OIC monitors treatment systems, manages SCADA operations, adjusts chemical levels, and performs maintenance to ensure water quality meets regulatory standards.

As the highest-certified operator, the OIC provides direction to staff, ensures regulatory compliance, serves as the primary contact for environmental agencies, and leads response efforts during operational issues or emergencies to support the reliable delivery of safe drinking water.

DUTIES AND RESPONSIBILITIES:

1. Service Delivery

- Operate computerized control systems (SCADA) to regulate water filtration, treatment, and distribution.
- Collect and test water samples for bacterial, chemical, and physical quality, adjusting treatment processes accordingly.
- Measure, mix, and feed treatment chemicals such as chlorine, fluoride, and ammonia.
- Perform and support service delivery activities, including maintenance, operation, and repairs related to water mains and hydrants.
- Respond to and manage emergency situations or equipment malfunctions.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- **Certification:** Valid, advanced-level water treatment operator certification (e.g., Level I or II)
- **in compliance with local regulatory requirements (e.g., OWWCO certification in Ontario).**
- **Education:** High school diploma required; post-secondary education in environmental science, engineering technology, or a related field is considered an asset.
- **Skills:** Strong knowledge of water treatment processes, SCADA systems, chemistry, and troubleshooting.
- **Physical Ability:** Ability to lift heavy objects (often 50+ lbs) and work in challenging, noisy, or outdoor environments.
- **Communication:** Effective written and verbal communication for reporting and dealing with public inquiries.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Operator in Charge (OIC)

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account
 - (Dental, Vision, Prescriptions, etc.)
- Milestone Recognition & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN EMPLOYMENT OPPORTUNITY

Personal Support Worker & Health Care Aide

Department: Health Services

Supervisor: Client Care Coordinator

PSW: \$22.63 hourly + wage enhancement as applicable/ Casual

Deadline to Apply: Ongoing until positions are filled.

The PSW and HCA assists clients in a variety of ways with daily routines such as meal preparation, housekeeping, laundry, medical services, and more, while promoting their well-being and sense of belonging through supportive interaction. They are required to maintain strict confidentiality to protect clients' privacy and are expected to build and maintain positive relationships with agencies, Indigenous organizations, and business partners associated with the AOPFN.

DUTIES AND RESPONSIBILITIES:

- Completes client data sheets and other documents required for reports and performance indicators.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Reports incidents and completes reports as required.
- Contacts next of kin or families if required of client's condition or needs.
- Arranges client's health appointments when required.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Assists with personal care.
- Meal preparation planning, preparing and sanitizing
- Housekeeping maintaining bedroom, common areas and etc.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

Demonstrated good written communication skills.

Possess certification as a Personal Support Worker (asset)

OR Health Care Aide with at least one (1) year of experience in working with seniors or providing personal care.

CONDITIONS OF EMPLOYMENT:

Acceptable Vulnerable Sector Check and CPIC must be provided as a condition of employment.

First Aid and CPR Certification or willingness to complete within 3 months of employment

Cultural awareness training or willingness to complete within 3 months of employment

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Personal Support Worker or Health Care Aide

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 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account
 - (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
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CALL TO CATER



Scope of Work:

Catered lunch (Drinks, Lunch, Dessert)
for 13 people

Dates: August 4th & 5th

Submission Deadline: July 17, 2026 @4:30

CATERING SUBMISSIONS: SEND TO SASHA SARAZIN

employment.officer@pikwakanagan.ca
or

in person to the admin building, 1657A
Mishomis Inamo

Bid amount

Catering Options

Name and Contact Info



CALL TO CATER



Scope of Work:

Catered lunch (Drinks, Lunch, Dessert)
for approximately 13 people

Dates: August 6th

Submission Deadline: July 17, 2026 @4:30

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or

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Keepers
of
the Circle



**BUILDING
IN A GOOD WAY**
A Keepers of the Circle Initiative



Free Green Building Training Opportunity - August 17th 2026

About Building in a Good Way

Building in a Good Way is an **initiative by Keepers of the Circle designed to improve employment capacity for workers in Indigenous communities through hands-on green construction skills training.**

Why green construction? We believe everyone deserves homes that are:

- **Sustainable** – Mindful of our relationship to land, materials, and community
- **Resilient** – Strong enough to last Seven Generations
- **Healthy** – Safe for the people who live in and build them
- **Connected** – Honouring our relationship to land, community, and future generations

But we know that learning to build and retrofit homes like this isn't always accessible or welcoming, especially for women and Two-Spirit individuals. **That's why we created Building in 4 Directions – to bring hands-on, Indigenous-focused green building training directly to your community.**

Why We're Here

We designed Building in 4 Directions to help you learn practical skills to make your home healthier, safer, and more prepared for challenging climates - and build a foundation for careers in the growing green building industry. No cost, no travel, and no experience needed.

What's Included

- **5 days of hands-on training for individuals 16 years or older**
- **All tools, materials, and safety equipment provided during training**
- **Childcare reimbursement for participants**
- **Real-life skills that can be used in and for your community**
- **Pathways to continue learning through other Building in a Good Way training programs: Building Green and Resilient Futures and Rethink Building**



What You'll Learn

- **Building basics** – Understanding how homes work
- **Safe tool use** – Working safely with tools and materials
- **Sustainable building options** – Choosing materials that are better for the environment
- **Energy efficiency** – Importance of proper insulation, vapour barriers, and weather stripping to keep homes warm and reduce energy costs
- **Basic plumbing and electrical** – Understanding how these systems work in homes
- **Green building skills** – Intro to sustainable construction techniques
- **Home maintenance** – Keeping homes in good shape and ready
- **Healthy homes** – How to prevent mould issues
- **Solar energy basics** – Introduction to solar power for homes

How These Skills Can Help You!

These aren't just classroom lessons – they're **skills that can make a real difference** in your life!

- **Save money** on energy bills and home repairs by doing the work yourself
- **Keep your family healthier** with a home that's warm, dry, and free from mould
- **Be prepared** when something breaks or an emergency happens
- **Learn about a career and build basic skills** in the growing green building industry
- **Help your community** by sharing what you've learned with neighbours and family

Interested in Joining? Let's Get You Registered!

Please scan the QR code below and fill out the form or email us at building@keepersofthecircle.com. Register now - 10 participants maximum!



SCAN
ME!



Have Questions?

Email: building@keepersofthecircle.com

Phone: (365) - 655 - 6355



This project is funded by the Government of Canada's Employment and Social Development Canada.

For more information about Keepers of the Circle, visit keepersofthecircle.com.

Resource Numbers:



ADDICTION *Resources*

Addictions Counsellors:

Gillian McKay
&
Sabrina
Laframboise

613-625-2259

Renfrew County Community Withdrawal Management:

613-432-7620

After Hours: National Overdose Prevention Line:

1-888-688-6677

After Hours: Drug Alcohol, Gambling Hotline:

1-866-531-2600

Medical & Foodbank *Resources*

VTAC:

1-844-727-6404

TeleHealth

1-866-797-0000

Poison Control

1-800-268-9017

The Sharing Place Golden Lake (11185 Hwy 60)

613-625-2600

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is:
613-689-0805.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

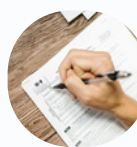
Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122

Ensuring First Nations Children (0-17)

Have Access to Educational, Social
and Medical Supports



Examples of Supports Available

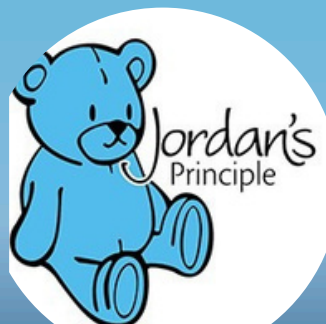
- Mental Health Services
- Speech Therapy
- Dental and Vision Care
- Assessments and Screenings
- Medical Equipment +
- Respite Care
- Land Based Activities
- Support with submitting new requests Support with following up on existing requests



CONTACT US

Pamela Scheel- Jordan's Principle
Navigator

613-401-2812
jpnnav1@pikwakanagan.ca



Community Information



Regular Council Meetings

Every second and last Tuesday of the month
Beginning at 9 AM

Available to view online in the
members-only section of
www.algonquinsopikwakanagan.com

Not Online?

Phone 613-625-2800 EXT 228
to request information on how to join.

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you

Natalie Commanda, Pharmacy
Technician

Joseph Conway, Pharmacist



ENA-J MADINAMAGE MIDJM
The Sharing Place
Food Bank

HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 9	FEBRUARY 13	MARCH 13 (EASTER)
APRIL 10	MAY 8	JUNE 12
JULY 11	AUGUST 14	SEPTEMBER 11
OCTOBER 9 (THANKSGIVING)	NOVEMBER 13	DECEMBER 18 (XMAS)

For information or emergency and after hour
needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose Yankoo at

elderslodgepik@gmail.com

**Reminder - for sanitary purposes
individuals hosting meals & catering is
required to supply their own dish
cloths and towels**



For Your Information

Canadian Police Record Checks are required for anyone who is applying for:

- Membership (Applicants who are 18 years or older)
- Residency (Applicants who are 18 years or older)

Applications, Laws, and Codes are available on our website.

www.algonquinsofpikwakanagan.com
Laws and By-Laws hard copies can be requested from the Lands, Estates & Membership department. Call 613-625-2800, Email mgr.lem@pikwakanagan.ca, land.officer@pikwakanagan.ca, assistant.lem@pikwakanagan.ca

Notice: Killaloe OPP Record Check applications are now online.

ADMIN OFFICE HOURS

Monday - Friday

open	8:30am
close	12:00pm

open	1:00pm
close	4:30pm

Waste Disposal Site

Wednesdays 12:00pm - 6:00pm

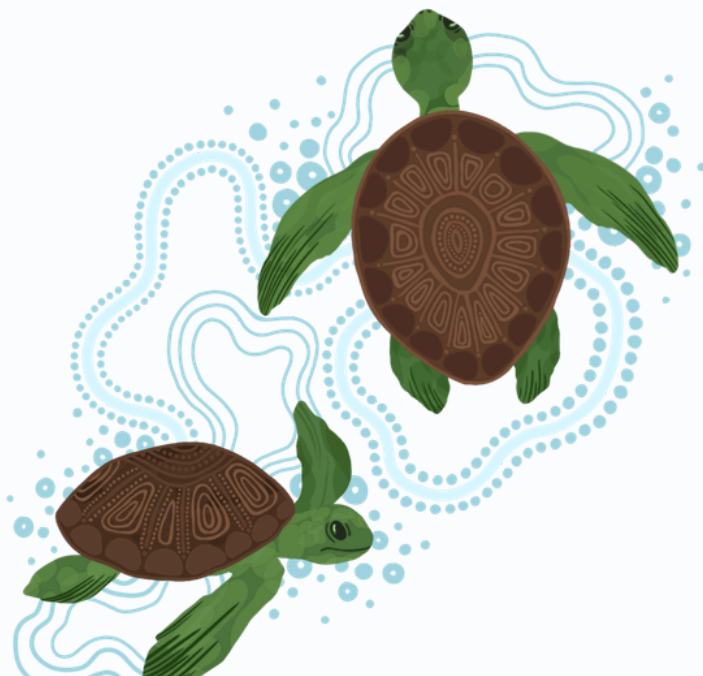
Sundays 9:00am - 3:00pm

Curbside Pick Up

Garbage: Wednesday

Cardboard: Thursday

Containers: Friday





ALGONQUINS OF PIKWAKANAGAN FIRST
NATION
MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Mikaelian, Natalie	Sararas	08 Jan 26	08 July 26
Kuiack, Christopher	Lavalley	12 Jan 26	12 July 26
Peters, Charamin	Jocko	22 Jan 26	22 July 26
Reynolds, Cecil	Leclair	22 Jan 26	22 July 26
Heron, Jelisa	Lavallee	22 Jan 26	22 July 26
Gould, Donna	Benoit/Baptiste	22 Jan 26	22 July 26
McKie, Patrick	Kakwabit	23 Jan 26	23 July 26
Beard, Deborah	Meness	27 Jan 26	27 July 26
Sherbert, Norman	Sharbot	10 Feb 26	10 Aug 26
Kuehni-Kohoko, Layten	Kohoko	10 Feb 26	10 Aug 26
Babcock, Christine	Lavalley	10 Feb 26	10 Aug 26
Hutchcroft, Sophia	Commanda	09 Apr 26	09 Oct 26
Mascitti, Christina	Amikons	09 Apr 26	09 Oct 26
Miscitti, Elizabeth	Amikons	09 Apr 26	09 Oct 26
Helka, Leah	Partridge	09 Apr 26	09 Oct 26
Gagnon, Barry	Meness	10 Apr 26	10 Oct 26
Thompson, Teddy	Commanda/Benoit	10 Apr 26	10 Oct 26
Thompson, Nora	Commanda/Benoit	10 Apr 26	10 Oct 26
Moore, Karen	Benoit	10 Apr 26	10 Oct 26
Nieman, Jennifer	Lavalley	10 Apr 26	10 Oct 26
Paige, Stephanie	Baptiste	10 Apr 26	10 Oct 26
Cort Junior, James	Meness/Ignace	15 Apr 26	15 Oct 26
Jocko, Bruce	Jocko	20 Apr 26	20 Oct 26
Jocko, Haddon	Jocko	20 Apr 26	20 Oct 26
Bennett, Robert	Tennescoe	20 Apr 26	20 Oct 26
Payer, Phys	Commanda	23 Apr 26	23 Oct 26
Sarazin, Anthony	Sarrazin	23 Apr 26	23 Oct 26
Snippe, Connor	Lavallee	05 May 26	05 Nov 26
McLean, Mandy	Tenesco	05 May 26	05 Nov 26
McMunn, Christina	Commanda/Lamure	14 May 26	14 Nov 26
Olmstead, Chadwick	Lavalley	04 Jun 26	04 Jun 26
Allair, Alexandra	Tenisco	04 Jun 26	04 Dec 26
Canavan, Krista	Whiteduck	05 Jun 26	05 Dec 26
Canavan, Michael	Whiteduck	05 Jun 26	05 Dec 26

To appeal the addition of one of the persons above becoming a Member of the Algonquins of Pikwakanagan First Nation, please refer to your Membership Code, available on our website or in the Lands, Estates & Membership Department, or email at mgr.lem@pikwakanagan.ca.



Pikwakanagan Members: **How to Register & Re-Register!**

1

GO TO OUR WEBSITE

Visit algonquinsofpikwakanagan.com
in your browser.

2

CLICK Register

Click the red "Register" button in the top
right corner of the homepage.

3

ENTER YOUR INFORMATION

Fill out the Member Registration Form
and submit it.

4

WAIT FOR APPROVAL

Once your request is approved, you'll
receive an email with instructions to set
your password and access the login
page.

IMPORTANT:

These emails may land in your **Junk or Spam Folder**,
so please check there if you don't see anything in your
inbox. If you run into any issues at all, just reach out to
comms.itsupport@pikwakanagan.ca - we're here to
help every step of the way!