

PIKWAKANAGAN TIBADJUMOWIN

KÀ-WÀSAKOTODJ KÌZIS 24, 2026
FRIDAY, APRIL 24, 2026
www.algonquinsofpikwakanagan.com

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 - New Tenders
- Community info & Resource #'s
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 - New Membership Additions

Membership Notice

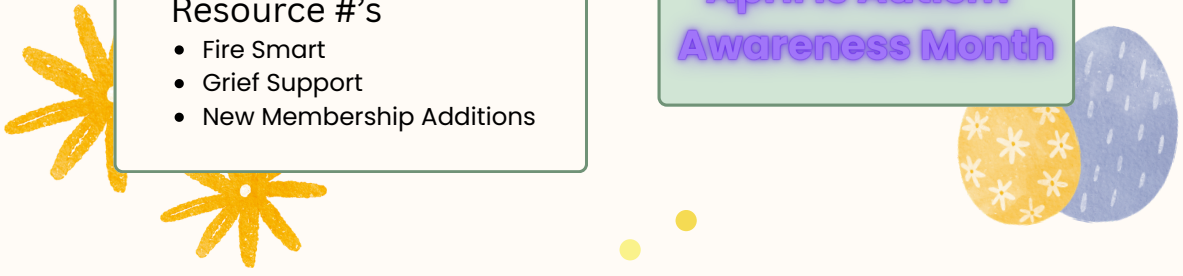
Please update your mailing address with Lands, Estates & Membership to ensure you get the latest news and upcoming events & info

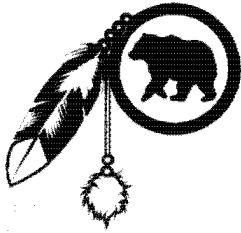
Contact - Curtus Jahn at 613-625-2800 ext. 231
e-mail - coordinator.lem@pikwakanagan.ca

Website Information

Don't forget that you can access the newsletter under the "Our Community" drop down menu, select, "Newsletter"

**April is Autism
Awareness Month**





Algonquins of Pikwakanagan
First Nation

Nigig Nibi Ki-win Gamik 3phase expansion Update

Tree Removal Begins for Nigig Nibi Ki-win Gamik Project as Community Facility Moves Forward

Tree removal work for the 3 Phase development is now underway, marking a significant step forward for the project. As crews begin clearing and brushing activities, **residents are advised to expect intermittent road closures along Ininatig Inamo, east of Pikwakanagan Fuels to ensure the safety of workers and the public.**

The project represents a major investment in community infrastructure, with plans for a proposed 24,000-square-foot facility designed to support both social services and cultural programming. At its core, the development will house a range of Child and Family Service spaces, including administrative offices, as well as dedicated healing and therapy rooms aimed at supporting wellness and care.

In addition to service areas, the facility will feature a variety of community-focused spaces. These include a large gathering hall, classrooms intended to support cultural education and programming, an Elders Lodge, a fully equipped kitchen, and inclusive washrooms designed to meet the needs of all community members.

The building's layout has been thoughtfully designed, with all program areas connected by a central corridor. This shared space will not only provide functional flow throughout the facility but will also serve as an opportunity to showcase and reflect the culture, values, and identity of the community.

Community members are encouraged to remain mindful of posted signage and temporary road closures as construction progresses. Further updates on timelines and access will be shared as the project continues to advance.

1657A Mishòmis Inamo
Pikwakanagan, Ontario K0J 1X0

Phone: (613) 625-2800

Fax: (613) 625-2808

What you should know about your Septic System during Spring thaw or floods.

During heavy rains and floods, the ground can become saturated, preventing proper operation of the septic system. For example, a septic tank can collapse or float out of position. Signs that a septic system is not working properly in your home can include the following:

- Sink draining slowly
- Toilet draining slowly
- Floor drains overflowing
- Sewage becomes visible outside the home especially over the top of septic systems Water pooling on top of the weeping bed.



After a Flood. CAUTION: If your well was under water, **do not drink** well water until you know it is safe, get it tested. Use a safe water supply like bottled or boiled water method. Be aware that floodwater may contain sewage. If sewage has backed up into the basement, clean the area and disinfect surfaces in contact with floodwater. Use a chlorine solution of a half cup of chlorine bleach to four litres of water to disinfect the area thoroughly. Precautions related to septic systems during and after a flood include:

- Avoid contact with any septic system electrical devices until they are dry, clean and inspected for damage.
- During flooded conditions, do not pump out the septic tank more than halfway or the tank may float out of the ground and damage the inlet and outlet fittings.
- After the flood or heavy rains as come to a standstill have your septic system assess & pumped as soon as possible.
- Reduce all nonessential water use (for example, dishwashing, washing clothes, showering) until floodwater has disappeared over the sewage (weeping) bed.
- Flush toilets as little as possible. Only begin re-using the septic system when floodwaters have receded below the level of the leaching bed, again have your system inspected.
- Inspect the access covers to the septic tank to make sure they are not loose or damaged.
- Check the vegetation over your septic system. Repair erosion damage and sod or reseed areas as necessary to provide turf grass cover.
- Do not compact the soil over the soil absorption field (weeping bed) by driving or operating equipment in the area.

If you suspected flood or heavy rain damage to you *well* or *septic system* have your drinking water tested and your septic system inspected by a license contractor. If you need assistance or have any concerns on these issues, contact **Community Health, Melissa Pessendawatch, CHR or Jessica Schwan, CHN 613-625-2259.**



GET PAID TO LEARN A TRADE

Local 2041 — Ottawa, ON

18 WEEK PRE-APPRENTICESHIP PROGRAM Interior Systems Mechanic — 451A

- **\$100/week stipend** + dependent care
- **100% free** tuition
- **Tools & PPE covered**
- **Union work placement** on completion
- **Must be eligible to work in Ontario**

APPLY BY: May 29, 2026

STARTS: July 6, 2026



SCAN TO APPLY



This Employment Ontario Program is funded in part by the Government of Canada and the Government of Ontario.





SING

Canada Summer internship
for Indigenous peoples
in Genomics

2026 Workshop
July 12-18th
Montreal, QC



SING Canada (the Summer internship for Indigenous peoples in Genomics) is an **all expenses paid** (travel, accommodation, meals), **Indigenous-led training program** offered to Indigenous students and community fellows. Our curriculum explores the **science and politics of genomics** (the study of DNA and genetic information) through hands-on field and lab training, lectures/discussions, and network building.

**Applications are due
Sunday April 19th!**

For more information and access to the application form, visit sing-canada.ca

REGISTER HERE >



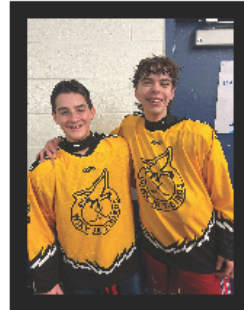
*This workshop will be presented in English
*Cet atelier sera présenté en anglais



COLTON SARRAZIN



I want to start by saying thank you to the Algonquins of Pikwakanagan First Nation for supporting me this season. Your support gave me the opportunity to play at the U15 AAA level with the North Bay Trappers and represent my community, and I'm really grateful for that. This season was a big step forward for me as a hockey player. Playing U15 AAA challenged me every day, on-ice, off-ice, in practices, and in games. I focused on working hard, improving my skills, and being a good teammate. I finished the season on a high note, but more importantly, I learned how to play a stronger, more complete game and contribute in different ways. One of the highlights of my season was winning the Kitchener Blueline Tournament with my team. It was a great experience competing against strong teams and coming together as a group to win the championship. I was also proud to represent Wikwemikong First Nation as a member of the Junior T-Birds at the Little NHL tournament.



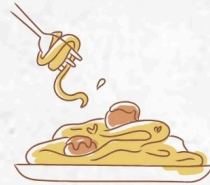
Playing in the Little NHL means a lot to me because it's not just about hockey, it's about representing my indigenous roots and being part of something bigger. This season also helped me grow as a leader. Wearing an "A" with the Trappers was an honour, and I tried to lead by example by working hard, supporting my teammates, and staying positive. Overall, this season helped me grow not just as a player, but as a person. I'm proud of what I accomplished, but I know there's still a lot more work to do. Thank you again to the Algonquins of Pikwakanagan for believing in me and helping make this season possible.

Thank you. Miigwetch.

Colton Sarrazin



Youth Spaghetti & Meatballs Night



Kwey!

Come join the Mental Health team for a fun and welcoming Youth Spaghetti & Meatballs Night! Come hang out, enjoy and learn how to make a delicious meal, and connect with friends in a relaxed, positive environment.

When: Thursday, April 30th. 2026 from
4:30PM-6:30PM
Where: @ 101 Kiwita

We hope to see you there!



Honorable Algonquin Girls Program

COME LEARN
ABOUT
THE
SEASON
CHANGE



GIRLS AGED
8 - 14

APRIL 30
4:30 - 6:00

REGISTRATION
REQUIRED

Nature Walk with Amber Hein

PLEASE CONTACT RAIRD@NIGIGNIBI.COM TO REGISTER



TAI CHI WORKSHOP



Date: Thursday April 30th

Time: 1:30pm-3:00pm

Location: The Makwa

Facilitator: Sifu Janna (25+ years experience teaching Tai Chi)

Tai Chi is a **Moving Meditation**. It is the most practiced exercise in the world and has passed the test of time. This slow and meditative art improves the circulation of chi through the organs, nourishing the immune system and energizing the body.

During this beginner friendly workshop, learn hands on the theory, breathing and movements of Tai Chi and see how it can benefit your life!

The many Health Benefits of Tai Chi include:

- Relief from Arthritis, strengthens tendons and joints
- Gradually tones body
- Lowering of high blood pressure
- Relief from allergies,
- Strengthening of the cardiovascular system
- Relieves stress
- Improved memory and balance
- much more!

TO REGISTER: CONTACT OUR CHRONIC DISEASE
MANAGEMENT NURSE
TAYLOR AT 613-625-2259 EXT 232



Mental Health Awareness Walk & Lunch



In celebration of mental health awareness week, the Mental Health team invites community members to join us for a walk (if you're able) & lunch @ 101 Kiwita



**When: Monday, May 4th, 2026 From
11:30AM-12:15PM**



**Lunch from the local fire department will be
provided @ 101 Kiwita around 12:30PM**





NATIONAL DAY OF
AWARENESS FOR
MISSING &
MURDERED
INDIGENOUS WOMEN,
GIRLS, & TWO SPIRIT
PEOPLE



RED DRESS DAY

COMMEMORATING & HEALING

TUESDAY MAY 5TH 5:30-8 PM

@ THE BINGO HALL

Children under 10
to be accompanied
by an adult

Please join us for an evening of painting on Red Dress day to honour, remember, and raise awareness for Missing and Murdered Indigenous Women, Girls, and Two Spirit people.

Supplies & Meal will be provided
Registration is required by April 28th
eprudhomme@nigignibi.com





Family Art Night

In celebration of mental health awareness week the Mental Health team invites community members to join us to make some arts & crafts and enjoy a pizza dinner!

**On Wednesday, May 6th From
4:30PM to 6:30PM @ 101 Kiwita**

We hope to see you there!



ELDER'S
MEETING

IMPORTANT ANNOUNCEMENT

Scheduled for May 9th 2026 at 11AM
at the Elders Lodge

All are welcome

See you then!



BENOIT ANISHINAABE VENTURES (BAV)

TOOLS • TEACHINGS • CULTURE

bavpik.ca

Benoit Anishinaabe Ventures isn't just a store— it's a place where traditional knowledge and modern harvesting come together.

We provide **quality trapping and harvesting supplies** right here in the community, along with **hands-on Learning Lodge workshops** that pass down real skills, teachings, and ways of life.

WHAT WE OFFER

- ✓ Trapping & harvesting supplies (traps, knives, stretchers & more)
- ✓ Hide preparation tools & equipment
- ✓ Locally accessible gear — no need to travel far
- ✓ Cultural workshops & land-based learning experiences



LEARNING LODGE

HANDS-ON WORKSHOPS • REAL SKILLS • ANISHINAABE TEACHINGS



PASSING DOWN KNOWLEDGE



RESPECTING THE LAND



BUILDING SKILLS



STRENGTHENING COMMUNITY



COMING SOON / GROWING

We are expanding into a dedicated space to better serve the community with.

- ✓ Retail storefront
- ✓ Expanded inventory
- ✓ Regular workshops and training sessions

GET INVOLVED

Looking for supplies? Want to learn? Reach out to connect, order or join a

613-281-9521

bavpik@gmail.com



"Keeping traditions alive through tools, teachings, and community."

AOPFN COMMUNITY SURVEY

RATTRAYS LAKE DEVELOPMENT

Your Voice Matters. Your Land. Your Future.

WE WANT TO HEAR FROM YOU!

AOPFN has begun pre-development of the Rattrays Lake property.
Share your ideas for our future!

-  Wedding & Events Venue
-  Eco-Lodge Accommodations
-  Cultural Programming & Experiences
-  Community-Owned Tourism 

TAKE THE SURVEY

✓ Takes approx. 10 minutes

✓ Anonymous & Confidential



WIN A CASH PRIZE!

Complete the survey & enter to WIN:

-  \$100
-  \$75
-  \$50

WHY IT MATTERS

- What gets built
- How it is managed
- How it benefits our members

Your Voice Shapes the Future of Our Land



<https://tinyurl.com/RattrayLake>

* To enter prize draw, include your name & email at the end of the survey. Prefer to stay anonymous? Just skip it!

Let's Get Vaccinated!

Health Services is hosting an all-day vaccine clinic on
Wednesday April 29th.

Are you 24 years old or has as it
been more than 10 years since your
last tetanus vaccine?

Are you older than 65 years and
have not had a shingles, pneumonia,
or RSV vaccine?



**National Immunization
Awareness Week**

April 26 - May 2, 2026

[#TheTimesNow](#) [#GetImmunized](#)

Contact CHN Jessica to book an
appointment

613-625-2259

chn@pikwakanagan.ca



**Algonquins of Pikwakanagan
First Nation**

MYTH-BUSTING MONDAYS



Myth:

Spacing out my child's vaccines is safer than following the recommended schedule.

Fact:

The recommended schedule is safe. Delaying vaccines leaves your child unprotected against serious preventable diseases. Talk to your healthcare professional about your child's vaccine schedule.

MYTH-BUSTING MONDAYS



Myth:

Everyone around me is vaccinated, so I don't need to be vaccinated.

Fact:

Vaccination extends beyond the individual. Vaccinated people protect those in our community who are too young to be fully vaccinated or who have medical conditions that put them at greater risk.

MYTH-BUSTING MONDAYS



Myth:

Once you've had your childhood tetanus immunization, you're protected for life.

Fact:

False. Tetanus booster doses are required **every ten years** throughout the lifespan, with the first booster dose administered in adolescents at 14 to 16 years of age.

MYTH-BUSTING MONDAYS



Myth:

My child doesn't need the HPV vaccine because they are too young to be sexually active.

Fact:

Getting vaccinated against HPV before becoming sexually active ensures that when someone does decide to have sex later on in life, they are protected against HPV. **Even the first time someone partakes in sexual activities can expose them to HPV**, so it is better to protect against HPV infection sooner rather than later.



National Immunization Awareness Week

April 26 - May 2, 2026

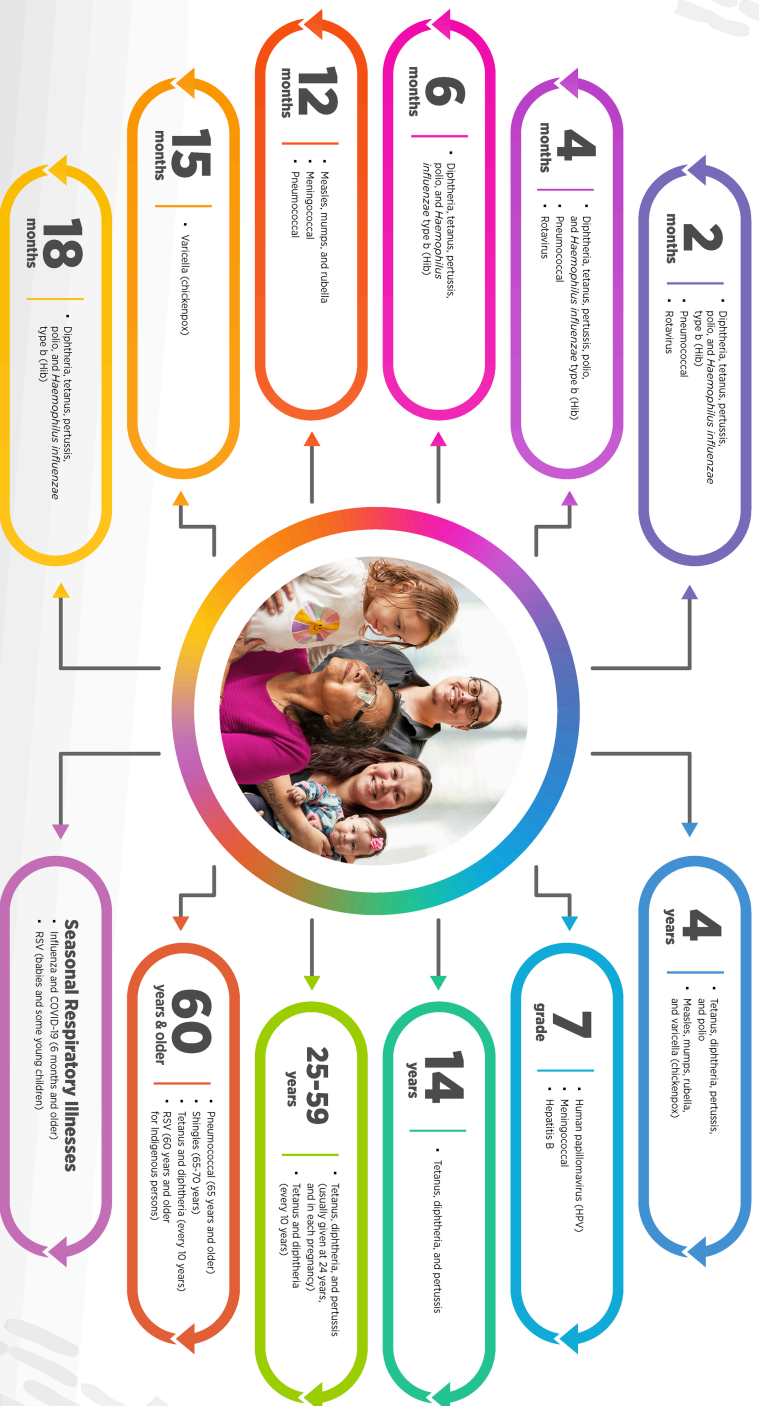
#TheTimelsNow #GetImmunized



Contact CHN
Jessica for
questions
about
immunizations
613-625-2259
chn@pikwakanagan.ca

Immunizations Throughout Our Lives

Routine immunizations protect ourselves, our loved ones, and our communities against serious illness



Contact your local health care provider or visit your community health centre for more information



Indigenous Services
Canada

Services aux
Autochtones Canada





Canadian Food Inspection Agency's (CFIA) Product

Safety Recalls (check to see if you have recalled products, do not consume/use them)

Auricchio brand Gorgonzola D.O.P. Piccante Cheese, 200g

Hazard: Food - Microbial contamination - Listeria

BB Date: 8/5/2026

Distribution: Ontario

What to do: Do not consume, use, sell, or serve



Pistachios and pistachio – containing products

Hazard: Food - Microbial contamination - Listeria

BB Date: Pistachios have been on the recall list for several months now it's a buyer beware notification. The new recall has added cookies and chewy bar products that are made with pistachio

Distribution: Ontario

What to do: Do not consume, use, sell, or serve



Wednesday, January 28, 2026



Courtney Roach

Addictions Counsellor



Hi! Kwey! My name is Courtney Roach. I am an addictions counsellor at Health Services.

About Me

I have been an addictions counsellor for the past 4 years. I strive to create a safe, respectful and non-judgmental space where people feel heard and supported. I am grateful to be part of the team and to support individuals and families with compassionate, client-centered care. Outside of my role, I enjoy being outdoors with my two dogs, snuggling with my cat, reading and baking! I look forward to connecting with you! Miigwetch, Thank You 😊

Contact Details

E-mail: addictions2.mhs@pikwakanagan.ca **Phone:** 613-625-2259



April 2026



Thoughts of the month

Welcome Spring!

Let's embrace the sunshine and fresh beginnings that Spring brings to our community!

Spring Into Wellness

Longer days = more energy! Try getting outside for even 10–15 minutes a day to boost mood and vitamin D.

Ask yourself

1. "What do I want to grow in my life this season?"
2. "What habits are no longer serving me?"
3. "How can I take better care of myself each day?"

Fresh Start for Nutrition

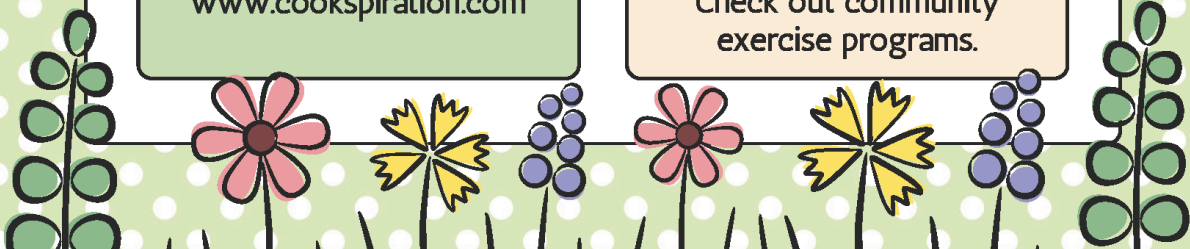
Spring is a great time to add more fresh foods, think leafy greens, berries, and colourful veggies to fuel your body.

For some healthy meal inspo visit:
www.cookspiration.com

Move a Little More

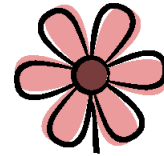
As the weather warms up, swap indoor time for a walk, stretch, or light activity outdoors. Every step counts!

Check out community exercise programs.





April Awareness Month Topics

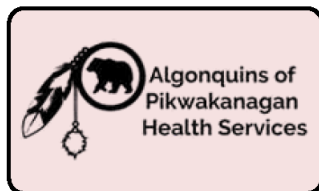


Parkinson's

Parkinson's is a neurological condition that can affect movement, energy, and overall well-being. This April, we honour those living or who have lived with Parkinson's by promoting awareness, compassion, and the importance of connection and support in our community.



For more information, support visit:
<https://www.parkinson.ca/>



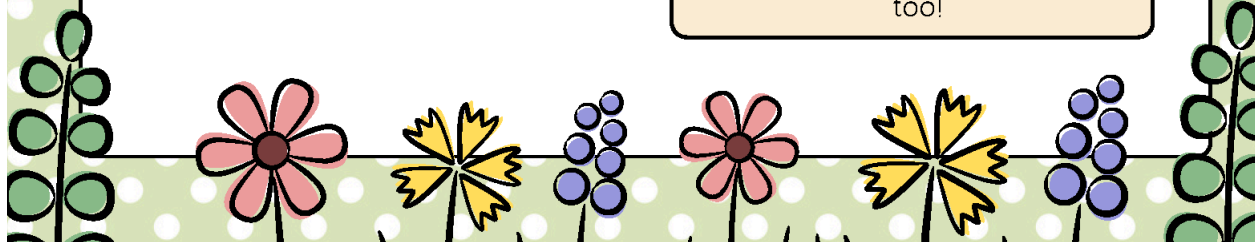
Daffodil Month

Daffodil Month is a national fundraising campaign to support the Canadian Cancer Society (CCS) to help people with cancer live longer and better lives, remember those who have died from cancer, and show support to those currently battling cancer.
cancer.ca



Oral Health Month

Fun fact: Gum disease has been linked to chronic conditions like heart disease and diabetes because inflammation in your mouth can spread through your bloodstream and affect other parts of your body. Keeping your gums healthy doesn't just protect your smile—it can actually support your overall health too!



10 Early Signs
of Parkinson's

Are you worried that
you or a loved one
may have
Parkinson's disease?

Find Real
Answers
at the



Tremor



Trouble Moving
or Walking



Loss of Smell



Trouble
Sleeping



Small
Handwriting



Soft or Low Voice



Constipation



Masked Face



Stooped or
Hunched Posture



Dizziness
or Fainting

COMMUNITY HEALTH APRIL 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		 <p>Strong and Steady for APRIL will be Tuesday Mornings</p>	1		 <p>GOOD FRIDAY OFFICE CLOSED</p>	4
	 <p>EASTER MONDAY OFFICE CLOSED</p>	<p>7 Breakfast Club 101 Kiwita 8:30am-10:00am Strong & Steady at Makwa 10am-11am</p>	8	9		11
5						
		<p>14 Breakfast Club 101 Kiwita 8:30am-10:00am</p>	15	 <p>FOOT CARE CLINIC</p>	17	18
12	13					
		<p>21 Breakfast Club 101 Kiwita 8:30am-10:00am Strong & Steady at Makwa 10am-11am</p>	22			25
19	20					
		<p>28 Breakfast Club 101 Kiwita 8:30am-10:00am Strong & Steady at Makwa 10am-11am</p>	29	<p>30 Try It: TAI CHI WORKSHOP Makwa 1:30-3pm More info to come!</p> 		
26	27					
 <p>World Immunization Week!</p>						

Notes

ATTENTION:

Regular Strong and Steady class dates have changed for April due to scheduling at Makwa. Classes will be held on Tuesday mornings for the month of April. The group will discuss new dates and times for May and onward. Thank you for your understanding!

Are You Up to Date on Your Immunizations?
Not sure if you're up to date? Call Jessica, our Community Health Nurse, to find out!
613-625-2259

APRIL SCHEDULE



Algonquins of
Pikwakanagan
First Nation

STRONG & STEADY EXERCISE PROGRAM

(With our Chronic Disease Management Nurse Taylor Murphy)

For the month of April class will be on
TUESDAY MORNINGS
Location: The Makwa Center Main Floor
Time: 10:00am - 11:00am

- April 7th
- April 21st
- April 28th
- Class schedule is subject to change for May and into the summer!



HEART WISE EXERCISE
CERTIFIED CLASS

All are welcome—people using walkers, baby strollers, or other mobility aids. Come get some movement in; this one-hour session is suitable for everyone.

MOVE AND HAVE FUN

What does the hour look like?

- Group warm up (5 mins)
- Walk or try Nordic Walking (20 mins)
- Group cool down (5 mins)
- Group exercise (standing or seated)
 - Strength (10 mins)
 - Balance (5 mins)
 - Stretch / Mobility (5 mins)
- Wrap up and discussion (5 mins)
- WATER & SNACKS PROVIDED

This class follows the guidelines of Western University's Seniors Exercise Program, making it safe and beneficial for older adults, while remaining suitable for everyone as each exercise can be tailored to individual abilities.

Taylor is a Certified Seniors Fitness Instructor and both her and Darce are Heart Wise Exercise Certified through the Ottawa Heart Institute!

Call 613-625-2259 ext 232

If you have any questions or you can drop in to class! You will be provided an exercise swag bag with your own equipment and a registration form

AOPFN HEALTHY BABIES HEALTHY CHILDREN

BREAKFAST CLUB

TUESDAYS

8:30 - 10:00

101 KIWITA

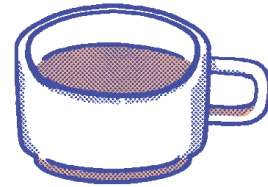
Caregivers and Children aged 0-2 years (all
children aged 0-6 welcome!)

Schedule:

8:30-9:00 – Yogurt Parfait

9:00-9:10 – Story time

9:10-10:00– Free Play and clean up



Email CHN if interested! chn@pikwakanagan.ca



Feb. 10th: Valentines Day Craft!

MOSQUITO-BORNE ILLNESSES

Mosquitos of Concern

There are many different mosquito species found in Renfrew County.

West Nile Virus can spread to humans by an infected female Culex mosquito. The mosquito can become infected after feeding on an infected bird. The most common types of affected birds include Ravens, Crows, Blue Jays, House Sparrows, Grackles, and Robins.

Equine Encephalitis Virus is another rare infection that can be spread by mosquitos after feeding on an infected bird.

Mosquito Surveillance Program

Health Services participates in a mosquito surveillance program with Trudy Stanfield, Regional Zoonotics Manager at First Nations and Inuit Health Branch

I found a Dead Bird!

Carefully dispose of dead birds on your property. If you find a dead bird on your property, do not touch it with your bare hands. Use a shovel to pick the bird up and place it into a plastic bag. Double bag it and close both bags tightly. Place the bird in the garbage. Wash your hands with soap and water afterwards.

Community Health

Melissa Pessendawatch, Community Health Representative

Jessica Schwan, Community Health Nurse

613-625-2259
ch@pikwakanagan.ca
chn@pikwakanagan.ca

Remove standing water on your property after a rainfall

Prevent Mosquitos from Breeding

Mosquitoes require standing water to lay their eggs. Mosquitoes can lay 100-400 eggs at a time. The eggs hatch in 1-2 days and become larvae. The larvae will become mosquitoes in about 10 days. By reducing the amount of standing water around your home, you can significantly decrease mosquito breeding. Remove potential breeding sites in early Aprils and continue throughout the summer.

1. Clean bird bathes twice a week
2. Cover and turn over any toy, container or equipment that can hold water
3. Clean roof gutters and place screens over rain barrels
4. Repair outdoor faucets that leak
5. Store small boats upside down
6. Fill in hollow tree stumps and rot holes with sand
7. Dispose of cans, bottles, tires, etc that may hold water
8. Clean and chlorinate swimming pools and hot tubs.

Prevent Mosquito Bites

- Keep mosquitoes out by using screens or mosquito netting over open windows, doors, tents, and stollers
- Wear light colour, long sleeved and loose clothing
- Use bug spray with DEET or Icaridin on uncovered skin, clothes, and on top of sunscreen. Be sure to always follow label instructions.
- Be mindful mosquitoes are most active between dusk and dawn
- Avoid using scented products
- Turn on a fan indoors to prevent mosquitoes from flying

TICK-BORNE ILLNESSES

Ticks in Renfrew County

Ticks of Concern

There are 43 different species of found in Ontario.

An infected Black-Legged Tick (Deer tick) can spread: Anaplasmosis, Lyme Disease, Babesiosis, Powassan Virus Disease

Other ticks that can spread disease include the American Dog Tick, Groundhog Tick, Rocky Mountain Wood Tick, Squirrel Tick and Lone Star Tick.

Tick Surveillance Program

Health Services participates in a tick surveillance program with Trudy Stanfield, Regional Zoonotics Manager at First Nations and Inuit Health Branch

 Female Adult-stage Blacklegged or Deer tick (*Ixodes scapularis*)



How can I protect myself?

Prevent Tick Bites

Before going to places where ticks are found:

- Wear closed-toe shoes
- Tuck shirt into pants and pants into socks
- Wear light colour and long sleeved coats and pants
- Apply insect repellent containing DEET or Icaridin

While outdoors:

- Walk on cleared paths or trails
- Keep children and pets from wandering off paths
- Avoid using trails created by animals as ticks are more likely to be found on these trails

When returning indoors:

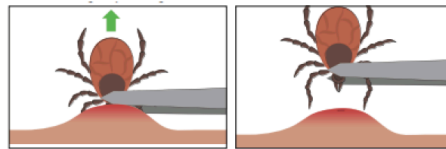
- Do a full-body tick check and shower to wash off ticks
- If ticks are on your clothes, wash clothes in hot water and dry with high heat (ticks can survive cold-warm wash cycle)
- Check your pets for ticks

I have a tick!

Tick Removal

Remove the attached tick ASAP. Use clean, fine-point tweezers to grasp the head as close to the skin as possible, and pull straight out. Try not to twist or squeeze the tick. If the mouthparts break off and remain in the skin, remove them with tweezers.

Do not remove the tick by burning it or smothering it. This can cause the tick to release its stomach contents, which can increase your chance of infection.



Next Steps

Bring the tick to Melissa, Community Health Representative for submission to the Tick Surveillance Program. Speak with the Family Health Team or Jessica, Community Health Nurse for medical advice as soon as possible. Antibiotics may be needed if the tick with attached for longer than 24 hours and if it was removed within the past 72 hours.

Monitor yourself for symptoms of Lyme Disease for the next 30 days: bulls-eye rash, fatigue, muscle aches, headache, fever, stiff neck, and decreased appetite. See the Family Health Team if this occurs.

Reduce Ticks Around Your home

Ticks are often found near areas with tress, shrubs, grass, wood piles and piles of leaves.

They don't survive long in dry, sunny areas.

Mow your lawn to keep grass short, remove brush, prune trees and shrubs, and place patios, decks, and children's play equipment in sunny areas.

Community Health

Melissa Pessendawatch, Community Health Representative

Jessica Schwan, Community Health Nurse

613-625-2259
chr@pikwakanagan.ca
chn@pikwakanagan.ca



AOPFN EMPLOYMENT OPPORTUNITY

Project Operations Manager, Neyagada Wabandangaki

Department: Consultation
Supervisor: Manager, Consultation
35 hr/week - Fulltime - Permanent
Starting at \$72,800.00 annually/ Based on Experience & Education
Deadline to Apply: Friday, May 8th, 2026 at 4:00PM

The Algonquins of Pikwakanagan First Nation (AOPFN) has an established Neyagada Wabandangaki ("Caretakers of the Land") Guardian Program (NWGP) focused on cultural revitalization and environmental stewardship across our territory. The NWGP will serve as a strategy for collaborative, long-term environmental monitoring and adaptive management-related activities with a strong focus on upholding and protecting AOPFN values.

The Project Operations Manager, Neyagada Wabandangaki, working under the direction of the Consultation Department Manager, will fulfill a long-term management role and have a wide range of duties, which include:

- Carrying out administrative duties including work planning, managing budgets, writing funding proposals, and reporting internally and externally.
- Identifying priority areas and values where monitoring will take place;
- Supporting the recruitment and training of Guardians to carry out monitoring activities;
- Facilitating communication between AOPFN leadership/staff/community members and project stakeholders/partners (e.g. proponents, federal funders, contractors);
- Collaborating and networking with other communities and industry partners
- Maintaining relationships with Elders and Knowledge Keepers to ensure that activities and ceremonies are carried out in a culturally appropriate manner;
- Developing foundational guiding documents and resources for the program (e.g. data collection platform/protocols/equipment, , etc.)

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- Post-Secondary Certification/Diploma/Degree in a relevant area of study related to environmental studies, and must demonstrate a minimum of two years' experience in leadership practices, project management coordination, facilitation, and budget oversight, and

PHYSICAL REQUIREMENTS:

- Must meet physical and cognitive demands of the position: candidates may be required to undergo a pre-employment medical assessment or functional abilities medical evaluation to identify any limitations or restrictions, prevent and minimize health and safety risks and to demonstrate the level of the candidate's ability to travel to remote or isolated locations and perform work outdoors, in extreme weather during all seasons; physically demanding and moving, hiking long distances, packing heavy field equipment to remote sites; physically able to lift a minimum of 50lbs.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Project Operations Manager, Neyagada Wabandangaki

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

We are committed to achieving employment equity and developing a highly capable workforce that is representative of Canadian Society. We therefore encourage women, Indigenous peoples, persons with disabilities, and members of visible minority groups to apply and declare themselves as part of one or more of the above mentioned Employment Equity Designated Groups.

AOPFN is also committed to developing inclusive, barrier-free selection processes and work environments. If contacted in relation to a job opportunity or testing, you should advise the recruitment representative in a timely fashion of the accommodation measures which must be taken to enable you to be assessed in a fair and equitable manner. Information received relating to accommodation measures will be addressed confidentially.



AOPFN EMPLOYMENT OPPORTUNITY

Recreation Coordinator

Department: Sports & Recreation

Supervisor: Manager, Sports & Recreation

\$43,901.00 - \$48,458.00 annually - Based on Experience & Education

2 yr contract 2026 to March 31, 2028

Deadline to Apply: Friday, May 8th, 2026 at 4:00PM

The Recreation Coordinator will provide sports and recreation information, along with basic instruction, to all community members accessing programming. They will carry out all duties in a manner that maintains complete confidentiality, recognizing the privacy rights of all community members. At all times, the Coordinator will represent the views, opinions, and policies of the Council of the Algonquins of Pikwakanagan in a true and unbiased manner. Additionally, they will develop and maintain strong working relationships with governments, agencies, Indigenous organizations, associations, and business partners connected to the Algonquins of Pikwakanagan.

DUTIES AND RESPONSIBILITIES:

1. Service Delivery

- Assist all age groups participating in activities and programming at the Makwa Centre and out areas.
- Assist youth at risk targeting inactivity, offer motivation and encouragement to all participants
- Prepare, plan and implement safe effective sports and recreation programs and activities for all community members
- Keep up to date on new information, innovative trends in the sports and recreation field.
- Create incentive programs and activities to get community members motivated and involved.
- Ensure advertising and promotion of all sports and recreation programming and activities.
- Works as a member of the Sports & Recreation team providing support and assistance in all areas as needed throughout the department.
- Ensure a clean, sanitized workspace and overall clean facility area such as main gym and fitness centre in partnership with the Maintenance and Custodial worker in the Sports & Recreation department.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- College diploma in Sports/Recreation field with one years' work experience.
- Various field certificates, combined with experience working with people in a sport/recreation environment
- Grade 12 diploma with work experience in the sport/recreation field.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Recreation Coordinator

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Starting at 10 Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

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AOPFN EMPLOYMENT OPPORTUNITY

Tutor

Department: Education

Supervisor: Manager, Education

Fixed Term Contract, May 18, 2026 to June 25, 2026

\$28.00 hrly/ 25 - 30 hrs. /week

Deadline to Apply: Friday, May 8, 2026 at 4:00PM

The Tutor will provide tutoring services in the areas of Math, English, and other subjects to achieve academic success. Promote positive reinforcement and encouragement as a role model to students. The Tutor will develop a schedule/workplan to assist the students.

DUTIES AND RESPONSIBILITIES:

1. Service Delivery:

- Research teaching techniques and material that will enable students to attain their highest level of achievement and development.
- Develop teaching material and teaching aides i.e., written, audio, and visual and utilizes technology to retain, archive and store material
- Develop and implement a Tutoring Service that encompasses the curriculum and a holistic approach to teaching and learning including opportunities for land base learning.
- Assess individual student abilities, skills, learning styles and interests to develop a meaningful and strategic tutoring plan.
- Reviews Individualized Education Plans (IEP) and Individualized Behavioural Plans (IEB); evaluates and modifies resources and activities to accommodate student learning needs.
- Ensure a schedule and a workplan is developed around the student's availability.
- Provides a stimulating learning environment that captures students' attention and inspires them.
- Maintain accurate and up-to-date records of tutoring sessions; follow up with teachers and students.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- Successful completion of Post-Secondary Education preferably a teaching degree OR:
- High School Diploma with additional educational certificates and demonstrated experience in tutoring.

CONDITIONS OF EMPLOYMENT:

- Current acceptable Vulnerable Sector Check.
- Valid CPR/First Aid and AED Certification.
- Current and up to date Immunization Record

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Tutor

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

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- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

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AOPFN EMPLOYMENT OPPORTUNITY

Field Work Liaison – Up to 4 positions

Department: Consultation

Supervisor: Manager, Consultation

Casual/ Seasonal - May 1, 2026 – December 1- 2026

\$35.00/hr + Overtime + Mileage

Deadline to Apply: Friday, May 8th, 2026 at 4:00PM

There is an increasing need for Algonquins of Pikwakanagan First Nation (AOPFN) participation in archaeological excavations occurring within Algonquin Traditional Territory. The Consultation Department is seeking Field Work Liaisons to serve as “boots on the ground” representatives at proponent work sites, as required.

The Field Work Liaison supports the AOPFN Archaeology Program in a casual capacity. Work assignments are coordinated by the Consultation Department on a day-by-day basis, depending on project needs and opportunities.

DUTIES AND RESPONSIBILITIES:

1. Service Delivery

- Represent AOPFN at proponent archaeological work sites.
- Participate in controlled archaeological excavations, including digging, screening, and site investigation within established grid systems.
- Complete Archaeological Reports/Checklists for each project, documenting:
 - Proponent, project, and work site details
 - Purpose and scope of archaeological work
 - Description of surrounding environment (e.g., vegetation, traditional medicines)
 - Identification of potential threats (e.g., construction, erosion, poaching) and recommended mitigation measures
 - Identification and documentation of artifacts, including storage details
 - Any additional concerns related to the site or work practices

2. Quality Management

- Ensure accurate, thorough, and timely completion of all field documentation and reporting.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- Registered member of the Algonquins of Pikwakanagan First Nation or Kitigan Zibi Anishinabeg.
- Experience conducting studies related to cultural, environmental or archaeological resources
- Capable of performing strenuous physical tasks, including extended periods of hiking, manual excavation/digging and material screening.
- Valid driver's license and access to a reliable vehicle.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Field Work Liaison

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

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- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Starting at 10 Paid Sick Days
- 4% Vacation
- Holiday Shutdown
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

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AOPFN EMPLOYMENT OPPORTUNITY

Operator in Charge (OIC)

Department: Public Works - Water Treatment Plant

Supervisor: Public Works Manager

\$59,841.60 - \$66,053.93 annually

1 yr Fixed Term - Possibility of Permanency - 35 hrs/ week

Deadline to Apply: Friday, May 1st, 2026 at 4:00PM

The Operator-In-Charge (OIC) is responsible for the safe, compliant, and efficient daily operation of the water treatment plant. The OIC monitors treatment systems, manages SCADA operations, adjusts chemical levels, and performs maintenance to ensure water quality meets regulatory standards.

As the highest-certified operator, the OIC provides direction to staff, ensures regulatory compliance, serves as the primary contact for environmental agencies, and leads response efforts during operational issues or emergencies to support the reliable delivery of safe drinking water.

DUTIES AND RESPONSIBILITIES:

1. Service Delivery

- Operate computerized control systems (SCADA) to regulate water filtration, treatment, and distribution.
- Collect and test water samples for bacterial, chemical, and physical quality, adjusting treatment processes accordingly.
- Measure, mix, and feed treatment chemicals such as chlorine, fluoride, and ammonia.
- Perform and support service delivery activities, including maintenance, operation, and repairs related to water mains and hydrants.
- Respond to and manage emergency situations or equipment malfunctions.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- **Certification:** Valid, advanced-level water treatment operator certification (e.g., Level I or II) in compliance with local regulatory requirements (e.g., OWWCO certification in Ontario).
- **Education:** High school diploma required; post-secondary education in environmental science, engineering technology, or a related field is considered an asset.
- **Skills:** Strong knowledge of water treatment processes, SCADA systems, chemistry, and troubleshooting.
- **Physical Ability:** Ability to lift heavy objects (often 50+ lbs) and work in challenging, noisy, or outdoor environments.
- **Communication:** Effective written and verbal communication for reporting and dealing with public inquiries.

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Operator in Charge (OIC)

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
- b) the qualified indigenous person; then to,
- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
- 14 Provincial and Federal Statutory Holidays
- Health Spending Account (Dental, Vision, Prescriptions, etc.)
- Milestone Recognitions & Rewards
- Half days on Fridays prior to holiday Mondays
 - (Conditions Apply)

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AOPFN EMPLOYMENT OPPORTUNITY

Personal Support Worker & Health Care Aide

Department: Health Services

Supervisor: Client Care Coordinator

PSW: \$22.63 hourly + wage enhancement as applicable/ Casual

Deadline to Apply: Ongoing until positions are filled.

The PSW and HCA assists clients in a variety of ways with daily routines such as meal preparation, housekeeping, laundry, medical services, and more, while promoting their well-being and sense of belonging through supportive interaction. They are required to maintain strict confidentiality to protect clients' privacy and are expected to build and maintain positive relationships with agencies, Indigenous organizations, and business partners associated with the AOPFN.

DUTIES AND RESPONSIBILITIES:

- Completes client data sheets and other documents required for reports and performance indicators.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Reports incidents and completes reports as required.
- Contacts next of kin or families if required of client's condition or needs.
- Arranges client's health appointments when required.
- Recognizes, reports and records safety, health risks and security needs for clients.
- Assists with personal care.
- Meal preparation planning, preparing and sanitizing
- Housekeeping maintaining bedroom, common areas and etc.

For full Job Description please email hr@pikwakanagan.ca

REQUIREMENTS:

- Demonstrated good written communication skills.
- Possess certification as a Personal Support Worker (asset)
- OR Health Care Aid with at least one (1) year of experience in working with seniors or providing personal care.

CONDITIONS OF EMPLOYMENT:

- Acceptable Vulnerable Sector Check and CPIC must be provided as a condition of employment.
- First Aid and CPR Certification or willingness to complete within 3 months of employment
- Cultural awareness training or willingness to complete within 3 months of employment

How to Apply

- Cover Letter
- Current Resume
- Three (3) professional/work-related references that include name, phone number and email address.

Submit to:

Human Resources Department
Algonquins of Pikwakanagan First Nation
1657A Mishomis Inamo, Pikwakanagan, Ontario, KOJ 1X0

hr@pikwakanagan.ca

Subject Line: Personal Support Worker or Health Care Aide

Please allow for 24 hours to receive a 'Confirmed Receipt' of your application submission should you apply via email.

Application Procedure: Interested persons must submit a resume demonstrating that they meet the requirements outlined and the names and day contact telephone numbers of three (3) professional references.

Screening Procedure: Applicant must not be a member of the supervisor's immediate family. The best qualified candidate will be defined and determined so as to include the following: Provided the candidate meets the basic requirements of the position and is deemed qualified following the interview process, preference will be given to:

- a) the qualified indigenous person who is an Algonquin; then to,
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- c) the qualified non-indigenous candidate.

Interviews: Interviews will be conducted in-person or virtually by Teams Meeting. AOPFN has the right to shortlist for interview/assessment purposes of the five (5) most qualified persons and typically establishes an eligibility list.

What Algonquins of Pikwakanagan First Nation Offers:

- Pension Plan
 - (Permanent EE only)
- Paid Sick Days
- 4% Vacation
- Holiday Shutdown
 - (Conditions Apply)
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- Milestone Recognitions & Rewards
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“CALL TO TENDER”
Repairs & Renovations at 14-E Shingwak Inamo
Site Visit Required, Call Kreed Knox at 613-625-2800. Ext 247

Exterior:

1. Remove the existing chimney and properly insulate, vapor barriers and cladding over the existing hole from chimney. Patch and repair roof where chimney protrudes, install metal roof covering and soffits in this area.
2. Replace Sliding Door.
3. Replace Eavestrough on home.

Interior:

1. Replace repair any damaged interior doors, trim, cabinetry.
2. Replace flooring throughout & with transition strips as needed.
3. New windows throughout home.
4. Patch and paint as necessary throughout home.
5. Repair/replace ceiling in kitchen.
6. Replace Kitchen Cabinets

All work to meet or exceed the current Ontario Building Code, ESA, and TSSA requirements.
All materials and labor to be supplied by the bidder.

****Please ensure you include valid Personal Liability and Property Damage Insurance Certificate, WSIB clearance certificate upon signing of contract.***

Any questions or concerns can be directed to Kreed Knox or Dustin Logan at 613-625-2800 Extension 247 or 246

Envelopes should be clearly marked:
“Tender for work at 14-E Shingwak Inamo”

Addressed to:

Algonquins of Pikwakanagan Administration Office
1657A Mishomis Inamo
Pikwakanagan, Ontario, K0J 1X0

ATTENTION: Dustin Logan, Manager, Public Works

All tenders must be received by May 8th, 2026 at 12:00p.m.

THE ALGONQUINS OF PIKWAKANAGAN FIRST NATION IS NOT OBLIGATED TO ACCEPT THE LOWEST OR ANY TENDER. TENDER AMOUNT TO BE SUBMITTED BELOW ON THIS FORM.

My “Tender” for various repairs in Pikwakanagan
is:

\$ _____

Name: _____

Phone Number: _____

“CALL TO TENDER”
Repairs & Renovations at 102 Kagagimin Inamo
Site Visit Required, Call Kreed Knox at 613-625-2800. Ext 247

Exterior:

1. Remove the existing chimney and properly insulate, vapor barriers and cladding over the existing hole from chimney. Patch and repair roof where chimney protrudes, install metal roof covering and soffits in this area.
2. Install Perimeter drain to ensure no water coming into home.
3. Repair Cracked mortar in concrete blocks.
4. Remove staircase and install landing with proper footings

Interior:

1. Replace repair any damaged interior doors, trim.
2. Frame and Insulate basement.
3. Adjust support post in basement.
4. Replace kitchen cabinets.
5. Repair window locking mechanism on front window.
6. Patch and paint as necessary throughout home.

All work to meet or exceed the current Ontario Building Code, ESA, and TSSA requirements.

All materials and labor to be supplied by the bidder.

****Please ensure you include valid Personal Liability and Property Damage Insurance Certificate, WSIB clearance certificate upon signing of contract.***

Any questions or concerns can be directed to Kreed Knox or Dustin Logan at 613-625-2800 Extension 247 or 246

Envelopes should be clearly marked:

“Tender for work at 14-E Shingwak Inamo”

Addressed to:

Algonquins of Pikwakanagan Administration Office

1657A Mishomis Inamo

Pikwakanagan, Ontario, K0J 1X0

ATTENTION: Dustin Logan, Manager, Public Works

All tenders must be received by May 8th, 2026 at 12:00p.m.

THE ALGONQUINS OF PIKWAKANAGAN FIRST NATION IS NOT OBLIGATED TO ACCEPT THE LOWEST OR ANY TENDER. TENDER AMOUNT TO BE SUBMITTED BELOW ON THIS FORM.

My "Tender" for various repairs in Pikwakanagan
is:

\$ _____

Name: _____

Phone Number: _____

Resource Numbers:

Pikwakanagan Drug Tip Line

OPP Community Street Crime Unit in Renfrew County have established a drug tip line for Pikwakanagan First Nation. The number is: **613-689-0805**.

The tip line will be monitored by Detectives within the Community Street Crime Unit (CSCU). Messages will be checked regularly. If the caller wishes to be called back, an investigator will return the call.

This line is only intended for drug-related information.

Any emergency requests for police assistance or other call for service should go through normal channels.

Renfrew County Crimestoppers is still available for drug and non-drug related tips.

- Pikwakanagan Drug Tip Line: 613-639-0805
- Renfrew County Crimestoppers: 1-800-222-8477
- Any Emergency call: 911
- OPP non-emergency line: 1-888-310-1122



Algonquins of Pikwakanagan First Nation Community Support Personnel

Who are the CSP

A group of trained individuals who support the community by assisting local Ambulance and Police services, engaging in community crisis support and actively ensuring the safety and well-being of the community members.



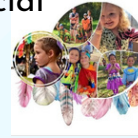
- Operates 7 days a week
- Wellness Checks
- Assist with special events & recreation
- Assist where they are needed
- Providing support to the community
- Ensuring the safety & well-being of the residents

Your privacy matters to us. Any contact information you provide will remain strictly confidential and never be shared with any third parties without your consent.

613-401-7446

csp@pikwakanagan.ca

Ensuring First Nations Children (0-17) Have Access to Educational, Social and Medical Supports



Examples of Supports Available

- Mental Health Services
- Speech Therapy
- Dental and Vision Care
- Assessments and Screenings
- Medical Equipment
- Respite Care
- Land Based Activities
- Support with submitting new requests
- Support with following up on existing requests

CONTACT US

Pamela Scheel-Jordan's Principle Navigator

613-401-2812
jpnav1@pikwakanagan.ca

Community Information:



Regular Council Meetings

Every second and last Tuesday of the month
Beginning at 9 AM

Available to view online in the members-only section of
www.algonquinsofpikwakanagan.com

Not Online?
Phone 613-625-2800 EXT 228
to request information on how to join.

Conways Pharmacy Remote Dispensing Location

BUSINESS HOURS

Monday	9 am - 12 pm 1 pm - 4 pm
Tuesday	9 am - 12 pm 1 pm - 4 pm
Wednesday	9 am - 1 pm
Thursday	9 am - 12 pm 1 pm - 4 pm
Friday	9 am - 12 pm 1 pm - 4 pm

We are closed weekends and Holidays

Delivery available Friday

Phone : 613-625-9974

Fax: 613-625-2068

Thank you
Natalie Commanda, Pharmacy Technician
Joseph Conway, Pharmacist



HOURS

OPEN the second Thursday of each month, unless indicated

10 AM TO 12 PM

JANUARY 8	FEBRUARY 12	MARCH 12
APRIL 9	MAY 14	JUNE 11
JULY 9	AUGUST 13	SEPTEMBER 10
OCTOBER 8 (THANKSGIVING)	NOVEMBER 12	DECEMBER 17 (XMAS)

For information or emergency and after hour needs phone and leave a message at:

613-625-2600

email for information or to e-transfer donations at
thesharingplacefb@gmail.com

Facebook: www.facebook.com/emmthesharingplace

ALGONQUINS OF PIKWAKANAGAN ELDERS LODGE

For Rentals contact Rose Yankoo at
elderslodgpike@gmail.com
Reminder - for sanitary purposes individual hosting meals & catering will require to supply their own dish cloths and towels



**Pikwákanagán
Excavating &
Landscaping**



Clear, Dig, Build - Experience the
difference!

- Lot clearing & prep
- Trenching & Drainage
- Tree/Brush Removal
- Licensed Septic System Design & Installation
- Pads & Foundations
- Driveways
- Sand/Gravel/Topsoil



Cheryl Kelly - Owner
613.312.9598 or
613.312.9872





GRIEF SUPPORT GROUP

**Weekly 6
Session Group**

**Beginning
April 28th until
June 2nd 2026
1-3pm**

The group will
take place in
Barry's Bay, ON

Specific location
will be given to
registered
participants only

*"Embrace your grief. For there
your soul will grow"- Carl Jung*

As part of our Bereavement Program, Madawaska Valley Hospice Palliative Care is offering a Grief Group for anyone who has experienced the death of a special person.

We provide a safe, confidential and non judgemental space where you can talk about your loss, share memories of the person who died, and explore the many thoughts and feelings that come with grief.

You do not have to carry it alone.

Wondering if group is right for you? Give us a call and our Facilitator will speak to you about the process and and answer any questions you may have.



**Email- bereavementmvhospice@sfmhosp.com
Phone- 613 756 3045 ext 350**



HOW TO SUBSCRIBE TO OUR WEBSITE

1

GO TO OUR WEBSITE

Visit algonquinsofpikwakanagan.ca in your browser.

2

CLICK **Sign up Today!**

Scroll down to the **Sign Up Today!** button located at the bottom of the homepage.

3

ENTER YOUR INFORMATION

Fill out the quick subscription form and choose what updates you would like to receive.

4

SUBMIT THE FORM

Click **Subscribe**, then activate your subscription using the link in the confirmation email we send you.

Don't see it? Check your junk folder or sign up again.

Community Information:

ADMIN OFFICE HOURS

Monday - Friday

open **8:30am**
close **12:00pm**

open **1:00pm**
close **4:30pm**

FOR YOUR INFORMATION

CANADIAN POLICE RECORD CHECKS ARE
REQUIRED FOR ANYONE WHO IS APPLYING FOR:

- MEMBERSHIP (APPLICANTS WHO ARE 18 YEARS OR OLDER)
- RESIDENCY (APPLICANTS WHO ARE 18 YEARS OR OLDER)

APPLICATIONS, LAWS, AND CODES ARE AVAILABLE
ON OUR WEBSITE.

[HTTPS://WWW.ALGQUINSOPIKWAKANAGAN.COM/
LAWS-AND-BY-LAWS/](https://www.algquinsopikwakanagan.com/laws-and-by-laws/)

HARD COPIES CAN BE REQUESTED FROM THE
LANDS, ESTATES, AND MEMBERSHIP
DEPARTMENT.

613-625-2800 | MGR.LEM@PIKWAKANAGAN.CA |
LAND.OFFICER@PIKWAKANAGAN.CA |
ASSISTANT.LEM@PIKWAKANAGAN.CA

NOTICE:
KILLALOE OPP RECORD CHECK APPLICATIONS ARE
NOW ONLINE.

Waste Disposal Site

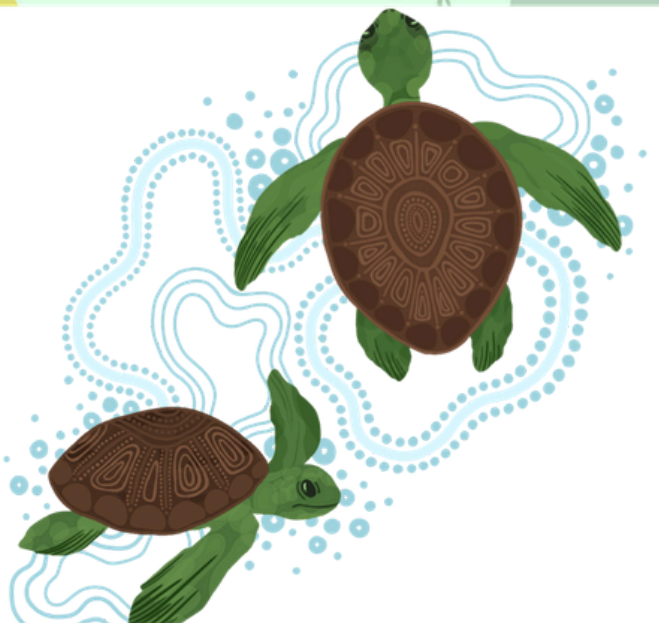
Wednesday: 12:00pm - 6:00pm

Sundays: 9:00am - 3:00pm

Curbside Pick Up



Garbage: Wednesday
Cardboard: Thursday
Containers: Friday



Community Information:

Your guide to recycling right.

Accepted in recycling:

Paper & fibre



Flexible plastics



Cardboard & boxboard



Paper



Paper laminate packaging

Containers



Plastic containers



Metal



Cartons & cups



Foam packaging



Glass containers

Not accepted in recycling:



Hazardous materials



Diapers



Books



Toys



Ceramics



Organics

Safely recycle batteries, sharps and propane canisters at a designated drop off location. For a full list of accepted recyclables and recycling tips: circularmaterials.ca/ON



Learn more:
circularmaterials.ca/ON

Recycling tip

Place your materials clean, dry and loose in recycling bins.

Janice Carle

ABOUT ME

Kwey, I am pleased to introduce myself as Pikwakanagans' new Literacy Librarian. I have been working in the community since 2013 as a Teacher at Mindiwin Manido Daycare. As a registered Early Childhood Educator, I'm excited for this opportunity to collaborate with community partners to explore initiatives that will benefit the learning experience for our children and their family's while ensuring our selection of reading materials are First Nation relevant and includes published AOPFN authors. You should also know that I'm a devoted wife and mother to my three boys. We enjoy being outdoors and are excited for the upcoming warm weather! I am excited to work with, and for this community and I hope to see many familiar and new faces during my time here. Stay tuned for an announcement of the re-opening of Pikwakanagan's Library!



Healthy Babies Healthy Children Library

Reading to your child fosters brain development, builds vocabulary, and improves language skills!

COME AND BORROW SOME BOOKS!

Location: 101 Kiwita

Monday - Friday: 8:30 - 4:30

chn@pikwakanagan.ca





ALGONQUINS OF PIKWAKANAGAN FIRST NATION
MEMBERSHIP ADDITIONS



Name	Family Line	Date Posted	Appeal Period Ends
Benoit, Kenneth	Benoit	27 Oct 25	27 Apr 26
Sherbert, Gavin	Charbot	04 Nov 25	04 May 26
Allair, Eric	Tenesco	07 Nov 25	07 May 26
Reece, Nia	Lavalley	07 Nov 25	07 May 26
Gravelle, Peter	Tenisco	25 Nov 25	25 May 26
Zlahtic, Tiffany	Protected	25 Nov 25	25 May 26
Rathwell, Stephen	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Sara	Protected	25 Nov 25	25 May 26
Zlahtic-Campbell, Emma	Protected	25 Nov 25	25 May 26
Dupuis, Julien	Protected	25 Nov 25	25 May 26
Canavan, Kristopher	Whiteduck	10 Dec 25	10 June 26
Gagnon, Nicole	Meness	12 Dec 25	12 June 26
Smith, Kaitlyn	Amikons	12 Dec 25	12 June 26
O'Heare, Michael	Amikons	12 Dec 25	12 June 26
Grandmond, Krystina	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Ayden	Pisinawate	17 Dec 25	17 June 26
Guidry-Grandmond, Genessee	Pisinawate	17 Dec 25	17 June 26
Simpson, Linda	Protected	18 Dec 25	18 June 26
Mikaelian, Natalie	Sararas	8 Jan 26	8 July 26
Kuiack, Christopher	Lavalley	12 Jan 26	12 July 26
Peters, Charamin	Jocko	22 Jan 26	22 July 26
Reynolds, Cecil	Leclair	22 Jan 26	22 July 26
Heron, Jelisa	Lavallee	22 Jan 26	22 July 26
Gould, Donna	Benoit/Baptiste	22 Jan 26	22 July 26
McKie, Patrick	Kakwabit	23 Jan 26	23 July 26
Beard, Deborah	Meness	27 Jan 26	27 July 26
Sherbert, Norman	Sharbot	10 Feb 26	10 Aug 26
Kuehni-Kohoko, Layten	Kohoko	10 Feb 26	10 Aug 26
Babcock, Christine	Lavalley	10 Feb 26	10 Aug 26
Hutchcroft, Sophia	Commanda	09 Apr 26	09 Oct 26
Mascitti, Christina	Amikons	09 Apr 26	09 Oct 26
Miscitti, Elizabeth	Amikons	09 Apr 26	09 Oct 26
Helka, Leah	Partridge	09 Apr 26	09 Oct 26
Gagnon, Barry	Meness	10 Apr 26	10 Oct 26
Thompson, Teddy	Commanda-Benoit	10 Apr 26	10 Oct 26

